A small number of abnormal brain connections predicts adult autism spectrum disorder

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A small number of abnormal brain connections predicts adult autism spectrum disorder

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Although autism spectrum disorder (ASD) is a serious lifelong condition, its underlying neural mechanism remains unclear. Recently, neuroimaging-based classifiers for ASD and typically developed (TD) individuals were developed to identify the abnormality of functional connections (FCs). Due to over-fitting and interferential effects of varying measurement conditions and demographic distributions, no classifiers have been strictly validated for independent cohorts. Here we overcome these difficulties by developing a novel machine-learning algorithm that identifies a small number of FCs that separates ASD versus TD. The classifier achieves high accuracy for a Japanese discovery cohort and demonstrates a remarkable degree of generalization for two independent validation cohorts in the USA and Japan. The developed ASD classifier does not distinguish individuals with major depressive disorder and attention-deficit hyperactivity disorder from their controls but moderately distinguishes patients with schizophrenia from their controls. The results leave open the viable possibility of exploring neuroimaging-based dimensions quantifying the multiple-disorder spectrum.

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Autism spectrum disorder (ASD) is a major developmental disorder characterized by repetitive, restricted behaviour as well as deficits in communication and reciprocal social interactions. ASD has attracted a great deal of attention of basic and clinical scientists in the hope that clarification of its underlying mechanisms will lead to the development of remedies for ASD as well as a better understanding of the neural substrates of important cognitive functions, including social behaviour. Despite the significance of the disorder, no effective biomarker has been developed. The medical diagnosis for ASD has been made largely based on narrative interactions between individuals and clinical professionals. With the exception of ‘clear and typical’ cases, such diagnostic methods without any biological grounds could run the risk of producing a high variance in diagnosis and delaying the detection of abnormalities.

Magnetic resonance imaging (MRI)-based characterization of ASD has been explored as a complement to the current behaviour-based diagnoses. While previous studies have identified a multitude of ASD-specific structural and functional abnormalities, none of them were actually implemented as a reliable biomarker. The most crucial reason for this disappointing situation may be the lack of its generalizability — the validity of the previously developed classifiers has not been established in terms of the diversity of population demographics and the variety of data attributes. These demographics and data attributes include different ethnicities, ages, sex, medication profiles, scanner specifications, imaging parameters, and instructions to participants. All of these aspects are known to affect the MRI data. Without proof of generalization, the classifier cannot be regarded as practical in clinical applications, nor can neuroimaging features selected by the classifier be regarded as the candidate neural substrates of ASD.

The issue surrounding the generalization of neuroimaging-based biomarkers for psychiatric disorders has attracted little attention in neuropsychiatry until recently. The majority of the previous developments of ASD biomarkers were made based on a single-site data, leaving the generalizability issue out of reach. This situation has held true in more recent investigations that incorporated multiple-site data for which the generalizability issue was not examined for an independent validation cohort. There is one unsuccessful attempt in which the generalizability of a classifier was tested on an independent validation cohort. This study applied a classifier, that was previously developed based on measures of structural MRI for the population of the UK, to Japanese ASD individuals. The classifier exhibited more than 80% sensitivity and specificity for the UK training data. However, its performance was no better than chance level for the Japanese test cohort. The results indicate that the development of a reliable neuroimaging-based biomarker is extremely challenging.

To develop a generalizable classifier, we must overcome the following two major difficulties: over-fitting and nuisance variables (NVs). First, particular conditions in data and model properties can cause the over-fitting problem in which model fitting to the training data can be so accurate that the associated errors become artificially smaller compared with the inherent data variance. This inflated prediction performance typically fails when the model is applied to independent data that are not used for determination of the model. Among other possibilities, determining a large number of model parameters using a relatively small data sample almost inevitably leads to the state of over-fitting, which makes the generalization capability of the model extremely poor. For example, the identification of ASD-specific features in magnetic resonance images must necessarily entail a search over a few $10^4$ to $10^5$ voxels (or its squared number for voxel-to-voxel functional connections (FCs)) using a data set that typically consists of not more than ~ $10^3$ individuals. In this case, the derived classification scheme falls almost inevitably to a state of over-fitting, resulting in catastrophic generalization to the external data. In essence, an excessive number of free parameters in the model introduces undesirable fitting to a unique structure of the data, including inherent noise.

Second, any machine-learning algorithm used for classification is doomed to exploit NVs unique to a given sample data, and to erroneously select neuroimaging features that are correlated with the NVs. NVs include both site-specific conditions in image acquisition and properties in the sample population such as demographic attributes, medication status, and onset and duration of illness. However, the neuroimaging features correlated with these NVs are irrelevant to ASD itself in an independent validation cohort, and naturally for the general ASD population. To avoid biased extraction of ASD irrelevant features, it is thus essential that classifier development proceed with a large population that is recruited at multiple sites and that all the possible NVs be identified, controlled and removed appropriately in the feature selection (FS) process.

Here, for the first time we have developed an ASD classifier using a multiple-site data set in Japan, and confirmed its generalization capability in two independent validation cohorts in the USA and Japan. We focus on abnormal functional connectivity (FC) in ASD as revealed by resting-state fMRI. To suppress the over-fitting and the effects of NVs, a unique combination of machine-learning algorithms automatically and objectively identifies a small number of FCs related to the ASD-specific abnormality. The resulting ASD classifier, based only on the identified FCs, achieves generalization capability across multiple imaging sites (site generalization).

