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4	Early 20th century Arctic warming intensified by Pacific and Atlantic
5	multidecadal variability
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29	20th century warming climate variability
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31 Abstract

With amplified warming and record sea ice loss, the Arctic is the canary of global warming. The 32 33 historical Arctic warming is poorly understood, limiting our confidence in model projections. Specifically, Arctic surface air temperature increased rapidly over the early 20th century, at rates 34 comparable to those of recent decades despite much weaker greenhouse gas forcing. Here we 35 show that the concurrent phase shift of Pacific and Atlantic interdecadal variability modes is the 36 major driver for the rapid early 20th century Arctic warming. Atmospheric model simulations 37 successfully reproduce the early Arctic warming when the interdecadal variability of sea surface 38 temperature (SST) is properly prescribed. The early 20th century Arctic warming is associated 39 with positive SST anomalies over the tropical and North Atlantic and a Pacific SST pattern 40 reminiscent of the positive phase of the Pacific decadal oscillation. Atmospheric circulation 41 changes are important for the early 20th century Arctic warming. The equatorial Pacific warming 42 deepens the Aleutian low, advecting warm air into the North American Arctic. The extratropical 43 North Atlantic and North Pacific SST warming strengthens surface westerly winds over northern 44 Eurasia, intensifying the warming there. Coupled ocean-atmosphere simulations support the 45 46 constructive intensification of Arctic warming by a concurrent, negative-to-positive phase shift of the Pacific and Atlantic interdecadal modes. Our results aid attributing the historical Arctic 47 48 warming and thereby constrain the amplified warming projected for this important region.

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50 Significance statement

Arctic amplification is a robust feature of climate response to global warming, with large impacts 51 52 on ecosystems and societies. A longstanding mystery is that a pronounced Arctic warming occurred during the early 20th century when the rate of interdecadal change in radiative forcing 53 54 was much weaker than at present. Here, using observations and model experiments, we show that the combined effect of internally-generated Pacific and Atlantic interdecadal variabilities 55 intensified the Arctic land warming in the early 20th century. The synchronized Pacific-Atlantic 56 warming drastically alters planetary-scale atmospheric circulations over the Northern 57 Hemisphere that transport warm air into the Arctic. Our results highlight the importance of 58 59 regional sea surface temperature changes for Arctic climate and constrain model projections in this important region. 60

The Arctic has warmed faster than the global average by a factor of two or more since the 61 mid-20th century, a phenomenon known as the Arctic amplification. The recent temperature 62 warming over the Arctic is strongly linked to a drastic reduction in sea ice extent since the 1970s, 63 contributing to the Arctic amplification through positive ice-albedo feedbacks (1-3). A similar 64 rapid warming occurred in the Arctic during the early 20th century (4-8). Compared to the recent 65 warming, the early 20th century Arctic warming (hereafter referred to as the early Arctic 66 warming) is mysterious as greenhouse gas (GHG) radiative forcing was 3-4 times weaker than at 67 present (9) and changes in sea ice extent were small (10). The comparison of these two warming 68 epochs suggests that mechanisms other than GHG forcing are important for the early Arctic 69 warming. 70

Several hypotheses have been proposed for the early Arctic warming, including 71 intensified natural forcing due to decreased volcanic aerosols and increased solar radiation (11, 72 12); increased cloud longwave emissivity due to sulphate aerosols transported from Central 73 Europe (6, 13); uncertain but possible reduction in the Arctic sea ice extent (4, 5, 14); variability 74 of the North Atlantic ocean-ice-atmosphere system (15); and atmospheric internal variability 75 76 (16). Neither coupled ocean-atmosphere models nor atmospheric models driven by historical radiative forcing and observed sea surface temperature (SST)/sea ice are yet able to simulate the 77 observed early Arctic warming (5, 14, 16, 17), hampering the study of this important 78 phenomenon. Overlooked is the possibility that interdecadal SST variations may be 79 80 underestimated in reconstructed datasets (18), especially prior to 1950 when observations were sparse. In other words, the contribution of oceanic variability to the early Arctic warming could 81 82 have been underestimated. We show that it is indeed the case; atmospheric model simulations capture the early 20th century Arctic warming when interdecadal SST variations are properly 83 84 prescribed. Our objective is to investigate the influence of oceanic internal variability on the early Arctic warming, with a particular focus on the Pacific and Atlantic interdecadal variability, 85 and atmospheric circulations. 86

87

88 **Results**

89 Observed and simulated Arctic warming during the early 20th century

90 The Pacific decadal variability (PDV) and Atlantic multidecadal variability (AMV) are

91 characterized by warm and cold anomalies of the Pacific and North Atlantic SST. Their

92 dominant patterns are known as the Pacific decadal oscillation (PDO) (19) and Atlantic

93 multidecadal oscillation (AMO) (20). We define the PDV index as the principal component of

94 the first empirical orthogonal function (EOF) for detrended SST anomalies over the Pacific

95 (120°E-70°W, 50°S-60°N) by taking account of its extension to the tropical and South Pacific

96 (19, 21). The AMV index is defined as the SST anomaly averaged over the North Atlantic

97 (60°W-0°, equator-70°N) (22). Supported by reconstructed SSTs and climate proxies (23-27),

these two interdecadal modes shifted from the cold to warm phase about the same time in the

⁹⁹ mid-1920s, in sync with the Arctic warming (Fig. S1). This concurrent shift provides a unique

