



# Demographics, Management, and In-Hospital Outcome of Hospitalized Acute Heart Failure Syndrome Patients in Contemporary Real Clinical Practice in Japan

## —Observations From the Prospective, Multicenter Kyoto Congestive Heart Failure (KCHF) Registry—

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### Supplementary File 1

#### Supplementary Methods

##### Ethics

A waiver of written informed consent from each patient was approved, because it met the following conditions in accordance with Japan's ethics guidelines for epidemiologic research<sup>S1</sup> and Policy for Protection of Human Research Subjects in the USA:<sup>S2</sup> (1) we would use clinical information obtained in routine practice on the medical record without any risk to the subjects; (2) the waiver of normal consent procedures would not adversely affect the rights and welfare of the subjects; (3) the research could not be carried out effectively without the waiver; and (4) the subjects were provided with additional pertinent information and had the right to opt out of this study whenever appropriate. Written informed consent was obtained from patients enrolled in the longitudinal cohort study.<sup>S3</sup>

##### Baseline Factor Definitions

The signs and symptoms of congestive heart failure (HF) included: paroxysmal nocturnal dyspnea, orthopnea, dyspnea on exertion, rales, ankle edema, neck-vein distention, pleural effusion, pulmonary edema, appetite loss, lack of sleep, general malaise, and thirst. These symptoms were assessed by attending physicians using a 4-level symptom grading (0, none; 1, seldom/mild; 2, frequent/moderate; 3, continuous/severe) at 4 time points: at hospital arrival; on admission; 24 h after hospital arrival; and at discharge. The rate of dyspnea relief at discharge was evaluated using a 7-level Likert-scale. Atrial fibrillation (AF) included paroxysmal AF, persistent AF, and permanent AF. Hypertension was defined as receiving anti-hypertensive drugs or systolic blood pressure  $\geq 140$  mmHg or diastolic blood pressure  $\geq 90$  mmHg. Diabetes mellitus was defined

as treatment with oral hypoglycemic agents and/or insulin, prior clinical diagnosis of diabetes, glycated hemoglobin  $\geq 6.5\%$ , casual blood glucose  $\geq 200$  mg/dL, or fasting blood glucose  $\geq 126$  mg/dL. Dyslipidemia was defined as receiving anti-dyslipidemic drugs or total cholesterol  $\geq 220$  mg/dL. Cerebrovascular accident was defined as ischemic stroke with neurological symptoms lasting  $>24$  h. Transient ischemic attack was defined as temporary (i.e.,  $<24$  h) associated neurologic symptoms. Peripheral vascular disease was considered to be present if patients had been treated or were scheduled for surgical or endovascular interventions for peripheral vascular disease. Aortic disease was defined as aortic aneurysm, acute aortic syndrome including aortic dissection, intramural hematoma, penetrating atherosclerotic ulcer and inflammatory infection. The presence of chronic obstructive pulmonary disease (COPD) was determined clinically by local investigators, based on history, clinical presentation, previous examinations, and medications, and recorded as COPD in the case report form at enrolment. Poor medical adherence was judged by the attending physician. Public assistance, one of the social security systems in Japan, is explained elsewhere.<sup>S4</sup> Underlying heart disease was defined as the most likely cause of structural or functional cardiac disorders, of which only 1 category was chosen. The underlying heart disease was classified as (1) coronary artery disease (CAD); (2) hypertensive heart disease; (3) cardiomyopathy; (4) valvular heart disease; or (5) other heart diseases. CAD was defined as acute coronary syndrome (ACS), old myocardial infarction (MI), or prior percutaneous coronary intervention/coronary artery bypass grafting. ACS was defined as the range of myocardial ischemic states that includes ST-elevated MI, non-ST elevated MI, or unstable angina. Primary cardiomyopathy was classified as hypertrophic

cardiomyopathy, dilated cardiomyopathy, and dilated phase of hypertrophic cardiomyopathy. Valvular heart disease was classified as moderate–severe aortic stenosis, aortic regurgitation, mitral stenosis, mitral regurgitation (excluding functional mitral regurgitation), tricuspid regurgitation, and prosthetic valve dysfunction. As the valvular heart disease, we chose only 1 category that seemed to be the most closely related to acute HF. Other heart diseases included other cardiomyopathy, arrhythmia (bradycardia or tachycardia), congenital heart disease, and constrictive pericarditis. Other cardiomyopathy included arrhythmic right ventricular dysplasia, takotsubo cardiomyopathy, cardiac sarcoidosis, cardiac amyloidosis, left ventricular non-compaction, drug-induced cardiomyopathy, pacemaker-induced cardiomyopathy, mitochondrial cardiomyopathy, peripartum cardiomyopathy, alcoholic cardiomyopathy, beriberi heart, and others. Chronic kidney disease was defined as estimated glomerular filtration rate (eGFR) <60 mL/min/1.73 m<sup>2</sup> at admission.<sup>S5–S8</sup> eGFR was calculated using the equation for the Japanese population: eGFR = 194 × (serum creatinine<sup>-1.094</sup>) × (age<sup>-0.287</sup>) × 0.739 (for women).<sup>S9</sup> In-hospital body weight change was defined as the absolute difference between baseline and discharge weights.

### Definitions of Cause of Death and In-Hospital Adverse Events

The causes of death were adjudicated by a clinical event committee. Every death was placed into 1 of the 2 categories in the KCHF registry: (1) cardiovascular death, which includes death related to HF, sudden death, death related to stroke, and other cardiovascular death; and (2) non-cardiovascular death, which includes pulmonary disease, sepsis, other infection, gastrointestinal disease, malignancy, renal failure, and other non-cardiovascular death. Sudden death was defined as unexplained death in a previously stable patient. Stroke was defined as ischemic or hemorrhagic stroke requiring or prolonging hospitalization with symptoms lasting >24 h. Pulmonary disease included bacterial pneumonia, interstitial pneumonia, alveolar hemorrhage, pulmonary hypertension, and other pulmonary disease. Other infection included acute cholangitis, peritonitis, purulent arthritis, and other infection except for pulmonary infection. Gastrointestinal disease included gastrointestinal hemorrhage, ileus, and others. Intracranial bleeding was defined as subarachnoid hemorrhage, hemorrhagic infarction, cerebral bleeding, and subdural hematoma. Major bleeding was defined as moderate or severe bleeding according to the Global Utilization of Streptokinase and Tissue Plasminogen Activator for Occluded Coronary Arteries (GUSTO) classification. AF/atrial flutter was defined as that newly occurring during the index hospitalization in patients on sinus rhythm at presentation. Ventricular tachyarrhythmia was defined as ventricular tachycardia or ventricular fibrillation occurring during the index hospitalization.

### Supplementary Discussion

#### Worsening HF (WHF)

The expert HF clinical trialists reviewed optimal clinical endpoints in HF trials, which included mortality, symptom measures, WHF, worsening renal function, adverse events, and surrogate markers.<sup>S10,S11</sup> The concept of WHF is becoming more common, but there are limited data on WHF in multicenter studies.<sup>S12</sup> We observed WHF in 20%

of patients in this study. The rate of WHF was higher with decreasing LVEF and the trend was more evident with advanced age. In future studies, we should investigate the factors associated with WHF and its association with mortality and morbidity.

