

1 Insulin-like Growth Factor 1 Promotes the Extension of Tracheal
2 Epithelium in an *in Vitro* Tracheal Organ Culture Model

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3

4 **Abstract**

5 OBJECTIVE: Rapid epithelialization is crucial to maintain tracheal patency and prevent
6 potential graft failure in tracheal reconstruction after tracheal resection for cancer with
7 tracheal infiltration or tracheal stenosis. Insulin-like growth factor 1 is a liver-secreted
8 endocrine molecule that controls cell proliferation, differentiation, and apoptosis and has
9 been reported to promote epithelialization in several organs. Here, we utilized mouse tracheal
10 organ cultures to examine the effect of insulin-like growth factor 1 on tracheal
11 epithelialization.

12 METHODS: The trachea was resected from thirteen-week-old female ICR mice, and cut into
13 small plate-shaped tracheal sections. First, the expression of insulin-like growth factor 1
14 receptor was assessed by immunohistochemistry. Secondly, the tracheal sections were
15 cultured for seven days in the culture medium, and the morphological change during the
16 seven-day culture was assessed by immunohistochemistry, hematoxylin and eosin staining,
17 and scanning electron microscopy. Moreover, the tracheal sections were cultured for 48 hours
18 with different concentration of insulin-like growth factor 1 (0, 0.1, 1 and 10 $\mu\text{g}/\text{mL}$) in the

19 culture medium, and the extension length of the tracheal epithelium during culture was
20 measured in order to assess the effect of topical IGF1 on tracheal epithelialization.

21 RESULTS: Immunohistochemistry showed that insulin-like growth factor 1 receptor was
22 expressed in tracheal epithelium. Immunohistochemistry, hematoxylin and eosin staining, and
23 scanning electron microscopy showed that the tracheal organ cultures were stable for at least
24 seven days without apparent morphological damage. The effect of insulin-like growth factor
25 1 on tracheal epithelialization was examined in plate-shaped tracheal sections cultured in
26 medium supplemented with or without insulin-like growth factor 1 for 48 hours. We also
27 found that the epithelial edge of plate-shaped tracheal sections extended further along the
28 surface of the tracheal section in culture medium containing insulin-like growth factor 1
29 compared with that in culture medium without insulin-like growth factor 1.

30 CONCLUSION: The current study using an *in vitro* mouse tracheal organ culture model
31 demonstrated that topical insulin-like growth factor 1 treatment promoted the extension of
32 tracheal epithelium, suggesting the potential utility of insulin-like growth factor 1 in aiding
33 rapid tracheal epithelialization in patients requiring tracheal reconstruction using tissue-
34 engineered tracheas.

35

36 **Key words:**

37 insulin-like growth factor-1; organ culture; re-epithelialization; regeneration; trachea

39 **Introduction**

40 Trachea is a tubular organ that has a U-shaped structure comprising hyaline cartilage in
41 the anterior and lateral walls, with important functions related to respiration and vocalization.
42 Total or partial tracheal resection is often necessary in cases of thyroid or laryngeal cancer
43 with tracheal infiltration or stenosis and of tracheal cancer. In such cases, direct anastomosis
44 after resection can be an appropriate procedure if the size of the resected tracheal section is
45 small; however, high mechanical tension at the site of anastomosis can lead to severe and
46 fatal postoperative complications such as anastomotic dehiscence (1). Thus, airway
47 reconstruction is necessary if the resected tracheal length is >6 cm (2) or longer than half of
48 the tracheal length in adults or one-third of the tracheal length in children (3, 4).

49 During the reconstruction of tubular organs including the trachea, epithelialization is
50 crucial to maintain organ patency because the lack of an epithelial cell layer can lead to the
51 over-proliferation of the underlying fibroblast layer and can result in stricture formation,
52 stenosis, and potential graft failure (5). In addition, the tracheal epithelium plays an important
53 role in mucus clearance and infection prevention (6, 7). In fact, the formation of the
54 respiratory epithelium is considered a key component of therapies such as those using tissue-
55 engineered tracheas (TETs) (2). The key components in TET are reproducible cell lines with
56 the potential for generating respiratory epithelium and a scaffold for the reproduction of the

57 structural frame (8). Several clinical studies using TETs since 2004 showed promising results
58 for the repair of long-segment tracheal defects (9). However, clinical studies reported that
59 approximately two months were needed for the epithelialization of the transplanted TETs (10,
60 11). Thus, rapid epithelialization should be aimed for prompt stabilization of the graft and
61 prevention of postoperative complications such as infection and stenosis.

