# Elliptic Harnack inequalities for symmetric non-local Dirichlet forms

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#### Abstract

We study relations and characterizations of various elliptic Harnack inequalities for symmetric non-local Dirichlet forms on metric measure spaces. We allow the scaling function be state-dependent and the state space possibly disconnected. Stability of elliptic Harnack inequalities is established under certain regularity conditions and implication for a priori Hölder regularity of harmonic functions is explored. New equivalent statements for parabolic Harnack inequalities of non-local Dirichlet forms are obtained in terms of elliptic Harnack inequalities.

# 1 Introduction and Main Results

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The classical elliptic Harnack inequality asserts that there exists a universal constant  $c_1 = c_1(d)$ such that for every  $x \in \mathbb{R}^d$ , r > 0 and every non-negative harmonic function h in the ball  $B(x_0, 2r) \subset \mathbb{R}^d$ ,

$$\operatorname{sss\,sup}_{B(x_0,r)} h \le c \operatorname{ess\,inf}_{B(x_0,r)} h. \tag{1.1}$$

A celebrated theorem of Moser ([M]) says that such elliptic Harnack inequality holds for nonnegative harmonic functions of any uniformly elliptic divergence operator on  $\mathbb{R}^d$ . One of the important consequences of Moser's elliptic Harnack inequality is that it implies a priori elliptic Hölder regularity (see Definition 1.10 below) for harmonic functions of uniformly elliptic operators of divergence form. Because of the fundamental importance role played by a priori elliptic Hölder regularity for solutions of elliptic and parabolic differential equations, elliptic Harnack inequality and parabolic Harnack inequality, which is a parabolic version of the Harnack inequality (see Definition 1.17 below), have been investigated extensively for local operators (diffusions) on various spaces such as manifolds, graphs and metric measure spaces. It is also very important to consider whether such Harnack inequalities are stable under perturbations of the associated quadratic forms and under rough isometries. The stability problem of elliptic Harnack inequality is a difficult one. In [B], R. Bass proved stability of elliptic Harnack inequality under some strong global bounded geometry condition. Quite recently, this assumption has been relaxed significantly by Barlow-Murugan ([BM]) to bounded geometry condition.

<sup>\*</sup>Research partially supported by the Grant-in-Aid for Scientific Research (A) 25247007 and 17H01093, Japan.

<sup>&</sup>lt;sup>†</sup>Research partially supported by the National Natural Science Foundation of China (No. 11522106), the JSPS postdoctoral fellowship (26·04021), the Fok Ying Tung Education Foundation (No. 151002), National Science Foundation of Fujian Province (No. 2015J01003), the Program for Probability and Statistics: Theory and Application (No. IRTL1704), and Fujian Provincial Key Laboratory of Mathematical Analysis and its Applications (FJKLMAA).

For non-local operators, or equivalently, for discontinuous Markov processes, harmonic functions are required to be non-negative on the whole space in the formulation of Harnack inequalities due to the jumps from the processes; see EHI (elliptic Harnack inequality) in Definition 1.2(i) below. In Bass and Levin [BL], this version of EHI has been established for a class of nonlocal operators. If we only require harmonic functions to be non-negative in the ball  $B(x_0, 2r)$ , then the classical elliptic Harnack inequality (1.1) does not need to hold. Indeed, Kassmann [K1] constructed such a counterexample for fractional Laplacian on  $\mathbb{R}^d$ . On the other hand, for nonlocal operators, it is not known whether EHI implies a priori elliptic Hölder regularity (EHR) and we suspect it is not (although parabolic Harnack inequality (PHI) does imply parabolic Hölder regularity and hence EHR, see Theorem 1.19 below). To address this problem, some versions of elliptic Harnack inequalities that imply EHR are considered in some literatures such as [CKP1, CKP2, K1], in connection with the Moser's iteration method. We note that there are now many related work on EHI and EHR for harmonic functions of non-local operators; in addition to the papers mentioned above; see, for instance, [BS, CK1, CK2, CS, DK, GHH, Ha, HN, K2, Sil] and references therein. This is only a partial list of the vast literature on the subject.

The aim of this paper is to investigate relations among various elliptic Harnack inequalities and to study their stability for symmetric non-local Dirichlet forms under a general setting of metric measure spaces. This paper can be regarded as a continuation of [CKW1, CKW2], which are concerned with the stability of two-sided heat kernel estimates, upper bound heat kernel estimates and PHI for non-local Dirichlet forms on general metric measure spaces. We point out that the setting of this paper is much more general than that of [CKW1, CKW2] in the sense that the scale function in this paper can be state-dependent. As a byproduct, we obtain new equivalent statements for PHI in terms of EHI.

### **1.1** Elliptic Harnack inequalities

Let (M, d) be a locally compact separable metric space, and  $\mu$  a positive Radon measure on M with full support. We will refer to such a triple  $(M, d, \mu)$  as a *metric measure space*. Throughout the paper, we assume that  $\mu(M) = \infty$ . We emphasize that we do not assume M to be connected nor (M, d) to be geodesic.

We consider a regular symmetric *Dirichlet form*  $(\mathcal{E}, \mathcal{F})$  on  $L^2(M; \mu)$  of pure jump type; that is,

$$\mathcal{E}(f,g) = \int_{M \times M \setminus \text{diag}} (f(x) - f(y))(g(x) - g(y)) J(dx, dy), \quad f, g \in \mathcal{F},$$

where diag denotes the diagonal set  $\{(x,x) : x \in M\}$  and  $J(\cdot, \cdot)$  is a symmetric Radon measure on  $M \times M \setminus \text{diag.}$  Since  $(\mathcal{E}, \mathcal{F})$  is regular, each function  $f \in \mathcal{F}$  admits a quasi-continuous version  $\tilde{f}$  (see [FOT, Theorem 2.1.3]). In the paper, we will always represent  $f \in \mathcal{F}$  by its quasi-continuous version without writing  $\tilde{f}$ . Let  $\mathcal{L}$  be the (negative definite)  $L^2$ -generator of  $\mathcal{E}$ ; this is,  $\mathcal{L}$  is the self-adjoint operator in  $L^2(M; \mu)$  such that

$$\mathcal{E}(f,g) = -\langle \mathcal{L}f,g \rangle$$
 for all  $f \in \mathcal{D}(\mathcal{L})$  and  $g \in \mathcal{F}$ ,

where  $\langle \cdot, \cdot \rangle$  denotes the inner product in  $L^2(M; \mu)$ . Let  $\{P_t\}_{t\geq 0}$  be its associated  $L^2$ -semigroup. Associated with the regular Dirichlet form  $(\mathcal{E}, \mathcal{F})$  on  $L^2(M; \mu)$  is an  $\mu$ -symmetric Hunt process  $X = \{X_t, t\geq 0; \mathbb{P}^x, x\in M\setminus\mathcal{N}\}$ . Here  $\mathcal{N}$  is a properly exceptional set for  $(\mathcal{E}, \mathcal{F})$  in the sense that  $\mu(\mathcal{N}) = 0$  and  $\mathbb{P}^x(X_t \in \mathcal{N} \text{ for some } t>0) = 0$  for all  $x \in M \setminus \mathcal{N}$ . This Hunt process is unique up to a properly exceptional set — see [FOT, Theorem 4.2.8]. We fix X and  $\mathcal{N}$ , and write  $M_0 = M \setminus \mathcal{N}$ . While the semigroup  $\{P_t, t\geq 0\}$  associated with  $\mathcal{E}$  is defined on  $L^2(M; \mu)$ , a more precise version with better regularity properties can be obtained, if we set, for any bounded Borel measurable function f on M,

$$P_t f(x) = \mathbb{E}^x f(X_t), \quad x \in M_0.$$

**Definition 1.1.** Denote by B(x,r) the ball in (M,d) centered at x with radius r, and set

$$V(x,r) = \mu(B(x,r)).$$

(i) We say that  $(M, d, \mu)$  satisfies the volume doubling property (VD) if there exists a constant  $C_{\mu} \geq 1$  such that for all  $x \in M$  and r > 0,

$$V(x,2r) \le C_{\mu}V(x,r). \tag{1.2}$$

(ii) We say that  $(M, d, \mu)$  satisfies the reverse volume doubling property (RVD) if there exist positive constants  $d_1$  and  $c_{\mu}$  such that for all  $x \in M$  and  $0 < r \leq R$ ,

$$\frac{V(x,R)}{V(x,r)} \ge c_{\mu} \left(\frac{R}{r}\right)^{d_1}.$$
(1.3)

Since  $\mu$  has full support on M, we have  $V(x, r) = \mu(B(x, r)) > 0$  for every  $x \in M$  and r > 0. The VD condition (1.2) is equivalent to the existence of  $d_2 > 0$  and  $\widetilde{C}_{\mu} \ge 1$  so that

$$\frac{V(x,R)}{V(x,r)} \le \widetilde{C}_{\mu} \left(\frac{R}{r}\right)^{d_2} \quad \text{for all } x \in M \text{ and } 0 < r \le R.$$
(1.4)

The RVD condition (1.3) is equivalent to the existence of constants  $l_{\mu} > 1$  and  $\tilde{c}_{\mu} > 1$  so that

$$V(x, l_{\mu}r) \geq \tilde{c}_{\mu}V(x, r)$$
 for every  $x \in M$  and  $r > 0$ .

It is known that VD implies RVD if M is connected and unbounded. In fact, it also holds that if M is connected and (1.2) holds for all  $x \in M$  and  $r \in (0, R_0]$  with some  $R_0 > 0$ , then (1.3) holds for all  $x \in M$  and  $0 < r \le R \le R_0$ . See, for example [GH1, Proposition 5.1 and Corollary 5.3].

Let  $\mathbb{R}_+ := [0, \infty)$  and  $\phi : M \times \mathbb{R}_+ \to \mathbb{R}_+$  be a strictly increasing continuous function for every fixed  $x \in M$  with  $\phi(x, 0) = 0$  and  $\phi(x, 1) = 1$  for all  $x \in M$ , and satisfying that

(i) there exist constants  $c_1, c_2 > 0$  and  $\beta_2 \ge \beta_1 > 0$  such that

$$c_1 \left(\frac{R}{r}\right)^{\beta_1} \le \frac{\phi(x,R)}{\phi(x,r)} \le c_2 \left(\frac{R}{r}\right)^{\beta_2} \quad \text{for all } x \in M \text{ and } 0 < r \le R; \tag{1.5}$$

(ii) there exists a constant  $c_3 \ge 1$  such that

$$\phi(y,r) \le c_3\phi(x,r)$$
 for all  $x,y \in M$  with  $d(x,y) \le r$ . (1.6)

Recall that a set  $A \subset M$  is said to be nearly Borel measurable if for any probability measure  $\mu_0$  on M, there are Borel measurable subsets  $A_1$ ,  $A_2$  of M so that  $A_1 \subset A \subset A_2$  and that  $\mathbb{P}^{\mu_0}(X_t \in A_2 \setminus A_1 \text{ for some } t \geq 0) = 0$ . The collection of all nearly Borel measurable subsets of M forms a  $\sigma$ -field, which is called nearly Borel measurable  $\sigma$ -field. A nearly Borel measurable function u on M is said to be subharmonic (resp. harmonic, superharmonic) in D (with respect

to the process X) if for any relatively compact subset  $U \subset D$ ,  $t \mapsto u(X_{t \wedge \tau_U})$  is a uniformly integrable submartingale (resp. martingale, supermartingale) under  $\mathbb{P}^x$  for  $\mathcal{E}$ -q.e.  $x \in U$ . Here  $\mathcal{E}$ -q.e. stands for  $\mathcal{E}$ -quasi-everywhere, meaning it holds outside a set having zero 1-capacity with respect to the Dirichlet form  $(\mathcal{E}, \mathcal{F})$ ; see [CF, FOT] for its definition.

For a Borel measurable function u on M, we define its non-local tail  $\operatorname{Tail}_{\phi}(u; x_0, r)$  in the ball  $B(x_0, r)$  by

$$\operatorname{Tail}_{\phi}(u; x_0, r) := \int_{B(x_0, r)^c} \frac{|u(z)|}{V(x_0, d(x_0, z))\phi(x_0, d(x_0, z))} \,\mu(dz).$$

We need the following definitions for various forms of elliptic Harnack inequalities.

**Definition 1.2.** (i) We say that *elliptic Harnack inequality* (EHI) holds for the process X, if there exist constants  $\delta \in (0, 1)$  and  $c \ge 1$  such that for every  $x_0 \in M$ , r > 0 and for every non-negative measurable function u on M that is harmonic in  $B(x_0, r)$ ,

ess 
$$\sup_{B(x_0,\delta r)} u \leq c \operatorname{ess inf}_{B(x_0,\delta r)} u$$
.

(ii) We say that non-local elliptic Harnack inequality  $\text{EHI}(\phi)$  holds if there exist constants  $\delta \in (0, 1)$  and  $c \geq 1$  such that for every  $x_0 \in M$ , R > 0,  $0 < r \leq \delta R$ , and any measurable function u on M that is non-negative and harmonic in  $B(x_0, R)$ ,

ess sup 
$$_{B(x_0,r)}u \leq c \Big( \text{ess inf }_{B(x_0,r)}u + \phi(x_0,r) \text{Tail}_{\phi}(u_-;x_0,R) \Big).$$

(iii) We say that non-local weak elliptic Harnack inequality WEHI( $\phi$ ) holds if there exist constants  $\varepsilon$ ,  $\delta \in (0, 1)$  and  $c \ge 1$  such that for every  $x_0 \in M$ , R > 0,  $0 < r \le \delta R$ , and any measurable function u on M that is non-negative and harmonic in  $B(x_0, R)$ ,

$$\left(\frac{1}{\mu(B(x_0,r))}\int_{B(x_0,r)} u^{\varepsilon} d\mu\right)^{1/\varepsilon} \le c \Big(\operatorname{ess inf}_{B(x_0,r)} u + \phi(x_0,r)\operatorname{Tail}_{\phi}(u_-;x_0,R)\Big).$$

(iv) We say that non-local weak elliptic Harnack inequality WEHI<sup>+</sup>( $\phi$ ) holds if (iii) holds for any measurable function u on M that is non-negative and superharmonic in  $B(x_0, R)$ .

Clearly,  $\text{EHI}(\phi) \Longrightarrow \text{EHI} + \text{WEHI}(\phi)$ , and  $\text{WEHI}^+(\phi) \Longrightarrow \text{WEHI}(\phi)$ . We note that unlike the diffusion case, one needs to assume in the definition of EHI that the harmonic function uis non-negative on the whole space M because the process X can jump all over the places, as mentioned at the beginning of this section.

**Remark 1.3.** (i) For strongly local Dirichlet forms,  $\text{EHI}(\phi)$  is just EHI, and  $\text{WEHI}^+(\phi)$ (resp.  $\text{WEHI}(\phi)$ ) is simply reduced into the following: there exist constants  $\varepsilon, \delta \in (0, 1)$ and  $c \geq 1$  such that for every  $x_0 \in M$ ,  $0 < r \leq \delta R$ , and for every measurable function uthat is non-negative and superharmonic (resp. harmonic) in  $B(x_0, R)$ ,

$$\left(\frac{1}{\mu(B(x_0,r))}\int_{B(x_0,r)}u^{\varepsilon}\,d\mu\right)^{1/\varepsilon} \le c \operatorname{ess\,inf}_{B(x_0,r)}u.$$

The above inequality is called weak Harnack inequality for differential operators. This is why WEHI( $\phi$ ) is called weak Harnack inequality in [CKP1, CKP2, K1]. However for non-local operators this terminology is a bit misleading as it is not implied by EHI.

(ii) Non-local (weak) elliptic Harnack inequalities have a term involving the non-local tail of harmonic functions, which are essentially due to the jumps of the symmetric Markov processes. This new formulation of Harnack inequalities without requiring the additional positivity on the whole space but adding a non-local tail term first appeared in [K1]. The notion of non-local tail of measurable function is formally introduced in [CKP1, CKP2], where non-local (weak) elliptic Harnack inequalities and local behaviors of fractional *p*-Laplacians are investigated. See [DK] and references therein for the background of EHI and WEHI.

To state relations among various notions of elliptic Harnack inequalities and their characterizations, we need a few definitions.

**Definition 1.4.** (i) We say  $J_{\phi}$  holds if there exists a non-negative symmetric function J(x, y) so that for  $\mu \times \mu$ -almost all  $x, y \in M$ ,

$$J(dx, dy) = J(x, y) \,\mu(dx) \,\mu(dy),$$
(1.7)

and

$$\frac{c_1}{V(x, d(x, y))\phi(x, d(x, y))} \le J(x, y) \le \frac{c_2}{V(x, d(x, y))\phi(x, d(x, y))}.$$
(1.8)

We say that  $J_{\phi,\leq}$  (resp.  $J_{\phi,\geq}$ ) holds if (1.7) holds and the upper bound (resp. lower bound) in (1.8) holds for J(x, y).

(ii) We say that  $IJ_{\phi,\leq}$  holds if for  $\mu$ -almost all  $x \in M$  and any r > 0,

$$J(x, B(x, r)^c) \le \frac{c_3}{\phi(x, r)}$$

**Remark 1.5.** Under VD and (1.5),  $J_{\phi,\leq}$  implies  $IJ_{\phi,\leq}$ , see, e.g., [CKW1, Lemma 2.1] or [CK2, Lemma 2.1] for a proof.

For the non-local Dirichlet form  $(\mathcal{E}, \mathcal{F})$ , we define the carré du-Champ operator  $\Gamma(f, g)$  for  $f, g \in \mathcal{F}$  by

$$\Gamma(f,g)(dx) = \int_{y \in M} (f(x) - f(y))(g(x) - g(y)) J(dx, dy)$$

Clearly  $\mathcal{E}(f,g) = \Gamma(f,g)(M)$ . For any  $f \in \mathcal{F}_b := \mathcal{F} \cap L^{\infty}(M,\mu)$ ,  $\Gamma(f,f)$  is the unique Borel measure (called the *energy measure*) on M satisfying

$$\int_{M} g \, d\Gamma(f, f) = \mathcal{E}(f, fg) - \frac{1}{2} \mathcal{E}(f^2, g), \quad f, g \in \mathcal{F}_b.$$

Let  $U \subset V$  be open sets in M with  $U \subset \overline{U} \subset V$ . We say a non-negative bounded measurable function  $\varphi$  is a *cutoff function for*  $U \subset V$ , if  $\varphi = 1$  on U,  $\varphi = 0$  on  $V^c$  and  $0 \leq \varphi \leq 1$  on M.

