1	Running head:
2	Y. L. Chow et al. Enhanced Berberine Sensitivity in nhr-8 RNAi C. elegans
3	
4	Research Article
5	
6	Knockdown of the NHR-8 Nuclear Receptor Enhanced Sensitivity to the Lipid-
7	Reducing Activity of Alkaloids in Caenorhabditis elegans
8	
9	Yit-Lai Chow, Yuriko Kawasaki, and Fumihiko Sato*
10	
11	Department of Plant Gene and Totipotency, Graduate School of Biostudies, Kyoto
12	University, Kitashirakawa, Kyoto 606-8502, Japan
13	
14	Received April 11, 2014; Accepted June 12, 2014
15	

***Corresponding author:** E-mail: fsato@lif.kyoto-u.ac.jp

- 17 Abstract
- 18

Caenorhabditis elegans is a versatile, whole-organism model for bioactivity 19 screening. However, this worm has extensive defensive mechanisms against 20 xenobiotics which limit its use for screening of pharmacologically active compounds. 21 22 In this study, we report that knockdown of *nhr-8*, a gene involved in the xenobiotic response, increased the worm's sensitivity to the lipid-reducing effects of some 23 isoquinoline alkaloids, especially berberine. On the other hand, crude extract of 24 rhizome and cultured cells showed enhanced biological activity compared to the pure 25 alkaloids in wild type worm, but this enhanced activity was not detected in nhr-8 26 RNAi worm, suggesting that some components in cell extracts might interfere with the 27 defense response in this worm. The possibility of using C. elegans as a model for 28 screening bioactive chemicals is discussed. 29

31 Keywords:

Detoxification response, isoquinoline alkaloid, bioactivity screening, nuclear hormone
 receptor-8 (NHR-8), *Caenorhabditis elegans*

34

Nuclear receptors (NRs) are a diverse class of transcription factors that mediate 35 hormonal signaling processes in vertebrates and insects, and are known to extend beyond 36 the direct transduction of endocrine signals to include responses to a variety of signaling 37 molecules (including xenobiotics), participation in multiple signal transduction pathways, 38 and regulation of diverse physiological and developmental processes. While many of the 39 mechanisms by which ligand-regulated, hormone-responsive NRs activate or repress the 40 41 transcription of target genes have been well characterized, little is known about the cognate ligands of the remaining orphan NRs. [1] The C. elegans genome sequence contains 284 42 confirmed or predicted NR genes, which is over 5-fold more than the number found in the 43 44 human genome, [2] and a few of them exhibit conserved physiological functions across 45 taxa.

Under natural conditions, *C. elegans* is exposed to a wide range of chemical assaults found in soil. As a result, it must be able to efficiently detoxify organic chemicals for survival. Recent studies have identified many of the genes that encode sensors and enzymes that the worms may use in their xenobiotic responses such as a large number of four main classes of detoxification enzymes including cytochrome P450 (CYP), short-chain dehydrogenases (SDR), UDP-glucuronosyl or glycosyl transferases (UGT), and glutathione-*S*-transferases (GST). [3] Most studies on the mechanism of detoxification in *C*.

elegans have attempted to circumvent its xenobiotic resistance in screening for more
 effective potential nematicides among toxic compounds, including plant secondary
 metabolites.

56

nhr-8 is a gene that encodes a nuclear hormone receptor which is involved in the 57 xenobiotic resistance response of C. elegans. Although the actual target genes of nhr-8 58 have not yet been identified, the precedent PXR (pregnane X receptor) and CAR 59 (constitutive androstane receptor) activities in vertebrates suggest that NHR-8 may regulate 60 the expression of the cytochrome P450 genes in C. elegans. The toxin sensitivity of nhr-8 61 is specific, since *nhr-8* RNAi worms were found to be more sensitive than wild-type worms 62 63 to the toxins cholchicine and chloroquine, but not to the pathogenic bacterium *Pseudomonas aeruginosa.* [4] 64 Plant alkaloids have been suggested to function in the defense against herbivores and 65 pathogens. Therefore, they are likely to induce a xenobiotic response and consequently 66 their bioavailability might be reduced in vivo. Accordingly, the isoquinoline alkaloids, 67 berberine and sanguinarine (Fig. 1A), were also expected to induce a xenobiotic response in 68 these worms. Previously, the genome-wide response of the worms to berberine and 69 sanguinarine treatment was investigated by a microarray analysis and the results indicated 70 that defense-response and detoxification genes including F08G5.6 (a defense-response 71 gene), cvp-35C1, gst-5, ugt-21, and ugt-25 were up-regulated (data not shown). 72 Although *nhr-8* RNAi worms have been used to investigate their sensitivity to toxic 73 74 compounds that act as nematicides, there have been no studies on the response of *nhr-8*