We also examine a different type of generalizability of the classifier towards other disorders (disorder generalization). It is generally believed that ASD shares aetiological and pathophysiological backgrounds with schizophrenia (SCZ) to a greater degree than with attention-deficit hyperactivity disorder (ADHD) and major depressive disorder (MDD)30–33. Recent genome-level studies reported that ASD shares a significant degree of polygenic risk with SCZ, but not with ADHD or MDD30,31. An accumulating body of evidence by clinical, behavioural and neuronal phenotypes studies has shown a close relationship between ASD and SCZ22,23. To our knowledge, no study has quantified spectral relationships among multiple psychiatric disorders with respect to biological dimensions defined by intrinsic FCs. Here we examine the spectral relationships among four disorders, ASD, SCZ, ADHD and MDD, by means of a measure provided by the ASD classifier. More concretely, we examine the extent to which the ASD classifier is specific to ASD or extendable (generalizable) to other psychiatric disorders. This question can be rephrased as follows. Does the ASD classifier discriminate only ASD individuals from TD control (that is, specific to ASD), or does it discriminate patients with general psychiatric disorder from their healthy controls (that is, generalized to other disorders)? At the individual level, the output of the ASD classifier might provide a quantitative measure of ‘ASD-ness’ along one of biological dimensions in psychiatric disorders (Supplementary Fig. 1). If the ASD classifier shows specificity and/or generalizability only for a certain range of disorders, the ASD-ness may provide a useful biological dimension across the multiple-disorder spectrum.

**Results**

Highly accurate Japanese-population-based classifier for ASD. We constructed a classifier based on the FCs of each individual to
distinguish ASD from TD adults. The whole brain images were collected from three different sites in Japan (74 high-functioning adult ASDs and 107 adult TDs; see Methods for details). Age and sex were matched between ASD and TD for sites A and B. Site C collected only TD data (Supplementary Table 1). This unbalanced ASD/TD composition among the three sites was taken care of by a machine-learning algorithm as explained below. Each individual image was divided into 140 regions using a sulci-based anatomical atlas (extended Brainvisa Sulci Atlas)36. To obtain interregional FCs through rs-fcMRI, Pearson correlation coefficients were computed for all possible 9,730 pairs of these 140 regions from their mean fMRI time-series data. A machine-learning technique was then applied to the whole set of correlation matrices to optimally select a subset of FCs so that the best classification performance would be obtained. Specifically, we applied the L1-norm regularized sparse canonical correlation analysis (L1-SCCA)37 to the data set to identify a subset of FCs relevant only to the neural substrates of ASD while factoring out the effects of noise and NVs associated with the data. In particular, the unbalanced ASD/TD composition was addressed appropriately by incorporating the site label as NV (see Methods subsection ‘Selecting FCs as the ASD classifier’). We then employed the sparse logistic regression (SLR)38 to further perform dimension reduction to mitigate the over-fitting and thereby to extract the essential FCs representing the core abnormal connectivity in ASD (see Methods and Supplementary Fig. 2).

The classification accuracy was evaluated by the leave-one-participant-out cross validation procedure (LOOCV, see Methods). At each iteration, the classifier incorporated only 15.3 ± 0.7 out of 9,730 FCs (0.2% of the entire FCs). Supplementary Note 1 and Supplementary Fig. 3 show the robustness and stability of the identified FCs across the cross-validation procedure. The classifier separated ASD- from TD-populations with an accuracy of 85% (Permutation test, \( P = 0.001 \); see Supplementary Fig. 4)39. The corresponding area under the curve (AUC) was 0.93, indicating high discriminability. For this classifier, the weighted linear summation (WLS or linear discriminant function) of the correlation values of the identified FCs predicted the diagnostic label of each individual. An individual with a positive and negative WLS was classified as ASD and TD, respectively. Figure 1a shows that the two WLS distributions of the ASD and TD populations from the Japanese data set were clearly separated by the threshold of WLS = 0, to the right (ASD) and to the left (TD). The sensitivity was 80% and specificity was 89%. This leads to a high diagnostic odds ratio (DOR) of 31.1, which indicates that the effect size is very large. We found that high classification accuracy was not only achieved for the entire data set, but also distributed equally among the three imaging sites in Japan (85% accuracy for all the sites A–C; see Supplementary Fig. 5 and Supplementary Table 2).

**Generalization of the classifier for independent cohorts.** We tested the generalizability of the classifier using two independent validation cohorts obtained from the US ABIDE Project40 and from site B in Japan (see Methods). In the ABIDE data pool, we selected a subset of individuals that contained 44 high-functioning adults with ASD and demographically matched 44 TD adults, who were recruited from seven sites in this data pool (see Methods). For this US-independent validation cohort located across the Pacific from Japan, the present classifier, trained only with Japanese labelled samples, achieved a high performance with an accuracy of 75% (AUC = 0.76) and a DOR of 9.0. The probability of obtaining this high performance by chance is extremely small as \( P = 1.4 \times 10^{-8} \) (one-sided binomial test) and \( P = 0.001 \) (permutation test, see Supplementary Fig. 4). We emphasize that this performance was achieved when the classifier was applied to the US ABIDE data set for the first time without any retuning of the machine-learning procedure. Thus, this USA data set was a true and final validation set. One of the reasons for the true validation test is that our algorithm does not allow any parameter tuning based on the validation cohort (see also Methods). As can be seen in the WLS distribution for the USA data shown in Fig. 1b, the degree of separation between the ASD and TD populations was almost comparable to that of the Japanese data set shown in Fig. 1a. This indicates that the present classifier was successfully generalized across the Pacific to an independent validation cohort of more diverse races/ethnicities that were acquired under various imaging settings and conditions. These results indicate that although we developed a highly reliable classifier by only using the training data obtained from Japan, it is sufficiently universal to classify ASD/TD in the USA validation cohort.

Given the possibility that the identification of ASD-specific FCs in the classifier could have been influenced by ASD individuals’ factors irrelevant to the core ASD pathology, including secondary symptoms and the medication status, the next challenge was to examine how the ASD classifier is resistant to such complications. By relaxing the selection criteria for ASD, we identified 19 additional individuals with ASD and demographically matched 19 additional TDs in the ABIDE data pool (see Methods and Supplementary Note 2). We appended these individuals into the main USA data set to form the extended ABIDE data set that consisted of 63 individuals with ASDs and 63 TDs. Repeating the
same analysis for this broadened data set, we found the results to be: AUC = 0.74, accuracy = 71% and DOR = 6.4, which were slightly worse than the original narrower data set.

