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The anatomical classification of AICA/PICA branching and configurations in the cerebellopontine angle area on 3D-drive thin slice T2WI MRI

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Abstract 8

Background: With the technical advance of magnetic resonance imaging (MRI), we have been able to observe not only the small cranial 9 nerves arising from the brain stem but also the branches of vertebrobasilar artery in the cerebellopontine angle (CPA) cistern. Purpose: The 10 purpose was to demonstrate the courses and configurations of the anterior inferior cerebellar artery (AICA) or posterior inferior cerebellar 11 12artery (PICA) branch including the internal auditory artery in the CPA cistern and evaluate the relationship between the facialvestibulocochlear (VIIth-VIIIth) nerves and AICA/PICA on high-resolution, thin-slice, three-dimensional T2-weighted MRI using driven 13 equilibrium pulse. Material and methods: Thirty-three men and 27, women aged 8-85 years old with sensory hearing loss or vertigo, and/or 14 tinnitus were evaluated by thin-slice (0.75 mm) T2-weighted MRI Forty sides of ears of 30 subjects (17 men, 13 women) had normal 15 auditory function on both sides (10 subjects) or only one side of auditory symptoms (30 subjects). Results: Thin-slice T2WI drive MRI 16revealed several variations of the AICA/PICA coursing, such as a loop formation (n=33, 49 sides) or the IAC extension (n=20, 30 sides). 17Contact with the vestibulocochlear nerve was seen in $\frac{31.7\% \text{ of subjects } (n=19)}{2}$. The AICA/PICA branching and shape patterns relative to the 1819 CPA and IAC were classified into four major types: type 1A, nonloop AICA/PICA in the CPA cistern; type 1 B, nonloop AICA/PICA (internal auditory artery) entering the IAC; type 2A, loop-type AICA/PICA in the CPA cistern; and type 2B, loop-type AICA/PICA entering 20the IAC. Conclusion: There were statistically significant associations between types 1A and 2A (P<.01) regarding the existence of any 21 Q222 auditory 3 symptoms. The results of our study suggest that this classification is simple and very useful for the elucidation of the mechanism of auditory symptoms and deciding the therapeutic strategies. 2324© 2012 Elsevier Inc. All rights reserved.

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Keywords: Head and neck; MR imaging; Anatomical topics; 3D-drive-T2WI, Anterior inferior cerebellar artery (AICA), Posterior inferior cerebellar artery (PICA), Vestibulocochlear (VIIIth) cranial nerve, Nerve-vascular compression syndrome

29For the evaluation of the temporal bone including the internal auditory canal (IAC) and the cerebellopontine angle 30 (CPA) area, magnetic resonance imaging (MRI) has been 31 commonly used in patients with auditory symptoms [1-3]. 32 Besides surgical tumor resection, therapeutic option such as 33 stereotactic radiation therapy for the acoustic tumor has been 34introduced into practice [4] recently. Therefore, its early 35 detection and the correct diagnosis are very important. 36 Usually, the anterior inferior cerebellar artery (AICA) 37

courses backward around the pons three-dimensionally 38 toward CPA cistern to supply the inferolateral pons, middle 39 cerebellar peduncle, flocculus, and anterior margins of 40 cerebellar hemispheres. In some cases, they anastomose 41 with the terminal branch of the posterior inferior cerebral 42 artery (PICA) [5,6]. The PICA runs beneath the cerebellum 43 and supplies the posteroinferior cerebellum, tonsil, inferior 44 vermis, choroid plexus of the fourth ventricle, and 45 posterolateral medulla. These vessels usually arise from the 46 vertebral or basilar artery asymmetrically. There, perfusion 47 areas are reciprocal. At some time, AICA or PICA is absent 48 Q4 bilaterally [7,8]. The internal auditory artery (IAA) supplying 49 the inner ear was hard to be observed on the conventional 50 angiography. There have been scant radiological reports 51

