

1 Effect of glucosamine and related compounds on the degranulation of mast cells and ear
2 swelling induced by dinitrofluorobenzene in mice

3

4 Shota Sakai^{*}, Tatsuya Sugawara^{*}, Toshihiro Kishi[†], Kenichi Yanagimoto[†] and Takashi
5 Hirata^{*}

6

7 ^{*}Division of Applied Biosciences, Graduate School of Agriculture, Kyoto University, Kyoto
8 606-8502, Japan; and [†]Human Life Science R&D Center, Nippon Suisan Kaisha Ltd., Tokyo
9 100-8686, Japan

10

11 **Corresponding Author:** Tatsuya Sugawara

12 Division of Applied Biosciences, Graduate School of Agriculture, Kyoto University
13 Kyoto 606-8502, Japan.

14 E-mail: sugawara@kais.kyoto-u.ac.jp; Telephone: 81 75 753 6212

15

1 **Abstract**

2 **Aims:** Glucosamine has been safely used to relieve osteoarthritis in humans, but the precise
3 mechanism underlying its efficacy is still unclear. In this study, we investigated the direct
4 effects of glucosamine and related compounds on mast cell mediated inflammation using
5 cultured mast cells and an animal model.

6 **Main methods:** Dinitrophenyl (DNP)-IgE sensitized rat basophilic leukemia RBL-2H3 cells
7 were treated with glucosamine-HCl (GlcN-HCl), N-acetylglucosamine (GlcNAc), chitin
8 oligomer or chitosan oligomer. Cells were stimulated by DNP-BSA to induce degranulation
9 and released β -hexosaminidase was determined colorimetrically to measure the degree of
10 degranulation. Dinitrofluorobenzene (DNFB) sensitized BALB/c mice were administrated
11 orally with 1 or 0.1 mg GlcN-HCl or GlcNAc for 6 days. One h after the final administration,
12 mice was challenged by DNFB to induce ear swelling.

13 **Key findings:** GlcN-HCl significantly inhibited the antigen-induced degranulation of RBL-
14 2H3 cells at higher than 0.01 mg/mL for 24 h-treatment while GlcNAc, a chitin oligomer and
15 a chitosan oligomer had no effect. GlcN-HCl also suppressed intracellular calcium
16 mobilization. GlcN-HCl and GlcNAc significantly suppressed the antigen-induced up-
17 regulation of TNF- α and IL-6 mRNA. Ear swelling and histamine levels of plasma and ear in
18 DNFB-treated mice were significantly suppressed by oral administration of GlcN-HCl or
19 GlcNAc (0.1 and 1 mg) for 6 days.

20 **Significance:** Our results strongly suggest that GlcN-HCl and GlcNAc have anti-
21 inflammatory effects in vivo by suppressing the activation of mast cells.

22 **Keywords:** glucosamine; mast cells; degranulation; inflammation; osteoarthritis

23

1 **Introduction**

2 Glucosamine, a naturally occurring amino-monosaccharide, is an essential component
3 of glycosaminoglycans in almost all human tissues, and glycosaminoglycans are highly
4 concentrated in connective and cartilage tissues (Lavery et al. 2005). Glucosamine and
5 related compounds, which are used as dietary supplements, appear to be safe and are widely
6 marketed for pain relief of osteoarthritis. In fact, numerous studies have shown that
7 glucosamine supplements provide symptomatic relief for osteoarthritis and can normalize
8 cartilage metabolism (Kim et al. 2005). However, clinical trials have yielded conflicting
9 results and the precise mechanism of the effects of glucosamine on arthritis is still obscure.
10 Recent studies raise questions about the positive effects of glucosamine sulfate on pain and
11 structural changes associated with osteoarthritis (Felson and Mcalindon 2000; Mcalindon et
12 al. 2004; Felson 2008). One speculative mechanism for the efficacy of glucosamine is its
13 direct effect on inflammatory reactions. There have been several reports about the potential
14 immunoregulatory ability of glucosamine (Forchhammer et al. 2003; Meininger et al. 2000).
15 Glucosamine inhibits IL-1 β -induced NF- κ B activation and the production of
16 proinflammatory cytokines in human chondrocytes (Gouze et al. 2002; Shikhman et al. 2001),
17 and suppresses the release of cytokines from T cells by disturbing the functions of antigen
18 presenting cells (APCs) and by inhibiting CD3-induced T cell proliferation (Zhang et al.
19 2005).

20 Mast cells are commonly found at sites of contact with the outside environment and
21 they play pivotal roles in inflammation and immediate-type allergic reactions. Degranulation
22 of mast cells causes the secretion of biologically active substances including histamine,
23 eicosanoids, proteolytic enzymes, cytokines and chemokines. Cytokines released after
24 degranulation, such as interleukin-6 (IL-6), IL-8 and tumor necrosis factor-alpha (TNF- α),
25 induce the late-phase allergic reactions and allergic inflammation via the recruitment of

1 immune cells to the inflamed site (Feldmann et al. 1996). It is well known that the
2 degranulation of mast cells is induced by multivalent antigen-IgE crosslinking and the
3 aggregation of high affinity IgE receptor I (Kabu et al. 2006). The aggregation of high
4 affinity IgE receptor I triggers intracellular signaling pathways, such as the phosphorylation of
5 protein kinases and the influx of intracellular Ca^{2+} . Based on this background, the assay for
6 degranulation of mast cells has been used for screening of anti-inflammatory natural
7 compounds.

8 Chitin is a polymer of N-acetylglucosamine found abundantly in the exoskeleton of
9 crustaceans and insects and in the cell walls of fungi (Shibata et al. 2000; Georgopapadaku
10 and Tkacz 1995). Chitosan, a polymer of glucosamine, is obtained by the deacetylation of
11 chitin under alkaline conditions. N-acetylglucosamine and glucosamine are industrially
12 produced by the hydrolysis of chitin and chitosan. Glucosamine-related products, such as N-
13 acetylglucosamine, glucosamine, chitin and chitosan, have been used extensively to manage
14 several biological functions. Especially, chitosan possesses many functional properties such
15 as biodegradability, immunological and antibacterial activities, and wound-healing (Kuma et
16 al. 2004) and is used in functional foods and drugs. However, there has been no report
17 concerning the effect of glucosamine and related compounds on the degranulation of mast
18 cells.

19 The objectives of this study were to investigate the anti-inflammatory activity of
20 glucosamine and related compounds using cultured mast cells and an animal model, and to
21 clarify the mechanism underlying its activity.

22

23 **Materials and methods**

24 *Materials*

1 Glucosamine-HCl (GlcN-HCl), N-acetylglucosamine (GlcNAc), chitin oligomer (2-
2 7mers of GlcNAc) and chitosan oligomer (less than 10mers of GlcN) were kindly provided
3 by Nippon Suisan Kaisha, Ltd. (Tokyo, Japan).