**Definition 1.6.** We say that cutoff Sobolev inequality  $\text{CSJ}(\phi)$  holds if there exist constants  $C_0 \in (0,1]$  and  $C_1, C_2 > 0$  such that for every  $0 < r \leq R$ , almost all  $x_0 \in M$  and any  $f \in \mathcal{F}$ , there exists a cutoff function  $\varphi \in \mathcal{F}_b$  for  $B(x_0, R) \subset B(x_0, R+r)$  so that

$$\begin{split} \int_{B(x_0, R+(1+C_0)r)} f^2 \, d\Gamma(\varphi, \varphi) &\leq C_1 \int_{U \times U^*} (f(x) - f(y))^2 \, J(dx, dy) \\ &+ \frac{C_2}{\phi(x_0, r)} \int_{B(x_0, R+(1+C_0)r)} f^2 \, d\mu, \end{split}$$

where  $U = B(x_0, R + r) \setminus B(x_0, R)$  and  $U^* = B(x_0, R + (1 + C_0)r) \setminus B(x_0, R - C_0r)$ .

 $CSJ(\phi)$  is introduced in [CKW1], and is used to control the energy of cutoff functions and to characterize the stability of heat kernel estimates for non-local Dirichlet forms. See [CKW1, Remark 1.6] for background on  $CSJ(\phi)$ .

**Definition 1.7.** We say that *Poincaré inequality*  $PI(\phi)$  holds if there exist constants C > 0 and  $\kappa \ge 1$  such that for any ball  $B_r = B(x_0, r)$  with  $x_0 \in M$  and r > 0, and for any  $f \in \mathcal{F}_b$ ,

$$\int_{B_r} (f - \bar{f}_{B_r})^2 \, d\mu \le C\phi(x_0, r) \int_{B_{\kappa r} \times B_{\kappa r}} (f(y) - f(x))^2 \, J(dx, dy),$$

where  $\bar{f}_{B_r} = \frac{1}{\mu(B_r)} \int_{B_r} f \, d\mu$  is the average value of f on  $B_r$ .

We next introduce the modified Faber-Krahn inequality. For any open set  $D \subset M$ , let  $\mathcal{F}_D$  be the  $\mathcal{E}_1$ -closure in  $\mathcal{F}$  of  $\mathcal{F} \cap C_c(D)$ , where  $\mathcal{E}_1(u, u) := \mathcal{E}(u, u) + \int_M u^2 d\mu$ . Define

$$\lambda_1(D) = \inf \left\{ \mathcal{E}(f, f) : f \in \mathcal{F}_D \text{ with } \|f\|_2 = 1 \right\},\$$

the bottom of the Dirichlet spectrum of  $-\mathcal{L}$  on D.

**Definition 1.8.** We say that Faber-Krahn inequality  $FK(\phi)$  holds, if there exist positive constants C and  $\nu$  such that for any ball B(x, r) and any open set  $D \subset B(x, r)$ ,

$$\lambda_1(D) \ge \frac{C}{\phi(x,r)} (V(x,r)/\mu(D))^{\nu}.$$

For a set  $A \subset M$ , define the exit time  $\tau_A = \inf\{t > 0 : X_t \in A^c\}$ .

**Definition 1.9.** We say that  $E_{\phi}$  holds if there is a constant  $c_1 > 1$  such that for all r > 0 and all  $x \in M_0$ ,

$$c_1^{-1}\phi(x,r) \le \mathbb{E}^x[\tau_{B(x,r)}] \le c_1\phi(x,r)$$

We say that  $E_{\phi,\leq}$  (resp.  $E_{\phi,\geq}$ ) holds if the upper bound (resp. lower bound) in the inequality above holds.

**Definition 1.10.** We say *elliptic Hölder regularity* (EHR) holds for the process X, if there exist constants c > 0,  $\theta \in (0, 1]$  and  $\varepsilon \in (0, 1)$  such that for every  $x_0 \in M$ , r > 0 and for every bounded measurable function u on M that is harmonic in  $B(x_0, r)$ , there is a properly exceptional set  $\mathcal{N}_u \supset \mathcal{N}$  so that

$$|u(x) - u(y)| \le c \left(\frac{d(x,y)}{r}\right)^{\theta} ||u||_{\infty}$$

for any  $x, y \in B(x_0, \varepsilon r) \setminus \mathcal{N}_u$ .

Here is the main result of this paper.

**Theorem 1.11.** Assume that the metric measure space  $(M, d, \mu)$  satisfies VD, and  $\phi$  satisfies (1.5) and (1.6). Then we have

- (i) WEHI $(\phi) \Longrightarrow$  EHR; WEHI $(\phi) + J_{\phi} + FK(\phi) + CSJ(\phi) \Longrightarrow$  EHI $(\phi)$ .
- (ii)  $J_{\phi,\leq} + FK(\phi) + PI(\phi) + CSJ(\phi) \Longrightarrow WEHI^+(\phi).$

(iii)  $EHI + E_{\phi,\leq} + J_{\phi,\leq} \Longrightarrow EHI(\phi) + FK(\phi);$  $EHI + E_{\phi} + J_{\phi,\leq} \Longrightarrow PI(\phi).$ 

As a direct consequence of Theorem 1.11, we have the following statement.

**Corollary 1.12.** Assume that the metric measure space  $(M, d, \mu)$  satisfies VD, and  $\phi$  satisfies (1.5) and (1.6). If  $J_{\phi}$  and  $E_{\phi}$  hold, then

$$FK(\phi) + PI(\phi) + CSJ(\phi) \iff WEHI^+(\phi) \iff WEHI(\phi) \iff EHI(\phi) \iff EHI$$

**Proof.** It follows from Theorem 1.11(ii) that, if  $J_{\phi,<}$  holds, then

 $FK(\phi) + PI(\phi) + CSJ(\phi) \Longrightarrow WEHI^+(\phi) \Longrightarrow WEHI(\phi).$ 

By Proposition 4.5(i) below,  $\text{EHR} + E_{\phi,\leq} \Longrightarrow \text{FK}(\phi)$ . On the other hand, according to Proposition 4.7 below, we have  $E_{\phi} + J_{\phi,\leq} \Longrightarrow \text{CSJ}(\phi)$ . Combining those with Theorem 1.11(i), we can obtain that under  $J_{\phi}$  and  $E_{\phi}$ ,

$$WEHI(\phi) \Longrightarrow EHI(\phi) \Longrightarrow EHI.$$

Furthermore, by Theorem 1.11(iii), if  $J_{\phi,\leq}$  and  $E_{\phi}$  are satisfied, then  $EHI \Longrightarrow FK(\phi) + PI(\phi)$ . As mentioned above, Proposition 4.7 below shows that  $E_{\phi} + J_{\phi,\leq} \Longrightarrow CSJ(\phi)$ . Thus, if  $J_{\phi,\leq}$  and  $E_{\phi}$  are satisfied, then

$$\mathrm{EHI} \Longrightarrow \mathrm{FK}(\phi) + \mathrm{PI}(\phi) + \mathrm{CSJ}(\phi).$$

The proof is complete.

### **1.2** Stability of elliptic Harnack inequalities

In this subsection, we study the stability of EHI under some additional assumptions. We mainly follow the framework of [B]. For open subsets A and B of M with  $A \in B$  (that is,  $A \subset \overline{A} \subset B$ ), define the relative capacity

$$\operatorname{Cap}(A, B) = \inf \left\{ \mathcal{E}(u, u) : u \in \mathcal{F}, u = 1 \ \mathcal{E}\text{-q.e. on } A \text{ and } u = 0 \ \mathcal{E}\text{-q.e. on } B^c \right\}.$$

For each  $x \in M$  and r > 0, define

$$\operatorname{Ext}(x,r) = V(x,r)/\operatorname{Cap}(B(x,r),B(x,2r)).$$

Our main assumptions are as follows.

**Assumption 1.13.** (i)  $(M, \mu)$  satisfies VD and RVD.

(ii) There is a constant  $c_1 > 0$  such that for all  $x, y \in M$  with  $d(x, y) \leq r$ ,

$$\operatorname{Cap}(B(y,r), B(y,2r)) \le c_1 \operatorname{Cap}(B(x,r), B(x,2r)).$$

(iii) For any  $a \in (0, 1]$ , there exists a constant  $c_2 := c_{2,a} > 0$  such that for all  $x \in M$  and r > 0,

 $\operatorname{Cap}(B(x,r), B(x,2r)) \le c_2 \operatorname{Cap}(B(x,ar), B(x,2r)).$ 

(iv) There exist constants  $c_3, c_4 > 0$  and  $\beta_2 \ge \beta_1 > 0$  such that for all  $x \in M$  and  $0 < r \le R$ ,

$$c_3\left(\frac{R}{r}\right)^{\beta_1} \le \frac{\operatorname{Ext}(x,R)}{\operatorname{Ext}(x,r)} \le c_4\left(\frac{R}{r}\right)^{\beta_2}.$$
(1.9)

**Assumption 1.14.** For any bounded, non-empty open set  $D \subset M$ , there exist a properly exceptional set  $\mathcal{N}_D \supset \mathcal{N}$  and a non-negative measurable function  $G_D(x, y)$  defined for  $x, y \in D \setminus \mathcal{N}_D$  such that

- (i)  $G_D(x,y) = G_D(y,x)$  for all  $(x,y) \in (D \setminus \mathcal{N}_D) \times (D \setminus \mathcal{N}_D) \setminus \text{diag.}$
- (ii) for every fixed  $y \in D \setminus \mathcal{N}_D$ , the function  $x \mapsto G_D(x, y)$  is harmonic in  $(D \setminus \mathcal{N}_D) \setminus \{y\}$ .
- (iii) for every measurable  $f \ge 0$  on D,

$$\mathbb{E}^{x}\left[\int_{0}^{\tau_{D}} f(X_{t}) dt\right] = \int_{D} G_{D}(x, y) f(y) \,\mu(dy), \quad x \in D \setminus \mathcal{N}_{D}.$$

The function  $G_D(x, y)$  satisfying (i)–(iii) of Assumption 1.14 is called the Green function of X in D.

- **Remark 1.15.** (i) We will see from Lemmas 5.2 and 5.3 below that, under suitable conditions, the quantity Ext(x, r) defined above is related to the mean exit time from the ball B(x, r)by the process X. Hence, under the conditions, Ext(x, r) plays the same role of the scaling function  $\phi(x, r)$  in the previous subsection.
- (ii) From VD and Assumption 1.13 (ii), (iii) and (iv), we can deduce that for every  $a \in (0, 1]$ and L > 0, there exists a constant  $c_5 := c_{a,L,5} \ge 1$  such that the following holds for all  $x, y \in M$  with  $d(x, y) \le r$ ,

$$c_5^{-1} \operatorname{Cap}(B(y, aLr), B(y, 2Lr)) \le \operatorname{Cap}(B(x, r), B(x, 2r)) \le c_5 \operatorname{Cap}(B(y, aLr), B(y, 2Lr)).$$
(1.10)

(iii) Assumption 1.13 is the same as [BM, Assumption 1.6] except that in their paper the corresponding conditions are assumed to hold for  $r \in (0, R_0]$  and for  $0 < r \le R \le R_0$  with some  $R_0 > 0$ . These conditions are called bounded geometry condition in [BM]. However the setting of [BM] is for strongly local Dirichlet forms with underlying state space M being geodesic. Under these settings and the bounded geometry condition, it is shown in [BM] that there exists an equivalent doubling measure  $\tilde{\mu}$  on M so that Assumption 1.13 holds (i.e., the bounded geometry condition holds globally in large scale as well). Since harmonicity is invariant under time-changes by strictly increasing continuous additive functionals, this enables them to substantially extend the stability result of elliptic Harnack inequality of Bass [B] for diffusions, which was essentially established under the global bounded geometry condition. However the continuity of the processes (i.e. diffusions) and the geodesic property of the underlying state space played a crucial role in [BM]. It is unclear at this stage whether Assumption 1.13 can be replaced by a bounded geometry condition for non-local Dirichlet forms on general metric measure spaces.

The following result gives a stable characterization of EHI.

**Theorem 1.16.** Under Assumptions 1.13 and 1.14, if  $J_{Ext}$  holds, then

 $FK(Ext) + PI(Ext) + CSJ(Ext) \iff WEHI^+(Ext) \iff WEHI(Ext) \iff EHI(Ext) \iff EHI,$ where  $J_{Ext}$  is  $J_{\phi}$  with Ext(x, r) replacing  $\phi(x, r)$ , and same for other notions.

### **1.3** Parabolic Harnack inequalities

As consequences of the main result of this paper, Theorem 1.11 and the stability result of parabolic Harnack inequality in [CKW2, Theorem 1.17], we will present in this subsection new equivalent characterizations of parabolic Hanack inequality in terms of elliptic Harnack inequalities. In this subsection, we always assume that, for each  $x \in M$  there is a kernel J(x, dy) so that

$$J(dx, dy) = J(x, dy) \,\mu(dy).$$

We aim to present some equivalent conditions for parabolic Harnack inequalities in terms of elliptic Harnack inequalities, which can be viewed as a complement to [CKW2]. We restrict ourselves to the case that the (scale) function  $\phi$  is independent of x, i.e. in this subsection,  $\phi : \mathbb{R}_+ \to \mathbb{R}_+$  is a strictly increasing continuous function with  $\phi(0) = 0$ ,  $\phi(1) = 1$  such that there exist constants  $c_3, c_4 > 0$  and  $\beta_2 \ge \beta_1 > 0$  so that

$$c_3 \left(\frac{R}{r}\right)^{\beta_1} \le \frac{\phi(R)}{\phi(r)} \le c_4 \left(\frac{R}{r}\right)^{\beta_2} \quad \text{for all } 0 < r \le R.$$
(1.11)

We first give the probabilistic definition of parabolic functions in the general context of metric measure spaces. Let  $Z := \{V_s, X_s\}_{s\geq 0}$  be the space-time process corresponding to Xwhere  $V_s = V_0 - s$  for all  $s \geq 0$ . The filtration generated by Z satisfying the usual conditions will be denoted by  $\{\tilde{\mathcal{F}}_s; s \geq 0\}$ . The law of the space-time process  $s \mapsto Z_s$  starting from (t, x) will be denoted by  $\mathbb{P}^{(t,x)}$ . For every open subset D of  $[0, \infty) \times M$ , define  $\tau_D = \inf\{s > 0 : Z_s \notin D\}$ . We say that a nearly Borel measurable function u(t, x) on  $[0, \infty) \times M$  is parabolic (or caloric) in  $D = (a, b) \times B(x_0, r)$  for the process X if there is a properly exceptional set  $\mathcal{N}_u$  of the process X so that for every relatively compact open subset U of D,  $u(t, x) = \mathbb{E}^{(t,x)}u(Z_{\tau_U})$  for every  $(t, x) \in U \cap ([0, \infty) \times (M \setminus \mathcal{N}_u))$ .

We next give definitions of parabolic Harnack inequality and Hölder regularity for parabolic functions.

**Definition 1.17.** (i) We say that parabolic Harnack inequality  $PHI(\phi)$  holds for the process X, if there exist constants  $0 < C_1 < C_2 < C_3 < C_4$ ,  $C_5 > 1$  and  $C_6 > 0$  such that for every  $x_0 \in M, t_0 \ge 0, R > 0$  and for every non-negative function u = u(t, x) on  $[0, \infty) \times M$  that is parabolic in cylinder  $Q(t_0, x_0, C_4\phi(R), C_5R) := (t_0, t_0 + C_4\phi(R)) \times B(x_0, C_5R)$ ,

$$\operatorname{ess\,sup}_{Q_{-}} u \leq C_6 \operatorname{ess\,inf}_{Q_{+}} u,$$

where  $Q_{-} := (t_0 + C_1 \phi(R), t_0 + C_2 \phi(R)) \times B(x_0, R)$  and  $Q_{+} := (t_0 + C_3 \phi(R), t_0 + C_4 \phi(R)) \times B(x_0, R)$ .

(ii) We say parabolic Hölder regularity PHR( $\phi$ ) holds for the process X, if there exist constants  $c > 0, \ \theta \in (0,1]$  and  $\varepsilon \in (0,1)$  such that for every  $x_0 \in M, \ t_0 \ge 0, \ r > 0$  and for every bounded measurable function u = u(t,x) that is parabolic in  $Q(t_0, x_0, \phi(r), r)$ , there is a properly exceptional set  $\mathcal{N}_u \supset \mathcal{N}$  so that

$$|u(s,x) - u(t,y)| \le c \left(\frac{\phi^{-1}(|s-t|) + d(x,y)}{r}\right)^{\theta} \operatorname{ess\,sup}_{[t_0,t_0+\phi(r)] \times M} |u|$$

for every  $s, t \in (t_0, t_0 + \phi(\varepsilon r))$  and  $x, y \in B(x_0, \varepsilon r) \setminus \mathcal{N}_u$ .

**Definition 1.18.** We say that UJS holds if there is a symmetric function J(x, y) so that  $J(x, dy) = J(x, y) \mu(dy)$ , and there is a constant c > 0 such that for  $\mu$ -a.e.  $x, y \in M$  with  $x \neq y$ ,

$$J(x,y) \le \frac{c}{V(x,r)} \int_{B(x,r)} J(z,y) \,\mu(dz) \quad \text{for every } 0 < r \le \frac{1}{2} d(x,y).$$

We define EHR,  $E_{\phi}$ ,  $E_{\phi,\leq}$ ,  $J_{\phi,\leq}$ ,  $PI(\phi)$  and  $CSJ(\phi)$  similarly as in previous subsections but with  $\phi(r)$  in place of  $\phi(x, r)$ . The following stability result of  $PHI(\phi)$  is recently established in [CKW2].

**Theorem 1.19.** ([CKW2, Theorem 1.17]) Suppose that the metric measure space  $(M, d, \mu)$  satisfies VD and RVD, and  $\phi$  satisfies (1.11). Then the following are equivalent:

- (i)  $PHI(\phi)$ .
- (ii)  $PHR(\phi) + E_{\phi,\leq} + UJS.$
- (iii) EHR +  $E_{\phi}$  + UJS.
- (iv)  $J_{\phi,\leq} + PI(\phi) + CSJ(\phi) + UJS.$

As a consequence of Theorems 1.11 and 1.19, we have the following statement for the equivalence of  $PHI(\phi)$  in terms of EHI.

**Theorem 1.20.** Suppose that the metric measure space  $(M, d, \mu)$  satisfies VD and RVD, and  $\phi$  satisfies (1.11). Then the following are equivalent:

- (i)  $PHI(\phi)$ .
- (ii) WEHI<sup>+</sup>( $\phi$ ) + E<sub> $\phi$ </sub> + UJS.
- (iii) WEHI( $\phi$ ) + E $_{\phi}$  + UJS.
- (iv)  $EHI(\phi) + E_{\phi} + UJS.$
- (v)  $EHI + E_{\phi} + UJS + J_{\phi,\leq}.$

**Proof.** As indicated in Theorem 1.19, under VD, RVD and (1.11),

 $PHI(\phi) \iff J_{\phi,<} + PI(\phi) + CSJ(\phi) + UJS \Longrightarrow E_{\phi}.$ 

Then, by Theorem 1.11(ii), (i)  $\implies$  (ii). (ii)  $\implies$  (iii) is clear. (iii)  $\implies$  (i) follows from Theorem 1.11(i) and Theorem 1.19(iii).