75	RNAi worms to the bioactivities of the compounds being applied. In previous experiments
76	with wild-type N2 worms, we found that treatment consistently yielded detectable lipid-
77	reducing activity through Oil Red O staining at 500 μM for berberine and 25 μM for
78	sanguinarine, but lower concentrations, such as 50 μM berberine and 10 μM sanguinarine,
79	were less effective. [5] In an attempt to enhance the sensitivity of the worm screening
80	system and to minimize the effective concentration of test compounds needed for
81	bioactivity assays, the detoxification response in C. elegans was impeded by knocking
82	down nhr-8 and treating nhr-8 RNAi worms with lower alkaloid concentrations to check if
83	this could increase the alkaloid bioavailability in these worms. Next, we investigated if the
84	increased sensitivity to alkaloid treatment could be due to higher bioavailability in the
85	worms by analyzing the accumulation of alkaloids in the worms. Differences in the
86	induction of detoxification genes between an alkaloid-treated control and nhr-8 RNAi
87	worms were also analyzed.

89 Materials and Methods

90	Chemicals and reagents. The following materials were used in the experiments:
91	berberine sulfate (Tokyo Chemical Industry Co., Ltd.), sanguinarine chloride (Sigma-
92	Aldrich), palmatine chloride (Mitsui Petrochemical Industries), coptisine chloride (Wako
93	Pure Chemicals, Osaka, Japan), magnoflorine (a gift from R. Nishida, Kyoto University),
94	and columbamine (prepared in our laboratory [6]). Coptis rhizomes were purchased from a
95	local market, and a Coptis japonica cell culture [7] was established and maintained
96	routinely in our laboratory. All other reagents were purchased from Wako Pure Chemicals.
97	
98	Coptis rhizome and cultured C. japonica cell extracts. Ten g fresh weight of C. japonica
99	(156-S) cells and 10.0 g of <i>Coptis</i> rhizome slices were soaked in 100 ml methanol for 48 h,
100	respectively. The filtered extracts were concentrated using a rotary evaporator and
101	dissolved in distilled water for a bioassay and analysis by LC-MS.
102	
103	Nematode strains. Wild-type: N2 (Bristol) were maintained on nematode growth media
104	(NGM) at 20°C according to standard culture methods. [8]
105	
106	Oil Red O staining. Two-day-old worms were treated with and without alkaloids (as a
107	control) for 24 hours. About 200-300 worms were collected and washed three times with
108	1X PBS pH 7.4 buffer. Oil Red O staining was performed as previously reported. [9] The
109	results were verified by reproducibility in at least two of three independent experiments.
110	

111	RNA interference. An RNAi feeding method [10] was used. Details are described in the	
112	Supplemental Information.	
113		
114	Quantitative RT-PCR. Total RNA was extracted with Sepasol-RNA I Super G (Nacalai	
115	Tesque), purified with an RNeasy Mini Kit (Qiagen), and reverse-transcribed into cDNA	
116	using SuperScript III reverse transcriptase (Invitrogen) with oligo(dT) primer. cDNA (final	
117	concentration of 500 pg μl^{-1}) was subjected to qRT-PCR analysis using the CFX96 Real-	
118	Time PCR System (Bio-Rad Laboratories, Inc.) with IQ SYBR Green Super Mix (Bio-Rad).	
119	The conditions for the PCR reactions and the primer sequences are listed in the	
120	Supplemental Information.	
121		
122	LC-MS analysis of the accumulation of alkaloids and their metabolites in worms.	
123	Worms were washed with 0.1% SDS solution and then in M9 buffer to remove compounds	
124	stuck to the worm cuticle. After washing, worms were homogenized in 2X lysis solution	
125	(100 mM KCl, 20 mM Tris pH8.3, 0.4% SDS, 120 μ g/ml proteinase K) with coptisine	
126	chloride added as an internal standard. The details of the LC-MS analysis parameters and	
127	quantification are described in the Supplemental Information.	
128		
129	LC-MS analysis of Coptis rhizome and cultured cell extracts. The details of LCMS	
130	analysis parameters and quantification are described in the Supplemental Information.	
131		

