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Kyoto University
**ES and iPS cells research for cardiovascular regeneration**

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Abstract

Embryonic stem (ES) cells and induced pluripotent stem (iPS) cells, which are ES-like stem cells induced from adult tissues, are twin stem cells with currently (with the exception of fertilized eggs) the broadest differentiation potentials. These two stem cells show various similarities in appearance, maintenance methods, growth and differentiation potentials, i.e. theoretically, those cells can give rise to all kinds of cells including germ-line cells. Generation of human ES and iPS cells is further facilitating the researches towards the realization of regenerative medicine. The following three issues are important purposes of ES and iPS cell researches for regenerative medicine: 1) Dissection of differentiation mechanisms, 2) Application to cell transplantation, and 3) Drug discovery. In this review, the current status of cardiovascular regenerative trials using ES and iPS cells is briefly discussed.
Introduction

Cardiovascular diseases are the major causes of death in industrialized countries. Cardiovascular cells are, therefore, one of the most important targets in regenerative medicine. The regeneration of cardiomyocytes, which principally cannot proliferate and regenerate in the adult, is particularly expected to bring new hopes to cure cardiac diseases. Many cell types, such as endothelial progenitor cells from blood or bone marrow, cardiac progenitor cells from the heart, mesenchymal cells from bone marrow or other tissues, and ES and iPS cells, are currently being examined as cell sources for cardiovascular regenerative cell therapy [1]. Previously, the authors established a novel ES and iPS cell differentiation system, which can reproduce the early cardiovascular development processes in vitro [2,3,4]. Using and expanding this system as a tool for differentiation studies, cell transplantation and drug discovery, we are trying to explore novel cardiovascular regenerative strategies.

Differentiation of cardiovascular cells from ES and iPS cells

1) Differentiation strategies - embryoid bodies vs. stepwise methods -

To induce ES (or iPS) cell differentiation, embryoid bodies (EBs) which form as aggregates of ES cells are often used. Spontaneous differentiation of...
ES cells occurs in EBs by the interaction of cells within EBs, locally mimicking the body plan in the embryo. EBs contain various cell types including cardiomyocytes, endothelial cells (ECs) and mural cells (MCs; pericytes in capillary vessels and vascular smooth muscle cells in arteries and veins) and often form blood vessel-like structures [5]. Though the EB method is convenient for inducing differentiation and should be suitable for a large-scale preparation of cell sources, the method possesses several weak points in dissecting cellular and molecular mechanisms during differentiation such as: i) Difficulty to dissect the differentiation mechanisms by highlighting cells and signals of interest in EBs, ii) Difficulty to directly observe differentiating cells at the cellular level by microscopy, and iii) Difficulty to conduct single cell analysis of differentiation.

To overcome these disadvantages in EB cultures, the authors developed a 2-dimensional culture-based, stepwise cardiovascular differentiation system (Figure) [2,3,6]. In this system, Flk1+ mesoderm cells are first induced from undifferentiated ES cells in a monolayer culture of ES cells in the absence of LIF (leukemia inhibitory factor). Flk1+ cells, presumptive lateral plate mesoderm, are purified by FACS (flow cytometry-assisted cell sorting) using anti-Flk1 antibody. Various cardiovascular cells are then induced by re-culture of purified Flk1+ cells as common precursor cells. Though this system requires purification and re-culture processes, it is amenable for easy monitoring and
analysis of differentiating cells at the cellular level. To dissect molecular and cellular mechanisms of cell differentiation or to apply ES/iPS cell differentiation system to screen small molecules, such stepwise and systematic methods are very powerful (see below).

2) Differentiation of vascular cells - vasculodiversity and a constructive approach -