62 Insulin-like growth factor 1 (IGF1) is a liver-secreted endocrine molecule that controls
63 cell proliferation, differentiation, and apoptosis through paracrine and autocrine mechanisms
64 (12, 13). We previously showed that local IGF1 applications using hydrogel protected
65 cochlear hair cells from noise trauma in rats (14) and ischemic injury in gerbils (15). We also
66 reported that IGF1 inhibited hair cell apoptosis and promoted cell cycle of supporting cells in
67 the cochlea after pharmacological hair cell injury in mice (16). Based on these results, we
68 conducted clinical trials of topical IGF1 therapy for idiopathic sudden sensorineural hearing
69 loss in humans to demonstrate its efficacy and safety (17). Importantly, IGF1 was reported to
70 promote epithelialization in several organs. For example, IGF1 exerted mitogenic and
71 motogenic effects on keratinocytes *in vitro* and *in vivo* (18) and promoted gastric re-
72 epithelialization and proliferation *in vitro* (19). Furthermore, IGF1 was reported to induce cell
73 proliferation in primary cultures of canine and murine tracheal epithelial cells via a mitogenic
74 response mediated by IGF1 receptors (20, 21). However, no studies to date have shown that
75 IGF1 affected tracheal epithelial cells in tissue or organ cultures. The tracheal organ culture
76 (TOC) system has been commonly used to study the host–pathogen interactions (22, 23). In

77 the TOC system, the respiratory epithelium is reported to remain viable for at least 120 hours,
78 as assessed by ciliary movement and tissue morphology (24). In addition, TOC has the
79 advantage over cell culture in that it mimics the natural state more closely and can be used for
80 *in vitro* investigation of morphological and functional alterations in the respiratory epithelium
81 (24).

82 Our goal is to promote tracheal epithelialization in transplanted TETs in clinical cases. In
83 this study, in order to explore the future possibility of using IGF1 as a clinically applicable
84 drug promoting tracheal epithelialization, we assessed the effect of IGF1 on epithelialization
85 of the trachea using mouse TOCs.

86

87 **Materials and Methods**

88 **Animals**

89 Thirteen-week-old female ICR mice were purchased from SLC Japan (Hamamatsu, Japan).
90 All animal procedures were approved by the Animal Research Committee of the Graduate
91 School of Medicine at ***** University (***** 16080-3).

92

93 **Tracheal resection and explant preparation**

94 Immediately after the mice were euthanized using 100% carbon dioxide, the skin on the
95 anterior neck of mice was incised and the trachea was immediately resected from the level of
96 the cricoid to the carina (Figure 1a). The resected trachea was dissected in a plane
97 perpendicular to the long axis of the trachea at a thickness of approximately two tracheal
98 rings to obtain several ring-shaped tracheas (Figure 1b). Next, the membranous portion was
99 removed from the ring-shaped trachea (Figure 1b, dashed lines), and the remaining
100 cartilaginous section was cut into quarters in a plane parallel to the long axis of the trachea
101 (Figure 1b, solid lines). The final plate-shaped tracheal section is shown in Figure 1c.

102

103 **Tracheal organ cultures**

104 TOCs were prepared with modifications to a previously reported protocol (25). Briefly, the
105 mouse tracheal explants were washed three times in Hank's balanced salt solution containing
106 100 U/ml penicillin and 100 µg/mL streptomycin (Wako, Osaka, Japan) and cultured in
107 Dulbecco's modified eagle's medium/F-12 (Nacalai Tesque, Kyoto, Japan) supplemented
108 with 1% glutamax (Invitrogen, Carlsbad, CA, USA), 100 U/ml penicillin, and 100 µg/mL
109 streptomycin (Wako) at 37°C in a humidified 5% CO₂ atmosphere. One to four tracheal
110 sections (Figure 1c) were cultured in 300 µl of the culture medium described above in each
111 well of a 24-well culture plate (Product Number: 3820-024, AGC TECHNO GLASS,
112 Shizuoka, Japan). The culture medium was changed daily.

113

114 **IGF1 treatment**

115 To examine whether IGF1 affected growth of the tracheal epithelial cells, after 24 hours of
116 preculture, plate-shaped tracheal sections (Figure 1c) were divided into four groups and
117 different concentrations of IGF1 (0 [control], 0.1, 1, and 10 $\mu\text{g}/\text{mL}$; Orphan-Pacific Pharma,
118 Tokyo, Japan) was administered in culture medium (Figure 2). There were six mice in each
119 group. The culture medium was exchanged daily. After 48 hours of treatment with different
120 concentrations of IGF1, the explants were examined by immunohistochemistry as described
121 below to assess the effect of IGF1 on tracheal epithelialization. For the quantification of the
122 IGF1 effects other than the extension length of the epithelia, we collected data from samples
123 treated with 1 $\mu\text{g}/\text{mL}$ of IGF1.

124

125 **Immunohistochemistry and hematoxylin and eosin staining**

126 The tracheal explants were fixed with 4% paraformaldehyde at 4°C for one hour, immersed
127 in 30% sucrose in 0.1 M phosphate-buffered saline overnight, embedded in optimal cutting
128 temperature compound (Sakura Finetek USA, Torrance, CA, USA), sectioned at 10- μm , and
129 mounted on adhesive glass slides (MAS-01 15; Matsunami Glass, Osaka, Japan). For
130 immunohistochemistry, the specimens were incubated with the following primary antibodies
131 at 4°C overnight: mouse monoclonal anti-acetylated Tubulin (1:500, Catalog # T7451,