We further confirmed the generalizability of the classifier using the Japanese-independent validation cohort (AUC = 0.77, accuracy = 70%). This cohort incorporated 27 individuals with ASD and 27 demographically matched TDs. These participants were scanned more recently using a newer and different 3 T MR scanner at site B in Japan, compared to the original Japanese discovery cohort.

**Characteristics of the 16 identified FCs in the classifier.** Figure 2 shows the spatial distribution of the 16 FCs that were automatically and objectively identified from the data for reliable classification of ASD and TD by the machine-learning algorithm. A detailed list of FC properties is provided in Table 1. Because the reliability of classification was generalized to the two independent cohorts, these FCs are thought to be much more trustworthy in characterizing neural substrates of ASD than the FCs that were simply selected in many previous studies by conventional characterizing neural substrates of ASD than the FCs that were.

We identified the following three major characteristics of the 16 FCs in terms of their hemispheric distributions and attributions to known intrinsic functional networks (Fig. 3 and Table 1). First, regarding the hemispheric distribution of the FCs, inter-hemispheric (69%) and right intra-hemispheric (31%) FCs dominated, whereas the left intra-hemispheric FCs were absent (one-sided binomial test, \( P = 0.01 \)). Second, regarding the hemispheric distribution of the brain regions involved in the 16 FCs, there were significantly more regions in the right hemisphere than in the left (one-sided binomial test, \( P = 0.05 \)). Third, regarding the functional network attributes of the 32 brain regions comprising these 16 FCs (allowing for duplicates in the count), 41% (13 regions) belonged to the cingulo-opercular network\(^{14,42} \). This percentage was significantly higher than 24%, the anatomically expected percentage, given 33 cingulo-opercular regions among a total of 140 regions ( \( = 33/140 \times 100 \) ) (one-sided binomial test, \( P = 0.02 \); see also Table 1).

The state of FC exhibiting the smaller (that is, more negative) and greater (more positive) mean correlation index in the ASD population than the TD control is termed under- and over-connectivity, respectively. In the 16 FCs incorporated in the classifier, ASD exhibited under-connectivity in nine FCs \( (r_{ASD} < r_{TD}) \) and over-connectivity in seven FCs \( (r_{ASD} > r_{TD}) \) compared with TD. See Table 1 for the mean correlation values for the ASD and TD populations and Supplementary Fig. 6 for their distributions. A \( \chi^2 \)-test indicated that there was no significant difference between the number of FCs exhibiting under- and over-connectivity \( (P = 0.62) \). These results suggest that neither the under- or over-connectivity hypothesis\(^\text{43–45} \) alone can successfully describe the overall aberrancy in the FCs exhibited by the ASD population. One previous study observed...


Table 1 | Properties of the 16 interregional FCs used in the classification of the ASD and TD populations.

<table>
<thead>
<tr>
<th>ID</th>
<th>Lat.</th>
<th>Name</th>
<th>Terminal regions</th>
<th>Gyral region</th>
<th>BA Net.</th>
<th>Mean FC</th>
<th>Wt.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>R</td>
<td>Diagonal ramus of the lateral f.</td>
<td>(4) Inferior frontal g.</td>
<td>44 SM</td>
<td>0.77</td>
<td>0.71</td>
<td>-0.88</td>
</tr>
<tr>
<td>2</td>
<td>R</td>
<td>Ascending ramus of the lateral f.</td>
<td>(6) Inferior frontal g.</td>
<td>45 CO</td>
<td>0.39</td>
<td>0.22</td>
<td>-1.95</td>
</tr>
<tr>
<td>3</td>
<td>R</td>
<td>Thalamus</td>
<td>(28) Thalamus</td>
<td></td>
<td></td>
<td>0.30</td>
<td>0.10</td>
</tr>
<tr>
<td>4</td>
<td>R</td>
<td>Amygdala</td>
<td>(24) Amygdala</td>
<td>34 CO</td>
<td>0.16</td>
<td>0.05</td>
<td>-2.14</td>
</tr>
<tr>
<td>5</td>
<td>R</td>
<td>Accumbens</td>
<td>(25) Caudate</td>
<td></td>
<td></td>
<td>-0.11</td>
<td>0.04</td>
</tr>
<tr>
<td>6</td>
<td>R</td>
<td>Subcallosal s.</td>
<td>(8) Rectus</td>
<td>11 DM</td>
<td>0.03</td>
<td>-0.01</td>
<td>0.98</td>
</tr>
<tr>
<td>7</td>
<td>R</td>
<td>Median occipito-temporal lateral s.</td>
<td>(11) Inferior temporal g.</td>
<td>45 FP</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>R</td>
<td>Posterior terminal ascending branch of the superior temporal s.</td>
<td>(10) Middle temporal g.</td>
<td>21 DM</td>
<td></td>
<td>0.09</td>
<td>-0.21</td>
</tr>
<tr>
<td>9</td>
<td>L</td>
<td>Polar frontal s.</td>
<td>(1) Superior frontal g.</td>
<td>9 DM</td>
<td></td>
<td>-0.16</td>
<td>0.29</td>
</tr>
<tr>
<td>10</td>
<td>R</td>
<td>Lobe occipital</td>
<td>(15) Postcentral g.</td>
<td>9 DM</td>
<td></td>
<td>0.17</td>
<td>0.22</td>
</tr>
<tr>
<td>11</td>
<td>R</td>
<td>Rhinal s.</td>
<td>(26) Caudate</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>L</td>
<td>Superior temporal s.</td>
<td>(16) Middle occipital g.</td>
<td>19 OC</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>M</td>
<td>Palilium</td>
<td>(27) Pallidum</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>L</td>
<td>Superior parietal s.</td>
<td>(14) Superior parietal g.</td>
<td>7 FP</td>
<td></td>
<td>0.19</td>
<td>0.06</td>
</tr>
<tr>
<td>15</td>
<td>R</td>
<td>Inferior precentral s.</td>
<td>(7) Inferior frontal g.</td>
<td>47 CO</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>L</td>
<td>Lateral occipital f.</td>
<td>(20) Inferior parietal g.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>L</td>
<td>Parieto-occipital f.</td>
<td>(17) Cuneus</td>
<td>18 DM</td>
<td></td>
<td>0.10</td>
<td>-0.02</td>
</tr>
<tr>
<td>18</td>
<td>L</td>
<td>Calcarine f.</td>
<td>(19) Calcarine</td>
<td></td>
<td></td>
<td>0.14</td>
<td>0.04</td>
</tr>
<tr>
<td>19</td>
<td>R</td>
<td>Superior temporal s.</td>
<td>(9) Superior temporal g.</td>
<td>22 CO</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>R</td>
<td>Vermis</td>
<td>(29) Vermis</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>R</td>
<td>Superior parietal s.</td>
<td>(14) Superior parietal g.</td>
<td>7 FP</td>
<td></td>
<td>0.19</td>
<td>0.06</td>
</tr>
<tr>
<td>22</td>
<td>R</td>
<td>Superior frontal s.</td>
<td>(1) Superior frontal g.</td>
<td>9 DM</td>
<td></td>
<td>-0.16</td>
<td>0.29</td>
</tr>
<tr>
<td>23</td>
<td>L</td>
<td>Subcallosal s.</td>
<td>(23) Posterior cingulum</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>L</td>
<td>Accumbens</td>
<td>(25) Caudate</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>L</td>
<td>Superior frontal s.</td>
<td>(9) Superior temporal g.</td>
<td>22 CO</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>R</td>
<td>Inferior precentral s.</td>
<td>(7) Inferior frontal g.</td>
<td>47 CO</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>27</td>
<td>L</td>
<td>Lateral occipital f.</td>
<td>(20) Inferior parietal g.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>28</td>
<td>L</td>
<td>Calcarine f.</td>
<td>(19) Calcarine</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

