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Ring-array photoacoustic tomography
for imaging human finger vasculature

Misaki Nishiyama
Takeshi Namita
Kengo Kondo
Makoto Yamakawa
Tsuyoshi Shiina

Ring-array photoacoustic tomography for imaging human finger vasculature

Misaki Nishiyama,* Takeshi Namita, Kengo Kondo, Makoto Yamakawa, and Tsuyoshi Shiina
Kyoto University, Graduate School of Medicine, Department of Human Health Sciences, Kyoto, Japan

Abstract. For early diagnosis of rheumatoid arthritis (RA), it is important to visualize its potential marker, vasculature in the synovial membrane of the finger joints. Photoacoustic (PA) imaging, which can image blood vessels at high contrast and resolution, is expected to be a potential modality for earlier diagnosis of RA. In previous studies of PA finger imaging, different acoustic schemes, such as linear-shaped arrays, have been utilized, but these have limited detection views, rendering inaccurate reconstruction, and most of them require rotational detection. We are developing a PA system for finger vascular imaging using a ring-shaped array ultrasound (US) transducer. By designing the ring-array sensor based on simulations, using phantom experiments, it was demonstrated that we have created a system that can image small objects around 0.1 to 0.5 mm in diameter. The full width at half maximum of the slice direction of the system was within 2 mm and corresponded to that of the simulation. Moreover, we could clearly visualize healthy index finger vasculature and the location of the distal interphalangeal and proximal interphalangeal joints by PA and US echo images. In the future, this system could be used as a method for visualizing the three-dimensional vasculization of RA patients’ fingers.

Keywords: photoacoustic imaging; rheumatoid arthritis; ring-shaped ultrasound transducer; finger vascular imaging.

1 Introduction

Rheumatoid arthritis (RA) is an inflammatory autoimmune disease that causes progressive articular and extra-articular destruction. It is estimated that ∼1% of the world population is affected by RA. A lack of appropriate diagnosis and treatment during the early stages leads to severe joint erosion and patients suffer from a reduced quality of life.1–3 Early effective treatment using medication, such as disease-modifying antirheumatic drugs, can alleviate the symptoms and reduce the risk of severe joint destruction. Although the 2010 American College of Rheumatology/European League Against Rheumatism criteria are now being applied as a means to diagnose RA,4–6 it remains quite difficult to identify the disease during the very early stage, which results in patients developing more severe symptoms. Therefore, the improvement of imaging techniques, which are a secondary part of the diagnosis, is needed to overcome these difficulties.4 Recently, for imaging RA diagnosis, it has been reported that inflammation of the synovial membrane in the joint, known as synovitis, is associated with vasculature that results in increasing the thickness of the synovial membrane and hypoxia, which can be effective RA markers.5,7 During its early stages, RA often appears in the finger joints.8 The imaging devices mainly used in clinical practice are conventional radiography (CR), magnetic resonance imaging (MRI), and Doppler ultrasound (US).9 CR is sensitive to changes in joint spaces and bone erosion and is mainly applied during a later stage. MRI can visualize the synovitis, but it is expensive and requires contrast agents. Doppler US is widely used for assessing the vascularity of an inflamed synovium, but it is dependent on observational techniques and is difficult to quantify.8

Photoacoustic (PA) imaging is expected to be a potential method that is complimentary to these imaging devices. This technique images light-absorbing structures in the tissue, such as blood vessels, by directing short nanosecond pulses at the skin surface. This leads to thermo-elastic expansion and propagation of US waves that are then detected using a US transducer.10–14 PA imaging can noninvasively image small vasculature in finger joints at high contrast without contrast agents using the wavelength-specific absorption of laser light by chromophores in the tissue; it could be an effective method for RA diagnosis.15 Moreover, by taking advantage of this optical imaging technique, multispectral PA imaging allows estimation of the oxygen saturation in blood vessels with the molar extinction coefficient of deoxyhemoglobin and oxyhemoglobin. This advantage can be applied to a quantitative evaluation of oxygenation in synovitis.16