100 opportunity to explore the combined influence of PDV and AMV on the Arctic climate. This

section presents 35-year trend patterns for 1908-1942, a period when the Pacific, Atlantic, and

102 Arctic mean land surface air temperature (LSAT) all drastically warmed (Fig. S1).

We first compare SST trend patterns from two different datasets: the European Centre for 103 Medium-range Weather Forecast 20th-Century Reanalysis (ERA-20C) (28) and the UK Met 104 Office Hadley Centre sea ice and SST (HadISST) version 1 (29). The former is also known as the 105 HadISST version 2.1 (28, 30) (hereafter referred to as HadISST2), which incorporates several 106 107 million more in situ observations than HadISST1, applies more comprehensive bias adjustments, and uses reconstruction methods that make use of every single observation (30). The HadISST2 108 109 trend pattern for 1908-1942 clearly exhibits the cold-to-warm phase shifts of PDO and AMO, with significant warming in the equatorial Pacific, the Bering Sea, the Gulf of Alaska, and the North 110 111 Atlantic (Fig. 1A). Although the timing of phase shift and basin-scale patterns are similar, HadISST1 does not capture the amplitudes of zonally elongated equatorial Pacific warming and 112 113 North Atlantic warming (Fig. 1*B*). Overall, larger warming trends of HadISST2 closely follow the patterns of positive SST anomalies associated with warm PDO and AMO (Fig. S2), contributing 114 115 to a larger increase in the global mean SST. Furthermore, the HadISST2 trends show a basin-scale weakening of zonal gradient over the equatorial Pacific (130°E-130°W), physically consistent with 116 that of observed sea level pressure (SLP) trends featuring a Walker circulation slowdown (Figs. 117 S3 *A* and *B*). 118

We evaluate the contribution by the concurrent phase shift of PDV and AMV modes to

120 the early 20th century Arctic warming by performing a set of eighteen-member ensemble

121 experiments using the U.S. National Oceanic and Atmospheric Administration (NOAA)

122 Geophysical Fluid Dynamics Laboratory (GFDL) AM2.1 (31) atmospheric general circulation

model (AGCM). The model is forced by HadISST2 (HIST2 experiment) and HadISST1 (HIST1 123 experiment), in which the observed monthly SSTs are prescribed in the global oceans. We also 124 perform the "Tropical Ocean-Global Atmosphere" (HIST2-TOGA) and "no PDV/AMV mode" 125 (HIST2-N) experiments using HadISST2. In the HIST2-TOGA experiments, the observed 126 monthly SSTs are prescribed only in the tropics (20°N-20°S) with climatological SSTs poleward 127 of 30° and linearly blended SSTs over the latitude band 20°-30° in both hemispheres. In the 128 HIST2-N experiments, SST anomalies associated with PDV and AMV are removed based on 129 their linear regression patterns. Each ensemble member is integrated for 1899-1950 with the 130 same historical radiative forcing and the same monthly sea ice concentration from HadISST2 131 (32) but begins from a slightly different initial atmospheric condition. The prescribed sea ice 132 extent over the Northern Hemisphere shows no significant trend during the early 20th century 133 (32) but is presumably subject to large uncertainty (4, 5, 14). For this reason, we discuss only 134 SST effects in the present study. 135

To obtain an observational mean of the Arctic LSAT time series, we use six datasets from 136 the NOAA Merged Land Ocean Global Surface Temperature (NOAAGlobalTemp) v4.0.1 (33), 137 138 the U.S. National Aeronautics and Space Administration/Goddard Institute for Space Studies surface temperature analysis (GISTEMP) with 250km smoothing (34), the Climatic Research 139 140 Unit (CRU) Temperature version 4.4 (CRUTEM4.4) (35), the CRU time series version 3.23 (CRU-TS v3.23) (36), the European Centre for Medium-range Weather Forecast 20th-Century 141 142 Reanalysis (ERA-20C) (28), and the NOAA 20th Century Reanalysis version 2c (20CRv2c) (37). We also use the bias-corrected station data of the Global Historical Climatology Network-143 144 Monthly version 3 (GHCN-M) (38) to capture the actual spatial distributions of LSAT trends. Figures 2 and 3 compare observed and simulated Arctic LSAT trends in boreal winter 145 146 (November-March), a season when the early Arctic warming was most pronounced (4, 39) (hereafter all figures show the same seasonal mean). The observed early Arctic warming is 147 apparent in all LSAT datasets, with a rapid warming trend during the 1920s (Fig. 2A). Significant 148 warming trends are detected at weather stations north of 60°N (Fig. 3A). Despite no significant 149 trend in the prescribed sea ice extent (32), the HIST2 run successfully reproduces the temporal 150 and spatial variations of the early Arctic warming (Figs. 2B, 3B, and 3C). It captures the 151 seasonality as well, with a maximum warming in boreal winter and minimum in summer (Fig. 152 S4). The HIST1 run also simulates the early Arctic warming within the range of observational 153

uncertainty (Figs. 2*C* and 3*D*). However, it underestimates the warming trend with a magnitude
53% weaker than observations (Table S1), consistent with other AGCM simulations forced with
earlier SST datasets (5, 14). The HIST2-N run reproduces only 57% of the observed Arctic
warming (Fig. S5A, Table S1), suggesting that the intense early Arctic warming cannot be fully
explained without the influence of PDV and AMV.