CB, cerebellum; CO, cingulo-opercular; DM, default-mode; f., fissure; FC, functional connection; FP, fronto-parietal; g., gyrus; Lat, laterality; L, left; M, medial; Net, network; OC, occipital; R, right; s., sulcus; SM, sensorimotor; Wt., weight.

Listed here are the laterality and anatomical identification of the terminal regions (as defined in the Brainvisio Sulci Atlas), the associated gyral regions (as identified by the Anatomical Automatic Labeling), their Brodmann’s areas, and associated networks, for each connection. The number in parenthesis appended to each gyral region represents the region identification in Fig. 2. Identification of the network is after Dosenbach et al. In addition, the mean correlations of the TD and ASD populations and the weighting coefficient in the SLR classifier are shown. FCs 1–9 represent under-connectivity (r_{ASD} < r_{TD}), whereas FCs 10–16 represent over-connectivity (r_{ASD} > r_{TD}). See also Supplementary Fig. 6.

a similar trend for the FCs selected simply by using a statistical threshold for the difference in FC between the two populations. However, there is no guarantee that the FCs that survived should represent the neural substrates of ASD. This is because any statistical result using thresholds varies with a specific data set and the thresholds. Our result is the first demonstration that neither the under- nor over-connectivity hypothesis alone sufficiently characterizes the FCs that can classify the ASD population from the TD population in independent validation cohorts (Supplementary Fig. 6 and Table 1). Furthermore, the present findings are at odds with the previous distance-dependent abnormality hypothesis that proposed disrupted long-range and enhanced short-range connectivity in ASD. Specifically, we found that the mean distance of the FCs was not significantly correlated with enhancement in the FCs in ASD (that is, correlation between the distance of an FC and its r_{ASD} = r_{TD}; difference in correlations of FCs for ASD and TD, r = 0.42, P = 0.10) or with the difference in their absolute strengths (|r_{ASD}| - |r_{TD}|; r = 0.24, P = 0.36). Furthermore, there was no significant difference (t_{14} = 1.3, P = 0.23) between the mean distance of nine FCs exhibiting under-connectivity (64.6 ± 51.1 mm) and the mean distance of seven FCs exhibiting over-connectivity (92.8 ± 33.9 mm). Here the distance of each FC was computed as a one-line distance between the central coordinates of the two connected brain regions.

