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1 **Effects of the physical characteristics of seeds on gastrointestinal passage time in**
2 **captive Japanese macaques**

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7 Short title: Seed characteristics and passage time of Japanese macaques

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14 **Abstract**

15 The time it takes seeds to pass through the gut of vertebrates is an important aspect of
16 endozoochorous seed dispersal because it influences seed dispersal distance. The
17 physical characteristics of seeds (e.g., dry seed weight, volume, and specific gravity) vary
18 among plant species, which might cause a difference in seed movement through the
19 gastrointestinal system. We conducted feeding experiments with captive female Japanese
20 macaques (*Macaca fuscata*) (n = 5) using eight different types of seeds to evaluate the
21 effects of the physical characteristics of seeds on their passage time. Median seed
22 recovery percentage for the real seeds was 35.5 % (range, 24%–78 %). Among three
23 passage time variables examined, mean retention time (*MRT*) (37–54 hr) and time of last
24 appearance of a seed (*TLA*) (53–109 hr) differed significantly among seed types, and the
25 latter differed significantly among individuals. Transit time (*TT*) (22–35 hr) did not. The
26 generalized linear models (GLM) selected dry seed weight as the most important factor
27 affecting *MRT*, while specific gravity of seeds as the most important factor affecting *TLA*.
28 This implies that 1) heavier seeds and (or) seeds with greater specific gravity remain in
29 the gut longer and are likely to be dispersed farther from the parent plant, and 2) the
30 lighter seeds and (or) seeds with lower specific gravity are dispersed nearer the parent.
31 Our study demonstrated the importance of considering the effects of the physical

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32 characteristics of seeds on the manner which primates disperse plant species, though we

33 should consider the effect of the individual variation in the passage time, too.

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35 Key words: Japanese macaque, passage time, seed dispersal, seed size, specific gravity

Review Copy

36 Introduction

37 Endozoochory is the dispersal of seeds that pass unharmed through digestive tracts of
38 animals. According to Pollux *et al.* (2007), endozoochory depends on the following four
39 stages: 1) the probability that seeds are ingested by animals; 2) the time of seed retention
40 in the digestive system (i.e., passage time); 3) the resistance of seeds to digestion, and 4)
41 the viability and germination rate of seeds after passage through the gut.

42 Among these factors, passage time influences the dispersal distance of seeds (Link &
43 Di Fiore, 2006). In several plant species, seeds moved further away from the parent plants
44 have a greater chance of survival (Garber, 1986), though this may not be the case for all
45 plant species and (or) every season (Augspurger, 1984; Chapman & Chapman, 1996). To
46 date, the retention time of seeds in the primate gut has been studied particularly through
47 feeding experiments using particle markers that imitate real seeds (e.g., Dierenfeld,
48 Koontz & Goldstein, 1992; Maisels, 1993) and on a few occasions by direct observation
49 of wild primates (Garber, 1986; Julliot, 1996).

50 There are numerous variables which should affect the passage time: time of day,
51 health / age / sex of the animal, stress, quantity / quality of foods, etc. Among these
52 factors, our focus in this study is on the physical characteristics of seeds (e.g., seed size,
53 shape, coat hardness, and external structure). The physical characteristics of seeds differ

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7 54 among plant species. These variations in seed characteristics may have an important
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10 55 influence on the passage time in the gut of animal dispersers (Traveset, 1998). For
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13 56 example, Leavy & Grajal (1991) and Schwarm *et al.* (2008) showed negative correlations
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16 57 between seed size (mm) and passage time in cedar waxwings *Bombycilla cedrorum* and
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19 58 the pygmy hippopotamus *Hexaprotodon liberiensis*, respectively. In such cases, smaller
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22 59 seeds would be dispersed farther from parent plants. In contrast, Julliot (1996), Wotton,
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25 60 Clout & Kelly (2008), and Schwarm *et al.* (2008) provided evidence of a positive
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28 61 correlation between seed size and passage time in red howler monkeys *Alouatta seniculus*,
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31 62 New Zealand pigeons *Hemiphaga novaeseelandiae*, and bantengs *Bos javanicus*. Finally,
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34 63 Garber (1986) and Gardener, McIvor & Jansen (1993) showed a negative correlation
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37 64 between the specific gravity of seeds and the passage time for two species of tamarin
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40 65 monkeys, *Saguinus mystax* and *S. fuscicollis* and cattle *Bos taurus*. Other studies have
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43 66 found no clear relationships between the physical characteristics of seeds and passage
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46 67 time (emu *Dromaius novaehollandiae*: Wilson (1989); arctic fox *Alopex lagopus*: Graae,
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49 68 Pagh & Bruun (2004); two species of fox *Pseudolopex gymnocerus* and *Cerdocyon thous*:
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52 69 Varela & Bucher (2006); carp *Cyprinus carpio*: Pollux *et al.* (2007)). Thus, it appears that
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55 70 the relationships between the physical characteristics of seeds and passage time vary
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58 71 among animal species and may depend on difference in the size / morphology of the
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7 72 digestive system and the digestive processes of the subject animals. Thus, this
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10 73 relationship must be studied in individual species.