Blood vessels consist of two cell types, ECs and MCs. The majority of vascular cells are considered to be derived from the mesoderm. Expression of Flk1 (also designated as vascular endothelial growth factor receptor-2 (VEGF-R2)) is an indicator of the lateral plate mesoderm [7]. Flk1 is also the earliest functional differentiation marker for blood and ECs [8]. The Flk1 ligand, VEGF, is a key factor for EC differentiation. VEGF-A heterozygotes die early in gestation due to failure in vascular system formation, indicating that strict regulation of VEGF function is critical in normal vascular formation [9]. Recent reports for various molecular markers and functional molecules for arterial, venous, and lymphatic ECs [10] provide a novel research field as “vasculodiversity”. A transmembrane ligand ephrinB2 and its receptor tyrosine kinase EphB4 are the first reported markers for arterial and venous ECs, respectively. The ephrinB2-EphB4 system is essential to establish mature blood vessel system with arterial-venous identity. Notch (Notch 1, 4) and its cell-surface ligands
(Delta-like 1 [Dll1], Dll4, and Jagged1 and 2) are expressed in arteries but not in veins. Genetic studies of Notch signaling components have shown that Notch signaling is essential for proper formation of the developing vasculature and arterial specification. On the other hand, insufficient Notch activation during angioblast differentiation to ECs leads ECs to venous fate. COUP-TFII, an orphan nuclear receptor transcription factor, was reported to repress Notch signaling through suppressing neuropilin1 expression to maintain vein identity. Lymphatic ECs originate from venous ECs. A subset of venous ECs expressing LYVE1, which are competent to lymphatic differentiation, are committed into lymphatic ECs with the expression of Prox1 homeobox transcription factor. Prox1 is considered as the most specific and functional lymphatic EC marker.

The author’s group succeeded in inducing a variety of vascular cells from mouse ES cells using the stepwise ES cell differentiation system [2,5,11]. ECs and MCs are specifically induced from ES cell-derived Flk1+ cells when they are cultured with VEGF and serum. In this condition, induced ECs mainly show venous phenotype. When cyclic AMP (cAMP) signaling is simultaneously stimulated with VEGF, arterial ECs are induced. A multifunctional polypeptide, adrenomedullin (AM), which exerts its function by increasing the levels of intracellular cAMP, is a candidate endogenous ligand that activates cAMP [12]. Prox1-positive lymphatic ECs are induced [13] when Flk1+ cells are cultured on OP9 cells [14], which are stroma cells established from bone marrow of op/op...
(monocyte colony stimulating factor deficient) mice. Lymphatic ECs are also induced with EB methods. The authors group succeeded in inducing all three EC phenotypes, arterial, venous, and lymphatic ECs from ES cells [10].

Recently, novel roles of cAMP signaling in EC differentiation and arterial specification were demonstrated with the stepwise method. That is, a cAMP downstream gene, protein kinase A (PKA), specifically upregulates selective and sensitive receptors for VEGF₁₆₅, Flk1 and Neuropilin1, in vascular progenitors, and enhances the “sensitivity of the progenitors” to VEGF₁₆₅ by more than 10 times [15]. PKA activation increased the total EC number that appeared from Flk₁⁺ cells, but had no effect on arterial-venous specification. Arterial specification was caused by another pathway activated by cAMP, that is, Notch and GSK3β-mediated β-catenin signaling [16]. Notch and β-catenin signaling, both of which are activated through phosphatidylinositol-3 kinase downstream of cAMP, converges into single protein complex on arterial genes. The effect of cAMP in arterial specification was completely reproduced with neither Notch nor β-catenin, but with simultaneous activation. Thus, two distinct roles of cAMP pathways, common EC differentiation and arterial EC specification, were demonstrated though a constructive approach by building up each molecular functions to reproduce cell differentiation process in vitro [5,10]. The stepwise and constructive reproduction of vascular developmental processes with ES cell differentiation system can provide novel understanding in cellular and
molecular mechanisms of vascular development from a new point of view.

3) Differentiation of cardiomyocytes, progenitors or stem cells

Cardiomyocytes are principally mesoderm derivatives. Mesodermal cells give rise to two cardiac progenitor populations that exist in so-called, primary heart field and secondary heart field [1,17,18]. Primary heart field is derived from the anterior splanchnic mesoderm and form cardiac crescent. Primary heart field is positive for Nkx2.5, Tbx5, and Hand1, and gives rise to mainly the left ventricle. Secondary heart field originates from the pharyngeal mesoderm and is situated medially to the primary heart field. Secondary heart field is positive for isl1, Tbx1, FGF8 and 10, and gives rise to mainly the right ventricle, outflow tract and inflow region. In addition to these two populations, proepicardial cells and neural crest cells also contribute to the heart structure [1].

