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Visualization of Subunit-Specific Delivery of Glutamate Receptors to Postsynaptic Membrane during Hippocampal Long-Term Potentiation

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SUMMARY

An increase in the number of AMPA-type glutamate receptors (AMPARs) is critical for long-term potentiation (LTP), synaptic plasticity regarded as a basal mechanism of learning and memory. However, when and how each type of AMPAR reaches the postsynaptic membrane remain unclear. We have developed experimental methods to form postsynaptic-like membrane (PSLM) on a glass surface to precisely visualize the location and movement of receptors. We observed fluorescence-labeled AMPAR subunits (GluA1–3) around PSLM with total internal reflection fluorescence microscopy. The increases of GluA1, 2, and 3 in PSLM showed different time courses after LTP induction. GluA1 increased first, and was exocytosed to the periphery of PSLM soon after LTP induction. GluA2 and GluA3 initially decreased, and then increased. Exocytosis of GluA2 and GluA3 occurred primarily in non-PSLM, and later than exocytosis of GluA1. Thus, GluA1–3 appear to increase in the postsynaptic membrane through distinct pathways during LTP.

INTRODUCTION

Certain membrane-bound proteins are concentrated in specialized regions of the plasmalemma. They reach their target region via exocytosis from intracellular stores and lateral movement on the plasmalemma, and this trafficking is regulated by external signals and the state of a cell. To understand such processes at the molecular level, direct visualization of the trafficking of membrane-bound molecules with high spatial and temporal resolution can be a powerful tool. Observation of a fluorescent quantum dot bound to a membrane protein through antigen-antibody binding revealed the lateral diffusion of single molecules on the plasmalemma, although this method has not succeeded in visualizing exocytosis (Opazo et al., 2010). Total internal reflection fluorescence microscopy (TIRFM) has been another approach for visualization of such trafficking (Axelrod, 2001). TIRFM selectively excites fluorophores localized very close to a glass surface (~100 nm), thereby reducing the background fluorescence. Thus, TIRFM enables one to observe the translocation of molecules tagged with fluorescent proteins such as EGFP. One problem in using TIRFM has been that in many cases the specialized region of interest in the plasmalemma is not within the evanescent field (the TIRFM visualization zone). Even if it is, the membrane region is usually not formed in parallel to the glass surface and is not static, which makes precise evaluation and quantification of the membrane-bound fluorescent signal difficult. Seeking a way to avoid these problems, we noted that glass coated with proteins of interest through a biotin-streptavidin linker has been successfully used in biochemical studies (Taguchi et al., 2001). Here, we applied a similar glass-coating technique to the plasmalemma of living cells, and formed specialized membrane structure directly on the glass surface, so that fluorescent molecules on the stabilized membrane can be observed with TIRFM. We have applied this method to neuronal synapses in order to address how glutamate receptors are regulated during hippocampal long-term potentiation (LTP).

AMPA (α-amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid)-type glutamate receptors (AMPARs) mediate fast excitatory synaptic transmission in the central nervous system. An increase in the number of AMPARs contributes to the enhancement of synaptic transmission during LTP, a model of synaptic plasticity underlying learning and memory (Malinow and Malenka, 2002; Shepherd and Huganir, 2007). AMPARs are composed of combinations of four subunits: GluA1–4 (Dingledine et al., 1999; Hollmann and Heinemann, 1994). In the hippocampus the predominant AMPARs are GluA1/GluA2 and GluA2/GluA3 heteromers (Derkach et al., 2007; Wenthold et al., 1996). It has been proposed that GluA1 homomer contributes to LTP (Derkach et al., 2007; Plant et al., 2006), although this has been disputed (Adesnik and Nicoll, 2007; Gray et al., 2007). Exocytosis and lateral movement of AMPARs are essential for the increase in the number of AMPARs during LTP induction (Kennedy et al., 2010; Kennedy and Ehlers, 2011; Lin et al., 2009; Makino and Malinow, 2009; Opazo et al., 2010; Opazo and Choquet, 2011; Patterson et al., 2010; Yudowski et al., 2007). However, when and how each type of AMPAR reaches the postsynaptic membrane during LTP remain controversial and elusive. Is GluA1 homomer specifically increased in the early phase of LTP? If so how does GluA1 reach the postsynaptic membrane? When and through what pathway do GluA1/GluA2 and GluA2/GluA3 heteromers increase? To address these questions, we have developed and used new experimental methods.