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describing the precise course and branching patterns of these 52vessels in humans [5-7]. For further detailed analysis of the 53inner ear including the running course of the IAA, AICA, 54and/or PICA, 55 patients were examined on thin-slice T2WI 55images using driven equilibrium pulse sequence. Occasion-56 ally, they ran between the facial and vestibulocochlear nerve 57and contacted with them. In some previous reports, the 58precipitation of the auditory nerve symptoms such as 59tinnitus, sensorineuronal hearing loss, and vertigo was 60 caused by such loops (nerve vascular compression syn-61 drome). It is difficult to discriminate them with certainty both 62 on the conventional T2WI (slice thickness 4-5 mm) and on 63 the thin-slice images. Unusual manifestations such as distal 64 AICA (IAA) entering the IAC in contact with the facial or 65 vestibular nerve were presented in our study (Fig. 4). Our 66 purpose was to demonstrate the inner ear auditory artery and 67 evaluate the relationship between the facial-vestibular 68 cochlear (seventh-eighth) nerves and the branches of 69 AICA/PICA on high-resolution thin-sliced three-dimension-70 al (3D) T2-weighted MRI using driven equilibrium pulse 71sequence. To the best of our knowledge, this is the first study 72 describing the coursing patterns of the AICA or PICA 73 relative to the CPA and IAC on thin-slice T2WI MRI. 74

75 1. Material and methods

From September 2006 to August 2011, a total of 55 76consecutive patients ($\frac{30}{25}$ men and $\frac{25}{25}$ women aged 8-8577years old; mean age 53.4 years old) with sensory hearing loss 78 or vertigo, dizziness, and/or tinnitus were examined with 1.5-79 T Intera Achieva MRI scanner with sense coil (Philips 80 Medical System, Best, the Netherlands). Five subjects (three 81 men, two women) without any auditory symptoms were also 82 83 included in this study. On each subject, the informed consent was obtained. Our institutional ethics committee also 84 approved the purpose and protocol of this study. For the 85 high-resolution MR images, 3D fast spin echo T2WI with 86 drive equilibrium pulse was used; the scanning parameters 87 are as follows: TSE with drive; repetition time 1500 ms, echo **O5**88 **Q6**89 time 250 ms, TSE fator74, field of view 170×150 mm, slice thickness 0.75 mm, 50 slices, matrix size 512×256, scan time 90 4 min and 32 s. DRIVE can be used as a sequence in which **Q7**91 the driven equilibrium pulse, reset pulse, is applied at the 92 TSE echo train to accelerate relaxation time and return to the 93 equilibrium of Mz magnetization. MRI scan images were 94 reviewed by a paging method on the image monitor 95 retrospectively by at least two experienced radiologists. 96 Black and white reversed images were also adapted for 97 obtaining more contrast between the seventh and eighth 98 99 nerves and vessels. In addition to ruling out the acoustic schwannoma in the CPA, cerebral vascular disease in the 100 brain stem or cerebellum was also assessed precisely. In 101 practice, flair images are also used for more precise 102 diagnosis. For 14 subjects suspected with insufficient 103 104 perfusion of vertebrobasilar artery or transient ischemic

attack (TIA)/cerebrovascular disease, plain magnetic reso- 105 nance angiography (MRA) was performed. In three patients 106 with known aneurysms, computed tomographic angiography 107 (CTA) was also done. The <u>MIP</u> 3D images were used for the 108 **Q8** evaluation of the vessels in the cerebellopontine cistern. 109

The distinguishable AICA/PICA branching patterns in 110 CPA area were classified with regard to the existence of loop 111 formation and the IAC extension (see Schema). 112 Q9

When the distal AICA/PICA crosses the seventh and 113 eighth nerves on at least two slices of axial images, we 114 judged that they contacted with each other. χ^2 test was used 115 for the statistical analysis between the auditory 3 major 116 symptoms and the AICA/PICA running patterns with/ 117 without nerve vascular contact.