4

5 *β-Hexosaminidase release assay*

6 Rat basophilic leukemia RBL-2H3 cells (Health Science Resources Bank, Osaka,
7 Japan) were cultured in RPMI-1640 medium containing 10% FBS and supplemented
8 antibiotics (100 unit/mL penicillin and 100 µg/mL streptomycin) at 37°C in humidified
9 atmosphere in the presence of 5% CO₂. The degree of degranulation of RBL-2H3 cells
10 stimulated by IgE-antigen was determined by the β-hexosaminidase release assay (Nakano et
11 al. 2005). Cells were seeded in 96-well plates (3×10^4 cells/well) with or without 0.45 µg/mL
12 anti-dinitrophenyl (DNP) IgE (Sigma Chemical Co, St. Louis, MO, USA). After overnight
13 incubation, the sensitized or unsensitized cells were washed twice with serum-free RPMI-
14 1640 medium, and then were treated for 4 or 24 h with the indicated concentration of GlcN-
15 HCl, GlcNAc, chitin oligomer or chitosan oligomer dissolved in serum-free RPMI-1640
16 medium. After washing twice with Tyrode's buffer (1.17 mM NaCl, 5.4 mM KCl, 2.0 mM
17 CaCl₂, 1.0 mM MgCl₂, 5.6 mM glucose, 25 mM HEPES, 0.1% BSA, pH 7.7), the cells were
18 incubated with 120 µL/well Tyrode's buffer containing 1 µg/mL DNP-BSA (Molecular
19 Probes, Eugene, OR, USA) for 30 min. The supernatants were collected, and cell lysates
20 were obtained in Tyrode's buffer containing 0.1% Triton X-100 (Sigma). Aliquots (50 µL) of
21 each supernatant and cell lysate were incubated with 50 µL 5 mM *p*-nitrophenyl-*N*-acetyl-β-
22 *D*-glucosaminide (Sigma) in 0.1 M citrate buffer (pH 4.5) at 37°C for 1 h. The reaction was
23 terminated by the addition of 0.1 M NaHCO₃/Na₂CO₃ (pH 10.0). *p*-Nitrophenol, the product
24 of the reaction, was detected by optical absorbance at 405 nm. The percentage of β-
25 hexosaminidase released was calculated as follows,

1 β -hexosaminidase release (%) = supernatant OD value of the stimulated cells / (the cell
2 lysate OD value + supernatant OD value of the stimulated cells).

3

4 *Measurement of cytosolic Ca²⁺ concentration*

5 Cytosolic Ca²⁺ concentrations were measured using of the fluorescent indicator Fluo-
6 4/AM (Dojindo Laboratories, Kumamoto, Japan) (Kempuraj et al. 2005; Takahashi et al.
7 1999). RBL-2H3 cells were cultured overnight in 96-well culture plates at 1.5×10^4
8 cells/well with 0.45 μ g/mL anti-DNP IgE. The cells were treated for 4 h with 1 mg/mL of
9 each glucosamine-related compound in RPMI-1640 medium. The treated cells were washed
10 twice and loaded with 4 μ M Fluo-4/AM in Tyrode's buffer at 37°C for 1 h. After washing
11 twice with Tyrode's buffer, the cells were stimulated with 1 μ g/mL DNP-BSA for 90 sec.
12 Intracellular calcium mobilization was detected at 485 nm excitation wavelength and 535 nm
13 emission wavelength with a Wallac 1420 ARVOSX-FL spectrophotometer (Wallac, Waltham,
14 MA, USA).

15

16 *Western blot analysis*

17 IgE-sensitized cells were treated with 1 mg/mL GlcN-HCl or GlcNAc for 4 h. The cells
18 were stimulated by 1 μ g/mL DNP-BSA for 5 min and then cells were lysed by incubation for
19 30 min on ice with lysis buffer (25 mM Tris buffered saline, 50 mM sodium fluoride, 1 mM
20 sodium orthovanadate and protease inhibitor cocktail (Roche, Basel, Switzerland)) containing
21 1% Triton X-100. For immunoprecipitation of Lyn, equal amount of protein (200 μ g) of cell
22 lysates were incubated with Lyn specific antibodies (Santa Cruz Biotechnology, Inc, Santa
23 Cruz, CA) coupled to protein G-sepharose (Sigma Chemical Co, St. Louis, MO) with slow
24 rotation overnight at 4°C. Each precipitated protein was separated by SDS-PAGE, and were
25 then transferred to PVDF membranes (Millipore, Billerica, MA, USA). The membranes were

1 blocked with Blocking One-P (Nacalai Tesque, Inc., Kyoto, Japan). Lyn and phosphorylated
2 Lyn were probed with anti-phospho-Lyn antibody (Sigma) and anti-Lyn antibody at 1:1000
3 dilution for 2 h. For detecting ERK1/2 and phospho-ERK1/2, equal protein of each cell
4 lysates (20 μ g) was separated by SDS-PAGE and transferred to PVDF membranes. After
5 blocking, ERK1/2 and phospho-ERK1/2 were probed with anti-ERK1/2 antibody (Cell
6 signaling technology, Inc., Danvers, MA) and anti-phospho-ERK1/2 antibody (Cell signaling
7 technology, Inc) at 1:1000 dilution for 2 h. HRP-anti-rabbit-antibody (R&D Systems, Inc.,
8 Minneapolis, MN) was used as the secondary antibody at 1:500 dilutions for 1 h. Detection
9 was performed using Chemi-Lumi One L (Nacalai) and image-analyzer LAS-3000
10 (FUJIFILM, Tokyo, Japan).

11

12 *Quantification of TNF- α and IL-6 mRNAs by real-time RT-PCR*

13 IgE-sensitized cells were treated with the indicated concentration of each glucosamine-
14 related compound for 4 h as described above. After washing twice, cells were stimulated
15 with 1 μ g/mL DNP-BSA for 30 min at 37°C. Cells were washed sufficiently and total RNAs
16 were extracted using the Sepasol reagent (Nacalai Tesque, Inc. Kyoto, Japan) according to the
17 manufacturer's instructions. RNAs were treated with RNase-free DNase (Invitrogen,
18 Carlsbad, CA, USA) to remove contaminating genomic DNA. After inactivating DNase by
19 heating at 65°C for 10 min, each RNA was transcribed to cDNA using SuperScript RNase II
20 reverse transcriptase (Invitrogen, Carlsbad, CA, USA) with random hexamers at 25°C for 10
21 min and then at 42°C for 50 min. The reactions were stopped by incubation at 70°C for 15
22 min and then 6 μ L of each mixture, 10 μ L iQ SYBR Green supermix (Bio-Rad Laboratories,
23 Hercules, CA, USA) and 2 μ L TNF- α , IL-6 or GAPDH gene-specific primers (forward and
24 reverse) were mixed in a final volume of 20 μ L. Primers used for the quantification of each
25 gene are listed in Table 1. Primer pairs were selected to yield gene-specific single amplicons

1 based on the analyses by melting curves and by agarose gel electrophoresis. Real-time
2 quantitative PCR was performed using a DNA Engine Opticon system (Bio-Rad
3 Laboratories). The thermal cycler parameters were as follows: 3 min at 95°C for one cycle,
4 followed by amplification for 40 cycles with melting for 15 seconds at 95°C and with
5 annealing and extension for 30 seconds at 60°C. Values were normalized using GAPDH as
6 an endogenous internal standard.