Prediction of diagnostic instrument scores using the 16 FCs. Using the 16 FCs identified in the classifier, we predicted the measured domain scores of the two standard diagnostic instruments, the Autism Diagnostic Observation Schedule (ADOS) and the Autism Diagnostic Interview-Revised (ADI-R). The number of available subjects was 58 for ADOS and 27 for ADI-R. Each instrument contained four domains, as summarized in Supplementary Table 3. In each domain of each instrument, a linear regression was individually employed to determine the weights of 16 FCs so that their weighted linear summation was used as a predictor for the corresponding measured score. Among the total of eight domains of ADOS and ADI-R, we found that the communication domain of the ADOS (ADOS A) was well predicted from the 16 FCs with statistically significant correlation (r = 0.44, uncorrected P = 0.001 < 0.05/8, 3 Bonferroni-corrected threshold for multiple comparisons; see Fig. 4a and Supplementary Table 3). The bootstrapping analysis demonstrated that the probability that this correlation r = 0.44 would be derived from 16 FCs randomly selected from 9,688 (9,730 – 42) FCs, which were not identified in the LOOCV procedure, was small (P = 0.048, Fig. 4b; see also Methods). These results demonstrate that the 16 FCs identified in the classifier specifically contain more useful information than the remaining FCs in predicting the ADOS A score, which is the degree of deficits in communicative behaviours.
TD (Fig. 5a), meaning that the developed ASD classifier has a separation of WLS distributions was the largest between ASD and each disorder group and its corresponding healthy or TD control populations. We then compared the WLS distributions between data sets, and their corresponding healthy or TD control WLS of the identified FCs in the ASD classifier, that is, the Japanese cohorts of SCZ and MDD (each containing a healthy group). The results demonstrate that the WLS of the ASD classifier, in other words, the ASD-ness, quantified the spectrum of the four disorders. It can be said that the ASD classifier is able to successfully separate the two populations. The separation between SCZ individuals and their healthy controls was poorer than that of ASD but statistically significant (Fig. 5b; AUC = 0.65, Kolmogorov–Smirnov test, P = 0.012 corrected for multiple comparisons). In contrast to SCZ, the WLS distributions of ADHD and MDD, and their corresponding TD and healthy controls were not distinguishable (Fig. 5c,d; AUC = 0.57, Kolmogorov–Smirnov test, P = 0.65 for ADHD; AUC = 0.48, Kolmogorov–Smirnov test, P = 0.83 for MDD). In other words, the ASD-ness of individuals with ADHD or MDD is not different from that of their controls. Note that MDD was more completely indistinguishable from its control compared with ADHD according to the ASD-ness. It can be said that the ASD classifier was specific to ASD regarding ADHD and MDD, but was modestly generalized to SCZ (compare AUC = 0.93 for the ASD discovery cohort and AUC = 0.65 for the SCZ data set). These results demonstrate that the WLS of the ASD classifier, in other words the ASD-ness, quantified the spectrum of the four disorders as follows; SCZ was close to ASD, ADHD was distant from ASD, and MDD was farthest from ASD.

**Discussion**

In the present study, we established a reliable neuroimaging-based classifier for ASD by investigating the whole-brain patterns of FCs using the rs-fcMRI data of 74 adults with ASD and 107 TD individuals collected at multiple sites in Japan. This classifier incorporated as small as 16 FCs (only 0.2% of the entire FCs) distributed across the brain but not contained in the left hemisphere, and allowed a diagnosis prediction accuracy of 85% for each individual with balanced sensitivity and specificity of 80% and 89%, respectively. Most importantly, the high performance of the classifier was generalized across the Pacific to the independent, ethnically more diverse, validation cohort in the USA (75% accuracy) with only 10% decrease in accuracy compared with the Japanese discovery cohort. Although
successful construction of a FC-based ASD classifier has been reported previously\textsuperscript{49}, our work presents the first achievement of successful classification for ASD across discovery as well as validation cohorts. Our approach may lay a foundation for developing classifiers for other psychiatric disorders. This is because, to the best of our knowledge, there exists no neuroimaging-based classifier for any psychiatric disorder of which the generalization capability is demonstrated for an independent validation cohort. We have further applied the ASD classifier for classification of SCZ, MDD and ADHD patients from their healthy controls. The results indicate that, while the ASD classifier exhibited hardly any generalizability as applicable to ADHD and MDD, it can be to a modest degree generalizable to SCZ.

In the present study, both sophisticated machine-learning algorithms and a variety of data from the Japanese three sites were essential for successful generalization of the classifier across multiple sites. First, the unique combination of the two machine-learning algorithms, $L_{1}$-SCCA and SLR, worked to achieve optimal extraction of a small number of FCs that were relevant only to the core ASD characteristics. This optimal extraction avoids over-fitting and eliminates the effects of NVs such as age, sex and site-dependent characteristics in the data composition and imaging protocols. In fact, when we applied to our data sets a state-of-the-art machine-learning algorithm of nested cross-validation of the elastic net\textsuperscript{50}, this algorithm selected 10 times more FCs and performed 14% worse on the USA cohort (percent correct of 61%; see Supplementary Note 3 for more detail). This algorithm did not explicitly exclude the interfering effects of NVs. This fact indicates that the generalization capability of our ASD classifier across imaging sites most probably stemmed from reduced influences of FCs related to NVs owing to the unique combination of $L_{1}$-SCCA and SLR. By utilizing synthetic data sets and by comparing with elastic net, we demonstrated that the unique combination of $L_{1}$-SCCA and SLR can be useful to reduce the influence of FCs related to NVs (see Supplementary Note 4). Second, we examined the conditions for which data sets can derive reliable ASD classifiers. More concretely, we selected one or two of the three sites within the Japanese discovery cohort for training data sets (Supplementary Table 4) and constructed classifiers. In addition, we trained a classifier with the ABIDE data set and examined its generalization capability for the Japanese cohort (Supplementary Note 5). The resulting performances were generally poorer than that of the current ASD classifier. Especially, the performance of the ASD classifier, which was developed using the ABIDE data set, was very poor. It is suggested that having a sufficient number of participants in total as well as in each site is a necessary condition to construct a reliable ASD classifier (see also Methods). We conclude that both a sophisticated machine learning algorithm and a large training data set are essential for developing a reliable and generalizable classifier.

It is worth noting that the performance of the classifier may be upper-limited by the aetiological and phenotypic heterogeneity of ASD, which is likely to be accompanied by differential biological underpinnings. This limitation may be ameliorated and the overall diagnostic precision may be improved by identifying subgroups that are biologically more uniform within a given population and by extracting a set of features that characterize each subgroup.

