# WATER INTAKE IN DAIRY COWS

1	Evaluation of drinking water intake, feed water intake and total water
2	intake in dry and lactating cows fed silages
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9	ABSTRACT: Data of 46 water balance measurements were collected from dry and lactating
10	Holstein cows in the controlled climatic chamber, which maintained at $20^\circ\!\mathrm{C}$ and $60\%$
11	relative humidity, to evaluate between drinking water intake (DWI), feed water intake (FWI),
12	total water intake (TWI) and some variables in cows. Orchardgrass silage, alfalfa silage and
13	corn silage were offered in dry cows, and alfalfa or orchardgrass silage and concentrates were
14	given as a TMR in ratio of 60:40 in lactating cows. DMI and milk production were highly
15	related to DWI and TWI of lactating cows. DWI in dry and lactating cows increased and FWI
16	decreased as dietary DM increased, but there was a very weak correlation between dietary
17	DM and TWI. In both dry and lactating cows, positive correlations were obtained between
18	dietary CP or K and TWI, especially highly correlations between dietary K and TWI. There
19	were strong positive correlations between N intake, K intake or urine volume and TWI rather
20	than DWI in dry and lactating cows. These results suggest that dry and lactating cows
21	accelerate DWI to excrete large amounts of K or N into urine in excess of their needs, but

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TWI is more suitable to evaluate the effects of dietary CP or K on water intake and urine volume in dairy cows.

Key Words : dry cows, lactating cows, nitrogen, potassium, urine volume, water intake

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#### INTRODUCTION

Water is the most important nutrient for dairy cows. The sum of drinking water intake (DWI) and ingestion of water contained in feed (FWI) is the total water intake (TWI), because metabolic water is an insignificant source compared with DWI and FWI (NRC, 2001). High producing cows require large amounts of water as well as appropriate amounts of energy, protein and minerals to support high milk yield. The importance of high quality roughage, especially high quality silages such as alfalfa and corn silage, has been recognized for maximal milk yield, and silage is an important water source for dairy cows.

34 Loss of water from the body occurs through milk production, urine and fecal excretion, sweat and vapor loss from lungs (NRC, 2001). A sufficient supply of water is essential to 35 avoid negative effects on animal health, performance and welfare (Murphy, 1992; Meyer et 36 al., 2004), and 25 and 50% restriction of drinking water relative to ad libitum intake decreased 37 feed intake and milk yield in dairy cows (Steiger Burgos et al., 2001). However, a surplus 38 supply of water may lead to disturb a constant extracellular fluid volume and osmolality and 39 40 increase urine volume in dairy cows. The decreasing urine production from dairy cows is needed for the optimum cow management in dairy farms, because environmental pollution 41 from livestock wastes has a serious problem in Japanese dairy farming. Urinary water 42 excretion was positively related to water availability, amount of water absorbed from the 43 intestinal tract and urinary N and K excretion in cows (Murphy, 1992). In the previous paper 44 (Kume et al., 2008a), the urine volume in cows increased with the increasing urinary 45 excretion of K and N, and the increase of urine production may be due to the maintenance of 46

47 urine or plasma osmolality. Although the optimal control of water intake in dairy cows is
48 useful for decreasing urine production and maintaining high milk production, few reports
49 have been demonstrated the relationships between water intake, dietary nutrient contents,
50 nutrient intake and urine production, respectively.

51 The objective of this study was conducted to clarify the relationships between TWI, DWI, 52 FWI and some variables such as nutrient contents, nutrient intake and urine production in dry 53 and lactating cows in the controlled climatic chamber, which maintained at 20°C and 60% 54 relative humidity.