#### Vasodilators and Tolvaptan

There is a geographic variation in the drugs used for the management of ADHF; the use of vasoactive agents is variable across countries (**Table S4**), although the use of i.v. diuretics is similar. In this registry, the frequency of vasodilator use was high due to the preference for carperitide (37%), the human atrial natriuretic peptide analogue available only in Japan. Nesiritide is approved as an i.v. vasodilator for acute HF in the USA, as is carperitide in Japan, as opposed to trinitrine or morphine in Europe.<sup>S13</sup> Furthermore, tolvaptan, an oral vasopressin receptor 2 antagonist, was used in a significant proportion of patients in the present registry. Tolvaptan use is limited to cases of severe euvolemic hyponatremia in Europe, while tolvaptan is available in Japan for treating subacute or chronic and even normonatremic HF as a supplement to or substitute for the loop diuretics.<sup>S14</sup>

#### Hospital Stay

Although we did not carry out a statistical analysis, the hospital stay tended to be longer in Japan than in the USA or Europe (median, 16 days vs. 4–6 days). This may be due to the initiation of rehabilitation and patient education along with the medical insurance system. In addition, the rate of de novo HF was high in Japan; therefore, the cardiac catheterization during hospitalization was high compared to the USA and Europe. The median length of stay, however, tended to be shorter than reported in the ATTEND registry (**Table S5**).

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## Appendix S1. Kyoto Congestive Heart Failure Steering Committee Members

### Kyoto

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- National Hospital Organization Kyoto Medical Centre: Moritake Iguchi, Masaharu Akao
- Mitsubishi Kyoto Hospital: Masahi Kato, Shinji Miki
- Shimabara Hospital: Mamoru Takahashi
- Daini Okamoto General Hospital: Tsuneaki Kawashima, Takafumi Yagi

### Shiga

- Japanese Red Cross Otsu Hospital: Toshikazu Jinmai, Takashi Konishi
- Shiga Medical Centre for Adults: Yasutaka Inuzuka, Shigeru Ikeguchi
- Hikone Municipal Hospital: Tomoyuki Ikeda, Yoshihiro Himura

### Osaka

- Osaka Red Cross Hospital: Kazuya Nagao, Tsukasa Inada
- Kitano Hospital: Kenichi Sasaki, Moriaki Inoko
- Kishiwada City Hospital: Takafumi Kawai, Mitsuo Matsuda
- Kansai Electric Power Hospital: Akihiro Komasa, Katsuhisa Ishii

### Nara

- Tenri Hospital: Yodo Tamaki, Yoshihisa Nakagawa

### Hyogo

- Hyogo Prefectural Amagasaki General Medical Centre: Ryoji Taniguchi, Yukihito Sato, Yoshiki Takatsu
- Kobe City Medical Centre General Hospital: Takeshi Kitai, Ryousuke Murai, Yutaka Furukawa

### Wakayama

- Japanese Red Cross Wakayama Medical Centre: Yasuyo Motohashi, Takashi Tamura

### Shizuoka

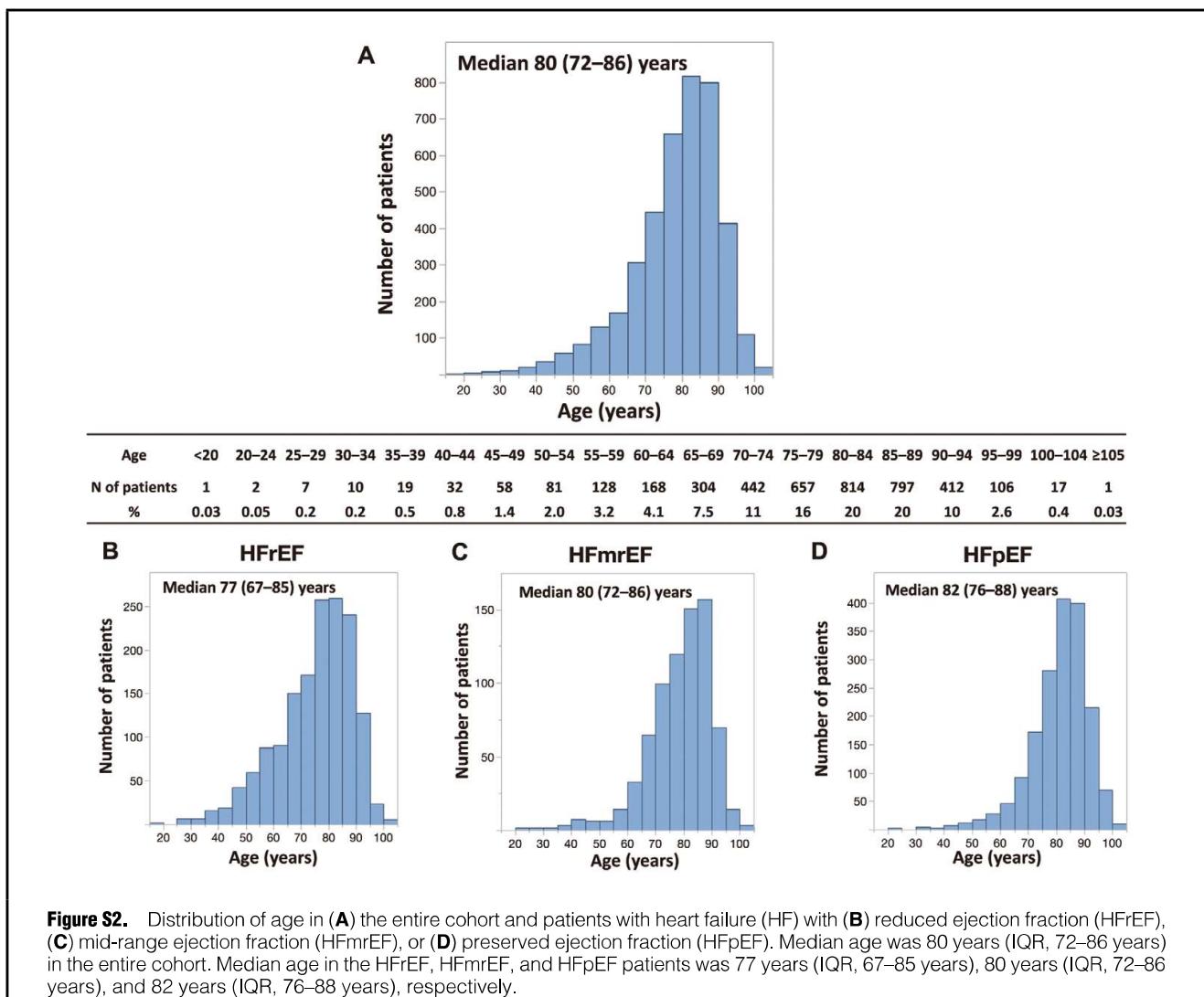
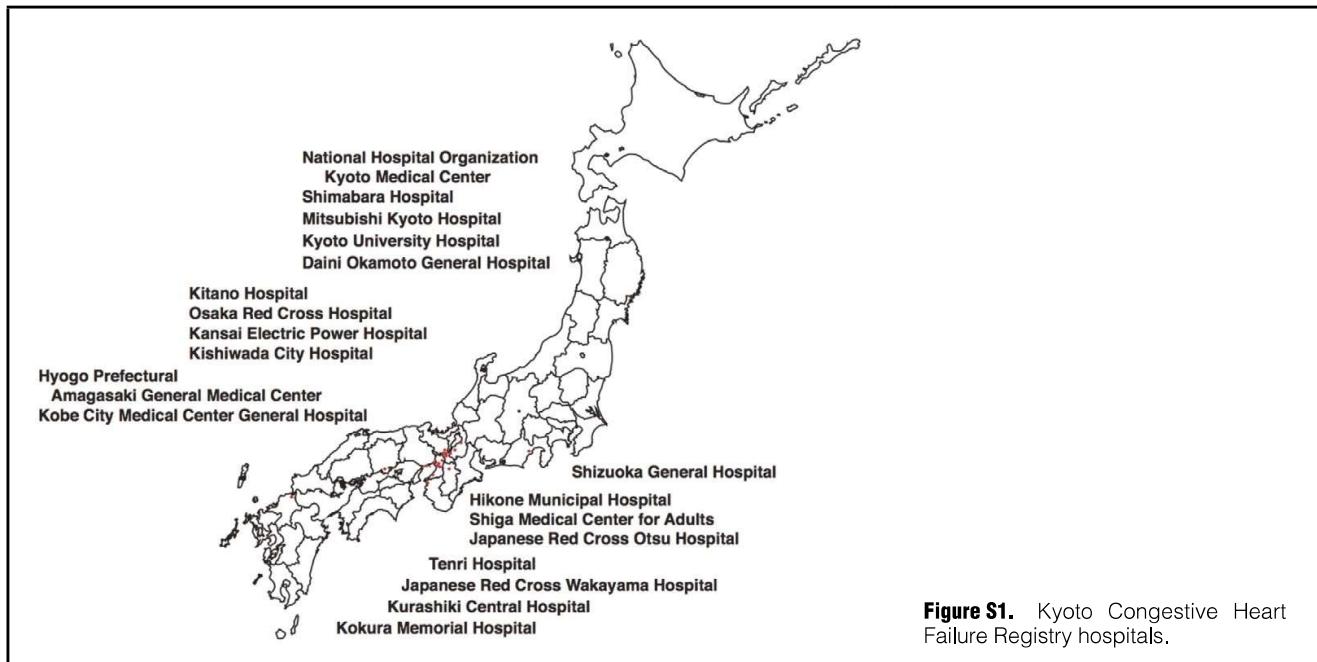
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### Okayama

