Dynamic hip joint stiffness in individuals with total hip arthroplasty: Relationships between hip impairments and dynamics of the other joints.

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Dynamic hip joint stiffness in individuals with total hip arthroplasty: Relationships between hip impairments and dynamics of the other joints

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ABSTRACT

Background.

Little is known about hip joint stiffness during walking (dynamic joint stiffness) and the effect of hip impairments on biomechanical alterations of other joints in patients with total hip arthroplasty.

Methods.

Twenty-four patients (mean age 61.7 years) who underwent unilateral (n = 12) or bilateral total hip arthroplasty (n = 12) and healthy subjects (n = 12) were recruited. In addition to kinematic and kinetic variables, dynamic hip joint stiffness which was calculated as an angular coefficient of linear regression of the plot of the hip flexion moment versus hip extension angle during the late stance of gait, was measured. Group differences were compared using one-way ANOVA and Tukey’s post-hoc test, and relationships between primary hip impairments and secondary gait impairments were found using partial correlation coefficients adjusted for gait speed and stride length.

Findings.

Dynamic hip joint stiffness was 47% higher on the side with the more pronounced limp in patients with bilateral arthroplasty than in healthy controls. In the same patients, increased dynamic hip joint stiffness was significantly associated especially with increased ankle plantarflexion moment on the ipsilateral side. In patients with unilateral arthroplasty,
decreased hip power was significantly related to increased ankle plantarflexor power, only on the non-operated side.

**Interpretation.**

We found that dynamic hip joint stiffness was an important factor in assessing relationships between hip impairments and dynamics in other joints, especially in patients with bilateral total hip arthroplasty. The effects of altering hip joint stiffness on gait biomechanics need to be explored.

**Keywords:** Gait analysis; Total hip arthroplasty; Joint stiffness; Joint power
1. Introduction

Total hip arthroplasty (THA) is a widely used and popular method of treating patients with hip osteoarthritis. However, despite the success of the surgery, many studies examining gait in patients who underwent THA have reported residual hip impairments, such as decreased hip extension, decreased hip flexor-extensor and abductor moments of force, and decreased hip power, especially in late stance (Beaulieu et al., 2010; Foucher et al., 2007; Loizeau et al., 1995; Madsen et al., 2004; Miki et al., 2004; Nantel et al., 2009; Perron et al., 2000).

Hip impairments during gait persisting in patients with THA are related to concomitant modifications in the neighboring joints (Perron et al., 2000). Diminished hip extension during gait was correlated with increased knee flexion and occurred simultaneously with increased ankle dorsiflexion and increased pelvic anterior tilt (Miki et al., 2004; Perron et al., 2000). More importantly, increased ankle plantarflexion moment, power, and energy during walking have been observed in patients with THA (Loizeau et al., 1995; Perron et al., 2000). According to these earlier studies, it appears that hip impairments during gait and changes of dynamics in other joints (e.g., increased ankle plantarflexion moment) are most clearly present in late stance; therefore, we need to focus on biomechanical alterations in late stance during gait in patients with THA. Greater moment and power in joints other than the hip joint could be related to higher mechanical load on the joints, possibly causing muscle fatigue, joint pain, or
osteoarthritic change in knee or ankle joints, which are often present as secondary impairments in patients with THA (Bessette et al., 2003; Umeda et al., 2009). However, it is still not clear which hip impairments affect kinetic alterations in other joints, such as increased ankle moment and power in patients with THA. Although decreased hip extension during walking is the gait impairment generally observed in patients with THA (Miki et al., 2004; Perron et al., 2000), a significant correlation between decreased hip extension and increased ankle moment and power has not been identified. Possibly, it might be necessary to investigate an alternative gait parameter that could be related to biomechanics in the other joints.

From a biomechanical perspective, joint stiffness during walking -dynamic joint stiffness- can be estimated directly by using 3-dimensional gait analysis. Dynamic joint stiffness has been defined as the change in joint moment divided by the change in joint angle (Butler et al., 2003; Farley et al., 1998), and it can be determined by calculating the slope of the line in which the joint moment is plotted against the joint angle (Butler et al., 2003; Davis and DeLuca, 1996; Farley et al., 1998). Dynamic joint stiffness differs from passive joint stiffness in that the former may result from active muscle contraction (either eccentric or concentric) and/or through passive soft tissue strain (Davis and DeLuca, 1996).

