| 1  | Digesta passage time, digestibility and total gut fill in captive Japanese         |
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| 2  | macaques: the effects of food type and food intake level                           |
| 3  |  |
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## 19 Abstract

| 20 | Digestion is an important process in understanding the feeding ecology                 |
|----|--|
| 21 | of animals. We examined digesta passage time, digestibility, and total gut fill in     |
| 22 | Japanese macaques ( $n = 4$ ) under four diet conditions representing the seasonal     |
| 23 | and regional variations in the diets of wild populations to determine the effects of   |
| 24 | food type and food intake on these digestive features. Food type was                   |
| 25 | associated with mean retention time (MRT), digestibility, and total gut fill. Dry      |
| 26 | matter intake (DMI) of food was positively correlated with total gut fill but not with |
| 27 | MRT or digestibility. Indigestible DMI, on the other hand, affected MRT                |
| 28 | negatively. Thus, when Japanese macaques consume high-fiber foods, MRT                 |
| 29 | becomes shorter and digestibility is lower than eating low-fiber foods.                |
| 30 | Moreover, macaques experience increases in total gut fill when they consume            |
| 31 | high-fiber diets or a large amount of food. Japanese macaques may excrete              |
| 32 | difficult-to-digest food components quickly: they nevertheless buffer an increase      |
| 33 | in food intake by an increase in gut fill. Our study offers new insight into the       |
| 34 | relationship between feeding ecology and nutritional physiology in primates by         |
| 35 | simultaneously examining the effects of food type and intake level on MRT and          |
| 36 | digestibility.   |

38 Key words: digesta passage time; mean retention time; digestibility; total gut

39 fill; Macaca fuscata

# 41 Introduction

| 43 | Animals must absorb nutrients and energy from the foods they ingest               |
|----|---|
| 44 | and digest (Robbins 1983). Since the amount of food they need to eat highly       |
| 45 | depends on how efficiently they can digest food, digestibility must be taken into |
| 46 | account to understand energy balance. Plant foods are rich in hard-to-digest      |
| 47 | structural carbohydrates such as cellulose and hemicellulose. The relatively      |
| 48 | large and/or sometimes compartmentalized gastrointestinal tracts and symbiotic    |
| 49 | gut microbes of herbivores enable them to retain such fibrous foods for a longer  |
| 50 | time period and to carry out adequate bacterial fermentation. In herbivores,      |
| 51 | digestion is a time-dependent process (Clauss et al. 2007), and the longer the    |
| 52 | ingesta is retained in the tract, the better digestibility becomes (Stevens and   |
| 53 | Hume 1998). Mean retention time (MRT) is the most reliable single measure to      |
| 54 | evaluate the digesta passage time. Digestibility becomes higher with an           |
| 55 | increase in MRT values in ungulates (Illius and Gordon 1992; Clauss et al. 2007). |
| 56 | A recent review by Clauss et al. (2008) also found the same positive relationship |
| 57 | between MRT and apparent digestibility of neutral detergent fiber (NDF; largely   |
| 58 | consisting of hemicellulose, cellulose and lignin) among primates, such as        |

lemurs (Edwards and Ullrey 1999a; Campbell *et al.* 2004), howler monkeys, and
colobus monkeys (Edwards and Ullrey 1999b).

There are two types of digestive systems in primates; caeco-colic and 61 62forestomach fermentations (Lambert 1998). Most primate species, including Japanese macaques, are caeco-colic fermenters with a relatively large colon 63 and/or enlarged caecum for extended microbial fermentation. The colobines, 64 like nonruminant herbivorous species such as hippos, tree kangaroos and sloths, 65on the other hand, are forestomach fermenters having an enlarged, sacculated 66 67 forestomach, which enables the animals to carry out extended microbial fermentation (Chivers 1994; Chivers and Langer 1994; Stevens and Hume 1998). 68 In general, caeco-colic fermenting animals feed on foods with relatively 69 70digestible components, whereas forestomach fermenting animals rely on foods with high-fiber contents (Lambert 1998). 71Wild primates feed on various kinds of foods, reflecting seasonal and 72regional differences. Japanese macaques in different regions adopt different 73feeding strategies, and diet composition, activity budget, and home range size 7475are affected by the differences in food availability (Nakagawa 1997; Hanya 2004; Tsuji and Takatsuki 2004). For example, Japanese macaques in both 76

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| 77 | warm-temperate evergreen forests and cool-temperate deciduous forests               |
|----|---|
| 78 | confront difficulties in meeting caloric and nutritional requirements during winter |
| 79 | (Nakagawa et al. 1996). In the evergreen forest of Koshima Island, for example,     |
| 80 | the major food resource for macaques during winter is mature leaves. These          |
| 81 | leaves contain high levels of fiber and low levels of easily digestible             |
| 82 | carbohydrates (Iwamoto 1982), but nevertheless food intake is high enough to        |
| 83 | compensate for the low diet quality. In the deciduous forest of Kinkazan Island,    |
| 84 | on the other hand, macaques feed mainly on winter buds and tree barks, which        |
| 85 | also have a relatively low nutritional quality. These food items are so small that  |
| 86 | the macaques fail to increase food intake enough to offset the low diet quality.    |
| 87 | Based on observations of feeding behavior and nutritional analysis of their foods,  |
| 88 | Nakagawa (1989) revealed that energy intake of Japanese macaques during             |
| 89 | winter was not enough to cover maintenance energy requirements. In addition         |
| 90 | to consumption of fat accumulated during autumn (Wada et al. 1975), Japanese        |
| 91 | macaques may have physiological adaptations that enable them to meet                |
| 92 | nutritional and caloric needs when they confront such bad food conditions. If       |
| 93 | macaques are capable of increasing retention time to prolong time for bacterial     |
| 94 | fermentation under a food shortage, for example, they might need less food and      |