7

8 *Measurement of DNFB-induced mouse ear swelling*

9 Six-week-old female BALB/c mice were purchased from Japan SLC Inc. (Shizuoka,
10 Japan). The animals were housed at 25°C with a 12-hour light/dark cycle and were allowed
11 free access to commercial chow (Oriental Yeast Co., LTD., Tokyo, Japan) and tap water.
12 Animal experiments were performed in accordance with the guidelines of Kyoto University
13 for the use and care of laboratory animals.

14 In vivo anti-allergic activity was tested by the dinitrofluorobenzene (DNFB) -induced
15 contact hypersensitivity reaction (Maeda et al. 2008). The dorsal skin of each mouse was
16 shaved and 100 µL 0.5% DNFB in acetone-soybean oil (4:1) was applied to that area to
17 sensitize the mice. GlcN-HCl or GlcNAc (0.1 or 1 mg/mouse) was administrated orally once
18 a day for 6 days. One h after the final administration, both right and left ears were challenged
19 with 20 µL 0.5% DNFB in acetone-soybean oil (4:1). The thickness of the right ear was
20 measured with a Dial Thickness Gauge (Mitutoyo Co., Kanagawa, Japan) 0, 6 and 24 h after
21 the DNFB challenge. The degree of ear swelling was expressed as the percentage of the
22 thickness of the ear measured before DNFB challenge. Twenty four hour after DNFB
23 treatment, blood was collected and mice were sacrificed under anesthesia. Left ear was fixed
24 by formalin solution, and each paraffin section was stained by hematoxylin and eosin (HE) to
25 observe morphological changes. The amount of TNF-α in the right ear was measured by

1 ELISA kit (Thermo Scientific, Yokohama, Japan). Histamine in the plasma and the right ear
2 was measured by HPLC with fluorescent detection (Yoshitake et al. 2003).

3

4 *Statistical analysis*

5 Data are reported as means \pm SD. Statistical analyses were performed by paired-t-test
6 or one-way analysis of variance (ANOVA) with Dunnett's test to identify levels of
7 significance between the groups.

8

9 **Results**

10 *Effect of glucosamine and related compounds on the antigen-induced degranulation of RBL-* 11 *2H3 cells*

12 As an indicator of the degranulation of RBL-2H3 cells, the release of β -hexosaminidase
13 from the cells was measured. Pre-treatment with 1 mg/mL GlcN-HCl for 4 h significantly
14 reduced the release of β -hexosaminidase from sensitized RBL-2H3 cells stimulated with 1
15 μ g/mL DNP-BSA for 30 min (Fig. 1A). The release of β -hexosaminidase from cells treated
16 with 1 mg/mL GlcN-HCl for 4h was inhibited by approximately 50% compared to cells
17 treated with antigen alone. Treatment with GlcN-HCl for 24h significantly inhibited the
18 release of β -hexosaminidase at more than 0.01 mg/mL (Fig.1B). In contrast, GlcNAc, a
19 chitin oligomer or a chitosan oligomer had no effect on the antigen-induced degranulation of
20 mast cells (Fig. 1A and B). GlcN-HCl, GlcNAc, chitin oligomer and chitosan oligomer had
21 no direct effect on the enzyme activity of β -hexosaminidase (data not shown).

22

23 *Effect of glucosamine and related compounds on the expression of proinflammatory cytokines*

24 We examined whether glucosamine and related compounds could modulate the
25 expression of proinflammatory cytokines (TNF- α and IL-6) induced by antigen in RBL-2H3

1 cells because those cytokines from mast cells are involved in late-phase allergy. Both GlcN-
2 HCl and GlcNAc significantly suppressed the antigen-induced expression of TNF- α and IL-6
3 mRNAs more than 60% compared with the control treated with antigen alone, while the
4 chitin oligomer and the chitosan oligomer had no significant effect (Fig. 2A and B).

5

6 *Effect of glucosamine-HCl and N-acetylglucosamine on intracellular Ca²⁺ mobilization and*
7 *the activation of intracellular signaling molecules*

8 It is well known that elevation of the intracellular Ca²⁺ concentration triggers the
9 degranulation of mast cells. We evaluated the effects of GlcN-HCl, GlcNAc, chitin oligomer
10 and chitosan oligomer on intracellular Ca²⁺ mobilization in RBL-2H3 cells. The results were
11 similar to the effects on degranulation as described above. RBL-2H3 cells stimulated with 1
12 μ g/mL DNP-BSA had increased intracellular Ca²⁺ levels at 90 sec. Pre-treatment with 1
13 mg/mL GlcN-HCl for 4 h significantly suppressed the antigen-induced elevation of
14 intracellular Ca²⁺ compared to cells treated with antigen alone (Fig. 3A). GlcNAc, chitin
15 oligomer and chitosan oligomer had no effect on the intracellular calcium mobilization. We
16 examined the effect of GlcN-HCl and GlcNAc on the tyrosine phosphorylation of Lyn which
17 is critical for degranulation. The level of phosphorylated Lyn was increased 2-fold by
18 stimulation with DNP-BSA for 5 min. In GlcN-HCl-treated cells, the DNP-BSA-induced
19 tyrosine phosphorylation of Lyn was significantly lower than in control cells (Fig. 3B). On
20 the other hand, the activation of ERK1/2, which leads to the up-regulation of cytokines gene
21 expression, in both GlcN-HCl and GlcNAc treated cells was significantly reduced as
22 compared with that of the control cells (Fig.3C).

23

24 *Effect of glucosamine-HCl and N-acetylglucosamine on DNFB-induced ear swelling in*
25 *BALB/c mice*

1 To investigate anti-inflammatory activity in vivo, the effect of oral administration of
2 GlcN-HCl or GlcNAc on DNFB-induced mouse ear swelling was evaluated. DNFB-induced
3 ear swelling is a model for contact hypersensitivity and is caused by cytokines and infiltrating
4 neutrophils. We examined the effects of dietary GlcN-HCl and GlcNAc on DNFB-induced
5 immediate (6 h) and delayed (24 h) hypersensitivity. Oral administration of GlcN-HCl or
6 GlcNAc for 6 days (0.1 and 1 mg/mouse/day) significantly inhibited DNFB-induced ear
7 swelling in mice at both 6 h and 24 h after the DNFB challenge (Fig. 4A and B).

