

1 **Effect of moisture in κ -carrageenan films on their tensile and relaxation behavior**
2 **studied by correlation between stress and birefringence**

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17 Abstract:

18 A picture on the molecular level describing the deformation and the following relaxation of κ -
19 carrageenan chains has been proposed based on the three-domain structural model for κ -
20 carrageenan films and on the idea of the modified stress-optical rule. The uniaxial tensile and the
21 relaxation behavior for dry and moist κ -carrageenan films has been examined by using a
22 homemade apparatus available for the simultaneous mechanical and birefringence measurements.
23 It has been suggested that the continuous amorphous phase of κ -carrageenan in the dry film is
24 deformed together with the local glass component and only the glass component relaxes in the
25 following process. On the other hand, concerning the moist film, the crosslinks of κ -carrageenan
26 aggregates in addition to the continuous phase are movable with deformation, while the following
27 relaxation is attributed only to the unbridged κ -carrageenan chains in the continuous phase.

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30 Keywords: κ -carrageenan; gel film; birefringence; stress-optical coefficient; moisture

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33 **Introduction**

34 The first-order molecular structures of polymer chains are intrinsically anisotropic, that is, the
35 local refractive index with respect to the direction of main chain is different from that normal to
36 it, although such local anisotropies are cancelled out in macroscopically isotropic systems, where
37 the chain segments are randomly oriented. However, once such a system undergoes deformation,
38 the total difference in the refractive index with respect to the direction of deformation can be
39 detected as birefringence reflecting the global chain orientation in the system. Therefore, it is
40 often helpful for understanding the way in which polymer chains behave against deformation to
41 use optical techniques measuring the birefringence together with the conventional mechanical
42 tests. To give a good example, the modified stress-optical rule (MSOR) holds well for polymer
43 melts and solutions: Both the stress and the birefringence are considered consisting of two
44 components, which are usually referred to as the rubber and the glass components, and the
45 proportionality between the birefringence and the stress holds for each component. A great
46 number of studies on the viscoelasticity and the birefringence for amorphous polymers, especially
47 for styrene polymers, have established the proportionality, and the orientation relaxation of
48 polymer chains has been analyzed by using MSOR so that the contribution of each component
49 can be estimated (Inoue et al. 1991; Janeschitz-Kriegl 1983; Okamoto et al. 1992; Read 1983). In
50 our previous study, mechanical measurement for amorphous pullulan films by the uniaxial

51 stretching has been combined with birefringence measurement, and a set of stress-optical
52 coefficients for the rubber and the glass components of pullulan have been determined as the
53 material constants on the basis of MSOR (Horinaka et al. 2018b).

54 Carrageenan is a group of polysaccharides consisting of repeating units of D-galactose
55 alternating β -1,4- and α -1,3-linkages. Among them κ -carrageenan is characterized in terms of the
56 chemical structure by a 3,6-anhydro-galactose ring as well as a single sulfate group in the
57 companion ring. κ -Carrageenan has been widely used as an additive in the food and cosmetic
58 industries due to its favorable function of forming hydrogels. Regarding the network structure of
59 κ -carrageenan hydrogels, it should be noted that the crosslinks are very likely composed of
60 aggregates of κ -carrageenan chains in the helical conformation, that is, κ -carrageenan hydrogels
61 have fairly large sizes of crosslinks in comparison with ordinary chemical and physical gels (Ikeda
62 et al. 2001; Morris et al. 1980; Viebke et al. 1994). When κ -carrageenan films are prepared by
63 drying κ -carrageenan hydrogels, it is almost certain that there remain the large crosslinks of
64 aggregates inside the films and that the obtained κ -carrageenan films do not become amorphous
65 as a whole due to the crystal-like aggregates. This implies that MSOR cannot be applied to the
66 correlation between the stress and the birefringence for the κ -carrageenan films in the same
67 manner as the pullulan films mentioned above. Although the mechanical tests of κ -carrageenan
68 hydrogels have been extensively carried out from the point of the industrial applications (Sason

69 et al. 2018; Rochas et al. 1990; Watase et al. 1986), the mechanism of the mechanical behavior
70 has not been fully understood on the molecular level, nor is the role of the large crosslinks.