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13 74 Primates commonly consume large amounts of fleshy fruit, and often void the intact
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16 75 seeds while moving or during rest periods (*Alouatta seniculus* and *Lagothrix lagotricha*:
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19 76 Yumoto, Kitamura & Nishimura, 1999; *A. guariba* and *Brachyteles arachnoides*: Martins,
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22 77 2006; *Macaca fascicularis*: Lucas & Corlett, 1998; *Papio anubis*: Kunz & Linsenmair,
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25 78 2008a; *Cercopithecus* spp. and *Pan troglodytes*: Lambert, 2002; *Gorilla gorilla*: Remis,
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28 79 2000). Differences in the ranging patterns and dietary preference of individual primate
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31 80 species, along with physical characteristics of seeds swallowed influence their passage
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34 81 time through the digestive system. Since primates move from several hundred meters to
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37 82 several kilometers daily (e.g., Raemakers, 1980), a difference in passage time can result
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40 83 in marked difference of several hundred meters in seed dispersal distance. For example,
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43 84 Link & Di Fiore (2006) reported that seed dispersal distances of 38 plant species averaged
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46 85 443 m, with about 2 % of seeds retained in the gut for over 6 hours and dispersed more
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49 86 than 1250 m away from the parent plant. However, few studies thus far have considered
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52 87 the effects of the physical characteristics of seeds on primate gut passage time. A better
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55 88 understanding of the effects of the physical characteristics of seeds on passage time is
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58 89 necessary for evaluating the dispersal distance of seeds by primates.
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90 In the present study we conducted feeding experiments with captive Japanese
91 macaques (*Macaca fuscata*), an important seed disperser in temperate forests of Japan
92 (Yumoto, Noma & Maruhashi, 1998; Otani & Shibata, 2000; Otani, 2003). We tested one
93 prediction: passage time through the macaque gut differed based on the physical
94 characteristics of the seeds.

96 **Materials and methods**

97 Our methodology complied with protocols approved by the guidelines (Guide for the
98 Care and Use of Laboratory Primates, Second Edition) of the Primate Research Institute,
99 Kyoto University, Japan, and adhered to Japan's legal requirements.

101 **Study animals and their housing conditions**

102 Study animals were 5 adult (>10 years) female Japanese macaques housed at the Primate
103 Research Institute, Kyoto University, Japan (body weight: 6.7 – 10.5 kg). Each animal
104 was reared in an individual cage (W 760 mm × L 900 mm × H 850 mm) in an
105 air-conditioned (20°C) experimental room. All 5 animals were active and in good
106 condition. None were lactating or pregnant. Difference in the body weight of the monkeys
107 before and after the experiments were not significant (paired *t*-test, $df = 4$, $t = 1.18$, $P >$

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10 109 The monkeys were fed 100 g of monkey chow twice a day (10:00 and 14:00). They
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13 110 were also fed 35 g of sweet potatoes for morning meals three times per week. These are
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16 111 high quality foods relative to many of the foods consumed by Japanese macaques in the
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19 112 wild (Mori, 1979; Nakagawa *et al.* 1996). We alone entered the experimental room as a
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22 113 health precaution and to minimize any stress to the animals that might affect gut retention
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25 114 times.

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31 116 **Seed administration**

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34 117 Eight experimental trials were conducted from June to September 2008 (Table 1). We did
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37 118 not change the macaques' housing conditions or diet composition during the experiments,
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40 119 except that the sweet potatoes were replaced by chunks of banana (ca. 100g) in which we
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43 120 inserted experimental seeds (see below). During each experiment, we continued to feed
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46 121 the chunks of banana without seeds three times per week.