132 Sigma-Aldrich, St. Louis, MO, USA), rabbit anti-IGF-1 receptor β (1:100, Catalog # 3027S,
133 Cell Signaling Technology, Danvers, MA, USA) with or without IGF-1 Receptor β blocking
134 peptide (1:50, Catalog # 1525, Cell Signaling Technology), rat anti-mouse E-cadherin
135 (1:1000, Code # M108, TaKaRa Bio USA, Mountain View, CA, USA), or rabbit monoclonal
136 anti-Ki-67 (1:500, Catalog # MA5-14520, Invitrogen). For evaluating the reactive specificity
137 of rabbit anti-IGF-1 receptor β antibody, IGF-1 Receptor β blocking peptide (1:50, Catalog #
138 1525, Cell Signaling Technology) or phosphate-buffered saline (PBS) was mixed with the
139 primary antibody solution containing rabbit anti-IGF-1 receptor β antibody and incubated for
140 1 hour at room temperature before incubation with specimens. The specimens were
141 subsequently incubated with the following secondary antibodies for one hour at room
142 temperature: Alexa 568-conjugated anti-mouse IgG (Life Technologies, Carlsbad, CA),
143 Alexa 488- or 594-conjugated anti-rabbit IgG (Life Technologies), or Alexa 488- or 568-
144 conjugated anti-rat IgG (Life Technologies) antibodies. Cell nuclei and actin filaments were
145 counterstained with 4',6-diamidino-2-phenylindole dihydrochloride (DAPI; Invitrogen) and
146 Alexa 633-labeled phalloidin (Catalog # A22284, Invitrogen), respectively. Fluorescent
147 images were acquired with a Leica TCS SPE microscope (Leica Microsystems, Wetzlar,
148 Germany). For hematoxylin and eosin (H&E) staining, the specimens were stained with
149 Mayer's hematoxylin solution (Wako) and Eosin Alcohol Solution, acid extract (Wako).
150 Images were captured using an Olympus DP70 digital camera (Olympus, Tokyo, Japan) on
151 an Olympus BX50 microscope (Olympus).

152

153 **Measurement of tracheal epithelial extension**

154 Tracheal epithelial extension length was determined in the immunofluorescent images by E-
155 cadherin staining acquired with a Leica TCS SPE microscope with a 10x objective lens
156 (Leica Microsystems) in the middle section of a plate-shaped tracheal section (Figure 1c,
157 dashed line). We measured the tracheal epithelial extension from the edge of the tracheal
158 cartilage prepared before culture. The starting points of the measurement were identified in
159 images (Figures 1d and 6c) as the point on the luminal surface of the epithelium crossed by
160 the straight line (dotted lines in Figures 1d and 6c). This line is perpendicular to the
161 adventitial surface line (dashed lines in Figures 1d and 6c) of the tracheal cartilage and
162 attaches to the cartilage edge. We used ImageJ (National Institutes of Health, Bethesda, MD,
163 USA) for the measurement (Figures 1d and 6c, x or y). The sum of the measures on both
164 sides (Figure 1d and 6c, x + y) was defined as the extension length of the tracheal epithelium.
165 The data from one mouse were the averaged extension lengths from one to four plate-shaped
166 tracheal sections from the mouse.

167

168 **Definition of the cell proliferation ratio in extended tracheal epithelium**

169 The cross-sectional area of the extended tracheal epithelium was defined as the E-cadherin-
170 immunostained area from the original edge of the epithelium to the edge of the extended

171 epithelium, as described above. The cell proliferation ratio in extended tracheal epithelium
172 was defined as the ratio of the number of Ki67-positive cells to the number of DAPI-positive
173 cells in extended tracheal epithelium.

174

175 **Definitions of average width, thickness, and cross-sectional area of cells in the extended**
176 **tracheal epithelium during explant culture**

177 In an image acquired with a Leica TCS SPE microscope with a 20x objective lens (Leica
178 Microsystems). The area of extended tracheal epithelium was enclosed with a polygonal line
179 and measured by using area measurement function of ImageJ. A scheme of the average width
180 and thickness, and the average area of an epithelial cell is shown in Figure 1e.

181 1. The average width of an epithelial cell in the extended tracheal epithelium was calculated
182 by dividing the cross-sectional area of the extended tracheal epithelium by the number of
183 DAPI-positive cells in the extended tracheal epithelium.

184 2. The average thickness of the extended epithelium was calculated by dividing the cross-
185 sectional area of the extended tracheal epithelium by the extension length of the tracheal
186 epithelium.

187 3. The average area of an epithelial cell in the extended tracheal epithelium was calculated
188 by dividing the cross-sectional area of the extended tracheal epithelium by the number of
189 DAPI-positive cells in the extended tracheal epithelium.

190

191 **Scanning electron microscopy**

192 Tracheal tissue before and after seven days in organ cultures was observed by scanning
193 electron microscopy to examine the morphology of cilia. Briefly, the tissues were fixed with
194 4% paraformaldehyde containing 2% glutaraldehyde in phosphate buffer at 4°C overnight.
195 Next, the samples were dehydrated, dried by the critical-point drying method, and coated
196 with a thin layer of platinum-palladium. The specimens were examined using a scanning
197 electron microscope (S-4700; Hitachi, Tokyo, Japan).

198

199 **Statistical analysis**

200 Comparison of the extension length of the tracheal epithelium among the four groups was
201 analyzed using the single-factor ANOVA followed by Holm–Sidak's multiple comparisons
202 test. Comparison of cell proliferation and cell morphology of extended tracheal epithelium
203 during organ culture between control samples and samples with 1 µg/mL of IGF1 was
204 performed by the paired *t*-test. Differences with a $p < 0.05$ were considered statistically
205 significant. All numerical data were presented with mean \pm standard error of the mean.