In previous studies, PA imaging systems with a variety of acoustic detection schemes have been developed to accurately map finger joints. Using a PA system based on a linear array US transducer, Xu et al.17 measured healthy human peripheral joints and Jo et al.18 and van den Berg et al.19 succeeded in detecting joints affected by inflammatory arthritis, van Es et al.20–23 and Merçep et al.24 developed systems based on curvilinear geometry. Other systems had two or more single-element transducers rotating around the object.25,26 However, these approaches have limited detection views, resulting in inaccurate reconstructions, and most of them require rotational detection, which can take time and cause difficulty to patients. While Oeri et al.27 managed to design full-view tomography composed of four separate arc-like transducers, the image quality is relatively low owing to the different performance of each transducer and the geometry results in a more complex system. To address these difficulties, a ring-shaped US transducer has recently been developed, particularly for high-resolution small-animal

*Address all correspondence to Misaki Nishiyama, E-mail: m.nishiyama@shina-lab.hs.med.kyoto-u.ac.jp

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whole-body imaging studies.\textsuperscript{28–32} This geometry can obtain all of the acoustic signals from around the object at once and improve its image quality by optimizing its potential to calculate the speed of sound distribution as a US-computed tomography.\textsuperscript{33} In addition, it can alternately and nearly simultaneously measure both PA and US signals, allowing it to realize accurate image synthesis without being affected by motion. Therefore, by applying it to finger imaging, an RA diagnosis that is more accurate can be realized, although until now studies have not been actively conducted.

Therefore, this study aimed to develop a PA system for small-finger vascular imaging (i.e., 0.1 to 0.5 mm in diameter) using a ring-shaped US transducer. We designed the transducer based on simulations, investigated the imaging ability of the system in phantom experiments, and visualized a healthy human index finger vasculature.

2 Design of the Ring-Array Sensor Based on Simulations

2.1 Numerical Models and Conditions

Based on simulations, to realize a ring-array sensor able to clearly visualize the human finger vascular, we investigated the center frequency, element width and height of the sensor and the focal length of an acoustic lens for higher resolution of the slice direction. We set a simple finger vascular model, performed an ultrasonic-wave propagation simulation using k-wave,\textsuperscript{34} obtained ultrasonic signals from the model, and then reconstructed them using the universal back projection (UBP) method\textsuperscript{35} in MATLAB (2014a) in all simulations. First, we set up two numerical finger vascular models as shown in Fig. 1 to analyze the center frequency of the sensor. Figure 1(a) shows a cross-sectional vascular and bone model that indicates six different punctate blood vessels of 0.1 to 2 mm in diameter. The six vessels were 8.5 mm from the center of the ring array and at intervals of 30 deg. Figure 1(b) shows a branched blood vessel and bone model. The bone was at the center of the array as shown in Figs. 1(a) and 1(b). The number of elements was 256; the elemental pitch was ∼0.4 mm; the ring diameter was 30 mm for easy construction of the sensor to clearly image the finger vasculature. In the simulation, the element width was assumed to be infinitesimal. Thus, we averaged several infinitesimal elements, regarded it as one element, and investigated the influence on the reconstructed image by comparing it with the image calculated using the infinitesimal element. As shown in Fig. 2, signals at 20 infinitesimal elements as shown by a green circle in Fig. 2(a) were integrated to approximately realize the signals at one element with a finite element width. In this case, the element width was ∼0.4 mm. In the simulation, the model used was that shown in Fig. 2(b), which is the simple one without bone from Fig. 1(a), to make the influence of the element width on the image easier to understand. The other calculation parameters were the same as those of Fig. 1.