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50 122 A trial consisted of providing the monkeys with nontoxic plastic seeds (two sizes of
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53 123 white plastic beads) or real seeds (six types of commercial seeds) with varied dimensions
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56 124 (Table 1). We used commercial seeds to assure similar-sized seeds. Before the experiment
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59 125 we measured the length, width, and height of each seed (n = 10) with a vernier caliper
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7 126 (THS-30, Niigata Seiki Co., Japan) to the nearest 0.05 mm. We also weighed dry seeds on
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10 127 an electric balance (UX4200H, Shimadzu Co., Japan) to the nearest 0.01 mg. We
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13 128 estimated seed volume based on the following formula suggested by Garber (1986):

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$$V = \pi R^2 \left(L - \frac{2}{3} R \right),$$

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19 130 where $R = (\text{seed width} + \text{height})/4$, and $L = \text{seed length}$. The specific gravity of the seed
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22 131 ($\text{mg}\cdot\text{mm}^{-3}$) was calculated as (dry seed weight/seed volume).

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25 132 We inserted both plastic and real seeds into chunks of banana and fed them to the
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28 133 monkeys. We adjusted the number of seeds inserted into the banana to total
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31 134 approximately $400\text{--}500 \text{ mm}^3$ to eliminate the effect of total seed volume on the passage
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34 135 time (Table 1). Each animal was fed seed-loaded bananas once during the morning meal
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37 136 (10:00). Single type of seeds was fed to a given animal for each experiment, and same
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40 137 type of seeds was fed to all macaques on a given experiment. We visited the experimental
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43 138 room at least every two hours from 6:00 to 18:00 to determine whether the monkeys had
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46 139 defecated. Since we did not observe defecating behavior, the passage time was estimated
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50 140 at two-hour intervals. Though we did not observe the monkeys during the night
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53 141 (18:00–6:00), this would not affect the results because the monkeys rarely (only twice)
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56 142 defecated during this time. Each fecal sample collected was washed and screened by a
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59 143 sieve (mesh size, 0.5 mm) to determine whether seeds were present. If we found seeds,
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7 144 the time of the sample collection and the number of seeds were recorded. We ended an
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10 145 experimental session when no new seed was found in the feces within 24 hours from the
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13 146 last seed appearance. We started the next experimental session after at least a one-day
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16 147 interval from the previous experiment.

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19 148 From the obtained data we calculated time of first appearance of a seed: transit time
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22 149 (*TT*), time of last appearance of a seed (*TLA*), and mean retention time (*MRT*). The *MRT*
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25 150 was calculated according to the following formula (Lambert, 2002):
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$$MRT = \frac{\sum_{i=1} m_i t_i}{\sum_{i=1} m_i},$$

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31 152 where m_i = the number of seeds excreted at the i th defecation at time t_i (hr) after ingestion.
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37 154 **Statistical analyses**

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40 155 We tested the effects of the seed type (plastic and real) on the percentage of seed recovery
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43 156 and on the three variables associated with passage time (*TT*, *MRT*, and *TLA*), and the
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46 157 effects of individual macaque on the passage times. For these analyses, we calculated the
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50 158 median instead of the mean and standard deviation, and employed Friedman's two-way
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53 159 ANOVAs since our data were not normally distributed (tested by Shapiro-Wilk normality
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56 160 test, $P < 0.05$). We tested correlations between the percentage of seed recovery and
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59 161 physical dimensions of seeds, and correlations among the three passage time variables
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7 162 using Spearman's correlation analyses. Significance levels were set at 5% for these
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10 163 analyses. We examined the effects of the physical characteristics of seeds (dry weight,
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13 164 volume, and specific gravity) on the passage time using the generalized linear models
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16 165 (GLM). We assumed gamma distributions for the three variables associated with passage
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19 166 time. Then the best model was determined by removing independent variables that did
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22 167 not improve Akaike's information criterion (*AIC*) compared to that for the full model. All
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25 168 data analyses were carried out using the statistical software R version 2.4.1 (R
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28 169 Development Core Team, 2006).