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### Fukuoka

- Kokura Memorial Hospital: Takashi Morinaga, Kenji Ando



**Table S1.** Patient Characteristics vs. Age Quartile and LVEF Category

	Age <72 years				72 years≤Age<80 years				80 years≤Age<86 years				Age≥86 years			
	HFref (n=535)	HFmrEF (n=172)	HFpEF (n=256)	P-value	HFref (n=364)	HFmrEF (n=181)	HFpEF (n=394)	P-value	HFref (n=311)	HFmrEF (n=189)	HFpEF (n=500)	P-value	HFref (n=341)	HFmrEF (n=204)	HFpEF (n=594)	P-value
<b>Demographics</b>																
Age (years)	61 (53–67)	66 (60–69)	65 (59–69)	<0.001	76 (74–78)	75 (74–78)	76 (74–78)	0.14	83 (81–84)	83 (82–84)	83 (81–84)	0.17	89 (87–91)	89 (87–91)	89 (88–92)	0.002
Female	112 (21)	42 (24)	114 (45)	<0.001	112 (31)	63 (35)	187 (47)	<0.001	118 (38)	79 (42)	275 (55)	<0.001	179 (52)	117 (57)	413 (70)	<0.001
<b>Medical history</b>																
Prior hospitalization due to HF	178 (34)	40 (24)	75 (30)	0.03	136 (38)	60 (34)	130 (33)	0.34	153 (51)	72 (39)	176 (36)	<0.001	130 (40)	76 (38)	212 (36)	0.61
AF/AFL	136 (25)	53 (31)	89 (35)	0.02	119 (33)	77 (43)	201 (51)	<0.001	108 (35)	88 (47)	281 (56)	<0.001	124 (36)	92 (45)	307 (52)	<0.001
Hypertension	299 (56)	118 (69)	172 (67)	<0.001	244 (67)	140 (77)	288 (73)	0.03	225 (72)	152 (80)	378 (76)	0.13	249 (73)	159 (78)	472 (79)	0.08
DM	240 (45)	90 (52)	106 (41)	0.08	172 (47)	75 (41)	168 (43)	0.31	129 (41)	80 (42)	176 (35)	0.10	85 (25)	55 (27)	128 (22)	0.22
Prior MI	133 (25)	49 (28)	30 (12)	<0.001	131 (36)	49 (27)	45 (11)	<0.001	113 (36)	70 (37)	64 (13)	<0.001	115 (34)	55 (27)	51 (8.6)	<0.001
VT/VF	57 (11)	6 (3.5)	5 (2.0)	<0.001	24 (6.6)	6 (3.3)	6 (1.5)	0.001	28 (9.0)	3 (1.6)	6 (1.2)	<0.001	14 (4.1)	3 (1.5)	6 (1.0)	0.004
CKD	181 (34)	67 (39)	89 (35)	0.47	164 (45)	70 (39)	174 (44)	0.34	165 (53)	100 (53)	229 (46)	0.07	168 (49)	115 (56)	278 (47)	0.06
Dementia	16 (3.0)	4 (2.3)	7 (2.7)	0.9	45 (12)	20 (11)	47 (12)	0.91	68 (22)	41 (22)	116 (23)	0.87	133 (39)	69 (34)	200 (34)	0.23
<b>Social backgrounds</b>																
Poor medical adherence	118 (22)	36 (21)	46 (18)	0.41	61 (17)	21 (12)	44 (11)	0.06	59 (19)	37 (20)	77 (15)	0.28	60 (18)	32 (16)	82 (14)	0.30
Employed	230 (43)	67 (39)	75 (29)	0.001	34 (9.3)	15 (8.3)	29 (7.4)	0.61	9 (2.9)	7 (3.7)	18 (3.6)	0.84	8 (2.4)	3 (1.5)	15 (2.5)	0.68
Public assistance	54 (10)	20 (12)	22 (8.6)	0.58	29 (8.0)	10 (5.5)	30 (7.6)	0.57	13 (4.2)	11 (5.8)	17 (3.4)	0.36	10 (2.9)	5 (2.5)	13 (2.2)	0.78
<b>Lifestyle</b>																
Single	154 (29)	47 (27)	48 (19)	0.009	68 (19)	39 (22)	81 (21)	0.69	55 (18)	34 (18)	108 (22)	0.32	71 (21)	41 (20)	118 (20)	0.94
With a partner only	245 (46)	86 (50)	147 (57)	0.009	204 (56)	110 (61)	207 (53)	0.18	148 (48)	96 (51)	196 (39)	0.007	95 (28)	52 (25)	127 (22)	0.07
Institution for aged or hospital	4 (0.8)	4 (2.3)	4 (1.6)	0.23	15 (4.1)	2 (1.1)	14 (3.6)	0.17	15 (4.8)	7 (3.7)	32 (6.4)	0.33	68 (20)	36 (18)	79 (13)	0.02
<b>Daily life activities</b>																
Ambulatory	504 (94)	155 (91)	232 (92)	0.18	307 (86)	163 (91)	337 (86)	0.17	229 (75)	148 (79)	367 (75)	0.44	206 (61)	129 (64)	363 (62)	0.86
<b>Underlying heart disease</b>																
CAD	194 (36)	69 (40)	51 (19)	<0.001	193 (53)	76 (42)	79 (20)	<0.001	164 (53)	88 (47)	95 (27)	<0.001	157 (46)	68 (33)	87 (15)	<0.001
Hypertensive heart disease	71 (13)	46 (27)	86 (34)	<0.001	44 (12)	41 (23)	139 (35)	<0.001	28 (9.0)	43 (23)	159 (32)	<0.001	53 (16)	59 (29)	213 (36)	<0.001
Cardiomyopathy	222 (42)	23 (13)	11 (4.3)	<0.001	88 (24)	26 (14)	29 (7.4)	<0.001	67 (22)	15 (7.9)	33 (6.6)	<0.001	55 (16)	13 (6.4)	24 (4.0)	<0.001
Valvular heart disease	32 (6.0)	19 (11)	62 (23)	<0.001	27 (7.4)	31 (17)	99 (25)	<0.001	38 (12)	33 (17)	146 (29)	<0.001	64 (19)	63 (31)	203 (34)	<0.001
<b>Vital signs at presentation</b>																
Heart rate (beats/min)	104±26	106±29	101±28	0.16	101±25	100±27	90±28	<0.001	98±25	95±29	88±28	<0.001	98±23	97±26	88±27	<0.001
SBP (mmHg)	140±35	159±38	154±43	<0.001	143±32	151±38	150±36	0.009	142±34	146±35	150±35	0.007	142±33	153±33	149±33	<0.001
<b>Admission laboratory data</b>																
BNP (pg/mL)	857 (518–1,528)	777 (419–1,434)	439 (238–772)	<0.001	915 (570–1,614)	667 (428–1,147)	450 (243–818)	<0.001	1,065 (664–1,822)	766 (409–1,281)	499 (281–868)	<0.001	1,210 (655–2,000)	887 (540–1,372)	580 (333–951)	<0.001
Creatinine (mg/dL)	1.5±1.3	2.0±2.2	1.7±1.9	0.001	1.6±1.5	1.5±1.4	1.5±1.3	0.43	1.6±1.1	1.4±0.9	1.4±1.0	0.01	1.4±0.8	1.5±1.1	1.3±0.8	0.09
Anemia†	192 (36)	96 (56)	137 (54)	<0.001	206 (57)	121 (67)	292 (74)	<0.001	227 (73)	128 (68)	407 (81)	<0.001	253 (74)	161 (79)	477 (80)	0.08