thus could save time and energy searching for foods. Alternatively, they might 95be able to improve digestive activity by increasing total gut fill in response to 96 changes in food conditions, as in some rodent species (EI-Harith et al. 1976; Owl 9798and Batzli 1998; Nava et al. 2005). In this study, we simulated variable food environments that wild 99 100 populations would face using captive Japanese macaques to determine the 101 effects of food type and food intake level on mean retention time (MRT), digestibility and total gut fill as an index of gut intake capacity. We predict that 102 103 MRT becomes longer in response to an increase in indigestible material intake level to have enough time for fiber digestion and prevent a decrease in 104 digestibility. We also examined the prediction that total gut fill increases when 105106 the macaques consume more indigestible materials as reported in rodents. 107 This study offers new insight into the relationship between feeding ecology and 108 nutritional physiology in primates by simultaneously examining the effects of food type and intake level on MRT and digestibility. 109 110

111 Materials and methods

113 Study Subjects

| 115 | We conducted this study on four individually housed adult male                       |
|-----|--|
| 116 | Japanese macaques (mean 13.6 kg body weight; 10.5 years old) at the                  |
| 117 | Research Resource Station of the Primate Research Institute, Kyoto University        |
| 118 | (Table I). All of the animals were born and raised in captivity. Their usual diets   |
| 119 | consist of artificial pellets with moderate-level fibers, along with some fruits and |
| 120 | vegetables such as apples and sweet potatoes. We also give them a piece of           |
| 121 | wood so that they can nibble the tree bark. The animals did not have any of          |
| 122 | these additional food items during each experiment. We carried out the               |
| 123 | experiments from January 21, 2008 to March 29, 2008.                                 |
| 124 |  |
| 125 | Experimental Diets   |
| 126 |  |
| 127 | To investigate the effect of NDF content of food on MRT and digestibility,           |
| 128 | we used high-fiber (NDF 37.5%; Oriental Yeast Co., Ltd.) and low-fiber diets         |
| 129 | (NDF 13.6%, PMI Nutrition International) (Table II). During the first experiment,    |
| 130 | we gave the animals a small amount (166 g/day in dry matter (DM), or180 g/day        |

| 131 | as fed) of high-fiber pellets to study the effects on MRT and digestibility (Table III). |
|-----|--|
| 132 | In the next experiment, we fed them a large amount (230 g DM, 250 g as-fed) of           |
| 133 | the same high-fiber pellets. In the following two experiments, we gave the               |
| 134 | animals low-fiber pellets in the same amounts (Small: 169 g DM, 180 g as-fed;            |
| 135 | Large: 235 g DM, 250 g as-fed). Thus, we set four feeding conditions:                    |
| 136 | High-Small, High-Large, Low-Small and Low-Large. Low-Large represents the                |
| 137 | situation where high-quality food is abundant, whereas High-Small reflects the           |
| 138 | worst case scenario that macaques in deciduous forests would face during                 |
| 139 | winter. Daily dry matter intake (DMI) of High-Small was 166 g and the daily              |
| 140 | energy intake was 531 kcal (physiological fuel value; provided by the                    |
| 141 | manufacturer).   |
| 142 |  |
| 143 | Feeding Trials   |
| 144 |  |
| 145 | Each time before we started feeding the animals a new type of food, we                   |
| 146 | set a 3-day introduction period and a 5-day adaptation period. The first 3 days          |
| 147 | were to gradually change their diets from the original to the experimental ones.         |
| 148 | During the next 5 days, the animals consumed only experimental diets so that             |

| 149 | we could exclude possible effects of the original diets they had previously had, |
|-----|--|
| 150 | although gut microbes may take more than 8 days to adapt to the experimental     |
| 151 | diet. We fed the animals twice a day, at 10:00h and at 15:00h, and quantified    |
| 152 | the amount of food at the individual level. The animals consumed all of the      |
| 153 | food given and water was available ad libitum. We checked body weight of the     |
| 154 | animals before and after each experiment to maintain their good health (Table    |
| 155 | IV).   |
| 156 |  |
| 157 | Measurement of Digesta Passage   |
| 158 |  |
| 159 | We used chromium mordanted onto cell-wall constituents (Cr-CWC;                  |
| 160 | 0.08 g/BW kg) prepared from alfalfa (Medicago sativa) as the particle Cr marker  |
| 161 | and Cobalt-ethylene diaminetetraacetic acid (Co-EDTA; 0.04 g/BW kg) as the       |
| 162 | fluid Co marker (Udén et al. 1980; Caton et al. 1999). We mixed the marker       |
| 163 | dose into a piece of pancake and gave it to the animals at 8:00 on Day 1 of each |
| 164 | trial before their morning meals.  |
| 165 | We set a wire-mesh sheet on four legs under each cage so that we could           |
| 166 | easily separate feces from urine. After marker dosing at 8:00h, we monitored     |