Third, we analyzed the element height of the ring-array sensor by evaluating the resolution of the slice direction using a three-dimensional (3-D) numerical model as shown in Fig. 3. For more accurate imaging, we considered the attachment of an acoustic lens to narrow the ultrasonic beam and investigated the appropriate focal length. Figure 3(a) shows the 3-D model. To assess the influence on the resolution in the case of several optical absorbers at different depths from the sensor, we set 11 spherical optical absorbers 0.5 mm in diameter in the homogeneous medium at 2.5-mm intervals from an element on y = 0 shown by the yellow thick line of the ring-array sensor. The element width on the y = 0 of z (slice) direction was defined as an element height. We conducted a simulation in a case in which the element height was 0 (infinitesimal) 2, 5, 7, 10, 15, and 20 mm. The acoustic lens was attached inside the sensor. Figures 3(b) and 3(c) show the x–y and x–z cross-section views of Fig. 3(a), respectively. In Fig. 3(b), an element on y = 0 is shown by a yellow circle. Figure 3(b) shows the positional relationship between optical absorbers and focal length. The focal lengths we considered in the analysis were 7.5, 10, 12.5, and 15 mm from an element on y = 0. In Fig. 3, the z-axis presents the slice direction. In the 3-D simulation, the number of grid points (x–y–z axis) was 350 × 350 × 128, the lattice spacing (x–y–z axis) was 0.1 mm, the ring diameter was 30 mm for easier analyses, and the other parameters were the same as those in Fig. 1.

To evaluate the resolution, an x–z cross-sectional PA reconstruction image was calculated and then the full width at half maximum (FWHM) was calculated from the profile computed by plotting the maximum value of the PA amplitude from each absorber within the gray-dotted square in the x–z cross-sectional image shown in Fig. 3(d). At each element height and focal length, the FWHM was computed and the value plotted on a 2-D map.

2.2 Results

Figure 4 shows reconstructed images of Fig. 1 at each center frequency (fractional bandwidth 80%). Figures 4(a)–4(c) are the
result of Fig. 1(a), and Figs. 4(d)–4(f) are the result of Fig. 1(b).
In both models, the signals from the blood vessels at 2 and 3 MHz were stronger than those at 5 MHz. In the images at 2 MHz, ringing and artifacts from acoustic reflection of the bone were notably observed, while at 3 MHz, ringing and artifacts were controlled more than at 2 MHz. In addition, the thin parts of the branched vessel shown by a red-dotted circle were more clearly visualized at 3 MHz than at 2 MHz. To investigate the image of each frequency in more detail, a PA amplitude of each blood vessel shown in Figs. 4(a)–4(c) was calculated and plotted by the center frequency as shown in Fig. 5. For example, in the reconstructed image at 3 MHz shown in Fig. 5(a), the same as...
Fig. 4 Reconstructed images for each center frequency of the two models. (a)–(c) The results of Fig. 1(a), and (d)–(f) the results of Fig. 1(b). Each orange-dotted square in (a)–(c) shows magnification of the image of the 0.1-mm-diameter blood vessel. The red-dotted circle in (d) and (e) shows the thin parts of the blood vessel.

Fig. 5 (a) Position where the PA amplitude of each blood vessel was calculated shown by the yellow-dotted line using the reconstructed image at 3 MHz, the same as Fig. 4(b). (b) PA amplitude of each blood vessel along the yellow-dotted line parallel to the x-axis in (a).

Fig. 4(b), the PA amplitude of each blood vessel along the yellow-dotted line parallel to the x-axis was plotted. The amplitude in the other frequencies was also plotted in the same manner. The results are shown in Fig. 5(b). The black, brown, blue, and yellow lines show the theoretical, 2-, 3-, and 5-MHz distributions, respectively. From Fig. 5(b), at 2 MHz, one cannot clearly visualize a 0.1-mm-diameter blood vessel, while at 3 and 5 MHz, one can image a 0.1-mm-diameter blood vessel. However, 5 MHz has difficulty clearly imaging a greater than 0.5-mm-diameter blood vessel as shown in Figs. 4(c) and 5(b). In this study, we aimed to design a ring-array sensor that is able to visualize relatively larger blood vessels (~1 to 2 mm in diameter) as well as smaller vessels (~0.1 mm) because the size of the RA neovascularity is unclear. Therefore, 3 MHz, at which
one can visualize 0.1 to 2.1 mm relatively clearly and control the ringing and artifacts, was selected as the appropriate center frequency of the ring-array sensor.