The near-surface atmospheric circulation change is important for the early Arctic 159 warming. Characteristic of the cold-to-warm PDO shift (19, 40, 41), a Pacific/North America 160 (PNA) pattern develops in response to enhanced atmospheric convection over the tropical 161 western to central Pacific (Fig. S6A), with a deepened Aleutian low, increased SLPs over North 162 America, and intensified cyclonic surface winds over the North Pacific (Fig. 3A). Intensified 163 southeasterly winds along the coast of the Gulf of Alaska advect warm air from the Pacific into 164 the North American Arctic. Over the North Atlantic, a northeast-southwest dipole pattern was 165 observed in SLP. These SLP trend patterns are also captured by 20CRv2c with larger amplitudes 166 (Fig. S5B). In the winter climatology, strong temperature gradients are generated between the 167 warmer ice-free North Atlantic and colder adjacent land. Easterly-to-southeasterly wind trends 168 169 around 60°N enhance warm advection of this climatological temperature gradient, warming Greenland and Iceland. A similar effect works for Eurasian Arctic warming. North of the 170 171 Scandinavian peninsula, westerly-to-northwesterly winds intensify associated with the positive SLP trends over Europe, bringing warm air from ocean to land. In mid-latitude Eurasia, easterly 172 173 wind trends cause the cooling due to cold advection of the climatological westward LSAT gradient. Weak but similar patterns with opposite signs were also observed from the 1960s to the 174 mid-1970s (Fig. S7), a period when the PDV and AMV indices concurrently shifted from the 175 positive to negative phase (Fig. S1). 176

177 HIST2 simulates the observed changes in atmospheric circulation very well, including the PNA-like response over the North Pacific, and dipolar SLP trends over the North Atlantic (Fig. 178 3B). We note that both the weakening of zonal SLP gradient and the precipitation changes over 179 the equatorial Pacific are reproduced in HIST2 (Figs. S3 C and S6 B). The full ensemble mean 180 shows an excessive warming over Europe as the weaker anticyclonic circulation trend reduces 181 cold advection compared with observations. We use the meridional difference in SLP trends 182 between (50°-70°N, 0°-30°E) and (30°-90°N, 0°-30°E) to track the strength of anticyclonic trend 183 over the Scandinavian peninsula. The ensemble mean and spread (1 standard deviation of the 184

inter-member spread) are 0.336 ± 1.098 hPa/35yr, suggesting strong internal atmospheric variability in the region. If you choose four members of the HIST2 ensemble that feature the strongest anticyclonic trends, the sub-ensemble mean simulates a similar SLP pattern to observations (Fig. 3*C*).

HIST1 simulates a weaker PNA-like response associated with insignificant SST warming 189 and suppressed atmospheric convection in the equatorial western Pacific (Figs. 1B, 3D, and 190 S6C), reducing LSAT warming trends over the North American Arctic. In addition, the 191 192 anticyclonic trends over Europe is displaced northeastward, leading to insignificant LSAT trends over most of the Eurasian Arctic. Similarly, HIST2-N does not simulate the observed changes in 193 atmospheric circulation, leading to the reduced Arctic warming (Fig. S5A, Table S1). We stress 194 that radiative and sea ice forcings are identical among our experiments, pointing to the 195 importance of enhanced SST warming for atmospheric circulation changes. 196

197 The tropical SST forcing, especially from the tropical eastern Pacific, is important for the North American Arctic warming. The HIST2-TOGA experiment simulates the PNA-like SLP 198 trend pattern that enhances poleward warm advection (Fig. 3E). Consistent with previous studies 199 (42, 43), this atmospheric response is linked to enhanced atmospheric convection over the 200 tropical western to central Pacific (Fig. S6D) that excites poleward-propagating Rossby wave 201 trains that transport heat and water vapor into the Arctic region (44, 45). In HIST2 minus HIST2-202 TOGA, by contrast, such atmospheric patterns disappear, and instead, the Arctic polar vortex 203 deepens with intensified meridional SLP gradient along the Arctic coast (Fig. 3F). The resultant 204 surface westerly trends significantly warm the Eurasian Arctic due to enhanced warm advection 205 (46), consistent with the atmospheric response to the Atlantic Meridional Overturning 206 Circulation (AMOC) (47). HIST2-TOGA explains about 90% of the observed North American 207 Arctic warming but it does not contribute to the Eurasian Arctic warming at all (Table S1). On 208 the other hand, HIST2 minus HIST2-TOGA explains most of the Eurasian Arctic warming while 209 it does not significantly contribute the North American Arctic warming. These tropical and 210 211 extratropical forcings play different roles in driving atmospheric circulation, but they are both necessary to fully account for the pan-Arctic land warming. 212 213