71 In this study, mechanical measurement for κ -carrageenan films during the uniaxial stretching
72 and subsequent stress relaxation has been performed simultaneously with birefringence
73 measurement using the polarization modulation method. The stiffness of the films has been
74 changed by adding small amount of water to the thoroughly dried state. The correlation between
75 the stress and the birefringence for the κ -carrageenan films with and without the moisture has
76 been examined by partly using the idea of MSOR, and the difference in the tensile and the
77 relaxation behavior of the κ -carrageenan films due to the moisture has been clarified.

78

79 **Experimental**

80 Sample preparation

81 In order to use κ -carrageenan films for birefringence measurement, we needed to prepare
82 transparent and isotropic samples, so that the intrinsic birefringence of the samples at the as-
83 prepared states (Δn_0) could be neglected. However, the preliminary test showed that κ -
84 carrageenan films prepared just by drying κ -carrageenan hydrogels on a flat plate exhibited
85 substantial birefringence. This matter was finally settled by using a monosaccharide as an additive
86 to the film. Practically, isotropic κ -carrageenan films used in this study, which had $\Delta n_0 < 10^{-6}$,

87 were prepared in the following manner. Powdery κ -carrageenan (TCI, Japan) and a
88 monosaccharide fructose (Wako, Japan) were dissolved in distilled water. The concentrations of
89 the κ -carrageenan and the monosaccharide were fixed at 10 g/L and 30 g/L, respectively. The
90 mixture was stirred at 80 °C for 3 h and the obtained aqueous solution was spread on a Teflon
91 plate at 80 °C. Then evaporation of the solvent water was allowed for several hours until a
92 transparent film formed on the plate. The film that was in the roughly dried state was cut into
93 rectangular pieces and each one was dried further under vacuum at 80 °C for more than 6 h to be
94 a constant weight. The dimensions of the thoroughly dried film were 10 mm × 30 mm × 0.1 mm.
95 The addition of moisture was performed by leaving the thoroughly dried films in a moist
96 atmosphere for more than 24 h. It was impossible to prepare moist films at arbitrary water contents.
97 The water content of the moisturized films was estimated from the weight reduction in the re-
98 drying process executed after the measurement described below.

99

100 Measurement

101 Simultaneous measurement of the stress and the birefringence for the κ -carrageenan films was
102 carried out using a homemade apparatus for the birefringence coupled with a commercial tensile
103 machine (TENSILON RTM-500, Orientec Corp., Japan). Details of the homemade apparatus and
104 the principles of the birefringence measurement using the polarization modulation method were

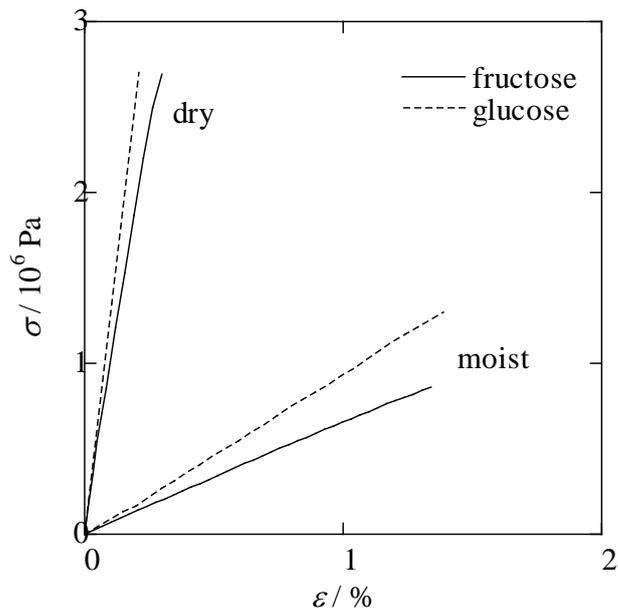
105 described in our previous manuscript (Horinaka et al., 2018b). First the film sample was uniaxially
106 stretched between cramps at a constant speed of 5 mm/min up to a nominal tensile strain (ε) so
107 that the measurement could be performed in the linear viscoelasticity region. The initial length
108 between the cramps was around 15 mm. Then the birefringence (Δn) as well as the stress (σ) was
109 monitored during the following relaxation process with time (t) until $t = 3000$ s at the longest with
110 ε fixed. Actually, σ was calculated from the force with the cross section of the film measured
111 before stretching; hence, σ obtained in this study was the nominal tensile stress. The measurement
112 temperature was 25 °C.