206

207 **Results**

208 **IGF1 receptor is expressed in the tracheal epithelium of mouse tracheal organ cultures**

209 The IGF1 receptor was reported to be expressed in the respiratory epithelium (26). In order to
210 confirm the expression of the IGF1 receptor in the tracheal epithelium of mice, we first
211 examined the IGF1 receptor expression levels in tracheal epithelium by
212 immunohistochemistry ($n = 4$). We observed IGF1 receptor immunoreactivity in all types of
213 cells of the tracheal epithelium, as indicated by E-cadherin immunostaining, including
214 ciliated, secretory, and basal cells, in four different mice (Figure 3a-d). The immunoreactive
215 signal of the IGF1 receptor was remarkably decreased when we added the blocking peptide in
216 the primary antibody solution (Figure 3e-h), indicating the signal was specific to the IGF1
217 receptor. The findings suggested that all types of tracheal epithelial cells expressed the IGF1
218 receptor.

219

220 **The morphology of the mouse tracheal organ cultures are preserved for seven days**

221 We next determined whether TOCs were stable over a number of days by comparison of the
222 histological features of the plate-shaped tracheal sections (Figure 1b) before and seven days
223 after the initiation of organ culture (Figures 2 and 4). We found that the layered structure of
224 the sections, including the epithelium, basal membrane, and tracheal cartilage, determined by
225 H&E staining (a and a' in Figure 4), was preserved at both time points in four different mice.
226 In addition, the intercellular junctions between the tracheal epithelial cells were also

227 maintained throughout the seven days, as shown by E-cadherin immunostaining (b and b' in
228 Figure 4). Acetylated tubulin immunostaining (c and c' in Figure 4) and scanning electron
229 microscopy (d and d' in Figure 4) revealed that the morphology of the cilia was retained at
230 seven days after the initiation of organ culture in four different mice. These findings
231 suggested that the mouse TOCs were stable for at least seven days with no apparent
232 morphological damage.

233

234 **The tracheal epithelium extends along the surface of the mouse tracheal organ cultures**

235 Next, we evaluated the growth of tracheal epithelium in mouse TOCs by assessing the
236 epithelium of the plate-shaped tracheal sections before (Figure 5) and seven days after the
237 initiation of organ culture (Figure 6a and 6b) by immunohistochemistry and H&E staining.
238 The tracheal epithelium was observed on the mucosal side of the explant before culture as
239 determined by the E-cadherin staining (Figure 5). In contrast, the tracheal epithelium was
240 present on the adventitial side of the explant as well as on the mucosal side after 7-day organ
241 culture (arrowheads in Figure 6a and 6b). Similar results were found in four different mice.
242 These findings suggested that the edge of the tracheal epithelium extended along the surface
243 of the plate-shaped tracheal sections and surrounded the tracheal cartilage during the seven
244 days of culturing.

245

246 **IGF1 induces tracheal epithelial growth in mouse tracheal organ cultures**

247 We next determined the effect of topical IGF1 on the growth of tracheal epithelium in our
248 mouse TOCs using six mice. After 48 hours following treatment with or without IGF1, the
249 length of tracheal epithelial extension ($x + y$ in Figure 1d and 6c) was significantly higher in
250 the plate-shaped tracheal sections treated with 0.1, 1, and 10 $\mu\text{g/mL}$ of IGF1 compared with
251 the control sections ($p = 0.0329, 0.0028, \text{ and } 0.0329$, respectively) (Figure 6d). Overall, these
252 results suggested that IGF1 was effective in tracheal epithelial growth in mouse TOCs.

253

254 **IGF1 effect on cell proliferation and cell morphology of the tracheal epithelium**

255 To elucidate the mechanism by which topical administration of IGF1 promotes tracheal
256 epithelium extension in our explant culture model, we next examined cell proliferation in the
257 extended tracheal epithelium. We found that the cell proliferation ratio in extended tracheal
258 epithelium was $27.5 \pm 6.7\%$ and $15.5 \pm 3.7\%$ ($n = 4$ each) in control and experimental
259 samples, respectively (Figure 7a). Statistical analysis found no significant differences
260 between the two groups (paired t-test, $p = 0.13$).

261 Next we examined whether topical administration of IGF1 promoted the increase in epithelial
262 cell numbers during explant culture. The cell number in extended tracheal epithelium in one
263 tracheal piece were 42.3 ± 7.0 and 59.0 ± 13.0 ($n = 4$ each) in control and experimental

264 samples, respectively) (Figure 7b). Statistical analysis found no significant differences
265 between the two groups (paired *t*-test, $p = 0.19$).

266 Lastly, to assess the effect of IGF1 on the morphology of each epithelial cell during
267 epithelium extension, we calculated the average width, thickness, and cross-sectional area of
268 cells in the extended tracheal epithelium. The average width, thickness, and cross-sectional
269 area of an epithelial cell along the surface of the control and experimental tracheal sections
270 were 12.2 ± 1.0 and $14.6 \pm 1.3 \mu\text{m}$, 7.7 ± 1.2 and $8.0 \pm 0.3 \mu\text{m}$, and 94.2 ± 9.2 and $115.1 \pm$
271 $8.0 \mu\text{m}^2$ ($n = 4$ each), respectively (Figure 7c-e). There were no significant differences in
272 width, thickness, and cross-sectional area between control and experimental samples with 1
273 $\mu\text{g/mL}$ of IGF1 (paired *t*-test, $p = 0.23$, 0.78 , and 0.27 , respectively).