(Table S1 continued on the next page.)

	Age <72 years				72 years≤Age<80 years				80 years≤Age<86 years				Age≥86 years			
	HFrEF (n=535)	HFmrEF (n=172)	HFpEF (n=256)	P-value	HFrEF (n=364)	HFmrEF (n=181)	HFpEF (n=394)	P-value	HFrEF (n=311)	HFmrEF (n=189)	HFpEF (n=500)	P-value	HFrEF (n=341)	HFmrEF (n=204)	HFpEF (n=594)	P-value
<b>In-hospital mortality</b>																
Death from any cause	24 (4.5)	3 (1.7)	11 (4.3)	0.26	24 (6.6)	10 (5.5)	14 (3.6)	0.16	34 (11)	5 (2.7)	27 (5.4)	<0.001	60 (18)	18 (8.8)	37 (6.2)	<0.001
Cardiac death	21 (3.9)	1 (0.6)	8 (3.1)	0.09	19 (5.2)	8 (4.4)	9 (2.3)	0.1	20 (6.4)	5 (2.7)	13 (2.6)	0.01	47 (14)	12 (5.9)	24 (4.0)	<0.001
<b>In-hospital adverse events</b>																
Ventricular tachyarrhythmia	56 (11)	7 (4.4)	9 (3.6)	<0.001	28 (8.3)	6 (3.5)	11 (2.9)	0.003	19 (6.7)	10 (5.7)	15 (3.2)	0.08	27 (8.4)	4 (2.1)	16 (2.9)	<0.001
Worsening HF	134 (25)	45 (26)	54 (21)	0.38	93 (26)	34 (19)	62 (16)	0.003	75 (24)	32 (17)	67 (13)	<0.001	88 (26)	31 (15)	72 (12)	<0.001
Worsening renal function	122 (24)	62 (37)	79 (33)	0.002	105 (32)	59 (35)	134 (36)	0.6	93 (34)	80 (44)	182 (39)	0.1	97 (35)	90 (49)	202 (37)	0.007
<b>Medications at discharge</b>																
RAAS inhibitors	448 (88)	130 (77)	176 (72)	<0.001	255 (75)	135 (79)	282 (74)	0.48	218 (79)	139 (76)	330 (70)	0.02	195 (69)	125 (67)	368 (66)	0.63
β-blockers	459 (90)	139 (82)	158 (64)	<0.001	247 (73)	129 (75)	232 (61)	<0.001	219 (79)	131 (71)	265 (56)	<0.001	168 (60)	108 (58)	243 (44)	<0.001
Calcium channel blockers	105 (21)	67 (40)	104 (42)	<0.001	73 (21)	58 (34)	171 (45)	<0.001	67 (24)	71 (39)	195 (41)	<0.001	66 (23)	71 (38)	244 (44)	<0.001
Tolvaptan	65 (13)	8 (4.7)	20 (8.2)	0.006	43 (13)	14 (8.2)	39 (10)	0.28	41 (15)	18 (9.8)	53 (11)	0.20	24 (8.5)	18 (9.7)	57 (10)	0.74
Amiodarone	80 (16)	9 (5.3)	12 (4.9)	<0.001	37 (11)	12 (7.0)	15 (4.0)	0.002	23 (8.3)	13 (7.1)	15 (3.2)	0.007	14 (5.0)	9 (4.8)	8 (1.4)	0.005
<b>Living situation after discharge</b>																
Home	486 (96)	159 (94)	223 (92)	0.07	292 (87)	151 (88)	329 (87)	0.91	236 (85)	135 (74)	364 (78)	0.006	187 (68)	126 (68)	388 (70)	0.81
<b>Daily life activities at discharge</b>																
Ambulatory	472 (94)	152 (90)	229 (94)	0.22	276 (84)	146 (85)	310 (83)	0.83	199 (73)	121 (66)	320 (69)	0.34	130 (48)	97 (53)	278 (51)	0.63
<b>Use of long-term care insurance at discharge</b>																
Care required	20 (7.8)	8 (9.0)	14 (11)	0.59	51 (24)	25 (21)	62 (25)	0.70	61 (29)	48 (36)	134 (39)	0.06	120 (51)	85 (53)	249 (55)	0.56

Data given as n (%), mean±SD or median (IQR). <sup>†</sup>Defined by the World Health Organization criteria (hemoglobin <12g/dL for women and <13g/dL for men). AF/AFL, atrial fibrillation/flutter; BNP, brain-type natriuretic peptide; CAD, coronary artery disease; CKD, chronic kidney disease; DM, diabetes mellitus; HF, heart failure; HFmrEF, heart failure with mid-range ejection fraction; HFpEF, heart failure with preserved ejection fraction; HFrEF, heart failure with reduced ejection fraction; MI, myocardial infarction; RAAS, renin-angiotensin-aldosterone system; SBP, systolic blood pressure; VT/VF, ventricular tachycardia/fibrillation.