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RESULTS

Formation of PSLM on Glass and LTP Induction

We coated cover glass with NRX tagged with immunoglobulin Fc region (Figure 1A; see Figures S1A and S1B available online). Tight coupling of NL on the cell membrane and NRX on the glass was first confirmed using HEK cells that expressed NL tagged with HA (Figures S1C–S1F). When rat hippocampal neurons expressing NL were cultured on the NRX-coated glass, they extended heavily branched dendrites (Figure 1B). PSD95, a marker molecule of glutamatergic postsynaptic density (Sheng and Hoogenraad, 2007), was clearly observed in dendrites with TIRFM (Figure 1C). In contrast when neurons were cultured on the glass coated with mutated NRX lacking the LNS (laminin, NRX, sex hormone-binding globulin) domain, PSD95 was rarely observed. The LNS domain is responsible for binding to NL (Graf et al., 2004), PSLM on the NRX-coated glass also expressed Homer, another marker molecule of glutamatergic postsynaptic density (Sheng and Hoogenraad, 2007) (Figure 1D), suggesting that PSLM was formed directly on the glass. Double visualization of PSD95 and glutamatergic presynaptic marker Vglut1 (vesicular glutamate transporter 1) showed that PSLM on the glass observed with TIRFM was not accompanied by Vglut1 signal but that Vglut1 signal-positive presynaptic varicosities adjacent to PSD95 signals were observed near PSLM with epi-fluorescence (Figure 1E). These results indicate that the NRX-coated glass recruited postsynaptic scaffold proteins and induced formation of PSLM through binding to NL.

Next, we expressed an AMPAR subunit (GluA1, GluA2, or GluA3) fused to Super Ecliptic pHluorin (SEP), a pH-sensitive variant of EGFP, in hippocampal neurons cultured on the NRX-coated glass in order to observe changes of the subunits during LTP. SEP fluorescence is quenched by low pH inside cytoplasmic vesicles such as endosomes, and increases on the plasma membrane (Miesenböck et al., 1998). Neurons were also transfected with NL to facilitate PSLM formation, and with PSD95 labeled with tagRFP (PSD95-RFP) to identify PSLM. Then, electrical field stimulation (1 ms, 50 Hz, 300 stimuli) was applied to induce LTP, presuming that it would induce massive glutamate release from glutamatergic presynaptic terminals near PSLM and that the released glutamate would reach PSLM by diffusion. The stimulation caused an increase in the intracellular Ca^{2+} concentration both in cell bodies and in dendrites, including PSLM, in cultured neurons (Figures S2A–S2D). We also confirmed by whole-cell patch-clamp recording that the field stimulation induced sustained increase of the amplitudes of miniature excitatory postsynaptic currents, suggesting that LTP was induced by the field stimulation at glutamatergic synapses (Figures S2E–S2G).

Changes of GluA1–3 Numbers during LTP

The GluA-SEP signal in dendrites of neurons cultured on the NRX-coated glass was monitored before and every 10 min after the field electrical stimulation, and the signal intensities both inside and outside PSLM were quantified. Here, we defined PSLM as the PSD95-labeled area, including its vicinity (with 320 nm corresponding to two pixels). LTP-inducing stimulation increased the fluorescent signals of GluA1-, GluA2-, and
GluA3-SEP in PSLM. These increases were suppressed by a blocker of NMDA (N-methyl-D-aspartic acid)-type glutamate receptors, APV (2-amino-5-phosphonovaleric acid) (Figures 2A–2C), which is known to suppress LTP induction (Malinow and Malenka, 2002), and thus the increase in GluA-SEP signal appeared to be related to LTP. The gradual decrease of GluA-SEP signal intensity in the presence of APV was primarily caused by photobleaching (Figures S2H and S2I). In PSLM, GluA1 signal increased and reached a peak at 10 min after the field stimulation, whereas GluA2 signal reached a maximum at 20 min and GluA3 signal at 30 min (Figures 2A–2C). The PSD95-RFP signal, used as a marker for PSLM, rarely moved during the recording.