274

275 **Discussion**

276 In the present study, we determined whether IGF1 induced tracheal epithelialization by
277 assessing the extension of the epithelial edge to surround the tracheal cartilage surface of
278 plate-shaped tracheal sections in an *in vitro* mouse TOC model. In this first report
279 investigating IGF1-mediated epithelialization of the trachea in an organ culture model, we
280 demonstrated that treatment with 0.1, 1 and 10 $\mu\text{g/mL}$ of IGF1 promoted the epithelial
281 extension.

282

283 **Injury model of tracheal epithelialization**

284 To evaluate the rate of tracheal epithelialization, we cultured plate-shaped tracheal sections
285 for 48 hours prior to evaluating epithelial extension from the cutting edge of the tracheal
286 section. An advantage of this approach is the ability to evaluate the effect of IGF1 on tracheal
287 epithelialization in the absence of tracheal injury. Numerous studies investigating tracheal
288 epithelialization utilized animal models of tracheal injury such as chemical injury by sodium
289 hydroxide (25), hydrochloric acid (27), sulfur dioxide (28), or chlorine gas (29) and
290 mechanical injury by a scalpel (25) or a steel wire brush (30). However, none of these
291 methods are able to create a consistent or stable tracheal injury, which hinders replicating the
292 same condition across different samples. The method we used in this study allowed
293 maintenance of experimental conditions that were consistent across culture sections as the
294 injury to the tracheal intraluminal surface was unnecessary. This method only requires the
295 preparation uniformly sized tracheal sections with a micro-scalpel or scissors from the adult
296 mouse trachea. Additionally, the quantification of the rate of tracheal epithelialization is
297 simple because only the length of the tracheal epithelium extending from the cutting edge
298 was measured. This approach can be applied to experiments to examine the effect of different
299 drugs or growth factors other than IGF1 on the extension of the tracheal epithelium.

300

301 **Effect of IGF1 on the tracheal epithelium through the IGF1 receptor**

302 It has been reported that activation of the IGF1 receptor by IGF1 is implicated in cell survival,
303 growth, differentiation, and migration in epithelial and mesenchymal tissues (19, 31, 32). As
304 the IGF1 receptor is reported to be expressed in the respiratory epithelium (26), we first
305 confirmed the expression of the IGF1 receptor in every cell type of the tracheal epithelium. In
306 this study, topical administration of IGF1 promoted tracheal epithelium extension from the
307 cutting edge of the tracheal section during organ culture, which we think was mediated by
308 binding between IGF1 and the IGF1 receptor. Although the previous study (26) showing the
309 expression of IGF1 receptor in the respiratory epithelium demonstrated that IGF1 receptor
310 was related to carcinogenesis due to smoking, it didn't show that IGF1 affected on the
311 extension of the respiratory epithelium. Thus, the novelty of our study is that we first
312 revealed that IGF1 promotes the tracheal epithelium extension. Our analysis of the cellular
313 morphology of the extended tracheal epithelium did not clearly reveal the underlying
314 mechanism of this effect of IGF1; neither cell number nor cell width was shown to
315 significantly contribute to the promotion of tracheal epithelium extension. Topical
316 administration of IGF1 was reported to induce cell migration and proliferation *in vitro* in a
317 study using a rat gastric mucosal epithelial cell line (19) and to increase the olfactory
318 epithelium proliferation an *in vivo* mouse model (33). In our present study, on the other hand,
319 the ratio of Ki67-positive cells in the extended tracheal epithelium in IGF1-treated samples
320 was not higher than that in control samples; rather, it tended mildly to be lower in the IGF1
321 group than in the control group, which may suggest that topical administration of IGF1

322 suppresses proliferation of the tracheal epithelium in organ culture. The re-epithelialization of
323 the tracheal epithelium after mechanical injury has several steps (34). The first step is
324 spreading and migration of basal cells without cell proliferation, followed by a repair process
325 with cell proliferation. The process of tracheal epithelium extension in our culture model
326 includes the spreading and migration of epithelial cells both with and without cell
327 proliferation. Therefore, the promotion of tracheal epithelium extension by topical
328 administration of IGF1 in the present study may have been induced not through increased
329 proliferation of epithelial cells, but through other mechanisms, such as spreading of epithelial
330 cells. That is, our results may suggest that in our experimental model IGF1 doesn't promote
331 proliferation of epithelial cells, which was reported in the previous *in vitro* study (20, 21), but
332 rather promotes spreading and migration of tracheal epithelial cells without cell proliferation.