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34 171 **Results**

37 172 **Administration and recovery of seeds**

40 173 The monkeys readily and immediately consumed the real and plastic seeds concealed in
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44 174 chunks of banana. Spitting out was rarely observed for the real seeds ($n = 5$, mean \pm SD
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47 175 = 2.8 ± 6.4 % of seeds in a banana (six types mean)), while for the plastic seeds
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50 176 relatively many of the seeds were spat out (29.0 ± 17.6 % of larger and 10.5 ± 12.1 %
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53 177 of smaller seeds) (Table 1).

56 178 Among eight feeding trials, the median of seed recovery percentage for the real
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59 179 seeds per individual monkey was 35.5 % (range, 24%–78 %). The median percentage of
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7 180 plastic seeds recovered was 81.5 % (range, 65%–86 %) (Table 1). The percentage of seed
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10 181 recovery varied significantly among the real seed types (Friedman’s two-way ANOVA,
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13 182 $\chi^2 = 18.94$, $df = 5$, $P < 0.01$), although none of the physical dimensions of the real seeds
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16 183 correlated with the percentage of recovery (Spearman’s correlation analyses, $df = 5$, dry
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19 184 seed weight: $r_s = 0.26$, $P = 0.658$; seed volume: $r_s = 0.03$, $P = 1.000$; specific gravity of
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22 185 seed: $r_s = 0.60$, $P = 0.242$).

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29 187 **Gut passage time and physical characteristics of seeds**

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31 188 The passage rates measured by *TT*, *MRT*, and *TLA* were 22–35 hr (Fig. 1a), 37–54 hr (Fig.
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34 189 1b), and 53–109 hr (Fig. 1c), respectively. We treated the three passage time variables as
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37 190 independent of each other because there were no correlations among them (Spearman’s
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40 191 correlation analyses, $df = 7$, *TT* vs *MRT*: $r_s = 0.68$, $P = 0.062$; *TT* vs *TLA*: $r_s = 0.24$, $P =$
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43 192 0.568 ; *MRT* vs *TLA*: $r_s = 0.70$, $P = 0.069$). Among these variables, *MRT* (median: 44.7 hr)
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46 193 and *TLA* (median: 70.0 hr) differed significantly among the seed types (Friedman’s
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50 194 two-way ANOVA, $df = 7$, *MRT*: $\chi^2 = 14.58$, $P = 0.042$; *TLA*: $\chi^2 = 21.32$, $P = 0.003$). *TT*
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53 195 (median: 24.0 hr), however, did not differ significantly among the seed types ($\chi^2 = 11.63$,
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56 196 $P = 0.114$). On the other hand, *MRT* differed significantly among individual macaques
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59 197 (Friedman’s two-way ANOVA, $df = 4$, $\chi^2 = 11.66$, $P = 0.020$), while *TT* and *TLA* did not
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7 198 ($TT: \chi^2 = 1.60, P = 0.809; TLA: \chi^2 = 8.94, P = 0.062$). When we omitted the plastic beads
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10 199 from the analysis, only *TLA* differed significantly among the real seed types (Friedman's
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13 200 two-way ANOVA, $df = 5, TT: \chi^2 = 8.43, P = 0.634; MRT: \chi^2 = 6.91, P = 0.243; TLA: \chi$
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16 201 $^2 = 20.24, P = 0.001$). In this case, *TLA* also differed significantly among individual
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19 202 macaques (Friedman's two-way ANOVA, $df = 4, \chi^2 = 10.40, P = 0.034$), while *TT* and
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22 203 *MRT* did not ($TT: \chi^2 = 2.48, P = 0.648; MRT: \chi^2 = 8.48, P = 0.076$).

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25 204 The GLM selected dry seed weight as a factor affecting *MRT* (positive effect), and
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28 205 specific gravity as a factor affecting *TLA* (positive effect) (Table 2). When we omitted the
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31 206 plastic beads from the analysis of the *TLA*, the GLM again selected specific gravity as the
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34 207 sole factor (positive) (Table 2).