**Table S2.** Post-Hoc Analysis of Patient Characteristics vs. LVEF Category and Age Quartile

	P-value		
	HFmrEF vs. HFrEF	HFpEF vs. HFrEF	HFpEF vs. HFmrEF
<b>Age &lt;72 years</b>			
Demographics			
Female	1.00	<0.001	<0.001
Medical history			
AF/AFL	0.49	0.02	1.00
Underlying heart disease			
CAD	1.00	<0.001	<0.001
Hypertensive heart disease	<0.001	<0.001	0.39
Cardiomyopathy	<0.001	<0.001	0.002
Valvular heart disease	0.08	<0.001	0.002
Vital signs at presentation			
SBP (mmHg)	<0.001	<0.001	0.73
Admission laboratory data			
BNP (pg/mL)	0.61	<0.001	<0.001
Hemoglobin (g/dL)	<0.001	<0.001	1.00
Anemia <sup>†</sup>	<0.001	<0.001	1.00
<b>72 years≤Age&lt;80 years</b>			
Demographics			
Female	1.00	<0.001	0.01
Medical history			
AF/AFL	0.07	<0.001	0.18
Underlying heart disease			
CAD	0.007	<0.001	<0.001
Hypertensive heart disease	0.004	<0.001	0.007
Cardiomyopathy	0.02	<0.001	0.02
Valvular heart disease	0.002	<0.001	0.10
Vital signs at presentation			
Heart rate (beats/min)	1.00	<0.001	<0.001
SBP (mmHg)	0.03	0.03	1.00
Admission laboratory data			
BNP (pg/mL)	<0.001	<0.001	<0.001
Hemoglobin (g/dL)	0.06	<0.001	0.07
Anemia <sup>†</sup>	0.08	<0.001	0.21

(Table S2 continued on the next page.)

	P-value		
	HFmrEF vs. HFrEF	HFpEF vs. HFrEF	HFpEF vs. HFmrEF
<b>80 years≤Age&lt;86 years</b>			
Demographics			
Female	1.00	<0.001	0.006
Medical history			
AF/AFL	0.03	<0.001	0.07
Underlying heart disease			
CAD	0.46	<0.001	<0.001
Hypertensive heart disease	<0.001	<0.001	0.06
Cardiomyopathy	<0.001	<0.001	1.00
Valvular heart disease	0.31	<0.001	0.005
Vital signs at presentation			
Heart rate (beats/min)	0.99	<0.001	0.01
SBP (mmHg)	0.61	0.01	0.60
Admission laboratory data			
BNP (pg/mL)	<0.001	<0.001	<0.001
Hemoglobin (g/dL)	1.00	<0.001	<0.001
Anemia <sup>†</sup>	0.61	0.01	<0.001
<b>Age ≥86 years</b>			
Demographics			
Female	0.81	<0.001	0.005
Medical history			
AF/AFL	0.13	<0.001	0.31
Underlying heart disease			
CAD	0.008	<0.001	<0.001
Hypertensive heart disease	<0.001	<0.001	0.12
Cardiomyopathy	0.003	<0.001	0.51
Valvular heart disease	0.004	<0.001	0.39
Vital signs at presentation			
Heart rate (beats/min)	1.00	<0.001	<0.001
SBP (mmHg)	<0.001	0.005	0.26
Admission laboratory data			
BNP (pg/mL)	<0.001	<0.001	<0.001
Hemoglobin (g/dL)	0.12	<0.001	0.06
Anemia <sup>†</sup>	0.63	0.08	0.64

Values are presented as number (%), mean±SD, or median (interquartile range). <sup>†</sup>Defined by the World Health Organization criteria (hemoglobin <12 g/dL for women and <13 g/dL for men). LVEF, left ventricular ejection fraction. Other abbreviations as in Table S1.

**Table S3.** Patient Characteristics, Clinical Presentation, and In-Hospital Management

	Entire cohort (n=4,056)	HFrEF (n=1,551)	HFmrEF (n=746)	HFpEF (n=1,744)	P-value		
					HFmrEF vs. HFrEF	HFpEF vs. HFrEF	HFmrEF vs. HFpEF
<b>Medical history</b>							
Dyslipidemia	1,549 (38)	629 (41)	305 (41)	611 (35)	0.001	1.00	0.003
Prior PCI	863 (21)	407 (26)	189 (25)	263 (15)	<0.001	1.00	<0.001
Prior CABG	288 (7.1)	130 (8.4)	72 (9.7)	85 (4.9)	<0.001	0.94	<0.001
Malignancy	585 (14)	203 (13)	112 (15)	268 (15)	0.16		
COPD	333 (8.2)	126 (8.1)	48 (6.4)	159 (9.1)	0.08		
Asthma	240 (5.9)	90 (5.8)	36 (4.8)	111 (6.4)	0.32		
Prior pacemaker implantation	257 (6.3)	69 (4.5)	50 (6.7)	136 (7.8)	<0.001	0.07	<0.001
Prior ICD implantation	62 (1.6)	51 (3.3)	4 (0.5)	7 (0.4)	<0.001	<0.001	<0.001
Prior CRT implantation	82 (2.0)	65 (4.2)	10 (1.3)	6 (0.3)	<0.001	<0.001	<0.001
<b>Initial evaluation</b>							
Paroxysmal nocturnal dyspnea	2,766 (71)	1,110 (75)	495 (70)	1,148 (68)	<0.001	0.03	<0.001
Orthopnea	3,151 (80)	1,241 (83)	572 (80)	1,326 (78)	<0.001	0.16	<0.001
Dyspnea on exertion	3,683 (95)	1,397 (95)	670 (95)	1,601 (95)	0.69		
Rales	3,101 (79)	1,189 (80)	581 (81)	1,318 (78)	0.15		
Peripheral edema	3,023 (77)	1,117 (74)	533 (74)	1,360 (80)	<0.001	1.00	<0.001
Jugular venous distention	2,983 (78)	1,119 (77)	542 (78)	1,310 (79)	0.37		
<b>Hemodynamic profile</b>							
Warm and dry	240 (6.0)	81 (5.3)	53 (7.2)	106 (6.1)	0.19		
Warm and wet	3,016 (75)	1,017 (67)	580 (79)	1,409 (82)	<0.001	<0.001	<0.001
Cold and dry	137 (3.4)	69 (4.5)	15 (2.0)	53 (3.1)	0.005	0.01	0.09
Cold and wet	613 (15)	360 (24)	88 (12)	160 (9.3)	<0.001	<0.001	<0.001
<b>NYHA functional class</b>							
Class II	499 (12)	169 (11)	97 (13)	231 (13)	0.10		
Class III	1,589 (39)	581 (38)	279 (38)	725 (42)	0.03	1.00	0.053
Class IV	1,948 (48)	792 (51)	367 (49)	781 (45)	0.001	1.00	0.001
<b>Medication prior to admission</b>							
RAAS inhibitors	2,206 (54)	832 (54)	387 (52)	980 (56)	0.10		
ACEI/ARB	1,850 (46)	688 (44)	329 (44)	827 (47)	0.14		
ACEI	487 (12)	234 (15)	86 (12)	166 (9.5)	<0.001	0.06	<0.001
ARB	1,410 (35)	471 (30)	250 (34)	684 (39)	<0.001	0.38	<0.001
MRA	733 (18)	323 (21)	115 (15)	293 (17)	0.001	0.006	0.009
β-blockers	1,560 (38)	613 (40)	294 (39)	650 (37)	0.36		
Calcium channel blockers	1,500 (37)	396 (26)	275 (37)	821 (47)	<0.001	<0.001	<0.001
Loop diuretics	1,976 (49)	755 (49)	320 (43)	893 (51)	<0.001	0.03	0.44
Thiazide	262 (6.5)	92 (5.9)	42 (5.6)	127 (7.3)	0.17		
Tolvaptan	170 (4.2)	85 (5.5)	18 (2.4)	64 (3.7)	0.001	0.003	0.04
Warfarin	872 (21)	304 (20)	136 (18)	428 (25)	<0.001	1.00	0.002

(Table S3 continued on the next page.)