Comparisons between groups were performed by analysis of variance (ANOVA) and 133 134 Tukey test. p < 0.05 was considered statistically significant. 135 Results 136 RNAi knockdown of nhr-8 enhanced the lipid-reducing activity of berberine 137 In wild-type N2 worms, 500 µM berberine and 25 µM sanguinarine showed consistent 138 lipid-reducing activity with Oil Red O staining, and lower concentrations such as 50 µM 139 140 berberine and 10 µM sanguinarine were less effective. [5] Since the detoxification process might reduce the effectiveness of alkaloids, we knocked-down nhr-8, a nuclear hormone 141 142 receptor gene that is involved in the xenobiotic resistance response, with RNAi and 143 examined the worm's susceptibility to alkaloid treatment (Supplemental Fig. 1). nhr-8 144 RNAi worms showed significantly greater lipid reduction (p < 0.05) at lower concentration of berberine (50 µM) than control worm without RNAi treatment after treatment for 24 145 hour (Fig. 1B, 1C, Supplemental Fig. 2), while control RNAi worms also showed lipid 146 reduction with 10 µM sanguinarine. These results also indicated a difference in the 147 enhancement of alkaloid sensitivity in nhr-8 RNAi worms. 148

Statistical analyses. The results are expressed as the mean \pm standard deviation.

149

132

150 *nhr-8 RNAi worms accumulated more berberine and sanguinarine at low dosage*

To clarify the mechanism of the enhanced lipid-reducing activity of alkaloids in *nhr-8* RNAi worms, we investigated the metabolites of alkaloids in worms. Recent studies have reported that berberine is metabolized into four major compounds: berberrubine (m/z 322),

154	thalifendine (m/z 322), demethyleneberberine (m/z 324) and jatrorhizine (m/z 338) in rat
155	plasma, human liver microsomes, and rat and human urine. [11-14] While fewer
156	metabolites have been reported for sanguinarine due to its cytotoxic property,
157	dihydrosanguinarine (m/z 334), the main metabolite, and some metabolites such as m/z 334
158	after ring cleavage, m/z 320 after successive O -demethylation and m/z 336 after ring-
159	cleavage of m/z 334 were also detected in human, rat and pig liver microsomes. [15,16]
160	Using these metabolic data for berberine and sanguinarine as a reference, we analyzed
161	the alkaloid metabolites in treated worms using LC-MS (Fig. 2A, 2B, Supplemental Fig. 3).
162	Since preliminary experiments using wild-type worms did not show a distinct peak
163	difference for cell extract or culture medium between 6 h- and 24 h-treatment, we analyzed
164	nhr-8 RNAi worms after treatment for 24 h for the measurement of lipid reduction. In
165	berberine treatment, only berberine was detected and no other molecular ion peak that
166	corresponded to any of the 4 major metabolites (berberrubine, thalifendine,
167	demethyleneberberine and jatrorhizine) or glucuronide conjugates was found. Thus, the
168	change in berberine content was analyzed in an nhr-8 RNAi experiment. On the other hand,
169	for sanguinarine treatment, sanguinarine was metabolized into several components, and the
170	content of metabolites with m/z 334, m/z 336 were analyzed to estimate the alkaloid
171	availability in worm.
172	Although we expected that the <i>nhr-8i</i> worms would accumulate more alkaloids, cellular
173	alkaloid contents considerably fluctuated by experiments and some increases only detected
174	at low dosages, i.e., at 50 μ M berberine and 10 μ M sanguinarine (<i>p</i> -value about 0.3 by
175	Student's t-test). These increases were not detected at high dosages, i.e., at 500 μ M

177	RNAi worms accumulated less alkaloid than RNAi control worms at high dosage, other
178	orphan receptor genes involved in xenobiotic metabolism in nhr-8 knockdown worm might
179	enhance the detoxification pathways at high dosages.
180	
181	The major detoxification response genes induced by berberine are mostly independent of
182	NHR-8
183	To characterize the enhanced lipid-reducing effects of berberine in <i>nhr-8</i> knockdown
184	worms, we next analyzed the expressions of major detoxification genes that were up-
185	regulated after berberine treatment in wild-type worms (data not shown). Unexpectedly,
186	qRT- PCR results showed a similar high expression of detoxification genes after treatment
187	with berberine in <i>nhr-8</i> knockdown worms (Fig. 3). Furthermore, the induction of
188	detoxification defense genes was found to increase with an increased concentration of
189	alkaloids in both control and <i>nhr-8i</i> worms. Sanguinarine had similar inducing effects on
190	detoxification genes as berberine.
191	The C. elegans Mediator subunit MDT-15, a transcriptional coregulator in RNA
192	polymerase II-dependent transcription, has been reported to play a role in integrating
193	metabolic responses to ingested materials such as nutrients and xenobiotic compounds.
194	Taubert et al. [17] reported that the expressions of CYP35C1, gst-5, and ugt-25, among
195	several other detoxification genes, are MDT-15-dependent and nhr-8 was dispensable for