Recently, higher dynamic joint stiffness in the knee has been observed in patients with knee osteoarthritis (Dixon et al., 2010; Zeni and Hingginson, 2009). While some level of stiffness is required for optimal utilization of the stretch-shortening cycle and maintenance of
joint stability, too much stiffness may be associated with bone and joint impairments such as stress fractures and osteoarthritis (Butler et al., 2003; Childs et al., 2004; Schmitt and Rudolph, 2008). Furthermore, increased dynamic joint stiffness is also associated with increased mechanical load on other joints (Hamill et al., 2009). However, it is currently unknown whether patients with THA have higher dynamic joint stiffness in the hip. If this is the case, dynamic joint stiffness may affect biomechanics, not only in the hip joint but also in other joints.

Moreover, to date, no studies have examined the influence of hip impairments on gait adaptation for patients who underwent bilateral vs. unilateral THA separately despite the fact that a difference in gait ability between the two groups has been noted previously (Berman et al., 1991; Wykman and Olsson, 1992). Patients with unilateral THA may actively utilize the non-operated side rather than the operated side to compensate for hip impairments. The purposes of this study were (1) to evaluate dynamic hip joint stiffness, in addition to joint angle, moment, and power at the hip and other joints, in patients with bilateral or unilateral THA relative to healthy individuals, and (2) to investigate the influence of hip impairments including dynamic hip joint stiffness on kinematic and kinetic variables of other joints in both patients who underwent unilateral and bilateral THA. We hypothesized that dynamic hip joint stiffness would be higher in patients with THA than in healthy individuals, and that increased dynamic hip joint stiffness would relate to increased moment and power production at the knee.
or ankle.

2. Methods

2.1. Subjects

To avoid the period when a major change is produced in gait ability after an operation (Madsen et al., 2004; Miki et al., 2004; Tanaka et al., 2009), 24 female patients who underwent THA more than 6 months previously and had completed standard postoperative rehabilitation were recruited from a local patient association. Twelve patients who had undergone bilateral THA, and the other twelve patients who had undergone unilateral THA. Their age range was 50–74 years (61.7 (6.8); mean (SD)). Their body weight range was 38.4–89.8 kg (52.3 (10.4)), and their height range was 144.0–167.0 cm (153.9 (5.5)). Their body mass index range was 16.6–32.2 (22.0 (3.6)). The Harris hip score range of the patients was 61–99 points (86.3 (10.9)). The indication for replacement was painful hip osteoarthritis, and the range of implantation time was 10–56 months (35.0 (15.5)). Although there was a range of implantation time, no significant correlation between implantation time and any gait variable and no significant difference in implantation time between patients with bilateral and unilateral THA were observed. Patients were excluded from the study if they had musculoskeletal conditions other than THA or if they had been diagnosed with neurological
disorders or cardiovascular disease that limited their function. Patients with leg-length discrepancies of over 20 mm were excluded because such discrepancies are expected to significantly impair walking ability (Gurney, 2002). Patients were all able to walk independently without an assistive device. Age-matched control participants (12 females) were recruited for the study. All of the control participants were free from orthopedic, neurological, and cardiovascular abnormalities. Participants provided informed consent, and the protocol was approved by the Ethics Committee of the Kyoto University Graduate School and Faculty of Medicine.

2.2. Gait measurement

Body kinematics were recorded using a 6-camera Vicon motion system (Vicon Nexus; Vicon Motion Systems Ltd. Oxford, England) at a sampling rate of 200Hz. The subjects were clothed in close fitting shorts and T-shirts, and reflective markers were attached to the body of each participant according to the Vicon Plug-in-Gait marker placement protocol (lower body) by a single investigator. Sixteen markers were placed bilaterally on the anterior superior iliac spine, posterior superior iliac spine, lateral thigh, lateral femoral epicondyle, lateral shank, lateral malleolus, second metatarsal head, and calcaneus. All data were low-pass filtered using a Woltring filter with a cut-off frequency of 6 Hz. Two force plates (Kistler Japan Co., Ltd. Tokyo, Japan) were used to measure the ground reaction force at a sampling rate of 1000 Hz.
Before data collection, each camera was calibrated, and the force plates were balanced. The subjects were allowed to walk on the walkway at least 10 times to familiarize themselves with the environment before the actual trials. Walking was recorded at self-selected speed. At least 3 successful trials for each subject were recorded for subsequent analysis.