8 Swelling of hypodermal tissue and the infiltration of inflammatory cell were observed
9 in the ear section by histochemical analysis of hematoxylin-eosin staining. In the ear of the
10 mice administrated GlcN-HCl or GlcNAc, the pathological changes induced by DNFB
11 treatment were mitigated (Fig.5A). The content of TNF- α in the ear of the mice
12 administrated of GlcN-HCl and GlcNAc tended to be reduced as compared with control mice.
13 Oral administration of GlcN-HCl and GlcNAc significantly reduced the concentration of
14 histamine in both ear and plasma of DNFB-treated mice (Fig.5C and D).

15

16 **Discussion**

17 In the present study, we demonstrated that GlcN-HCl and GlcNAc have different
18 effects on mast cell activation. GlcN-HCl suppresses the degranulation and up-regulation of
19 inflammatory cytokine gene expression in mast cells while GlcNAc inhibits only the cytokine
20 gene expression. Chitin and chitosan, which are oligomers of GlcNAc and GlcN, respectively,
21 did not affect the antigen-induced reaction of mast cells. Oral administration of GlcN-HCl or
22 GlcNAc (0.1 or 1 mg/day) for 6 days suppressed the ear swelling and histamine levels of
23 plasma and ear in DNFB-treated mice. These results strongly suggested that the anti-
24 inflammatory effects of dietary GlcN-HCl or GlcNAc in vivo are caused by the inhibition of
25 antigen-induced release of chemical mediators and cytokines from mast cells.

1 Mast cells are mainly involved in the inflammation of type I allergy due to the secretion
2 of chemical mediators such as histamine, leukotriene and inflammatory cytokines (Kabu et al.
3 2006). It is well understood that antigen-IgE binding initiates intracellular signaling cascades
4 such as the phosphorylation of Lyn kinase which leads to the phosphorylation of mitogen-
5 activated protein kinase (MAPK), the mobilization of intracellular Ca^{2+} and degranulation
6 (Kabu et al. 2006; Gilfilan and Tkaczyk. 2006). In the present study, we focused on the
7 effects of glucosamine and related compounds on the degranulation of mast cells. GlcN-HCl,
8 but not GlcNAc, significantly inhibited the antigen-induced degranulation, intracellular Ca^{2+}
9 influx, and the phosphorylation of Lyn in mast cells. The antigen-induced intracellular
10 signaling in mast cells involves the phosphorylation of mitogen-activated protein kinase
11 (MAPK) followed by the activation of nuclear factor-kappa B (NF- κ B). Activated NF- κ B up-
12 regulates TNF- α and IL-6 expression. Proinflammatory cytokines are secreted from
13 degranulated mast cells and induce the infiltration of leukocytes and macrophages to inflamed
14 sites. Activated leukocytes and macrophages release inflammatory cytokines and induce
15 cellular dysfunction (Feldmann et al 1996). It has been shown that GlcN and GlcNAc have
16 inhibitory effects on the IL-1-mediated intracellular signaling cascade by reducing the
17 activation of NF- κ B in chondrocytes (Gouze et al. 2002; Largo et al. 2003). GlcN suppresses
18 the inflammation induced by the activation of neutrophils and synoviocytes but GlcNAc has
19 no effect (Hua et al. 2002, Hua et al 2007). In the present study, we show that GlcN-HCl
20 inhibits both degranulation and cytokine expression while GlcNAc only suppresses cytokine
21 expression. Our data support that GlcN-HCl inhibits both degranulation and the up-
22 regulation of cytokine genes by suppressing the phosphorylation of Lyn and ERK1/2, and that
23 GlcNAc only affects ERK1/2 phosphorylation, a regulator of cytokine genes.

24 Oral administration of GlcN-HCl or GlcNAc suppresses immediate (6 h) and delayed
25 (24 h) reactions in DNFB-induced contact allergy model mice. DNFB is used as a contact

1 allergen to induce ear inflammatory reactions including the degranulation of mast cells (Kabu
2 et al. 2006). It has been reported that GlcN is rapidly absorbed after oral administration
3 (Persiani et al. 2005; Pashkova et al. 2009). The absorption rate of the intact form of GlcNAc
4 is lower than GlcN and appreciable amounts of GlcNAc would be deacetylated during the
5 intestinal absorption (Liu et al. 2008; Capps et al. 1966; Robinson 1968). In the present study,
6 oral administration of GlcN-HCl or GlcNAc significantly reduced the levels of histamine in
7 plasma and ear in DNFB-treated mice. Histamine is released from activated mast cells in
8 mucosal tissue and connective tissue. Our data strongly suggest that GlcN hydrolysed from
9 GlcNAc after oral administration inhibits DNFB-induced degranulation of mast cells in mice.

10 Mast cells provide a critical cellular link between soluble factors and synovial eruptions
11 and can contribute to the pathogenic mechanisms in the synovium that result in arthritis (Lee
12 et al. 2002; Nigrovic and Lee 2007; Eklund 2007). Thus, mast cells play a very important
13 role in the inflammation of arthritis. A recent study revealed that mast cells are involved in
14 cellular dysfunction via activation induced by immunocomplexes (Complement 3a,
15 Complement 5a receptor and low affinity IgG receptor III) (Baumann et al. 2001). This
16 suggests that the immunocomplexes induce the degranulation of mast cells and the migration
17 of neutrophils by cytokines released from mast cells and finally evoke inflammation in the
18 joint (Lee et al. 2002). GlcN-HCl and GlcNAc would be the potential effective compounds to
19 relieve inflammation caused by the activation of mast cells. On the other hand, there are
20 some reports that suggest glucosamine has no effect for osteoarthritis (MacAlindon et al.
21 2004; Felson 2008). The conflicts in clinical trials of glucosamine supplements for
22 osteoarthritis might be due to inter-patient variation in the pathogenic mechanism and the
23 pathological process.

24

1 **Figure legends**

2 **Fig. 1.** Effect of glucosamine and related compounds on antigen-induced degranulation of
3 RBL-2H3 cells.