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2. Results

In this study, three acoustic schwannomas (size ranging 120 from 3 mm to 28×25×24 mm) were detected in the IAC or 121 CPA cistern in three patients. Cochlear abnormality such as 122 bilateral hypoplastic anomaly of the inner ear was observed 123 in a 60 year-old female patient with deafness. The dilatation 124 of vestibular aqueduct was also seen in a hearing loss case 125 (Fig. 1). The brain stem lacuna infarction and chronic 126 ischemic foci were observed in two and one case(s), 127 respectively. We also encountered the cerebellar metastatic 128 tumor of 1 cm in diameter with perifocal edema and a 129 cerebellar multilocular cystic lesion (Fig. 2), which was 130 considered to be a perivascular space dilatation or old 131 cerebral lacunar infarct (Fig. 2). In the CPA area, vascular 132 variations, such as the AICA/PICA loop formation, direct 133 extension to the IAC (Figs. 2, 3), and the IAA entering the 134 IAC with branching (n=3, 3 sides) (Fig. 4) were observed in 135 this study. The summary of the relationship between the 136 AICA/PICA courses in the CPA area and clinical symptoms 137 is shown in Table 1. The AICA/PICA vascular variations, 138 such as loop formation $(n=33, 49 \text{ sides})_1$ direct extension to 139 the IAC (n=20, 30 sides), and nerve vascular contact (n=19, 14027 sides) were revealed. 141

There were significant differences between type 1A and 142 2A patients numbers (*P*=.0073<.01) regarding the existence 143 of any auditory 3 symptoms (Table 2). 144 Q10

One hundred and eleven AICAs/PICAs from a total of 60 145 patients were grouped as follows: type 1A (n=34, 52 sides), 146 type 1B (n=6, 10 sides), type 2A (n=19, 29 sides), type 2B 147 (n=14, 20 sides), others (aplasia n=4). Loop formation was 148 Q11 observed in 33 (55%) subjects with 49 ears (Fig. 3). The loop 149 usually forms a laterally convex loop towards or through the 150 meatus. In some cases, differentiation from the adjacent 151 vessels (e.g., pontine, pontine transverse, pontomedullary 152 sulci vein, or basilar venous plexus) in the CPA cistern was 153 difficult. The most common form of the branching patterns 154 was the type 1A, which is a nonloop type outside the IAC 155 orifice and constitutes 56.6%. Types 2A and 2B were 156 relatively frequently seen in 31.7% and 23.3%, respectively. 157

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Schema. Drawing schemas of the AICA/PICA course and shape variations. Type IA nonloop, AICA/PICA in the CPA cistern (between REZ of the vestibular nerve and the IAC orifice); type IB, nonloop AICA/PICA (IAA) entering into the IAC; type IIA, loop-type AICA/PICA in the CPA cistern (between REZ of the vestibular nerve and the IAC orifice); and type IIB, loop-type AICA/PICA entering the IAC.

There were significant differences between types 1A and 2A (P=.012<.05) with regard to the vertigo. As for the hearing loss, there were significant differences between types 1A and 2A (P=.028<.05) and between types 1A and 2B (P=.007<.01). As for the tinnitus, significant differences were observed between types 1A and 1B (P=.0008<.01) and between types 1A and 2A (P=.003<.01).

Contact of the AICA/PICA and vestibulocochlear nerve was seen in 32.7% of subjects (*n*=18, 26 sides) with auditory symptoms. Only one artery of a patient (type 2b AICA loop extending to the IAC) contacted with vestibulocochlear 168 nerve among the five patients with no auditory symptoms. 169 Howeven there were no significant differences between the 170 subgroups regarding the existence of any three symptoms. 171

3. Discussion

MRI including an enhanced study with Gd-DTPA has $_{173}$ been used commonly to rule out the acoustic tumor or $_{174}$