214 Internally-generated Arctic LSAT variability in coupled ocean-atmosphere models

We turn to the Coupled Model Intercomparison Project Phase 5 (CMIP5) pre-industrial control 215 (piControl) simulations to address the question of what patterns of SST and atmospheric 216 circulation variations are robustly associated with the Arctic warming. Here we present the 217 composite of 8-year low-pass filtered November-March mean anomalies regressed onto the 218 normalized Arctic LSAT anomaly, based on 37 CMIP5 coupled ocean-atmosphere models (Fig. 219 4). Compared with the observed LSAT regression from CRUTEM4.4 (Fig. S8A), CMIP5 models 220 capture the amplitude of Arctic warming quite well (Fig. 4A) (observation: 0.441°C, CMIP5 221 models: 0.425 ± 0.025 °C at the two-sided p = 0.05 level). An SST pattern with both PDO and 222 AMO in positive phase emerges (Fig. 4B), bearing a striking resemblance to the observed SST 223 pattern (Fig. S8B). The SLP patterns are also similar to the observation, including the deepened 224 Aleutian low and intensified meridional SLP gradient over northern Eurasia (Figs. 4A and S8A). 225 The precipitation composite exhibits enhanced atmospheric convection over the tropical western 226 to central Pacific (Fig. 4D), further supporting the influence of tropical Pacific forcing on the 227 Aleutian low. 228

While the extratropical North Pacific SST anomalies are largely a response to 229 atmospheric teleconnection from the tropics, the North Atlantic shows signs of ocean-to-230 atmosphere feedback. The North Atlantic warms despite upward surface heat flux anomalies that 231 occupy much of the extratropical basin (Fig. 4C), suggesting an ocean dynamical origin of the 232 warming (e.g. the intensified Gulf stream and AMOC) (48). This is corroborated by precipitation 233 increases along the Gulf stream to the Barents/Kara Sea (Fig. 4D). The oceanic forcing 234 presumably intensifies the meridional SLP gradient over northern Eurasia, contributing to the 235 Eurasian Arctic warming. 236

Figure 5 shows the November-March mean composite anomalies of Arctic LSAT as a 237 function of the normalized PDV and AMV indices. Strong positive and negative anomalies of 238 Arctic LSAT are diagonally distributed between the first and third quadrants of the PDV/AMV 239 plane, indicating that a coherent interdecadal variability of the Pacific and Atlantic intensifies the 240 241 Arctic warming and cooling. A multivariate regression analysis supports the combined effect of the two interdecadal variabilities. The standard regression coefficients for the normalized PDV 242 and AMV indices are 0.34 (58%) and 0.245 (42%), respectively, indicating comparable 243 contributions from the Pacific and North Atlantic. 244

246 Summary and discussion

We have shown that a concurrent phase shift of PDV and AMV modes is a major 247 mechanism for the unusually intense early 20th century Arctic warming, and that the 248 atmospheric circulation change is important. Our AGCM experiments indicate constructive 249 contributions of the tropical and extratropical SST forcings. The tropical Pacific warming excites 250 a PNA-like circulation change while the extratropical SST warming strengthens meridional SLP 251 gradient over northern Eurasia. The North Atlantic plays a key role in changing atmospheric 252 circulation over the Eurasian Arctic. The Pacific/Atlantic SST warming in the early 20th century 253 was under-represented in previous reconstructed SST datasets. Our AGCM successfully 254 reproduces the magnitude and spatial distribution of the early Arctic warming when the phase 255 shift of PDV/AMV modes is properly represented. Long coupled model simulations confirm that 256 concurrent PDV-AMV phase shifts affect Arctic temperature trends (Fig. 5), highlighting the 257 importance of regional patterns of SST change. The sensitivity to SST also highlights the need 258 for the reliable reconstruction of the historical evolution, especially prior to 1950. 259

The early 20th century Arctic warming may be partly due to the increased GHGs, 260 261 reduced volcanic aerosols, and solar irradiance changes (11, 12, 49-53). However, it remains challenging to quantify their contribution due to limited observations and uncertainties of model 262 263 response (54). The majority of CMIP5 models forced with anthropogenic and natural radiative forcings substantially underestimate the early Arctic warming, suggesting a large contribution 264 265 from internal variability (16, 54, 55). We have identified coupled internal variability of the Pacific and Atlantic as a major factor, in addition to the increase in radiative forcing. While the 266 relationship between PDV and AMV is a subject of active research (56, 57), our results show 267 that their relative phase evolution has an important effect on temperature change over the Arctic. 268 269 This has important implications given the high sensitivity of sea ice to climate warming and the fragile ecosystems that are dependent on Arctic ice. 270

271

272 Materials and Methods

273 SST, LSAT, and precipitation. For SST, we used HadISST1 (29) and the lower boundary

condition for ERA-20C (28), also known as HadISST2 (30). For HadISST2, we used the 10-

275 member ensemble mean. For gridded LSAT data, we used the NOAAGlobalTemp v4.0.1 (33),

276 GISTEMP with 250km smoothing (34), CRUTEM4.4 (35), CRU TS3.23 (36), ERA-20C (28),

and 20CRv2c (37). All Arctic mean LSAT anomalies were averaged poleward of 60°N. For

- station-based LSAT, we analyzed bias-corrected data of GHCN-M (38). The 35-year trends of
- GHCN-M data were obtained using only stations with a long observational period. We selected
- such stations if the total number of 7-year segments with at least one November-March mean
- exceeds four (five at a maximum). For precipitation, we used a rain-gauge based monthly mean
- gridded products available at the University of East Anglia Climate Research Unit (58).
- 283

SLP and marine surface wind. We reconstructed monthly mean SLP and marine surface wind anomaly datasets on a 5° latitude-longitude grid for 1900-2014, based on an EOF decomposition

286 (see *SI Materials and Methods*). For SLP, we merged terrestrial SLPs in the International Surface

287 Pressure Databank version 3.2.9 (ISPD) (59) and marine SLPs in the International

288 Comprehensive Ocean-Atmosphere Data Set (ICOADS) Release 3.0 (60). Monthly mean SLP

datasets from ERA-20C (28), HadSLP2 (61), and 20CRv2c (37) were also used for comparison.