2.3. Data reduction

We analyzed data of both sides for patients with unilateral or bilateral THA. For each patient with bilateral THA, the affected side exhibiting the more pronounced limp was determined by observational gait analysis performed by 2 physical therapists, one with 12 years of experience, and the other with 9 years of experience. The determination by the 2 examiners was completely in agreement for all patients. The non-dominant leg was analyzed for control participants. The leg used to kick a ball was identified as the dominant leg.

Vicon Clinical Manager software was used to calculate the basic gait parameters (walking speed, stride length), relative angles between coordinate systems of each segment in the lower limb, and to estimate the moment and power in each joint from kinematic data and ground reaction force. The peak values of the joint angle, moment, and power were calculated in the sagittal plane. The joint moments were expressed as internal moments. The peak values of the powers were labeled according to Eng and Winter (1995). At the hip, H1 represents power generation by the hip extensors, H2 represents absorption of power by hip flexors, and
H3 corresponds to generation of power by the hip flexors. The power phases of the knee were defined as power absorption by the knee extensors in the early stance (K1) and in late stance phase (K3), and power generation by the knee extensors (K2). At the ankle, power absorption (A1) and power generation (A2) by the ankle planter flexors were defined. The values for joint moment (in Newton-meters) and power (in Watts) were normalized with respect to subject body mass (in kilograms).

Dynamic joint stiffness at the hip was calculated for each trial. Dynamic joint stiffness was expressed by plotting the values of hip flexion moment versus hip extension angle during late stance, from the onset of the hip flexion moment to the angle at which the hip reached its peak extension (Fig. 1). The angular coefficient of linear regression during late stance corresponded to the joint stiffness index as described in previous studies (Davis and DeLuca, 1996; Frigo et al., 1996; Galli et al., 2008). Mean values from three trials for each of the 3 sessions were calculated and used for analysis.

2.4. Statistical analysis

The SPSS 17.0 statistical analysis package (SPSS Inc.) was used for all the statistical analyses of the present study. Demographic characteristics of the patients and control group were compared by one-way analysis of variance (ANOVA) and Tukey’s post-hoc test. Comparisons of the spatiotemporal, kinematic, and kinetic variables during gait, and dynamic joint stiffness of the hip among the 3 groups were performed using one-way ANOVA and
Tukey’s post-hoc test. We calculated partial correlation coefficients between hip impairments and other gait variables adjusted for gait speed and stride length, for patients with unilateral vs. bilateral THA. For the correlation analysis, only hip variables for which significant differences were confirmed by the comparison between patients and the control group were included as hip impairments. If several correlations between hip impairments and variables in the other joints were detected, a stepwise multiple regression analysis was performed. Additionally, we evaluated the relationship between dynamic hip joint stiffness and potentially relevant variables (i.e., hip extension angle and hip flexion moment). The statistical significance was set at the level of \( P < 0.05 \).

3. Results

3.1. Demographic characteristics and Harris hip score

There was no significant difference among the groups regarding age, weight, height, and body mass index. There was no significant difference in the Harris hip score between the unilateral and bilateral THA groups (Table 1).

3.2. Comparison of gait parameters between groups

There were no significant differences in gait speed and stride length among the groups
Dynamic hip joint stiffness was significantly different, with an increase of 47%, between the control group and the side exhibiting the more pronounced limp in the bilateral THA group (Fig. 2).

Although there was no significant difference in the joint angle and moment between the unilateral THA group and the control group (Fig. 3-A, B), the unilateral THA group exhibited significantly decreased hip flexor power absorption (H2) on the ipsilateral side and decreased hip flexor power generation (H3) on both sides compared with the values in the control group (Fig. 3-C). In addition, the contralateral side of the unilateral THA group showed significantly greater hip extension angle than the more affected side of the bilateral THA group.

The bilateral THA group exhibited a significantly smaller hip extension angle, flexion moment, H2, and H3 on the both sides relative to those of the control group (Fig. 3-A, B, C).

By contrast, the bilateral THA group had significantly greater ankle plantarflexor power generation (A2), especially on the more affected side, than the control group (Fig. 3-C).

### 3.3. Relationships among dynamic hip joint stiffness, hip extension angle, and hip flexion moment

In the unilateral THA group, increased dynamic hip joint stiffness was significantly associated with decreased hip extension angle ($r = -0.84$, $P < 0.01$); however, there were no
significant relationships between dynamic hip joint stiffness and hip flexion moment ($r = -0.36, P = 0.31$). In the bilateral THA group, no significant correlations were found between dynamic hip joint stiffness and hip extension angle ($r = -0.18, P = 0.62$) or between dynamic hip joint stiffness and hip flexion moment ($r = -0.05, P = 0.88$).