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38 39 40 209 **Discussion**

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43 210 The median percentage of real seeds recovered per individual monkey was 36 %. This
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46 211 result is probably due to the fact that the Japanese macaques act both as seed dispersers
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49 212 and as seed predators (Yumoto *et al.*, 1998; Otani and Shibata, 2000; Otani, 2003). Otani
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52 213 (2003), for example, found some cracked seeds of relatively large-seeded species (e.g.,
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55 214 *Akebia trifoliata* (mean cubic diameter: 3.6 mm) and *Berchemia racemosa* (3.2 mm))
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58 215 with their intact seeds in macaque feces. Percent seed recovery was not significantly
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7 216 correlated with dry seed weight, volume, or specific gravity. Kunz & Linsenmair (2008a)
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10 217 also reported the absence of a linear correlation between seed size and that of seed
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13 218 damage in their study of olive baboons *Papio anubis*. It is possible that characteristics of
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16 219 seeds, such as hardness or shape, may help to explain the low seed recovery rate of
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19 220 several seed types reported in our study. Corlett & Lucas (1990) reported that captive
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22 221 studies exaggerate seed predation, and this might also be the case in our study. Seed
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25 222 spitting is another handling behavior in cercopithecine monkeys, including macaques
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28 223 (Corlett & Lucas, 1990; Lucas & Corlett, 1998). For Japanese macaques in our study,
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31 224 however, spitting out of the seeds was rarely observed (3%), though the plastic beads
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34 225 were spat out more (29%) (Table 1). Small seed size might contribute to the lower
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37 226 percentage of seed spitting (Lucas & Corlett, 1998).

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40 227 Measurements of the transit time (*TT*) and the mean retention time (*MRT*) in the
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43 228 female Japanese macaques in our study (*TT*, 22–35 hr, *MRT*, 37–54 hr) (Fig. 1a, 1b) were
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46 229 similar to those found in previous studies of cercopithecine monkeys (*TT*, 20 hr for
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49 230 *Cercopithecus ascanius*, 17 hr for *C. mitis*, 21 hr for *C. neglectus* (Lambert, 2002), and 23
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52 231 hr for *Lophocebus albigena* (Maisels, 1993); *MRT*, 27 hr for *C. ascanius*, 25 hr for *C.*
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55 232 *mitis*, 34 hr for *C. neglectus* (Lambert, 2002), 38 hr for *L. albigena* (Maisels, 1993), and
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58 233 39 hr for *Macaca fuscata* (Otani, 2004)). In general, seed passage time of Old World
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7 234 monkeys is considerably longer than that reported for most species of New World
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10 235 monkeys (Lambert, 1998; Chapman & Russo, 2007). Further, when the effects of body
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13 236 size were removed, the passage time of Old World monkeys also is significantly greater
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16 237 than that of apes (Lambert, 2002). Relatively long retention time is one of physiological
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19 238 traits of cercopithecine monkeys, including Japanese macaques, and this might facilitate
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22 239 more efficient consumption of a high fiber non-fruit diet and parts while maintaining a
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25 240 greater capacity to detoxify secondary metabolites (Lambert, 2002).
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28 241 Among the three variables of the passage time of seeds treated in this study, *TT* did
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31 242 not differ among seed types used in the feeding experiments and among individual
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34 243 macaques ($P > 0.05$). In contrast, *MRT* and *TLA* of a seed differed significantly among
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37 244 seed types, and, for the latter, among individuals ($P < 0.05$): dry seed weight showed a
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40 245 positive effect on *MRT*, while specific gravity of seeds showed a positive effect on *TLA*
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43 246 (Table 2). Furthermore, it is noteworthy that the positive effect of the specific gravity on
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46 247 *TLA* was irrelevant to the plastic beads, which had a quite high specific gravity. Our study
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50 248 is the first to demonstrate the effect of the physical characteristics of seeds on the passage
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53 249 time in cercopithecine monkeys, though we should consider the effect of the individual
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56 250 variation in the passage times, too. Our results imply that 1) (at least) seeds with higher
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59 251 specific gravity and (or) heavier seeds will be dispersed farther from the parent plants,
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7 252 and 2) (at least) seeds with lower specific gravity and (or) the lighter seeds will be
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10 253 dispersed nearer the parent. Interestingly, the effect of specific gravity of seeds on the
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13 254 passage time was opposite to Garbers' (1986) result which suggested that the specific
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16 255 gravity of seeds was negatively correlated with passage time through the gut of two
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19 256 callitrichid species. The difference in the effect of specific gravity of seeds between the
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22 257 macaques and tamarins would be attributed to the difference in relative gut volume and
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25 258 digestive systems (Strier, 2000; Lambert, 1998), or due to the difference in metabolism
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28 259 between them.