333

334 **Difference between natural injury and our *in vitro* model**

335 The results of the current study should be interpreted carefully. The trajectory of the tracheal
336 epithelium extending from the cutting edge in this study may not be identical to that
337 occurring during the regeneration of injured tracheal epithelium *in vivo*. During tracheal
338 wound healing, if the wound is superficial and does not reach the basal membrane, the
339 surface epithelium can regenerate through proliferation and differentiation of basal cells that
340 have a high proliferative capacity (35). If the tissue injury is severe and involves both the
341 epithelial cells and the submucosal layer, healing requires the deposition of collagen as well

342 as regeneration, leading to scar formation (35). In this study, in order to evaluate
343 epithelialization, we created a sharp cutting edge from the epithelial layer through the
344 tracheal cartilage. However, such injury may be different from natural injuries, including
345 superficial epithelial wounding or damage to both epithelial cells and the submucosal layer.
346 Furthermore, epithelialization from the cutting edge to the backside of the tracheal lumen
347 during culture may be different from the physiological re-epithelialization of injured tracheal
348 epithelium *in vivo*. Therefore, the current results may not directly demonstrate the IGF1-
349 mediated promotion of epithelialization which could be utilized in clinical use. In order to
350 confirm clinical effects of IGF1 on injured tracheal epithelium, it is necessary in the future to
351 assess the IGF1 effect on re-epithelialization of tracheal lumen using its injury model. Our
352 findings in mouse TOCs, however, clearly demonstrated that IGF1 led to a significantly more
353 efficient tracheal epithelial extension compared to the control treatment. Thus, our easy-to-
354 prepare *in vitro* experimental model is useful for screening drugs or growth factors that might
355 be capable of regenerating the tracheal epithelium.

356

357 **Topical administration of IGF1 for tracheal epithelialization in clinical use**

358 Many strategies other than drug treatment were reported for tracheal epithelialization in TETs.
359 Such approach includes the modification of tissue-engineered scaffolds with optimally
360 concentrated collagen sponges (36, 37) or with collagen vitrigel (38, 39). Another technique
361 is the use of specific cells including fibroblasts (39, 40) and adipose-derived stem cells (41)

362 in combination with the scaffolds. In addition, Tani *et al.* examined the effect of basic
363 fibroblast growth factor (bFGF) in tracheal epithelialization in a rat model (42). The authors
364 laid collagen vitrigel-sponge scaffolds containing bFGF onto tracheal defects in rats and
365 showed that bFGF promoted epithelial regeneration of the scaffold. They showed the
366 regenerative effect of bFGF quantitatively based on the percentage of ciliated cells among
367 regenerative epithelial cells and the extent of neovascularization in the regenerative
368 subepithelial layer. Combination of these strategies with IGF1 treatment might further
369 enhance the regeneration of tracheal epithelium.

370

371 **Conclusion**

372 The current study using an *in vitro* mouse TOC model demonstrated that topical IGF1
373 treatment promoted the extension of tracheal epithelium. The result suggested the potential
374 utility of IGF1 in aiding rapid tracheal epithelialization in patients requiring tracheal
375 reconstruction using TETs. In addition, the *in vitro* experimental system used in the current
376 study is an easy-to-implement and useful method for screening drugs or substances that can
377 promote epithelialization of the trachea.

378

379 **Author contributions**

380 IK, HO, KY, TN, KO, and NY designed and conceived the experiments. IK, KY, and HO
381 performed the experiments. IK and KY acquired confocal images. IK analyzed the data. IK,
382 HO, MY, and NY wrote the manuscript. KO and MY obtained funding.

383

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392

393 **Disclosure Statement**

394 The authors declare that there is no conflict of interest.

395

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501

502 **Figure legends**

503 Figure 1. Tracheal resection and organ culture preparation. (a) The trachea from the level of
504 the cricoid to the carina was resected from mice (a yellow box). TC, thyroid cartilage; CC,
505 cricoid cartilage. (b) The resected trachea was dissected into ring-shaped trachea sections
506 with a thickness of approximately two tracheal rings. The membranous portion of the ring-
507 shaped trachea was dissected, shown by two dashed lines. The cartilaginous portion of the
508 trachea was cut at three solid lines, resulting in four sections. MP, membranous portion. (c) A
509 plate-shaped tracheal section which was cut from the cartilaginous portion of the ring-shaped
510 trachea. The dashed line indicates the midline of the section, which was used for evaluation
511 of the growth of the tracheal epithelium in organ culture. (d) Scheme of a tracheal section in a
512 cross-sectional view before and after explant culture. The two blue dots show original edges
513 of the epithelium before culturing and the starting points to measure the extension of tracheal
514 epithelia. These points are defined as the points on the luminal surface of the epithelium
515 crossed by the straight line (dotted lines). This line is perpendicular to the adventitial surface
516 line (dashed lines) of the tracheal cartilage and attaches to the cartilage edge. The sum of the
517 extended length in both directions ($x + y$) is defined as the extension length of the tracheal
518 epithelium. (e) Scheme of a green box area in Figure 1d. Images of the width, thickness, and
519 cross-sectional area of a cell in the extended tracheal epithelium are shown. Scale bar, 1 mm
520 (a and b) and 200 μm (c)

521

522 Figure 2. The schematic overview of tracheal organ culture. The plate-shaped tracheal
523 sections (Figure 1c) were evaluated by H&E staining, IHC, and SEM before initiating the
524 culture and after seven days without IGF1 treatment to show the quality of the cultured
525 tracheal sections. To evaluate the effect of IGF1 on tracheal epithelial growth, the tracheal
526 epithelial extension during organ culture was evaluated by H&E staining and IHC before
527 starting the culture and after 48 hours of treatment with or without IGF1. H&E, hematoxylin
528 and eosin; IGF1, insulin-like growth factor 1; IHC, immunohistochemistry; SEM, scanning
529 electron microscope