| 167 | the animals every 2 hours for the first 12 hours, then every 4 hours for the next               |
|-----|---|
| 168 | 12 hours (Day 1 - Day 2). We observed the animals every 6 hours for the next                    |
| 169 | 24 hours (Day 2 – Day 3) and every 8 hours for the last 72 hours (Day 3 – Day 6)                |
| 170 | (Sakaguchi et al. 1991). After collecting samples, we deep-froze them                           |
| 171 | immediately at -30 $^{\circ}$ C, and then vacuum-dried them at 60 $^{\circ}$ C until reaching a |
| 172 | constant weight. Next, we ground dried samples and stored them in plastic                       |
| 173 | tubes. For determination of chromium (Cr) and cobalt (Co), we ashed each                        |
| 174 | fecal sample at 550 °C for 6 hours in a muffle furnace. Then we dissolved the                   |
| 175 | ashed samples in 0.1 N hydrochloric acid solution. We determined Cr and Co                      |
| 176 | concentration in the treated sample by atomic absorption spectroscopy (Atomic                   |
| 177 | absorption spectrophotometer AA-660, Shimadzu, Kyoto).  |
| 178 |   |
| 179 | Measurement of Digestibility  |
| 180 |   |
| 181 | We determined apparent digestibility of DM (aD DM) and NDF (aD NDF)                             |
| 182 | in each trial. To carry out nutritional analysis for each feeding trial, we pooled              |
| 183 | all the feces of the last 96 hours, from 8:00h on Day 2 to 8:00h on Day 6, for                  |
| 184 | each animal (Table III). We did not use feces collected prior to this period as an              |

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suggested that complete marker excretion may take over 100 hours.

precaution in addition to the 5-day adaptation period since the marker analysis

- To estimate aD DM, we also needed to determine food intake during the same period. Since we finished the experiment before AM meal on Day 6, we considered the total food intake of each trial as the sum of food given from Day 2 to Day 5. We determined aD NDF in duplicate from 0.5 g samples using the methods of Van Soest *et al.* (1991). After removing crude fat from samples by
- the Soxhlet method with a diethyl-ether extract, we boiled them in an NDF
- 193 solution for 1 hour. We dried the NDF residues and then calculated NDF by
- 194 subtracting the ashed residues from them.
- 195

196 Data Analysis

197

We calculated the particle Cr and fluid Co MRT of each animal according
to the formula of Blaxter et al. (1956):

200  $MRT(h) = \frac{\sum_{i=1}^{N} MiTi}{\sum_{i=1}^{N} Mi}$ 201

where  $M_i$  is the amount of the marker excreted in the *i*th defecation and *n* is the

| 203 | total number of defecations. We regarded $T_i$ as the middle of the sampling                  |
|-----|---|
| 204 | interval so that the calculated MRT would become a better indication of the true              |
| 205 | MRT without frequent sampling (Van Weyenberg et al. 2006).                                    |
| 206 | We used the following formula for apparent digestibility (Robbins 1983):                      |
| 207 |   |
| 208 | $aD(\%) = \frac{\text{Amount consumed - Fecal excretion}}{\text{Amount Consumed}} \times 100$ |
| 209 |   |
| 210 | ,based on an average daily food intake and excretion over 4 days.                             |
| 211 | We estimated the amount of Indigestible DMI (g/kg <sup>0.75</sup> /d) using the               |
| 212 | following formula:  |
| 213 | Indigestible $DMI = DMI - (DMI \cdot A)$  |
| 214 | where A is the fractional digestibility of the diet.  |
| 215 | We calculated total gut fill of the animals as follows (Holleman and White                    |
| 216 | 1989):  |
| 217 | $V = V_N + \frac{V_N \cdot A}{2(1-A)}$  |
| 218 |   |
| 219 | where $V_N$ is the indigestible material fill. Of the two formulae provided by                |
| 220 | Holleman and White (1989), we chose the equation based on the assumption                      |

| 221 | that absorption of ingested food would occur linearly with time. We did not take    |
|-----|---|
| 222 | the fluid Co marker MRT into account since the marker used in this calculation      |
| 223 | must be representative of solid ingesta (Holleman and White 1989).                  |
| 224 | We analyzed MRT values and digestibility using a generalized linear                 |
| 225 | model (GLM), where food type and intake level were independent variables            |
| 226 | (food type: High = 0, Low = 1; food intake level: Large = 0, Small = 1), in R for   |
| 227 | Windows version 2.9.2 (2009 The R Foundation for Statistical Computing). We         |
| 228 | selected the function with the minimum Akaike Information Criterion (AIC) as the    |
| 229 | best-fitted model for each feeding trial. We also analyzed the relationship         |
| 230 | between MRT and digestibility as well as that between indigestible DMI and          |
| 231 | MRT.  |
| 232 |   |
| 233 | Results   |
| 234 |   |
| 235 | Digesta Passage   |
| 236 |   |
| 237 | MRT of both the particle Cr and fluid Co markers became shorter under               |
| 238 | high-fiber diets (Fig. 1). The best-fit model selected for the particle Cr included |

