

24 **ABSTRACT**

25

26 In insects, a steroid hormone, 20-hydroxyecdysone (20E), plays important roles in the
27 regulation of developmental transitions by initiating signaling cascades via the ecdysone
28 receptor (EcR). Although 20E has been well characterized as the molting hormone, its
29 precursor ecdysone (E) has been considered to be a relatively inactive compound because
30 it has little or no effect on classic EcR mediated responses. I found that feeding E to
31 wild-type third instar larvae of *Drosophila melanogaster* accelerates the metamorphic
32 timing, which results in elevation of lethality during metamorphosis and reduced body
33 size, while 20E has only a minor effect. The addition of a juvenile hormone analog (JHA)
34 to E impeded their precocious pupariation and thereby rescued the reduced body size.
35 The ability of JHA impeding the effect of E was not observed in the *Methoprene-tolerant*
36 (*Met*) and *germ-cell expressed* (*gce*) double mutant animals lacking JH signaling,
37 indicating that antagonistic action of JH against E is transduced via a primary JH receptor,
38 *Met*, or a product of its homolog, *Gce*. I also found that L3 larvae are susceptible to E
39 around the time when they reach their minimum viable weight. These results indicate that
40 E, and not just 20E, is also essential for proper regulation of developmental timing and
41 body size. Furthermore, the precocious pupariation triggered by E is impeded by the
42 action of JH to ensure that animals attain body size to survive metamorphosis.

43

44 **KEY WORDS:** Ecdysone; 20-Hydroxyecdysone; Juvenile hormone; Developmental

45 timing; Body size; Metamorphosis

46

47 **RUNNING TITLE:** E has roles distinct from 20E

48 INTRODUCTION

49

50 Hormonal control is essential for coordination and regulation of many aspects of the
51 developmental process in many organisms. Molting and metamorphosis are initiated by a
52 rise in the titer of the ecdysteroids. A polyhydroxylated steroid, 20-hydroxyecdysone
53 (20E), has been characterized as the principal molting hormone in insects (Gilbert et al.,
54 2002). Upon the initiation of the endocrine signaling, 20E binds to the ecdysone receptor
55 (EcR), a member of the nuclear hormone receptor superfamily, which heterodimerizes
56 with another nuclear receptor, *Drosophila* retinoid X receptor homolog Ultraspiracle
57 (USP) (Hill et al., 2013). This hormone-receptor complex directly activates expression of
58 a small set of early response genes which code for transcription factors (Thummel, 1996).
59 During the ecdysteroid biosynthetic process, ecdysone (E) is synthesized from dietary
60 cholesterol in the prothoracic gland (PG) and secreted into the haemolymph (Gilbert and
61 Warren, 2005). After secretion, E is hydroxylated to 20E in peripheral tissues including
62 the epidermis, midgut, malpighian tubes and fat body but not in the nerve cord nor in the
63 prothoracic gland cells. (Petryk et al., 2003).

64 Metamorphosis in holometabolous insects is coordinated by two hormones, 20E
65 and juvenile hormone (JH) (Nijhout, 1998; Jindra et al., 2013). In many insect orders,
66 such as the Hemiptera, Coleoptera and Lepidoptera, JH defines the nature of each
67 developmental transition by interplaying with 20E. The scheme is that 20E secretion with
68 a high titer of JH results in molting to the next instar stage prior to the last larval instar
69 stage. JH titer drops during the last larval instar stage due to the cessation of JH synthesis.
70 In Lepidoptera, there is one or more small peaks of ecdysteroids in the absence of JH

71 following attainment of a critical weight that initiate metamorphic events such as
72 wandering behavior. Then a high peak of ecdysteroids in the presence of JH initiates
73 pupation (Nijhout, 1998). However, recent studies indicate that JH has relatively little
74 influence on the progression of larval morphogenesis in *Drosophila*. Knockdown of a JH
75 biosynthetic enzyme or genetic ablation of corpus allatum cells which produce JH allows
76 an animal to develop into the adult or pupal stage, respectively (Liu et al., 2009; Niwa et
77 al., 2008). JH signaling is transduced via a primary JH receptor, Methoprene-tolerant
78 (Met), which is a member of bHLH family of transcriptional factors (Ashok et al., 1998).
79 Met function is partially redundant with its paralog, Germ-cell expressed (Gce) in
80 *Drosophila* (Baumann et al., 2010; Godlewski et al., 2006). Therefore, mutations of both
81 *Met* and *gce* result in the nullification of JH signaling (Abdou et al., 2011). The *Met* and
82 *gce* double mutant animals pupariate, but die at pupal head eversion, as is shown in
83 animals whose corpus allatum cells are genetically ablated. Neither JH-deficiency nor
84 loss of JH signaling in *Drosophila* results in a typical phenotype of JH deficiency, such as
85 a reduced number of larval instars, as is shown in Lepidoptera and Coleoptera (Daimon et
86 al., 2012; Konopova and Jindra, 2007; Minakuchi et al., 2008; Tan et al., 2005). This
87 indicates that the responses of *Drosophila* to JH are quite different from those of other
88 insects .

89 Final size in insects is achieved during their larval growth period, which is
90 terminated by the onset of metamorphosis. Before a larva is committed to pupal
91 development, there are two checkpoints for which the larva must surpass the threshold
92 size for metamorphosis to occur. The first checkpoint is “the minimal viable weight
93 (MVW)” which is the minimum weight needed to successfully survive metamorphosis

94 (Mirth and Riddiford, 2007). The second checkpoint is “the critical weight” which is the
95 minimum weight wherein starvation can no longer delay metamorphosis (Mirth and
96 Riddiford, 2007), i.e. physiological processes are irreversibly initiated (Stieper et al.,
97 2008). While there is a confusion between MVW and critical weight in *Drosophila*
98 *melanogaster*, because the two check points appear at the same time (Mirth et al., 2005),
99 the timing of the activation of E synthesis in the PG corresponds to the attainment of
100 these checkpoints (Layalle et al., 2008; Mirth et al., 2005). The interval between the
101 attainment of critical weight and the termination of growth, “the terminal growth period
102 (TGP)”, is marked as an important period in the determination of final body size
103 (Shingleton et al., 2007).

104 While ecdysteroid signaling in insects is transduced by a heterodimer of EcR and
105 USP nuclear receptors, prior experimental evidence in various binding assays has
106 indicated that E shows little or no affinity to EcR (due to the absence of the 20-hydroxy
107 moiety) (Nakagawa and Henrich, 2009). Despite an unfavorable affinity of EcR for E,
108 evidence for possible specific roles of E has been obtained in *Drosophila* and
109 Lepidopteran species. For example, E enhances JH sensitivity of the PG during the
110 larval-prepupal transition in the moth *Mamestra brassicae* (Hiruma, 1982). Feeding E to
111 the silkworm *Bombyx mori* induces ultranumerary larval ecdysis, i.e. 7 additional molts,
112 suggesting that the sensitivity of larval epidermis to 20E is altered by E (Tanaka, 1995;
113 Tanaka and Takeda, 1993a, b). Also, E is required for cell proliferation during optic lobe
114 neurogenesis at the early pupal stage in the moth *Manduca sexta* (Champlin and Truman,
115 1998a). In addition, an orphan nuclear receptor, DHR38, is activated by several
116 ecdysteroids, including E, suggesting the possibility of a second ecdysteroid signaling

117 pathway via DHR38 (Baker et al., 2003). Furthermore, several genes transcriptionally
118 regulated by E, but not by 20E, have been identified from *Drosophila* larval organ culture
119 using microarray technology (Beckstead et al., 2007). These results suggest the existence
120 of other ecdysteroid signaling pathway(s) besides that mediated by 20E and the EcR/USP
121 receptor complex.

122 In this paper, I report that not only 20E but also E is essential for the regulation
123 of metamorphic timing in *Drosophila melanogaster*. I show a role for E in the
124 determination of the onset of metamorphosis, which couples with the antagonistic effect
125 on JH. Furthermore, I propose a model that explains the determination of developmental
126 timing and body size as regulated by multiple hormonal interactions around the time
127 when L3 larvae surpass a threshold of the minimum weight to survive metamorphosis.

128

129 MATERIALS AND METHODS

130 *Drosophila* strains

131 The transgenic line, *UAS-Grim* (McBrayer et al., 2007), was obtained from M.B.
132 O'Connor. *Aug-Gal4* was obtained from Korge (Siegmund and Korge, 2001). *Met²⁷*
133 *gce^{2.5k}* was obtained from Wang (Abdou et al., 2011). *UAS-GFP*, Oregon-R (OreR) and
134 *y¹w¹* (*yw*) were obtained from Drosophila Genetic Resource Center at Kyoto Institute of
135 Technology. For genetic ablation experiments, *Aug-Gal4/CyO*, *GFP* was crossed to
136 *UAS-Grim/CyO*, *GFP*; *UAS-GFP*. Flies were cultured on standard cornmeal/yeast
137 extract/dextrose medium.

138

139 Chemicals

140 E was purchased from Sigma. 20E was a gift of K. Hiruma. Methoprene was purchased
141 from AccuStandard (New Haven, CT, USA). Each compound was purified by
142 reverse-phase HPLC before experiments.