3.4. Relationship between hip impairments and gait parameters in the unilateral and bilateral THA groups

3.4.1. Correlations in the unilateral THA group

Significant correlations between hip flexor power absorption and generation ($H_2$ and $H_3$), which were lower than the control group, and other gait variables are shown in Table 2. The decreased $H_2$ was significantly related to the increased ankle plantarflexor power absorption ($A_1: r = -0.76, P = 0.01$) and increased ankle plantarflexor power generation ($A_2: r = -0.76, P = 0.01$).

3.4.2. Correlations in the bilateral THA group

Patients with bilateral THA showed significant increases in dynamic hip joint stiffness and significant decreases in the hip extension angle, hip flexion moment, and hip flexor power absorption and generation ($H_2$ and $H_3$) compared with those in the control group; therefore, relationships between these hip impairments and other gait variables were investigated.
Increased dynamic hip joint stiffness was significantly associated with increased ankle plantarflexion moment ($r = 0.89$, $P < 0.01$; $r = 0.83$, $P < 0.01$) and ankle plantarflexor power generation ($A2: r = 0.78$, $P < 0.01$; $r = 0.83$, $P < 0.01$) on both sides and with increased ankle plantarflexor power absorption ($A1: r = 0.75$, $P = 0.01$) on the contralateral side (Table 3). In addition, increased dynamic hip joint stiffness was also significantly related to the increased hip extensor power generation ($H1$) on the ipsilateral side ($r = 0.64$, $P = 0.04$) and the contralateral side ($r = 0.72$, $P = 0.02$; Table 3). In multiple regression analysis, ankle plantarflexion moment on the ipsilateral side was taken as an independent variable for dynamic hip joint stiffness (adjusted $R^2 = 0.64$, $P < 0.01$).

Furthermore, decreased hip flexor power generation ($H3$) was significantly correlated with increased knee extensor power absorption ($K1$) on the contralateral side ($r = 0.74$, $P = 0.01$; Table 3).

4. Discussion

The primary findings of the current study were that dynamic hip joint stiffness was higher in the bilateral THA group than in the control group, and increased dynamic hip joint stiffness was associated especially with increased ankle plantarflexion moment for patients with bilateral THA. We also found that in the unilateral THA group, decreased hip flexor
power in late stance was related to increased ankle plantarflexor power on the non-operated side.

There were no significant differences in gait speed and stride length among the groups in the present study. This result agrees with the findings of a previous study by Berman et al. (1991), who showed that, after the 12th postoperative month, gait speed was not significantly different between normal individuals and patients with unilateral or bilateral THA. This similar gait speed among groups allowed us to compare the kinematic and kinetic variables because large differences in gait velocity may influence gait biomechanics (Lelas et al., 2003).

The primary purpose of this study was to evaluate hip joint stiffness during walking in patients with bilateral or unilateral THA relative to that in healthy individuals. As a result of group comparison, patients with bilateral THA exhibited higher dynamic hip joint stiffness on the side with the more pronounced limp than healthy controls in spite of the same gait speed and stride length in the 2 groups (Fig. 2). In general, increased dynamic hip joint stiffness in late stance is thought to result from decreased hip extension angle and increased hip flexion moment. However, in our results, dynamic hip joint stiffness in the bilateral THA group did not have a significant relationship with the hip extension angle and the hip flexion moment. This finding suggests the importance of including dynamic hip joint stiffness as a variable in the gait analysis of patients with THA. On the other hand, the unilateral THA group showed no significant increase of dynamic hip joint stiffness. The hip extension angle of the opposite side
in patients with unilateral THA was larger than that of the more affected side of patients with bilateral THA. The opposite hip joint, in which the flexibility was relatively maintained, might influence the motion of the operated hip joint through the pelvis, and consequently, bilateral hip joint stiffness may not be increased excessively in patients with unilateral THA.