berberine (Fig. 2C) and 25 µM sanguinarine (Fig. 2D). While it is unclear why nhr-8

176

196 the MDT-15-dependent expression of these genes. Their findings correlated with our qRT-

PCR results in that the induction of major upregulated detoxification genes wasindependent of *nhr-8*.

nhr-8 RNAi worms survived during treatment for 24 hours, while the lipid-reducing
 activity of alkaloids was more enhanced. Increased expression levels of detoxification
 genes after treatment with berberine and sanguinarine in *nhr-8* RNAi worms could play a
 role in the worm's defense against these alkaloids, while *nhr-8* RNAi worms were more
 sensitive to some alkaloids such as cholchicine and chloroquine [4].

204

205 Effects of rhizome and cultured cell extracts on lipid accumulation in C. elegans

The greater sensitivity of *nhr-8* RNAi worms to berberine suggested that we should 206 207 investigate the effects of extracts of *Coptis* rhizomes and cultured *Coptis japonica* cells, which might mimic the results of berberine in *nhr-8* RNAi worms. The cell extracts, which 208 contain berberine, palmatine, coptisine, columbamine, magnoflorine and some unknown 209 peaks with m/z 336, 322, 338 and 324 (Supplemental Fig. 4), were adjusted to contain 210 about 100 µM berberine and fed to the worms. The rhizome and cultured cell extracts 211 212 showed stronger lipid-reducing effects in the RNAi control worms than berberine, whereas the effects of the cell extract relative to that of berberine were weaker in nhr-8 RNAi 213 214 worms than in RNAi control worms (Fig. 4B). Whereas extracts of rhizome and cultured 215 cells contain several other isoquinoline alkaloids with berberine, these alkaloids such as 216 palmatine and coptisine were also less effective on the lipid-reduction in control worm, suggesting that other type of metabolites in cell extracts would enhance the sensitivity. 217 218 Measurement of nhr-8 expression by RT-PCR indicated that the effects of cell extracts

were not due to a change in *nhr-8* expression (data not shown). The investigation of
chemicals that might mimic the suppression of *nhr-8* expression is underway.

221

222 Discussion

Previously, we have shown that *C. elegans* is a versatile, whole-organism probe for screening the bioactivities of isoquinoline alkaloids. [5] However, this worm has extensive physical (such as a thick cuticle) and molecular (detoxification enzymes) defense mechanisms against xenobiotics. In many studies, the effective doses of test compounds in the worm were often several orders of magnitude higher than those in a mammalian cell culture. [18, 19] These factors limit the usage of the worm for screening the bioactivity of pharmacologically active molecules.

In this study, *nhr-8* knockdown worms were found to be more susceptible to the lipid-230 reducing effects of some isoquinoline alkaloids, such as berberine, palmatine and coptisine 231 (Figs. 1 and 4). The increased sensitivity of nhr-8 RNAi worms to alkaloid treatment 232 suggests that a detoxification mechanism may be impaired. Although we found that *nhr-8* 233 RNAi worms were susceptible to the lipid-reducing effects of several isoquinoline alkaloids, 234 the degree of this sensitivity may vary due to the specificity of both the *nhr-8* receptor and 235 the alkaloid's target. Berberine has been reported to be a substrate of the multidrug 236 membrane transporter P-glycoprotein (P-gp) and is readily effluxed, which would result in 237 low bioavailability. [20, 21] nhr-8 knockdown could increase the accumulation of berberine 238 (at 50 µM), suggesting that P-gp function may be impeded. On the other hand, nhr-8 239 240 knockdown showed less enhanced sensitivity to sanguinarine. Sanguinarine is known to