Figure 6 shows the reconstructed images at each element width. The center frequency and fractional bandwidth used in the calculation were 3 MHz and 80%, respectively. (a) A result calculated by infinitesimal elements. (b) A result calculated by averaging 20 infinitesimal elements. Each 0.1-mm-diameter blood vessel is marked by a yellow-dotted square as shown in Fig. 7.

In addition, the amplitude distribution of a 0.1-mm-diameter blood vessel shown in Fig. 6(a) and 6(b) was calculated as shown in Fig. 7. Figures 7(a) and 7(b) presents the magnification of the 0.1-mm-diameter blood vessel shown by the yellow-dotted square in Figs. 6(a) and 6(b), respectively. Similar to Fig. 5, each amplitude along the yellow-dotted line in Figs. 7(a) and 7(b) parallel to the x-axis was plotted. The result is shown in Fig. 7(c). Although a difference in the maximum of each amplitude was observed, the FWHM of the profile in infinitesimal elements and 20 infinitesimal elements integration was 0.23 and 0.24 mm, respectively. The error was negligibly small. Therefore, we predicted the element width calculated in the case of a close arrangement of each element will not affect the reconstructed image.

3 Phantom Experiments

3.1 Imaging Setup

Figure 9 shows the imaging setup used during the experiment. We created a ring-shaped optical illumination imaging system because it could homogenously and strongly illuminate the object. A photograph of the sensor and optical illuminator appears in the blue-dotted square on the upper left side of Fig. 9.

Each designed value of the ring-array sensor provided by the simulation result was the following. The ring diameter was 33 mm; the number of elements was 256; and the element pitch, width, and height were 0.4, 0.3, and 5 mm, respectively. The measured value of the center frequency and fractional bandwidth were 2.8 MHz and 85%, respectively. The approximate ring-shaped illumination is indicated by a red-dotted square on the lower left side. The ring-shaped light was illuminated onto the phantom model through an optical fiber. Optical illumination by 6-ns laser pulses was generated by a combination of an Nd:YAG laser (EKSPLA, NL313-30-SH, 532 nm, 30 Hz) pumping an optical parametric oscillator (EKSPLA, PG-152B-T, 50-150 mJ). The system was set up such that the signal was output from the laser to the trigger and obtained at a sampling frequency of 11.4 MHz by the data acquisition system (Verasonics). The measurement was performed at 800 nm.
The averaged light intensity at the surface of the illuminator was \( \sim 16.5 \text{ mJ} \) and the estimated optical fluence was \( \sim 2.3 \text{ mJ/cm}^2 \), which was within the safety limit. The system can simultaneously receive both PA and US signals. Using this system, a 2-D imaging experiment was conducted by placing the phantom in the center of the sensor in a water tank. Additionally, a 3-D measurement to calculate the FWHM of the slice direction, important for accurate 3-D imaging, was conducted by simultaneously moving both the sensor and illuminator perpendicular to the cross section as indicated by the orange arrow in Fig. 9.

### 3.2 Phantom Models

To verify the sensor ability to clearly visualize multiple absorbers that had different diameters of \( \sim 0.1 \) to 1 mm, simple...
cylindrical phantom models mimicking a finger were fabricated as shown in Figs. 10(a) and 10(b). In addition, we created a simple phantom model as shown in Fig. 10(c) to evaluate the slice direction resolution by 3-D scanning and compared it with the simulation results (Fig. 8).