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Fig. 1. The dilatation of left vestibular aqueduct (arrow) and an AICA loop formation (arrowheads) in the right IAC of a 68-year-old woman complaining of vertigo were clearly observed on 3D drive T2-weighted MRI.

other active inflammatory lesions such as Ramsay-Hunt 175syndrome or labyrinthitis in patients with auditory 176symptoms. Especially in patients with sensory neural 177 hearing loss, MRI is superior to computed tomography 178 in evaluating the inner ear, blood vessels, adjacent fatty 179bone marrow, and cerebrospinal fluid (CSF) spaces 180 because of its superior characterization of soft tissue. 181 MRI is also useful for the cochlear implantation planning. 182For better visualization of the inner ear, heavily T2-183 weighted fast spin echo sequences were developed in 1996 184 [9]. Then, gradient-echo thin-slice sequence such as 185 constructive interference in steady state (CISS) or balanced 186 fast field echo image has been introduced widely [10,11]. 187 Three-dimensional CISS is helpful in visualizing faint 188 structural elements in the central nervous system because 189



Fig. 2. The cerebellar multilocular cystic lesion (68-year-old man with vertigo) was revealed in the right cerebellar parenchyma adjacent to the vermis (arrowheads) on the 3D drive T2-weighted MRI. We consider it as a variant of perivascular space dilatation, old lacuna infarction, or cavitary degeneration. On the left side, the IAA originated from the ipsilateral AICA and coursed into the left IAC on 3D drive T2-weighted MRI (type IB non-loop-type AICA/PICA without IAC extension).



B



Fig. 3. (A) Bilateral IAAs were observed on high-resolution thin-slice 3D T2-weighted MRI using driven equilibrium pulse sequence. Type IIB loop-type AICA/PICA entering into the IAC with contact to the vestibular nerve (large arrow). We also observed a type IB nonloop AICA /PICA entering into the left IAC (arrow) in a 40-year-old woman with right-sided hearing loss, occasional dizziness, and tinnitus. (B) The right loop-type AICA entering into the IAC was clearly observed on MRA obtained with 0.8-mm thin-slice original images.

of its higher spatial resolution and fewer artifacts from the 190 CSF. Recently, the addition of the DRIVE pulse to 3D 191 FSE technique, which shortens the scan time and is less 192Q12 sensitive to susceptibility artifact, has been introduced. 193 Ciftci et al. concluded that the addition of the DRIVE 194 pulse to the T2-weighted 3D TSE sequence is preferable 195 when imaging the cranial nerves surrounded by the CSF or 196 fluid-filled structures because of shorter scan time and 197 better image quality due to reduced flow artifacts [12].

The various causes of vertigo (dizziness) or tinnitus are 199 enumerated in Tables 3 and 4, respectively. We also have to 200 consider not only the auditory organic lesions such as 201 acoustic tumor or inner ear inflammatory lesion, but also the 202 various CNS diseases, especially cerebellar and brain stem 203 Q13 diseases [13]. 204

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Table 2

2A

2B



Fig. 4. On 3D drive T2-weighted MRI, we can see the right IAA entering into the IAC with branching (type IB). We can see the bifurcated IAA in a 72-year-old woman with tinnitus (long white arrows).

There were many reports regarding the vascular contact at 205the root exit zone (REZ) of the facial, trigeminal, and 206 glossopharyngeal nerves which cause hemifacial spasm, **O14**07 trigeminal neuralgia, and glossopharyngeal neuralgia, re-208spectively [8,14–17]. Especially, the supraolivary fossette at 209 the pontomedullary transition area is thought to be the point 210 of the neurovascular compression etiology. 211