| 239 | only food type (Cr MRT = 12.425 * food type + 35.125, AIC = 110.37, df = 15, F =                          |
|-----|---|
| 240 | 13.553, $P = 0.002$ ). Although the best-fit model for the fluid Co included both                         |
| 241 | food type and food intake level (Co MRT = 16.038 * food type + 5.613 * food                               |
| 242 | intake level + 26.456, AIC = 114.77, df = 15, F = 10.131, P = 0.002), a model                             |
| 243 | including only food type also had a small AIC (Co MRT = 16.038 * food type +                              |
| 244 | 29.262, AIC = 115.28, df = 15, F = 16.614, P = 0.001), suggesting that food type                          |
| 245 | had a stronger effect on the MRT of the fluid Co markers. The differences in                              |
| 246 | MRT for the two diet types were 12 hours for the particle Cr marker (high-fiber:                          |
| 247 | 35.1 $\pm$ 1.9 h, low-fiber: 47.5 $\pm$ 9.3 h; mean $\pm$ SD) and 16 hours in the fluid Co                |
| 248 | marker (high-fiber: 29.3 $\pm$ 3.3 h, low-fiber: 45.3 $\pm$ 10.6 h). The amount of food                   |
| 249 | intake level had no effect on MRT of the both markers.  |
| 250 | The amount of indigestible material in the four diets was largest in                                      |
| 251 | High-Large, then High-Small, Low-Large, and Low-Small (Fig. 2, Table IV).                                 |
| 252 | MRT of both markers became shorter with increasing indigestible DMI                                       |
| 253 | (Pearson's correlation, Cr: <i>r</i> = -0.748, df = 14, <i>P</i> < 0.001, Co: <i>r</i> = -0.819, df = 14, |
| 254 | P < 0.001, Fig. 3), although this relation was not very clear in the high-fiber diets,                    |
| 255 | where the animals consumed a relatively large amount of indigestible materials.                           |
| 256 |   |

257 Digestibility

| 258 | Both aD DM and aD NDF measured in the high-fiber diets were lower                           |
|-----|---|
| 259 | than those of low-fiber diets. The best-fit model selected for aD DM included               |
| 260 | only food type (aD DM = 26.297 * food type + 56.897, AIC = 72.50, df = 15, F =              |
| 261 | 640.73, $P < 0.0001$ ). Both food type and food intake level showed effects on              |
| 262 | aD NDF (aD NDF = 11.469 * food type – 4.601 * food intake level + 54.746, AIC               |
| 263 | = 100.38, df = 15, F = 13.199, $P < 0.001$ ), although food type appeared to be             |
| 264 | more influential than food intake level (aD NDF = 11.469 * food type + 54.746,              |
| 265 | AIC = 102.34, df =15, F = 19.234, P < 0.001; aD NDF = -4.601 * food intake level            |
| 266 | + 60.48, AIC = 114.56, df = 15, F = 1.4065, P = 0.255). High-fiber diets had                |
| 267 | more than 25% lower aD DM compared to low-fiber diets (56.9 $\pm$ 1.9% and 83.2             |
| 268 | $\pm$ 2.3%, mean $\pm$ SD, respectively), and aD NDF of high-fiber diets was also lower     |
| 269 | than that of low-fiber diets (53.6 $\pm$ 4.4% and 62.9 $\pm$ 9.0%, respectively; Table IV). |
| 270 | MRT and aD DM were correlated with each other in the trials with                            |
| 271 | low-fiber diets, but not in those with high-fiber diets (Fig. 4). Since food intake         |
| 272 | did not have an influence on MRT values, we pooled all data from the four trials            |
| 273 | and then divided them into two groups based on food type. As a result, we                   |
| 274 | found a significant correlation between the particle Cr MRT and aD DM in the                |

| 275                      | low-fiber diet trials (Pearson's correlation, Cr: $r = 0.722$ , df = 6, $P = 0.043$ ),  |
|--------------------------|---|
| 276                      | although the slope of the regression was not steep. There was no such   |
| 277                      | significant correlation between the fluid Co MRT and aD DM (Co: $r = 0.695$ , df =  |
| 278                      | 6, $P = 0.056$ ). MRT was not correlated with either aD DM of high-fiber diets  |
| 279                      | (Pearson's correlation, Cr: $r = -0.124$ , df = 6, $P = 0.769$ , Co: $r = 0.432$ , df = 6, $P =$  |
| 280                      | 0.286) or aD NDF of both high-fiber (Cr: $r = 0.285$ , df = 6, $P = 0.494$ , Co: $r =$  |
| 281                      | 0.385, df = 6, $P$ = 0.346) and low-fiber (Cr: $r$ = - 0.036, df = 6, $P$ = 0.933, Co: $r$ = -  |
| 282                      | 0.084, df= 6, $P$ = 0.843) diets.   |
| 283                      |   |
| 284                      | Total Gut Fill  |
| 285                      |   |
| 286                      | Total gut fill was associated with both food type and intake level. The   |
|                          |   |
| 287                      | best-fit model for total gut fill included both food type and intake level (Total gut   |
| 287<br>288               | best-fit model for total gut fill included both food type and intake level (Total gut fill = $-67.309 *$ food type $-28.031 *$ food intake level + 142.044, AIC = 128.30, df  |
| 287<br>288<br>289        | best-fit model for total gut fill included both food type and intake level (Total gut<br>fill = - 67.309 * food type – 28.031 * food intake level + 142.044, AIC = 128.30, df<br>= 15, F = 80.111, $P < 0.0001$ ). Total gut fill became greater when the animal fed  |
| 287<br>288<br>289<br>290 | best-fit model for total gut fill included both food type and intake level (Total gut<br>fill = $-67.309 * food type - 28.031 * food intake level + 142.044$ , AIC = 128.30, df<br>= 15, F = 80.111, <i>P</i> < 0.0001). Total gut fill became greater when the animal fed<br>the diets with either larger amounts or higher fiber levels (Fig. 5). |