143

144 **Preparation of instant food for developmental analyses**

145 Instant food with or without insect hormone(s) was prepared at room temperature by the
146 following procedure: 100 mg of instant *Drosophila* medium, formula 4-24, (Carolina
147 Biological Supply Co., CA, USA) and 100 mg of dry yeast were thoroughly mixed with
148 380 μ l of water and 20 μ l of a solution of insect hormone, i.e. 20 μ l of 20, 10, 3, 1, 0.3
149 and 0.1 mM of ecdysteroid dissolved in ethanol was applied to prepare for 1, 0.5, 0.15,
150 0.05, 0.015 and 0.005 mM at the final concentration in instant food. Methoprene
151 dissolved in acetone was suspended in water, and then the suspension was applied to
152 instant food at 0.5, 0.15 or 0.05 mM final concentration. To prepare for a mixture of
153 insect hormones, 10 μ l of 20 mM of 20E dissolved in ethanol or else methoprene
154 dissolved in acetone was added to 10 μ l of 20 mM of E, and then 20 μ l of the solution was
155 applied to instant food. For unsupplied control, only 20 μ l of ethanol was applied to
156 instant food.

157

158 **Analyses of metamorphosis**

159 Eggs were collected and hatched larvae were reared on instant food without insect
160 hormone until the L2 stage. Newly ecdysed L3 larvae were collected in 2 hr intervals. No
161 more than 5 larvae were transferred to a 1.5 ml eppendorf tube containing instant food
162 and plugged with wet paper and a sponge. Larvae were fed with instant food containing

163 insect hormone(s) at 0.5 mM final concentration, unless otherwise noted. After
164 pupariation, prepupae or pupae were collected from the eppendorf tube, rinsed and dried,
165 and then their lengths and weight were measured. To measure metamorphic timing,
166 pupariation was scored at every 6 hr. To analyze growth rate, larval weights were
167 measured every 12 hr during the L3 stage. Animals were individually weighed using a
168 Mettler AE240 balance. Animals were reared under constant light at 25°C, except for
169 ectopic expression studies at 29°C.

170

171 **Determination of MVW**

172 MVW was determined as described in Mirth et al. (2005) with minor modifications. L3
173 larvae (*yw*) reared on instant food were individually weighed and transferred to a well of
174 a 24-well cell culture plate with folded wet paper. The larvae were then starved, and
175 pupariation was scored.

176

177 **Analyses of the relationship between larval size and pupal size at a time when** 178 **animals were transferred to food containing E.**

179 L3 larvae (*yw*) reared on instant food were individually weighed and transferred to food
180 containing E at 0.15 mM final concentration. After pupation, pupae were collected from
181 the eppendorf tube, rinsed and dried, and their weight were measured.

182

183 **Quantification of the ecdysteroids of L3 larvae using an LC/MS/MS system**

184 Newly ecdysed L3 larvae reared on instant food without insect hormone were collected in
185 1 hr intervals. Larvae were fed with instant food containing ecdysteroid at 0.5 mM or

186 solvent only for 2 hrs. After feeding, larvae were collected, thoroughly washed and
187 preserved in ethanol at -20°C prior to processing. Whole bodies of 20 larvae were
188 extracted with ethanol (0.5 ml X 3). The extract was centrifuged and the supernatant was
189 subsequently concentrated by evaporation. The sample was purified by adsorption on a
190 Sep-Pak C18 plus cartridge (Waters, MA, USA) as described previously (Miyashita et al.,
191 2011) and dissolved in 100 μl of ethanol. Ecdysteroids were analyzed in an LC/MS/MS
192 system consisting of an Agilent 1100 HPLC system coupled to an API3000 triple
193 quadrupole mass spectrometer (AB SCIEX, CA, USA) equipped with an electrospray
194 ionization source as described previously with minor modifications (Miyashita et al.,
195 2011). Briefly, HPLC separation was performed on Poroshell 120 EC-C18 column (2.1 X
196 50mm, Agilent, CA, USA) with a 0.3 ml/min flow rate at 30°C by using 0.1% aqueous
197 acetic acid (A) and acetonitrile containing 0.1% acetic acid (B) with a gradient condition
198 of 10-90% (B) for 8 min. The injection volume of the sample was 3 μl . The amounts of
199 each ecdysteroid in the bodies of the larvae were estimated using the peak areas of the
200 selected reaction monitoring (SRM) chromatogram on the basis of a calibration curve
201 constructed using the standards.

202

203 **Histological analyses**

204 For fluorescent imaging, tissues were rinsed in PBS, fixed in 4% formaldehyde in PBS
205 for 20 min, washed and mounted on glass slides (Sullivan et al., 2000). Images were
206 taken on an Olympus BX51 fluorescence microscope.

207

208 **Quantitative RT-PCR**

209 Ten larvae were collected and homogenized in TRIzol Reagent (GIBCO-BRL, NY, USA).
210 Total RNA was extracted from the homogenate and purified using RNeasy (Qiagen,
211 Crawley, UK). Reverse transcription and quantitative RT-PCR were performed as
212 described (Ono et al., 2012). The primers for Quantitative RT-PCR are used in described
213 previously (Niwa et al., 2008).

214

215 **RESULTS**

216 **E feeding causes increased lethality and severe reduction of body size**

217 To characterize a potential function of E in metamorphosis, I sought to examine
218 the effects of ecdysteroids on wild-type animals. Within two hours after molting to the L3
219 stage, OreR larvae were fed food containing ecdysteroid or none and their lethal phase
220 and body size were examined. E-fed animals showed a higher lethality than that of
221 unsupplied animals, whereas no significant difference in lethality was detected between
222 20E-fed animals and unsupplied animals (Fig. 1A-B). Significant differences in lethality
223 between E-fed animals and the other animals were detected during the L3-pupal
224 transition, indicating that E application affected the metamorphic process. I also observed
225 a dramatically reduced body size of the resulting pupae from E-fed larvae (Fig. 1C and
226 D). By feeding instant food containing 0.5 mM of E, female length was reduced by 10%
227 and weight was reduced by 27%, while male length was reduced by 11% and weight was
228 reduced by 26% compared with those of unsupplied controls. The decrease in body size,
229 pupal length and weight was observed in both female and male animals fed with instant
230 food containing more than 0.5 mM of E (Fig. 1E and F). In contrast, 20E had a little
231 effect on body size. There was no significant difference in female and male pupal length

232 and female pupal weight between 20E-fed animals and unsupplied animals. I further
233 examined the effects of ecdysteroids on another strain, *yw*. As shown in OreR, reduction
234 of body size was observed in *yw* animals by feeding instant food containing more than
235 0.05 mM of E (Fig. 2). Female length was reduced by 12% and weight was reduced by
236 34%, while male length was reduced by 10% and weight was reduced by 30% by feeding
237 instant food containing 0.15 mM of E compared with those of unsupplied controls (Fig.
238 2A and B). In contrast to OreR, mild but significant reduction of body size was observed
239 in *yw* by feeding 20E, as reported previously (Delanoue et al., 2010; Jin et al., 2012).
240 Female length was reduced by 7% and weight was reduced by 18%, while male length
241 was reduced by 9% and weight was reduced by 14% by feeding instant food containing
242 0.15 mM of 20E compared with those of unsupplied controls. No significant reduction of
243 body size was observed in *yw* animals by feeding 20E at lower concentration 0.05 mM,
244 while mild but significant reduction of weight was observed in them by feeding E at this
245 concentration (Fig. 2C-F). In the moth *Manduca sexta*, adult eye differentiation including
246 optic lobe neurogenesis and progression of the morphogenetic furrow can be divided into
247 two different ecdysteroid-dependent phases (Champlin and Truman, 1998a, b). While
248 lower concentrations of 20E stimulated cell proliferation and furrow movement, higher
249 concentrations of 20E were found to trigger apoptosis within the optic lobe anlagen and
250 ommatidial maturation. Therefore, I sought to see if lower concentrations of 20E
251 accelerate metamorphosis in contrast to higher concentrations. However, no significant
252 reduction of body size was observed in either Ore-R or *yw* animals by feeding 20E at
253 lower concentrations (Fig. 1E, 1F, 2E and 2F). These results indicate that the effects of

254 ecdysteroids differ according to genetic background, but the more severe reduction of
255 body size is exhibited by the administration of E.

256

257 **E accelerates the timing of the onset of metamorphosis**

258 An alteration in body size can be caused either by an alteration in the duration of
259 larval feeding, or an alteration of growth rate, or else some combination of both. Thus, I
260 measured the time period spent in the L3 stage to pupariation and growth rate during the
261 L3 stage. I found that the duration of the L3 stage was shortened in E-fed larvae
262 compared to those of unsupplied and 20E-fed larvae (Fig. 3A). One-half of E-fed larvae
263 began to pupariate between 42 hr and 48 hr after L3 ecdysis whereas one-half of
264 unsupplied larvae began to pupariate at ~54 hr after L3 ecdysis. Application of 20E had
265 only a mild effect on the acceleration of metamorphic timing in which half of larvae
266 began to pupariate between 48 hr and 54 hr after L3 ecdysis. I also observed that E-fed
267 larvae grew at a significantly slower rate than did unsupplied larvae from 24- to 36- hr
268 after L3 ecdysis (Fig. 3B). These results, taken together, indicate that E accelerates the
269 onset of metamorphosis and reduces the growth rate, which eventually results in a
270 reduced body size.