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114 **Results and discussion**

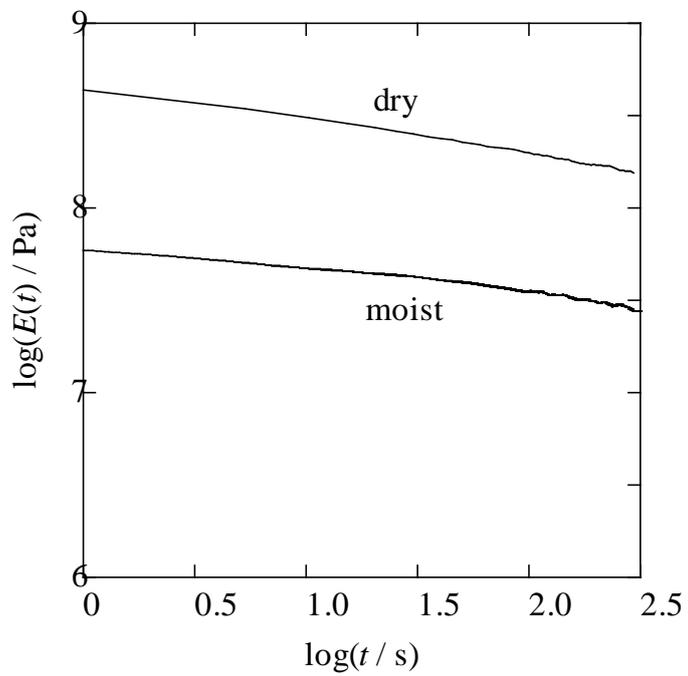
115 Figure 1 shows the stress-strain curves for the dry and moist κ -carrageenan films with fructose.
116 To check the effect of species of the monosaccharide additive, the stress-strain curves for κ -
117 carrageenan films with glucose of the same content are also given in the figure. The weight
118 fraction of moisture has been estimated to be 19 % for the film with fructose and 16 % for the
119 film with glucose. It is seen that the stress-strain behavior is independent of the species of the
120 monosaccharide additive within the experimental error and is significantly affected by the
121 moisture; each stress-strain curve appears almost linear within the ε -range examined but the slope
122 of the curve, which is defined as the Young's modulus (E), greatly decreases as the moisture is

123 added. In fact, the values of E for the dry and moist films with fructose estimated from Fig. 1 are
124 7.4×10^8 and 6.6×10^7 Pa, respectively. We have previously examined plasticizing effects of
125 saccharides and alditols on the uniaxial tensile behavior of κ -carrageenan films (Horinaka et al.
126 2017). Although the measurement temperature in this study is slightly lower and the procedure of
127 sample preparation is different compared to the previous study, E for the dry film with fructose
128 coincides well with our previous value for the film of the same content; E of the order of 10^8 Pa
129 indicates that this film is under the “physical” plasticizing effect which can be explained by the
130 blending law for immiscible blends (Dekkers et al. 2016; Katopo et al. 2012; Takayanagi et al.
131 1963). It has been proposed that the κ -carrageenan film has three domains; namely, crosslinks of
132 helical κ -carrageenan aggregates, continuous phase of amorphous κ -carrageenan, and voids
133 without κ -carrageenan (Horinaka et al. 2017, 2018a, 2019). Then the additive is situated in the
134 voids as an assembly of micro-granules having very low modulus compared with the κ -
135 carrageenan matrix, which decreases E as a whole. On the other hand, E of the order of 10^7 Pa
136 estimated for the moist film is close to those obtained in our previous study for the κ -carrageenan
137 films under the conventional plasticization, as it were, the “chemical” effect; the additive has a
138 good miscibility with κ -carrageenan and swells continuous phase of amorphous κ -carrageenan to
139 soften the network (Horinaka et al. 2017). Regarding the moist film examined in this study, water
140 from the moisture very probably works as the additive miscible with κ -carrageenan.