**Discussion** 

| 294 | Two limitations of our study may influence our results. First, we used           |  |  |  |  |  |
|-----|--|--|--|--|--|--|
| 295 | NDF rather than acid detergent fiber (ADF) as a parameter of fiber content.      |  |  |  |  |  |
| 296 | ADF permits more precise comparisons because NDF contains partially              |  |  |  |  |  |
| 297 | digestible hemicellulose. When two diets given to gorillas contained similar     |  |  |  |  |  |
| 298 | levels of NDF, the one with high ADF content showed a low digestibility (Remis   |  |  |  |  |  |
| 299 | and Dierenfeld 2004). However, the high-fiber pellets are also likely to be high |  |  |  |  |  |
| 300 | in ADF due to the large difference in NDF levels of the two diets we used (37.5% |  |  |  |  |  |
| 301 | in high-fiber; 13.6% in low-fiber, respectively). Second, we had no information  |  |  |  |  |  |
| 302 | on NDF composition. Hemicellulose is more digestible and lignin is less          |  |  |  |  |  |
| 303 | digestible, so the higher aD NDF of the low-fiber diet might suggest a high      |  |  |  |  |  |
| 304 | hemicellulose content, whereas the high-fiber diet contains more lignin. Such    |  |  |  |  |  |
| 305 | differences in NDF composition may affect aD DM of the two diets. However,       |  |  |  |  |  |
| 306 | even if that was the case, our result would not be very different because of     |  |  |  |  |  |
| 307 | distinct differences in both the NDF content and aD DM of the two diets.         |  |  |  |  |  |
| 308 |  |  |  |  |  |  |
| 309 | Effects of Food Type   |  |  |  |  |  |

| 311 | This study shows that MRT measured in both particle and fluid markers               |
|-----|---|
| 312 | become much shorter when the Japanese macaques feed in the high-fiber diets.        |
| 313 | This tendency has been reported for other primate species including langurs         |
| 314 | (Nijboer et al. 2007) and chimpanzees (Milton and Demment 1988), and is likely      |
| 315 | to e because high-fiber diets contain more indigestible materials, which push the   |
| 316 | digesta out to the gut, and thus shorten the MRT.                                   |
| 317 | Both the apparent digestibility of dry matter and NDF (aD DM, aD NDF,               |
| 318 | respectively) depended on food type. A higher aD DM in the low-fiber diets is       |
| 319 | consistent with the previous studies on lemurs (Edwards and Ullrey 1999a),          |
| 320 | gorillas (Remis and Dierenfeld 2004), orangutans (Schmidt et al. 2009), and         |
| 321 | howler and colobus monkeys (Edwards and Ullrey 1999b), and the same                 |
| 322 | negative correlation exists between aD NDF and fiber contents of diets (Schmidt     |
| 323 | et al. 2009). Since high-fiber foods contain more indigestible material that        |
| 324 | inhibits absorption of nutrients, it is reasonable to find a lower aD DM and aD     |
| 325 | NDF.  |
| 326 | Food type also affects total gut fill of Japanese macaques. Greater                 |
| 327 | total gut fill in the High-Small diet compared to the Low-Large diet implies a more |
| 328 | significant effect of food type than food intake. The differences in total gut fill |

| 329 | among the four diets may indicate the feeding strategy of Japanese macaques in   |
|-----|--|
| 330 | different food environments. When food contains a lot of fiber, the macaques   |
| 331 | can meet their energy requirement either by increasing food intake level or  |
| 332 | decreasing MRT down to a point where digestibility might be compromised (Fig.  |
| 333 | 3). Once their MRT bottoms out due to high indigestible DMI, the macaques  |
| 334 | can react by increasing total gut fill in order to prevent further drops in MRT.   |
| 335 |  |
| 336 | Effect of Food Intake Level  |
| 337 |  |
| 338 | DMI had little effect on both MRT and digestibility in Japanese macaques.  |
| 339 | This result differs from previous studies on herbivores, where MRT became  |
| 340 | shorter as DMI increased (Fryxell et al. 1994; Clauss et al. 2004; Clauss et al.   |
| 341 | 2007), and primates, where a review of studies on 19 species found a significant   |
| 342 | negative correlation between MRT and DMI (Clauss et al. 2008). This  |
| 343 | difference in results may be due to a difference in the range of food intake levels,   |
| 344 | which is expressed as relative DMI (g/kg <sup>0.75</sup> /d). Relative DMI in this study is  |
| 345 | 10.2 - 21.0 g/kg <sup><math>0.75</math></sup> /d (Table IV), which is smaller than the 11 - 118 g/kg <sup><math>0.75</math></sup> /d |
| 346 | range of the previous study (Clauss <i>et al.</i> 2008). However, the food intake level  |

of wild Japanese macaques usually does not range that wide, and the relatively
small range in food intake level (190 - 299 DM g/d over a 6-month period) among
macaques in the evergreen forest of Koshima (Iwamoto 1982) suggests that the
food intake level in our experiment was reasonable.