Figure 2. Changes of AMPAR Subunit Number by LTP-Inducing Stimulation
(A–C) Averaged time courses of GluA1–3 fluorescence intensity in PSLM (red) and in non-PSLM (black) measured every 10 min before and after the field stimulation (arrows). Data in the presence of APV (+APV) are also shown (dotted lines). See also Figures S2, S3A, and S3B.
(D–F) Averaged time courses of GluA1–3 fluorescence intensity measured every 4 min. Error bars indicate SEM. Significant differences between −APV and +APV (Dunnett’s test), or before and after the stimulation (Steel’s test) are marked (n = 8–13 cells; *p < 0.05, **p < 0.01, and ***p < 0.001).
(G–I) GluA-SEP signals (green) and PSD95-RFP signal (magenta) are shown. PSD95-RFP was recorded before the stimulation, and images of detection of the two signals were overlaid. GluA-SEP signals in PSLM and non-PSLM are indicated by arrows and arrowheads, respectively. Scale bar, 2 μm.
The effect of chemical induction of LTP (Kennedy et al., 2010; APV, although weaker than those in PSLM. We also examined GluA1-SEP exocytosis during and after LTP induction. The frequency of exocytosis in PSLM clearly increased during 0–1 min after the stimulation (Figure 3D). We also estimated that the number of exocytosed GluA1 subunits per PSLM region was 2–51 (15 ± 2), judging from the fluorescence intensity of a single SEP molecule (Figures S4A–S4D). The aforementioned results suggest that the LTP-inducing stimulation caused GluA1 exocytosis in the periphery of PSD95-positive areas.

We also observed exocytosis in non-PSLM (Figure S4E). Actually, we recorded a larger number of GluA1 exocytosis events in non-PSLM than in PSLM in the baseline condition (Figure 4A). However, we note that the total measured non-PSLM area (445 ± 71 μm²) was larger than the total PSLM area (40 ± 7 μm²) in each experiment. The estimated number of GluA1 subunits exocytosed in non-PSLM was 1–63 (10 ± 2). This value and the exocytosis frequency in non-PSLM are likely to be underestimated because the distance between the cell membrane and the glass seems not to have been constant, and in most non-PSLMs it should have been greater than in PSLM. The lateral movement of GluA1 clusters from non-PSLM to PSLM was also recorded (Figure S4F).

Next, we analyzed the change of frequency of exocytosis after the field stimulation for longer time. For this we performed 0.2 Hz, 5 min continuous monitoring of GluA1-SEP starting at different times after the stimulation (Figure 4A). The frequency of exocytosis in PSLM clearly increased during 0–1 min after the stimulation. In non-PSLM the frequency of GluA1 exocytosis peaked between 0 and 1 min and between 4 and 5 min after the stimulation. We also examined GluA1-SEP exocytosis during and after the chemical induction of LTP (Figure S3C). The exocytosis frequency increased during the period of 0–5 min in PSLM and 0–6 min in non-PSLM. Thus, it was confirmed that exocytosis of GluA1 occurred more frequently after LTP induction, although a sharp peak of the frequency increase was not detected with chemical induction.

We next monitored GluA2-SEP movement by 1 min, 10 Hz continuous imaging starting at various times after the stimulation. We failed to observe an exocytosis-like rapid increase of GluA2-SEP signal in PSLM for the first 5 min, but such an increase occurred in non-PSLM (Figure 3E). The estimated number of GluA2 subunits exocytosed in non-PSLM was 2–22 (9 ± 1, n = 26 events). We also observed translocation of a cluster...
of GluA2-SEP signal from non-PSLM to PSLM (Figure 3F; Movie S2). These results suggest that the increase of GluA2 in PSLM that occurred several minutes after the LTP-inducing stimulation was partly attributable to the lateral movement of GluA2 exocytosed in non-PSLM. Recording of the whole translocation process was not possible in many cases because of the fast photobleaching of SEP and the variable distance between the cell membrane and the glass in non-PSLM.