Cardiomyocytes are one of the first cell types induced from ES cells. Appearance of self-beating cells in EBs was reported four years after the derivation of mouse ES cells [19]. The stepwise method showed that ES cell-derived Flk1+ cells can give rise to vascular cells as well as cardiomyocytes [3]. When Flk1+ cells were cultured on OP9 stroma cells, self-beating cardiomyocytes appeared in 4-5 days. ES cell-derived cardiac progenitors at a single cell level were first reported as Flk1+/CXCR4+/vascular endothelial
cadherin- (FCV) cells [3]. Flk1, Nkx2.5, and/or islet1 were reported to mark multipotent cardiac progenitor population [20]. Though these markers mainly represent lateral plate mesoderm, primary heart field, and secondary heart field, respectively, these marker expressions overlap each other [21]. For example, islet1 is also expressed in Flk1+ mesoderm, and Nkx2.5 is expressed in both heart fields. These progenitor populations should therefore be partially overlapping, and the relationship among them should be further clarified. In human ES cells, KDR (human Flk1)+ cells and Isl1+ cells were independently reported to be multipotent cardiovascular progenitors [22,23]. As for cardiac stem cells, some reports show clonal potential of tissue-derived cardiac stem cells, such as c-kit+ cells or cardiac side population cells [24]. Though expansion of ES cell-derived progenitor cells was reported with a sphere [25] or feeder cell methods [23], the establishment of ES cell-derived cardiac stem cells has not been completely demonstrated.

Cardiomyocyte induction from mouse iPS cells were first reported in 2008 [4,26,27]. Cardiomyocytes could be induced from mouse iPS cells with similar methods from mouse ES cells with EBs or stepwise methods. Various cardiovascular cells, cardiomyocytes, arterial, venous, and lymphatic ECs, and blood cells, were systematically induced from Flk1+ progenitor cells [4]. Comparable levels of cardiovascular cells could be induced from iPS cells and ES cells. As for human iPS cells, cardiomyocyte induction using EB methods was reported
for the first time in 2009 [28]. Though functional analyses of induced cardiomyocytes suggest that human cardiac cell models could be established from human iPS cells, induction efficiency and stability are still not sufficient, especially for cell therapy purpose. Further improvements for more robust induction methods are still required.

Application to cell transplantation

As establishment of human iPS cells from human tissues can avoid the legal and ethical controversy over human ES cells, iPS cells are now one of the most promising cell sources for cardiac regenerative cell therapy. Nevertheless, many hurdles have yet to be overcome before the realization of cardiac regeneration by iPS cells.

There are various cardiovascular lineage cells. What cells are suitable for cardiac regeneration? Cardiomyocytes? Cardiac progenitors? More specific cardiac cells such as pacemaker cells? Vascular cells? Mesenchymal cells? Alternatively, a mixture of different cell types? Many studies are now ongoing all over the world. A large-scale preparation and injection of human ES cell-derived cardiomyocytes (10⁷ cells) are reported to be able to ameliorate cardiac function [29]. FCV cardiac progenitor cells from mouse ES cells were
shown to efficiently generate cardiomyocytes after cell transplantation [21].

Recently, importance of non-cardiomyocytes in cardiac regeneration is highlighted as a source of various humoral factors that help cardiac regeneration in a paracrine fashion [30]. Transplantation of cardiomyocyte/non-cardiomyocyte mixtures may be a good strategy for efficient regeneration. Novel transplantation technologies such as cardiosphere (cardiac cell aggregates)[31] and cardiac cell sheets using temperature-responsive culture surface [32], would support mixture transplantation strategies. Cardiovascular progenitors, which can efficiently give rise to cardiomyocytes as well as endothelial cells and mural cells, should be a good cell source for mixture strategies. In addition to such technical hurdles, elimination of undifferentiated ES/iPS cells to avoid teratoma formation is, by far the most critical issue for the safety of ES/iPS cell therapy. Recently, an iPS cell-specific feature in the teratoma-forming propensity was reported, where some iPS cell lines showed a “differentiation-resistant” phenotype [33]. In a particular iPS cell lines, which may be incompletely reprogrammed, undifferentiated cells persist even after induction of differentiation resulting in teratoma formation after transplantation. Establishment of standard for safe iPS cells would be critical to develop iPS cell therapy.
Drug discovery

iPS cell technology, which enables the establishment of patient-specific pluripotent stem cells and patient cell models, brings two new hopes in drug discovery. One is in vitro screening for adverse or toxic effects of drugs. The other is discovering new drugs for currently incurable diseases.