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MATERIAL AND METHODS

This research was approved by the guide for the care and use of animals in National 57 Agricultural Research Center for Hokkaido Region. The experiment was conducted as 58 59 previously described (Kume et al., 2004, 2008a, 2008b; Kojima et al., 2005). Data of 30 and 16 balance measurements were collected from dry and lactating Holstein cows, respectively. 60 Orchardgrass silage, alfalfa silage, corn silage, orchardgrass plus alfalfa silage, orchardgrass 61 plus corn silage or alfalfa plus corn silage were offered to meet the TDN requirements of dry 62 cows (Agriculture, Forestry, and Fisheries Research Council Secretariat, 1994). Because of 63 the low CP contents, 9 % of soybean meal was supplemented for the dry cows fed corn silage. 64 In 8 lactating cows, orchardgrass silage or alfalfa silage diets were offered in the switch back 65 trials. Roughage and concentrates were given as a TMR in ratio of 60:40 to meet the TDN 66 requirements of the cows. 67

The trials were performed for 14 days in dry and lactating cows after an initial adaptation period of 5 to 7 days. The cows were fed equal amounts of feed at 08:00 and 16:00 h and were given free access to water. The lactating cows were milked twice daily, and milk weights were recorded. Cows were housed in the individual pens for 7 to 10 days during the feed adjustment period, followed by the 4 to 7 day collection period from 10:30 to 10:30 h daily in the metabolic chamber. The metabolic chamber was maintained at 20°C and 60% relative humidity. Feed refusals and drinking water intake were recorded daily, and drinking water intake was measured by the water meter. Feces and urine from each cow were separately collected and weighed daily during the collection period.

Samples of feces, feed and feed refusals were oven-dried for 48 hours at 60°C and ground to pass a 1-mm screen. The DM contents of feces, feed and feed refusals were determined by oven drying at 100°C for 2 hours, and then water intake from feed and fecal water excretion in each cow were calculated. The CP, ADF, NDF and K contents of feces, feed and feed refusals were determined as previously described (Kume et al., 2001).

Relationships between TWI, DWI, FWI and other variables in dry and lactating cows
were examined by correlation and regression analyses of SAS (1997). Significance was
declared at *P*<0.05.</li>

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#### RESULTS

Mean TWI in dry cows was 30.3 kg/day, consisted of 16.0kg (52.8% of TWI) from DWI and 14.3kg (47.2% of TWI) from FWI, whereas mean TWI in lactating cows was 98.4kg/day, consisted of 77.6kg (78.9% of TWI) of DWI and 20.8kg (21.1% of TWI) from FWI (Tables 1 and 2). Mean urine volume and fecal water excretion in dry cows were 12.8 and 12.4kg/day, respectively, and those in lactating cows were 21.9 and 35.2kg/day, respectively. Mean milk yield in lactating cows was 29.5kg/day, ranging from 21.9 to 35.3kg/day. Nutrient contents and nutrient intake in dry and lactating cows varied.

In dry cows, dietary DM (P<0.05), CP (P<0.001), ADF (P<0.001), K (P<0.001), DMI</li>
(P<0.001), N intake (P<0.001), ADF intake (P<0.001), NDF intake (P<0.01), K intake</li>
(P<0.001), urine volume (P<0.001), fecal water (P<0.001) and DWI (P<0.001) were</li>

positively correlated to TWI, but FWI (P<0.001) was negatively correlated to TWI. Dietary DM (P<0.001), CP (P<0.01), K (P<0.001), N intake (P<0.01), K intake (P<0.001) and urine volume (P<0.001) were positively correlated to DWI. Dietary ADF (P<0.05), NDF (P<0.01), ADF intake (P<0.01), NDF intake (P<0.01) and BW (P<0.01) were positively correlated to FWI, but dietary DM (P<0.001) and K (P<0.05) were negatively correlated to FWI.

In lactating cows, Dietary DM (P<0.05), CP (P<0.05), K (P<0.001), DMI (P<0.001), N intake (P<0.001), ADF intake (P<0.01), K intake (P<0.001), milk yield (P<0.01), urine volume (P<0.001) and DWI (P<0.001) were positively correlated to TWI, but dietary NDF (P<0.01) was negatively correlated to TWI. Dietary DM (P<0.001), K (P<0.05), DMI (P<0.001), N intake (P<0.01), ADF intake (P<0.01), K intake (P<0.001), milk yield (P<0.01) and urine volume (P<0.01) were positively correlated to DWI, but dietary NDF (P<0.05) was negatively correlated to DWI. Only dietary DM (P<0.001) was negatively correlated to FWI.