241	act as a P-gp-mediated multidrug resistance reversal agent, and inhibits ABC transporter
242	activity. [22] Whereas we could not confirm the high content of sanguinarine in worm,
243	sanguinarine could have higher bioavailability and thus is effective at a lower concentration
244	(25 μ M) than berberine (500 μ M), as found in our previous experiment. [5]
245	Many pharmaceutical drugs are isolated directly from plants or are semi-synthetic
246	derivatives of natural products. However, the pipeline of drug discovery faces technical
247	challenges in isolating new compounds with diverse structures and complex chemistries in
248	sufficient quantities for screening. [23] Thus, the ability to detect bioactivity at lower
249	dosages using nhr-8 RNAi worms (as observed with berberine) could be useful for future
250	screening experiments in which the initial concentration of a bioactive compound may be
251	too low to be effectively detected by high-throughput screening.
252	
253	Note: Supplemental information is available on the Bioscience, Biotechnology, and
254	Biochemistry website.
255	
256	Acknowledgements
257	
258	This research was supported by the Ministry of Education, Culture, Sports, Science, and
259	Technology of Japan (MEXT) [Grant-in-Aid no. 21248013 to F. S.]. Y. L. Chow is the
260	recipient of a MEXT Scholarship.

References

262			
263	[1] Gissendanner CR, Crossgrove K, Kraus KA, Maina CV, Sluder AE. Expression and		
264	runction of conserved nuclear receptor genes in <i>Caenornabaltis elegans</i> . Dev Biol. 2004;		
265	200. 399-410.		
266	[2] Mastich IM, Chuden A, Cuen V, Shi V, McKee DD, Comials K, Kennder K, Willson TM		
267	[2] Maglich JM, Sluder, A, Guan A, Shi Y, McKee DD, Carrick K, Kandar K, Willson TM,		
268	solution of complete nuclear receptor sets from the numan, Caenornaballis		
209	elegans and Drosophila genomes. Genome Biol. 2001, 2. RESEARCH0029.		
270	[3] Lindblom TH. Dodd AK. Xenobiotic detoxification in the nematode <i>Caenorhabditis</i>		
271	elegans I Exp Zool & Comp Exp Biol 2006: 305: 720-730		
272	elegans. 5 Exp 2001 / Comp Exp Biol. 2000, 505. 720-750.		
273	[4] Lindblom TH Pierce GJ Sluder AE A <i>C elegans</i> orphan nuclear receptor contributes		
275	to xenobiotic resistance Curr Biol 2001. 11. 864-868		
276			
277	[5] Chow YL, Sato F. Screening of isoquinoline alkaloids for potent lipid metabolism		
278	modulation with <i>Caenorhabditis elegans</i> . Biosci Biotechnol Biochem. 2013; 77: 409-416.		
279	e ,		
280	[6] Ikezawa N, Iwasa K, Sato F. Molecular cloning and characterization of methylenedioxy		
281	bridge-forming enzymes involved in stylopine biosynthesis in Eschscholzia californica.		
282	FEBS J. 2007; 274: 1019-1035.		
283			
284	[7] Sato F, Hashimoto T, Hachiya A, Tamura K, Choi KB, Morishige T, Fujimoto H,		
285	Yamada Y. Metabolic engineering of plant alkaloid biosynthesis. Proc Natl Acad Sci USA.		
286	2001; 98: 367-372.		
287			
288	[8] Stiernagle T. WormBook, ed. The <i>C. elegans</i> Research Community, WormBook, 2006;		
289	doi/10.1895/wormbook.1.101.1, http://www.wormbook.org.		
290			
291	[9] O' Rourke EJ, Soukas AA, Carr CE, Ruvkun G. C. <i>elegans</i> major fats are stored in		
292	vesicies distinct from lysosome-related organelles. Cell Metab. 2009; 10: 430-435.		
293	[10] Lahman D. Tigahlan I. Engage A.C. DNA: gangang in Craw only the disting alagona in a OC wall		
294	[10] Lenner B, fischief J, Fisser AG. KNAI screens in <i>Caenorhabauis elegans</i> in a 90-weil		
295	Not Protog 2006: 1: 1617 1620		
290	Nat. 11010C. 2000, 1. 1017-1020.		
271 298	[11] Li Y Ren G Wang YX Kong WI Yang P Wang VM Li VH Vi H Li ZR Song DO		
290	Liang ID Bioactivities of berberine metabolites after transformation through CVP450		
300	isoenzymes. J Transl Med. 2011: 9: 62		
200			