A vascular loop compressing the auditory nerve has been 212 implicated in the etiology of vertigo or tinnitus [18-20]. It is 213 hypothesized that the auditory nerve experiences an 214 "irritation" from a vessel that is in close contact with it. 215 The vertebral artery or basilar artery, superior cerebral artery 216other than AICA/PICA, or petrosal vein was also recognized 217 as cause for several nerve-vascular compression syndromes 218 [21]. Actually, according to these reports, the compression of 219 220 the vestibulocochlear nerve caused the gliosis, edema, demyelination, and eventually fibrotic change induced by 221 the axonal degeneration [14,22]. Brain stem auditory nuclei 222 may be secondarily affected by changes in the auditory nerve 223and be the actual generator site(s) for the tinnitus. Our study 224 225can also reveal the possibility of nerve vascular compression syndrome for the vertigo, sensory hearing loss, and tinnitus 226 especially in the group of types 1B (nonloop type with IAC 227 extension) and 2B (loop type with IAC extension). Although 228 55 patients had symptoms potentially related to vestibular or 229 cochlear nerve dysfunction, it is difficult to know to what 230 231 degree AICA contact with nerves had attributed to

t1.1 Table 1

The relationships of the AICA/PICA branching/coursing patterns and three t1.2 major auditory symptoms

Type (pattern)	Vertigo	Hearing loss	Tinnitus	None
1A (B18 U16 52s)	10	3	2	4
B (B4 U2 10s)	2	2	3	1
2A (B10 U9 29s)	13	7	7	1
B (B6 U8 20s)	7	6	4	1

t1.8 B, bilateral; U, unilateral; s, side.

Summary of the AICA/PICA subtype patients' numbers and the presence of any symptoms			
Symptom		No symptom	Total
1A	12	22	34
1B P=.0073	3	3	6

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vestibulocochlear nerve function mainly because of the	232
resolution of MR images. Conversely, clearly visualized	233
IAA (AICA/PICA extension to the IAC) means the luminal	234
dilatation of the artery caused by the hypertensive athero-	235
sclerosis or angitic changes. Then it is not unnatural for these	236 Q15

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vessels to evoke the auditory symptoms. 237 Of course, in five subjects without the major three 238 auditory symptoms, we performed this 3D drive thin-slice 239 T2WI MRI. In one of them, we observed the 2b type AICA 240 loop extending to the IAC; however, we think that these 241 exceptional cases have a potential risk of eliciting any 242 auditory symptoms even if normal in their life. Gorrie et al. 243 identified AICA loop running between the facial and the 244 vestibulocochlear nerve, and some loops were displacing the 245 vestibulocochlear nerve. In these cases, further investigation 246 was deserved, although no significant association was found 247 between the other type of AICA loop and the vestibuloco- 248 chlear nerve [23]. 249

MRI using sense coil with drive pulse can display 250 relatively high-quality image because of less susceptibility to 251 artifact than balanced FFE T2 gradient images. However, 252 Q16 images of 3D drive T2WI have little less contrast between 253 the cerebral gray and white matter. So careful observation is 254 necessary for excluding the tiny ischemic or demyelinating 255 lesions in the brain stem and the cerebellar parenchyma. In 256 practice, flair images or diffusion-weighted images are also 257 used for more precise diagnosis. Concerning the diagnosis of 258 the inner ear structural disorder such as Mondini-type 259 anomaly which is the most common type of dysplastic 260

Table 3	t3.1
The causes of vertigo [1–3,5,6]	t3.2
Peripheral (approximately 70%) origin	t3.3
Meniere's disease	t3.4
Sudden sensorineural hearing loss with vertigo	t3.5
Vestibular neuritis (labyrinthitis)	t3.6
Benign paroxysmal positional vertigo	t3.7
Acoustic tumor	t3.8
Inner ear infection	t3.9
Drug (aminoglycosides, streptomycin and gentamicin)	t3.1
Ramsay Hunt syndrome	t3.1
Trauma (e.g., perilymphatic fistula)	t3.1
Central origin (20%)	t3.1
Brain or cerebellar lesion (infarction, hemorrhage, tumor)	t3.1
Vertebrobasilar perfusion insufficiency	t3.1
TIA	t3.1
Cerebellar degeneration syndromes	t3.1
Multiple sclerosis	t3.1
Others (10%): psychogenic dizziness, hypertension, hypotension, arrhythmia	t3.1