In late stance, uniarticular hip flexors and some passive hip structures (e.g., ligaments, tendon, and tissue) are stretched due to hip extension. Furthermore, eccentric contraction of the hip flexor muscle followed by concentric contraction will control the forward movement of the center of mass and pull the leg into the swing phase (McGibbon, 2003; Sadeghi et al., 2001). Therefore, dynamic hip joint stiffness as calculated in the current study represents stiffness of the passive hip structure with eccentric contraction of the hip flexor muscle. A previous study has reported persistent muscle atrophy and fat infiltration in the iliopsoas in patients 2 years after THA (Rasch et al., 2009). This persistent muscle dysfunction estimated from the previous study and the lower hip extension excursion detected in the current study may comprise a stiffening strategy to stabilize the affected hip joint during late stance. Meanwhile, excessive dynamic joint stiffness would result in increased bone and joint load (Butler et al., 2003), potentially causing changes of the loading condition on the implant and possibly resulting in a higher risk of implant loosening (Kilgus et al., 1991; Kleemann et al., 2003). Therefore, emphasis on the assessment of dynamic hip joint stiffness would be needed, especially for patients with bilateral THA.
The secondary purpose of the current study was to investigate the relationships between hip impairments and changes of dynamics in the other joints in patients with unilateral or bilateral THA separately. For the bilateral THA group, increased dynamic hip joint stiffness was significantly associated especially with increased ankle plantarflexion moment of the ipsilateral side. Increased ankle plantarflexion moment has already been reported for patients who underwent THA (Perron et al., 2000). However, to date, which hip impairment affects the increase in ankle moment is unknown. The current study provides the first indication that higher dynamic hip joint stiffness can lead to higher ankle plantarflexion moment, especially in the patients after bilateral THA. In the current study, this relationship was elucidated by analyzing dynamic hip joint stiffness in addition to the conventional gait variables. Some level of joint stiffness is required for efficient utilization of the stored elastic energy in the musculoskeletal system (Butler et al., 2003). However, excessive joint stiffness could inhibit the storage of energy in the muscle (Butler et al., 2003), resulting in a loss of the functional role of the hip flexor muscle, which pulls the leg forward to assist with swing initiation. Ankle plantarflexor muscles also contribute to forward progression of the leg into the swing phase (Neptune et al., 2001), thus swing initiation can be achieved by interaction and coordination between the hip flexor and ankle plantarflexor muscles (McGibbon, 2003; Sadeghi et al, 2001). Therefore, increased ankle plantarflexion moment might be interpreted as a compensatory mechanism for the increased hip joint stiffness that would be related to decreased hip flexor
muscle function during late stance.

On the other hand, in the unilateral THA patients, there was no significant relationship between hip impairments and ankle plantarflexion moment and power on the ipsilateral side, even though these patients had lower hip flexor power absorption (H2) and generation (H3) than the healthy controls. How did patients with unilateral THA compensate for hip impairments to walk at the same speed as healthy controls? Interestingly, decreased H2 on the operated side was significantly related to the increased ankle plantarflexor power absorption and generation (A1 and A2) on the contralateral side (Table 2). This finding indicates that the patients with unilateral THA tend to actively utilize ankle plantarflexor power on the non-operated side, rather than increase ankle power on the operated side.

In the bilateral THA group, decreased hip flexor power generation (H3) was related to increased knee extensor power absorption during early stance (K1) on the contralateral side (Table 3). A previous study utilizing radiographic evaluation has reported that 33% of subjects with unilateral THA showed progression of osteoarthritis on the contralateral knee (Umeda et al., 2009). Although the prevalence of knee osteoarthritis in patients with bilateral THA has not been investigated, our results suggested that patients with bilateral THA who have greatly diminished hip power in late stance might develop knee pathology on the contralateral side.

Some limitations to the present study should be mentioned. Because we excluded patients with comorbidities, the patients in this study consisted of relatively healthy
post-operative patients. Different results may be obtained from patients with knee and ankle impairments or patients in the acute stage after the operation. Another limitation was that contributing factors such as passive and active elements that alter dynamic hip joint stiffness were not clearly discriminated. Therefore, the most effective therapeutic approach for the reduction of dynamic hip joint stiffness remains unknown. Butler et al. (2003) suggested that dynamic joint stiffness is altered through the retraining of movement patterns and that the alteration can influence the loads experienced by the lower extremities. Further research is warranted on contributing factors and effective approaches for dynamic hip joint stiffness in patients with THA.