290 For marine surface wind, we used ICOADS3.0 by reducing time-varying biases in scalar wind

speed (SI Materials and Methods) (Figs. S9 A and B). Our reconstructed SLP and marine wind

anomalies capture major modes of climate variability such as the El Niño/Southern Oscillation

(ENSO), Pacific Decadal Oscillation (PDO), and North Atlantic Oscillation (NAO), with

294 physically consistent SST patterns (Figs. S9 *C-E*).

295

296 AGCM experiments. We used the NOAA GFDL AM2.1 (31) with a finite-volume grid of 2.5° \times 2° and 24 vertical levels. A set of 18-member ensemble experiments were performed with 297 different observed SST data sets of HadISST1 (HIST1) and HadISST2 (HIST2). The TOGA-298 type experiments were performed using HadISST2 (HIST2-TOGA), in which the observed 299 300 monthly SSTs are prescribed only in the tropics (20°N-20°S) with climatological SSTs poleward of 30° and linearly blended SSTs over the latitude band 20°-30° in both hemispheres. The 301 HIST2-N experiments were also forced with HadISST2, but SST anomalies associated with the 302 PDV and AMV patterns were removed based on the linear regression. For each experiment, the 303 model was integrated for 1899-1950 with the first year of integration discarded as a spin-up. 304 Each ensemble member was forced with the same CMIP5 historical radiative forcing and the 305 HadISST2 sea ice concentration (32), but began from a slightly different initial atmospheric 306 condition. 307

CMIP5 piControl simulations. We analyzed the piControl simulations from 37 coupled climate 309 models participating in CMIP5. The radiative forcing due to GHGs, aerosols, ozone and solar 310 irradiance is fixed at the pre-industrial level, which allows us to analyze unforced climate 311 variabilities. The models used are ACCESS1-0, ACCESS1-3, BCC-CSM1-1-MBNU-ESM, 312 CCSM4, CESM1-BGC, CESM1-CAM5, CESM1-FASTCHEM, CESM1-WACCM, CMCC-313 CESM, CMCC-CM, CMCC-CMS, CNRM-CM5, CSIRO-Mk3-6-0, CanESM2, FGOALS-g2, 314 FGOALS-s2, FIO-ESM, GFDL-CM3, GFDL-ESM2G, GFDL-ESM2M, HadGEM2-CC, 315 HadGEM2-ES, INMCM4IPSL-CM5A-LR, IPSL-CM5A-MR, IPSL-CM5B-LR, MIROC-ESM, 316 MIROC-ESM-CHEM, MIROC4h, MIROC5, MPI-ESM-LR, MPI-ESM-MR, MPI-ESM-P, 317 MRI-CGCM3, NorESM1-M, and NorESM1-ME. For the regression composite of Fig. 4, we first 318 calculated regressions onto the Arctic mean LSAT anomaly using each model output, and then 319 averaged all models' regression patterns of each variable. 320 321 Estimate of trends. We calculated linear trends using the least squares method. Statistical 322 323 significance for trends was estimated using a Student's t-test and taking into account serial autocorrelation (62). Overall results remain similar even if nonparametric methods are used for 324 325 the trend estimate and statistical significance test. 326 Acknowledgements H.T. is supported by the Japan Society for the Promotion of Science (JSPS), 327 Grant-in-Aid for Research Activity Start-up (26887023) and Young Scientists (B) (16K17802); 328 S.-P.X by the U.S. National Science Foundation (1637450), and the National Key Research and 329 Development Program of China (2016YFA0601804); and H.M. by JSPS Grant-in-Aid for 330 Scientific Research (B) (26287115). 331 332 References 333 334 1. Serreze MC & Francis JA (2006) The arctic amplification debate. Climatic Change 76(3-4):241-264. 335 2. Screen JA & Simmonds I (2010) The central role of diminishing sea ice in recent Arctic 336 temperature amplification. *Nature* 464(7293):1334-1337. 337

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494 **Figure captions**

- 495 **Fig. 1.** Comparison of November-March mean SST trends for 1908-1942. (*A*) The UK Met
- 496 Office Hadley Centre sea ice and SST version 2 (HadISST2) and (*B*) version 1 (HadISST1).
- 497 Stippling indicates trends exceeding the 90% confidence level.
- 498
- 499 **Fig. 2.** Comparison of observed and simulated Arctic mean LSAT variations (60°-90°N). Time
- series of November-March mean Arctic LSAT anomaly, based on (A) observations, (B) HIST2,
- and (C) HIST1 experiments. For observations, six datasets are obtained from CRU-TS v3.23 (36)
- 502 (gray solid line), NOAAGlobalTemp (33) (gray dotted line), ERA-20C (28) (gray long-dashed
- line), GISTEMP (34) (gray double-dotted line), CRUTEM4.4 (35) (gray short dashed line), and
- 504 20CRv2c (37) (green). The observational mean is superimposed in black. Shading indicates the
- two-tailed 95% confidence interval for each ensemble mean. All time series are smoothed with a
- 506 binomially weighted 5-year running average.
- 507
- **Fig. 3.** Observed and simulated trend patterns in LSAT and near-surface atmospheric circulation.
- 509 Trends of LSAT [filled circles for (*A*), shading for (*B-D*)], SLP (contour interval 0.6 hPa per
- 510 35yr), and marine surface wind (vectors; m s⁻¹ per 35 yr) for 1908-1942, based on (A)
- observations from GHCN-M (38) and the International Surface Pressure Databank
- 512 (59)/International Comprehensive Ocean-Atmosphere Data Set (60), and simulations from (*B*)
- full HIST2, (*C*) 4-member HIST2, (*D*) full HIST1, and (*E*) full HIST2-TOGA ensemble means.
- 514 (F) HIST2 minus HIST2-TOGA difference. Larger circles in (A) and stippling in (B-F) indicate
- 515 LSAT trends exceeding the 90% confidence level. Positive (negative) SLP trends are indicated