[12] Ma JY, Feng R, Tan XS, Ma C, Shou JW, Fu J, Huang M, He CY, Chen SN, Zhao ZX, 302 303 He WY, Wang Y, Jiang JD. Excretion of berberine and its metabolites in oral administration in rats. J Pharm Sci. 2013; 102: 4181-4192. 304 305 306 [13] Qiu F, Zhu Z, Kang N, Piao S, Qin G, Yao X. Isolation and identification of urinary 307 metabolites of berberine in rats and humans. Drug Metab Dispos. 2008; 36: 2159-2165. 308 309 [14] Zuo F, Nakamura N, Akao T, Hattori M. (2006). Pharmacokinetics of berberine and its main metabolites in conventional and pseudo germ-free rats determined by liquid 310 chromatography/ion trap mass spectrometry. Drug Metab Dispos. 2008; 34: 2064-2072. 311 312 313 [15] Deroussent A, Re M, Hoellinger H, Cresteil T. Metabolism of sanguinarine in human and in rat: characterization of oxidative metabolites produced by human CYP1A1 and 314 CYP1A2 and rat liver microsomes using liquid chromatography-tandem mass spectrometry. 315 J Pharm Biomed Anal. 2010; 52: 391-397. 316 317 [16] Zhang HH, Wu Y, Sun ZL, Liu ZY. Identification of sanguinarine metabolites in pig 318 liver preparations by accurate mass measurements using electrospray ionization hybrid ion 319 trap/time-of-flight mass spectrometry. Rapid Commun Mass Spectrom. 2013; 27: 979-984. 320 321 322 [17] Taubert S, Hansen M, Van Gilst MR, Cooper SB, Yamamoto KR. The Mediator subunit MDT-15 confers metabolic adaptation to ingested material. PLoS Genet. 2008; 4: 323 e1000021. 324 325 [18] Broeks A, Janssen HW, Calafat J, Plasterk RH. A P-glycoprotein protects 326 Caenorhabditis elegans against natural toxins. EMBO J. 1995; 14: 1858-1866. 327 328 [19] Kwok TC, Ricker N, Fraser R, Chan AW, Burns A, Stanley EF, McCourt P, Cutler SR, 329 Roy PJ. (2006). A small-molecule screen in C. elegans yields a new calcium channel 330 antagonist. Nature. 1995; 441: 91-95. 331 332 [20] Maeng HJ, Yoo HJ, Kim IW, Song IS, Chung SJ, Shim CK. P-glycoprotein-mediated 333 334 transport of berberine across Caco-2 cell monolayers. J Pharm Sci. 2002; 91: 2614-2621. 335 [21] Wang YX, Wang YP, Zhang H, Kong WJ, Li YH, Liu F, Gao RM, Liu T, Jiang JD, 336 337 Song DQ. Synthesis and biological evaluation of berberine analogues as novel upregulators for both low-density-lipoprotein receptor and insulin receptor. Bioorg Med 338 Chem Lett. 2009; 19: 6004-6008. 339 340 [22] Eid SY, El-Readi MZ, Wink M. Synergism of three-drug combinations of 341 sanguinarine and other plant secondary metabolites with digitonin and doxorubicin in 342 multi-drug resistant cancer cells. Phytomedicine. 2012; 19: 1288-1297. 343 344

- [23] Li JWH, Vederas JC. Drug discovery and natural products: End of an era or an endless frontier? Science. 2009; 325: 161-165.

348 Figure Legends

349

350 Figure 1

- 351 Effects of berberine and sanguinarine on lipid accumulation in *nhr-8* RNAi worms
- 352 (A) Molecular structures of berberine and sanguinarine.
- 353 (B) Effects of berberine and sanguinarine on lipid accumulation in RNAi control worm and
- 354 *nhr-8* RNAi worms. Images show typical results from Oil Red O staining of worms after
- treatment with berberine at 50 μ M and sanguinarine at 10 μ M. Images shown at 20x
- magnification (Scale bar = $100 \mu m$). B berberine, S sanguinarine.
- 357 Images of worms treated with higher concentrations are shown in Supplementary Fig. S1.
- 358 (C) Effects of berberine and sanguinarine on lipid accumulation in RNAi control worm and
- 359 *nhr-8* RNAi worms. Quantification of Oil Red O staining intensity using ImageJ. Values
- are the averages of 10-12 images for each compound tested and are normalized to the RNAi
- 361 control sample; error bar= standard deviation; different letters indicate the statistic
- significance at p < 0.05 (ANOVA followed by Tukey's test). B berberine, S –
- 363 sanguinarine.
- 364

365 Figure 2

- 366 Accumulation of alkaloid metabolites in *nhr*-8 RNAi worms.
- 367 (A) Liquid chromatogram of extracts from RNAi vector control (*pL4440*) and *nhr-8* RNAi
- 368 (*nhr-8i*) worms treated with berberine at 50 μ M and sanguinarine at 10 μ M. B berberine,

369	S – sanguinarine. Chromatogram of the internal standard and worms treated with 500 μ M
370	berberine and 25 μ M sanguinarine are shown in Supplemental Fig. S3.