What do the results of the applications of the ASD classifier to the other psychiatric disorders suggest? Figure 5 shows the density distributions of the WLS that resulted from the application of the ASD classifier to data sets for other disorders, SCZ, MDD and ADHD. The results raise the intriguing possibility that the degree of generalizability and specificity of the ASD classifier to these other disorders reflect their spectral structure on the scale of whole-brain intrinsic functional networks. From this perspective, Fig. 5 suggests that ASD shares more intrinsic-functional networks with SCZ than with ADHD or MDD. This is consistent with the results of the previous clinical works as described in the opening paragraphs\textsuperscript{30,32}. These results raise the possibility that a neuropsychiatric disorder can be redefined and represented as a location in a multi-dimensional space defined by FC-based biological dimensions, each of which takes the form of WLS consisting of a small number of FCs\textsuperscript{34,35}. In this case, the ‘ASD-ness’ could make a dimension along which ASD and SCZ are located and might be orthogonal to another dimension along which ADHD and MDD are located. Interestingly, to aim at building a biomarker for ASD, we started with a categorical approach by which a supervised machine-learning algorithm was utilized and a diagnostic label was adopted as its teaching signal. However, the results of applying the classifier built for that original purpose to other neuropsychiatric diseases have raised the exciting possibility that the classifier allowed us to go beyond the category regime and to embark on the exploration for new biological dimensions\textsuperscript{34,35}.

How would the current research results contribute to the future diagnoses and therapy for neuropsychiatric disorders? Recently, an increasing number of researchers have had the perspective that a biomarker can be used to stratify a broad illness phenotype into a finite number of treatment-relevant subgroups, thereby
bypassing nosological arguments over diagnostic boundaries. This perspective could lead to developments of multiple neuroimaging-based biomarkers for multiple psychiatric disorders. The generalization capability across imaging sites is a bare minimal requirement for a classifier towards its clinical applications. If reliable classifiers for ASD, SCZ, MDD, ADHD and even other disorders are developed in the near future, these classifiers may be utilized as a new diagnostic tool as a set of biomarkers that can quantify intrinsic FCs of individuals who need in-depth clinical examinations for various disorders. Such quantification is possible because multiple biomarkers can use the same rs-fcMRI data from an individual. In this vein, the current study could provide a foundation for such a future direction in neuropsychiatric diagnoses.

We formed a consortium with other researchers in 2013 as part of the Japanese Strategic Research Program for Promotion of Brain Science (SRPBS) with the aim of applying big data, machine-learning algorithms and sophisticated fMRI neurofeedback methods to study diagnosis and therapy for multiple psychiatric disorders. We have developed fMRI real-time neurofeedback methods that can change FC between brain regions with healthy and ASD individuals. First, in healthy individuals, 4 days of fMRI real-time neurofeedback of FC between two designated areas changed rs-fcMRI connectivity, and the changes remained for more than 2 months. Second, for ASD individuals within the SRPBS consortium, a further developed neurofeedback method of FC has been applied to ASD individuals as a possible therapeutic target. In one recent study with ASD individuals, target FCs were selected by the ASD classifier developed in the present study, and the WLS of the ASD classifier was estimated in a real-time fMRI neurofeedback paradigm for an ASD individual. Then, a sign-inverted WLS value was presented to the ASD individual as a neurofeedback target to increase in a reinforcement learning paradigm. Increases in the neurofeedback score lead to reductions in the WLS value. Researches within the SRPBS consortium have suggested that the ASD classifier we have developed in this study could be a useful tool, with which connectivity neurofeedback methods would make further progress to attain the goal of ASD individuals obtaining normal rs-fcMRI dynamics.

In summary, we have developed a generalizable rs-fcMRI-based classifier for ASD for the first time. Despite the fact that this classifier is based on a small number of identified FCs, it greatly distinguishes ASD from TD with demonstrated generalization in the independent validation cohorts, and accounts for socio-communicative aspects of ASD. The results of applications of this ASD classifier to other psychiatric disorders have left open the interesting possibility of exploring new neuroimaging-based dimensions for multiple-disorder spectrum.

### Methods

**Participants.** All participants in the present study provided written informed consent as approved by the ethics committees of the recruiting institutions as follows: the Ethics Committee of the Graduate School of Medicine and Faculty of Medicine at the University of Tokyo, the Ethics Committee of the Faculty of Medicine of Showa University, the Institutional Review Board of Advanced Telecommunications Research Institute International, the Committee on Medical Ethics of Kyoto University and the Ethics Committee of Hiroshima University.

A total of 74 adults with ASD and 107 age, sex, handedness and IQ-matched TD individuals participated in the present study. The participants were recruited at three different sites in Japan (sites A–C). Their demographic information is summarized in Supplementary Table 1.

At site A, participants with ASD were recruited through the Department of Child Psychiatry and Neuropsychiatry at the University of Tokyo Hospital and via an advertisement on the website of the University of Tokyo Hospital. All ASD participants (n = 35) were diagnosed with pervasive developmental disorder (PDD) based on the DSM-IV-TR criteria, DSM-IV-TR diagnoses of autistic disorder, Asperger’s disorder, or pervasive developmental disorder not otherwise specified (PDD-NOS) (n = 24, n = 3 and n = 8, respectively) were supported by ADOS-2 (n = 35) and ADI-R (n = 27). The Japanese version of mini-international neurological psychiatric interview M.I.N.I. was used to evaluate psychiatric comorbidity. No participants satisfied the diagnostic criteria for substance use disorder, bipolar or SCZ. The IQ scores of participants with ASD were measured using the Wechsler adult intelligence scale-revised (WAIS-R) or third edition (WAIS-III). The full-scale IQs (FIQs) of all of the individuals with ASD were measured and found to be >85. TD individuals were recruited from the local community and via other on-going studies at site A. M.I.N.I. was used to confirm that none of the TD individuals met diagnostic criteria for any psychiatric disorder. TD individuals were estimated using the Japanese version of the national adult reading test (JART)58. All participants were right-handed according to the Edinburgh Handedness Inventory. Participants completed the Japanese version of the autism-spectrum quotient (AQ-J)60. At the time of scanning, 11 ASD individuals were receiving antipsychotics, whereas the remaining 24 ASD (n = 23) were medication free. All ASD individuals as a possible therapeutic target. In one recent study with ASD individuals, target FCs were selected by the ASD classifier developed in the present study, and the WLS of the ASD classifier was estimated in a real-time fMRI neurofeedback paradigm for an ASD individual. Then, a sign-inverted WLS value was presented to the ASD individual as a neurofeedback target to increase in a reinforcement learning paradigm. Increases in the neurofeedback score lead to reductions in the WLS value. Researches within the SRPBS consortium have suggested that the ASD classifier we have developed in this study could be a useful tool, with which connectivity neurofeedback methods would make further progress to attain the goal of ASD individuals obtaining normal rs-fcMRI dynamics.