We next performed 5 min, 0.2 Hz monitoring of GluA2-SEP (Figure 4B). We observed a larger number of exocytosis events in non-PSLM, and a few in PSLM with this recording method. Thus, GluA2 exocytosis primarily took place in non-PSLM. Recording of the whole translocation process was not possible in many cases because of the fast photobleaching of SEP and the variable distance between the cell membrane and the glass in non-PSLM.

We next performed 5 min, 0.2 Hz monitoring of GluA2-SEP (Figure 4B). We observed a larger number of exocytosis events in non-PSLM, and a few in PSLM with this recording method. Thus, GluA2 exocytosis primarily took place in non-PSLM. The frequency of GluA2 exocytosis in non-PSLM was less than that of GluA1, and it was significantly increased for 5–8 min after the stimulation. This timing was nearly coincident with the second peak of GluA1 exocytosis in non-PSLM (Figure 4A).

Next, we recorded GluA3-SEP exocytosis. The 10 Hz, 1 min continuous recording detected GluA3 exocytosis only in non-PSLM (Figure S4G), and the estimated number of GluA3 exocytosed at an event was 2–7 (5 ± 0.3, n = 15 events). Translocation of GluA3-SEP from non-PSLM to PSLM was also observed (Figure S4H). The 0.2 Hz, 5 min monitoring of GluA3-SEP confirmed that the exocytosis occurred mainly in non-PSLM, and exocytosis in PSLM was very rare. The frequency of GluA3-SEP exocytosis in non-PSLM was less than that of GluA1 throughout the recordings. It did not increase for the first 10 min. A significant increase was detected at 24–25 min after the stimulation (Figure 4C).

The aforementioned results about exocytosis might have been biased by overexpression of a single type of GluA subunit. To evaluate the effect of unbalanced expression of GluA subunits, we next performed coexpression of GluA1 and GluA2, or GluA2 and GluA3 (Figures 4D–4F). Even when GluA1 and GluA2 were coexpressed, GluA1 exocytosis in the periphery of PSLM was rare (Figure 4D), supporting the notion that only homomeric GluA1 receptor was exocytosed in the periphery of PSLM. The increased frequency of both GluA1 and GluA2 exocytosis in non-PSLM about 5 min after the stimulation (Figures 4D and 4E) suggests that at this...
time GluA1/GluA2 heteromer was exocytosed in the extrasynaptic membrane. Interestingly, in this coexpression experiment the frequency of GluA2 exocytosis in non-PSLM significantly increased soon after the stimulation, suggesting that GluA1/GluA2 heteromer was exocytosed at this time when both GluA1 and GluA2 were equally expressed. The GluA2 and GluA3 coexpression experiment demonstrated that GluA3 exocytosis clearly increased from about 20 min after the stimulation (Figure 4F), suggesting that exocytosis of GluA2/GluA3 heteromer took place >20 min after the stimulation.

DISCUSSION

PSLM Formation in TIRFM Visualization Zone
We have introduced methods applying TIRFM to observe fluorescently tagged AMPAR around PSLM. This method allowed us to record fluorescence signal changes with a high signal to noise ratio, spatial and temporal resolution, and also made it possible to estimate the number of exocytosed AMPAR subunits. In this method, PSLM was formed stably in parallel to the glass surface. Thus, fluorescence signal changes should have been influenced neither by movement of the cell membrane nor by changes of the angle between the membrane and the glass surface, thus making it possible to precisely determine AMPAR localization and exocytosis points, and also signal intensities. One drawback of our method is that PSLM would be different from native postsynaptic structures in some respects. However, the presence of PSD95 and Homer, and the accumulation of GluA1–3 signals, suggest that PSLM retains essential properties of the glutamatergic postsynaptic membrane. Another limitation of this method is the flickering and relatively fast photobleaching of SEP fluorescence (Yudowski et al., 2007), which prevented stable long-term recording and made it difficult to trace a single molecule’s movement.

We recorded exocytosis by continuous 10 Hz, 1 min recordings and also by 0.2 Hz, 5 min recordings. The former recording provided better time resolution and clarified the detailed exocytosis process, although the fluorescent signal decayed faster. On the other hand, the latter method allowed longer recordings at the cost of time resolution. It allowed us to detect more exocytosis events (Araki et al., 2010). However, in this recording condition the detailed processes of exocytosis and lateral movement were not reliably recorded.