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31 260 On the basis of present results, testing the relationship between dispersal distribution
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34 261 of seeds and their performance (e.g., germination and growth of seedling) in the field is
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37 262 needed to draw conclusions about the adaptive significance of the effects of physical
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40 263 characteristics of the seeds on gut passage time.

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45 46 265 **Acknowledgements**

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7 360 FIGURE LEGENDS
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10 361 Figure 1. Relationships between the seed type (eight types) and the passage time
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12 362 variables: a) transit time (*TT*), b) mean retention time (*MRT*), and c) time of last
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14 363 appearance of a seed (*TLA*). Filled circles show mean values and bars show standard
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16 364 deviations (*SD*).
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Table 1. The physical characteristics of seeds used in feeding experiments and their fate.

Seed type	Physical characteristics of seeds							Dose		Fate of seeds (# of seeds, mean ± SD)					
	Size (mm, mean ± SD)			Dry weight (mg, mean ± SD)	Volume ^{a)} (mm ³)	Specific gravity ^{b)} (mg-mm ⁻³)	No. of seeds in a banana	Total volume (mm ³)	Defecated		Spitted out		Destructed		
	Length	Width	Height												
Small beads	2.10 ± 0.09	2.12 ± 0.09	1.45 ± 0.12	9.60 ± 0.46	3.75	3.33	110	412.5	94.6 ±	18.2	11.6 ±	13.3	4.0 ±	5.2	
Large beads	2.84 ± 0.11	2.76 ± 0.14	1.88 ± 0.13	25.70 ± 6.58	8.72	2.95	40	348.8	25.8 ±	11.1	11.6 ±	7.1	2.6 ±	4.7	
Radish	4.14 ± 0.21	3.26 ± 0.21	2.53 ± 0.28	18.20 ± 2.78	20.84	0.87	20	416.8	7.2 ±	3.0	0.0 ±	0.0	12.8 ±	3.0	
Eggplant	3.45 ± 0.17	2.89 ± 0.27	0.93 ± 0.12	4.04 ± 0.47	8.03	0.50	50	401.5	39.0 ±	6.9	0.2 ±	0.5	10.8 ±	6.8	
Spinach	3.84 ± 0.40	3.23 ± 0.29	2.31 ± 0.30	11.35 ± 1.97	17.58	0.65	25	439.5	6.0 ±	2.9	0.4 ±	0.6	18.6 ±	2.5	
Melon	6.24 ± 0.59	3.22 ± 0.16	0.99 ± 0.15	8.67 ^{c)}	19.21	0.45	20	384.2	9.4 ±	3.9	1.0 ±	2.2	9.6 ±	3.8	
Potherb Mustard	1.62 ± 0.18	1.43 ± 0.12	1.43 ± 0.12	1.74 ± 0.35	1.83	0.95	230	420.9	56.0 ±	13.4	12.2 ±	27.3	161.8 ±	40.3	
Bermuda grass	1.38 ± 0.09	0.71 ± 0.11	0.68 ± 0.11	0.19 ^{d)} ± 0.02	0.44	0.44	1300	572.0	538.0 ±	247.9	0.0 ±	0.0	762.0 ±	247.9	

The sample number of seed measurements was ten for each species.

^{a)} Seed volume was calculated by using the following formula: $V = \pi R^2 (L - 2/3R)$; V = volume, R = (width + height) / 4, L = length.

^{b)} Calculated as dry weight / volume.

^{c)} Dry seed weight was measured only once.

^{d)} Dry seed weight was measured five times.

Table 2. Selected physical characteristics of seeds affecting passage time variables by GLM: mean retention time (*MRT*) and time of last appearance (*TLA*).

Independent variable	Dependent variable		
	<i>MRT</i>	<i>TLA</i>	<i>TLA</i> (without beads)
	Estimate ± SE	Estimate ± SE	Estimate ± SE
Intercept	3.736 ± 0.062***	4.071 ± 0.072***	3.915 ± 0.199***
Dry weight	0.011 ± 0.005	—	—
Volume	—	—	—
Specific gravity	—	0.167 ± 0.043**	0.416 ± 0.294

*: $P < 0.05$, **: $P < 0.01$, ***: $P < 0.001$

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