Obviously, (i)  $\implies$  (v) is a consequence of Theorem 1.19 (i), (iii) and (iv). (v)  $\implies$  (iv) follows from Theorem 1.11(iii). (iv)  $\implies$  (iii) is trivial. This completes the proof.

The remainder of this paper is mainly concerned with the proof of Theorem 1.11, the main result of this paper. It is organized as follows. The proofs of Theorem 1.11(i), (ii) and (iii) are given in the next three sections, respectively. In Section 5, we study the relations between the mean of exit time and relative capacity. In particular, the proof of Theorem 1.16 is given there. Finally, a class of symmetric jump processes of variable orders on  $\mathbb{R}^d$  with state-dependent scaling functions are given in Section 6, for which we apply the main results of this paper to show that all the elliptic Harnack inequalities hold for these processes.

In this paper, we use ":="' as a way of definition. For two functions f and g, notation  $f \approx g$  means that there is a constant  $c \geq 1$  so that  $g/c \leq f \leq cg$ .

# 2 Elliptic Harnack inequalities and Hölder regularity

In this section, we assume that  $\mu$  and  $\phi$  satisfy VD, (1.5) and (1.6), respectively. We will prove that WEHI( $\phi$ ) implies a priori Hölder regularity for harmonic functions, and study the relation between WEHI( $\phi$ ) and EHI( $\phi$ ).

### **2.1** WEHI $(\phi) \Longrightarrow$ EHR

In this part, we will show that the weak elliptic Harnack inequality implies regularity estimates of harmonic functions in Hölder spaces. We mainly follow the strategy of [DK, Theorem 1.4], part of which is originally due to [M, Sil].

**Theorem 2.1.** Suppose that VD, (1.5) and WEHI( $\phi$ ) hold. Then there exist constants  $\beta \in (0, 1)$  and c > 0 such that for any  $x_0 \in M$ , r > 0 and harmonic function u on  $B(x_0, r)$ ,

ess osc 
$$_{B(x_0,\rho)} u \le c \|u\|_{\infty} \cdot \left(\frac{\rho}{r}\right)^{\beta}, \quad 0 < \rho \le r.$$
 (2.1)

In particular, EHR holds.

**Proof.** (1) Without loss of generality, we assume the harmonic function u is bounded. Throughout the proof, we fix  $x_0 \in M$ , and denote by  $B_r = B(x_0, r)$  for any r > 0. For a given bounded harmonic function u on  $B_r$ , we will construct an increasing sequence  $(m_n)_{n\geq 1}$  of positive numbers and a decreasing sequence  $(M_n)_{n\geq 1}$  that satisfy for any  $n \in \mathbb{N} \cup \{0\}$ ,

$$m_n \le u(x) \le M_n \quad \text{for } x \in B_{r\theta^{-n}};$$
  

$$M_n - m_n = K\theta^{-n\beta}.$$
(2.2)

Here  $K = M_0 - m_0 \in [0, 2||u||_{\infty}]$  with  $M_0 = ||u||_{\infty}$  and  $m_0 = \text{ess inf } Mu$ , and the constants  $\theta = \theta(\delta) \ge \delta^{-1}$  and  $\beta = \beta(\delta) \in (0, 1)$  are determined later so that

$$\frac{2-\lambda}{2}\theta^{\beta} \le 1 \quad \text{for } \lambda := (2^{1+1/\varepsilon}c)^{-1} \in (0,1),$$
(2.3)

where  $\varepsilon, \delta \in (0, 1)$  and  $c \ge 1$  are the constants in the definition of WEHI( $\phi$ ).

Let us first show that how this construction proves the first desired assertion (2.1). Given  $\rho < r$ , there is a  $j \in \mathbb{N} \cup \{0\}$  such that

$$r\theta^{-j-1} \le \rho < r\theta^{-j}.$$

From (2.2), we conclude

ess osc 
$$_{B_{\rho}}u \leq$$
ess osc  $_{B_{r\theta}-j}u \leq M_j - m_j = K\theta^{-j\beta} \leq 2\theta^{\beta} ||u||_{\infty} \left(\frac{\rho}{r}\right)^{\beta}$ .

Set  $M_{-n} = M_0$  and  $m_{-n} = m_0$  for any  $n \in \mathbb{N}$ . Assume that there is a  $k \in \mathbb{N}$  and there are  $M_n$  and  $m_n$  such that (2.2) holds for  $n \leq k - 1$ . We need to choose  $m_k$ ,  $M_k$  such that (2.2) still holds for n = k. Then the desired assertion follows by induction. For any  $x \in M$ , set

$$v(x) = \left(u(x) - \frac{M_{k-1} + m_{k-1}}{2}\right) \frac{2\theta^{(k-1)\beta}}{K}.$$

Then the definition of v implies that  $|v(x)| \leq 1$  for almost all  $x \in B_{r\theta^{-(k-1)}}$ . Given  $y \in M$  with  $d(y, x_0) \geq r\theta^{-(k-1)}$ , there is a  $j \in \mathbb{N}$  such that

$$r\theta^{-k+j} \le d(y, x_0) < r\theta^{-k+j+1}.$$

For such  $y \in M$  and  $j \in \mathbb{N}$ , on the one hand, we conclude that

$$\begin{split} \frac{K}{2\theta^{(k-1)\beta}}v(y) = &u(y) - \frac{M_{k-1} + m_{k-1}}{2} \\ \leq &M_{k-j-1} - m_{k-j-1} + m_{k-j-1} - \frac{M_{k-1} + m_{k-1}}{2} \\ \leq &M_{k-j-1} - m_{k-j-1} - \frac{M_{k-1} - m_{k-1}}{2} \\ \leq &K\theta^{-(k-j-1)\beta} - \frac{K}{2}\theta^{-(k-1)\beta}, \end{split}$$

where in the equalities above we used the fact that if j > k - 1, then  $u(y) \le M_0$ ,  $m_{k-j-1} \ge m_0$ and  $M_0 - m_0 \le K \theta^{-(k-j-1)\beta}$ . That is,

$$v(y) \le 2\theta^{j\beta} - 1 \le 2\left(\frac{d(y,x_0)}{r\theta^{-k}}\right)^{\beta} - 1.$$
(2.4)

On the other hand, similarly, we have

$$\frac{K}{2\theta^{(k-1)\beta}}v(y) = u(y) - \frac{M_{k-1} + m_{k-1}}{2}$$
  

$$\geq m_{k-j-1} - M_{k-j-1} + M_{k-j-1} - \frac{M_{k-1} + m_{k-1}}{2}$$
  

$$\geq -(M_{k-j-1} - m_{k-j-1}) + \frac{M_{k-1} - m_{k-1}}{2}$$
  

$$\geq -K\theta^{-(k-j-1)\beta} + \frac{K}{2}\theta^{-(k-1)\beta},$$

i.e.

$$v(y) \ge 1 - 2\theta^{j\beta} \ge 1 - 2\left(\frac{d(y, x_0)}{r\theta^{-k}}\right)^{\beta}.$$

Now, there are two cases:

- (i)  $\mu(\{x \in B_{r\theta^{-k}} : v(x) \le 0\}) \ge \mu(B_{r\theta^{-k}})/2.$
- (ii)  $\mu(\{x \in B_{r\theta^{-k}} : v(x) > 0\}) \ge \mu(B_{r\theta^{-k}})/2.$

In case (i) we aim to show  $v(z) \leq 1 - \lambda$  for almost every  $z \in B_{r\theta^{-k}}$ . If this holds true, then for any  $z \in B_{r\theta^{-k}}$ ,

$$\begin{aligned} u(z) &\leq \frac{(1-\lambda)K}{2} \theta^{-(k-1)\beta} + \frac{M_{k-1} + m_{k-1}}{2} \\ &= \frac{(1-\lambda)K}{2} \theta^{-(k-1)\beta} + \frac{M_{k-1} - m_{k-1}}{2} + m_{k-1} \\ &= \frac{(1-\lambda)K}{2} \theta^{-(k-1)\beta} + \frac{K}{2} \theta^{-(k-1)\beta} + m_{k-1} \\ &\leq K \theta^{-k\beta} + m_{k-1}, \end{aligned}$$

where the last inequality follows from the first inequality in (2.3). Thus, we set  $m_k = m_{k-1}$  and  $M_k = m_k + K\theta^{-k\beta}$ , and obtain that  $m_k \le u(z) \le M_k$  for almost every  $z \in B_{r\theta^{-k}}$ .

Consider w = 1 - v and note that  $w \ge 0$  in  $B_{r\theta^{-(k-1)}}$ . Since in the present setting there is no killing inside  $M_0$  for the process X, constant functions are harmonic, and so w is also harmonic function. Applying WEHI( $\phi$ ) with w on  $B_{r\theta^{-(k-1)}}$ , we find that

$$\left(\frac{1}{\mu(B_{r\theta^{-k}})}\int_{B_{r\theta^{-k}}}w^{\varepsilon} du\right)^{1/\varepsilon} \leq c_1 \left(\operatorname{ess inf}_{B_{r\theta^{-k}}}w + \phi(x_0, r\theta^{-k})\operatorname{Tail}_{\phi}(w_-; x_0, r\theta^{-(k-1)})\right).$$
(2.5)

Note that, since the constant c in the definition of WEHI( $\phi$ ) may depend on  $\delta$  and  $\varepsilon$ , in the above inequality the constant  $c_1 = c$  could also depend on  $\delta$  and  $\varepsilon$ , thanks to the fact that  $\theta^{-1} \leq \delta$ . Under case (i),

$$\left(\frac{1}{\mu(B_{r\theta^{-k}})}\int_{B_{r\theta^{-k}}} w^{\varepsilon} du\right)^{1/\varepsilon} \ge 2^{-1/\varepsilon}.$$
(2.6)

On the other hand, by (2.4), Remark 1.5 and (1.5),

$$\begin{split} \phi(x_{0}, r\theta^{-(k-1)}) \operatorname{Tail}_{\phi}(w_{-}; x_{0}, r\theta^{-(k-1)}) \\ \leq \phi(x_{0}, r\theta^{-(k-1)}) \int_{B_{r\theta^{-}(k-1)}^{c}} \frac{(1 - v(z))_{-}}{V(x_{0}, d(x_{0}, z)) \phi(x_{0}, d(x_{0}, z))} \mu(dz) \\ \leq \phi(x_{0}, r\theta^{-(k-1)}) \sum_{j=1}^{\infty} \int_{B_{r\theta^{-}k+j+1} \setminus B_{r\theta^{-}k+j}} \frac{(1 - v(z))_{-}}{V(x_{0}, d(x_{0}, z)) \phi(x_{0}, d(x_{0}, z))} \mu(dz) \\ \leq \phi(x_{0}, r\theta^{-(k-1)}) \sum_{j=1}^{\infty} \int_{B_{r\theta^{-}k+j+1} \setminus B_{r\theta^{-}k+j}} \frac{(v(z) - 1))_{+}}{V(x_{0}, d(x_{0}, z)) \phi(x_{0}, d(x_{0}, z))} \mu(dz) \\ \leq 2\phi(x_{0}, r\theta^{-(k-1)}) \\ \times \sum_{j=1}^{\infty} \int_{B_{r\theta^{-}k+j+1} \setminus B_{r\theta^{-}k+j}} \left[ \left( \frac{d(x_{0}, z)}{r\theta^{-k}} \right)^{\beta} - 1 \right] \frac{1}{V(x_{0}, d(x_{0}, z)) \phi(x_{0}, d(x_{0}, z))} \mu(dz) \\ \leq c_{2}\phi(x_{0}, r\theta^{-(k-1)}) \sum_{j=1}^{\infty} \frac{\theta^{(j+1)\beta} - 1}{\phi(x_{0}, r\theta^{-k+j})} \\ \leq c_{3} \sum_{j=1}^{\infty} \theta^{-j\beta_{1}}(\theta^{j\beta} - 1), \end{split}$$

where  $c_3 > 0$  is a constant independent of k and r but depend on  $\theta$  and  $\beta_1$  from (1.5). Hence, by (1.5), (2.5), (2.6) and (2.7), we obtain

ess inf 
$$_{B_{r\theta}-k}w \ge (c_1 2^{1/\varepsilon})^{-1} - c_4 \phi(x_0, r\theta^{-(k-1)}) \operatorname{Tail}_{\phi}(w_-; x_0, r\theta^{-(k-1)})$$
  
$$\ge (c 2^{1/\varepsilon})^{-1} - c_5 \sum_{j=1}^{\infty} \theta^{-j\beta_1} (\theta^{j\beta} - 1).$$

Note that all the constants  $c_i$  (i = 1, ..., 5) may depend on  $\theta$ . Since for any  $\beta \in (0, \beta_1)$ ,

$$\sum_{j=1}^{\infty} \theta^{-j\beta_1} (\theta^{j\beta} - 1) < \infty,$$

we can choose l large enough (which is independent of  $\beta, \theta$  and only depends on  $\delta$ ) such that for any  $\beta \in (0, \beta_1/2)$ ,

$$\sum_{j=l+1}^{\infty} \theta^{-j\beta_1}(\theta^{j\beta}-1) \le \sum_{j=l+1}^{\infty} \theta^{-j\beta_1}(\theta^{j\beta_1/2}-1) \le \sum_{j=l+1}^{\infty} \delta^{j\beta_1/2} < (4c_5c2^{1/\varepsilon})^{-1}.$$

Given l, one can further take  $\beta \in (0, \beta_1/2)$  small enough such that

$$\sum_{j=1}^{l} \theta^{-j\beta_1}(\theta^{j\beta}-1) \le \beta(\log \theta) \sum_{j=1}^{l} \theta^{-j(\beta_1-\beta)} j \le \beta l \theta^{-\beta_1/2}(\log \theta) < (4c_5c2^{1/\varepsilon})^{-1}.$$

(Without loss of generality we may and do assume that  $\delta$  in the definition of WEHI( $\phi$ ) is small enough. Thus, the constant  $\beta$  here is also independent of  $\theta$  and only depends on  $\delta$ .) Therefore,

ess inf 
$$_{B_{r\theta}-k} w \ge (2c2^{1/\varepsilon})^{-1} = \lambda.$$

That is,  $v \leq 1 - \lambda$  on  $B_{r\theta^{-k}}$ .

In case (ii), our aim is to show  $v \ge -1 + \lambda$ . This time we set w = 1 + v. Following the arguments above, one sets  $M_k = M_{k-1}$  and  $m_k = M_k - K\theta^{-k\beta}$  leading to the desired result.

(2) Let  $\delta_0 \in (0, 1/3)$ . Then for almost all  $x, y \in B(x_0, \delta r)$ , the function u is harmonic on  $B(x, (1 - \delta_0)r)$ . Note that  $d(x, y) \leq 2\delta_0 r \leq (1 - \delta_0)r$ . Applying (2.1), we have

$$|u(x) - u(y)| \le \operatorname{ess osc}_{B(x,d(x,y))} u \le c ||u||_{\infty} \cdot \left(\frac{d(x,y)}{(1-\delta_0)r}\right)^{\beta}.$$
  
EHR.

This establishes EHR.

**Remark 2.2.** The argument above in fact shows that  $WEHI(\phi) \Longrightarrow EHR$  holds for any general jump processes (possibly non-symmetric) that admits no killings inside M.

2.2 WEHI
$$(\phi)$$
 + J $_{\phi}$  + FK $(\phi)$  + CSJ $(\phi) \Longrightarrow$  EHI $(\phi)$ 

Let D be an open subset of M. Recall that a function f is said to be locally in  $\mathcal{F}_D$ , denoted as  $f \in \mathcal{F}_D^{loc}$ , if for every relatively compact subset U of D, there is a function  $g \in \mathcal{F}_D$  such that f = g m-a.e. on U. The following is established in [C].

**Lemma 2.3.** ([C, Lemma 2.6]) Let D be an open subset of M. Suppose u is a function in  $\mathcal{F}_D^{loc}$  that is locally bounded on D and satisfies that

$$\int_{U \times V^c} |u(y)| J(dx, dy) < \infty$$
(2.8)

for any relatively compact open sets U and V of M with  $\overline{U} \subset V \subset \overline{V} \subset D$ . Then for every  $v \in \mathcal{F} \cap C_c(D)$ , the expression

$$\int (u(x) - u(y))(v(x) - v(y)) J(dx, dy)$$

is well defined and finite; it will still be denoted as  $\mathcal{E}(u, v)$ .

As noted in [C, (2.3)], since  $(\mathcal{E}, \mathcal{F})$  is a regular Dirichlet form on  $L^2(M; \mu)$ , for any relatively compact open sets U and V with  $\overline{U} \subset V$ , there is a function  $\psi \in \mathcal{F} \cap C_c(M)$  such that  $\psi = 1$ on U and  $\psi = 0$  on  $V^c$ . Consequently,

$$\int_{U\times V^c} J(dx, dy) = \int_{U\times V^c} (\psi(x) - \psi(y))^2 J(dx, dy) \le \mathcal{E}(\psi, \psi) < \infty,$$

so each bounded function u satisfies (2.8).

We say that a nearly Borel measurable function u on M is  $\mathcal{E}$ -subharmonic (resp.  $\mathcal{E}$ -harmonic,  $\mathcal{E}$ -superharmonic) in D if  $u \in \mathcal{F}_D^{loc}$  that is locally bounded on D, satisfies (2.8) for any relatively compact open sets U and V of M with  $\overline{U} \subset V \subset \overline{V} \subset D$ , and that

 $\mathcal{E}(u,\varphi) \le 0$  (resp.  $=0, \ge 0$ ) for any  $0 \le \varphi \in \mathcal{F} \cap C_c(D)$ .

The following is established in [C, Theorem 2.11 and Lemma 2.3] first for harmonic functions, and then extended in [ChK, Theorem 2.9] to subharmonic functions.

**Theorem 2.4.** Let D be an open subset of M, and u be a bounded function. Then u is  $\mathcal{E}$ -harmonic (resp.  $\mathcal{E}$ -subharmonic) in D if and only if u is harmonic (resp. subharmonic) in D.

The next lemma can be proved by the same argument as that for [CKW1, Proposition 2.3].

**Lemma 2.5.** Assume that VD, (1.5), (1.6),  $J_{\phi,\leq}$  and  $CSJ(\phi)$  hold. Then there is a constant  $c_0 > 0$  such that for every  $0 < r \leq R$  and almost all  $x \in M$ ,

$$\operatorname{Cap}(B(x,R), B(x,R+r)) \le c_0 \frac{V(x,R+r)}{\phi(x,r)}$$

Using this lemma, we can establish the following.

**Lemma 2.6.** Let  $B_r = B(x_0, r)$  for some  $x_0 \in M$  and r > 0. Assume that u is a bounded and  $\mathcal{E}$ -superharmonic function on  $B_R$  such that  $u \ge 0$  on  $B_R$ . If VD, (1.5), (1.6),  $J_{\phi}$ ,  $FK(\phi)$  and  $CSJ(\phi)$  hold, then for any 0 < r < R,

$$\phi(x_0, r) \operatorname{Tail}_{\phi}(u_+; x_0, r) \le c \left( \operatorname{ess sup}_{B_r} u + \phi(x_0, r) \operatorname{Tail}_{\phi}(u_-; x_0, R) \right),$$

where c > 0 is a constant independent of  $u, x_0, r$  and R.