There were strong correlations between dietary DM and DWI or FWI in dry and lactating cows, but a weak correlation was obtained between dietary DM and TWI (Figure 1). The regression equations of dietary DM ( $X_{DM}$ ) on DWI in dry cows ( $Y_{DDW}$ ), FWI in dry cows ( $Y_{DFW}$ ), DWI in lactating cows ( $Y_{LDW}$ ) and FWI in lactating cows ( $Y_{LFW}$ ) were as follows.

113 
$$Y_{DDW} = 0.915(\pm 0.119)^{***} X_{DM} - 18.8(\pm 4.7)^{***} (R^2 = 0.67, {***P < 0.001})$$

114 
$$Y_{DFW} = -0.572(\pm 0.056)^{***}X_{DM} + 36.1(\pm 2.2)^{***} (R^2 = 0.78, P < 0.001)$$

115 
$$Y_{LDW} = 1.58(\pm 0.29)^{***} X_{DM} - 3.4(\pm 14.9) \quad (R^2 = 0.66, ***P < 0.001)$$

116 
$$Y_{LFW} = -0.764(\pm 0.078)^{***} X_{DM} + 59.9(\pm 4.1)^{***} \quad (R^2 = 0.86, *** P < 0.001)$$

There were strong correlations between dietary K or CP and TWI in dry cows, and there were positive relationship between dietary K or CP and TWI in lactating cows (Figure 2). The regression equations of dietary K ( $X_K$ ) on TWI in dry cows ( $Y_{DTW}$ ) and TWI in lactating cows ( $Y_{LTW}$ ) and dietary CP ( $X_{CP}$ ) on TWI in dry cows ( $Y_{DTW}$ ) and TWI in lactating cows ( $Y_{LTW}$ ) were as follows.

122 
$$Y_{DTW} = 7.43(\pm 1.27)^{***}X_K + 12.8(\pm 3.2)^{***}(R^2 = 0.53, ***P < 0.001)$$

123 
$$Y_{LTW} = 36.3(\pm 8.1)^{***}X_{K} + 27.4(\pm 16.0) (R^{2}=0.56, ***P < 0.001)$$

124 
$$Y_{DTW} = 1.51(\pm 0.36)^{***}X_{CP} + 7.60(\pm 5.63) \quad (R^2 = 0.36, ***P < 0.001)$$

125 
$$Y_{LTW} = 4.15(\pm 1.68)^* X_{CP} + 29.4(\pm 28.1) (R^2 = 0.26, *P < 0.05)$$

There were strong positive correlations between DMI, N intake, K intake or urine volume and TWI in dry and lactating cows (Figure 3). The regression equations of DMI  $(X_{DMI})$ , N intake  $(X_{NI})$ , K intake  $(X_{KI})$  and urine volume  $(X_{UV})$  on TWI in dry cows  $(Y_{DTW})$ and TWI in lactating cows  $(Y_{LTW})$  were as follows.

130 
$$Y_{DTW} = 5.91(\pm 1.30)^{***} X_{DMI} - 15.2(\pm 10.1) (R^2 = 0.40, *** P < 0.001)$$

131 
$$Y_{LTW} = 6.24(\pm 0.67)^{***} X_{DMI} - 31.0(\pm 13.9)^{*} (R^2 = 0.86, *** P < 0.001)$$

132 
$$Y_{DTW} = 0.140(\pm 0.020)^{***}X_{NI} + 4.28(\pm 3.78)$$
 ( $R^2 = 0.63$ ,  $***P < 0.001$ )