141

142 Fig. 1 Stress-strain curves for dry and moist κ -carrageenan films with fructose or glucose.



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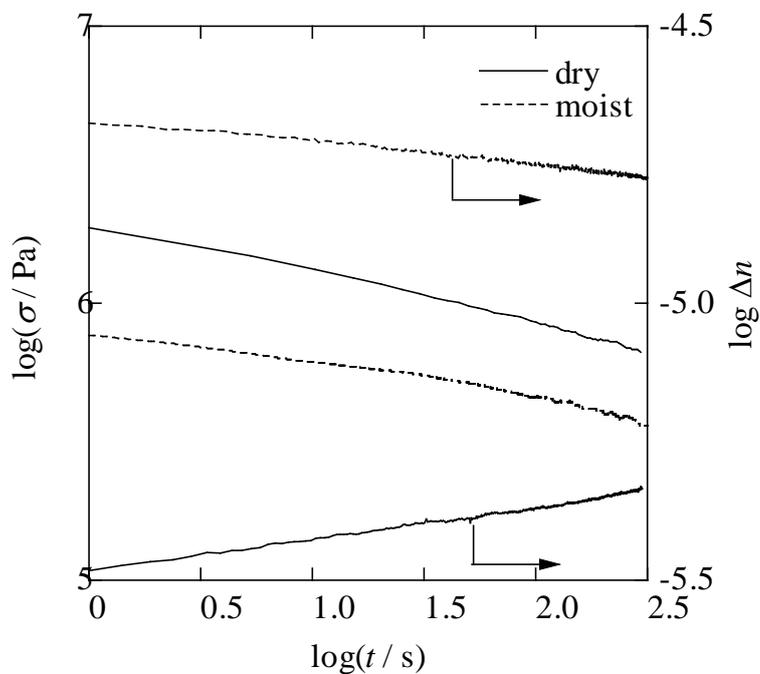
144 Fig. 2 Young's relaxation modulus for the dry and moist κ -carrageenan films with fructose after
145 uniaxial stretching.

146

147 Figure 2 shows the Young's relaxation modulus ($E(t)$) for the dry and moist films with fructose
148 after uniaxial stretching of $\varepsilon = 0.4\%$ and 1.3% respectively. Here the duration of stretching is
149 less than 2 s and therefore an instant deformation is assumed in the analysis described below. It
150 is obvious that both $E(t)$ curves decrease with t very slowly and remain at the same order of $E(t)$
151 within the experimental condition. Now, we must remind that the κ -carrageenan films used in this
152 study have been prepared by drying κ -carrageenan hydrogels and basically have network
153 structures due to the crosslinks of κ -carrageenan aggregates inside, as described above. It is
154 known that $E(t)$ is constant against t in the case of a polymer system having the ideal network
155 structure and that the ultimate initial value of $E(t)$ becomes roughly 10^7 Pa almost regardless of
156 polymer species (Okamoto et al. 1992; Inoue et al. 1995, 2003). These facts indicate that the
157 practical $E(t)$ much greater than 10^7 Pa for the dry and moist films and their relaxation observed
158 in Fig. 2 must be attributed to some components other than the rubber component.

159 The stress relaxation as well as the simultaneous change in Δn is compared between the dry
160 and moist films with fructose in Figure 3. It should be noted that Δn for a polymer system is not
161 necessarily positive but Δn for the κ -carrageenan films are actually positive, so that the
162 logarithmic value of Δn is plotted using the right axis of the figure for ease of identification. The
163 decreasing trend of σ is similar between the dry and moist films, as expected from Fig. 2, but
164 change in Δn with t is completely different: Δn for the dry film increases, while that for the moist

165 film decreases. That is, addition of 19 % moisture greatly affects the relaxation of Δn to be
 166 seemingly vertical mirror images to each other. Further consideration gives the following
 167 information: σ for the dry film is still greater than that for the moist film, although relative
 168 difference in σ is smaller than that in $E(t)$ (Fig. 2) due to the difference in ε applied. On the other
 169 hand, it is obvious that Δn for the dry film is significantly smaller than that for the moist film.
 170 Assuming that components of the κ -carrageenan films responsible for σ necessarily contribute to
 171 Δn on the analogy of MSOR, these facts imply that the main components responsible for σ and
 172 Δn on the uniaxial deformation are different between the dry and moist films, and accordingly
 173 different stress-optical coefficients are expected for the two systems.