Indigestible DMI affected the particle Cr marker MRT while food intake 351level had little effect on MRT. The more the animals ingested indigestible 352353materials, the shorter the particle Cr MRT became, although this tendency was very weak in high-fiber diets since MRT becomes more or less constant once 354indigestible DMI reaches a certain level (5 g/kg<sup>0.75</sup>/d, approximately) (Fig. 3). 355The variation in the particle Cr MRT among the four diets (High-Large, 356High-Small, Low-Large, and Low-Small) does not seem to be as great as that 357found in indigestible DMI, since there is little difference in MRT between 358High-Large and High-Small diets (Fig. 1). This may indicate that the amount 359360 of indigestible material in High-Small is high enough to bring MRT close to the minimum level, where additional indigestible material in High-Large would no 361longer affect MRT. 362363 DMI was associated with total gut fill of Japanese macaques.

High-Large diet showed greater total gut intake than High-Small diet, and

| 365                      | Low-Large diet showd greater total gut intake than Low-Small diet (Fig. 5).   |
|--------------------------|---|
| 366                      | Japanese macaques may be capable of increasing DMI by increasing total gut  |
| 367                      | fill when they need to consume a large amount of food. Based on the   |
| 368                      | combined effects of both food type and intake level on total gut fill, we conclude  |
| 369                      | that Japanese macaques have a flexible digestive tract that enables them to   |
| 370                      | deal with different food conditions.  |
| 371                      |   |
| 372                      | The Digestive Strategy of Japanese Macaques   |
| 373                      |   |
| 374                      | The results of this study indicate that aD DM measured in the low-fiber   |
| 375                      | diets become higher when MRT is longer. However, the correlation was small  |
| 376                      | since the range of aD DM (79.4 – 85.6%) was much smaller than that of MRT   |
| 377                      | (Cr: 34.9 - 60.2 h: Co: 31.6 - 59.9 h) Thus we could not firmly conclude that   |
|                          | (01.34.9 - 00.2  h, 00.31.0 - 39.9  h). Thus, we could not himly conclude that  |
| 378                      | aD DM was improved by increased MRT. Compared to low-fiber diets,   |
| 378<br>379               | aD DM was improved by increased MRT. Compared to low-fiber diets,<br>high-fiber diets showed a much smaller range of MRT (Cr: 32.6 – 38.6 h; Co:  |
| 378<br>379<br>380        | aD DM was improved by increased MRT. Compared to low-fiber diets,<br>high-fiber diets showed a much smaller range of MRT (Cr: $32.6 - 38.6$ h; Co:<br>24.6 - 34.2 h), so we could not examine the influence of MRT on aD DM in the                    |
| 378<br>379<br>380<br>381 | aD DM was improved by increased MRT. Compared to low-fiber diets,<br>high-fiber diets showed a much smaller range of MRT (Cr: 32.6 – 38.6 h; Co:<br>24.6 – 34.2 h), so we could not examine the influence of MRT on aD DM in the<br>high-fiber diets. |

A longer MRT is one way to deal with a high-fiber diet because microbial 382

| 383 | fermentation of structural carbohydrates requires time. This is true for                      |
|-----|---|
| 384 | leaf-eating primates such as the colobines (Edwards and Ullrey 1999b; Nijboer                 |
| 385 | et al. 2007), but not for Japanese macaque since they have a shorter MRT and                  |
| 386 | lower aD DM in the high-fiber diets. Our results indicate that the macaques                   |
| 387 | have a flexible digestive system that allows them to deal with various food                   |
| 388 | conditions and that there seems to be a gut capacity threshold around 5 g                     |
| 389 | indigestible DMI/kg <sup>0.75</sup> /d. Below this threshold, the more indigestible materials |
| 390 | the macaques ingest, the shorter MRT becomes. Once they reach the                             |
| 391 | threshold by consuming high-fiber foods or a relatively large amount of low-fiber             |
| 392 | foods, their gut simply expands. These findings suggest that Japanese                         |
| 393 | macaques ensure MRT never becomes too short; not less than 30 h for particles.                |
| 394 | Some rodent species are also known to have a flexible digestive strategy to                   |
| 395 | meet their energy requirements, increasing the size of the digestive tract in                 |
| 396 | response to temperature (Naya et al. 2005) or diet types (El-Harith et al. 1976;              |
| 397 | Owl and Batzli 1998; Naya et al. 2005), suggesting better digestion due to                    |
| 398 | increased fermentative activity.  |
| 399 |   |

400 Implications for the Feeding Ecology of Wild Japanese Macaques

| 402 | Our results indicate that Japanese macaques use different food                     |
|-----|--|
| 403 | processing strategies in different food environments. When low-fiber food is       |
| 404 | available and indigestible DMI range is low, macaques excrete difficult-to-digest  |
| 405 | foods quickly so that they can increase their food intake level. When food         |
| 406 | contains a lot of fiber, they can meet their energy requirement either by          |
| 407 | increasing food intake level or developing a greater total gut fill.               |
| 408 | During winter, macaques in evergreen forests can live on mature leaves,            |
| 409 | which are low in energy content (Iwamoto 1982). However, since leaves are          |
| 410 | large in size, they can stuff themselves with such food in a short feeding time.   |
| 411 | In such a food environment, the macaques may meet their energy requirements        |
| 412 | by increasing food intake level and/or by developing a greater gut fill. In winter |
| 413 | deciduous forests, on the other hand, few mature leaves are available and          |
| 414 | macaques eat mainly winter buds and tree barks, which reduce intake rate and       |
| 415 | are difficult to digest (Nakagawa 1989). These animals must therefore survive      |
| 416 | even severer food conditions. Macaques in deciduous forests lose their body        |
| 417 | weight in winter by consuming fat deposited during autumn (Wada 1975; Wada         |
| 418 | et al. 1975; Koganezawa 1995). One possible way to deal with such a situation      |