133 
$$Y_{LTW} = 0.129(\pm 0.018)^{-1} X_{NI} + 26.4(\pm 10.3)^{-1} (R^2 = 0.50, P < 0.001)$$

134 
$$Y_{DTW} = 0.105(\pm 0.011)^{***}X_{KI} + 11.1(\pm 2.3)^{***} (R^2 = 0.74, *** P < 0.001)$$

135 
$$Y_{LTW} = 0.141(\pm 0.015)^{***}X_{K} + 40.6(\pm 6.5)^{***}(R^{2}=0.85, ***P<0.001)$$

136 
$$Y_{DTW} = 1.66(\pm 0.18)^{***} X_{UV} + 8.98(\pm 2.45)^{***} (R^2 = 0.75, *** P < 0.001)$$

137 
$$Y_{LTW} = 1.72(\pm 0.26)^{***} X_{UV} + 60.6(\pm 6.0)^{***} (R^2 = 0.74, *** P < 0.001)$$

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#### DISCUSSION

Several factors affect amounts of DWI or TWI in dairy cows, and DMI, milk yield, environmental temperatures and dietary DM, CP, Na and fiber were included in the factors (NRC, 2001). Environmental temperature and relative humidity are important factors for water intake in dairy cows (Murphy, 1992; NRC, 2001; Meyer et al., 2004; Cardot et al., 2008), and water is an especially important nutrient during heat stress. Because climatic condition was controlled at 20°C and 60% relative humidity in this study, data obtained may be not affected by environmental temperature and humidity.

DMI and milk production were highly related to DWI and TWI of lactating cows in this 147 study. Milk production is closely correlated to DMI or water intake (Murphy, 1992; Kramer et 148 al., 2008). With 33-35 kg/day of milk production, DWI and TWI per kg of milk produced 149 150 were 2.0-2.7 and 2.6-3.0 kg, respectively, but those with lower milk production, less than 26kg/day, were 2.6-3.0 and 3.3-4.2 kg, respectively (NRC, 2001). In this study, increasing 151 milk yield increased DWI and TWI in lactating cows, and mean DWI and TWI per kg of milk 152 produced in cows were 2.6 and 3.3 kg, respectively. According to 29.5 kg of averaged milk 153 yield in this study, these figures were considered to be appropriate, compared to the data in 154 NRC (2001). In dry cows, increasing DMI increased TWI, but DWI was not affected by 155 increasing DMI, which suggested that feed water was a predominant water source for dry 156 cows fed silages and FWI influenced DWI. 157

Dietary DM content is one of the major factors affecting DWI in dairy cows (NRC, 2001). 158 Increasing DM percentage of the diet increased DWI in dairy cows but decreased TWI 159 (Paquay, et al., 1970; Murphy, 1992; Dahlborn, et al., 1998; Dewhurst et al. 1998), which 160 indicated that the increased DWI was not able to compensate for the reduction of FWI. TWI 161 in lactating cows were not affected by increasing dietary DM, but DWI in dry cows increased 162 about 7L/day and TWI decreased about 15L/day as ration moisture dropped from 70 to 40% 163 (Holter and Urban 1992). In this study, DWI in dry and lactating cows increased and FWI 164 decreased as dietary DM increased, but clear relationships between dietary DM and TWI were 165 not obtained in dry and lactating cows. 166

167 TWI and FWI in dry cows increased as dietary ADF increased in this study, but negative 168 correlation were obtained between dietary NDF and TWI or DWI in lactating cows. 169 Increasing ADF or NDF intake increased TWI and FWI in dry cows, and increasing ADF 170 intake increased TWI and DWI in lactating cows. Because increasing forage in the diet might 171 increase water requirements by increasing water loss in feces and urine (Dahlborn, et al.,

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1998; NRC, 2001) and high NDF diet might decrease TWI in lactating cows (Dado and Allen, 1995), dietary ADF or NDF may be a factor affecting TWI in dairy cows fed silages.