- 371 (B) Accumulation of berberine, sanguinarine and their metabolites in RNAi vector control
- and *nhr-8* RNAi worms. Semi-quantitative values are presented here as μ M equivalence of
- 373 coptisine (internal standard). These values represent one of three independent experiments.
- Results were verified by reproducibility in at least two of three independent experiments.
- 375 L4– RNAi vector control, N8 *nhr-8* RNAi worm. B berberine, S sanguinarine.
- Accumulation of (C) berberine, (D) sanguinarine and their metabolites (m/z 334, 336) in
- 377 RNAi control and *nhr-8* RNAi worms. Values are presented relative to the RNAi vector
- 378 control for each concentration tested. These values represent the average of three
- 379 independent experiments. error bar= standard deviation. L4- RNAi vector control, N8 -
- 380 *nhr-8* RNAi worm. B berberine, S sanguinarine.
- 381

Figure 3

- Effects of alkaloid treatment on RNAi control and *nhr-8* RNAi worms. qRT-PCR showed
- the expression of detoxification genes. The mRNA abundance value represents the average
- of three independent experiments. pL4440 RNAi vector control, nhr-8i nhr-8 RNAi
- 386 worm. B berberine, S sanguinarine.

387

388 Figure 4

Effects of berberine, palmatine, coptisine, cell extracts of *Coptis* rhizomes and cultured
 Coptis cells on lipid accumulation in RNAi control and *nhr-8* RNAi worms. Oil Red O

- 391 staining intensity quantified as the average of 10-12 images for each compound tested and
- 392 normalized to the RNAi control sample; error bar= standard deviation; different letters
- indicate the statistic significance at p < 0.05 (ANOVA followed by Tukey's test).
- Berberine, palmatine, and coptisine were treated at 100 µM. Cell extract of *Coptis* rhizome
- 395 A contains 104 µM berberine, 30 µM palmatine, 23 µM coptisine, while that of rhizome B
- contains 95 μM berberine, 5 μM palmatine, 5 μM coptisine and that of cultured *Coptis* cell
- 397 contains 105 μM berberine, 5 μM palmatine, 20 μM coptisine.







(C)



Figure 2 (A)



(B)





Figure 4



Supplemental Materials

Supplemental Figure 1



Quantitative RT-PCR of nhr-8 transcript levels in nhr-8 RNAi worms. mRNA

abundance values represent the average of triplicate cDNA templates applied to run qRT-PCR and the results were normalized against *cdc-42* as an internal control. pL4440 – RNAi control, nhr-8i – *nhr-8 RNAi worms*, B50 – berberine 50 μ M treatment, S10 – sanguinarine 10 μ M treatments.

Supplemental Figure 2



Effects of berberine and sanguinarine on lipid accumulation in RNAi control and *nhr-8* RNAi worms. Images show typical results from Oil Red O staining of worms after treatment with berberine at 500 μ M and sanguinarine at 25 μ M. Images shown at 20x magnification (Scale bar = 100 μ m). B – berberine, S – sanguinarine.

Supplemental Figure 3



Liquid chromatogram of the internal standard (coptisine), RNAi vector control

(pL4440) and nhr-8 RNAi (nhr-8i) worm extracts. B – berberine, S – sanguinarine.

Supplemental Figure 4



Liquid chromatogram of extracts of Coptis rhizomes and Coptis cultured cells.

Materials and Methods

RNA interference

Some of the nucleotides of the coding regions of *nhr-8* complementary DNA were used for RNAi.

nhr-8 forward, 5'-ATGCCTTCGTCTTCTCCATC-3'; nhr-8 reverse,

5'-CTCCCCAAATCCACTTTTCA-3'

nhr-8 primers were fused with Xma1 and Xho1 restriction enzyme sites and used to amplify the genes of interest. Each cDNA segment was cloned into the feeding vector pL4440 (A. Fire, Stanford University) with the respective restriction sites and transformed into HT115 bacterial cells. Colonies were screened and positive transformants were confirmed by PCR using the original primer pairs. RNAi control worms were fed bacteria carrying an empty pL4440 vector.