**Proof.** According to  $J_{\phi,\leq}$ ,  $CSJ(\phi)$  and Lemma 2.5, we can choose  $\varphi \in \mathcal{F}_{B_{3r/4}}$  related to  $Cap(B_{r/2}, B_{3r/4})$  such that

$$\mathcal{E}(\varphi,\varphi) \le 2\operatorname{Cap}(B_{r/2}, B_{3r/4}) \le \frac{c_1 V(x_0, r)}{\phi(x_0, r)}.$$
(2.9)

Let  $k = \operatorname{ess sup}_{B_r} u$  and w = u - 2k. Since u is an  $\mathcal{E}$ -superharmonic function on  $B_R$ , and  $w\varphi^2 \in \mathcal{F}_{B_{3r/4}}$  with w < 0 on  $B_r$ ,

$$0 \ge \mathcal{E}(u, w\varphi^2) = \int_{B_r \times B_r} (u(x) - u(y))(w(x)\varphi^2(x) - w(y)\varphi^2(y)) J(dx, dy)$$
$$+ 2 \int_{B_r \times B_r^c} (u(x) - u(y))w(x)\varphi^2(x) J(dx, dy)$$

$$=: I_1 + 2I_2.$$

For any  $x, y \in B_r$ ,

$$\begin{aligned} &(u(x) - u(y))(w(x)\varphi^2(x) - w(y)\varphi^2(y)) \\ &= (w(x) - w(y))(w(x)\varphi^2(x) - w(y)\varphi^2(y)) \\ &= \varphi^2(x)(w(x) - w(y))^2 + w(y)(\varphi^2(x) - \varphi^2(y))(w(x) - w(y)) \\ &\ge \varphi^2(x)(w(x) - w(y))^2 - \frac{1}{8}(\varphi(x) + \varphi(y))^2(w(x) - w(y))^2 - 2w^2(y)(\varphi(x) - \varphi(y))^2, \end{aligned}$$

where we used the fact that  $ab \ge -(\frac{1}{8}a^2 + 2b^2)$  for all  $a, b \in \mathbb{R}$  in the inequality above. Hence,

$$\begin{split} I_1 &\geq \int_{B_r \times B_r} \varphi^2(x) (w(x) - w(y))^2 J(dx, dy) \\ &- \frac{1}{8} \int_{B_r \times B_r} (\varphi(x) + \varphi(y))^2 (w(x) - w(y))^2 J(dx, dy) \\ &- 2 \int_{B_r \times B_r} w^2(y) (\varphi(x) - \varphi(y))^2 J(dx, dy) \\ &\geq \frac{1}{2} \int_{B_r \times B_r} \varphi^2(x) (w(x) - w(y))^2 J(dx, dy) \\ &- 8k^2 \int_{B_r \times B_r} (\varphi(x) - \varphi(y))^2 J(dx, dy) \\ &\geq - 8k^2 \int_{B_r \times B_r} (\varphi(x) - \varphi(y))^2 J(dx, dy), \end{split}$$

where in the second inequality we have used the symmetry property of J(dx, dy) and the fact that  $w^2 \leq 4k^2$  on  $B_r$ . On the other hand, by the definition of w, it is easy to see that for any  $x \in B_r$  and  $y \notin B_r$ 

$$(u(x) - u(y))w(x) \ge k(u(y) - k)_{+} - 2k\mathbf{1}_{\{u(y)\le k\}}(u(x) - u(y))_{+}$$
$$\ge k(u(y) - k)_{+} - 2k(u(x) - u(y))_{+},$$

and so

$$I_{2} \geq \int_{B_{r} \times B_{r}^{c}} k(u(y) - k)_{+} \varphi^{2}(x) J(dx, dy) - \int_{B_{r} \times B_{r}^{c}} 2k(u(x) - u(y))_{+} \varphi^{2}(x) J(dx, dy) = : I_{21} - I_{22}.$$

Furthermore, since  $(u(y) - k)_+ \ge u_+(y) - k$ , we find that

$$I_{21} \ge k \int_{B_r \times B_r^c} u_+(y)\varphi^2(x) J(dx, dy) - k^2 \int_{B_r \times B_r^c} \varphi^2(x) J(dx, dy)$$
  
$$\ge k\mu(B_{r/2}) \inf_{x \in B_{r/2}} \int_{B_r^c} u_+(y) J(x, dy) - k^2 \int_{B_r \times B_r^c} \varphi^2(x) J(dx, dy)$$
  
$$\ge c_1 kV(x_0, r) \operatorname{Tail}_{\phi} (u_+; x_0, r) - k^2 \int_{B_r \times B_r^c} \varphi^2(x) J(dx, dy),$$

where in the second inequality we have used the fact that  $\varphi = 1$  on  $B_{r/2}$ , and in the last inequality we have used  $J_{\phi,\geq}$  and the fact that for all  $x \in B_{r/2}$  and  $z \in B_r^c$ ,

$$\frac{V(x,d(x,z))}{V(x_0,d(x_0,z))}\frac{\phi(x,d(x,z))}{\phi(x_0,d(x_0,z))} \le c'\left(1+\frac{d(x,x_0)}{d(x_0,z)}\right)^{d_2+\beta_2} \le c'$$

thanks to VD, (1.5) and (1.6). Also, since  $u \ge 0$  on  $B_R$ , we can check that

$$I_{22} \leq 2k \int_{B_r \times (B_R \setminus B_r)} k\varphi^2(x) J(dx, dy) + 2k \int_{B_r \times B_R^c} (k + u_-(y))\varphi^2(x) J(dx, dy)$$
  
$$\leq 2k^2 \int_{B_r \times B_r^c} \varphi^2(x) J(dx, dy) + c_2 k^2 \frac{V(x_0, r)}{\phi(x_0, r)} + c_2 k V(x_0, r) \operatorname{Tail}_{\phi} (u_-; x_0, R),$$

where the second term of the last inequality follows from Remark 1.5 and (1.6), and in the third term we have used  $J_{\phi,\leq}$ .

By the estimates for  $I_{21}$  and  $I_{22}$ , we get that

$$I_{2} \geq -3k^{2} \int_{B_{r} \times B_{r}^{c}} \varphi^{2}(x) J(dx, dy) + c_{1}kV(x_{0}, r) \operatorname{Tail}_{\phi}(u_{+}; x_{0}, r)$$
$$- c_{2}k^{2} \frac{V(x_{0}, r)}{\phi(x_{0}, r)} - c_{2}kV(x_{0}, r) \operatorname{Tail}_{\phi}(u_{-}; x_{0}, R).$$

This along with the estimate for  $I_1$  yields that

$$V(x_0, r) \operatorname{Tail}_{\phi} (u_+; x_0, r) \le c_3 \left[ k \left( \frac{V(x_0, r)}{\phi(x_0, r)} + \mathcal{E}(\varphi, \varphi) \right) + V(x_0, r) \operatorname{Tail}_{\phi} (u_-; x_0, R) \right].$$

Then, combining this inequality with (2.9) proves the desired assertion.

We also need the following result. Since the proof is essentially the same as that of [CKW1, Proposition 4.10], we omit it here.

**Proposition 2.7.** Let  $x_0 \in M$  and R > 0. Assume VD, (1.5), (1.6),  $J_{\phi,\leq}$ ,  $FK(\phi)$  and  $CSJ(\phi)$  hold, and let u be a bounded  $\mathcal{E}$ -subharmonic in  $B(x_0, R)$ . Then for any  $\delta > 0$ ,

ess 
$$\sup_{B(x_0, R/2)} u \le c_1 \left[ \left( \frac{(1+\delta^{-1})^{1/\nu}}{V(x_0, R)} \int_{B(x_0, R)} u^2 d\mu \right)^{1/2} + \delta \phi(x_0, R) \operatorname{Tail}_{\phi}(u; x_0, R/2) \right],$$

where  $\nu$  is the constant in FK( $\phi$ ), and  $c_1 > 0$  is a constant independent of  $x_0$ , R,  $\delta$  and u.

We are in a position to present the main statement in this subsection.

**Theorem 2.8.** Let  $B_r(x_0) = B(x_0, r)$  for some  $x_0 \in M$  and r > 0. Assume that u is a bounded and  $\mathcal{E}$ -harmonic function on  $B_R(x_0)$  such that  $u \ge 0$  on  $B_R(x_0)$ . Assume that VD, (1.5), (1.6),  $J_{\phi}$ , FK( $\phi$ ) and CSJ( $\phi$ ), and WEHI( $\phi$ ) hold. Then the following estimate holds for any  $0 < r < \delta_0 R$ ,

ess sup 
$$_{B_{r/2}(x_0)}u \leq c \left( \text{ess inf } _{B_r(x_0)}u + \phi(x_0, r) \text{Tail}_{\phi}(u_-; x_0, R) \right),$$

where  $\delta_0 \in (0,1)$  is the constant  $\delta$  in WEHI( $\phi$ ) and c > 0 is a constant independent of  $x_0$ , r, R and u. This is,

WEHI
$$(\phi)$$
 + J $_{\phi}$  + FK $(\phi)$  + CSJ $(\phi) \Longrightarrow$  EHI $(\phi)$ .

**Proof.** Note that  $u_+$  is a bounded and  $\mathcal{E}$ -subharmonic function on  $B_R(x_0)$ . According to Proposition 2.7, for any  $0 < \delta < 1$  and  $0 < \rho < R$ ,

ess 
$$\sup_{B_{\rho/2}(x_0)} u \le c_1 \left[ \delta \phi(x_0, \rho) \operatorname{Tail}_{\phi}(u_+; x_0, \rho/2) + \delta^{-1/(2\nu)} \left( \frac{1}{V(x_0, \rho)} \int_{B_{\rho}(x_0)} u_+^2 d\mu \right)^{1/2} \right],$$

where  $c_1 > 0$  is a constant independent of  $x_0$ ,  $\rho$ , u and  $\delta$ . The inequality above along with Lemma 2.6 yields that

ess 
$$\sup_{B_{\rho/2}(x_0)} u \le c_2 \left( \delta^{-1/(2\nu)} \left( \frac{1}{V(x_0,\rho)} \int_{B_{\rho}(x_0)} u_+^2 d\mu \right)^{1/2} + \delta ess \sup_{B_{\rho}(x_0)} u + \delta \phi(x_0,\rho) \operatorname{Tail}_{\phi} (u_-;x_0,R) \right).$$

For any  $1/2 \leq \sigma' \leq \sigma \leq 1$  and  $z \in B_{\sigma'r}(x_0)$ , applying the inequality above with  $B_{\rho}(x_0) = B_{(\sigma-\sigma')r}(z)$ , we get that there is a constant  $c_3 > 1$  such that

$$u(z) \leq c_3 \left( \frac{\delta^{-1/(2\nu)}}{(\sigma - \sigma')^{d_2/2}} \left( \frac{1}{V(x_0, \sigma r)} \int_{B_{\sigma r}(x_0)} u^2 d\mu \right)^{1/2} + \delta \text{ess sup}_{B_{\sigma r}(x_0)} u + \delta \phi(x_0, r) \text{Tail}_{\phi} \left( u_-; x_0, R \right) \right),$$

where we have used the facts that  $B_{(\sigma-\sigma')r}(z) \subset B_{\sigma r}(x_0)$  for any  $z \in B_{\sigma'r}(x_0)$ , and

$$\frac{V(x_0,\sigma r)}{V(z,(\sigma-\sigma')r)} \le c' \left(1 + \frac{d(x_0,z) + \sigma r}{(\sigma-\sigma')r}\right)^{d_2} \le c'' \left(1 + \frac{\sigma r + \sigma' r}{(\sigma-\sigma')r}\right)^{d_2} \le \frac{c'''}{(\sigma-\sigma')^{d_2}},$$

thanks to VD. Therefore,

$$\operatorname{ess\,sup}_{B_{\sigma'r}(x_0)} u \leq c_3 \left( \frac{\delta^{-1/(2\nu)}}{(\sigma - \sigma')^{d_2/2}} \left( \frac{1}{V(x_0, \sigma r)} \int_{B_{\sigma r}(x_0)} u^2 \, d\mu \right)^{1/2} + \delta \operatorname{ess\,sup}_{B_{\sigma r}(x_0)} u + \delta \phi(x_0, r) \operatorname{Tail}_{\phi} \left( u_-; x_0, R \right) \right).$$

In particular, choosing  $\delta = \frac{1}{4c_3}$  in the inequality above, we arrive at

ess 
$$\sup_{B_{\sigma'r}(x_0)} u \leq \frac{1}{4} ess \sup_{B_{\sigma r}(x_0)} u + \frac{c_4}{(\sigma - \sigma')^{d_2/2}} \left( \frac{1}{V(x_0, \sigma r)} \int_{B_{\sigma r}(x_0)} u^2 d\mu \right)^{1/2} + c_4 \phi(x_0, r) \operatorname{Tail}_{\phi}(u_-; x_0, R).$$

Since

$$\frac{c_4}{(\sigma - \sigma')^{d_2/2}} \left(\frac{1}{V(x_0, \sigma r)} \int_{B_{\sigma r}(x_0)} u^2 \, d\mu\right)^{1/2}$$

$$\leq \frac{c_4}{(\sigma - \sigma')^{d_2/2}} \frac{(\operatorname{ess \, sup \,}_{B_{\sigma r}(x_0)} u)^{(2-q)/2}}{V(x_0, \sigma r)^{1/2}} \Big( \int_{B_{\sigma r}(x_0)} |u|^q \, d\mu \Big)^{1/2} \\ \leq \frac{1}{4} \operatorname{ess \, sup \,}_{B_{\sigma r}(x_0)} u + \frac{c'_4}{(\sigma - \sigma')^{d_2/q}} \Big( \frac{1}{V(x_0, \sigma r)} \int_{B_{\sigma r}(x_0)} |u|^q \, d\mu \Big)^{1/q},$$

where in the last inequality we applied the standard Young inequality with exponent 2/q and 2/(2-q) with any 0 < q < 2, we have for any 0 < q < 2 and  $1/2 \le \sigma' \le \sigma \le 1$ ,

$$\begin{aligned} \operatorname{ess\,sup}_{B_{\sigma'r}(x_0)} u &\leq \frac{1}{2} \operatorname{ess\,sup}_{B_{\sigma r}(x_0)} u \\ &+ \frac{c_5}{(\sigma - \sigma')^{d_2/q}} \bigg[ \left( \frac{1}{V(x_0, \sigma r)} \int_{B_{\sigma r}(x_0)} u^q \, d\mu \right)^{1/q} + \phi(x_0, r) \operatorname{Tail}_{\phi} (u_-; x_0, R) \bigg] \\ &\leq \frac{1}{2} \operatorname{ess\,sup}_{B_{\sigma r}(x_0)} u \\ &+ \frac{c_5'}{(\sigma - \sigma')^{d_2/q}} \bigg[ \left( \frac{1}{V(x_0, r)} \int_{B_r(x_0)} u^q \, d\mu \right)^{1/q} + \phi(x_0, r) \operatorname{Tail}_{\phi} (u_-; x_0, R) \bigg]. \end{aligned}$$

According to Lemma 2.9 below, we find that

ess 
$$\sup_{B_{r/2}(x_0)} u \le c_6 \left[ \left( \frac{1}{V(x_0, r)} \int_{B_r(x_0)} u^q \, d\mu \right)^{1/q} + \phi(x_0, r) \operatorname{Tail}_{\phi} (u_-; x_0, R) \right].$$

To conclude the proof, we combine the above inequality with WEHI( $\phi$ ) and Theorem 2.4, by setting  $q = \varepsilon$ .

The following lemma is taken from [GG, Lemma 1.1], which has been used in the proof above.

**Lemma 2.9.** Let f(t) be a non-negative bounded function defined for  $0 \le T_0 \le t \le T_1$ . Suppose that for  $T_0 \le t \le s \le T_1$  we have

$$f(t) \le A(s-t)^{-\alpha} + B + \theta f(s)$$

where  $A, B, \alpha, \theta$  are non-negative constants, and  $\theta < 1$ . Then there exists a positive constant c depending only on  $\alpha$  and  $\theta$  such that for every  $T_0 \leq r \leq R \leq T_1$ , we have

$$f(r) \le c \Big( A(R-r)^{-\alpha} + B \Big).$$

# **3** Sufficient condition for WEHI<sup>+</sup>( $\phi$ )

In this section, we will establish the following, which gives a sufficient condition for WEHI<sup>+</sup>( $\phi$ ).

**Theorem 3.1.** Assume that VD, (1.5), (1.6),  $J_{\phi,\leq}$ ,  $FK(\phi)$ ,  $PI(\phi)$  and  $CSJ(\phi)$  hold. Then,  $WEHI^+(\phi)$  holds. More precisely, there exist constants  $\varepsilon \in (0,1)$  and  $c \geq 1$  such that for all  $x_0 \in M$ ,  $0 < r < R/(60\kappa)$  and any bounded  $\mathcal{E}$ -superharmonic function u on  $B_R := B(x_0, R)$  with  $u \geq 0$  on  $B_R$ ,

$$\left(\frac{1}{\mu(B_r)}\int_{B_r} u^{\varepsilon} d\mu\right)^{1/\varepsilon} \le c \Big( \text{ess inf }_{B_r} u + \phi(x_0, r) \text{Tail}_{\phi} (u_-; x_0, R) \Big),$$

where  $\kappa \geq 1$  is the constant in  $PI(\phi)$  and  $B_r = B(x_0, r)$ .

Throughout this section, we always assume that  $\mu$  and  $\phi$  satisfy VD, (1.5) and (1.6), respectively. To prove Theorem 3.1 we mainly follow [CKP2], which is originally due to [DT]. Since we essentially make use of  $CSJ(\phi)$ , some nontrivial modifications are required. We begin with the following result, which easily follows from [CKW2, Corollary 4.12].

**Lemma 3.2.** Let  $B_r = B(x_0, r)$  for some  $x_0 \in M$  and r > 0. Assume that u is a bounded and  $\mathcal{E}$ -superharmonic function on  $B_R$  such that  $u \ge 0$  on  $B_R$ . For any a, l > 0 and b > 1, define

$$v = \left[\log\left(\frac{a+l}{u+l}\right)\right]_+ \wedge \log b.$$

If VD, (1.5), (1.6),  $J_{\phi,\leq}$ , PI( $\phi$ ) and CSJ( $\phi$ ) hold, then for any l > 0 and  $0 < r \leq R/(2\kappa)$ ,

$$\frac{1}{V(x_0,r)} \int_{B_r} (v - \overline{v}_{B_r})^2 d\mu \le c_1 \left( 1 + \frac{\phi(x_0,r) \operatorname{Tail}_{\phi}(u_-;x_0,R)}{l} \right),$$

where  $\kappa \geq 1$  is the constant in  $PI(\phi)$ ,  $\overline{v}_{B_r} = \frac{1}{\mu(B_r)} \int_{B_r} v \, d\mu$  and  $c_1$  is a constant independent of  $u, x_0, r, R$  and l.