174

175 Fig. 3 Comparison of σ and Δn between dry and moist κ -carrageenan films with fructose.

176 In the framework of MSOR, there is a correlation between σ and Δn observed with deformation,
177 which is given by the following equation:

$$178 \quad \Delta n = C_R \sigma_R + C_G \sigma_G \quad (1)$$

179 where C is the stress-optical coefficient, and the subscripts R and G stand for the rubber and the
180 glass components respectively (Okamoto et al. 1992; Inoue et al. 1995, 2003). Concerning
181 amorphous polymers in the glassy zone, it is recognized that R-component arises from orientation
182 of polymer segments, while G-component is attributed to planar orientation of monomer units.
183 Although MSOR cannot be applied to our κ -carrageenan films in the same manner due to the
184 crystal-like aggregates, as mentioned above, we have tried to analyze the correlation between σ
185 and Δn for the κ -carrageenan films using the basic idea of MSOR, that is, σ and Δn have the same
186 origins and the ratio of Δn to σ for each origin is defined as the stress-optical coefficient. The
187 solid lines in Figure 4 represent the measured simultaneous relaxation processes of σ and Δn for
188 the dry film. To express the decreasing trend of σ as precise as possible, an empirical five-
189 component equation given below has been used:

$$190 \quad \sigma = A_1 \exp\left(-\frac{t}{\tau_1}\right) + A_2 \exp\left(-\frac{t}{\tau_2}\right) + A_3 \exp\left(-\frac{t}{\tau_3}\right) + A_4 \exp\left(-\frac{t}{\tau_4}\right) + A_5 \quad (2)$$

191 where A_i ($i = 1-5$) is the fraction of the mode with the relaxation time of τ_i , though τ_5 is assumed
192 infinity. At present, it is impossible to quantitatively explain each relaxation mode in terms of the
193 chain motion, but the decreasing trend of σ can be expressed by eq 2 using the parameters in Table

194 1 as drawn by a broken line in Fig. 4. According to the idea of MSOR, the measured Δn should
 195 be fitted by five components of the product of the stress-optical coefficient and the stress by
 196 analogy with eq 1. Actually, however, two stress-optical coefficients instead of five are enough
 197 to express the increasing trend of Δn as demonstrated by a broken line in Fig. 4. That is, Δn for
 198 the dry κ -carrageenan film can be represented by the following equation:

$$199 \quad \Delta n = C_{d1} \left(A_1 \exp\left(-\frac{t}{\tau_1}\right) + A_2 \exp\left(-\frac{t}{\tau_2}\right) + A_3 \exp\left(-\frac{t}{\tau_3}\right) + A_4 \exp\left(-\frac{t}{\tau_4}\right) \right) + C_{d2} A_5 \quad (3)$$

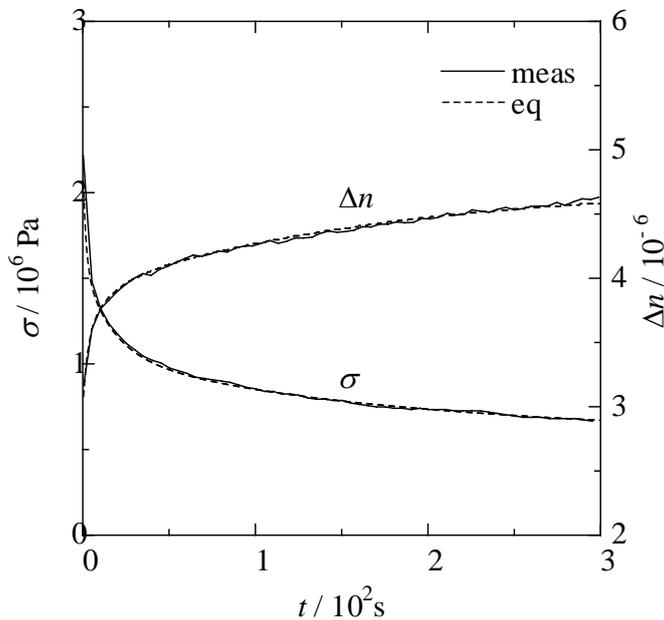
200 As given in Table 1, one negative coefficient $C_{d1} = -1.4 \times 10^{-12} \text{ Pa}^{-1}$ covers the four components
 201 having finite relaxation times, which explains the increasing trend of Δn . The other coefficient
 202 $C_{d2} = 1.1 \times 10^{-11} \text{ Pa}^{-1}$, assigned to the fifth component, is positive and the absolute value is greater
 203 than that of C_{d1} , so that the measured Δn is the positive as a whole. This result means that σ and
 204 Δn for the dry κ -carrageenan film arise from two components: Since C_{d1} corresponds to a single
 205 component that relaxes even in the stiff dry film and the glass component proposed in MSOR
 206 appears at shortest times due to the much-localized mode, it seems appropriate that C_{d1} is
 207 identified as the glass component. It is natural that such a localized mode exists in any polymer
 208 system whether the system is amorphous or not. Now, let us turn to the fifth component. It is seen
 209 in Table 1 that the stress of this component is constant during the relaxation process at $A_5 = 4.4 \times$
 210 10^5 Pa , which corresponds to a modulus of $1.0 \times 10^8 \text{ Pa}$. As mentioned above, $E(t)$ becomes 10^7
 211 Pa at the highest, and therefore the fifth component cannot be attributed to the rubber component.