271 The feeding experiments are based on the idea that both E and 20E are similarly
272 absorbed through the gut. To confirm the assumption, I quantified the levels of E and 20E
273 in larvae fed either of these substrates for 2 hrs just after L2-L3 ecdysis by LC/MS/MS
274 analyses. As expected, the levels of ingested ecdysteroid were increased in both cases,
275 indicating that both E and 20E are effectively incorporated through the gut (Fig. 3C). The
276 amounts of E and 20E were approximately increased by 140 pg and 220 pg after 2 hrs

277 feeding of each ecdysteroid, respectively. Interestingly, a small amount of E was detected
278 in unsupplied L3 larvae at 2-3 hr after L3 ecdysis, but the titer of E was marginal in
279 20E-fed larvae. The reduction of E titer by application of 20E was also observed in
280 *Bombyx mori* (Tanaka and Takeda, 1993a).

281

282 **A JH analog antagonizes the action of E in the determination of the onset of**
283 **metamorphosis**

284 JH acts as a “status quo” factor and inhibits several ecdysteroid-induced events during the
285 larval-prepupal transition (Jindra et al., 2013). For example, feeding a JH analog
286 pyriproxifen to L3 larvae delayed the onset of wandering and appearance of the pupal
287 specifier Broad (Riddiford, 2012; Riddiford et al., 2003). Therefore, I sought to examine
288 if JH could affect the developmental acceleration and the reduced body size caused by E
289 application. To this end, OreR L3 larvae were fed with food containing both E and a JH
290 analog, methoprene (JHA). While animals fed with both E and JHA (E+JHA) or JHA
291 alone died during pupal-adult transition, consistent with the observation that treatment of
292 the JH mimics to *Drosophila* larvae blocked their pupal or adult development (Riddiford
293 and Ashburner, 1991), I found that the body size of E+JHA-fed animals reached a level
294 similar to that of unsupplied animals (Fig. 1C and D). Both pupal length and weight of
295 female E+JHA-fed animals were not significantly different from those of unsupplied
296 animals. For males, no significant difference of pupal length was detected between
297 E+JHA-fed animals and unsupplied animals. As shown in OreR, rescue of the reduced
298 body size was observed in *yw* animals (Fig. 2A-D). Since addition of JHA to the food
299 containing E restored the reduced body size to the normal level, I examined if JHA could

300 also rescue the precocious onset of metamorphosis caused by feeding E. I found that
301 E+JHA-fed larvae began to pupariate at the same time as unsupplied animals (Fig. 3A),
302 indicating that JHA inhibits the accelerated metamorphic development caused by E,
303 resulting the restoration of body size to a level similar to that of unsupplied animals.

304

305 **E-fed animals can initiate pupariation even with a deficiency in JH**

306 The above results suggest that endogenous JH inhibits precocious pupariation triggered
307 by E. If so, then E administration to JH-defective larvae may disrupt larval-prepupal
308 transition by excessive acceleration of the onset of metamorphosis. To test this idea, I
309 examined the potential impact of E on JH-defective animals whose corpora allata (CA)
310 cells that produce JH were genetically ablated by the ectopic expression of a cell death
311 gene, *grim* (Liu et al., 2009; Riddiford et al., 2010). To confirm the ablation of the CA
312 cells, I expressed *GFP* along with or without *grim* in the CA. I observed the
313 disappearance of the GFP-labeled tissue by ectopic expression of *grim* (Fig. 4A). I further
314 measured expression levels of a JH biosynthetic enzyme *jhamt* in L2 and wandering L3
315 larvae. Its expression level in L2 and wandering L3 larvae was reduced by 90% and 84%,
316 respectively (Fig. 4B). Unsupplied CA-ablated animals showed normal viability up to
317 pupariation, as reported previously (Liu et al., 2009). I found, however, that 69% (n = 68)
318 of CA-ablated animals fed with E also successfully pupariated, indicating that E does not
319 have an effect on the lethal phase of the JH-defective animals. Furthermore, I measured
320 prepupal length, weight and time period spent in the L3 stage of pupariated animals to see
321 if there was any defect in body size or developmental timing in these E-fed CA-ablated
322 animals (Fig. 4C-E). Ablation of the CA cells resulted in delay of the onset of pupariation

323 as shown by comparison *Aug21>grim* and control strains, *Aug21-Gal4* or *UAS-grim*, and
324 the delay can be rescued by feeding JHA (Fig. 4E), as described previously (Liu et al.,
325 2009). E feeding further resulted in a reduced body size in both the CA-ablated animals
326 and control strains and the reduction was restored by addition of JHA to E (Fig. 4C-D), as
327 was shown in wild-type *OreR* animals. The observed reduction in both the length and
328 weight of E-fed CA-ablated animals compared to unsupplied CA-ablated animals
329 (prepupal length: -16%; prepupal weight: -31%) were greater than that observed in E-fed
330 control strains, *Aug21-Gal4* and *UAS-grim*, compared to unsupplied control strains
331 (prepupal length: -9-10%; prepupal weight: -23-24%) (Fig. 4C-D). Despite these
332 significantly greater reductions in length and weight, the feeding of E to CA-ablated
333 animals accelerated the timing of metamorphosis in about same manner as in E-fed
334 control strains (Fig. 4E). It should be noted that addition of JHA to E did not completely
335 restore the acceleration of metamorphic timing. Taken together, timing of pupariation
336 was accelerated in E-fed CA-ablated larvae, irrespective of whether or not JHA was also
337 given. While the greater reduction in prepupal size of E-fed CA-ablated animals relative
338 to that of E-fed controls is likely caused by developmental defects derived from the loss
339 of JH, the ablation of the CA cells in these animals did not affect the late larval lethality
340 seen with feeding E. These results indicate that L3 larva cannot be affected by E until the
341 animal has attained the ability to initiate pupariation, even with a deficiency in JH.
342
343 **The ability of JH analog to antagonize the action of E was not observed in animals**
344 **lacking JH signaling**

345 In *Drosophila*, JH signaling is transduced by a primary receptor Met, but is also
346 substituted by a product of its paralog Gce. Therefore, Met and gce double mutations
347 result in the loss of JH signaling (Abdou et al., 2011). To see if the antagonistic action of
348 JH against E is transduced by the JH signaling pathway via Met or Gce, I examined the
349 effects of the administration of insect hormone(s) on prepupal body size and
350 metamorphic timing of *Met²⁷ gce^{2.5k}* mutant animals. The mutant larvae fed with
351 ecdysteroid developed to prepupal stage and died as shown in CA-ablated animals. While
352 no significant difference in prepupal weight was observed between 20E-fed and
353 unsupplied animals, a remarkable reduction in both prepupal length and weight was
354 observed in E-fed-animals (Fig. 5A-B). Importantly, the reduction was not restored by
355 addition of JHA to E, as no significant difference in both prepupal length and weight was
356 observed between E-fed and E+JHA-fed animals. I also observed that the timing of
357 pupariation in E-fed animals was accelerated, but not restored, by addition of JHA,
358 consistent with their reduced body size (Fig. 5C). One-half of E-fed and E+JHA-fed
359 larvae began to pupariate between 30 hr and 36 hr after L3 ecdysis whereas one-half of
360 unsupplied larvae began to pupariate at ~42 hr after L3 ecdysis. In contrast, application of
361 20E had only a mild effect on the acceleration of metamorphic timing as shown in Ore-R
362 animals. These results indicate that the antagonistic action of JH against the acceleration
363 of metamorphic timing by E is transduced via MET/GCE receptor(s).

364

365 **L3 larvae are susceptible to E administration around the time when they reach their**
366 **minimum viable weight**

367 E-fed animals showed a higher lethality than that of unsupplied animals during
368 larval-pupal transition (Fig. 1A-B), suggesting that these L3 larvae initiate
369 metamorphosis before they surpass the threshold size for metamorphosis, MVW. On the
370 other hand, the surviving animals attained pupariation but their body size was markedly
371 reduced in every case, i.e. wild-type, CA-ablation and loss of JH signaling. Taken
372 together, these results suggest that L3 larvae are susceptible to E around the time when
373 they reach their MVW. To determine if this is the case, I compared the average weight of
374 E-fed wandering larvae with their MVW (Fig. 6A). The average weight of E-fed
375 wandering larvae was 0.75 mg. Approximately one-half of them attained pupation with
376 an average larval weight 0.79 mg. The MVW of unsupplied animals, which corresponds
377 to the 50% threshold for pupation after starvation, was approximately 0.75 mg. These
378 results suggest that larvae which initiate wandering before attainment of MVW result in
379 death during larval-pupal transition, while larvae which initiate wandering when they
380 reach their MVW result in dramatically reduced body size. If so, feeding E to larvae after
381 they have reached MVW would immediately trigger the onset of metamorphosis and
382 result in decreased body size. To confirm the assumption, L3 larvae reared on normal
383 food were individually weighed and transferred to food containing E, and then their pupal
384 weights were measured (Fig. 6B and C). If female and male larvae, the weights of which
385 were respectively less than 1.37 mg and 1.22 mg, were transferred to food containing E,
386 their pupal weights were mostly less than average weight of unsupplied animals,
387 suggesting that the metamorphic timing of these animals was accelerated. It should be
388 noted that average pupal weights (female: 0.85 ± 0.20 mg, $n = 30$; male: 0.72 ± 0.19 mg,
389 $n = 71$, error is SD) of animals which were fed with E before attainment of MVW were

390 close to the average pupal weights (female: 0.81 ± 0.19 mg, $n = 31$; male: 0.67 ± 0.12 mg,
391 $n = 47$, error is SD) of E-fed animals. These results suggest that these larvae whose
392 weight were less than MVW continue to feed until attainment of MVW, and then initiate
393 the onset of metamorphosis when they attain approximately the weights of their MVW
394 (Fig. 6D).