Phantom (W1), shown in Fig. 10(a), was composed of 2% agar gel embedded wires with diameters of 0.19, 0.3, 0.5, and 1 mm mimicking blood vessels. To better mimic a finger, phantom (W2), shown in Fig. 10(b), was composed of embedded wires of the same size as W1 and a 10-mm-diameter transparent acrylic rod mimicking a bone. In addition, a phantom model (W3) to evaluate the slice direction resolution was embedded with a 0.3-mm-diameter wire parallel to its minor axis as shown in Fig. 10(c).

3.3 Cross-Sectional Images

Figure 11 presents a cross-sectional PA image of W1 and an amplitude profile of each wire compared with the simulation. The PA image was reconstructed using the UBP method. The profile was calculated by plotting the maximum value of the PA amplitude on the y-axis within each blue-dotted square shown in Fig. 11(a). Figure 11(a) shows that the system can image multiple optical absorbers of different diameters including 0.19 mm. Figure 11(b) shows that the distribution during the experiment was approximately the same as that during the simulation. In addition, the FWHM was computed for a 0.19-mm-diameter wire. The experimental value was 0.275 mm, nearly the same as the value of 0.245 mm calculated by the simulation.

The designed array sensor can simultaneously receive both PA and US signals; thus, a coregistered PA and US echo image of the W2 phantom can be acquired. The US echo image was reconstructed using a synthetic-aperture US imaging method. Figure 12(a) shows a PA image of the W2 phantom, which can also accurately visualize optical absorbers, including those that are 0.19 mm in diameter as shown in Fig. 11(a). Figure 12(b) shows the pseudocolor PA image superimposed on a grayscale US echo image, in which the contrast and brightness were manually enhanced. In Fig. 12(b), the relationships between the four wires and the acrylic rod are clearly shown, indicating that the system has the potential to provide useful information around joints.

3.4 Three-dimensional Scanning Results

The W3 phantom shown in Fig. 10(c) was placed in the center of the system shown in Fig. 9 and was imaged by scanning both the array sensor and optical illuminator at 0.1-mm intervals up to 15 mm perpendicular to the cross section. The imaging time per slice with 10 signal averages was ~1.8 s. To verify the potential to narrow the beam width in the slice direction, we conducted experiments with and without an acoustic lens (focal length of 12.5 mm). We calculated the FWHM for the PA amplitude of the wire in the slice direction. Figure 13 shows the calculation method with the acoustic lens. Similar to the simulation, we reconstructed y–z cross-sectional images [Fig. 13(b)] of the wire at several points on the x-axis in its x–y image.
Fig. 12 Cross-sectional image of W2 phantom. (a) PA image. (b) Pseudocolor PA image superimposed on a US echo image. The contrast and brightness were manually enhanced. Each yellow arrow shows the wire diameter.

Fig. 13 Method of calculating the FWHM for the wire PA amplitude. (a) $x$–$y$ cross-sectional image. (b) $y$–$z$ cross-sectional image at the yellow-dotted line in the $x$–$y$ image. (c) PA amplitude profile of the wire within the yellow-dotted square in the $y$–$z$ image.

Fig. 14 Variations in FWHM corresponding to the distance from the element on $y = 0$. (a) Without acoustic lens and (b) with acoustic lens (focal length = 12.5 mm).
was ∼10 s. The first scan was near the distal interphalangeal (DIP) joint and the second was near the proximal interphalangeal (PIP) joint. We simultaneously received PA and US signals from the system with an acoustic lens with a focal length of 12.5 mm because it can provide a higher resolution in the axial direction.