530

531 Figure 3. Expression of the IGF1 receptor in tracheal epithelium. The IGF1 receptor
532 expression in tracheal epithelia was examined by immunohistochemistry. The tracheal
533 sections were co-stained with antibodies against IGF1 receptor (a, e), E-cadherin (for tracheal
534 epithelium; b, f), and phalloidin (for actin filaments; c, g). Phosphate-buffered saline (PBS)
535 (a-d) or IGF-1 Receptor β blocking peptide (e-h) was mixed with the primary antibody
536 solution containing rabbit anti-IGF-1 receptor β antibody. The IGF1 receptor expression is
537 detected in the tracheal epithelium, as shown in the merged image (d), but not detected when
538 blocking peptide was administered (h). IGF1, insulin-like growth factor 1; TE, tracheal
539 epithelium; SM, submucosa; TC, tracheal cartilage. Scale bar, 20 μ m

540

541 Figure 4. Histological findings before and after tracheal organ culture. H&E staining images
542 (a, a') are shown by cartilage cross-section view, and the surface of the tracheal lumen was
543 captured by immunostaining (b, b', c, c') and SEM images (d, d'). (a), (b), (c) and (d) Images
544 from the tissue before starting the culture. (a'), (b'), (c') and (d') Images from the tissue after
545 7-day organ cultures. The tissue structure of the trachea including the epithelium, basal
546 membrane, and tracheal cartilage is shown by H&E staining (a, a'). E-cadherin
547 immunostaining (b, b') shows that the epithelial layer is preserved. The acetylated tubulin
548 immunostaining (c, c') and scanning electron microscopy (d, d') show that morphology of
549 tracheal cilia is retained in 7-day organ cultures. Scale bar, 1 μm (d, d') and 10 μm (a, a', b,
550 b', c, c'). H&E, hematoxylin and eosin

551

552 Figure 5. Evaluation of the epithelium of the plate-shaped tracheal sections before starting
553 culture. The epithelial cell layer is indicated as the darkly stained area by H&E staining on
554 the surface of the plate-shaped tracheal section (a, a'), and the intercellular space between
555 epithelial cells is immunostained with the anti-E-cadherin antibody and counterstained with
556 DAPI (b, b'). The white boxes in a and b are magnified in a' and b', respectively. H&E,
557 hematoxylin and eosin; TE, tracheal epithelium; TC, tracheal cartilage. Scale bar, 100 μm (a,
558 b) and 10 μm (a', b')

559

560 Figure 6. Evaluation of the epithelium of the plate-shaped tracheal section after seven days in
561 organ culture, and extension of the epithelial cell layer in tracheal organ cultures treated with
562 or without IGF1 for 48 hours. (a) (b) After seven days of organ culture, the epithelial cell
563 layer, indicated by H&E staining (a) and E-cadherin immunostaining (b), is found on the
564 entire surface of the plate-shaped tracheal section (arrowheads in a and b, b', and b''). The
565 two white boxes in b are magnified in b' and b''. (c) After 48 hours of organ culture, the edge
566 of the epithelial cell layer, indicated by E-cadherin staining, extends along the surface of the
567 plate-shaped tracheal section. The extension length of the tracheal epithelium ($x + y$) is
568 calculated in each tracheal section. (d) The tracheal epithelial growth is significantly better in
569 organ cultures treated with 0.1, 1, or 10 $\mu\text{g}/\text{mL}$ IGF1 compared with those not treated with
570 IGF1 (control). The data are expressed as means \pm standard error of the mean. $*p < 0.05$, $**p$
571 < 0.01 , single-factor ANOVA followed by Holm–Sidak's multiple comparisons test, analysis
572 of variance; H&E, hematoxylin and eosin; IGF1, insulin-like growth factor 1; TE, tracheal
573 epithelium; TC, tracheal cartilage. Scale bar, 100 μm (a, b), 10 μm (b', b''), and 100 μm (c)
574

575 Figure 7. Comparison of cell proliferation and cell morphology of the extended tracheal
576 epithelium during organ culture between control and IGF1 treated samples. (a) Ratio of Ki67
577 positivity in DAPI-positive cells. (b) Number of epithelial cells that are positive for DAPI
578 staining. (c) Average width of an epithelial cell in the extended tracheal epithelium. (d)
579 Average thickness of the extended tracheal epithelium. (e) Average area of an epithelial cell

580 in the extended tracheal epithelium. The data are expressed as mean \pm standard error of the
581 mean. The numbers within bars show the numbers of mice in each sample group. Differences
582 with $p < 0.05$ were considered statistically significant.