4 DNP-IgE sensitized cells were incubated with the indicated concentrations of GlcN-
5 HCl, GlcNAc, chitin oligomer or chitosan oligomer for 4 h (A) or 24 h (B) and were then
6 stimulated with 1 $\mu\text{g}/\text{mL}$ DNP-BSA for 30 min. Released β -hexosaminidase was measured.
7 Values are means \pm SD, $n = 4$. * Significantly different from control, $P < 0.05$. Non, non
8 stimulation; Con, stimulation; GlcN, glucosamine-HCl; GlcNAc, N-acetylglucosamine;
9 Chitin, chitin oligomer; Chitosan, chitosan oligomer.

10

11 **Fig. 2.** Effect of glucosamine and related compounds on the mRNA expression of
12 proinflammatory cytokines in RBL-2H3 cells.

13 Sensitized cells were incubated with 1 mg/mL GlcN-HCl, GlcNAc, chitin oligomer or
14 chitosan oligomer for 4 h and then cells were stimulated with 1 $\mu\text{g}/\text{mL}$ DNP-BSA for 30 min.
15 The mRNA expression levels of TNF- α (A) and IL-6 (B) were quantified by real-time RT-
16 PCR. Data are presented as fold induction relative to the unstimulated cells. Values are
17 means \pm SD, $n = 4$. * Significantly different from control, $P < 0.05$. Abbreviations are the
18 same as those given for Fig. 1.

19

20 **Fig. 3** Effect of glucosamine-HCl and N-acetylglucosamine on DNP-BSA induced
21 intracellular Ca^{2+} mobilization and activation of intracellular molecules.

22 (A) Sensitized cells were loaded with 4 μM Ca^{2+} indicator Fluo-4/AM for 1 h after
23 treatment with 1 mg/mL glucosamine or related compounds and were stimulated by 10
24 mg/mL DNP-BSA for 90 sec. The fluorescence of Fluo-4 was then measured. Values are
25 means \pm SD, $n = 6$. * Significantly different from control, $P < 0.05$. (B, C) Sensitized cells

1 were incubated with GlcN-HCl or GlcNAc for 4 h and stimulated with DNP-BSA for 5 min.
2 Cell lysate was immunoprecipitated with Lyn specific antibody, and then phosphorylation of
3 Lyn was detected by western blot analysis using anti-phospho-Lyn antibody (B).
4 Phosphorylation of ERK1/2 in the cell lysate was detected using anti-phospho-ERK1/2
5 antibody (C). Western blotting was performed independent three experiments. Data were
6 analyzed by the density of bands and represented the intensity of the bands of phosphorylated
7 Lyn/normal Lyn (B) and phosphorylated ERK/normal ERK (C), as a relative value for that of
8 the non-stimulated cells. Values were means \pm SD, n=3. * Significantly different from control,
9 $P < 0.05$. Statistical analyses were performed by paired-t-test. Abbreviations are the same as
10 those given for Fig. 1.

11

12 **Fig. 4** Effect of glucosamine-HCl and N-acetylglucosamine on DNFB-induced ear swelling
13 in BALB/c mice.

14 DNFB-sensitized mice were administrated orally with GlcN-HCl or GlcNAc (0.1 or 1
15 mg) once a day for 6 days. One hour after the final administration, the mice were challenged
16 on the ears with 20 μ L 0.5% DNFB in acetone-soybean oil (4:1). Thickness of the ear was
17 measured at 6 h (A) and at 24 h (B) after treatment with DNFB and values are presented as a
18 percentage of the thickness of the ear measured before DNFB challenge. Values are means \pm
19 SD, n=3. *Significantly different from control, $P < 0.05$. Abbreviations are the same as those
20 given for Fig. 1.

21

22 **Fig. 5** Effect of glucosamine-HCl and N-acetylglucosamine on DNFB-induced inflammation.

23 (A) Twenty-four hours after DNFB-challenge, the ear was fixed by formalin solution
24 and its paraffin section was stained by hematoxylin and eosin (HE). Bars indicate 100 μ m.

25 (B) The contents of TNF- α in the ear were measured by ELISA kit. Values are means \pm SD,

1 $n=3$. (C, D) Histamine in ear (C) and plasma (D) was determined by HPLC with
2 spectrofluorometer. Values are means \pm SD, $n=3$. *Significantly different from control, $P <$
3 0.05. Abbreviations are the same as those given for Fig. 1.

4

5

1 **References**

- 2 Baumann U, Chouchakova N, Gewecke B, Köhl J, Carroll MC, Schmidt RE, Gessner JE.
3 Distinct tissue site-specific requirement of mast cells and complement components
4 C3/C5a receptor in IgG immune complex-induced injury of skin lung. *Journal of*
5 *Immunology* 167, 1022-10, 2001.
- 6 Capps CJ, Shetlar MR, Bradford HR. Hexosamine metabolism. I. The absorption and
7 metabolism, in vivo, of orally administrated D-glucosamine and N-acetyl-D-
8 glucosamine in the rat. *Biochimica et Biophysica Acta* 127, 194-204, 1966.
- 9 Eklund KK. Mast cells in the pathogenesis of rheumatic diseases and as potential targets for
10 anti-rheumatic therapy. *Immunological Reviews* 217, 38-52, 2007.
- 11 Feldmann M, Brennan MF, Maini NR. Role of cytokines in rheumatoid arthritis. *Annual*
12 *Review of Immunology* 14, 397-440, 1996.
- 13 Felson DT. Glucosamine sulfate might have no effect on pain or structural changes associated
14 with osteoarthritis. *Nature Clinical Practice Rheumatology* 4, 518-519, 2008.
- 15 Felson DT, McAlindon TE. Glucosamine and chondroitin for osteoarthritis: to recommend or
16 not to recommend? *Arthritis Care and Research* 13, 179-182, 2000.
- 17 Forchhammer L, Thorn M, Met O, Gad M, Weidner MS, Claesson MH. Immunobiological
18 effects of glucosamine in vitro. *Scandinavian Journal of Immunology* 58, 404-411,
19 2003.
- 20 Georgopapadakou NH, Tkacz JS. The fungal cell wall as a drug target. *Trends in*
21 *Microbiology* 3, 98-104, 1995.
- 22 Gilfillan AM, Tkaczyk C. Integrated signaling pathways for mast-cell activation. *Nature*
23 *Reviews Immunology* 6, 218-230, 2006.

1 Gouze JN, Bianchi A, Becuwe P, Dauca M, Netter P, Magdalou J, Terlain B, Bordji K.
2 Glucosamine modulates IL-1-induced activation of rat chondrocytes at a receptor level,
3 and by inhibiting the NF- κ B pathway. *FEBS Letters* 510, 166-170, 2002.

4 Hua J, Sakamoto K, Nagaoka I. Inhibitory actions of glucosamine, a therapeutic agent for
5 osteoarthritis, on the functions of neutrophils. *Journal of Leukocyte Biology* 71, 632-
6 640, 2002.