5. Conclusions

Patients with bilateral THA exhibited increased dynamic hip joint stiffness on the side exhibiting the more pronounced limp compared with the gait of healthy normals. In patients with bilateral THA, increased dynamic hip joint stiffness was associated especially with increased ankle plantarflexion moment on the ipsilateral side. Additionally, lower hip power generation in late stance was related to greater power absorption on the contralateral knee joint in the early stance. Meanwhile, in patients with unilateral THA, decreased hip power was associated with increased ankle power on the non-operated side. Clinicians may need to focus
on releasing dynamic hip joint stiffness as well as increasing hip power to prevent overload at
the knee and ankle joints during postoperative rehabilitation for patients with THA.

**Acknowledgements**

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from the Ministry of Education, Culture, Sports, Science and Technology.

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influencing the improvement of gait ability after total hip arthroplasty. J. Arthroplasty. 29, 1–4.


Hip flexion-extension moment (Nm/Kg)

Flexion

Hip flexion-extension angle (degrees)

Initial contact

Toe off

y = 0.051x − 0.327

Hip joint stiffness = 0.051

Fig. 1.
Fig. 2. (Nm/kg degree)

- Control group
- Unilateral THA group; contralateral side
- Unilateral THA group; ipsilateral side
- Bilateral THA group; contralateral side
- Bilateral THA group; ipsilateral side

(i.e. side exhibiting the more pronounced limp)

$P = 0.04$
Fig. 3.

(A) (degree)

- Hip Flexion
- Extension
- Knee Extension
- Flexion
- Ankle DF
- PF

(B) (Nm/kg)

- Hip Extension
- Flexion
- Knee Extension
- Flexion (early stance)
- Extension (late stance)
- Ankle DF
- PF

(C) (W/kg)

- H1
- H2
- H3
- K1
- K2
- K3
- A1
- A2

- Control group
- Unilateral THA group; contralateral side
- Unilateral THA group; ipsilateral side
- Bilateral THA group; contralateral side
- Bilateral THA group; ipsilateral side (i.e. side exhibiting the more pronounced limp)

P-values:
- P = 0.04
- P < 0.01
- P < 0.01
- P = 0.03
- P < 0.01
- P < 0.01
- P = 0.03
- P = 0.02
- P < 0.01
- P < 0.01
- P < 0.01
- P = 0.03
Figure legends

Fig. 1. Hip angle-moment plot during the gait cycle for a patient. Dynamic joint stiffness at the hip was calculated as the slope of the linear regression line during the late stance (thick line) from the onset of the hip flexion moment (a) to the angle at which hip reached its peak extension (b).

Fig. 2. Differences in hip dynamic joint stiffness. The bilateral THA group had significantly higher hip stiffness on the ipsilateral side than the control group.

Fig. 3. Group differences in joint angle (A), joint moment (B), joint power (C), and hip dynamic joint stiffness during gait. DF, dorsiflexion; PF, plantarflexion; H1, hip extensor power generation; H2, hip flexor power absorption; H3, hip flexor power generation; K1, knee extensor power absorption in early stance; K2, knee extensor power generation; K3, knee extensor power absorption in late stance; A1, ankle plantar-flexor power absorption; A2, ankle plantarflexor power generation.
Table 1
Demographic characteristics, Harris hip score, and spatiotemporal gait parameters for control and patient groups

<table>
<thead>
<tr>
<th></th>
<th>Control group (n = 12)</th>
<th>Unilateral THA group (n = 12)</th>
<th>Bilateral THA group (n = 12)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (y)</td>
<td>63.4 (5.1)</td>
<td>63.2 (7.2)</td>
<td>60.3 (6.4)</td>
<td>0.40a</td>
</tr>
<tr>
<td>Weight (kg)</td>
<td>50.9 (5.4)</td>
<td>52.2 (7.1)</td>
<td>52.3 (13.3)</td>
<td>0.32a</td>
</tr>
<tr>
<td>Height (cm)</td>
<td>153.3 (4.5)</td>
<td>152.4 (5.1)</td>
<td>155.5 (5.6)</td>
<td>0.92a</td>
</tr>
<tr>
<td>Body mass index</td>
<td>21.6 (2.1)</td>
<td>22.5 (3.3)</td>
<td>21.4 (3.9)</td>
<td>0.67a</td>
</tr>
<tr>
<td>Harris hip score total/100</td>
<td>— ( — )</td>
<td>85.3 (12.5)</td>
<td>87.3 (9.5)</td>
<td>0.29b</td>
</tr>
<tr>
<td>Gait speed (m/s)</td>
<td>1.11 (0.11)</td>
<td>1.09 (0.09)</td>
<td>1.09 (0.12)</td>
<td>0.91a</td>
</tr>
<tr>
<td>Stride length (m)</td>
<td>1.15 (0.64)</td>
<td>1.15 (0.05)</td>
<td>1.15 (0.07)</td>
<td>0.97a</td>
</tr>
</tbody>
</table>