1) Safety test

Establishment of cardiac cell models from human iPS cells offers novel tools for drug safety test. QT prolongation is a critical adverse effect caused by inhibition of human ERG (HERG) ion channel. Currently, so-called HERG test, in which inhibitory effects of chemical substances are evaluated with HERG-overexpressed cell lines (such as HEK293), is mainly used for safety screening of QT prolongation. HERG test often shows false negative results, that is, though HERG test is negative, QT prolongation occurs in patients (ex. dl-sotalol). When inhibitory effects of substances on HERG current were evaluated using human cardiomyocytes prepared from human ES/iPS cells in vitro, the in vitro results precisely reflected in vivo QT prolongation [34]. Human cell models, thus, are potent tool for drug safety test which may drastically simplify and facilitate drug development.

2) Cardiac regenerative drugs

It would be ideal if cardiac regeneration could be achieved with drugs.
Some trials to discover small molecules which promote cardiomyocyte
differentiation are being performed using ES cell differentiation systems.
Cardiogenol, ascorbic acid, isoxazolyl-serines, sulfonyl hydrazones, and so on
are reported to enhance cardiomyocyte differentiation from ES cells using EB
methods [35]. Nevertheless, as these substances were added to EBs (or P19
carcinoma cell lines) from the initial step of differentiation, target cells or
processes to which these substances act on are unclear. For example,
cardiogenol and sulfonyl hydrazones should act on mesoderm induction stage.
Differentiation-stage specific screening and evaluation using stepwise
differentiation methods would be more powerful and suitable to discover
cardiac regenerative drugs. Indeed, the authors recently demonstrated that an
immunosuppressant, cyclosporin-A (CSA), showed a novel effect specifically acting
on mesoderm cells to drastically increase cardiac progenitors (FCV cells) as
well as cardiomyocytes by 10-20 times [21]. CSA had an effect on specific
induction of cardiac lineage from mesoderm, that is, on cardiac commitment
process. Drugs acting on the late stages of cardiac differentiation, such as
cardiac commitment, differentiation, and cardiomyocyte proliferation, should be
promising targets as cardiac regenerative drugs.

Novel perspective     - Epigenetic memory and iCM –
Currently, iPS cells can be established from various cell types. Recent studies suggest that differentiation properties of iPS cells should be affected by their origin (personal communication). iPS cells established from blood cells have a tendency to well differentiate to blood cells but not to other lineages. This phenomenon suggests that epigenetic information as blood cells are still persistent in some degree as a kind of cell memory even after iPS cell derivation process, though the molecular identity of the epigenetic memory is still unknown. If iPS cells could be induced from cardiomyocytes, those iPS cells may be ideal for the efficient preparation of cardiomyocytes.

Recently, direct conversion of fibroblasts to functional neurons (iN cells) was reported by transduction of three defined transcription factors [36]. This result indicates that critical combination of transcription factors can induce and reproduce any kind of distinct cell types. Establishment of iN cells instantly prompts direct induction of cardiomyocytes from fibroblasts (iCM). iCM would offer another important option to research, cell therapy, and drug discovery toward cardiovascular regeneration. iPS cell technologies are still expanding, and will continue to bring various new hopes in cardiovascular regeneration.
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Figure: Systemic and stepwise cardiovascular cell differentiation system with mouse ES/iPS cells
Undifferentiated ES & iPS cells

- E-cadherin
- SSEA1

Mesoderm

- Flk1
- E-cadherin

- VEGF

- OP9 (+CSA)

Cardiac progenitors

- Flk1
- CXCR4
- VE-cadherin

Blood cells

- Flk1
- CD45
- Ter119

Endothelial cells

- Flk1
- VE-cadherin
- PECAM1
- CD34

Mural cells

- Flk1
- αSMA
- PDGF-βR
- Desmin

Blood vessel

- AM/cAMP
- Notch
- β-catenin
- OP9

Arterial

Venous

Lymphatic

Cardiomyocytes

- Flk1
- αMHC
- ANP
- GATA-4
- Nkx2.5

Heart

- Atrial
- Ventricular
- Conduction system
- Pacemaker