395

396 DISCUSSION

397 As the progression of developmental events is systemically regulated by the coordination
398 of various genetic cascades, perturbation of major regulators (including hormones) are
399 expected to result in developmental abnormalities. By feeding various ecdysteroids to
400 wild type and JH-defective larvae, I demonstrate here that E regulates developmental
401 timing by a mechanism that is different from that of the 20E regulatory cascade.

402 Although JH has been characterized as a “status quo” factor in many insect species
403 including Lepidoptera, Coleoptera and Hemiptera (Jindra et al., 2013), only a few studies
404 have reported the status quo action of JH in preventing precocious metamorphic changes
405 by the action of 20E in *Drosophila*, e.g. caspase-dependent programmed cell death in the
406 larval fat body (Liu et al., 2009), differentiation events in the developing optic lobe of the
407 prepupal brain (Riddiford et al., 2010) and activation of *broad* gene expression in the fat
408 body (Abdou et al., 2011). Here, I characterize the action of JH in preventing the onset of
409 metamorphosis as triggered by E. Furthermore, I propose a model that explains the
410 determination of body size as regulated by multiple hormonal interactions.

411

412 **E is a potential factor that accelerates developmental timing**

413 I found that the application of E to L3 larvae accelerates the onset of metamorphosis,
414 resulting in dramatically reduced body size. I also found that feeding of E to wild-type
415 larvae accelerated the timing of the L1-L2 transition (H.O., unpublished). One possible
416 explanation for how E coordinates the developmental transition is that E itself has a
417 potential activity in the acceleration of developmental timing. Otherwise, E alters a
418 sensitivity of specific tissue(s) participating in the regulation of developmental timing to
419 other hormone(s). In lepidopteran species, E shows an ability to change the sensitivity of
420 the PG to JH (Hiruma, 1982) and the possibility that E might change the sensitivity of
421 epidermis to 20E has been suggested (Tanaka, 1995). It is interesting that 20E showed
422 less of an effect on developmental timing than E in both cases of wild-type and loss of JH
423 signaling. The acceleration of developmental timing by E was also observed in *Bombyx*
424 *mori* where E-fed larvae molted into the next stage earlier than did the unsupplied larvae.
425 However, it should be noted that 20E also shortened the duration of the larval period
426 although not to the extent of E (Tanaka, 1995; Tanaka and Takeda, 1993a, b). Thus,
427 sensitivity of larvae to 20E is quite different between *Drosophila* and lepidopteran
428 species. 20E agonists which show high affinity to lepidopteran EcR also trigger a
429 precocious larval molt (Dhadialla et al., 1998; Smaghe et al., 2012), indicating that a
430 mechanism for the acceleration of developmental timing by 20E in Lepidoptera is
431 regulated by EcR signaling. In eye development during metamorphosis, both E and 20E
432 stimulate optic lobe neural proliferation and progression of the morphogenetic furrow,
433 but a much higher concentration of E than that of 20E is required in the moth *Manduca*
434 *sexta*, (Champlin and Truman, 1998a, b). In contrast, the specific effect of E on
435 *Drosophila* development suggest to us the existence of E-specific signaling. Indeed,

436 previous studies have suggested the existence of other ecdysteroid signaling pathway(s)
437 besides EcR signaling. For example, an orphan nuclear receptor DHR38 has been
438 proposed as a mediator of atypical ecdysteroid signaling (Baker et al., 2003). Several
439 studies have shown the existence of an ecdysteroid membrane receptor that mediates a
440 non-genomic signaling pathway (Elmogly et al., 2004; Iga et al., 2007; Srivastava et al.,
441 2005). As further evidence for E-specific signaling pathway(s), E-inducible genes which
442 do not respond to 20E have been reported (Beckstead et al., 2007). Thus, it is possible
443 that the E-specific response is triggered by signaling via an orphan nuclear receptor or a
444 putative membrane receptor.

445 While E-specific signaling might be involved in the regulation of developmental
446 timing, 20E does have a variable, but small effect on *Drosophila* development. While
447 some studies showed little or no effect on developmental timing or body size, others
448 observed a significant effect on them by feeding 20E to normal animals (Colombani et al.,
449 2005; Delanoue et al., 2010; Jin et al., 2012). It seems likely that these differences are
450 caused by either different experimental conditions or different genetic backgrounds of the
451 animals. Indeed, I observed a significant reduction of body size of *yw* animals by
452 application of 20E in this study. One possible explanation for this weak activity of 20E is
453 that 20E partially activates the E-specific signaling by binding to a putative receptor of
454 the signaling or modulating the signaling pathway. Thus, a dual regulatory system
455 involving both hypothesized E-specific signaling and classic EcR signaling is likely
456 required to regulate metamorphic timing in *Drosophila*.

457

458 Different interactions between ecdysteroids and JH in *Drosophila* and lepidopteran
459 species

460 Interaction between 20E and JH has been extensively studied in lepidopteran species. In
461 particular, several studies have shown that 20E regulates JH synthesis both positively and
462 negatively depending on the stage of development (Bollenbacher, 1988; Gu and Chow,
463 1996; Kaneko et al., 2011). Therefore, it is plausible that application of E to L3 larvae
464 results in a modification of JH synthesis, thereby the larvae precociously initiate the onset
465 of metamorphosis. As in the case of wild-type animals, however, application of E
466 accelerates metamorphic timing both in cases of JH-deficiency and loss of JH signaling,
467 indicating that the precocious pupariation caused by E occurs regardless of JH titer. It
468 should also be noted that 20E application only slightly accelerates the onset of the
469 metamorphosis in the case of loss of JH signaling. In contrast to *Drosophila*, feeding 20E
470 or 20E-antagonist to allatectomized-larvae in the final instar dramatically accelerated the
471 onset of metamorphosis in both *Bombyx mori* and *Manduca sexta* (Kamimura et al.,
472 2003; Reynolds et al., 2009). Taken together, these results indicate that the mechanisms
473 underlying the interactions between ecdysteroids and JH in *Drosophila* are different from
474 those in lepidopteran species.

475

476 Metamorphic timing is determined by the antagonistic interaction of E and JH to
477 ensure attainment of MVW

478 I have clarified a function of JH in the regulation of metamorphic timing during the last
479 larval instar stage as being a status quo factor. JH prevents an L3 larva from initiating
480 metamorphosis triggered by E until the larva attains the most appropriate size, but the

481 time window during which E and JH are able to regulate this metamorphic timing is
482 restricted (Fig. 6D). If JH is required to prevent the precocious pupariation triggered by E
483 at the early L3 stage, then feeding E to JH-defective L3 larva would likely result in a
484 larval or prepupal lethal phenotype. However, approximately 70% of CA-ablated larvae
485 fed with E were able to survive during metamorphosis, indicating that most of larvae are
486 insensitive to E before they attain their MVW. Application of JHA restored the normal
487 developmental timing and body size in E-fed CA-ablated animals as well as in wild-type
488 larvae, suggesting that JH functions until the termination of feeding to ensure
489 achievement of an appropriate body size. In the moth *Manduca sexta*, JH inhibits the
490 growth of imaginal discs as well as the initiation of metamorphosis of final instar larva,
491 both in cooperation with nutrient dependent signals. (Suzuki et al., 2013; Truman et al.,
492 2006). Thus, JH impedes precocious development in order to ensure normal growth that
493 leads to an appropriate body size in both Diptera and Lepidoptera, despite the difference
494 in the regulation of developmental process during larval-prepupal transition.

495 While my data clearly show that application of E can affect developmental
496 timing and body size and the antagonistic effect of JH, an active role of endogenous E
497 and JH in regulation of developmental process has not been proved. Interestingly, a small
498 but significant amount of E was detected in larvae at the early L3 stage (Fig. 3C). The
499 result suggests that there are two possible mechanisms to regulate dynamics of
500 endogenous E, i.e. there is either a delay in release of E from the PG during early L3
501 stage, or there is a delay in conversion of E to 20E within peripheral tissues. If the latter
502 is the case, endogenous E released from the PG into peripheral tissues could have a
503 detrimental activity by excessive acceleration of the onset of metamorphosis. To prevent

504 this activity, the antagonistic effect by JH is required to ensure achievement of an
505 appropriate size.

506 An effect of 20E was also observed on the body size of *yw* animals, indicating
507 the existence of a narrow window during which 20E is able to trigger the initiation of
508 metamorphosis (Fig. 6D). This time window for 20E was shorter than the one for E, so
509 apparently 20E affected body size, but to a much smaller degree than that of E. It should
510 be noted that the body size of 20E-fed *OreR* animals was also reduced, although no
511 significant difference was detected between 20E-fed and unsupplied animals. In this case,
512 the slight reduction of body size could be the result of a very short 20E-sensitive period.
513 Thus, a crosstalk between multiple hormone signaling pathways coordinates the onset of
514 metamorphosis and body size.