4.2 Vascular Images

Figures 16 and 17 show the results of the measurements around the DIP and PIP joints, respectively. Figures 16(a) and 16(d) [Figs. 17(a) and 17(d)] show cross-sectional images, and Figs. 16(b), 16(c), 16(e), and 16(f) [Figs. 17(b), 17(c), 17(e), and 17(f)] show maximum intensity projection (MIP) images around the DIP (PIP) joint of the index finger. MIP images were calculated from the skin surface to the center of the finger. Figures 16(a)–16(c) [Figs. 17(a)–17(c)] show PA images, and Figs. 16(d)–16(f) [Figs. 17(d)–17(f)] show pseudocolor PA images superimposed on grayscale US echo images around the DIP (PIP) joint of the index finger. The PA and US echo images were reconstructed using the same methods as those of the phantom experiments using MATLAB. In the superimposed images, the contrast and brightness were manually enhanced as shown in Fig. 16(b).

In Figs. 16(a) and 17(a), the signals from the blood vessels (shown by red-dotted arrows) and bone (shown by yellow-dotted arrows) were clearly visualized. Figure 16(a) shows that the system can visualize blood vessels that are ∼0.26 mm in diameter and at ∼4-mm depth from the skin surface. Figure 16(d) is a superimposed image with a relatively strong PA signal from the skin, as shown by the cyan-solid arrow in Fig. 16(a), that was eliminated to highlight the signal from the blood vessels. However, in Fig. 17(d), the signal was not eliminated because of the weak signal in Fig. 17(a). The MIP images demonstrate that nearly the entire finger vasculature around the joint can be precisely mapped and its location can be clarified as the DIP and PIP joints are depicted by the white-solid arrows in Figs. 16(e), 16(f), 17(e), and 17(f). Figures 16 and 17 show that the system can visualize finger vasculature, bone structure, and the location of each joint. Therefore, it has been demonstrated that this study’s ring-array system has the potential to image abnormal vascularization around a finger joint and it can be applied to inflammatory arthritis diagnosis.

![Diagram of index finger imaging. The index finger was set in the center of the ring-array sensor and optical illuminator and scanned at 0.1-mm intervals up to 30 mm using the same system as the phantom experiments.](Image)

**Fig. 15** Diagram of index finger imaging. The index finger was set in the center of the ring-array sensor and optical illuminator and scanned at 0.1-mm intervals up to 30 mm using the same system as the phantom experiments.

![Cross-sectional and MIP images around the DIP joint of a healthy index finger. The first row shows PA images and the second pseudocolor PA images superimposed on grayscale US images.](Image)

**Fig. 16** Cross-sectional and MIP images around the DIP joint of a healthy index finger. The first row shows PA images and the second pseudocolor PA images superimposed on grayscale US images. (a), (d) Cross-sectional PA images. The red-dotted arrows show blood vessels, the cyan-solid arrow the skin surface, and the yellow arrows bone. (b), (e) MIP images of the lateral side of the joint. (c), (f) MIP images of the palmer side of the joint. In (e) and (f), the DIP joint is shown by the white-solid arrows. Each MIP image was calculated from the skin surface to the center of the finger.
5 Discussions and Conclusions

We were able to design a PA system using a ring-array sensor to image human finger vasculature. It was confirmed that the results of the phantom experiments were nearly the same as those of the simulation. Figures 11 and 12 show the applicability of a PA imaging system using the designed ring-array sensor. Figure 12 shows that the bone hardly affects the PA image as Fig. 4 also shows in this system. Figure 12 shows that this system can visualize smaller objects $\sim 0.1$ mm in diameter using a ring-shaped optical illuminator. Figure 14(b) shows that an accurate 3-D image may be achieved while maintaining a high resolution regardless of the absorber’s depth. In Figs. 16 and 17, we succeeded in mapping a finger’s vascular structure that was $\sim 0.26$ mm in diameter and at $\sim 4$-mm depth from the skin surface, as well as the DIP and PIP joints. However, part of the PA signal from the blood vessels was relatively weak and some artifacts around the skin were seen [particularly in Fig. 17(a)]. This was associated with the finger being slightly out of alignment with the axial direction during the measurement and the light illumination to the blood vessels being partly inadequate. This could be solved by refining the system such that the finger is tightly fixed in the center of the ring-array sensor and perpendicular to the cross section and by focusing the light illumination in the axial direction. In this study, the reconstruction algorithm used in all calculations assumes a constant sound of speed, which can cause some artifacts in the image. For more accurate images, utilizing algorithms that can reduce the artifacts induced by acoustic heterogeneity in the object, such as the half-time reconstruction algorithm,\textsuperscript{28,37} and optimizing one of the characteristics of a ring array, namely that it can measure sound distribution, can be effective.