In both dry and lactating cows in this study, significant correlations were obtained between 174 175 dietary CP or K and TWI, especially highly correlations between dietary K and TWI. Dietary K was correlated to DWI in dry and lactating cows, and dietary CP is correlated to DWI in 176 177 dry cows. Also, N intake, K intake or urine volume in dry and lactating cows were more related to TWI rather than DWI, and the increasing rates of N intake, K intake and urine 178 volume on TWI were almost similar between dry and lactating cows. These results suggest 179 that dry and lactating cows accelerate DWI to excrete large amounts of K or N into urine in 180 excess of their needs, but TWI is more suitable to evaluate the effects of dietary CP or K on 181 water intake and urine volume in dairy cows. 182

Delaquis and Block (1995) reported that apparent absorption of water and urine volume in 183 dairy cows was increased by a higher dietary cation-anion difference defined as 184 milliequivalents of (Na+K-Cl-S)/kg of DM. Bannink et al. (1999) suggested that urine volume 185 is determined mainly by the effect of Na, K and N on urine osmolality. In the previous paper 186 (Kume et al., 2008a), the urine volume in cows was affected by the wide range of water intake 187 and increased as urinary K or N excretion increased, but urine volume was not affected by 188 urinary Na excretion. The diets high in protein appear to stimulate water intake of cows, and 189 then water excess reduced the osmolality of extracellular fluid, resulting in water diuresis and 190 normalization of plasma osmolality (Kohn et al., 2005; Kume et al., 2008a, 2008b). In 191 adjusting the urine osmolality in cows, K played an important role in the formation of 192 193 concentrated urine at low urinary K excretion, but the concentrating capacity of K at high urinary excretion was almost constant due to the isotonic function of the tubule and the 194 increasing urinary flow in the collecting duct of kidney due to the increase of water intake 195 may be needed to excrete larger quantities of K (Kume et al., 2008a). Paquay et al. (1970) 196

reported that the increase in urinary water loss for dry and lactating cows, especially if the result of given food with a high moisture content, is related to a greater excretion of N and K in urine. Because of maintenance of plasma or urine osmolality, dietary N and K may have large effects on water intake and urine volume in dry and lactating cows fed silages.

In practical dairy farming, cows fed alfalfa silage produced more milk than did cows fed 201 grass silage (Hoffman et al., 1998; Kume, 2002), but alfalfa with 20% of CP contained high K 202 such as 3.49% in the first cutting (Kume et al., 2001). Corn silage contained 7.1 to 8.2% of 203 CP and 1.2 to 1.3% of K, and feeding corn silage decreased urinary N and K excretion in 204 cows (Kume et al., 2003, 2008a, 2008b). Also, feeding corn silage plus alfalfa silage derived 205 maximal benefit and 5 to 15% reduction in the loss of N to the environment (Dhiman and 206 Satter, 1997). However, the increased K intake in dry cows may raise urine volume and 207 thereby result in increased urinary N excretion according to the path analysis (Kojima et al. 208 209 2005), and 5 % of KCl supplementation increased urinary N excretion as well as .water intake and urine volume in mice (Murai et al. 2008, in press). Further study is needed to clarify the 210 relationships between water intake, nutrient intake and urine production for cows in the dairy 211 farms to eliminate environmental pollution and obtain maximal benefit. 212