516 by solid (dashed) contours, and zero contours thickened.

- 517
- 518 Fig. 4. Composite anomalies regressed onto the normalized Arctic mean LSAT anomaly, based
- on 37 CMIP5 piControl simulations. (*A*) LSAT (shading; °C) and SLP (contour interval 0.15
- hPa, zero contours thickened, positive solid, and negative dashed), (B) SST (°C), (C) upward
- ⁵²¹ latent and sensible heat fluxes (W m⁻²), and (*D*) precipitation (mm month⁻¹). Stippling indicates
- the composite regression anomalies exceeding the 95% confidence level.
- 523

- 524 **Fig. 5.** Composite anomalies of Arctic mean LSAT (°C) as a function of the normalized PDV
- and AMV indices, based on 37 CMIP5 piControl simulations. The PDV index is defined as the
- 526 principal component of the first empirical orthogonal function for detrended, 8-year low-pass
- 527 filtered November-March mean SST anomalies over the North Pacific (120°E-70°W, 50°S-
- ⁵²⁸ 60°N). Using the same data, the AMV index is defined as the SST anomaly averaged over the
- 529 North Atlantic (60°W-0°, equator-70°N). Insignificant composite anomalies at the 95%
- 530 confidence level are shaded in gray.

532 Figures



Fig. 1. Comparison of November-March mean SST trends for 1908-1942. (A) The UK Met

- ⁵³⁶ Office Hadley Centre sea ice and SST version 2 (HadISST2) and (*B*) version 1 (HadISST1).
- 537 Stippling indicates trends exceeding the 90% confidence level.



Fig. 2. Comparison of observed and simulated Arctic mean LSAT variations (60°-90°N). Time 539 series of November-March mean Arctic LSAT anomaly, based on (A) observations, (B) HIST2, 540 and (C) HIST1 experiments. For observations, six datasets are obtained from CRU-TS v3.23 (36) 541 (gray solid line), NOAAGlobalTemp (33) (gray dotted line), ERA-20C (28) (gray long-dashed 542 line), GISTEMP (34) (gray double-dotted line), CRUTEM4.4 (35) (gray short dashed line), and 543 20CRv2c (37) (green line with shading). The observational mean is superimposed in black. 544 Shading indicates the two-tailed 95% confidence interval for each ensemble mean. All time 545 series are smoothed with a binomially weighted 5-year running average. 546



548 Fig. 3. Observed and simulated trend patterns in LSAT and near-surface atmospheric circulation.

- 549 Trends of LSAT [filled circles for (*A*), shading for (*B-D*)], SLP (contour interval 0.6 hPa per
- 550 35yr), and marine surface wind (vectors; m s⁻¹ per 35 yr) for 1908-1942, based on (A)
- observations from GHCN-M (38) and the International Surface Pressure Databank
- (59)/International Comprehensive Ocean-Atmosphere Data Set (60), and simulations from (*B*)
- full HIST2, (*C*) 4-member HIST2, (*D*) full HIST1, and (*E*) full HIST2-TOGA ensemble means.
- 554 (F) HIST2 minus HIST2-TOGA difference. Larger circles in (A) and stippling in (B-F) indicate
- 555 LSAT trends exceeding the 90% confidence level. Positive (negative) SLP trends are indicated
- 556 by solid (dashed) contours, and zero contours thickened.



558 Fig. 4. Composite anomalies regressed onto the normalized Arctic mean LSAT anomaly, based

on 37 CMIP5 piControl simulations. (*A*) LSAT (shading; °C) and SLP (contour interval 0.15

- ⁵⁶⁰ hPa, zero contours thickened, positive solid, and negative dashed), (*B*) SST (°C), (*C*) upward
- latent and sensible heat fluxes (W m^{-2}), and (*D*) precipitation (mm month⁻¹). Stippling indicates
- the composite regression anomalies exceeding the 95% confidence level.



Fig. 5. Composite anomalies of Arctic mean LSAT (°C) as a function of the normalized PDV

and AMV indices, based on 37 CMIP5 piControl simulations. The PDV index is defined as the

566 principal component of the first empirical orthogonal function for detrended, 8-year low-pass

567 filtered November-March mean SST anomalies over the North Pacific (120°E-70°W, 50°S-

⁵⁶⁸ 60°N). Using the same data, the AMV index is defined as the SST anomaly averaged over the

569 North Atlantic (60°W-0°, equator-70°N). Insignificant composite anomalies at the 95%

570 confidence level are shaded in gray.

