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A CASE OF INFANT WITH BILATERAL MULTICYSTIC KIDNEY AND URETEROPELVIC JUNCTION OBSTRUCTION; SURGICAL TREATMENT AFTER PERCUTANEOUS NEPHROSTOMY

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We report a case of bilateral multicystic kidney and left ureteropelvic junction (UPJ) obstruction in a female infant. She was diagnosed to have severe cystic disease from 20 weeks of gestation. After birth with cesarean section, she was transferred to the neonatal intensive care unit (NICU) of our hospital. One day after birth, she was referred to our department for progression of azotemia. We placed a nephrostomy catheter into the largest renal cyst, but it did not work. One week later, we placed another nephrostomy catheter into another cystic lesion inside of the first one. It worked well for nine months and azotemia was improved. At the age of nine months her upper urinary tract was reconstructed by pyeloplasty. We observed peristalsis of ureter and first urination from bladder.

Key words: Multicystic kidney, UPJ obstruction, Nephrostomy

INTRODUCTION

Recently fetal ultrasonography is utilized at many hospitals and diseases with anatomical change of fetus are frequently diagnosed. This case was also diagnosed as cystic disease of kidney at the 20th week of gestation. The parents and obstetrician discussed the problem and decided to continue the pregnancy. To prevent fatal dysfunctions, we considered diverse treatment with the agreement of the parents.

Problems that could be fatal were 1) infantile respiratory deficiency syndrome (IRDS), and 2) anuria. The NICU doctors dealt with the first problem by respirator management and pulmonary surfactant. Against anuria, we first tried to drain the large cystic lesions and after several months found that one of the cystic lesions was exactly a dilated renal pelvis. Therefore we tried to repair the normal ureteropelvic alignment by pyeloplasty. Fortunately, the ureter reached the pelvis and we could anastomose the pelvis and ureter.

CASE HISTORY

The patient was a 10-month-old female. She was the first child of healthy parents, and her mother had a history of natural abortion. When she was in the 20th week of gestation, bilateral cystic lesions were found by fetal ultrasonography. The obstetrician informed her parents on the probability of disease but they decided to continue the pregnancy. At 35 weeks, for preperiodical rupture of gestational bladder and placenta previa, she was delivered by cesarean section on August 11, 1992. The volume of amniotic fluid was very small and the fetus was incarcerated in the pelvis. There was no evidence of anomaly on the body surface. After delivery, she suffered from respiratory deficiency and was transferred directly to our hospital. On admission, blood urea nitrogen (BUN) was 8 mg/dl, and serum creatinine (Cr) was 0.7 mg/dl. There was no evidence of urination. The next day (Aug. 12), BUN, Cr were elevated to 17.6 and 1.64 respectively. We diagnosed her with a multicystic kidney from the computed tomography (Fig. 1) and placed a 3Fr plastic tube under echo guide into the largest cystic lesion as temporary percutaneous nephrostomy. However, urinary output was 100ml for the first day and less than 10 ml there-
Fig. 1. Computed tomography (CT) of abdomen at the day of birth. Over half of the abdomen was occupied with cystic lesions of bilateral kidneys. Left kidney had no parenchyma.

Fig. 2. CT of abdomen a week after the birth, just before second nephrostomy was performed. The largest cyst in Fig. 1 had been drained by first nephrostomy (arrow).

Fig. 3. Retrograde cystography revealed left vesicoureteral reflux and small capacity of bladder.

BUN, and Cr continued to be elevated up to 46.8 and 5.33 by Aug. 20. We tried to place the second nephrostomy into the deep cystic lesion next to the first one (Fig. 2). The second nephrostomy worked well for a long term and BUN, and Cr were 40.0 and 1.76 by Sept. 3, and 33.5 and 1.03 by Dec. 3. She was attacked by severe respiratory infections several times in those days but after a few months, her respiratory system gained normal resistance against infection. Her neurological and physical development was normal for age. Therefore, we planned the surgical treatment for better quality of life. Retrograde cystography (Fig. 3) revealed the ureter at the level of renal pelvis and the pelvis showed minimal dilatation. As the image of the right kidney was not detectable by renal scintigraphy (99mTc DMSA), we gave up its treatment. On the contrary, radioactive uptake with cold defect was detected on the left side.

Cystoscopic findings revealed that the left ureteral orifice was observed in the normal portion with a stadium shape; the interureteric ridge was not clear on the right side, and the right ureteral orifice was not identified.

**SURGICAL TREATMENT**

From our operative evaluations there were three problems; 1) discontinuity between the left renal pelvis and ureter, 2) the nature of renal pathology, and 3) existence of large cyst at the lower pole of kidney. We planned pyeloplasty, unroofing of the cyst, and renal biopsy. The left kidney was explored through the flank incision, and there was a large cyst on the lower pole. The contents was serous fluid. We performed unroofing and made the biopsy of the edge of the cyst. Then we found the ureter and chased it to the pelvis. The ureter ran on the anterior surface of the pelvis and was in contact to it with fibrous tissue. We resected the excess of pelvis and upper ureter. A 5Fr tube could pass through the residual ureter.
DISCUSSION

The points of issue are; 1) is the pathogenesis the same albeit there was a large difference in the image diagnosis between the two kidneys? 2) was there any passage between the pelvis and ureter at first, or was there no connection between them? 3) do the ureter and the bladder work well for a long period? and 4) should we select any better treatment from admission to now?

The biopsy specimens from the left kidney revealed atrophic glomeruli and tubuli not typical in renal dysplasia. Quinn et al.\(^2\) reported that the primitive duct surrounded by concentric layers of the cellular mesenchyme was an essential criterion of renal dysplasia. We did not find the histological feature in our specimen. Quinn also reported that cartilage may be seen in dysplasia and other diseases, which we could not see.

The cystic lesion that we had punctured first might have been hydrocalicosis (Kellalis et al.\(^3\), Shinno et al.\(^4\)), but there was no evidence. Passage between the pelvis and the lesion was not seen at the second nephrostography (Fig. 4). Urine was not secreted from the lesion after catheter removal. Scarce parenchyma remained in the area.

The passage between renal pelvis and ureter was unlikely to exist at birth from radiologic findings. However, without any passage, she would not survive in the uterus. Blane et al.\(^5\) reported that severe pulmonary hypoplasia, which might be fatal, would associate with bilateral renal obstructive dysplasia. We estimate the period of obstruction to be between 12 and 20 weeks of gestation. As normal organ development begins at about 12 weeks and there were cystic lesions in her kidney at 20 weeks.

As we observed peristalsis of ureter at postoperative nephrostography, the ureter will transport urine effectively to the bladder. Nephrostography 1.5 months after the operation showed better function of ureter, but there remained still high intrapelvic
pressure. This experience suggested that many cases of children's hydronephrosis could improve with age. In this case, we observed improvement of intrapelvic pressure (10 cmH₂O 6 months after the operation), which might be the effect of growth.

Now, we believe that it would have been better to puncture the cystic lesion during her fetal period. Renal development and function would be restored effectively if the obstruction is bypassed before the 20th gestational week6,7). We recommend early drainage at neonatal and even fetal period as much as possible. As mentioned above, there are many cases of hydronephrosis that improve, with age especially with nephrostomy. However, this case showed no evidence of passage after the treatment, and an operation was indicated.

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