515

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Figure legends

Fig. 1. E feeding causes increased lethality and severe reduction of body size, the action of which is antagonized by JHA. Numbers in parentheses in the figures represent the number of animals. (A) Survival rate of OreR animals. Larvae were fed with instant food containing insect hormone(s) at 0.5 mM final concentration. Asterisk indicates a statistically significant difference of lethality between ecdysteroid-fed and unsupplied animals. χ^2 test: ** $p < 0.01$; * $p < 0.05$. (B) Animals raised on food containing E. Left: An animal died during transition from L3 to prepupal stage. Middle: An animal died at stage P1 of prepupa becoming brown to unaided eyes. Right: An animal died at stage P2 of prepupa before gas bubble visible in abdomen. These stages are defined as described in Ashburner et al., 2005. (C and D) Effects of administration of insect hormone(s) on body size. Larvae were fed with instant food containing insect hormone(s) at 0.5 mM final concentration. Pupal length (C) and weight (D) of OreR animals are depicted. One-way ANOVA revealed the significant effects of administration of insect hormone(s). Bars indicated by different letters were found to be statistically significant at $P < 0.01$ by post-hoc Tukey-Kramer tests. Error bars represent 95% confidence intervals. (E and F) Effects of E on body size of OreR animals at a given concentration. The horizontal axis represents the final concentration of ecdysteroid in instant food. Pupal length (E) and weight (F) of OreR animals are depicted. Points indicated by different letters (females: capital letters; males: small letters) were found to be statistically significant at $P < 0.01$ by post-hoc Tukey-Kramer tests. Error bars represent 95% confidence intervals.

Fig. 2. Effects of insect hormone(s) on *yw* animals. Numbers in parentheses in the figures represent the number of animals. (A-D) Effects by administration of insect hormone(s) on body size. Larvae were fed with instant food containing insect hormone(s) at 0.15 mM (A and B) or 0.05 mM (C and D) final concentration. Pupal length (A and C) and weight (B and D) of *yw* animals are depicted. One-way ANOVA revealed the significant effects of administration of insect hormone(s). Bars indicated by different letters were found to be statistically significant at $P < 0.01$ by post-hoc Tukey-Kramer tests. Error bars represent 95% confidence intervals. (E and F) Effects of E on body size of *yw* animals at a given concentration. The horizontal axis represents the final concentration of ecdysteroid in instant food. Pupal length (E) and weight (F) of *yw* animals are depicted. Points indicated by different letters (females: capital letters; males: small letters) were found to be statistically significant at $P < 0.01$ by post-hoc Tukey-Kramer tests. Error bars represent 95% confidence intervals.

Fig. 3. Antagonistic action of E and JHA in the determination of metamorphic timing. Numbers in parentheses in the figures represent the number of animals. Larvae were fed with instant food containing insect hormone(s) at 0.5 mM final concentration. (A) Percentage of animals that underwent pupariation at a given time after ecdysis to the L3 stage. (B) Growth rates of L3 larvae raised on food with or without E. Asterisk indicates a statistically significant difference of weight at the same time between E-fed and unsupplied animals. Student's t-test: $*p < 0.01$. Error bars represent 95% confidence intervals. (C) Ecdysteroid titers in L3 larvae fed with or without ecdysteroid (mean \pm SD, $n = 3$). L3 larvae within 1 hr after L2-L3 ecdysis were fed with food for 2 hrs and then

immediately preserved in ethanol for extraction. The titers are depicted as picogram (pg) of E or 20E / larva.

Fig. 4. E-fed animals can initiate precocious pupariation even with a deficiency in JH. Numbers in parentheses in the figures represent the number of animals. (A) Comparison of morphology and GFP expression between CA-ablated larva (a and a') and control larva (b and b'). The red arrows indicate the CA cells. (B) Quantitative RT-PCR analysis of the transcriptional levels of a JH biosynthetic enzyme, *jhamt*, in L2 and wandering L3 larvae (mean \pm SD, n = 3). Asterisk indicates a statistically significant difference of transcriptional level between CA-ablated (*Aug21>grim*) and control strains. * $p < 0.001$. (C and D) Effects of the administration of insect hormone(s) on body size. Larvae were fed with instant food containing insect hormone(s) at 0.15 mM final concentration. Prepupal length (C) and weight (D) of CA-ablated (*Aug21>grim*) and control strains are depicted. The size of *Aug21>grim* animals are a combination of both females and males, because the CA-ablated animals died at stages before their sex became distinguishable. One-way ANOVA revealed the significant effects of application of insect hormone(s). Asterisk indicates a statistically significant difference. Student's t-test: * $p < 0.01$. Error bars represent 95% confidence intervals. (E) Percentage of animals that underwent pupariation at a given time after ecdysis to the L3 stage. Larvae were fed with instant food containing insect hormone(s) at 0.15 mM final concentration.

Fig. 5. The ability of JH analog antagonizing the action of E was not observed in animals lacking JH signaling. Numbers in parentheses in the figures represent the

number of animals. Larvae were fed with instant food containing insect hormone(s) at 0.5 mM final concentration. (A and B) Effects of administration of insect hormone(s) on body size of *Met*²⁷ *gce*^{2.5k} mutant animals. Prepupal length (A) and weight (B) of *Met*²⁷ *gce*^{2.5k} mutant animals are depicted. One-way ANOVA revealed the significant effects of administration of insect hormone(s). Bars indicated by different letters were found to be statistically significant at $P < 0.01$ by post-hoc Tukey-Kramer tests. Error bars represent 95% confidence intervals. (C) Percentage of animals that underwent pupariation at a given time after ecdysis to the L3 stage.

Fig. 6. Larvae are susceptible to E around the time when they reach their minimum viable weight (A) Percentage of animals that underwent pupation after starvation at a given size (n = 21-36 for each interval). The horizontal dashed line indicates the threshold where 50% of larvae pupariated. The vertical dashed line indicates the average weight of E-fed wandering larvae (0.75 ± 0.13 mg, n = 54, error is SD). The vertical solid line indicates the average weight of E-fed wandering larvae which attained pupation (0.79 ± 0.11 mg, n = 24, error is SD). (B and C) Relationship between larval size and pupal size at the time when they were transferred to food containing E at 0.15 mM final concentration. The horizontal dashed lines indicate the average pupal weight of E-fed animals (female: 0.81 mg; male: 0.67 mg) calculated from Fig. 2B. The horizontal solid lines indicate the average pupal weight of unsupplied animals (female: 1.22 mg; male: 0.95 mg) calculated from Fig. 2B. The vertical dashed lines indicate the MVW (0.75 mg) calculated from Fig. 6A. (D) A model for the control of the onset of metamorphosis by three insect hormones. The intervals of sensitivities of L3 larva to E and 20E are

indicated. L3 larvae become sensitive to E around the time when they reach their MVW, therefore feeding E during the indicated interval triggers the onset of pupariation. During this E-sensitive interval, JH prevents metamorphosis triggered by E. L3 larvae acquire a sensitivity to 20E for a short time before the termination of feeding, therefore 20E administration has only a small effect on metamorphic timing.