573 SI Materials and Methods

Supporting Information

Observed sea level pressure. We reconstructed a monthly mean sea level pressure (SLP) 574 anomaly dataset on a 5° latitude-longitude grid for 1900-2014 by merging terrestrial SLPs in the 575 International Surface Pressure Databank version 3.2.9 (ISPD) (59) and marine SLPs in the 576 International Comprehensive Ocean-Atmosphere Data Set (ICOADS) Release 3.0 (60). The 577 reconstruction was made through quality controls, construction of intermediate gridded anomaly 578 data, and the empirical orthogonal function (EOF) analysis. First, the marine SLP data were 579 quality-controlled using the ICOADS enhanced monthly summary statistics that identifies 580 potential outliers based on the climatological 4.5 standard deviation limits. We applied almost 581 the same quality control for the terrestrial SLP data of ISPD. Second, we constructed a 5-day 582 mean SLP climatology on a 2° grid for 1950-2000 to obtain reliable monthly mean anomaly 583 data. This 5-day mean climatology was smoothed with a spatio-temporal median filter for a cube 584 of $5 \times 5 \times 5$ grid points in time, latitude, and longitude, and then linearly interpolated at daily 585 586 intervals. Anomalies of individual observations were obtained using bi-linear interpolation of the smoothed daily climatology. We removed anomalies that exceed 2.5 standard deviation of year-587 588 to-year variations in each calendar month. We then gridded the screened anomalies on a monthly 5° grid by a simple box average, and applied another spatio-temporal filter that removes outliers 589 with an amplitude greater than 2.5 standard deviation of a cube of $3 \times 3 \times 3$ gridded anomalies in 590 month, latitude, and longitude. These outliers were replaced with a median value in the cube. By 591 592 using a spatial linear interpolation, we filled missing gaps where the number of consecutive "no data" grids does not exceed four in longitude and two in latitude. This interpolation was applied 593 594 three times to obtain the intermediate gridded anomaly data. Finally, we reconstructed the monthly mean SLP anomaly field back to 1900, using spatial loadings of the EOF modes for 595 1950-2000 calculated from the intermediate gridded anomaly data. The time coefficients for 596 1900-2014 were determined by projecting intermediate anomalies onto the spatial loadings of 597 EOF modes. Using combinations of the time coefficients and EOF spatial loadings that explain 598 599 70% of the total variance, we reconstructed the SLP anomaly field for the entire period. This EOF reconstruction was performed using only grid points whose monthly mean data coverage is 600 higher than 70% of the total months for 1950-2000. 601

Observed marine surface wind. Following the same scheme as SLP, we reconstructed monthly 603 mean marine surface wind anomalies from ICOADS3.0 (60). The only difference from the SLP 604 reconstruction is a removal of nonnegligible time-varying biases in wind speed observed by 605 ships (63, 64). From the late ninetieth to early twentieth century, a major ship type shifted from 606 sailing to steam ship, leading to decreasing trends of wind speed (65). By contrast, increased ship 607 size and anemometer height caused spurious increasing trends after the mid twentieth century 608 (63, 64). These artifacts need to be removed before the climate trend analysis, but direct and 609 consistent bias corrections for each measurement are impossible due to extremely limited ship 610 metadata such as an anemometer height. Because of large variance of the time-varying biases, 611 we applied the EOF decomposition for uncorrected monthly mean wind anomalies. The leading 612 EOF mode features the time-varying bias, with positive loadings over the global ocean, and 613 degreasing and increasing trends before and after the mid twentieth century (Figs. S9 A and B). 614 Assuming that the time-varying bias should be similar over the global ocean, the leading EOF 615 can be regarded as the bias mode. We removed this wind anomaly component from individual 616 617 scalar wind observations, and calculated zonal and meridional components from the corrected scalar wind and wind direction. Even after removing the bias mode, the reconstructed wind 618 619 anomalies capture major modes of climate variability such as the El Niño/Southern Oscillation (ENSO), Pacific Decadal Oscillation (PDO), and North Atlantic Oscillation (NAO), with 620 621 physically consistent sea surface temperature (SST) and SLP patterns (Figs. S9 C-E).

- Table S1. Comparison of November-March mean Arctic LSAT trends for 1908-1942 between
- observations and AGCM experiments. For AGCM experiments, the ensemble mean trend and its
- two-sided 95% confidence interval (°C per 35 years) are shown, with significant trends indicated
- in bold. Each value in parentheses is a rate against the observational mean of Arctic LSAT trend.

Experiment	Entire Arctic	N. American Arctic	Eurasian Arctic
Observational mean	1.402	1.704	1.214
HIST2	1.619 ± 0.313 (1.15)	1.832 ± 0.357 (1.07)	1.477 ± 0.402 (1.21)
HIST2-TOGA	0.606 ± 0.272 (0.43)	1.528 ± 0.417 (0.90)	-0.007 ± 0.310 (-0.01)
HIST2 minus HIST2-TOGA	$1.012 \pm 0.403 \ (0.72)$	0.303 ± 0.603 (0.18)	1.484 ± 0.487 (1.22)
HIST1	$0.654 \pm 0.352 \ (0.47)$	1.138 ± 0.351 (0.67)	$0.332 \pm 0.483 \; (0.48)$
HIST2-N	0.797 ± 0.237 (0.57)	0.761 ± 0.265 (0.45)	0.821 ± 0.303 (0.68)



Fig. S1. Observed time series of the normalized November-March mean (top) Pacific decadal
 variability (PDV) and (bottom) Atlantic multidecadal variability (AMV) indices (shaded bars).