Our system can simultaneously capture full-view PA and US signals from a human finger using the ring-array sensor, which can realize a more accurate image reconstruction with fewer artifacts than an arc-shaped transducer.\textsuperscript{20-24,26} In addition, this system is specialized in imaging finger vasculature using the ring-array sensor unlike other ring array studies dedicated to animal imaging\textsuperscript{28-32} and dual PAT and US studies using a linear array.\textsuperscript{17-19} Therefore, a more precise diagnosis of inflammatory arthritis is expected.

In conclusion, we sought to develop a PA system using a ring-shaped US transducer to image the finger vasculature. The ring-array sensor was designed based on simulations, and phantom experiments and finger imaging were conducted by experimentally producing the imaging system. Through 2-D and 3-D measurements of the phantoms, we determined that the system can map multiple absorbers, including those that are small (i.e., $\sim 0.2$ mm in diameter), and attained an FWHM of 1.5 to 2 mm in the slice direction. It was confirmed via imaging of a healthy index finger that this system has the potential to help visualize an important marker of inflammatory arthritis (abnormal vascularization) because of its ability to image healthy human finger vasculature and joints by acquiring a coregistered PA and US image that is not affected by motion.

In this study, we presumed that the sound velocity was constant in the calculation. However, this system can more accurately visualize objects using algorithms considering the acoustic heterogeneity and measuring the sound distribution.
In the future, through experiment and analysis using small animals and RA patients, we will develop a clinical PA imaging system that detects another important marker, hypoxia, as well as angiogenesis.

**Disclosures**


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**References**


**Misaki Nishiyama** received her BS degree in laboratory science from Doshisha University, Japan, in 2016 and her MS degree from Kyoto University, Japan, in 2018. Currently, she is working toward her PhD at Kyoto University. Her research interests include medical imaging related to photoacoustics, ultrasomics, and optics.

**Takeshi Namita** received his PhD from the Hokkaido University, Japan, in 2009. From 2009 to 2013 he was a postdoctoral fellow in the Graduate School of Information Science and Technology at the Hokkaido University, Japan. Currently, he is a program-specific assistant professor in the Graduate School of Medicine at Kyoto University, Japan. He has been engaged in studies of biomedical engineering, including those of diffused optical tomography and photoacoustic imaging in biological media.
Kengo Kondo received his BE, ME, and PhD degrees in engineering from University of Tsukuba in 2005, 2007 and 2010, respectively. Currently, he is a program-specific assistant professor in the Graduate School of Medicine, Kyoto University. His research interests include ultrasound and photoacoustic imaging, signal processing, and tissue characterization.

Makoto Yamakawa received his MS and PhD degrees from the University of Tsukuba, Japan, in 1999 and 2002, respectively. Currently, he is an associate professor in the Graduate School of Medicine, Kyoto University. His current research focuses on the photoacoustic imaging, tissue elasticity imaging, and artificial intelligence for ultrasound imaging.

Tsuyoshi Shiina received his BS, MS, and PhD degrees in electronic engineering from the University of Tokyo in 1982, 1984, and 1987, and received DMSC degree from University of Tsukuba in 2006. From 1995 to 1996, he was with the Institute of Cancer Research and the Royal Marsden NHS Trust in UK as visiting professor. Recently, he involved the development of photoacoustic imaging equipment as the ImPACT Program supported by a Japanese government grant.