(Foot-notes for Table 1)

a The effects of Group in a one-way ANOVA
b Unpaired t-test
Table 2
Significant partial correlations between hip impairments and kinematic or kinetic variables during gait in the unilateral THA group

<table>
<thead>
<tr>
<th>Hip impairments during gait</th>
<th>vs. Ipsilateral</th>
<th>vs. Contralateral</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hip flexor power absorption (H2)</td>
<td>Hip flexion moment</td>
<td>0.75* H2 0.82**</td>
</tr>
<tr>
<td>K1</td>
<td>0.70* A1</td>
<td>-0.76*</td>
</tr>
<tr>
<td>A2</td>
<td>-0.76*</td>
<td></td>
</tr>
<tr>
<td>Hip flexor power generation (H3)</td>
<td>Hip extension moment</td>
<td>0.80**</td>
</tr>
</tbody>
</table>

(Foot-notes for Table 2)

All gait variables were converted to the positive value for the correlation analysis to facilitate the interpretation of the results of analysis.

*a Partial correlation coefficients adjusted for gait speed and stride length.

K1, knee extensor power absorption in early stance; A1, ankle plantarflexor power absorption; A2, ankle plantarflexor power generation.

* \( P < 0.05 \), ** \( P < 0.01 \)
Table 3
Significant partial correlations between hip impairments and kinematic or kinetic variables during gait in the bilateral THA group

<table>
<thead>
<tr>
<th>Hip impairments during gait</th>
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<th>vs. Contralateral</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$R$ value $^a$</td>
<td>$R$ value $^a$</td>
</tr>
<tr>
<td>Hip dynamic joint stiffness</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ankle plantarflexion moment$^b$</td>
<td>0.89**</td>
<td>Ankle plantarflexion moment</td>
</tr>
<tr>
<td>H1</td>
<td>0.64*</td>
<td>H1</td>
</tr>
<tr>
<td>A2</td>
<td>0.78**</td>
<td>A1</td>
</tr>
<tr>
<td></td>
<td>H2</td>
<td>A2</td>
</tr>
<tr>
<td>Hip extension angle</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hip flexion angle</td>
<td>−0.92**</td>
<td>Hip flexion angle</td>
</tr>
<tr>
<td>Hip flexion moment</td>
<td>0.82**</td>
<td>Hip extension angle</td>
</tr>
<tr>
<td>H2</td>
<td>0.74*</td>
<td>Hip flexion moment</td>
</tr>
<tr>
<td>Hip flexion moment</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hip flexion angle</td>
<td>−0.75*</td>
<td>Hip flexion angle</td>
</tr>
<tr>
<td>Hip extension angle</td>
<td>0.82**</td>
<td>Hip extension angle</td>
</tr>
<tr>
<td>H2</td>
<td>0.74**</td>
<td></td>
</tr>
<tr>
<td>Hip flexor power absorption (H2)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hip extension angle</td>
<td>0.74*</td>
<td>Hip flexion angle</td>
</tr>
<tr>
<td>Hip flexion moment</td>
<td>0.74*</td>
<td>Hip flexion moment</td>
</tr>
<tr>
<td>H2</td>
<td></td>
<td>H1</td>
</tr>
<tr>
<td>Hip flexor power generation (H3)</td>
<td></td>
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</tr>
<tr>
<td>K1</td>
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</tr>
</tbody>
</table>

(Foot-notes for Table 3)

All gait variables were converted to the positive value for the correlation analysis to facilitate the interpretation of the results of analysis.

$^a$ Partial correlation coefficients adjusted for gait speed and stride length.

$^b$ Ankle plantarflexion moment on the ipsilateral side was taken as an independent variable for dynamic hip joint stiffness (adjusted $R^2 = 0.64$, $P < 0.01$).

H1, hip extensor power generation; K1, knee extensor power absorption in early stance; A1, ankle plantarflexor power absorption; A2, ankle plantarflexor power generation.

* $P < 0.05$, ** $P < 0.01$