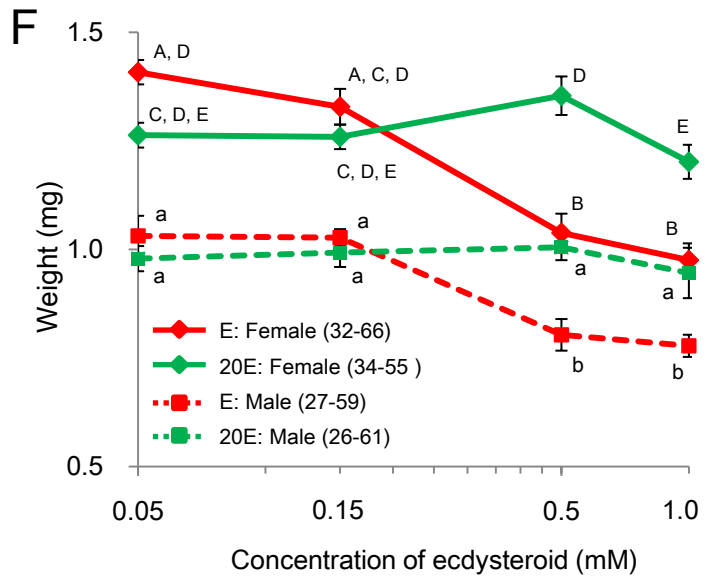
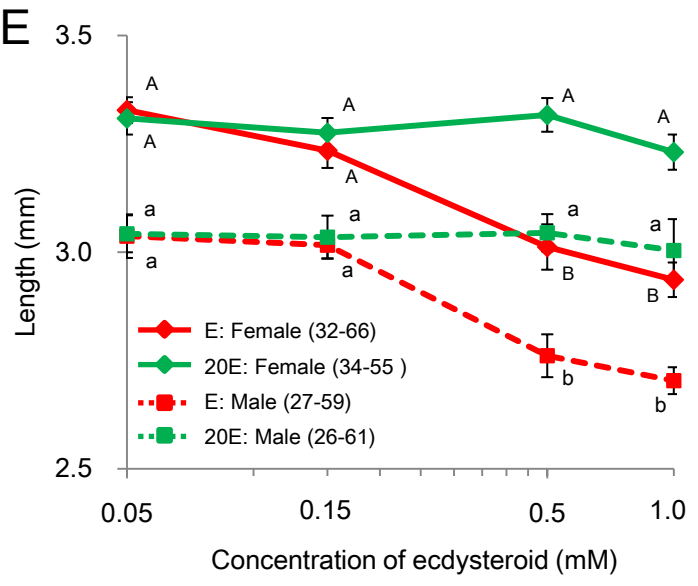
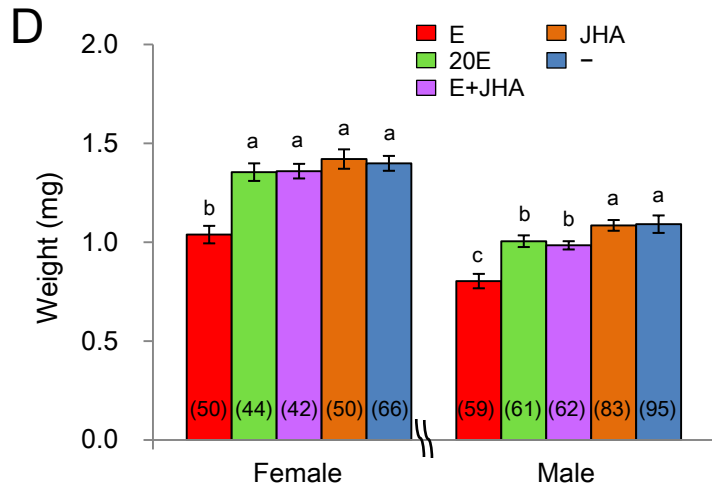
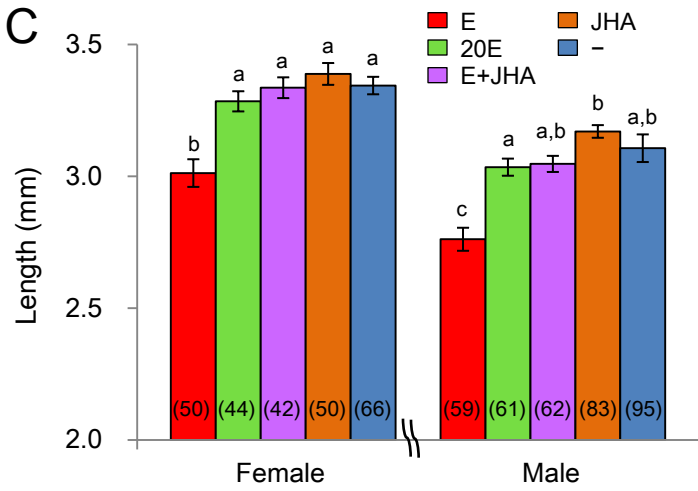
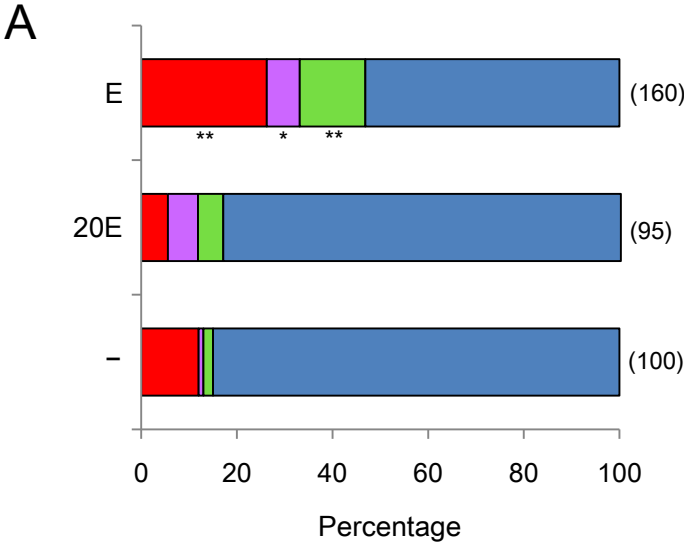
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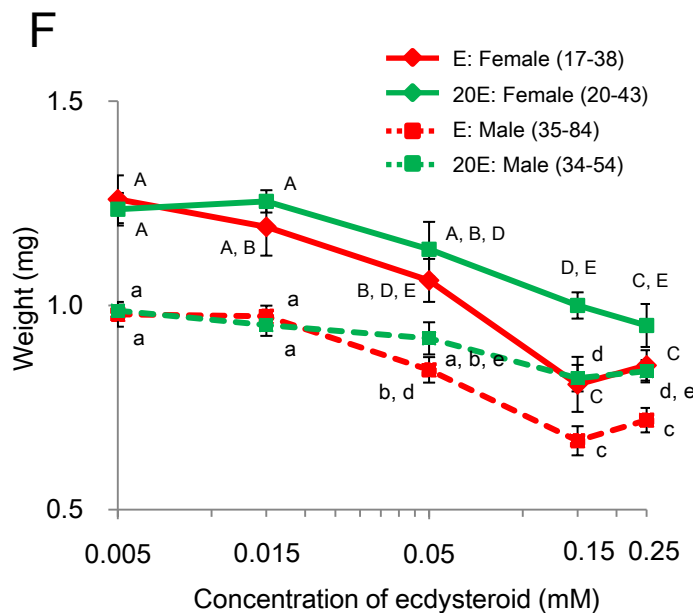
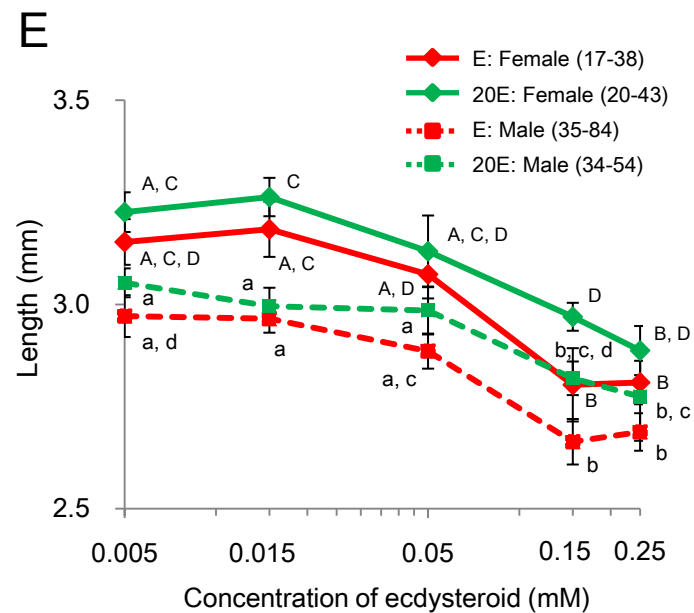