	Entire cohort (n=4,056)	HFrEF (n=1,551)	HFmrEF (n=746)	HFpEF (n=1,744)	P-value		
					HFmrEF vs. HFrEF	HFpEF vs. HFrEF	HFmrEF vs. HFpEF
DOAC	409 (10)	99 (6.4)	73 (9.8)	237 (14)	<0.001	0.01	<0.001
Aspirin	1,322 (33)	541 (35)	274 (37)	501 (29)	<0.001	1.00	<0.001
Thienopyridines	512 (13)	238 (15)	114 (15)	158 (9.1)	<0.001	1.00	<0.001
Nitrates	534 (13)	221 (14)	104 (14)	206 (12)	0.09		
Digoxin	265 (6.5)	87 (5.6)	32 (4.3)	146 (8.4)	<0.001	0.54	0.006
Amiodarone	171 (4.2)	112 (7.2)	23 (3.1)	33 (1.9)	<0.001	<0.001	<0.001
Pimobendan	119 (2.9)	89 (5.7)	9 (1.2)	20 (1.2)	<0.001	<0.001	<0.001
NSAID	213 (5.2)	67 (4.3)	39 (5.2)	107 (6.1)	0.07		
<b>Vital signs at presentation</b>							
DBP (mmHg)	85±26	87±24	87±24	81±24	<0.001	1.00	<0.001
Body temperature (°C)	36.5±0.6	36.5±0.6	36.5±0.7	36.6±0.6	<0.001	0.29	<0.001
<b>I.v. drugs ≤24 h after hospital presentation</b>							
Inotropes							
Dobutamine	501 (12)	345 (22)	62 (8.3)	90 (5.2)	<0.001	<0.001	<0.001
Dopamine	82 (2.0)	40 (2.6)	12 (1.6)	29 (1.7)	0.12		
Norepinephrine	134 (3.3)	56 (3.6)	25 (3.4)	53 (3.0)	0.66		
PDE-III inhibitor	38 (0.9)	25 (1.6)	6 (0.8)	7 (0.4)	0.001	0.35	0.001
Digoxin	87 (2.1)	38 (2.5)	15 (2.0)	34 (2.0)	0.59		
Morphine	69 (1.7)	24 (1.6)	16 (2.1)	26 (1.5)	0.47		
<b>Procedural interventions</b>							
NPPV	920 (23)	386 (25)	179 (24)	351 (20)	0.003	1.00	0.003
Intubation	175 (4.3)	81 (5.2)	34 (4.6)	59 (3.4)	0.03	1.00	0.03
Pacemaker implantation	67 (1.7)	4 (0.3)	7 (0.9)	55 (3.2)	<0.001	0.08	<0.001
ICD implantation	12 (0.3)	9 (0.6)	1 (0.1)	2 (0.1)	0.03	0.38	0.06
CRT implantation	21 (0.5)	21 (1.4)	0	0	<0.001	0.004	<0.001
Hemodialysis	206 (5.1)	86 (5.5)	51 (6.8)	69 (4.0)	0.007	0.66	0.10
Intra-aortic balloon pumping	105 (2.6)	65 (4.2)	18 (2.4)	22 (1.3)	<0.001	0.10	<0.001
Percutaneous cardiopulmonary support	20 (0.5)	15 (1.0)	2 (0.3)	3 (0.2)	0.003	0.20	0.006
Valve replacement or plasty	55 (1.4)	15 (1.0)	10 (1.3)	30 (1.7)	0.18	1.00	0.19

Data given as n (%) or mean±SD. ACEI, angiotensin converting enzyme inhibitors; ARB, angiotensin receptor blockers; CABG, coronary artery bypass grafting; COPD, chronic obstructive pulmonary disease; CRT, cardiac resynchronization therapy; DBP, diastolic blood pressure; DOAC, direct oral anticoagulants; ICD, implantable cardioverter defibrillator; MRA, mineralocorticoid receptor antagonists; NPPV, non-invasive positive pressure ventilation; NSAID, non steroidal anti-inflammatory drugs; PCI, percutaneous coronary intervention; PDE-III, phosphodiesterase III; RAAS, renin-angiotensin-aldosterone system; TIA, transient ischemic attack. Other abbreviations as in Table S1.

**Table S4.** Clinical Outcomes, Clinical Status, and Medication at Hospital Discharge

	Entire cohort (n=4,056)	HFrEF (n=1,551)	HFmrEF (n=746)	HFpEF (n=1,744)	P-value		
					HFmrEF vs. HFrEF	HFpEF vs. HFrEF	HFmrEF vs. HFpEF
<b>In-hospital adverse events</b>							
Acute coronary syndrome	48 (1.2)	21 (1.4)	9 (1.2)	18 (1.0)	0.70		
Cerebral infarction	69 (1.7)	23 (1.5)	14 (1.9)	32 (1.8)	0.68		
Intracranial bleeding	15 (0.4)	4 (0.3)	6 (0.8)	5 (0.3)	0.10		
Major bleeding <sup>†</sup>	92 (2.3)	33 (2.1)	18 (2.4)	41 (2.4)	0.88		
AF/AFL	381 (10)	125 (8.6)	77 (11)	177 (11)	0.09		
<b>Signs and symptoms at discharge</b>							
Paroxysmal nocturnal dyspnea	177 (4.9)	66 (4.9)	27 (4.0)	83 (5.2)	0.46		
Dyspnea on exertion	983 (27)	359 (27)	162 (24)	458 (29)	0.06		
Orthopnea	136 (3.7)	45 (3.4)	26 (3.8)	64 (4.0)	0.65		
Rales	186 (5.1)	65 (4.9)	32 (4.7)	88 (5.5)	0.62		
Peripheral edema	457 (13)	139 (10)	76 (11)	239 (15)	<0.001	1.00	<0.001
Jugular venous distention	235 (6.5)	95 (7.1)	31 (4.6)	109 (6.9)	0.07		
Loss of appetite	413 (12)	145 (11)	73 (11)	194 (12)	0.46		
Sleep disturbance	334 (9.6)	121 (9.5)	59 (9.1)	153 (10)	0.79		
General malaise	581 (17)	217 (17)	106 (16)	257 (17)	0.89		
<b>Vital signs at discharge</b>							
Heart rate (beats/min)	71±13	72±13	71±12	70±13	<0.001	0.42	<0.001
SBP (mmHg)	116±18	112±17	119±18	118±18	<0.001	<0.001	<0.001
DBP (mmHg)	64±12	64±13	65±12	64±12	0.003	0.16	0.30
<b>Discharge laboratory data</b>							
BNP (pg/mL)	270 (136–522)	371 (194–668)	294 (151–574)	199 (97–382)	<0.001	<0.001	<0.001
NT-proBNP (pg/mL)	1,970 (808–4,346)	2,395 (1,119–6,227)	2,261 (800–3,959)	1,666 (716–3,896)	0.008	0.42	0.005
Creatinine (mg/dL)	1.1 (0.9–1.6)	1.1 (0.9–1.6)	1.2 (0.9–1.7)	1.1 (0.8–1.5)	0.01	0.57	0.14
BUN (mg/dL)	25 (19–36)	25 (18–34)	26 (19–39)	26 (19–37)	0.10		
Sodium (mEq/L)	139±3.7	138±3.7	139±3.6	139±3.8	0.003	0.75	0.008
Hemoglobin (g/dL)	11.5±2.2	12.0±2.3	11.4±2.2	11.0±1.9	<0.001	<0.001	<0.001
<b>Medications at discharge</b>							
Digoxin	215 (5.7)	90 (6.4)	30 (4.2)	95 (5.7)	0.13		
Nitrates	478 (13)	179 (13)	112 (16)	186 (11)	0.01	0.16	0.64
Pimobendan	202 (5.3)	151 (11)	18 (2.5)	32 (1.9)	<0.001	<0.001	<0.001
NSAIDs	86 (2.3)	21 (1.5)	14 (2.0)	51 (3.1)	0.01	1.00	0.01