**Lemma 3.3.** Let  $B_r = B(x_0, r)$  for some  $x_0 \in M$  and r > 0. Assume that u is a bounded and  $\mathcal{E}$ -superharmonic function on  $B_R$  such that  $u \ge 0$  on  $B_R$ . Assume that VD, (1.5), (1.6),  $J_{\phi,\leq}$ ,  $FK(\phi)$ ,  $PI(\phi)$  and  $CSJ(\phi)$  hold. Suppose that there exist constants  $\lambda > 0$  and  $\sigma \in (0,1]$  such that

$$\mu(B_r \cap \{u \ge \lambda\}) \ge \sigma \mu(B_r) \tag{3.1}$$

for some r with  $0 < r < R/(12\kappa)$ , where  $\kappa \ge 1$  is the constant in  $PI(\phi)$ . Then there exists a constant  $c_1 > 0$  such that

$$\frac{\mu(B_{6r} \cap \{u \le 2\delta\lambda - \frac{1}{2}\phi(x_0, r)\operatorname{Tail}_{\phi}(u_-; x_0, R)\})}{\mu(B_{6r})} \le \frac{c_1}{\sigma \log \frac{1}{2\delta}}$$

holds for all  $\delta \in (0, 1/4)$ , where  $c_1$  is a constant independent of  $u, x_0, r, R, \sigma, \lambda$  and  $\delta$ .

**Proof.** Taking  $l = \frac{1}{2}\phi(x_0, r)$ Tail<sub> $\phi$ </sub>  $(u_-; x_0, R)$ ,  $a = \lambda$  with  $\lambda > 0$ , and  $b = \frac{1}{2\delta}$  with  $\delta \in (0, 1/4)$  in Lemma 3.2, we get that for all  $\lambda > 0$  and  $0 < r < R/(12\kappa)$ ,

$$\frac{1}{V(x_0, 6r)} \int_{B_{6r}} |v - \overline{v}_{B_{6r}}| \, d\mu \le \left(\frac{1}{V(x_0, 6r)} \int_{B_{6r}} (v - \overline{v}_{B_{6r}})^2 \, d\mu\right)^{1/2} \le c_1,\tag{3.2}$$

where

$$v = \min\left\{\left[\log\left(\frac{\lambda+l}{u+l}\right)\right]_+, \ \log\frac{1}{2\delta}\right\}.$$

Notice that by the definition of v, we have  $\{v = 0\} = \{u \ge \lambda\}$ . Hence, by (3.1) and VD, for some r with  $0 < r < R/(12\kappa)$ ,

$$\mu(B_{6r} \cap \{v=0\}) \ge c' \sigma \mu(B_{6r})$$

and so

$$\log \frac{1}{2\delta} = \frac{1}{\mu(B_{6r} \cap \{v=0\})} \int_{B_{6r} \cap \{v=0\}} \left(\log \frac{1}{2\delta} - v\right) d\mu$$

$$\leq \frac{1}{c'\sigma} \frac{1}{\mu(B_{6r})} \int_{B_{6r}} \left( \log \frac{1}{2\delta} - v \right) d\mu$$
  
$$\leq \frac{1}{c'\sigma} \left( \log \frac{1}{2\delta} - \overline{v}_{B_{6r}} \right).$$

Thus, integrating the previous inequality over  $B_{6r} \cap \{v = \log \frac{1}{2\delta}\}$ , we obtain

$$\left(\log\frac{1}{2\delta}\right)\mu\left(B_{6r} \cap \left\{v = \log\frac{1}{2\delta}\right\}\right) \leq \frac{1}{c'\sigma} \int_{B_{6r} \cap \left\{v = \log\frac{1}{2\delta}\right\}} \left(\log\frac{1}{2\sigma} - \overline{v}_{B_{6r}}\right) d\mu$$
$$\leq \frac{1}{c'\sigma} \int_{B_{6r}} |v - \overline{v}_{B_{6r}}| d\mu$$
$$\leq \frac{c_2}{\sigma} V(x_0, 6r),$$

where in the last inequality we have used (3.2). Therefore, for all  $0 < \delta < 1/4$ ,

$$\mu(B_{6r} \cap \{u+l \le 2\delta(\lambda+l)\}) \le \frac{c_2}{\sigma \log \frac{1}{2\delta}} V(x_0, 6r),$$

which proves the desired assertion.

For any  $x \in M$  and r > 0, set  $B_r(x) = B(x, r)$ . For a ball  $B \subset M$  and a function w on B, write

$$I(w,B) = \int_B w^2 \, d\mu.$$

The following lemma can be proved similarly as the of [CKW1, Lemma 4.8].

**Lemma 3.4.** Suppose VD, (1.5), (1.6),  $J_{\phi,\leq}$ ,  $FK(\phi)$  and  $CSJ(\phi)$  hold. For  $x_0 \in M$ ,  $R, r_1, r_2 > 0$  with  $r_1 \in [\frac{1}{2}R, R]$  and  $r_1 + r_2 \leq R$ , let u be an  $\mathcal{E}$ -subharmonic function on  $B_R(x_0)$ , and  $v = (u - \theta)_+$  for some  $\theta > 0$ . Set  $I_0 = I(u, B_{r_1+r_2}(x_0))$  and  $I_1 = I(v, B_{r_1}(x_0))$ . We have

$$I_{1} \leq \frac{c_{1}}{\theta^{2\nu}V(x_{0},R)^{\nu}} I_{0}^{1+\nu} \left(1 + \frac{r_{1}}{r_{2}}\right)^{\beta_{2}} \left[1 + \left(1 + \frac{r_{1}}{r_{2}}\right)^{d_{2}+\beta_{2}-\beta_{1}} \frac{\phi(x_{0},R)\operatorname{Tail}_{\phi}\left(u;x_{0},R/2\right)}{\theta}\right],$$

where  $\nu$  is the constant in FK( $\phi$ ),  $d_2$  is the constant in (1.4),  $\beta_1$  and  $\beta_2$  are the constants in (1.5), and  $c_1$  is a constant independent of  $\theta, x_0, R, r_1, r_2$  and u.

We also need the following elementary iteration lemma, see, e.g., [Giu, Lemma 7.1] or [CKW1, Lemma 4.9].

**Lemma 3.5.** Let  $\beta > 0$  and let  $\{A_i\}$  be a sequence of real positive numbers such that

$$A_{j+1} \le c_0 b^j A_j^{1+\beta}, \quad j \ge 1$$

with  $c_0 > 0$  and b > 1. If

$$A_0 \le c_0^{-1/\beta} b^{-1/\beta^2},$$

then we have

$$A_j \le b^{-j/\beta} A_0, \quad j \ge 0,$$

which in particular yields  $\lim_{j\to\infty} A_j = 0$ .

The following proposition gives us the infimum of the superharmonic function. This extends the analogous expansion of positivity in the local setting, which is a key step towards WEHI<sup>+</sup>( $\phi$ ).

**Proposition 3.6.** Let  $B_r = B(x_0, r)$  for some  $x_0 \in M$  and any r > 0. Assume that u is a bounded and  $\mathcal{E}$ -superharmonic function on  $B_R$  such that  $u \ge 0$  on  $B_R$ . Assume that VD,  $(1.5), (1.6), J_{\phi,\leq}, FK(\phi), PI(\phi)$  and  $CSJ(\phi)$  hold. Suppose that there exist constants  $\lambda > 0$  and  $\sigma \in (0, 1]$  such that

$$\mu(B_r \cap \{u \ge \lambda\}) \ge \sigma \mu(B_r) \tag{3.3}$$

for some r satisfying  $0 < r < R/(12\kappa)$ , where  $\kappa \ge 1$  is the constant in PI( $\phi$ ). Then, there exists a constant  $\delta \in (0, 1/4)$  depending on  $\sigma$  but independent of  $\lambda$ , r, R, x<sub>0</sub> and u, such that

ess inf 
$$_{B_{4r}} u \ge \delta \lambda - \phi(x_0, r) \operatorname{Tail}_{\phi} (u_-; x_0, R).$$
 (3.4)

**Proof.** Without loss of generality, we may and do assume that

$$\phi(x_0, r) \operatorname{Tail}_{\phi} (u_-; x_0, R) \le \delta \lambda; \tag{3.5}$$

otherwise the conclusion is trivial due to the fact that  $u \ge 0$  on  $B_R$ .

For any  $j \ge 0$ , define

$$l_j = \delta \lambda + 2^{-j-1} \delta \lambda, \quad r_j = 4r + 2^{1-j} r.$$

Then, by (3.5) we see that

$$l_0 = \frac{3}{2}\delta\lambda \le 2\delta\lambda - \frac{1}{2}\phi(x_0, r)\operatorname{Tail}_{\phi}(u_-; x_0, R).$$

Lemma 3.3 implies that

$$\frac{\mu(B_{6r} \cap \{u \le l_0\})}{\mu(B_{6r})} \le \frac{c_1}{\sigma \log \frac{1}{2\delta}}.$$
(3.6)

In the following, let us denote by

$$B_j = B_{r_j}, \quad w_j = (l_j - u)_+, \quad A_j = \frac{\mu(B_j \cap \{u \le l_j\})}{\mu(B_j)}.$$

Note that, -u is an  $\mathcal{E}$ -subharmonic function on  $B_R$ . Then, we have by Lemma 3.4 that

$$\begin{split} A_{j+2}(l_{j+1} - l_{j+2})^2 \\ &= \frac{1}{\mu(B_{j+2})} \int_{B_{j+2} \cap \{u \le l_{j+2}\}} (l_{j+1} - l_{j+2})^2 d\mu \\ &\le \frac{1}{\mu(B_{j+2})} \int_{B_{j+2}} w_{j+1}^2 d\mu \\ &\le \frac{c_2}{(l_j - l_{j+1})^{2\nu}} \left( \frac{1}{\mu(B_{j+1})} \int_{B_{j+1}} w_j^2 d\mu \right)^{1+\nu} \left( \frac{r_{j+2}}{r_{j+1} - r_{j+2}} \right)^{\beta_2} \\ &\times \left[ 1 + \frac{1}{l_j - l_{j+1}} \left( \frac{r_{j+2}}{r_{j+1} - r_{j+2}} \right)^{d_2 + \beta_2 - \beta_1} \phi(x_0, r_{j+1}) \operatorname{Tail}_{\phi}(w_j; x_0, r_{j+1}) \right] \\ &\le \frac{c_3}{[(2^{-j} - 2^{-j-1})\delta\lambda]^{2\nu}} \left[ (\delta\lambda)^2 A_j \right]^{1+\nu} \left( \frac{1}{2^{-j} - 2^{-j-1}} \right)^{\beta_2} \end{split}$$

$$\times \left[ 1 + \frac{1}{(2^{-j} - 2^{-j-1})\delta\lambda} \left( \frac{1}{2^{-j} - 2^{-j-1}} \right)^{d_2 + \beta_2 - \beta_1} \phi(x_0, r_{j+1}) \operatorname{Tail}_{\phi}(w_j; x_0, r_{j+1}) \right]$$
  
$$\leq c_4 (\delta\lambda)^2 A_j^{1+\nu} 2^{(1+2\nu+d_2+2\beta_2 - \beta_1)j} \left( 1 + \frac{1}{\delta\lambda} \phi(x_0, r_{j+1}) \operatorname{Tail}_{\phi}(w_j; x_0, r_{j+1}) \right),$$

where  $\nu$  is the constant in FK( $\phi$ ), and in the third inequality we have used the facts that  $w_j \leq l_j \leq 3\delta\lambda/2$  and

$$\int_{B_{j+1}} w_j^2 \, d\mu \le c'(\delta\lambda)^2 \mu(B_{j+1} \cap \{w_j \ge 0\}) \le c''(\delta\lambda)^2 \mu(B_j \cap \{u \le l_j\}).$$

Note that

$$\begin{split} \phi(x_{0}, r_{j+1}) \operatorname{Tail}_{\phi}(w_{j}; x_{0}, r_{j+1}) \\ &= \phi(x_{0}, r_{j+1}) \int_{B_{j+1}^{c}} \frac{|w_{j}|(z)}{V(x_{0}, d(x_{0}, z))\phi(x_{0}, d(x_{0}, z))} \,\mu(dz) \\ &\leq \phi(x_{0}, r_{j+1}) \int_{B_{j+1}^{c}} \frac{l_{j} + u_{-}(z)}{V(x_{0}, d(x_{0}, z))\phi(x_{0}, d(x_{0}, z))} \,\mu(dz) \\ &= \phi(x_{0}, r_{j+1}) \left[ \int_{B_{R} \setminus B_{j+1}} \frac{l_{j}}{V(x_{0}, d(x_{0}, z))\phi(x_{0}, d(x_{0}, z))} \,\mu(dz) \right. \\ &+ \left. \int_{B_{R}^{c}} \frac{l_{j} + u_{-}(z)}{V(x_{0}, d(x_{0}, z))\phi(x_{0}, d(x_{0}, z))} \,\mu(dz) \right] \\ &\leq c_{5} \left( l_{j} + \frac{\phi(x_{0}, r_{j+1})}{\phi(x_{0}, R)} l_{j} + \phi(x_{0}, r) \operatorname{Tail}_{\phi}(u_{-}; x_{0}, R) \right) \\ &\leq c_{6} \delta \lambda, \end{split}$$

where in the second equality we have used the fact that  $u \ge 0$  on  $B_R$ , in the second inequality we used Remark 1.5, and the last inequality follows from (3.5).

According to all the estimates above, we see that there is a constant  $c_7 > 0$  such that for all  $j \ge 0$ ,

$$A_{j+2} \le c_7 A_j^{1+\nu} 2^{(3+2\nu+d_2+2\beta_2-\beta_1)j}$$

Let  $c^* = c_7^{-1/\nu} 2^{-(3+2\nu+d_2+2\beta_2-\beta_1)/\nu^2}$  and choose the constant  $\delta \in (0, 1/4)$  such that

$$\frac{c_1}{\sigma \log \frac{1}{2\delta}} \le c^*,$$

then, by (3.6),

$$A_0 \le c^* = c_7^{-1/\nu} 2^{-(3+2\nu+d_2+2\beta_2-\beta_1)/\nu^2}$$

According to Lemma 3.5, we can deduce that  $\lim_{i\to\infty} A_i = 0$ . Therefore,  $u \ge \delta \lambda$  on  $B_{4r}$ , from which the desired assertion follows easily.

**Remark 3.7.** Proposition 3.6 contains [GHH, Lemma 4.5] as a special case. Among other things, in [GHH, Lemma 4.5], it is assumed that  $\phi(x, r) = r^{\alpha}$  for  $J_{\phi}$ . Inequality (3.4) under condition (3.3) is called a weak Harnack inequality in [GHH].

Below is a Krylov-Safonov covering lemma on metric measure spaces, whose proof is essentially taken from [KS, Lemma 7.2]. Note that the difference of the following definition of  $[E]_{\eta}$ from that in [KS, Lemma 7.2] is that here we impose the restriction of  $0 < \rho < r$  and change the constant 3 to 5. For the sake of completeness, we present the proof here.

**Lemma 3.8.** Suppose that VD holds. Let  $B_r(x_0) = B(x_0, r)$  for some  $x_0 \in M$  and any r > 0. Let  $E \subset B_r(x_0)$  be a measurable set. For any  $\eta \in (0, 1)$ , define

$$[E]_{\eta} = \bigcup_{0 < \rho < r} \left\{ B_{5\rho}(x) \cap B_r(x_0) : x \in B_r(x_0) \text{ and } \frac{\mu(E \cap B_{5\rho}(x))}{\mu(B_\rho(x))} > \eta \right\}.$$

Then, either

$$[E]_{\eta} = B_r(x_0)$$

or

$$\mu([E]_{\eta}) \ge \frac{1}{\eta}\mu(E).$$

**Proof.** Define a maximal operator  $A: B_r(x_0) \to [0,\infty)$  as follows

$$A(x) = \sup_{y \in B_r(x_0), x \in B_{5\rho}(y), 0 < \rho < r} \frac{\mu(E \cap B_{5\rho}(y))}{\mu(B_{\rho}(y))}.$$

We claim that

$$[E]_{\eta} = \{x \in B_r(x_0) : A(x) > \eta\}$$

for any  $\eta \in (0,1)$ . Indeed, let  $x \in B_r(x_0)$  with  $A(x) > \eta$ . Then, there is a ball  $B_{\rho}(y)$  with  $0 < \rho < r, y \in B_r(x_0)$  and  $x \in B_{5\rho}(y)$  such that  $\frac{\mu(E \cap B_{5\rho}(y))}{\mu(B_{\rho}(y))} > \eta$ . This means that

$$x \in \left\{ B_{5\rho}(y) \cap B_r(x_0) : y \in B_r(x_0) \text{ and } \frac{\mu(E \cap B_{5\rho}(y))}{\mu(B_{\rho}(y))} > \eta \right\} \subset [E]_{\eta}.$$

On the other hand, if  $x \in [E]_{\eta}$ , then there is a ball  $B_{\rho}(y)$  with  $0 < \rho < r, y \in B_{r}(x_{0})$  and  $x \in B_{5\rho}(y)$  such that  $\frac{\mu(E \cap B_{5\rho}(y))}{\mu(B_{\rho}(y))} > \eta$ . This implies that  $A(x) > \eta$ .

Suppose that  $B_r(x_0) \setminus [E]_{\eta} \neq \emptyset$ . The set  $[E]_{\eta}$  is open by definition. We cover  $[E]_{\eta}$  by ball  $B_{r_x}(x)$ , where  $x \in [E]_{\eta}$  and  $r_x = d(x, B_r(x_0) \setminus [E]_{\eta})/2 \in (0, r)$ . By the Vitali covering lemma,<sup>1</sup> there are countably many pairwise disjoint balls  $B_{r_i}(x_i)$ , where  $r_i = r_{x_i}$  for all  $i \ge 1$ , such that  $[E]_{\eta} \subset \bigcup_{i=1}^{\infty} B_{5r_i}(x_i)$ . Note that,  $B_{5r_i}(x_i) \cap (B_r(x_0) \setminus [E]_{\eta}) \neq \emptyset$  for all  $i \ge 1$ , and so there is a point  $y_i \in B_{5r_i}(x_i) \cap (B_r(x_0) \setminus [E]_{\eta})$ . In particular,  $A(y_i) \le \eta$  for all  $i \ge 1$ . Since  $y_i \in B_r(x_0)$ ,  $x_i \in B_{5r_i}(y_i)$  and  $0 < r_i < r$ , we conclude that

$$\mu(E \cap B_{5r_i}(x_i)) \le \eta \mu(B_{r_i}(x_i)).$$

If y is the density point E (i.e.  $y \in E$  such that  $\lim_{\rho \to 0} \frac{\mu(E \cap B_{\rho}(y))}{\mu(B_{\rho}(y))} = 1$ ), then

$$\liminf_{\rho \to 0} \frac{\mu(E \cap B_{5\rho}(y))}{\mu(B_{\rho}(y))} \ge \lim_{\rho \to 0} \frac{\mu(E \cap B_{\rho}(y))}{\mu(B_{\rho}(y))} = 1 > \eta.$$

<sup>&</sup>lt;sup>1</sup>The VD condition implies a covering theorem, here referred to as the Vitali covering theorem. Indeed, given any collection of balls with uniformly bounded radius, there exists a pairwise disjoint, countable subcollection of balls, whose 5-dilates cover the union of the original collection. See [He, Chapter 1] for more details.