212 Table 1 Fitting parameters of eqs 2 and 3 for dry κ -carrageenan film.

i	A_i (Pa)	τ_i (s)	(Pa ⁻¹)
1	5.9×10^5	1.8×10^0	$C_{d1} = -1.4 \times 10^{-12}$
2	4.9×10^5	1.6×10^1	
3	2.9×10^5	1.0×10^2	
4	3.6×10^5	5.9×10^2	
5	4.4×10^5	∞	$C_{d2} = 1.1 \times 10^{-11}$

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215

216 Fig. 4 Fitting of σ and Δn for dry κ -carrageenan film with eqs 2 and 3. The measured value is
 217 represented by solid lines and the values calculated using parameters in Table 1 are shown
 218 by broken lines.

219

220 Based on the structure of the κ -carrageenan film consisting of three domains as well as on the

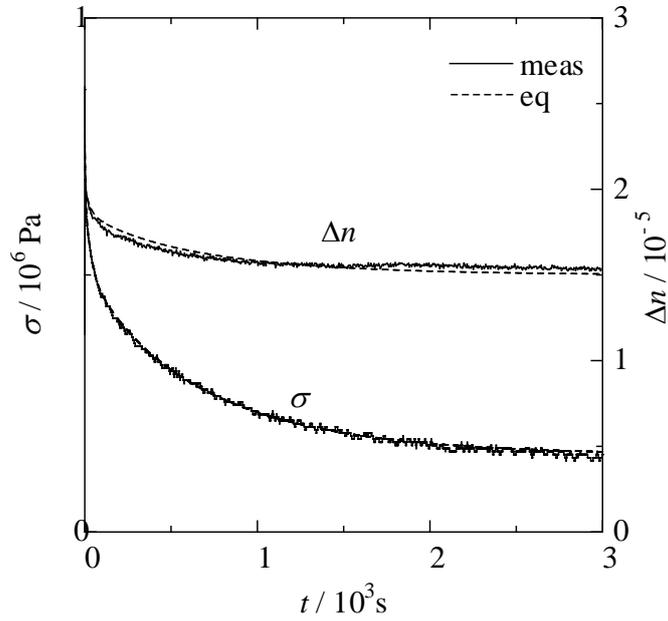
221 “physical” plasticization for the dry film, the fifth component should be primarily attributed to

222 the continuous phase of amorphous κ -carrageenan. It is likely that the κ -carrageenan chains are

223 forced to align the backbones along the deformation direction to some extent and then remain

224 unchanged during the following relaxation process because of the very low mobility in the dry
225 film. The modulus higher than that of the rubber component might be due to the constraints on
226 the chain motion of κ -carrageenan chains densely assembled within that domain.

227 The results for the moist film are shown in Figure 5. The decreasing trend of measured σ is
228 well expressed by the empirical equation likewise with the parameters listed in Table 2, as drawn
229 by a broken line in the figure. Then the parameters are used for fitting the measured Δn so that
230 the stress-optical coefficients can be obtained. It is found that the decreasing trend of Δn can be
231 also represented by a similar equation to eq 3 where the two stress-optical coefficients C_{d1} and
232 C_{d2} are replaced with C_{m1} and C_{m2} as demonstrated by a broken line in Fig. 5. As shown in Table
233 2, one positive coefficient $C_{m1} = 1.0 \times 10^{-11} \text{ Pa}^{-1}$ is common to the four components having finite
234 relaxation times and the other coefficient $C_{m2} = 1.1 \times 10^{-10} \text{ Pa}^{-1}$ for the constant term is greater
235 than C_{m1} . In the previous paragraph, the negative C_{d1} has been correlated with the glass component.
236 Hence, it is hardly likely that the positive stress-optical coefficients for the moist film are
237 attributable to that component. Although the glass component indeed exists even in the moist film,
238 the relaxation time of such a localized mode becomes too short under the “chemical” plasticizing
239 effect of the moisture to be detected using our apparatus. Water from the moisture works as the
240 plasticizer in the moist film and swells the continuous phase of amorphous κ -carrageenan to
241 soften the network. Therefore the addition of moisture would make it possible for κ -carrageenan



242

243 Fig. 5 Fitting of σ and Δn for moist κ -carrageenan film with eqs 2 and 3. The measured value
 244 is represented by solid lines and the values calculated using parameters in Table 2 are
 245 shown by broken lines.