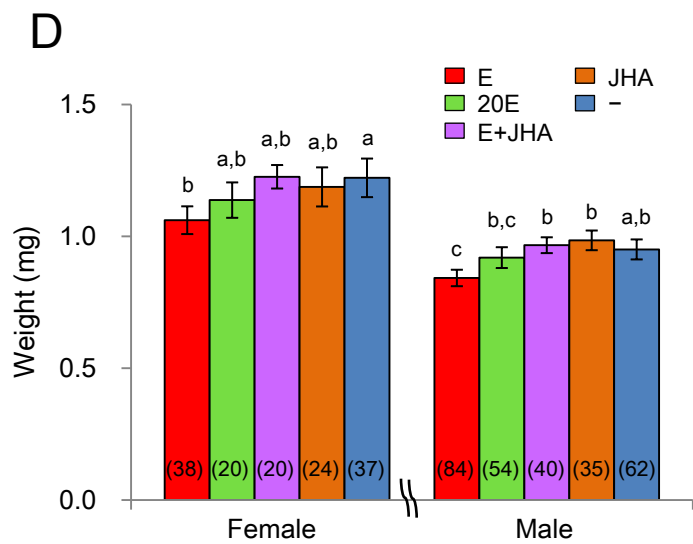
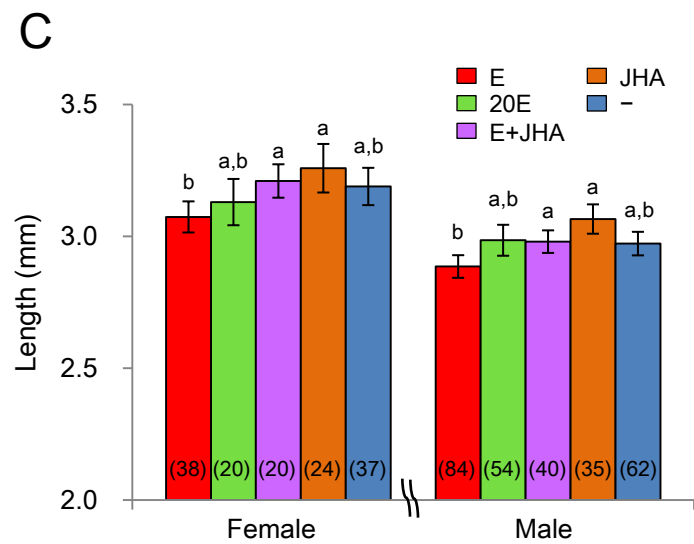
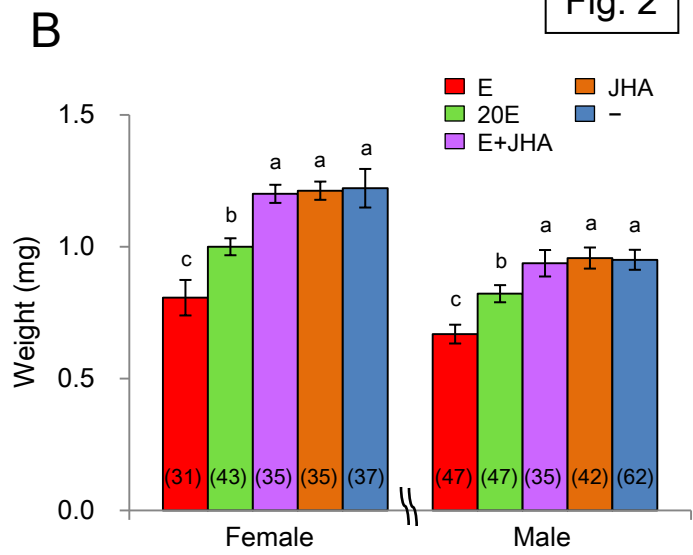
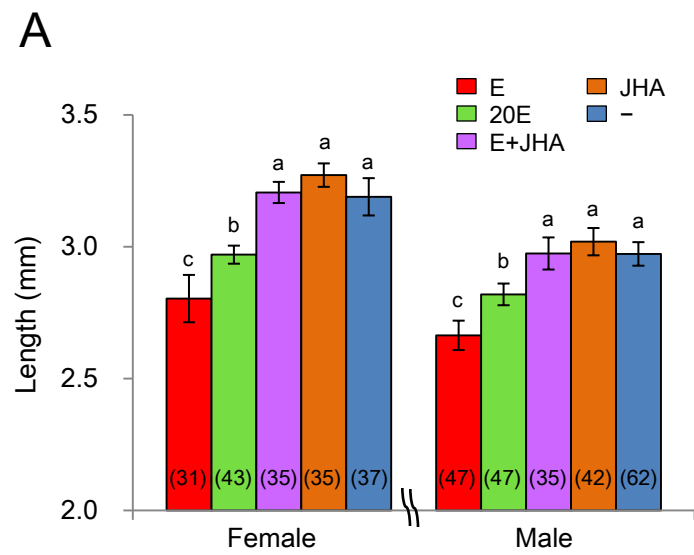
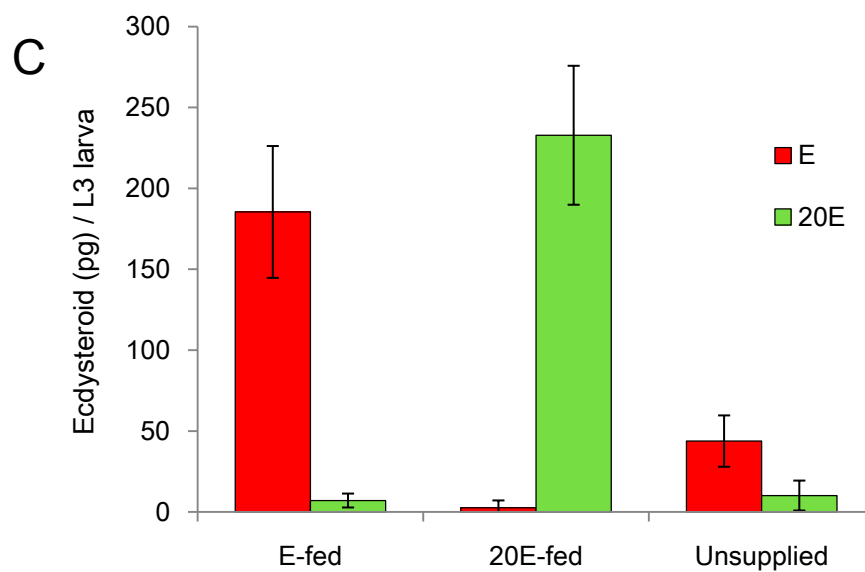
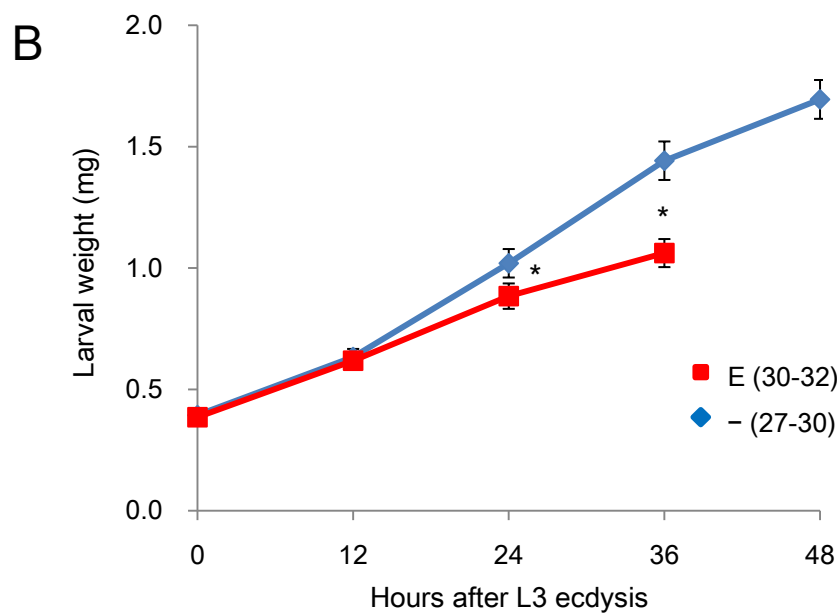
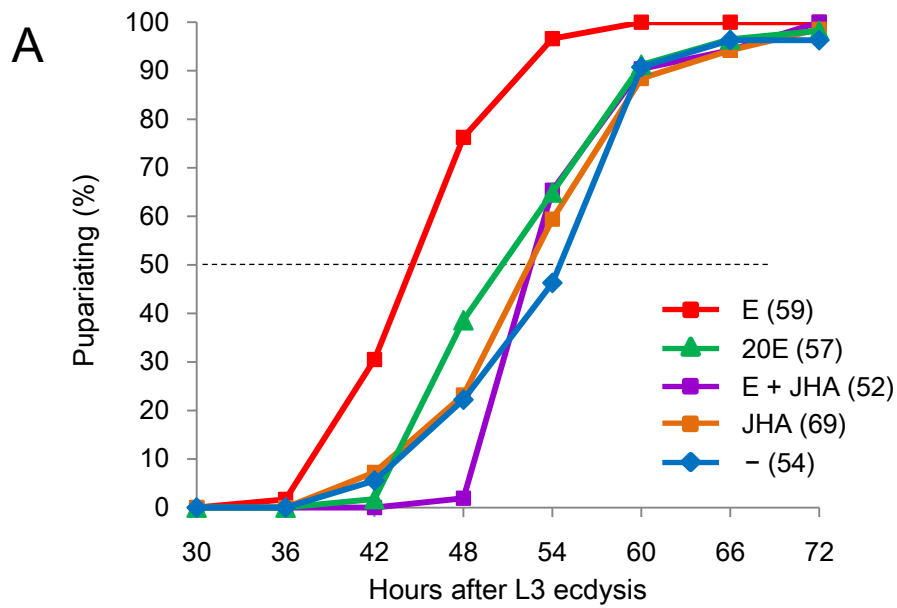
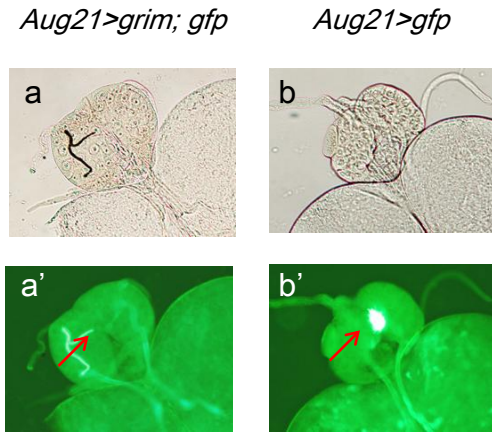