Since  $\mu$ -almost every point E is a density point; that is, for almost all  $x \in E$ , it holds that  $\lim_{\rho \to 0} \frac{\mu(E \cap B_{\rho}(x))}{\mu(B_{\rho}(x))} = 1$ , which follows from VD and the Lebesgue differentiation theorem (see [He, Theorem 1.8]), we observe that  $\mu$ -almost every point of E belongs to  $[E]_{\eta}$  for every  $\eta \in (0, 1)$ . From this it follows that

$$\mu(E) = \mu(E \cap [E]_{\eta}) \le \sum_{i=1}^{\infty} \mu(E \cap B_{5r_i}(x_i)) \le \eta \sum_{i=1}^{\infty} \mu(B_{r_i}(x_i)) \le \eta \mu([E]_{\eta}).$$

The above inequality yields the desired result.

We now are in a position to present the

**Proof of Theorem 3.1.** Fix  $\eta \in (0, 1)$ . Let us define for any t > 0 and  $i \ge 0$ 

$$A_t^i = \left\{ x \in B_r(x_0) : u(x) > t\delta^i - \frac{T}{1-\delta} \right\},$$

where  $\delta \in (0, 1)$  is determined later and

$$T = \phi(x_0, 5r) \operatorname{Tail}_{\phi} (u_-; x_0, R).$$

Obviously we have  $A_t^{i-1} \subset A_t^i$  for all  $i \ge 1$ . If there are a point  $x \in B_r(x_0)$  and  $0 < \rho < r$  such that  $B_{5\rho}(x) \cap B_r(x_0) \subset [A_t^{i-1}]_{\eta}$ , then, by the definition of  $[A_t^{i-1}]_{\eta}$  and VD,

$$\mu(A_t^{i-1} \cap B_{5\rho}(x)) \ge \eta \mu(B_{\rho}(x)) \ge c' \eta \mu(B_{5\rho}(x)),$$

where c' is a positive constant independent of  $\eta$ ,  $x_0$  and  $\rho$ . Below, let  $\delta$  be the constant given in Proposition 3.6 corresponding to the factor  $c'\eta$ . Applying Proposition 3.6 with  $\lambda = t\delta^{i-1} - \frac{T}{1-\delta}$ and  $\sigma = c'\eta$ , we get that

ess inf 
$$_{B_{20\rho}(x)}u > \delta\left(t\delta^{i-1} - \frac{T}{1-\delta}\right) - \phi(x_0, 5\rho)\operatorname{Tail}_{\phi}(u_-; x_0, R)$$
  

$$\geq \delta\left(t\delta^{i-1} - \frac{T}{1-\delta}\right) - T$$

$$= t\delta^i - \frac{T}{1-\delta}.$$

Hence, if  $B_{5\rho}(x)$  is one of the balls to make up to the set  $[A_t^{i-1}]_{\eta}$  in Lemma 3.8, then  $B_{5\rho}(x) \cap B_r(x_0) \subset A_t^i$ , which implies that  $[A_t^{i-1}]_{\eta} \subset A_t^i$ . By Lemma 3.8, we must have either  $A_t^i = B_r(x_0)$  (since  $A_t^i \subset B_r(x_0)$  for all  $i \ge 0$ ) or

$$\mu(A_t^i) \ge \frac{1}{\eta} \mu(A_t^{i-1}). \tag{3.7}$$

We choose an integer  $j \ge 1$  so that

$$\eta^j < \mu(A_t^0) / \mu(B_r(x_0)) \le \eta^{j-1}.$$

Suppose first that  $A_t^{j-1} \neq B_r(x_0)$ . Then, by the fact that  $A_t^{i-1} \subset A_t^i$  for all  $i \geq 1$ , we have  $A_t^k \neq B_r(x_0)$  for all  $0 \leq k \leq j-1$ . Hence, according to (3.7), we obtain that

$$\mu(A_t^{j-1}) \ge \frac{1}{\eta} \mu(A_t^{j-2}) \ge \dots \ge \frac{1}{\eta^{j-1}} \mu(A_t^0) \ge \eta \mu(B_r(x_0)).$$

Note that, the inequality holds trivially for the case that  $A_t^{j-1} = B_r(x_0)$ , thanks to the fact that  $\eta \in (0, 1)$ . Therefore, according to Proposition 3.6 again, we have

ess inf 
$$_{B_{4r}(x_0)}u \ge c_1\left(t\delta^{j-1} - \frac{T}{1-\delta}\right) - T$$
  
 $\ge c_1t\delta^{j-1} - \frac{c_2T}{1-\delta}$   
 $\ge c_1t\left(\frac{\mu(A_t^0)}{\mu(B_r(x_0))}\right)^{1/\gamma} - \frac{c_2T}{1-\delta},$ 

where  $c_1$  is the constant given in Proposition 3.6 corresponding to the factor  $\delta$ , and  $\gamma = \log_{\delta} \eta$ . This is,

$$\frac{\mu(A_t^0)}{\mu(B_r(x_0))} \le \frac{c_3}{t^{\gamma}} \left( \operatorname{ess\,inf}_{B_{4r}(x_0)} u + \frac{T}{1-\delta} \right)^{\gamma}.$$

By Cavalieri's principle, we have for any  $0 < \varepsilon < \gamma$  and a > 0,

$$\frac{1}{\mu(B_r(x_0))} \int_{B_r(x_0)} u^{\varepsilon} d\mu = \varepsilon \int_0^\infty t^{\varepsilon - 1} \frac{\mu(B_r(x_0) \cap \{u > t\})}{\mu(B_r(x_0))} dt$$
$$\leq \varepsilon \int_0^\infty t^{\varepsilon - 1} \frac{\mu(A_t^0)}{\mu(B_r(x_0))} dt$$
$$\leq \varepsilon \left[ \int_0^a t^{\varepsilon - 1} dt + c_3 \left( \operatorname{ess inf}_{B_{4r}(x_0)} u + \frac{T}{1 - \delta} \right)^{\gamma} \int_a^\infty t^{\varepsilon - 1 - \gamma} dt \right]$$
$$\leq c_4 \left[ a^{\varepsilon} + \left( \operatorname{ess inf}_{B_{4r}(x_0)} u + \frac{T}{1 - \delta} \right)^{\gamma} a^{\varepsilon - \gamma} \right].$$

In particular, taking

$$a = \operatorname{ess inf}_{B_{4r}(x_0)}u + \frac{T}{1-\delta},$$

we finally get that

$$\frac{1}{\mu(B_r(x_0))} \int_{B_r(x_0)} u^{\epsilon} d\mu \le c_4 \left( \text{ess inf }_{B_{4r}(x_0)} u + \frac{T}{1-\delta} \right)^{\epsilon}.$$

This along with (1.5) concludes the proof.

**Remark 3.9.** WEHI<sup>+</sup>( $\phi$ ) is equivalent to the inequality (3.4) under VD and condition (3.3). Indeed, the proof above shows that (3.4) under VD and condition (3.3) implies WEHI<sup>+</sup>( $\phi$ ). Conversely, assume WEHI<sup>+</sup>( $\phi$ ) holds. Under condition (3.3) we have

$$\left(\frac{1}{\mu(B_r)}\int_{B_r} u^{\varepsilon} d\mu\right)^{1/\varepsilon} \ge \left(\frac{1}{\mu(B_r)}\int_{B_r \cap \{u \ge \lambda\}} u^{\varepsilon} d\mu\right)^{1/\varepsilon} \ge \lambda \sigma^{1/\varepsilon}.$$

Plugging this into WEHI<sup>+</sup>( $\phi$ ) yields (3.4).

# 4 Implications of EHI

In this section, we first study the relation between EHI and  $\text{EHI}(\phi)$ , and then show that under some conditions EHI implies  $\text{PI}(\phi)$ .

4.1  $\operatorname{EHI} + \operatorname{E}_{\phi,\leq} + \operatorname{J}_{\phi,\leq} \Longrightarrow \operatorname{EHI}(\phi) + \operatorname{FK}(\phi)$ 

We first recall the following Lévy system formula. See, for example [CK2, Appendix A] for a proof.

**Lemma 4.1.** Let f be a non-negative measurable function on  $\mathbb{R}_+ \times M \times M$  that vanishes along the diagonal. Then for every  $t \ge 0$ ,  $x \in M_0$  and stopping time T (with respect to the filtration of  $\{X_t\}$ ),

$$\mathbb{E}^{x}\left[\sum_{s\leq T} f(s, X_{s-}, X_{s})\right] = \mathbb{E}^{x}\left[\int_{0}^{T} \int_{M} f(s, X_{s}, y) J(X_{s}, dy) ds\right].$$

For any open subset  $D \subset M$ , denote the transition semigroup of the part process  $X^D = \{X_t^D\}$  of X killed upon leaving D by  $\{P_t^D\}$ ; that is, for any  $f \in \mathcal{B}_+(D)$ ,

$$P_t^D f(x) = \mathbb{E}^x \left[ f(X_t^D) \right] = \mathbb{E}^x [f(X_t); t < \tau_D], \quad x \in D \cap M_0.$$

The Green operator  $G_D$  is defined by

$$G_D f(x) = \int_0^\infty P_t^D f(x) \, dt = \mathbb{E}^x \left[ \int_0^{\tau_D} f(X_t) \, dt \right], \quad x \in D \cap M_0.$$

For  $f \in \mathcal{B}(D)$ , if  $P_t^D |f|(x) < \infty$ , we define

$$P_t^D f(x) = P_t^D f^+(x) - P_t^D f^-(x) = \mathbb{E}^x \left[ f(X_t^D) \right];$$

if  $G_D|f|(x) < \infty$ , we define

$$G_D f(x) = G_D f^+(x) - G_D f^-(x) = \mathbb{E}^x \left[ \int_0^{\tau_D} f(X_t) \, dt \right]$$

It is known that  $\{P_t^D\}$  is the semigroup associated with the part Dirichlet form  $(\mathcal{E}, \mathcal{F}_D)$  of  $(\mathcal{E}, \mathcal{F})$ on D, where  $\mathcal{F}_D$  is the  $\sqrt{\mathcal{E}_1}$ -completion of  $\mathcal{F} \cap C_c(D)$ . Let  $\mathcal{L}_D$  be the  $L^2$ -generator of  $(\mathcal{E}, \mathcal{F}_D)$ on  $L^2(D; \mu)$ . The principle eigenvalue  $\lambda_1(D)$  of  $-\mathcal{L}_D$  is defined to be

$$\lambda_1(D) := \inf \left\{ \mathcal{E}(f, f) : f \in \mathcal{F}_D \text{ with } \|f\|_{L^2(D; \mu)} = 1 \right\}.$$

The following two lemmas are known, see [GT, Lemma 3.2] and [GH2, Lemma 5.1] respectively.

**Lemma 4.2.** If  $\sup_{y \in D \setminus \mathcal{N}} \mathbb{E}^y \tau_D < \infty$ , then  $G_D$  is a bounded operator on  $\mathcal{B}_b(D)$ , and it uniquely extends to the space  $L^p(D; \mu)$  with  $p = 1, 2, \infty$  and enjoys the following norm estimate

$$\|G_D\|_{L^p(D;\mu)\to L^p(D;\mu)} \leq \sup_{y\in D\setminus\mathcal{N}} \mathbb{E}^y \tau_D.$$

Moreover,  $G_D$  is the reverse of the operator  $-\mathcal{L}_D$  in  $L^2(D;\mu)$ , and

$$\lambda_1(D)^{-1} \leq \sup_{y \in D \setminus \mathcal{N}} \mathbb{E}^y \tau_D.$$

**Lemma 4.3.** Let  $(\mathcal{E}, \mathcal{F})$  be a regular Dirichlet form in  $L^2(M; \mu)$ , and  $D \subset M$  an open set such that  $\lambda_1(D) > 0$ . Then the following hold:

(i) For any  $f \in L^2(D; \mu)$ ,

$$\|G_D f\|_2 \le \lambda_1(D)^{-1} \|f\|_2$$

(ii) For any  $f \in L^2(D; \mu)$ ,  $P_t^D f \in \mathcal{F}_D$  for every t > 0 and  $G_D f \in \mathcal{F}_D$ . Moreover,  $\mathcal{E}(G_D f, g) = \langle f, g \rangle$  for every  $g \in \mathcal{F}_D$ .

**Theorem 4.4.** Assume that VD, (1.5), (1.6),  $E_{\phi,\leq}$  and  $J_{\phi,\leq}$  hold. Then EHI implies  $EHI(\phi)$ .

**Proof.** Fix  $x_0 \in M$ , and assume that u is harmonic on  $B_R := B(x_0, R)$  such that  $u \ge 0$  on  $B_R$ . Let  $\delta \in (0, 1)$  be the constant in EHI. Then, for almost all  $x, y \in B_{\delta r}$  with  $0 < r \le \delta R$ ,

$$u(x) = \mathbb{E}^{x} u(X_{\tau_{B_r}}) \leq \mathbb{E}^{x} u_+(X_{\tau_{B_r}}) \leq c \mathbb{E}^{y} u_+(X_{\tau_{B_r}})$$
$$= c \left(\mathbb{E}^{y} u(X_{\tau_{B_r}}) + \mathbb{E}^{y} u_-(X_{\tau_{B_r}})\right)$$
$$= c u(y) + c \mathbb{E}^{y} u_-(X_{\tau_{B_r}}),$$

where in the second inequality we used EHI. Since  $u_{-} = 0$  on  $B_R$ , by the Lévy system of X and condition  $J_{\phi,\leq}$ , we have for  $y \in B_{\delta r}$ 

$$\begin{split} \mathbb{E}^{y} u_{-}(X_{\tau_{B_{r}}}) &= \mathbb{E}^{y} \left[ \int_{0}^{\tau_{B_{r}}} \int_{B_{R}^{c}} u_{-}(z) J(X_{s}, z) \mu(dz) \, ds \right] \\ &= \int_{B_{R}^{c}} u_{-}(z) \left( G_{B_{r}} J(\cdot, z) \right) (y) \mu(dz) \\ &\leq c_{1} \int_{B_{R}^{c}} u_{-}(z) \left( G_{B_{r}} \frac{1}{V(\cdot, d(\cdot, z))\phi(\cdot, d(\cdot, z))} \right) (y) \mu(dz) \\ &\leq c_{2} \int_{B_{R}^{c}} \frac{u_{-}(z)}{V(x_{0}, d(x_{0}, z))\phi(x_{0}, d(x_{0}, z))} \mu(dz) G_{B_{r}} \mathbf{1}(y) \\ &= c_{2} \int_{B_{R}^{c}} \frac{u_{-}(z)}{V(x_{0}, d(x_{0}, z))\phi(x_{0}, d(x_{0}, z))} \mu(dz) \mathbb{E}^{y} \tau_{B_{r}} \\ &\leq c_{3} \phi(x_{0}, r) \int_{B_{R}^{c}} \frac{u_{-}(z)}{V(x_{0}, d(x_{0}, z))\phi(x_{0}, d(x_{0}, z))} \mu(dz) \\ &= c_{3} \phi(x_{0}, r) \operatorname{Tail}_{\phi}(u_{-}; x_{0}, R), \end{split}$$

where the second inequality follows from VD, (1.5) and (1.6), and in the last inequality we have used  $E_{\phi,\leq}$  and (1.6).

From Theorem 4.4, we can deduce the following.

Proposition 4.5. (i) Assume that VD, (1.5) and (1.6) hold. Then,

$$EHR + E_{\phi,\leq} \Longrightarrow FK(\phi).$$

(ii) Assume that VD, (1.5), (1.6),  $E_{\phi,\leq}$  and  $J_{\phi,\leq}$  hold. Then EHI implies  $FK(\phi)$ .

**Proof.** The first required assertion follows from the argument of [CKW2, Lemma 4.6]. By Theorems 4.4 and 2.1, we have  $\text{EHI} + \text{E}_{\phi,\leq} + \text{J}_{\phi,\leq} \Longrightarrow \text{EHR}$ , which along with the first assertion immediately yields the second one.

4.2 EHI +  $E_{\phi}$  +  $J_{\phi,<} \Longrightarrow PI(\phi)$ 

**Proposition 4.6.** (i) Suppose that VD, (1.5), (1.6), EHR,  $E_{\phi}$  and  $FK(\phi)$  hold. Then  $PI(\phi)$  holds.

(ii) Suppose that VD, (1.5), (1.6), EHI,  $E_{\phi}$  and  $J_{\phi,\leq}$  hold. Then  $PI(\phi)$  holds.

**Proof.** By Theorems 4.4, 2.1 and Proposition 4.5, we have  $\text{EHI}+\text{E}_{\phi,\leq}+\text{J}_{\phi,\leq} \Longrightarrow \text{EHR}+\text{FK}(\phi)$ , so it is enough to prove (i). According to the proofs of [GH1, Lemmas 5.4 and 5.5] and choosing  $a = CV(x,r)^{\nu}/\phi(x,r)$  in that paper, we can get from  $\text{FK}(\phi)$  that for any ball B = B(x,r) with  $x \in M$  and r > 0, the Dirichlet heat kernel  $p^B(t,x,y)$  exists, and there exists a constant  $C_1 > 0$  such that

ess sup 
$$_{y,z\in B}p^B(t,y,z) \le \frac{C_1}{V(x,r)} \left(\frac{\phi(x,r)}{t}\right)^{1/\nu}, \quad t>0.$$

Using this estimate,  $J_{\phi,\leq}$  and EHR, and following the argument of [CKW2, Lemma 4.8], there are constants  $\kappa, C_2 > 0$  such that for any  $x \in M_0$ , t > 0,  $0 < r \leq 2^{-(\beta_1 + \theta)/\beta_1} \phi^{-1}(x, t)$  and  $y \in B(x, r) \setminus \mathcal{N}$ ,

$$|p^{B(x,\phi^{-1}(x,t))}(t,x,x) - p^{B(x,\phi^{-1}(x,t))}(t,x,y)| \le \left(\frac{r}{\phi^{-1}(x,t)}\right)^{\kappa} \frac{C_2}{V(x,\phi^{-1}(x,t))}$$

where  $\beta_1$  is the constant in (1.5) and  $\theta$  is the Hölder exponent in EHR.