7 Hua J, Sakamoto T, Kikukawa T, Abe C, Kurosawa H, Nagaoka I. Evaluation of the
8 suppressive actions of glucosamine on the interleukin-1 β -mediated activation of
9 synoviocytes. *Inflammation Research* 56, 432-438, 2007.

10 Kabu K, Yamasaki S, Kamimura D, Ito Y, Hasegawa A, Sato E, Kitamura H, Nishida K,
11 Hirano T. Zinc Is Required for Fc ϵ RI-Mediated Mast Cell Activation. *Journal of*
12 *Immunology* 177, 1296–1305, 2006.

13 Kempuraj D, Madhappan B, Christodoulou S, Boucher W, Cao J, Paradopoulou N, Cerulo C,
14 Theoharides T. Flavonols inhibit proinflammatory mediator release, intracellular
15 calcium ion levels and protein kinase C θ phosphorylation in human mast cells.
16 *British Journal of Pharmacology* 145, 934-944, 2005.

17 Kim JC, Shin JY, Shin DH, Kim SH, Park SH, Park RD, Park SC, Kim YB, Shin YC.
18 Synergistic anti-inflammatory effects of pinitol and glucosamine in rats. *Phytotherapy*
19 *Research* 19, 1048-1051, 2005.

20 Kuma MNVR, Muzzarelli RAA, Muzzarelli C, Sashiwa H, Domb AJ. Chitosan Chemistry
21 and Pharmaceutical Perspectives. *Chemical Reviews* 104, 6017-6084, 2004.

22 Largo R, Alvarez-Soria MA, Diez-Ortego I. Glucosamine inhibits IL-1 β -induced
23 NF κ B activation in human osteoarthritic chondrocytes. *Osteoarthritis Cartilage* 11,
24 290-298, 2003.

1 Lavery S, Sandy JD, Celeste C, Vanchon P, Marier JF. Synovial fluid levels and serum
2 pharmacokinetics in a large animal model following treatment with oral glucosamine at
3 clinically relevant doses. *Arthritis Rheumatism*. 52, 181-191, 2005.

4 Lee DM, Friend DS, Gurish MF, Benoist C, Mathis D, Brenner MB. Mast cells: A cellular
5 link between autoantibodies and inflammatory arthritis. *Science* 297, 1689-1692, 2002.

6 Liu Y, Li Z, Liu G, Jia J, Li S, Yu C. Liquid chromatography-tandem mass spectrometry
7 method for determination of N-acetylglucosamine concentration in human plasma.
8 *Journal of Chromatography B*. 862, 150-154, 2008.

9 McAlindon T, Formica M, LaValley M, Lehmer M, Kabbara K. Effectiveness of glucosamine
10 for symptoms of knee osteoarthritis. Results from an internet-based randomized
11 double-blind controlled trial: *American Journal of Medicine* 117, 643-649, 2004.

12 Maeda A, Beissert S, Schwarz T, Schwarz A. Phenotypic and functional characterization of
13 ultraviolet radiation-induced regulatory T cells. *Journal of Immunology* 180, 3065-
14 3071, 2008.

15 Meininger CJ, Kelly KA, Li H, Haynes TE, Wu G. Glucosamine inhibits inducible nitric
16 oxide synthesis. *Biochemical and Biophysical Research Communications* 279, 234-239,
17 2000.

18 Nakano N, Nakao A, Uchida T, Shirasaka N, Yoshizumi H, Okura K, Tsuboi R, Ogawa H.
19 Effects of arachidonic acid analogs on FcεRI-mediated activation of mast cells.
20 *Biochimica et Biophysica Acta*. 1738, 19-28, 2005.

21 Nigrovic PA, Lee DM. Synovial mast cells: role in acute and chronic arthritis: *Immunological*
22 *Reviews* 217, 19-37, 2007.

23 Pashkova E, Pirogov A, Bendryshev A, Ivanaynen E, Shpigun O. Determination of
24 underivatized glucosamine in human plasma by high-performance liquid

1 chromatography with electrochemical detection: Application to pharmacokinetic study.
2 Journal of Pharmaceutical and Biomedical Analysis in press, 2009.

3 Persiani S, Roda E, Rovati LC, Locatelli M, Giacobelli G, Roda A. Glucosamine oral
4 bioavailability and plasma pharmacokinetics after increasing doses of crystalline
5 glucosamine sulfate in man. *OsteoArthritis Cartilage*. 13, 1041-1049, 2005.

6 Robinson BG. Distribution of isotopic label after the oral administration of free and bound
7 ¹⁴C-labelled glucosamine in rats. *Biochemical Journal* 108, 275-280, 1968.

8 Shibata Y, Foster LA, Bradfield JF, Myrvik QN. Oral administration of chitin down-regulates
9 serum IgE levels and lung eosinophilia in the allergic mouse. *Journal of Immunology*
10 164, 1314-1321, 2000.

11 Shikhman AR, Kuhn K, Alaaeddine N, Lotz M. N-acetylglucosamine prevent IL-1 α -
12 mediated activation of human chondrocytes. *Journal of Immunology* 166, 5155-5160,
13 2001.

14 Takahashi A, Camacho P, Lechleiter JD, Herman B. Measurement of intracellular calcium.
15 *American Physiological Society* 79, 1089-1125, 1999.

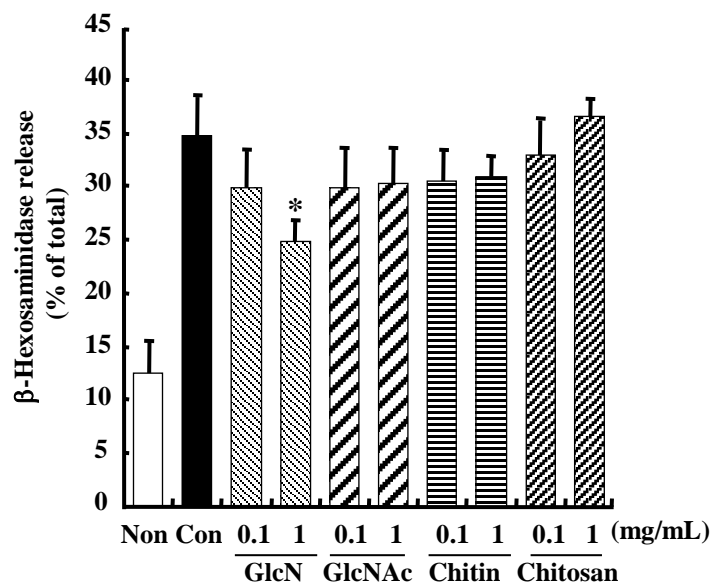
16 Yoshitake T, Ichinose F, Yoshida H, Todoroki K, Kehr J, Inoue O, Nohta H, Yamaguchi M.
17 A sensitive and selective determination method of histamine by HPLC with
18 intramolecular excimer-forming derivatization and fluorescence detection. *Biomedical*
19 *Chromatography* 17, 509-516, 2003.