246

247 Table 2 Fitting parameters for moist κ -carrageenan film.

i	A_i (Pa)	τ_i (s)	(Pa ⁻¹)
1	3.0×10^5	2.0×10^0	$C_{m1} = 1.0 \times 10^{-11}$
2	1.6×10^5	2.8×10^1	
3	6.6×10^4	2.5×10^2	
4	3.0×10^5	7.7×10^2	
5	1.5×10^5	∞	$C_{m2} = 1.1 \times 10^{-10}$

248

249

250 chains in the continuous phase to contribute not only to σ and accordingly of Δn appearing with

251 the uniaxial deformation but also to the following relaxation. In fact C_{m1} agrees well with C_{d2} ,

252 suggesting that the relaxation mode of the moist film represented by C_{m1} is mainly attributed to

253 the continuous phase of amorphous κ -carrageenan. It should be emphasized that σ as well as Δn
254 for a polymer system having the ideal network structure does not change during the measurement
255 with ε fixed. Therefore κ -carrageenan chains whose one end or both ends are not included in the
256 crosslinks of κ -carrageenan aggregates would be charged with the relaxation of σ and Δn
257 mentioned above. Now we focus on C_{m2} ; $C_{m2}A_5$ corresponds to the value of birefringence at long
258 times. As is obvious from Tables 1 and 2, $C_{m2}A_5$ is greater than $C_{d2}A_5$ for the dry film. If moisture
259 just acts as a plasticizer for the continuous phase of amorphous κ -carrageenan, $C_{m2}A_5$ should
260 naturally be smaller than $C_{d2}A_5$. The increase in birefringence at long times is not simply due to
261 moisture acting as a plasticizer and must be attributed to some structural change. The present
262 results clearly show that some structure change is generated. In the framework of the three-domain
263 model, the greater value of birefringence for the moist film could be mainly explained by the
264 contribution of the third domain, the large crosslinks consisting of helical κ -carrageenan
265 aggregates. Because the continuous phase of network is linked with the crosslinks by sharing a
266 great number of κ -carrageenan chains, the plasticization of the former by the moisture will
267 indirectly activate the global motion of the latter even though the crosslinks themselves are not
268 plasticized by the moisture. Then the large crosslinks would rotate accompanying deformation of
269 the surrounding κ -carrageenan chains in the plasticized continuous phase. The crosslinks would
270 not rotate back in the following relaxation process, because the overall network existing in the κ -

271 carrageenan film remains unchanged under the fixed ε . At present, it is impossible to identify the
272 origins of the force and the optical anisotropy in the third domain based on the structure of the
273 crosslinks, but it is probable that an aggregate of helical κ -carrageenan chains is very anisotropic.
274 Despite the fact that the network of κ -carrageenan chains in the continuous phase also contribute
275 to the constant σ and Δn under the fixed ε , C_{m2} should be essentially attributed to the crosslinks
276 taking the relation $C_{m1} \ll C_{m2}$ into consideration.

277

278 **Conclusions**

279 The uniaxial tensile and the relaxation behavior for κ -carrageenan films was examined by
280 means of the conventional mechanical tests and the birefringence measurement using the
281 polarization modulation method. A picture on the molecular level regarding the deformation and
282 the following relaxation of κ -carrageenan chains was obtained based on the three-domain model
283 for κ -carrageenan films and on the idea of MSOR. It was suggested that the continuous phase of
284 amorphous κ -carrageenan chains in the dry film is deformed by the uniaxial stretching together
285 with the local glass component and only the glass component contributes to the decrease in σ and
286 the increase in Δn in the relaxation process. This situation totally changes regarding the moist
287 film: the crosslinks of κ -carrageenan aggregates in addition to the continuous phase become
288 responsible for the observed σ and Δn with deformation and the relaxation is attributed only to

289 the unbridged κ -carrageenan chains in the continuous phase.

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