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Correlation between tota water intake (FWI) and	tween total water intake $(TWI)^{1}$ , drinking water intake (DWI), feed (FWI) and other variables in dry cows (n=30)						
					r		
	Mean	SD	Min.	Max.	TWI	DWI	FWI
Nutrient, % of DM							
DM	38.1	11.0	21.6	58.1	0.40*	0.82***	-0.89***
СР	15.0	3.8	10.6	22.4	0.62***	0.54**	-0.11
ADF	33.6	5.6	21.3	41.8	0.60***	0.22	0.42*
NDF	46.7	7.2	34.0	63.3	0.23	-0.11	0.49**
Κ	2.35	0.93	1.07	4.04	0.74***	0.79***	-0.39*
Intake							
DM, kg/day	7.7	1.0	6.1	9.7	0.65***	0.29	0.36
N, g/day	186	54	109	309	0.80***	0.54**	0.13
ADF, kg/day	2.62	0.67	1.55	3.78	0.70***	0.26	0.47**
NDF, kg/day	3.64	0.92	2.29	5.78	0.49**	0.09	0.49**
K, g/day	183	77	81	361	0.87***	0.80***	-0.24
Body weight, kg	619	66	515	803	0.13	-0.05	0.46**
Urine volume, kg/day	12.8	4.9	6.7	24.0	0.87***	0.81***	-0.25
Fecal water, kg/day	12.4	3.1	6.4	18.5	0.64***	0.31	0.32
TWI, kg/day	30.3	9.3	14.6	48.1			
DWI, kg/day	16.0	12.2	0.3	39.5	0.82***		
FWI, kg/day	14.3	7.1	5.3	33.9	-0.65***	-0.09	

Table 1.

\* P<0.05. 

\*\* P<0.01. \*\*\* P<0.001 

<sup>1</sup>Drinking water intake plus feed water intake. 

#### Table 2.

Correlation between total water intake (TWI)<sup>1</sup>, drinking water intake (DWI), feed water intake (FWI) and other variables in lactating cows (n=16) 

		95					
	Mean	SD	Min.	Max.	TWI	DWI	FWI
Nutrient, % of DM							
DM	51.2	9.5	38.2	64.7	0.52*	0.83***	-0.93***
СР	16.6	2.0	12.3	18.3	0.55*	0.37	0.21
ADF	26.4	1.9	24.5	32.5	-0.26	-0.22	0.00
NDF	39.4	6.3	31.8	48.4	-0.69**	-0.52*	-0.11
K	1.96	0.32	1.56	2.31	0.77***	0.55*	0.19
Intake							
DM, kg/day	20.7	2.2	17.2	24.1	0.93***	0.83***	-0.16
N, g/day	557	102	387	705	0.89***	0.73**	0.01
ADF, kg/day	5.45	0.63	4.22	6.19	0.68**	0.63**	-0.14
NDF, kg/day	8.10	1.16	6.48	10.27	-0.11	-0.01	-0.19
K, g/day	410	98	268	555	0.93***	0.75***	-0.02
Body weight, kg	609	48	557	703	0.05	0.03	0.03
Milk yield, kg/day	29.5	3.5	21.9	35.3	0.66**	0.62**	-0.18
Urine volume, kg/day	21.9	7.5	11.2	33.2	0.87***	0.73**	-0.02
Fecal water, kg/day	35.2	7.2	22.4	45.4	0.28	0.16	0.15
TWI, kg/day	98.4	14.9	78.1	124.2			
DWI, kg/day	77.6	18.1	57.0	110.3	0.91***		
FWI, kg/day	20.8	7.7	12.0	36.4	-0.20	-0.59*	

<sup>\*</sup> P<0.05. <sup>\*\*</sup> P<0.01. 

\*\*\*\* P<0.001

<sup>1</sup>Drinking water intake plus feed water intake. 

2	Figure 1. Relationships between dietary DM contents and total water intake (0), drinking
3	water intake ( $\bullet$ ) or feed water intake ( $\blacktriangle$ ) in dry and lactating cows.
4	
5	Figure 2. Relationships between dietary CP or K contents and total water intake (0) or
6	drinking water intake $(\bullet)$ in dry and lactating cows.
7	
8	Figure 3. Relationships between DMI, Urine volume, CP or K intake and total water intake
9	( $\circ$ ) or drinking water intake () i n dry cows and relationships between DMI, urine
10	volume, CP or K intake and total water intake $(\square)$ or drinking water intake $(\blacksquare)$ in
11	lactating cows.
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Dry cows  $^{50}$  [  $^{\circ}$ 

Lactating cows







Dry cows

Lactating cows



33 Fig.2



38 Fig.3