Data given as n (%), mean±SD, or median (IQR). <sup>†</sup>Defined as moderate or severe bleeding by Global Utilization of Streptokinase and Tissue Plasminogen Activator for Occluded Coronary Arteries (GUSTO) classification. BUN, blood urea nitrogen; NT-proBNP, N-terminal pro brain-type natriuretic peptide. Other abbreviations as in Tables S1,S3.

**Table S5.** Previous Representative ADHF Registries and KCHF Registry

	<b>ADHERE<sup>S15</sup></b>	<b>OPTIMIZE-HF<sup>S16</sup></b>	<b>GWTG-HF<sup>S17</sup></b>	<b>EHFS II<sup>S18</sup></b>	<b>ADHERE-AP<sup>S19</sup></b>	<b>KorAHF<sup>S20</sup></b>	<b>ATTEND<sup>S21</sup></b>	<b>KCHF</b>
n	105,388	48,612	158,922	3,580	10,171	2,066	4,842	4,056
Region	USA	USA	USA	Europe	Asia-Pacific	Korea	Japan	Japan
Timeframe	2001–2004	2003–2004	2008–2013	2004–2005	2006–2008	2011–2012	2007–2012	Oct 2014–Mar 2016
Settings	Prospective, 274 hospitals	Prospective, 259 hospitals	Prospective, 271 hospitals	Prospective, 133 hospitals	Prospective, 43 hospitals	Prospective, 10 hospitals	Prospective, 52 hospitals	Prospective, 19 hospitals
Background and baseline characteristics								
Age (years)	72±14	73±14	75 (63–84)	70±13	67†	69±14	73±14	80 (72–86)
Male	48	48	53	61	57	55	58	55
Etiology								
CAD	—	46	—	54	—	38	31	33
Hypertensive	—	23	—	—	—	6	18	24
Comorbidities								
AF/AFL	31	31	35‡	39	24	27	40	41
Hypertension	73	71	79	63	64	59	69	72
DM	44	42	44	33	45	36	34	37
Prior MI	31	—	—	—	—	—	—	22
CKD	30	—	—	17	22	—	—	45
Creatinine (mg/dL)	1.8±1.6	1.8±1.8	—	—	—	1.5±1.6	1.4±1.6	1.5±1.3
Sodium (mEq/L)	—	137±11	—	135 (110–160)	—	—	139±4	139±4
De novo HF	—	12	—	37	36	50	64	64
HR (beats/min)	—	87±22	82 (70–97)	95 (77–114)	—	91±26	99±29	96±28
SBP (mmHg)	144±33	143±33	140 (121–161)	135 (110–160)	—	136±31	146±37	147±35
HFrEF (LVEF<40%)	63	49	43	66	53	56	54	38
Social backgrounds								
With Occupation	—	—	—	—	—	—	—	13
Public income assistance	—	—	—	—	—	—	—	5.8
Living status	—	—	—	—	—	—	—	Data available
Daily life activities	—	—	—	—	—	—	—	Data available
I.v. therapy								
Diuretics	92	—	—	84	—	72	76	83
Vasodilators	9	—	—	38	—	40	78	71
Inotropes	15	—	—	30	—	32	19	19
Outcome measures								
In-hospital mortality	4	3.8	—	6.7	48	6.1	6.4	6.7
WHF	—	—	—	—	—	—	—	19
WRF	—	—	—	—	—	—	—	35
Length of stay (days)†	4.3	4	4	9	6	8	21	16
Patient-reported outcomes	—	—	—	—	—	—	—	Data available
Additional care or nursing required	—	—	—	—	—	—	—	Data available

(Table S5 continued on the next page.)

	<b>ADHERE<sup>S15</sup></b>	<b>OPTIMIZE-HF<sup>S16</sup></b>	<b>GWTG-HF<sup>S17</sup></b>	<b>EHFS II<sup>S18</sup></b>	<b>ADHERE-AP<sup>S19</sup></b>	<b>KorAHF<sup>S20</sup></b>	<b>ATTEND<sup>S21</sup></b>	<b>KCHF</b>
<b>Medication at discharge</b>								
ACEII/ARB	—	83 <sup>§</sup>	94	80	63	65	75	57
ACEI	41	—	—	—	—	—	31	25
ARB	12	—	—	—	—	—	46	33
MRA	—	—	96	48	31	40	—	45
β-blockers	48	83	35	61	41	44	67	66

Data given as %, mean±SD or median (IQR) or <sup>t</sup>median. <sup>§</sup>Chronic atrial fibrillation. <sup>¶</sup>For heart failure with reduced ejection fraction. ADHERE, Acute Decompensated Heart Failure National Registry; ADHERE-AP, Acute Decompensated Heart Failure National Registry International-Asia Pacific; ADHF, acute decompensated heart failure; ATTEND, Acute Decompensated Heart Failure Syndromes; EHFS II, European Heart Failure Survey II; GWTG-HF, Get With The Guidelines-Heart Failure; HR, heart rate; KCHF, Kyoto Congestive Heart Failure; KorAHF, Korean Acute Heart Failure Registry; MRA, mineralocorticoid receptor antagonists; OPTIMIZE-HF, Organized Program to Initiate Lifesaving Treatment in Hospitalized Patients With Heart Failure; WHF, worsening heart failure; WRF, worsening renal function. Other abbreviations as in Tables S1–S3.