| 419 | is to increase gut capacity so that they can retain indigestible materials in the gut |
|-----|---|
| 420 | long enough to maintain fiber digestibility. Having an almost constant particle       |
| 421 | MRT in the high indigestible DMI range may imply such an ability. The fact that       |
| 422 | the fecal microflora of wild Japanese macaques in a snowy district was different      |
| 423 | from that of captive ones (Benno et al. 1987) might also imply that wild Japanese     |
| 424 | macaques have another digestive function de to unique intestinal microflora           |
| 425 | Thus, our finding might not fully explain feeding adaptations in wild Japanese        |
| 426 | macaques and further study of wild macaques is required.                              |

In conclusion, we found that the digestibility of high-fiber food is lower 428than that of low-fiber food regardless of food intake level. Our findings suggest 429that Japanese macaques are capable of dealing with various food conditions by 430adopting different food processing strategies, under the strong influence of 431indigestible DMI level. Macaques excrete difficult-to-digest materials quickly in 432the low indigestible DMI range, while they have a constant MRT once 433indigestible DMI exceeds a threshold. These results demonstrate the need to 434435take food type or indigestible DMI into account when comparing MRT and digestibility within or among primate species. 436

438

439 Acknowledgements

440

The authors are grateful to Yoshiaki Kamanaka and Mayumi Morimoto of 441 442the Center for Human Evolution Modeling Research, Primate Research Institute, 443Kyoto University (KUPRI), and Kiyonori Kumazaki and Naoko Suda of the Research Resource Station, KUPRI for their great support in carrying out the 444 445experiments. We are also thankful for the help of the members of the Laboratory of Animal Nutrition, Okayama University, in marker analysis. We 446 appreciate Dr. Marcus Clauss, anonymous reviewer and the editor of this journal 447448 as well as the staff of KUPRI giving us helpful comments and advice on this study. Our study complied with the guidelines in KUPRI 's "Guide for the Care 449 450and Use of Laboratory Primates". This research has been approved by the ethics committee of KUPRI and financially supported in part by the Global 451Center of Excellence Program "Formation of a Strategic Base for Biodiversity 452453and Evolutionary Research: from Genome to Ecosystem" of the Ministry of Education, Culture, Sports and Technology (MEXT), Japan. 454

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| 571 |  |
| 572 |  |
| 573 |  |

#### 574 Figure legends

575

- 576 Fig. 1 Mean retention time (MRT; h) of two markers by Japanese macaques
- among four feeding conditions. Box indicates upper and lower quartiles;
- 578 horizontal line indicates the median; whiskers indicate the range.
- 579 Fig. 2 Indigestible DMI in four feeding conditions.
- 580 Fig. 3 The relationship between indigestible DMI and particle Cr MRT.
- 581 Fig. 4 Relationships between MRT of the markers and apparent digestibility.
- (a) aD DM (b) aD NDF with the particle Cr marker MRT, (c) aD DM and (d)
- aD NDF with the fluid Co marker MRT.
- 584 Fig. 5 Total gut fill in four feeding conditions.

585

586

587 Table I. Details of the animals used in this study

| Species    | Animal | Born | Age (year) | Origin  | Sex  | BW (kg) |
|------------|--------|------|------------|---------|------|---------|
| M. fuscata | 1      | 1995 | 13         | Captive | Male | 13.2    |
| M. fuscata | 2      | 1995 | 13         | Captive | Male | 16.4    |
| M. fuscata | 3      | 1997 | 11         | Captive | Male | 14.7    |
| M. fuscata | 4      | 1999 | 9          | Captive | Male | 11.8    |

589 BW (body weight) was measured on January 20<sup>th</sup>, 2008, a day prior to the start

590 of the first experiment.

591

## 592 Table II. Major nutritional values of two commercial pellets and energy intake of

|                                     | High-Fiber * | Low-Fiber **      |
|-------------------------------------|--------------|-------------------|
| Crude protein (%)                   | 18.6         | 25.9              |
| Crude fat (%)                       | 3.4          | 4.7               |
| NDF (%)                             | 37.5         | <sup>a</sup> 13.6 |
| Crude ash (%)                       | 12.1         | 5.7               |
| Physiological fuel value (kcal / g) | ) 2.95       | 3.40              |
| kcal / Large                        | 737.5        | 850.0             |
| kcal / Small                        | 531.0        | 612.0             |

595 All values are expressed on a fresh basis.

596 NDF (neutral detergent fiber) = hemicellulose, cellulose and lignin

597 Physiological fuel value (kcal / g) = Sum of decimal fractions of proteins, fat and

carbohydrate x 4, 9, 4 kcal / g, respectively

- <sup>599</sup> \* Diet for Zoo Animal (ZF), Oriental Yeast Co. Ltd, Tokyo
- 600 \*\* Certified Primate Diet, PMI Nutrition International, Montana
- <sup>601</sup> <sup>a</sup> Data from Sakaguchi *et al.* (1999)
- 602