20 Zhang GX, Yu S, Gran B, Rostami A. Glucosamine abrogates the acute phase of
21 experimental autoimmune encephalomyelitis by induction of Th2 response. *Journal of*
22 *Immunology* 175, 7202-7208, 2005.

23

Fig. 1

A. 4 h



B. 24 h

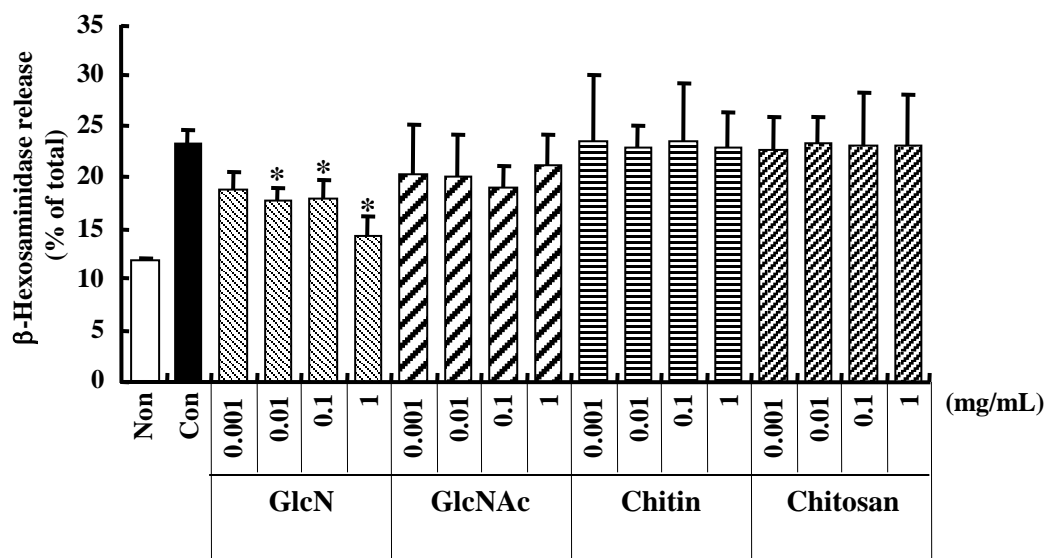
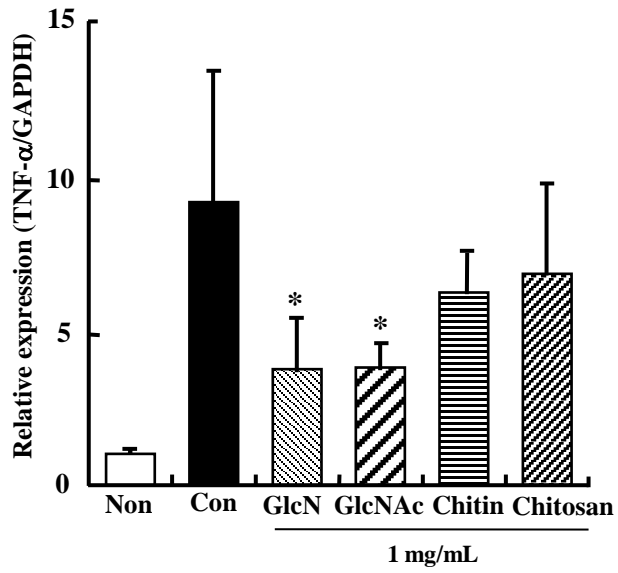


Fig. 2

A. TNF- α



B. IL-6

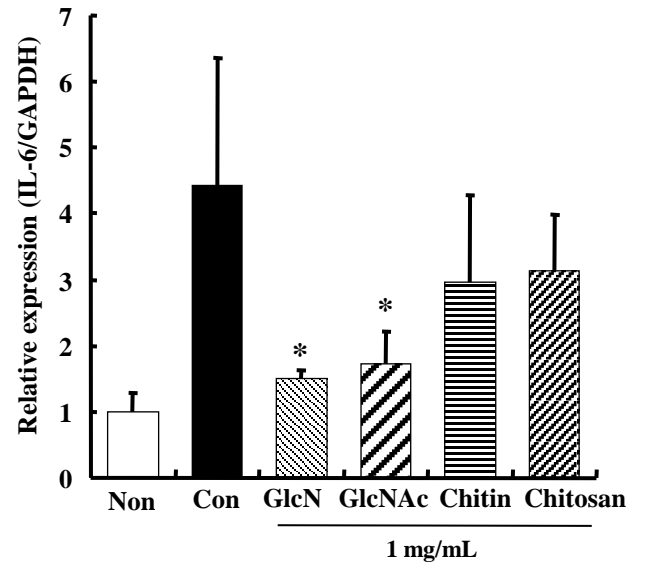
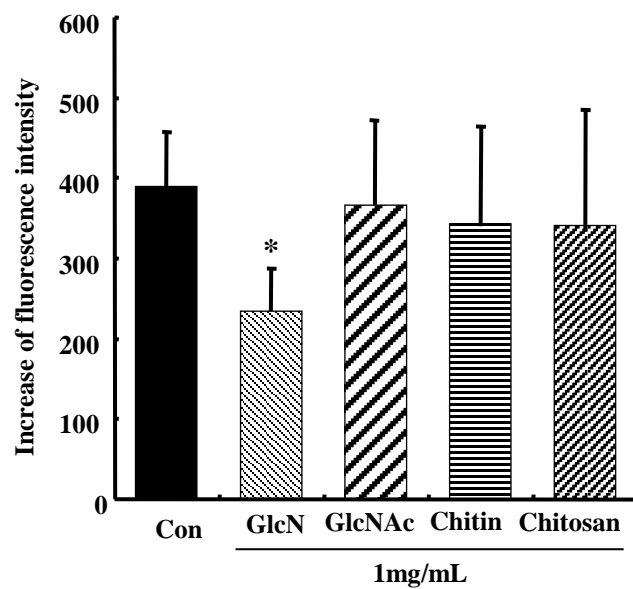
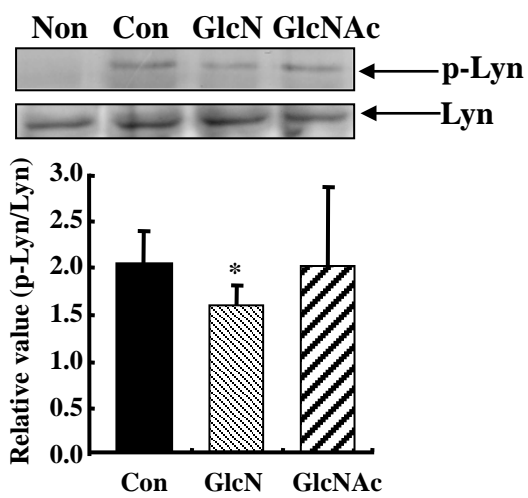