### Training data set used for construction of the ASD classifier

**MRI data for the training of the ASD/TD classifier were acquired at three different sites in Japan.** An MRI system was used at the site where participants were recruited. Each imaging site adopted its own imaging protocol (Supplementary Table 5), differing in both scanning parameters and instructions provided to the participants during the scan. These discrepancies were taken into account in subsequent classification analysis (see the section below ‘L1-regularized sparse canonical correlation analysis’ and Supplementary Note 6). At all sites, participants were subjected to high-resolution T1-weighted structural imaging as well as resting-state functional imaging, which were preprocessed with SPM8 (Wellcome Trust Centre for Neuroimaging, University College London, UK) software running on MATLAB (R2012b, Mathworks, USA) as follows. First, the raw functional images were corrected for slice-timing and realigned to the mean image of that sequence to compensate for head motion. Then, the structural image was co-registered to the mean functional image and smoothed into the average Montreal Neurological Institute (MINI) space. Using associated parameters, the functional images were then normalized and resampled in a 2 × 2 × 2 mm3 grid. Finally, they were smoothed by Gaussian of full-width at half-maximum 6 mm. Because subsequent analysis is based on the pattern of temporal correlations among the brain regions and the evaluation has shown itself to be highly sensitive to abrupt head motion during scanning, the pre-processed sequence of functional images was examined as follows. First, we evaluated the mean relative displacement in each of the six motion parameters (that is, translation along and rotation with respect to the x, y and z axes) by calculating the mean of the absolute frame-to-frame relative displacements of individual parameter across a given time series (namely, the mean of |Δx(i)| ≡ |p_{i+1}−p_{i}| (across the time series, where p is one of the six motion parameters and i specifies the time point). Both in the Japanese and the Korean data sets, there was no statistically significant group difference in this measure for any of the six motion parameters (Supplementary Table 6). Next, for each participant, we calculated distance displacement (ED) at each point by summing |Δx(i)| for all six parameters. Using this ED, we employed the ‘scrubbing’ procedure to identify and exclude any frame exhibiting excessive head motions.
Specifically, a frame was flagged and removed, along with the previous and two subsequent frames, from the correlation analysis, if the associated FD exceeded 0.5 mm (ref. 62). The sample size (525) was determined, the within- and between-group comparisons followed the generalization property of the ASD classifier, we evaluated its classification performance including the imaging protocol, see Supplementary Table 9. To further understand the generalization property of the ASD classifier, we evaluated its classification performance across three data sets that incorporated individuals with SCZ, MDD and ADHD as follows.

We formed a data set that consisted of 66 patients with SCZ (34 females, age 38.2 ± 9.1 year) and 107 age-matched healthy control participants (40 females, age 34.6 ± 8.2 year). Their handedness was determined by the Edinburgh Handedness Inventory (EHI). The mean ± s.d. of the SCZ was 55 ± 24.9 and that of the healthy control was 81.2 ± 35.1. The patients were recruited in- and out-patient facilities in the Kansai region in Japan. They were diagnosed with the patient edition of the Structured Clinical Interview for DSM-IV Axis I Disorders (SCID). None of the patients had comorbid psychiatric disorders. The controls were recruited from the local community at Kyoto University. None of them had any history of psychiatric illness, as indicated by screening results using the nonpatient edition of the SCID. These screening results were confirmed by the fact that none of their first-degree relatives had any history of psychotic disorders. The MR data of both patients and healthy controls were acquired at the Kyoto University Hospital (see Supplementary Table 9 for more details). All participants were physically healthy when they were scanned. The details of this data set are stated elsewhere.

Next, we formed a data set that consisted of 105 patients with unipolar MDD (51 females; 42.8 ± 11.5 year) and 145 age-matched healthy control participants (90 females; 39.5 ± 12.7 year). Their handedness was determined by the Edinburgh Handedness Inventory (EHI). The mean ± s.d. of the MDD were 48.9 ± 30.1 and that of the healthy control populations was 81.7 ± 36.0. The patients were recruited from a local clinic and the healthy controls in the community of the Hiroshima University. The MR data of both patients and healthy controls were acquired at the Hiroshima University Hospital and other local imaging facilities (see Supplementary Table 9 for the summary of the data). All the patients were screened with the DSM-IV criteria for a unipolar MDD diagnosis using M.L.I.N. No patient had current or past SCZ episodes. Healthy participants were interviewed with M.L.I.N. and none of them showed a history of psychiatric disorders according to DSM-IV criteria. The details of this data set will be described elsewhere.

Next, we formed a data set that incorporated individuals with ADHD and TDs acquired by the NeuroIMAGE project in the Netherlands (http://www. neuroimage.nl/). They were a part of the ADHD-200 Sample and we obtained their permission-free MR data and the associated demographic and phenotypic information from the ADHD-200 Sample website (http://Icon_1000_projects.nitr. org/indi/adhd200/) under an unrestricted usage agreement for non-commercial research purposes. Because the current study focuses on adult ASD, only individuals with rounded ages > 18 years were incorporated into the present analysis. The final data set consisted of 13 individuals with ADHD (2 females; 19.0 ± 1.1 year) and age-matched 13 TDs (7 females; 19.2 ± 1.2 year). The subtype identification of the ADHD populations was three hyperactive-impulsive types, one inattentive type and nine combined (hyperactive-impulsive and inattentive) types. Among the ADHD individuals, 10 were right-handed, 3 were left-handed and no information was available for the remaining 2. Among the TD individuals, 11 were right-handed and 2 were left-handed. For more information on their demographic and phenotypic properties, see the ADHD-200 Sample website.