594

Table III. Mean ± SD food intake and feces excretion for each feeding trial

|            | Food         | l intake        | Feces        | excretion      |
|------------|--------------|-----------------|--------------|----------------|
| Diet       | As fed (g)   | DM (g)          | DM (g)       | Frequency      |
| High-Large | 1002.8 ± 2.3 | 921.5 ± 2.2     | 400.2 ± 14.6 | $14.0 \pm 0.0$ |
| High-Small | 723.3 ± 0.1  | 664.7 ± 0.1     | 284.2 ± 15.5 | 11.8 ± 1.5     |
| Low-Large  | 1004.7 ± 0.6 | $940.0 \pm 0.6$ | 155.4 ± 20.7 | 10.3 ± 1.5     |
| Low-Small  | 722.9 ± 0.2  | 676.3 ± 0.2     | 117.7 ± 16.1 | 9.0 ± 1.4      |

| 605 | Food intake is expressed both in fresh (As fed) and dry matter (DM).              |
|-----|---|
| 606 | Frequency indicates the number of times that we collected fecal samples out of    |
| 607 | 14 collection times. All values are measured over 96 hours excluding first 24     |
| 608 | hours.  |
| 609 | High-Large = high-fiber diet in a large amount; High-Small = high-fiber diet in a |
| 610 | small amount; Low-Large = low-fiber diet in large amount; Low-Small = low-fiber   |
| 611 | diet in small amount  |

| Diet       | Animal | BW           |            | DMI     | indigestible DMI            | MRT     |                             | aD     |        |        |         |
|------------|--------|--------------|------------|---------|-----------------------------|---------|-----------------------------|--------|--------|--------|---------|
|            |        | Initial (kg) | Final (kg) | (g/day) | (g/kg <sup>0.75</sup> /day) | (g/day) | (g/kg <sup>0.75</sup> /day) | Cr (h) | Co (h) | DM (%) | NDF (%) |
| High-Large | e 1    | 13.2         | 13.0       | 230.1   | 33.2                        | 96.0    | 13.9                        | 35.3   | 31.9   | 58.3   | 48.2    |
|            | 2      | 16.4         | 16.4       | 230.3   | 28.3                        | 99.0    | 12.2                        | 34.4   | 26.3   | 57.0   | 55.6    |
|            | 3      | 14.7         | 13.5       | 230.2   | 30.7                        | 104.8   | 14.0                        | 37.1   | 28.4   | 54.5   | 52.7    |
|            | 4      | 11.8         | 10.7       | 231.2   | 36.3                        | 100.4   | 15.8                        | 35.2   | 24.6   | 56.6   | 55.1    |
| High-Small | 1      | 13.0         | 12.6       | 166.1   | 24.3                        | 70.5    | 10.3                        | 34.2   | 32.5   | 57.5   | 48.9    |
| 0          | 2      | 16.3         | 15.9       | 166.1   | 20.5                        | 69.7    | 8.6                         | 38.6   | 34.2   | 58.0   | 55.3    |
|            | 3      | 14.2         | 13.7       | 166.1   | 22.7                        | 67.4    | 9.2                         | 32.6   | 28.8   | 59.4   | 53.6    |
|            | 4      | 11.6         | 11.6       | 166.1   | 26.4                        | 76.6    | 12.2                        | 33.6   | 27.4   | 53.9   | 50.1    |
| Low-Large  | 1      | 12.8         | 12.5       | 235.3   | 34.8                        | 33.9    | 5.0                         | 49.9   | 51.2   | 85.6   | 64.9    |
| 0          | 2      | 16.3         | 16.2       | 235.2   | 29.0                        | 38.9    | 4.8                         | 42.7   | 41.3   | 83.4   | 71.9    |
|            | 3      | 14.0         | 13.7       | 235.0   | 32.5                        | 36.5    | 5.0                         | 48.8   | 40.5   | 84.4   | 68.7    |
|            | 4      | 11.2         | 10.6       | 234.8   | 38.4                        | 46.0    | 7.5                         | 34.9   | 31.6   | 80.4   | 66.6    |
| Low-Small  | 1      | 13.0         | 12.9       | 169.1   | 24.7                        | 25.2    | 3.7                         | 56.0   | 55.2   | 85.1   | 52.3    |
|            | 2      | 16.4         | 16.6       | 169.1   | 20.7                        | 26.3    | 3.2                         | 53.0   | 51.0   | 84.5   | 66.9    |
|            | 3      | 13.5         | 14.1       | 169.1   | 24.0                        | 29.3    | 4.2                         | 60.2   | 59.9   | 82.7   | 65.2    |
|            | 4      | 10.7         | 11.1       | 169.0   | 28.6                        | 34.8    | 5.9                         | 34.9   | 31.7   | 79.4   | 54.9    |

Table IV. Food and indigestible intake, MRT, digestibility and body weight of the animals under four feeding conditions 

| 617 | Diet: High = high-fiber diet, Low = low-fiber diet, Large = large amount, Small =  |
|-----|--|
| 618 | small amount; Initial BW = body weight of the animals measured before each         |
| 619 | feeding trial; Final BW = body weight measured after each trial; DMI = dry matter  |
| 620 | intake; MRT = mean retention time of the two markers (Cr: particle, Co: fluid); aD |
| 621 | DM = apparent DM digestibility; aD NDF = apparent NDF digestibility                |