**Table S6.** KCHF Registry: Comparison With Other Studies According to LVEF Category

	OPTIMIZE-HF <sup>S22</sup>			GWTG-HF (in the Medicare population) <sup>S23</sup>			GWTG-HF <sup>S24</sup>			ALARM-HF <sup>S25</sup>			PROTECT trial <sup>S26</sup>			CHART-2 Study <sup>S27</sup>			KCHF			
	HFrEF (n=20,118)	HFmrEF (n=7,321)	HFpEF (n=10,072)	HFrEF (n=15,716)	HFmrEF (n=5,626)	HFpEF (n=18,897)	HFrEF (n=48,950)	HFmrEF (n=12,819)	HFpEF (n=38,056)	HFrEF (n=1,698)	HFmrEF (n=811)	HFpEF (n=748)	HFrEF (n=607)	HFmrEF (n=128)	HFpEF (n=108)	HFrEF (n=730)	HFmrEF (n=596)	HFpEF (n=2,154)	HFrEF (n=1,551)	HFmrEF (n=746)	HFpEF (n=1,744)	
Timeframe	2003–2004			2005–2011			2005–2013			2006–2007			2007–2009			October 2006–May 2010			October 2014–March 2016			
Settings	Prospective, 259 hospitals			Prospective observational study, 220 hospitals			Prospective observational study, 305 hospitals			Prospective observational study, 666 hospitals			RCT, 173 hospitals			Prospective observational study, 23 hospitals			Prospective observational study, 19 hospitals			
HF status	Acute HF			Acute HF			Acute HF			Acute HF			Acute HF			Chronic HF			Acute HF			
Age (years)	70.4± 14.3	74.3± 13.0	75.6± 13.1	79 (74–86)	81 (74–86)	82 (75–87)	72 (60–81)	77 (66–84)	78 (68–86)	—	—	—	74±10	71±11	68±12	67±13	69±12	72±11	77 (67–85)	80 (72–86)	82 (76–88)	
Age >75 years	—	—	—	—	—	—	—	—	—	26	29	33	—	—	—	—	—	—	59	69	79	
Male	62	48	32	60	50	33	63	51	13	70	65	48	77	41	47	77	72	61	66	60	43	
Etiology																						
Ischemic etiology	54	49	32	—	—	—	68	69	56	38	39	24	—	—	—	50	53	44	46	40	18	
Hypertensive etiology	17	22	31	—	—	—	—	—	—	—	—	—	—	—	—	9	14	25	13	25	34	
Comorbidities																						
AF/AFL	28	33	32	36	40	41	37	45	45	24	25	26	51	54	66	38	44	52	31	42	50	
Hypertension	66	74	77	73	78	81	78	82	84	66	77	72	70	88	88	85	90	91	66	76	75	
DM	39	44	41	39	42	41	44	50	49	44	46	42	45	49	39	38	36	34	40	40	33	
Dyslipidemia	34	35	31	48	48	45	53	54	51	45	48	40	—	—	—	82	80	79	41	41	35	
Prior MI	—	—	—	25	20	13	31	25	17	31	23	14	58	45	23	39	41	27	32	30	11	
CKD	—	—	—	21	21	20	—	—	—	23	18	18	—	—	—	—	—	—	44	47	44	
Dementia	—	—	—	—	—	—	—	—	—	3.3	4.5	4.2	—	—	—	—	—	—	17	18	21	
Laboratory data at admission																						
Creatinine (mg/dL)	1.4 (1.1–1.9)	1.3 (1.0–1.9)	1.2 (1.0–1.8)	1.4 (1.0–1.8)	1.3 (1.0–1.8)	1.3 (1.0–1.7)	—	—	—	1.6±1.6	1.5±1.5	1.5±1.6	—	—	—	1.2± 1.0	1.1± 0.8	1.0± 0.7	1.5± 1.2	1.6± 1.5	1.4± 1.2	
Sodium (mEq/L)	138± 4.6	138± 4.7	138± 4.8	138 (135–141)	138 (135–141)	138 (135–141)	—	—	—	136± 6.4	137± 7.0	137± 7.6	—	—	—	—	—	—	139± 4.4	139± 4.5	139± 4.2	
Hemoglobin (g/dL)	12.5± 2.0	11.9± 2.0	11.8± 2.0	12.2 (10.9–13.6)	11.7 (10.1–13.1)	11.5 (10.2–12.8)	—	—	—	—	—	—	—	—	—	13.4± 2.0	13.0± 2.0	12.8± 1.9	12.2± 2.4	11.5± 2.2	10.9± 2.2	
Albumin (g/dL)	—	—	—	3.4 (3.1–3.7)	3.4 (3.1–3.7)	3.4 (3.0–3.7)	—	—	—	—	—	—	—	—	—	4.0± 0.4	3.9± 0.4	4.0± 0.4	3.5± 0.5	3.5± 0.5	3.4± 0.5	
Weight (kg)	78.5 (65.8–94.0)	79.4 (65.0–97.5)	78.0 (63.5–97.1)	75.7 (64.0–89.3)	77.1 (64.0–92.0)	76.6 (63.0–93.0)	—	—	—	80.0± 15.7	79.2± 16.7	76.4± 17.5	—	—	—	—	—	—	58.0± 15.9	56.3± 14.1	54.4± 13.5	
BMI (kg/m <sup>2</sup> )	—	—	—	25.7 (22.3–29.7)	26.5 (22.8–31.5)	27.4 (23.3–33.0)	—	—	—	—	—	—	—	—	—	22.7± 4.8	22.8± 5.3	23.2± 4.7	22.8± 4.6	22.7± 4.3	22.9± 4.4	

(Table S6 continued on the next page.)

	OPTIMIZE-HF <sup>S22</sup>			GWTG-HF (in the Medicare population) <sup>S23</sup>			GWTG-HF <sup>S24</sup>			ALARM-HF <sup>S25</sup>			PROTECT trial <sup>S26</sup>			CHART-2 Study <sup>S27</sup>			KCHF		
	HFrEF (n=20,118)	HFmrEF (n=7,321)	HFpEF (n=10,072)	HFrEF (n=15,716)	HFmrEF (n=5,626)	HFpEF (n=18,897)	HFrEF (n=48,950)	HFmrEF (n=12,819)	HFpEF (n=38,056)	HFrEF (n=1,698)	HFmrEF (n=811)	HFpEF (n=748)	HFrEF (n=607)	HFmrEF (n=128)	HFpEF (n=108)	HFrEF (n=730)	HFmrEF (n=596)	HFpEF (n=2,154)	HFrEF (n=1,551)	HFmrEF (n=746)	HFpEF (n=1,744)
	119±21	128±22	130±23	132 (115–151)	142 (124–161)	144 (125–164)	—	—	—	—	—	—	119± 17	127± 16	134± 17	118± 20	125± 19	128± 19	141± 34	152± 36	150± 36
SBP (mmHg)	77±14	75±14	75±14	82 (71–98)	81 (70–96)	79 (68–92)							80±15	79±16	79±17	74±5.7	73±15	72±12	101±25	99±28	90±28
Medication at discharge																					
ACEI	62	52	44	75	62	51	—	—	—	68	69	56	—	—	—	58	51	42	35	23	17
ARB	11	12	14	21	22	23	—	—	—	14	12	17	—	—	—	27	29	34	30	35	36
Aldosterone antagonists	18	10	7.0	25	13	9.4	—	—	—	37	27	23	—	—	—	44	29	19	52	44	40
β-blockers	73	66	57	92	87	79	—	—	—	53	52	41	—	—	—	70	64	46	78	71	54
Length of stay (days)	—	—	—	—	—	—	4 (3–7)	4 (3–7)	4 (3–7)	—	—	—	—	—	—	—	—	—	16 (11–25)	16 (11–24)	16 (11–25)
In-hospital mortality (%)	3.9 (3.6–4.2)	3.0 (2.6–3.4)	2.9 (2.5–3.2)	—	—	—	3.2	2.6	3.0	—	—	—	—	—	—	—	—	—	9.2	4.8	5.1

Data given as mean±SD, (%), or median (IQR). †For heart failure with reduced ejection fraction, ‡chronic atrial fibrillation. BMI, body mass index; RCT, randomized controlled trial. Other abbreviations as in Tables S1–S3,S5.