Since for any t > 0,  $\tau_{B(x,r)} \leq t + (\tau_{B(x,r)} - t) \mathbf{1}_{\{\tau_{B(x,r)} \geq t\}}$ , we have, by the Markov property,  $\mathbf{E}_{\phi,\leq}$  and (1.6),

$$\mathbb{E}^{x}\tau_{B(x,r)} \leq t + \mathbb{E}^{x} \Big[ \mathbf{1}_{\{\tau_{B(x,r)} > t\}} \mathbb{E}^{X_{t}} [\tau_{B(x,r)} - t] \Big] \leq t + \mathbb{P}^{x} (\tau_{B(x,r)} > t) \sup_{z \in B(x,r)} \mathbb{E}^{z} \tau_{B(x,r)}$$
$$\leq t + \mathbb{P}^{x} (\tau_{B(x,r)} > t) \sup_{z \in B(x,r)} \mathbb{E}^{z} \tau_{B(z,2r)} \leq t + c_{2} \mathbb{P}^{x} (\tau_{B(x,r)} > t) \phi(x,r).$$

Then, by  $E_{\phi}$ , for all  $x \in M_0$ ,

$$c_1\phi(x,r) \le \mathbb{E}^x \tau_{B(x,r)} \le t + c_2 \mathbb{P}^x (\tau_{B(x,r)} > t) \phi(x,r)$$

and so

$$\mathbb{P}^x(\tau_{B(x,r)} \le t) \le 1 - \frac{c_1\phi(x,r) - t}{c_2\phi(x,r)}.$$

In particular, we can choose a constant  $\delta > 0$  such that for all r > 0 and all  $x \in M_0$ ,

$$\mathbb{P}^x\left(\tau_{B(x,r)} \le \delta\phi(x,r)\right) \le 1 - \frac{c_1}{2c_2}.$$
(4.1)

Combining with all the conclusions above, we can see from the argument of [CKW2, Proposition 4.9] that there exist  $\varepsilon \in (0, 1)$  and  $c_3 > 0$  such that for any  $x_0 \in M$ , r > 0,  $0 < t \le \phi(x_0, \varepsilon r)$  and  $B = B(x_0, r)$ ,

$$p^{B}(t, x, y) \ge \frac{c_{3}}{V(x_{0}, \phi^{-1}(x_{0}, t))}, \quad x, y \in B(x_{0}, \varepsilon \phi^{-1}(x_{0}, t)) \cap M_{0}$$

which yields  $PI(\phi)$  by some standard arguments, see [CKW2, Proposition 3.5(i)].

At the end of this section, we present a consequence of  $E_{\phi}$  and  $J_{\phi,\leq}$  (without EHI).

**Proposition 4.7.** Under VD, (1.5) and (1.6),  $E_{\phi}$  and  $J_{\phi,\leq}$  imply  $CSJ(\phi)$ .

**Proof.** As shown in (4.1), under VD, (1.5) and (1.6),  $E_{\phi}$  implies that there are constants  $\delta_0 > 0$  and  $0 < \varepsilon_0 < 1$  such that for all r > 0 and all  $x \in M_0$ ,

$$\mathbb{P}^x(\tau_{B(x,r)} \le \delta_0 \phi(x,r)) \le \varepsilon_0.$$

Having this estimate at hand with  $J_{\phi,\leq}$ , and following the arguments in [CKW1, Subsection 3.2] by replacing  $\phi(r)$  with  $\phi(x_0, r)$ , we can prove the desired assertion.

# 5 Exit time and relative capacity

In this section, we study the relation between two-sided mean exit time estimates and two-sided relative capacitary estimates.

# 5.1 From mean exit time estimates $E_{\phi}$ to relative capacitary estimates

Recall that for open subsets A and B of M with  $A \subseteq B$ , we define

$$\operatorname{Cap}(A,B) = \inf \left\{ \mathcal{E}(u,u) : u \in \mathcal{F}, u = 1 \ \mathcal{E}\text{-q.e. on } A \text{ and } u = 0 \ \mathcal{E}\text{-q.e. on } B^c \right\}.$$

Note that  $\operatorname{Cap}(A, B)$  is increasing in A but decreasing in B.

**Proposition 5.1.** Under VD, (1.5) and (1.6), if  $E_{\phi}$  holds, then for any  $B_r = B(x_0, r)$  with some  $x_0 \in M$  and r > 0,

$$\operatorname{Cap}(B_{r/2}, B_r) \asymp \frac{V(x_0, r)}{\phi(x_0, r)}.$$

**Proof.** Throughout the proof, define  $g(x) = \mathbb{E}^x \tau_{B_r} = G_{B_r} \mathbf{1}$ . Set

$$u = \frac{g}{\inf_{B_{r/2}} g} \wedge 1.$$

Then,  $u|_{B_{r/2}} = 1$ ,  $u|_{B_r^c} = 0$  and

$$\mathcal{E}(u,u) \le \frac{1}{(\inf_{B_{r/2}} g)^2} \mathcal{E}(g,g) = \frac{\int_{B_r} g \, d\mu}{(\inf_{B_{r/2}} g)^2} \le \frac{c_1 V(x_0,r)}{\phi(x_0,r)}$$

where the equality follows from the fact that  $\mathcal{L}_{B_r}g = -1$ , and in the second inequality we have used  $E_{\phi}$ , (1.5) and (1.6). Hence,

$$\operatorname{Cap}(B_{r/2}, B_r) \le \mathcal{E}(u, u) \le \frac{c_1 V(x_0, r)}{\phi(x_0, r)}.$$

On the other hand, since

$$\frac{\left(\int_{B_r} g \, d\mu\right)^2}{\mathcal{E}(g,g)} = \frac{\left(\int_{B_r} g \, d\mu\right)^2}{\int_{B_r} g \, d\mu} = \int_{B_r} g \, d\mu,$$

and for any  $u \in \mathcal{F}_{B_r}$ 

$$\int_{B_r} u \, d\mu = \mathcal{E}(u, G_{B_r} \mathbf{1}) \le \sqrt{\mathcal{E}(u, u)} \sqrt{\mathcal{E}(G_{B_r} \mathbf{1}, G_{B_r} \mathbf{1})} = \sqrt{\mathcal{E}(u, u)} \sqrt{\int_{B_r} g \, d\mu},$$

we have

$$\int_{B_r} g \, d\mu = \sup \left\{ \frac{\left( \int_{B_r} u \, d\mu \right)^2}{\mathcal{E}(u, u)} : u \in \mathcal{F}_{B_r} \right\}.$$

Applying the inequality above with  $E_{\phi}$ , VD, (1.5) and (1.6), we find that

$$c_2 V(x_0, r) \phi(x_0, r) \ge \int_{B_r} g \, d\mu = \sup \left\{ \frac{\left(\int_{B_r} u \, d\mu\right)^2}{\mathcal{E}(u, u)} : u \in \mathcal{F}_{B_r} \right\}$$
$$\ge V(x_0, r/2)^2 \sup \left\{ \frac{1}{\mathcal{E}(u, u)} : u \in \mathcal{F}_{B_r}, u|_{B_{r/2}} = 1 \right\}$$
$$= \frac{c_3 V(x_0, r)^2}{\operatorname{Cap}(B_{r/2}, B_r)}.$$

Hence,

$$\operatorname{Cap}(B_{r/2}, B_r) \ge \frac{c_4 V(x_0, r)}{\phi(x_0, r)}.$$

The proof is complete.

### 5.2 From capacitary estimates to mean exit time estimates $E_{\phi}$

In this subsection, we assume that Assumptions 1.13 and 1.14 hold, and will prove that

$$EHI + J_{Ext,\leq} \Longrightarrow E_{Ext},$$

which will yield Theorem 1.16. Recall that the RVD condition (1.3) is equivalent to the existence of  $l_{\mu} > 1$  and  $\tilde{c}_{\mu} > 1$  so that

$$V(x, l_{\mu}r) \ge \widetilde{c}_{\mu}V(x, r)$$
 for all  $x \in M$  and  $r > 0$ ,

which implies that

$$\mu(B(x, l_{\mu}r) \setminus B(x, r)) > 0 \quad \text{for each } x \in M \text{ and } r > 0.$$
(5.1)

For any set  $A \subset M$ , define its first hitting time  $\sigma_A := \inf\{t > 0 : X_t \in A\}$ . Recall that for two relatively compact open sets A and B of M with  $A \in B$ ,  $\operatorname{Cap}(A, B)$  is the 0-order capacity in the transient Dirichlet form  $(\mathcal{E}, \mathcal{F}_B)$ , which is the Dirichlet form in  $L^2(B; \mu)$  of the subprocess  $X^B$  of the symmetric Hunt process X killed upon leaving B. Thus there exists a unique smooth measure  $\nu := \nu_{A,B}$  with  $\operatorname{supp}[\nu] \subset \overline{A}$  such that  $G_B\nu$  is the 0-order equilibrium potential of A in  $(\mathcal{E}, \mathcal{F}_B)$  and  $\operatorname{Cap}(A, B) = \nu(\overline{A})$ , see e.g. [CF, Page 87–88 and (3.4.3)] or the 0-order version of [FOT, (2.2.13)]. Here  $G_B\nu(x) := \int_B G_B(x, y) \nu(dy)$ . This measure  $\nu$  is called the relative capacitary measure of A in B. In particular, according to [CF, Corollary 3.4.3] or [FOT, Theorem 4.3.3],

$$G_B\nu(x) = \mathbb{P}^x(\sigma_A < \tau_B) \text{ for } \mathcal{E}\text{-q.e. } x \in M.$$

**Lemma 5.2.** Assume that Assumptions 1.13, 1.14 and EHI hold. Then  $E_{Ext,\leq}$  holds; that is, there is a constant  $c_1 > 0$  such that for almost all  $x \in M$  and any r > 0,

$$\mathbb{E}^{x}\tau_{B(x,r)} \le c_1 \operatorname{Ext}(x,r).$$
(5.2)

**Proof.** For  $x_0 \in M$  and r > 0, let  $D = B(x_0, 2r)$ . Let  $\delta \in (0, 1)$  be the constant in EHI. For any  $y \in B(x_0, r) \setminus B(x_0, r/2)$ , let  $\nu$  be the relative capacitary measure for  $B(y, \delta r/3)$  with respect to  $G_D(x, y)$ . Then  $\operatorname{supp}(\nu) \subset \overline{B(y, \delta r/3)}$ , where  $\overline{A}$  denotes the closure of the set A in M. Applying EHI for  $G_D(x_0, \cdot)$  on B(y, r/2), we have

$$1 \ge \mathbb{P}^{x_0}(\sigma_{B(y,\delta r/3)} < \tau_D) = \int_{\overline{B(y,\delta r/3)}} G_D(x_0, z) \,\nu(dz) \asymp G_D(x_0, y) \nu(\overline{B(y,\delta r/3)}) \\ = G_D(x_0, y) \operatorname{Cap}(B(y, \delta r/3), B(x_0, 2r)) \ge G_D(x_0, y) \operatorname{Cap}(B(y, \delta r/3), B(y, 4r)) \\ \asymp G_D(x_0, y) \operatorname{Cap}(B(x_0, r), B(x_0, 2r)),$$

where the second inequality follows from the facts that  $B(x_0, 2r) \subset B(y, 4r)$  and  $\operatorname{Cap}(A, B)$  is decreasing in B, and in the last step we used (1.10). Thus,

$$G_{B(x_0,2r)}(x_0,y) \le \frac{c_1}{\operatorname{Cap}(B(x_0,r), B(x_0,2r))} \quad \text{for all } y \in B(x_0,r) \setminus B(x_0,r/2).$$
(5.3)

In particular,

$$\int_{B(x_0,r)} G_{B(x_0,2r)}(x_0,y) \,\mu(dy) \leq \int_{B(x_0,r/2)} G_{B(x_0,2r)}(x,y) \,\mu(dy) \\ + \frac{c_2 V(x_0,r)}{\operatorname{Cap}(B(x_0,r), B(x_0,2r))}.$$
(5.4)

On the other hand, by the strong Markov property of  $X^{B(x_0,2r)}$ , for every  $y \in B(x_0,r)$ ,

$$G_{B(x_{0},2r)}(x_{0},y) = G_{B(x_{0},r)}(x_{0},y) + \mathbb{E}^{y} \left[ G_{B(x_{0},2r)}(x_{0}, X_{\tau_{B(x_{0},r)}}); \tau_{B(x_{0},r)} < \tau_{B(x_{0},2r)} \right] \\ \leq G_{B(x_{0},r)}(x_{0},y) + \mathbb{E}^{y} \left[ G_{B(x_{0},4r)}(x_{0}, X_{\tau_{B(x_{0},r)}}); \tau_{B(x_{0},r)} < \tau_{B(x_{0},2r)} \right] \\ \leq G_{B(x_{0},r)}(x_{0},y) + \frac{c_{1}}{\operatorname{Cap}(B(x_{0},2r), B(x_{0},4r))} \\ \leq G_{B(x_{0},r)}(x_{0},y) + \frac{c_{3}}{\operatorname{Cap}(B(x_{0},r), B(x_{0},2r))},$$

where in the second and the third inequalities, we used (5.3) and (1.10), respectively. Hence,

$$\int_{B(x_0,r/2)} G_{B(x_0,2r)}(x_0,y)\,\mu(dy) \le \int_{B(x_0,r/2)} G_{B(x_0,r)}(x_0,y)\,\mu(dy) + \frac{c_4 V(x_0,r)}{\operatorname{Cap}(B(x_0,r),B(x_0,2r))}$$

This together with (5.4) yields that

$$\int_{B(x_0,r)} G_{B(x_0,2r)}(x_0,y)\,\mu(dy) \le \int_{B(x_0,r/2)} G_{B(x_0,r)}(x_0,y)\,\mu(dy) + \frac{c_5 V(x_0,r)}{\operatorname{Cap}(B(x_0,r),B(x_0,2r))} \\ = \int_{B(x_0,r/2)} G_{B(x_0,r)}(x_0,y)\,\mu(dy) + c_5\operatorname{Ext}(x_0,r).$$

By iterating the above estimate and using the reverse doubling property of  $\text{Ext}(x_0, r)$  in Assumption 1.13(iv), we obtain that

$$\mathbb{E}^{x_0} \tau_{B(x_0,r)} \leq \int_{B(x_0,r)} G_{B(x_0,2r)}(x_0,y) \,\mu(dy) \leq c_5 \sum_{k=0}^{\infty} \operatorname{Ext}(x_0, 2^{-k}r)$$
$$\leq c_5 \operatorname{Ext}(x_0,r) \sum_{k=0}^{\infty} 2^{-k\beta_1} = c_6 \operatorname{Ext}(x_0,r),$$

where the second inequality is due to  $\mathbb{E}^{x_0}\left[\int_0^{\tau_D} \mathbf{1}_{\{x_0\}}(X_t) dt\right] = 0$ , which is a consequence of Assumption 1.14. The proof is complete.

**Lemma 5.3.** Assume that Assumptions 1.13, 1.14, EHI and  $IJ_{Ext,\leq}$  hold. Then  $E_{Ext,\geq}$  holds; that is, there exists a constant  $c_1 > 0$  such that almost all  $x \in M$  and any r > 0,

$$\mathbb{E}^x \tau_{B(x,r)} \ge c_1 \operatorname{Ext}(x,r).$$

**Proof.** First note that by (5.2),  $\tau_{B(x,r)} < \infty$  a.s.  $\mathbb{P}^x$ . Next by (1.9), we can choose  $l \geq 3 \vee l_{\mu}$  large enough, where  $l_{\mu}$  is in (5.1), such that there is a constant  $\rho \in (0, 1)$  so that

$$\operatorname{Ext}(x, r) \leq \rho \operatorname{Ext}(x, lr)$$
 for every  $x \in M$  and  $r > 0$ .

Let  $D = B(x, l^{k+1}r)$  where  $k \ge 1$  will be determined later. Note that the set  $B(x, l^k r) \setminus B(x, r)$  is non-empty due to (5.1). According to the Lévy system, for fixed  $x \in M_0$ ,

$$\mathbb{P}^{x}(\sigma_{B(x,l^{k}r)\setminus B(x,r)} < \tau_{D}) \geq \mathbb{P}^{x}\left(X_{\tau_{B(x,r)}} \in B(x,l^{k}r)\right)$$
$$= 1 - \mathbb{P}^{x}\left(X_{\tau_{B(x,r)}} \notin B(x,l^{k}r)\right)$$
$$\geq 1 - \mathbb{E}^{x}\left[\int_{0}^{\tau_{B(x,r)}} J(X_{s},B(x,l^{k}r)^{c}) ds\right]$$
$$\geq 1 - c_{1}\frac{\operatorname{Ext}(x,r)}{\operatorname{Ext}(x,l^{k}r)} \geq 1 - c_{2}\rho^{k},$$

where in the third inequality we have used  $IJ_{Ext,\leq}$  and (5.2), and the last inequality follows from Assumption 1.13(iv). In particular, taking  $k \geq 1$  large enough such that  $c_2 \rho^k \leq 1/2$ , we have

$$\mathbb{P}^{x}\left(\sigma_{B(x,l^{k}r)\setminus B(x,r)} < \tau_{D}\right) \ge 1/2.$$
(5.5)

Let  $\delta \in (0,1)$  be the constant in EHI. By VD, there exists  $L_* = L_*(l,k) \in \mathbb{N}$  (independent of x and r) such that  $\overline{B(x,l^kr)} \setminus B(x,r) \subset \bigcup_{i=1}^{L_*} B(x_i,\delta r/2)$  for some  $x_i \in B(x,l^kr) \setminus B(x,r)$ ,  $i = 1, \dots, L_*$ , see e.g., [KT, Lemma 3.1]. Let  $\nu$  be the relative capacitary measure for  $B(x,l^kr) \setminus B(x,r)$ B(x,r) with respect to  $G_D(x,y)$ , which is supported on  $\overline{B(x,l^kr)} \setminus B(x,r)$ . By applying EHI for  $G_D(x, \cdot)$  on each  $B(x_i, r/2)$ , we have

$$\mathbb{P}^{x}(\sigma_{B(x,l^{k}r)\setminus B(x,r)} < \tau_{D}) = G_{D}\nu(x) = \int_{\overline{B(x,l^{k}r)\setminus B(x,r)}}^{\infty} G_{D}(x,z)\nu(dz)$$

$$\leq \sum_{i=1}^{L_{*}} \int_{B(x_{i},\delta r/2)}^{\infty} G_{D}(x,z)\nu(dz)$$

$$\approx \sum_{i=1}^{L_{*}} \operatorname{ess\,inf}_{y \in B(x_{i},\delta r/2)} G_{D}(x,y)\nu(B(x_{i},\delta r/2))$$

$$\leq \operatorname{Cap}(B(x,l^{k}r),D) \sum_{i=1}^{L_{*}} \operatorname{ess\,inf}_{y \in B(x_{i},\delta r/2)} G_{D}(x,y)$$

$$\leq c_{3}\operatorname{Cap}(B(x,r),B(x,2r)) \sum_{i=1}^{L_{*}} \operatorname{ess\,inf}_{y \in B(x_{i},\delta r/2)} G_{D}(x,y),$$
(5.6)

where in the last inequality (with  $c_3 = c_3(l, k) > 0$ ) is due to (1.10). Inequalities (5.5) and (5.6) imply that

$$\sum_{i=1}^{L_*} \operatorname{ess\,inf}_{y \in B(x_i, \delta r/2)} G_D(x, y) \ge \frac{c_4}{\operatorname{Cap}(B(x, r), B(x, 2r))}.$$
(5.7)

Noting that  $B(x_i, \delta r/2) \subset B(x_i, r/2) \subset B(x, (l^k + 1/2)r) \setminus B(x, r/2)$  for  $1 \le i \le L_*$ , we have

$$\int_{B(x,(l^{k}+1/2)r)\setminus B(x,r/2)} G_{D}(x,z)\,\mu(dz) \ge L_{*}^{-1} \sum_{i=1}^{L_{*}} \int_{B(x_{i},\delta r/2)} G_{D}(x,z)\,\mu(dz)$$
$$\ge L_{*}^{-1} \sum_{i=1}^{L_{*}} \operatorname{ess\,inf}_{y\in B(x_{i},\delta r/2)} G_{D}(x,y)\mu(B(x_{i},\delta r/2))$$
$$\ge c_{5}\operatorname{Ext}(x,r),$$

where in the last inequality we used VD and (5.7). Hence taking  $r^* = l^{k+1}r$  and using Assumption 1.13(iv), we have

$$\mathbf{E}^{x}[\tau_{B(x,r^{*})}] \ge \int_{B(x,r^{*})\setminus B(x,r^{*}/(2l^{k+1}))} G_{B(x,r^{*})}(x,z)\,\mu(dz) \ge c_{5}\mathbf{Ext}(x,r^{*}/l^{k+1}) \ge c_{6}\mathbf{Ext}(x,r^{*}).$$

The proof is complete.