Previous studies using TIRFM did not observe GluA1 exocytosis in the periphery of the postsynaptic membrane, only in extrasynaptic membrane (Lin et al., 2009; Yudowski et al., 2007), whereas Kennedy et al. (2010) demonstrated GluA1 exocytosis in the periphery of postsynaptic membrane with confocal microscopy. The formation of PSLM on the glass in the present study might have facilitated detection of exocytosis in the periphery of postsynaptic membrane with TIRFM. We also note that GluA1 exocytosis in the periphery of PSLM occurred only in a limited time window. Chemical induction of LTP also increased the amount of GluA1 and the frequency of GluA1 exocytosis, but the timing of the increase in GluA1 exocytosis frequency in PSLM soon after the stimulation was unclear (compare Figure 4A and Figure S4B). Thus, the electrical stimulation provided better control of the timing of LTP induction than bath application of chemicals. We think that the experimental methods described here will be useful for future studies focusing on the location, movement, and interactions of molecules in the postsynaptic membrane. The methods could also contribute to analyzing the movement and interactions of plasma membrane-bound molecules in various other cell types.

Delivery of GluA1 to Postsynaptic Membrane during LTP
We showed that GluA1 increased within a few minutes after the LTP-inducing stimulation, and that GluA1 exocytosis in the periphery of PSLM frequently occurred around 30 s after the stimulation, and thus seems to contribute to the initial phase of LTP. At this time, GluA1 exocytosis but not GluA2 exocytosis was observed in the periphery of PSLM when GluA1 and GluA2 were expressed together. This suggests that only GluA1 homomer can be specifically exocytosed in the periphery of PSLM soon after the LTP induction, even if both GluA1 and GluA2 are equally expressed. We also observed GluA1 exocytosis in non-PSLM, and its frequency increased after the LTP induction. The GluA1 exocytosis in non-PSLM paralleled GluA2 exocytosis, suggesting that it reflects the exocytosis of GluA1/GluA2 heteromer. Thus, there seem to be multiple routes for trafficking of GluA1 to the postsynaptic membrane.

Plant et al. (2006) reported an increase of GluA2-lacking AMPARs in the early phase of LTP, followed by replacement by GluA2-containing AMPARs. Previous studies showed GluA1 incorporation into the postsynaptic structures during LTP (Hayashi et al., 2000; Kopec et al., 2006). Thus, it has been considered that the number of GluA1 homomers with a high mean single-channel conductance (Kristensen et al., 2011) increases during LTP, although this idea has been disputed by authors (Adesnik and Nicoll, 2007; Gray et al., 2007), who failed to detect GluA2-lacking AMPAR in the hippocampal LTP, implying that the increased frequency of GluA1 homomer exocytosis in the periphery of PSLM might be an artifact caused by overexpression of GluA1. Our finding that the frequency of GluA1 exocytosis in the periphery of PSLM was higher when only GluA1 was overexpressed than when both GluA1 and GluA2 were overexpressed might be a clue to understanding how the difference emerged. We think that hippocampal neurons have the molecular machinery to support selective exocytosis of GluA1 homomer immediately after the LTP induction in the periphery of the postsynaptic membrane. However, the extent of contribution of this exocytosis machinery to LTP may be determined by the relative expression levels of GluA1 and GluA2, which are likely to be influenced by the type, age, and/or condition of neurons.