Fig. 3

A. Intracellular Ca²⁺



B. Phosphorylation of Lyn



C. Phosphorylation of ERK1/2

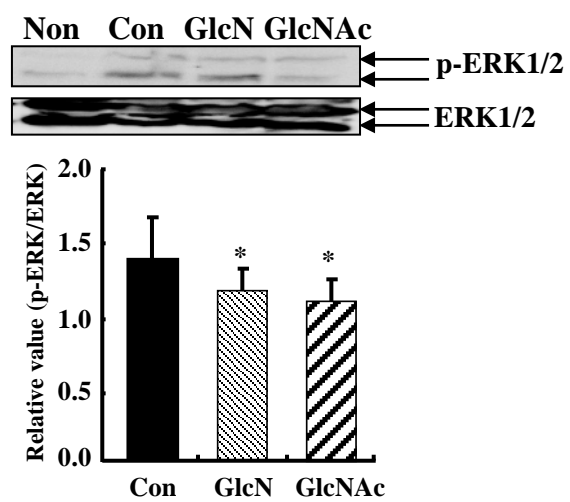
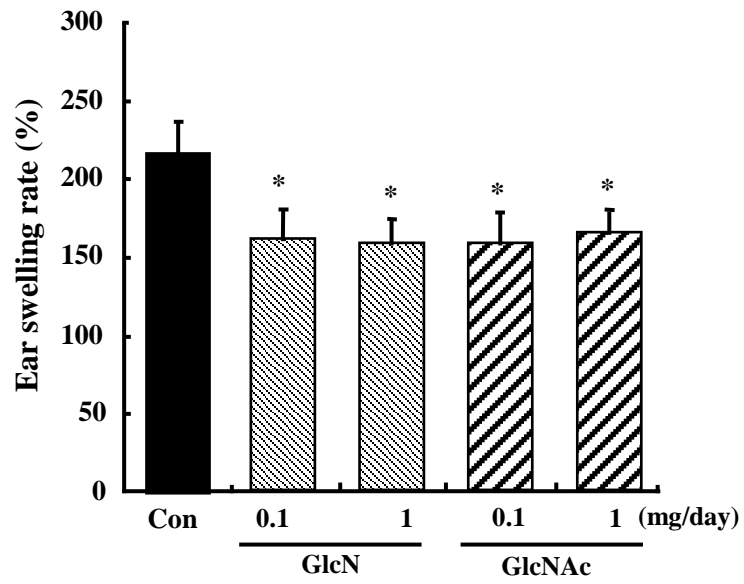


Fig. 4

A. 6 h



B. 24 h

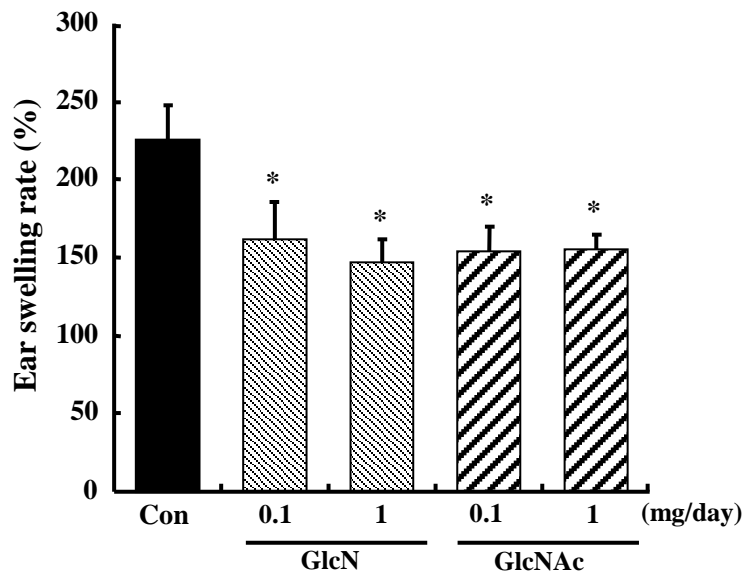
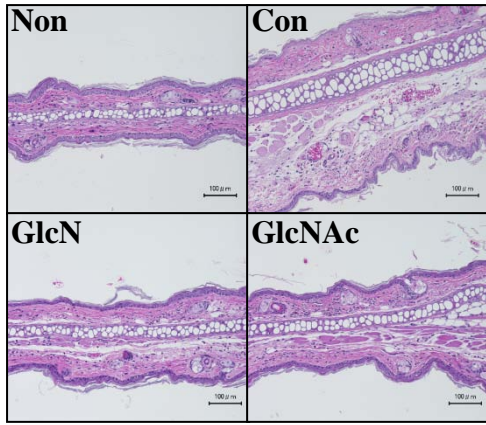
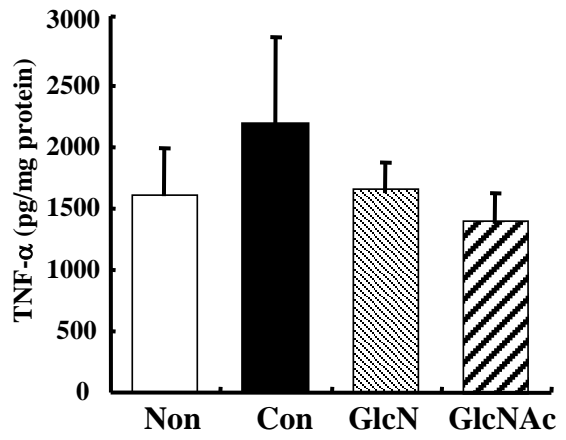


Fig. 5

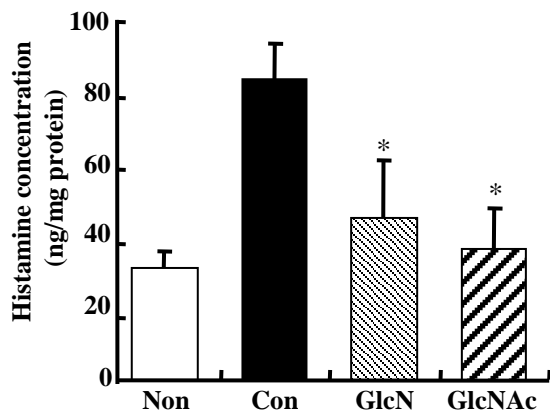
A.



B. TNF- α



C. Histamine in ear



D. Histamine in plasma