**Proof of Theorem 1.16.** According to Lemmas 5.2 and 5.3, we know that under Assumptions 1.13 and 1.14, EHI and  $IJ_{Ext,\leq}$  imply  $E_{Ext}$ . Using Remark 1.5 and (1.9), we find that  $J_{Ext,\leq}$  implies  $IJ_{Ext,\leq}$ . Note that in the statement of Corollary 1.12, we indeed have that if  $J_{\phi}$  holds (without  $E_{\phi}$ ), then

$$FK(\phi) + PI(\phi) + CSJ(\phi) \Longrightarrow EHI(\phi),$$

which can be seen from Theorem 1.11 (i) and (ii). Therefore, the desired assertion follows from Corollary 1.12.  $\hfill \Box$ 

# 6 Example: symmetric jump processes of variable orders

In this section, we apply the main results of this paper to show that WEHI<sup>+</sup>( $\phi$ ) and EHI( $\phi$ ) hold for a symmetric stable-like process on  $\mathbb{R}^d$  of variable order with state-dependent scale function  $\phi(x, r)$ . This example is a modification from [BKK, Example 2.3]. Let  $\alpha : \mathbb{R}^d \to [\alpha_1, \alpha_2] \subset (0, 2)$ be such that

$$\alpha(x) - \alpha(y)| \le \frac{c}{\log(2/|x-y|)} \quad \text{for } |x-y| < 1$$
(6.1)

holds with some constant c > 0. Suppose that

$$\frac{c_1}{|x-y|^{d+\alpha(x)\wedge\alpha(y)}} \le J(x,y) \le \frac{c_2}{|x-y|^{d+\alpha(x)\vee\alpha(y)}} \quad \text{for } |x-y| \le 1$$

and

$$J(x,y) \approx \frac{1}{|x-y|^{d+\alpha_1}}$$
 for  $|x-y| > 1$ .

Define

$$\phi(x,r) = \begin{cases} r^{\alpha(x)}, & 0 < r \le 1; \\ r^{\alpha_1}, & r > 1. \end{cases}$$
(6.2)

We claim that  $\phi(x, r)$  has properties (1.5) and (1.6). Note that for every  $x \in \mathbb{R}^d$  and  $0 < r \leq R$ ,

$$\frac{\phi(x,R)}{\phi(x,r)} = \begin{cases} \left(\frac{R}{r}\right)^{\alpha(x)}, & 0 < r \le R \le 1; \\ \frac{R^{\alpha_1}}{r^{\alpha(x)}}, & 0 < r \le 1 < R; \\ \left(\frac{R}{r}\right)^{\alpha_1}, & 1 < r \le R. \end{cases}$$

Since  $\alpha(x) \in [\alpha_1, \alpha_2]$ , it is clear that

$$\left(\frac{R}{r}\right)^{\alpha_1} \le \frac{\phi(x,R)}{\phi(x,r)} \le \left(\frac{R}{r}\right)^{\alpha_2};$$

and so  $\phi(x,r)$  satisfies condition (1.5). Note that  $\sup_{0 \le r \le 1} \log(1/r)/\log(2/r) \le \infty$ . Thus by assumption (6.1), there is a constant  $c_3 \ge 1$  so that for every  $0 \le r \le 1$  and for any  $x, y \in \mathbb{R}^d$  with  $|x - y| \le r$ ,  $\phi(x,r) = r^{\alpha(x)} \le c_3 r^{\alpha(y)} = c_3 \phi(y,r)$ . When r > 1,  $\phi(x,r) = r^{\alpha_1} = \phi(y,r)$  for every  $x, y \in \mathbb{R}^d$ . Hence  $\phi(x,r)$  satisfies (1.6).

We next verify that  $J_{\phi}$  holds for J(x, y). Indeed, by (6.1) there is a constant  $c_4 \geq 1$  such that for all  $x, y \in \mathbb{R}^d$  with  $|x - y| \leq 1$ ,

$$1 \le \frac{|x-y|^{\alpha(x) \land \alpha(y)}}{|x-y|^{\alpha(x)}} \le |x-y|^{-|\alpha(x)-\alpha(y)|} = \exp\left(|\alpha(x)-\alpha(y)|\log(1/|x-y|)\right) \le c_4.$$

Similarly, there is a constant  $c_5 > 0$  such that for all  $x, y \in \mathbb{R}^d$  with  $|x - y| \leq 1$ ,

$$c_5 \le \frac{|x-y|^{\alpha(x)\vee\alpha(y)}}{|x-y|^{\alpha(x)}} \le 1.$$

Therefore by the definition of  $\phi(x, r)$ , we have

$$J(x,y) \asymp \frac{1}{|x-y|^d \phi(x,|x-y|)}, \quad x,y \in \mathbb{R}^d;$$
(6.3)

that is,  $J_{\phi}$  holds.

Define a Dirichlet form  $(\mathcal{E}, \mathcal{F})$  on  $L^2(\mathbb{R}^d; dx)$  as follows:

$$\mathcal{E}(f,f) = \int_{\mathbb{R}^d \times \mathbb{R}^d \setminus \text{diag}} (f(y) - f(x))^2 J(x,y) \, dx \, dy$$

and  $\mathcal{F}$  is the closure the class of Lipschitz functions on  $\mathbb{R}^d$  with compact support with respect to the norm  $\mathcal{E}_1(f, f)^{1/2} := \left(\mathcal{E}(f, f) + \|f\|_{L^2(\mathbb{R}^d; dx)}^2\right)^{1/2}$ . By [BBCK, Theorem 1.3], there exists  $\mathcal{N} \subset \mathbb{R}^d$  having zero capacity with respect to the Dirichlet form  $(\mathcal{E}, \mathcal{F})$ , and there is a conservative and symmetric Hunt process  $X := (X_t, t \ge 0, \mathbb{P}^x)$  with state space  $\mathbb{R}^d \setminus \mathcal{N}$ . Note that, in the present setting X is a symmetric jump process of variable order. Furthermore, since

$$J(x,y) \ge \frac{c_6}{|x-y|^{d+\alpha_1}}, \quad x,y \in \mathbb{R}^d,$$

comparing it with rotationally symmetric  $\alpha_1$ -stable process, we have the following Nash inequality:

$$||f||_2^{2+2\alpha_1/d} \le c_7 \mathcal{E}(f, f) ||f||_1^{2\alpha_1/d}, \quad f \in \mathcal{F}.$$

Hence, for any  $x, y \in \mathbb{R}^d \setminus \mathcal{N}$  and t > 0, the heat kernel p(t, x, y) of the process X exists and satisfies that

$$p(t, x, y) \le c_8 t^{-d/\alpha_1}.$$
 (6.4)

By [BKK, Theorem 3.5], we know that under the present setting, p(t, x, y) can be chosen to be jointly continuous in (x, y) for every fixed t > 0. Therefore, without loss of generality, we can assume the exceptional set  $\mathcal{N} \subset \mathbb{R}^d$  above to be empty, i.e.,  $\mathcal{N} = \emptyset$ .

**Proposition 6.1.** Let X be the process defined above. Then the following holds.

(i) For any  $x \in \mathbb{R}^d$  and r > 0,

$$\mathbb{E}^x[\tau_{B(x,r)}] \asymp \phi(x,r).$$

(ii) For any  $x \in \mathbb{R}^d$  and r > 0,

$$\operatorname{Cap}(B(x, r/2), B(x, r)) \asymp r^d / \phi(x, r)$$

(iii) Both WEHI<sup>+</sup>( $\phi$ ) and EHI( $\phi$ ) hold for the process X.

**Proof.** (i) It is clear that there is a constant  $c_1 > 0$  so that

$$\int_{\{|x-y|\geq 1\}} J(x,y) \, dy \leq c_1 \quad \text{for every } x \in \mathbb{R}^d.$$

Thus, according to [BKK, Example 2.3 and Theorem 2.1], for all  $x \in \mathbb{R}^d$  and  $0 < r \leq 1$ ,

$$\mathbb{P}^x(\tau_{B(x,r)} \le t) \le c_2 t r^{-\alpha(x)}$$

Hence, for all  $x \in \mathbb{R}^d$  and  $0 < r \le 1$ ,

$$\mathbb{E}^{x}[\tau_{B(x,r)}] \ge \frac{1}{2c_{2}} r^{\alpha(x)} \mathbb{P}^{x}\left(\tau_{B(x,r)} \ge \frac{1}{2c_{2}} r^{\alpha(x)}\right) \ge \frac{1}{4c_{2}} r^{\alpha(x)}.$$
(6.5)

As mentioned just before this proposition, the heat kernel p(t, x, y) of the process X exists such that (6.4) holds for all  $x, y \in \mathbb{R}^d$  and t > 0. On the other hand, it immediately follows from the definition of J(x, y) that there is a constant  $c_3 > 0$  such that

$$\sup_{x} \int_{B(x,r)} |x-y|^2 J(x,y) \, dy \le c_3 r^{2-\alpha_3}$$

and

$$\sup_{x} \int_{B(x,r)^c} J(x,y) \, dy \le c_3 r^{-\alpha_1}$$

hold for all r > 1. Then, by using the Davies argument and the Meyer decomposition, we can obtain that for all t > 0 and  $x, y \in \mathbb{R}^d$  with |x - y| > 1,

$$p(t, x, y) \le \frac{c_4}{t^{d/\alpha_1}} \left( 1 + \frac{|x - y|}{t^{1/\alpha_1}} \right)^{-d - \alpha_1}.$$
(6.6)

In fact, this can be verified by following the proof of [BGK, Theorem 1.4] line by line (see [BGK, Subsection 3.2, Page 153–155] for more details) as well as choosing the truncated constant K > 1 and replacing  $\alpha$  and  $\beta$  by d and  $\alpha_1$  respectively. Note that, upper bound estimate (6.6) says that for  $x, y \in \mathbb{R}^d$  with |x - y| > 1, p(t, x, y) is bounded, up to a constant multiple, by that of rotationally symmetric  $\alpha_1$ -stable processes on  $\mathbb{R}^d$ . Furthermore, it is easy to see that this process is conservative (see e.g. [MUW, Theorem 1.1]). Therefore, we can arrive at that for all  $x \in \mathbb{R}^d$  and r > 1,

$$\mathbb{E}^{x}[\tau_{B(x,r)}] \ge c_5 r^{\alpha_1}. \tag{6.7}$$

Indeed, by (6.6) and the conservativeness of the process X, we know that for all  $x \in \mathbb{R}^d$ , t > 0and  $r > 1 \lor t^{1/\alpha_1}$ ,

$$\mathbb{P}^{x}(|X_{t}-x| \ge r) = \int_{B(x,r)^{c}} p(t,x,y) \, dy \le \frac{c_{4}}{t^{d/\alpha_{1}}} \int_{B(x,r)^{c}} \left(1 + \frac{|x-y|}{t^{1/\alpha_{1}}}\right)^{-d-\alpha_{1}} \, dy \le \frac{c_{6}t}{r^{\alpha_{1}}}.$$

This along with the strong Markov property of X yields that for all  $x \in \mathbb{R}^d$ , t > 0 and  $r \ge 2(1 \lor (2t)^{1/\alpha_1})$ ,

$$\mathbb{P}^{x}(\tau_{B(x,r)} \leq t) \leq \mathbb{P}^{x}(\tau_{B(x,r)} \leq t, |X_{2t} - x| \leq r/2) + \mathbb{P}^{x}(|X_{2t} - x| \geq r/2)$$
  
$$\leq \sup_{z \in B(x,r)^{c}} \sup_{s \leq t} \mathbb{P}^{z}(|X_{2t-s} - z| \geq r/2) + \mathbb{P}^{x}(|X_{2t} - x| \geq r/2)$$
  
$$\leq \frac{c_{7}t}{r^{\alpha_{1}}}.$$

Hence, there are constants  $r_0 \ge 1$  and  $c_8 > 0$  such that for all  $x \in \mathbb{R}^d$  and  $r \ge r_0$ ,

$$\mathbb{P}^x(\tau_{B(x,r)} \le c_8 r^{\alpha_1}) \le 1/2.$$

In particular, for all  $x \in \mathbb{R}^d$  and  $r \ge r_0$ ,

$$\mathbb{E}^{x}[\tau_{B(x,r)}] \ge c_{8}r^{\alpha_{1}}\mathbb{P}^{x}(\tau_{B(x,r)} \ge c_{8}r^{\alpha_{1}}) \ge c_{8}r^{\alpha_{1}}/2.$$

Note that for all  $x \in \mathbb{R}^d$  and  $1 < r \le r_0$ , we have by (6.5)

$$\mathbb{E}^x[\tau_{B(x,r)}] \ge \mathbb{E}^x[\tau_{B(x,1)}] \ge \frac{1}{4c_2}.$$

Combining both estimates above, we prove (6.7).

Now we consider upper bound for  $\mathbb{E}^{x}[\tau_{B(x,r)}]$ . First, assume  $r \leq 1$ . Note that the sum  $\sum_{s \leq t \wedge \tau_{B(x,r)}} \mathbf{1}_{\{|X_s - X_{s-}| > 2r\}}$  is 1 if there is a jump of size at least 2r by  $t \wedge \tau_{B(x,r)}$ , in which case the process exits B(x,r) by time t. It is 0 if there is no such jump. So, for all  $y \in B(x,r)$ ,

$$\mathbb{P}^{y}(\tau_{B(x,r)} \leq t) \geq \mathbb{E}^{y} \Big[ \sum_{s \leq t \wedge \tau_{B(x,r)}} \mathbf{1}_{\{|X_{s}-X_{s-}|>2r\}} \Big]$$
$$= \mathbb{E}^{y} \int_{0}^{t \wedge \tau_{B(x,r)}} \int_{B(X_{s},2r)^{c}} J(X_{s},z) \, dz \, ds$$
$$\geq \frac{c_{9} \mathbb{E}^{y}(t \wedge \tau_{B(x,r)})}{\phi(x,r)} \geq \frac{c_{9} t \mathbb{P}^{y}(\tau_{B(x,r)}>t)}{\phi(x,r)},$$

where in the second inequality we have used the facts that

$$\phi(x,r) \asymp \phi(y,r), \quad |x-y| \le r$$

and

$$\int_{B(x,2r)^c} J(x,z) \, dz \ge c_{10} \Big( \int_{B(x,2) \setminus B(x,2r)} \frac{1}{|x-z|^{d+\alpha(x)}} \, dz + \int_{B(x,2)^c} \frac{1}{|x-z|^{d+\alpha_1}} \, dz \Big) \asymp r^{-\alpha(x)}.$$

Therefore,

$$\mathbb{P}^{y}(\tau_{B(x,r)} > t) \le 1 - \frac{c_{9}t\mathbb{P}^{y}(\tau_{B(x,r)} > t)}{\phi(x,r)}.$$

Taking  $t = c_9^{-1}\phi(x,r)$  so that  $\frac{c_9t}{\phi(x,r)} = 1$ , we obtain that for all  $y \in B(x,r)$ ,

$$\mathbb{P}^y(\tau_{B(x,r)} > t) \le \frac{1}{2}$$

Using the strong Markov property at time mt for m = 1, 2, ...,

$$\mathbb{P}^{x}(\tau_{B(x,r)} > (m+1)t) \le \mathbb{E}^{x}\left(\mathbb{P}^{X_{mt}}(\tau_{B(x,r)} > t); \tau_{B(x,r)} > mt\right) \le \frac{1}{2}\mathbb{P}^{x}(\tau_{B(x,r)} > mt).$$

By induction  $\mathbb{P}^x(\tau_{B(x,r)} > mt) \leq 2^{-m}$ . With this choice of t, we have that for all  $x \in \mathbb{R}^d$  and  $r \in (0,1]$ ,

$$\mathbb{E}^x[\tau_{B(x,r)}] \le c_{11}r^{\alpha(x)}.$$

It is easily seen from (6.4) that for all  $x, x_0 \in \mathbb{R}^d$  and t > 0,

$$\mathbb{P}^x(X_t \in B(x_0, r)) \le c_{12} r^d t^{-d/\alpha_1}$$

For  $r \ge 1$ , taking  $t = (2c_{12})^{\alpha_1/d} r^{\alpha_1}$  so that  $c_{12}r^d t^{-d/\alpha_1} = 1/2$ , we find that

$$\mathbb{P}^x(\tau_{B(x_0,r)} > t) \le \mathbb{P}^x(X_t \in B(x_0,r)) \le \frac{1}{2}$$

Using the strong Markov property of X again, we arrive at that for all  $x, x_0 \in \mathbb{R}^d$ ,  $\mathbb{P}^x(\tau_{B(x_0,r)} > kt) \leq 2^{-k}$  and so for all  $x \in \mathbb{R}^d$  and r > 1,

$$\mathbb{E}^x[\tau_{B(x,r)}] \le c_{13}r^{\alpha_1}.$$

(ii) This follows immediately from Proposition 5.1 and the assertion (i).

(iii) EHR holds by [BKK, Theorem 3.1]. On the other hand, as we noted in (6.3),  $J_{\phi}$  holds, while  $E_{\phi}$  is established in (i). Thus according to Propositions 4.5–4.7, we have  $FK(\phi)$ ,  $PI(\phi)$  and  $CSJ(\phi)$  for this symmetric non-local Dirichlet form. The desired conclusion now follows from Corollary 1.12.

Acknowledgement. We thank the referee for helpful comments on the paper.

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