631 Solid brown line indicates the mean of observed Arctic land surface air temperature (LSAT) time

632 series presented in Fig. 2*A*. The PDV index is defined as the principal component of the first

empirical orthogonal function (EOF) for detrended, 8-year low-pass filtered November-March

mean sea surface temperature (SST) anomalies over the Pacific (120°E-70°W, 50°S-60°N).

635 Using the same data, the AMV index is defined as the SST anomaly averaged over the North

Atlantic (60°W-0°, equator-70°N). Vertical dashed line indicates the year 1924, around when the

637 PDV and AMV concurrently shifted from their cold to warm phases.



Fig. S2. SST trend difference between HadISST2 and HadISST1 for 1908-1942.



640 641

Fig. S3. Comparison of November-March mean SST and sea level pressure (SLP) trends 642 averaged over the tropical Pacific (10°S-10°N) for 1908-1942. (A) SST trends from HadISST2 643 (red) and HadISST1 (black), (B) observed SLP trends from the International Surface Pressure 644 Databank/International Comprehensive Ocean-Atmosphere Data Set (ISPD/ICOADS; gray 645 solid), the UK Met Office Hadley Centre mean SLP (HadSLP2; gray short dashed), the European 646 Centre for Medium-range Weather Forecast 20th-Century Reanalysis (ERA-20C; gray long 647 dashed) and their mean (red), and (C) simulated SLP trends from the HIST2 (red) and HIST1 648 649 (black) experiments.





651 Fig. S4. Seasonal trends of June-August (JJA), September-November (SON), December-

- 652 February (DJF), and March-May (MAM) mean Arctic LSAT for 1908-1942. See legends inside
- each panel for meaning of symbols and lines. Error bars for simulated and 20CRv2c trends
- 654 indicate the two-tailed 95% confidence interval for their ensemble mean.





Fig. S5. November-March mean LSAT (shading; °C per 35yr) and SLP (contour; hPa per 35yr)

trends for 1908-1942, based on (A) the HIST2-N experiment (contour interval 0.6 hPa per 35yr)

- and (B) the NOAA 20th Century Reanalysis version 2c (20CRv2c) (37) (contour interval 0.7 hPa
- 660 per 35yr). Positive (negative) contours are solid (dashed) lines, and zero contours are thickened.



Fig. S6. Observed and simulated precipitation trends for 1908-1942, calculated from November-March mean anomalies. (*A*) Observations from the University of East Anglia Climate Research Unit (58), and simulations from (*B*) HIST2, (*C*) HIST1, and (*D*) HIST2-TOGA. Stippling in (*B*-*D*) indicates trends exceeding the 90% confidence level. Red solid and blue dashed lines in (*A*) are the contours of ± 20 mm month⁻¹ per 35 year obtained from the HIST2 experiment.

667

Fig. S7. Observed November-March mean trend patterns for 1960-1976. (A) LSAT (filled
 circles; °C per 17yr), SLP (contour interval 1 hPa per 17yr), and marine surface wind (vectors; m

 s^{-1} per 17 yr). Larger circles in (A) and stippling in (B) indicate LSAT and SST trends exceeding

671 the 90% confidence level, respectively. Positive (negative) SLP trends are indicated by solid

- 672 (dashed) contours, and zero contours thickened.
- 673

Fig. S8. Observed anomalies of (*A*) LSAT and SLP, and (*B*) SST regressed onto the normalized
Arctic mean LSAT anomaly for 1900-2000. LSAT, SLP, and SST are obtained from the
Climatic Research Unit Temperature version 4.4 (CRUTEM4.4), ICOADS/ISPD, and
HadISST2, respectively. Detrended, 8-year low-pass filtered November-March mean anomalies

- are used.
- 680

Fig. S9. Reconstruction of SLP and marine surface wind anomalies used in the present study. (A) 682 Spatial pattern and (B) principal components of the first EOF mode for uncorrected monthly 683 mean scalar wind anomalies for 1900-2014. The first EOF mode accounts for 18.4% of the total 684 variance. To reduce the time-varying biases, the scalar wind anomalies associated with the first 685 EOF mode have been removed from the uncorrected data. (C-E) Regressed anomalies of SLP 686 (contours: hPa), bias-corrected marine surface wind (vectors: $m s^{-1}$), and SST (shading: °C) onto 687 (C) the November-February Niño-3.4, (D) the November-March Pacific Decadal Oscillation 688 (PDO), and (E) the December-March North Atlantic Oscillation (NAO) indices. The Niño-3.4 689 index is defined as SST anomaly averaged in the central equatorial Pacific (170°-120°W, 5°S-690 5°N). The PDO index is defined as the principal component of the first EOF mode for the North 691 Pacific SST anomalies (120°E-100°W, 20°-60°N), while the NAO index as the first EOF mode 692 for the North Atlantic SLP anomalies (90°W-40°E, 20°-80°N). For the PDO and NAO indices, 693 the 5-year running average is applied for detrended seasonal mean data. The contour interval for 694 SLP anomalies is indicated at the bottom-left of each panel, with positive (negative) contours 695 solid (dashed), and zero contours thickened. 696