Delivery of GluA2 and GluA3 to Postsynaptic Membrane during LTP
Translocation of GluA2 during LTP has been studied (Passafaro et al., 2001; Araki et al., 2010; Tao-Cheng et al., 2011). Passafaro et al. (2001), using a thrombin cleavage assay, suggested that GluA2 is inserted more directly into synapses than GluA1, although the time and spatial resolutions were limited, and exocytosis was not directly observed in their study. In a recent study using electron microscopy, Tao-Cheng et al. (2011) found that GluA2 exocytosis occurred only in extrasynaptic membrane,
and that the frequency was increased by application of glycine or a high concentration of K+. Our finding that GluA2 exocytosis was primarily observed only in non-PSLM is in line with the latter report. The timing of GluA2 exocytosis during LTP has remained relatively unclear. We showed here that the frequency of GluA2 exocytosis increased soon after, and again several minutes after, the stimulation. GluA2 seems to increase in the postsynaptic membrane later than GluA1 during LTP, as previously suggested by Plant et al. (2006). In addition we detected a slight decrease of GluA2 signal at 4 min after the stimulation. It is possible that this decrease of GluA2 provides space for GluA1 homomer, which is incorporated into the postsynaptic membrane in the initial phase of LTP. The lateral movement of a cluster of GluA2 to PSLM was also recorded, and would contribute to the increase of GluA2 in PSLM. These results also suggest that AMPARs on the cell membrane might be translocated to the postsynaptic membrane by a mechanism more complex than a single-molecular lateral diffusion in some cases. However, the quantitative evaluation of translocation in non-PSLM was difficult. The relatively fast photobleaching of fluorescent SEP prevents stable recording of the translocation of weak signals.

Presently, little if any information is available about the translocation of GluA3 during LTP. Here, we showed that the GluA3 signal increased in PSLM. The increase occurred later than the increase of GluA1 and GluA2, and it was accompanied by an increase of the signal in non-PSLM. The initial decrease of GluA3 signal together with that of GluA2 and the rapid increase of GluA1 signal (Figure 2) suggest that GluA2/GluA3 heteromer might be removed from PSLM and replaced by GluA1 homomer in the initial phase of LTP. Most of the GluA3 exocytosis occurred in non-PSLM, like that of GluA2, and the frequency of GluA3 exocytosis increased later than that of GluA2. The fact that the increase in GluA3 exocytosis frequency at times later than 20 min after the stimulation was made clearer by coexpression of GluA2 suggests that GluA3 exocytosis reflects the exocytosis of GluA2/GluA3 heteromer.

Taking into account all of the present observations, we would like to propose the following hypothetical scheme for the postsynaptic delivery of AMPARs during LTP (Figure 4G). Mainly, GluA1 homomer is exocytosed to the vicinity of the postsynaptic membrane within 1 min after the LTP-inducing stimulation, contributing to the initial phase of LTP. During this time, removal of GluPA2/GluA3 heteromer in the postsynaptic membrane might also occur, providing slots into which GluA1 homomer would be incorporated. In addition, exocytosis of GluA1/GluA2 heteromer in the extrasynaptic membrane followed by lateral movement to the postsynaptic membrane also seems to occur. About 5 min later, GluA1/GluA2 heteromer is exocytosed to the extrasynaptic membrane and then translocated to the postsynaptic membrane again. More than 20 min later, the frequency of exocytosis of GluA2/GluA3 heteromer to the extrasynaptic membrane increases, contributing to the later increase of GluA3 in the postsynaptic membrane.

**EXPERIMENTAL PROCEDURES**

NRX labeled with human immunoglobulin Fc fragment was obtained from NRX-transfected HEK293T cells using nProtein A Sepharose (GE Healthcare), and immobilized on the glass surface by the binding reaction of biotin and streptavidin, and by antigen-antibody reaction (Figures S1A and S1B). Hippocampal neuronal culture was prepared from E18–E20 rat embryos, and neurons were transfected with NL labeled with HA, PSD95-RFP, and AMPAR subunit (GluA1, GluA2, or GluA3) labeled with SEP at 10–15 days in vitro. Live imaging of the fluorescence signal was performed by TIRFM at room temperature (22°C–26°C) 1–2 days after transfection. Electrical field stimulation was applied to induce LTP, and GluA-SEP signal changes in both PSLM and non-PSLM were monitored every 4 or 10 min after the stimulation. We also performed 10 Hz, 1 min or 0.2 Hz, 5 min imaging of GluA-SEP signals. The number of exocytosed GluA1–3 subunits was estimated by comparing with the fluorescence intensity of a single SEP molecule. Single-molecule analysis was performed using MetaMorph (Molecular Devices). All experiments were performed according to the guidelines for animal experimentation by the National Institutes of Health (United States) and Kyoto University, and all procedures were approved by the local committee for handling experimental animals at the Graduate School of Science, Kyoto University. More detailed description of experimental procedures is available in the Extended Experimental Procedures.