Quantitative RT–PCR

The conditions for PCR reactions were 95°C for 15 min, followed by 40 cycles of 95 °C for 10s, 60°C for 20s and 72°C for 20s. Melting curve analysis was performed after each run at 72°C to 95°C to check the specificity of amplification. Data were

analyzed using Bio-Rad CFX Manager (Bio-Rad) Version 1.5. The number of transcripts in a sample was determined by comparing the number of cycles (c) required for the reaction to reach a common threshold (t). The relative amount of transcript between samples was further standardized by the amplification of *cdc-42* as an internal control.

Sequences of forward and reverse primers used in quantitative RT-PCR analysis: *cyp-35C1* forward, 5'-AATTGGAGGACATCCTGTCG-3'; *cyp-35C1* reverse, 5'-AAATACAGCTCGGCTCTTGC-3';

gst-5 forward, 5'-TCAAGCTCAACGGAAAAACC-3'; gst-5 reverse,

5'-CCGAAGCCTTCAAGAAGTTG -3';

ugt-21 forward, 5'-AGGGAGAAATGCACAAATGC-3'; ugt-21 reverse,

5'-CTTGCTGCAAATTCCACGTA-3';

ugt-25 forward, 5'-AAATCCGAGCCAAATGTCAC-3'; ugt-25 reverse,

5'-TGCAAGCATATTCGCATTTC-3';

F08G5.6 forward, 5'-GTCCCACTGTCACAAGCTCA-3'; F08G5.6 reverse,

5'-GTTTCGACCGAGAAATCGAG-3';

nhr-8 forward, 5'- ATGCCTTCGTCTTCTCCATC -3'; nhr-8 reverse, 5'-

CTCCCCAAATCCACTTTTCA -3';

cdc-42 forward, 5'-AGCTTCATTCGAGAATGTCC-3'; *cdc-42* reverse,

5'-CTCGAGCATTCCTGGATCAT-3'.

LC-MS analysis of the accumulation of alkaloids and their metabolites in worms

Lysis samples were incubated 60°C for 1 h and then cooled on ice. Hundred μ l cold acetonitrile was added to each lysate, mixed by pipetting, and centrifuged at 800 g for 5 min. Fourty μ l of sample was injected for analysis by an LCMS2010 system (Shimadzu) with the following parameters:

Column = Cosmosil 4.6 x 250 mm 5C₁₈-AR-300; Column temperature = 27° C;

Solvent A = 4.9:95:0.1 (acetonitrile/H₂O/trifluoroacetic acid (TFA));

Solvent B = 95:4.9:0.1 (acetonitrile/H₂O/TFA) using gradient elution as shown below.

Time	<u>Solvent</u>	Flow rate (ml/min)
0.00	15% B	0.7
0.15	15% B	0.7
16.75	70% B	0.7
20.00	100% B	1.0
23.00	100% B	1.0

24.00 15% B 0.7

25.00 15% B

UV absorbance was measured at 280 nm; mass range (m/z 100 to 800) was determined in both single-ion and scan modes.

The accumulation of alkaloids and their metabolites were calculated based on the LC peak area relative to the internal standard peak of coptisine. This value is normalized to the worm protein content in each sample. Protein was extracted with 1X Sample buffer (50 mM Tris-HCl pH 6.8, 2% SDS, 6% 2-mercaptoethanol, 10% glycerol, 0.01% bromophenol blue, distilled water). Protein concentrations were determined by the Bradford method.

LC-MS analysis of Coptis rhizome and cultured cell extracts

Five μ l of standard or 10 μ l of extract was injected for analysis by an LCMS2010 system (Shimadzu) with the following parameters:

Column = TOSOH TSK-Gel ODS 80-Tm silica-based, reversed phase 4.6 x 250 mm; Column temperature = 40°C; Flow rate = 0.5 ml/min;

Solvent A = 99.95:0.05 (H₂O/TFA);

Solvent B = 99.95:0.05 (acetonitrile/TFA) using gradient elution as shown below.

<u>Time</u>	Solvent B (%)
0.00	15
15.00	35
19.00	70
22.00	70
26.00	35
30.00	35

Peaks were identified by direct comparison with standard chemicals and alkaloid concentrations were quantified relative to the peak area of standards.