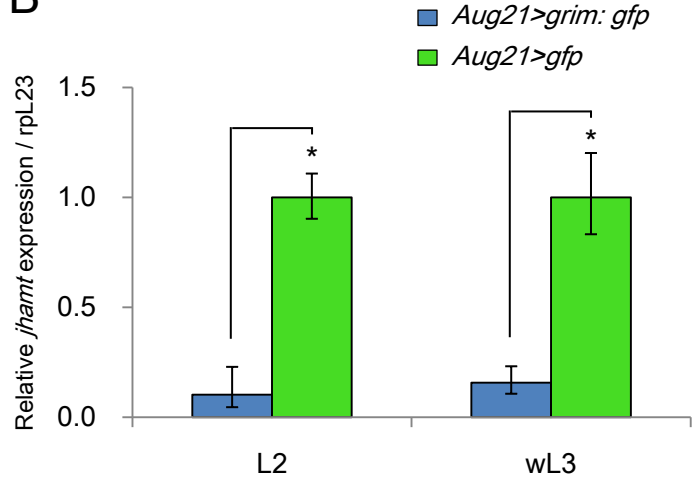
Fig. 3



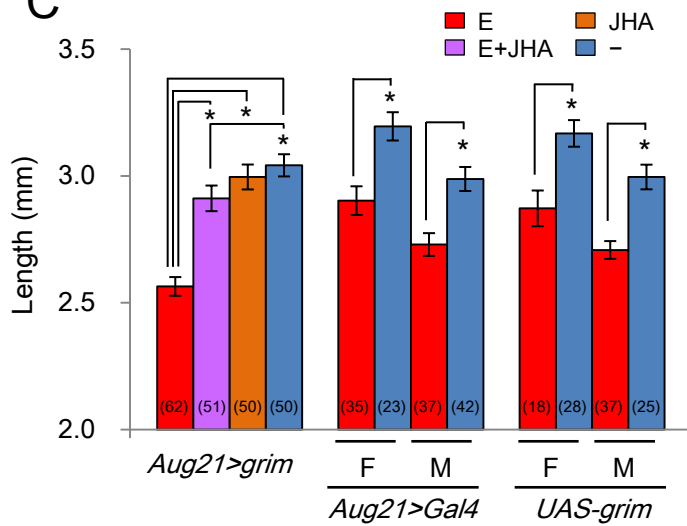
A



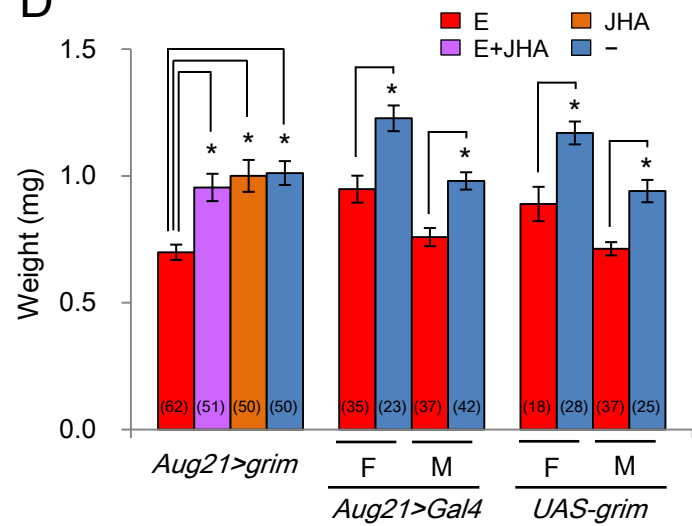
B



C



D



E

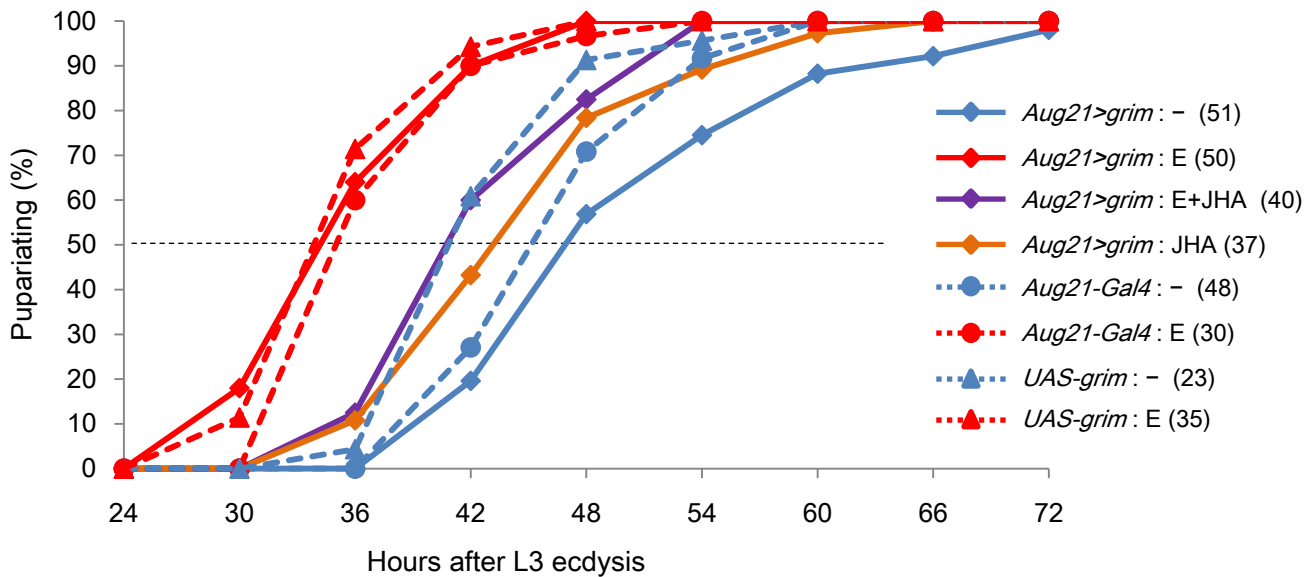
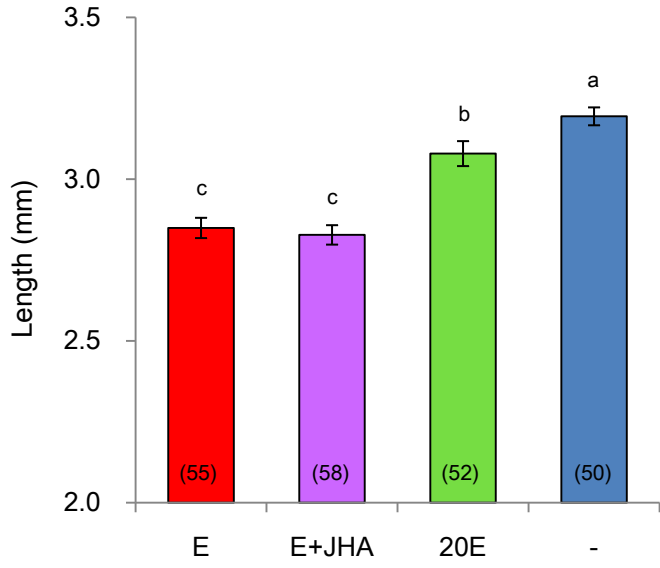
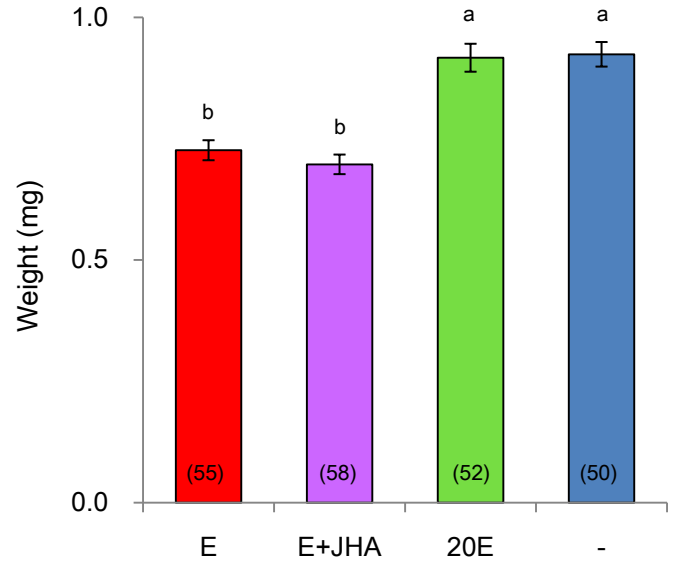


Fig. 5

A



B



C

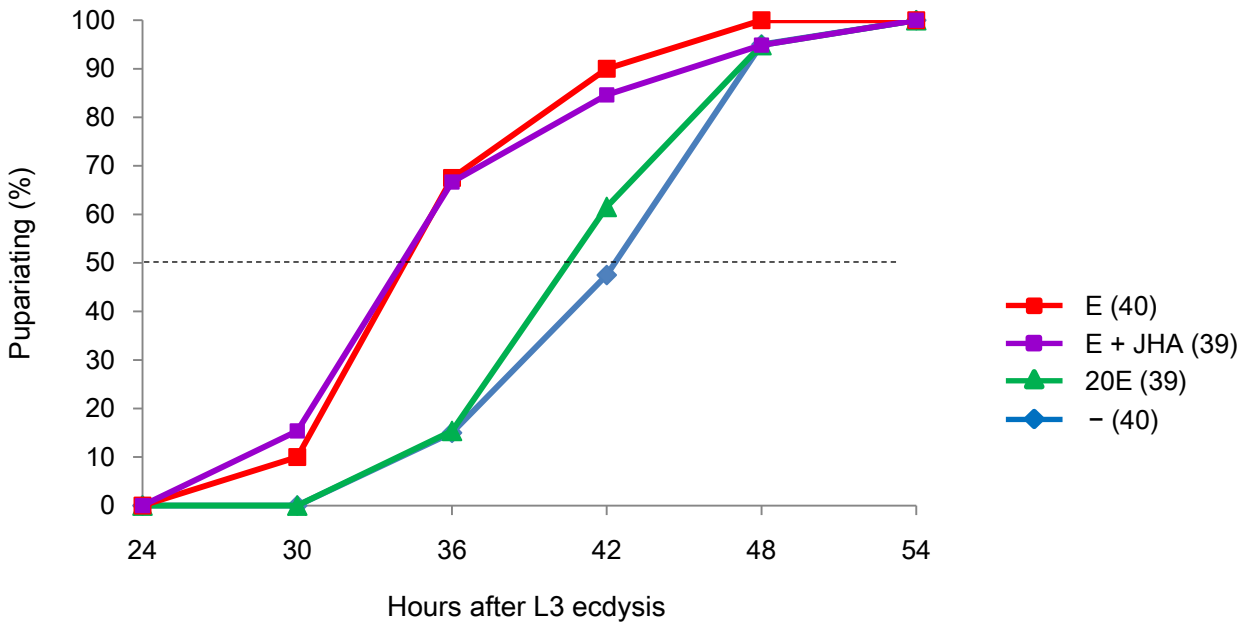


Fig. 6