To evaluate the extent to which each additional disorder tends to share traits with ASD, we applied the ASD classifier to these three data sets in the same manner as the US ABIDE data. The AUC of the classification was computed to evaluate the performance on the ASD, MDD and ADHD data sets from their corresponding control populations. Moreover, the Kolmogorov–Smirnov test was used to compare the WLS distributions of each disorder with their corresponding healthy controls and TD individuals. The WLS distributions of the patient and control populations were fitted separately with a mixture of Gaussians distributions and illustrated in Fig. 5. Although the corresponding AUCs were limited to the cerebellum, the probability that the corresponding AUC of the ASD classifier will likely exhibit extremely poor performance with newly sampled test cases is expected to be easier over-fitted to the training data. Because of this over-fitting, the constructed classifier may be much smaller than the dimension of data that the classifier is trained on. In the present case, could reintroduce high-frequency fluctuations into the time domain, while discarding flagged frames, if any, in the previous procedure (scrubbing). We note that unfiltered motion-related regressors, such as six head motion parameters, were excluded from these sets of time courses while discarding flagged frames, if any, in the previous procedure (scrubbing). The filtered time courses were linearly regressed by the temporal fluctuations of the white matter, the cerebrospinal fluid, and the entire brain as well as six head motion parameters. Here, the fluctuation in each tissue class was determined from the average time course of the voxels within a mask created by the segmentation procedure of the $T_1$ image. The mask for the white matter was eroded by one voxel to consider a partial volume effect. These extracted time courses were bandpass filtered (transmission range, 0.008–0.1 Hz) before the linear regression, as was done for regional time courses. Then, for each individual, a matrix of 9,730 FCs from 140 ROIs was calculated by exhaustively evaluating pair-wise temporal Pearson correlations of blood oxygenation levels (BOLD) time courses while discarding flagged frames, if any, in the previous procedure (scrubbing). We note that unfiltered motion-related regressors, such as six head motion parameters in the present case, could reintroduce high-frequency fluctuations into the time course data42. The scrubbing procedure was employed to remove any frames exhibiting abrupt head motion while discarding the temporal fluctuations in the filtered time course64. In addition, we confirmed that there was no statistically significant difference in any of the motion parameters between the ASD and TD populations (Supplementary Table 6). Thus, the chance that the classification was influenced by head motion remained minimal.

Selecting FCs as the ASD classifier. Two major challenges exist in constructing a classifier for ASD. The first challenge is the problem of over-fitting, because of the small sample size. The dimension of the data set that the classifier is trained on is $M = 9,730$. However, the amount of data is only $N = 181$. Because $N$ is much smaller than the dimension of data $M$, the parameters of the classifier can be easily over-fitted to the training data. Because of this over-fitting, the constructed classifier will likely exhibit extremely poor performance with newly sampled test data, which are not used in training the classifier. Therefore, we need to properly introduce regularization to identify and utilize only essential FCs to ensure good generalization of the classifier. Here we adopted a cascade of the $L_1$-regularization method, a well-known approach for managing the problem of small sample size, and a sparse estimation method with automatic relevance determination58,66.

The second major challenge is related to NVs and is due to the fact that an ASD classifier is clinically useful and scientifically trustworthy only if it maintains good performance for MRI data scanned at imaging sites different from the sites where the training data were collected. This is the so-called generalization capability across the imaging sites. However, in clinical applications, it has often been observed that a classifier trained using data acquired from a particular site cannot be generalized to the data scanned at other sites78,26. We overcame the second
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of the automatic relevance determination property of the hierarchical Bayesian estimation method, some of the Gaussian distributions become sharply peaked at zero so that the irrelevant features are not used in the classification.

Linear regression to the clinical indices. Using the identified 16 FCs in the classifier, we predicted the four domain scores of the two standard diagnostic instruments measured: the ADOSG and the ADI-RM (see also Supplementary Table 3). Specifically, in each domain of an instrument, the score of each individual was predicted by calculating the linear weighted sum of his/her 16 correlation coefficients as explanatory variables. Because previous studies indicated age- and sex-related differences in cognition across the lifespan of adult ADs,76,77 the behavioral measures such as ADOS and ADI-R can be assumed to exhibit dependence on these factors. We therefore incorporated age and sex into the regression model as additional explanatory variables. The LOOCV was necessary to avoid any information leakage from the individual to be predicted. The agreement between the measured and predicted domain scores was evaluated by the Pearson correlation coefficient. Statistical significance was tested against the null hypothesis that there is no relationship between measured and predicted scores. For the domain score with a significance correlation, the reliability of the prediction was further tested by a bootstrapping analysis (10,000 repetitions) where the alternative prediction was performed using 16 randomly selected FCs from the pool of 9,688 (\( \approx 9,730 \) - 42 FCs), which were not selected by SLR in the LOOCV procedure for the ASD/TD classification (Supplementary Note 1). At each permutation, a new regression model was computed for each of the eight domain scores and the correlation between the predicted and measured domain score was calculated. The highest of the eight correlations (corresponding to the eight domain scores) was then used and pooled over the permutations. The reliability of the prediction using the original 16 FCs was evaluated by integrating the normalized cumulative distribution of the pooled correlation coefficients derived through this bootstrapping procedure.

Code availability. The classification code and the correlation matrix data used in the present study are available at a secure server of ATR Brain Information Communication Research Laboratory. Please contact the server administrator (asd-classifier@atr.jp) for access.

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Author contributions

Additional information
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