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t2.1

t2.6

t2.7

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t4.2 The causes of tinnitus

t4.3	Peripheral origin
t4.4	Meniere's disease
t4.5	Sudden sensorineural hearing loss
t4.6	Vestibular neuritis (labyrinthitis)
t4.7	Acoustic tumor
t4.8	Inner ear infection
t4.9	Otitis media
t4.10	Drug (aminoglycosides, salicylates ,heavy metal, alcohol, and diuretics)
t4.11	Ramsay Hunt syndrome
t4.12	Trauma (tympanic membrane injury)
t4.13	External ear lesion
t4.14	Central origin
t4.15	Brain or cerebellar lesion (infarction, hemorrhage, tumor)
t4.16	Vertebrobasilar perfusion insufficiency
t4.17	Arachnoiditis
1 4 4 0	

Others: hypertension, hypothyroidism, anemia. t4.18

anomaly, or dilatation of vestibular aqueduct, heavily T2-261weighted 3D drive images are very useful [23]. Its sequence 262 would be expected to be very useful for the preservation of 263 the IAA at surgical therapy or the preoperative planning for 264the artificial inner ear device. Of course, the knowledge of 265the AICA/PICA course and branching patterns revealed by 266 this study would be useful for the operation not only to 267decide the appropriate decompression site but also to avoid 268vascular injury leading to massive hemorrhage. However, 269because of the spatial resolution (the voxel size was 0.33 270mm×0.59 mm×0.75 mm in most subjects), microstructure 271less than about 0.5mm in diameter such as distal IAA(labyr-272inthine artery), cochlear aqueduct have not been fully 273visualized yet.

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The limitation of our study is that the three-dimensionally 275coursing pattern should be confirmed by not only the thin-276slice CTA but also the digital subtraction angiography in 277278order to make the precise assessment of the origin of CPA vessels because the IAA did not always originate from 279AICA/PICA but sometimes arise directly from basilar artery 280with asymmetric branching patterns. However, our paging 281 cine-like image review method of thin-slice MRI with MRA 282283 can evaluate the relationship between the distal branch of the AICA/PICA and VIIth-VIIIth nerves to some extent. 284Further study using higher-resolution image including 285coronal image or 3D displays on more subjects would be 286necessary to elucidate what degree of AICA contacting with 287vestibulocochlear nerves had attributed to nerve dysfunction. 288 The other factor affecting the nerve is a postural physical 289effect, such as mechanical load during the flexion and 290 extension movements of the head and neck [24]. 291

In conclusion, on high-resolution ultra-thin-slice 3D T2-292weighted MRI using driven equilibrium pulse sequences, we 293 were able to detect inner auditory canal tumor of 3 mm in 294size without contrast material. The cochlear hypoplastic 295anomaly was also observed clearly. The AICA/PICA 296branching and configuration patterns relative to the IAC 297 were classified into four major types with special reference to 298 the loop formation and the IAC extension. The nerve 299

vascular contact was observed in 18 (32.7%) cases. There 300 was a significant association between the group of the IAC 301 extension of AICA/PICA and the auditory symptoms. 302 Therefore, we believe that this classification is simple and 303 very useful for deciding the surgical therapeutic strategies 304 and for the elucidation of the pathophysiology of the major 305 auditory symptoms regarding the anatomical relationship of 306 the nerve and vessels. 307

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<u>Q12</u>	Please spell out.
<u>Q13</u>	Please spell out.
<u>Q14</u>	Use of the plural verb here implies that it refers to "nerves" and not "vascular contact" or "root exit zone." Please advise if this is indeed the case.
<u>Q15</u>	Please check word used here.

<u>Q16</u>	Please spell out.
<u>Q17</u>	Please check this sentence for clarity.
<u>Q18</u>	Please provide publisher location.

Thank you for your assistance.