Figure 1

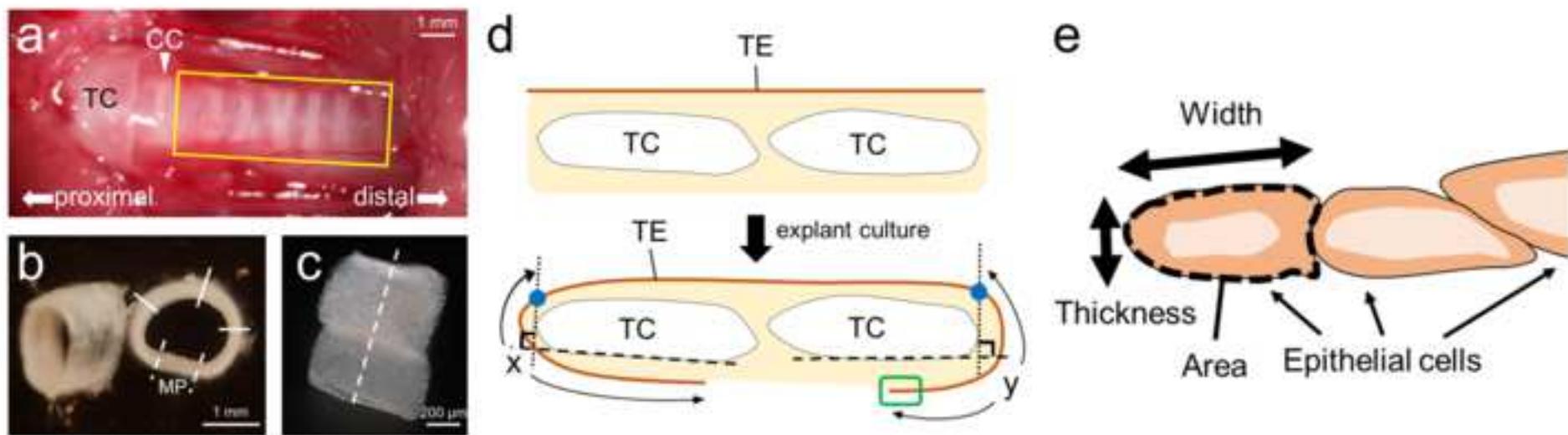


Figure 2

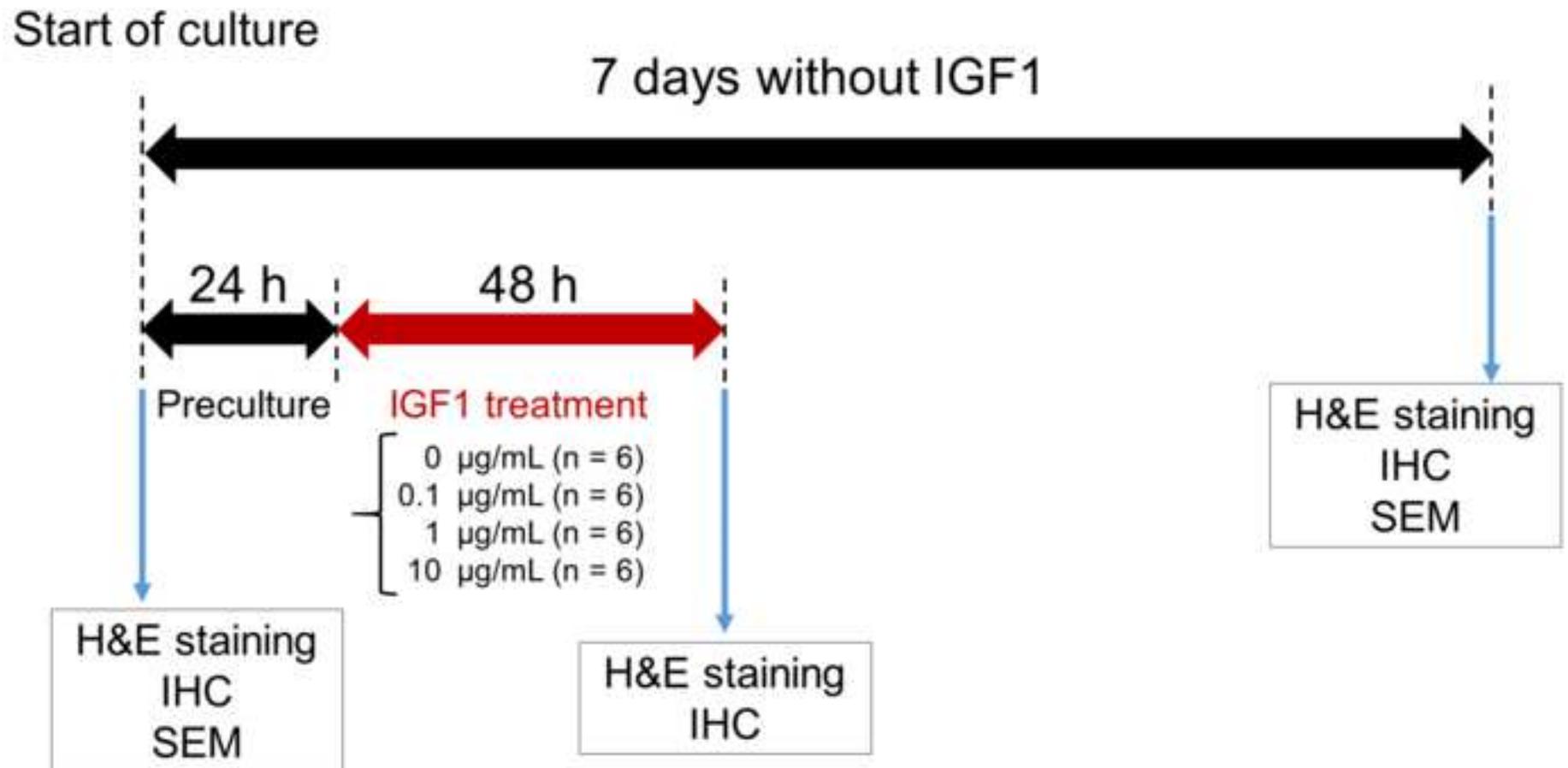


Figure3

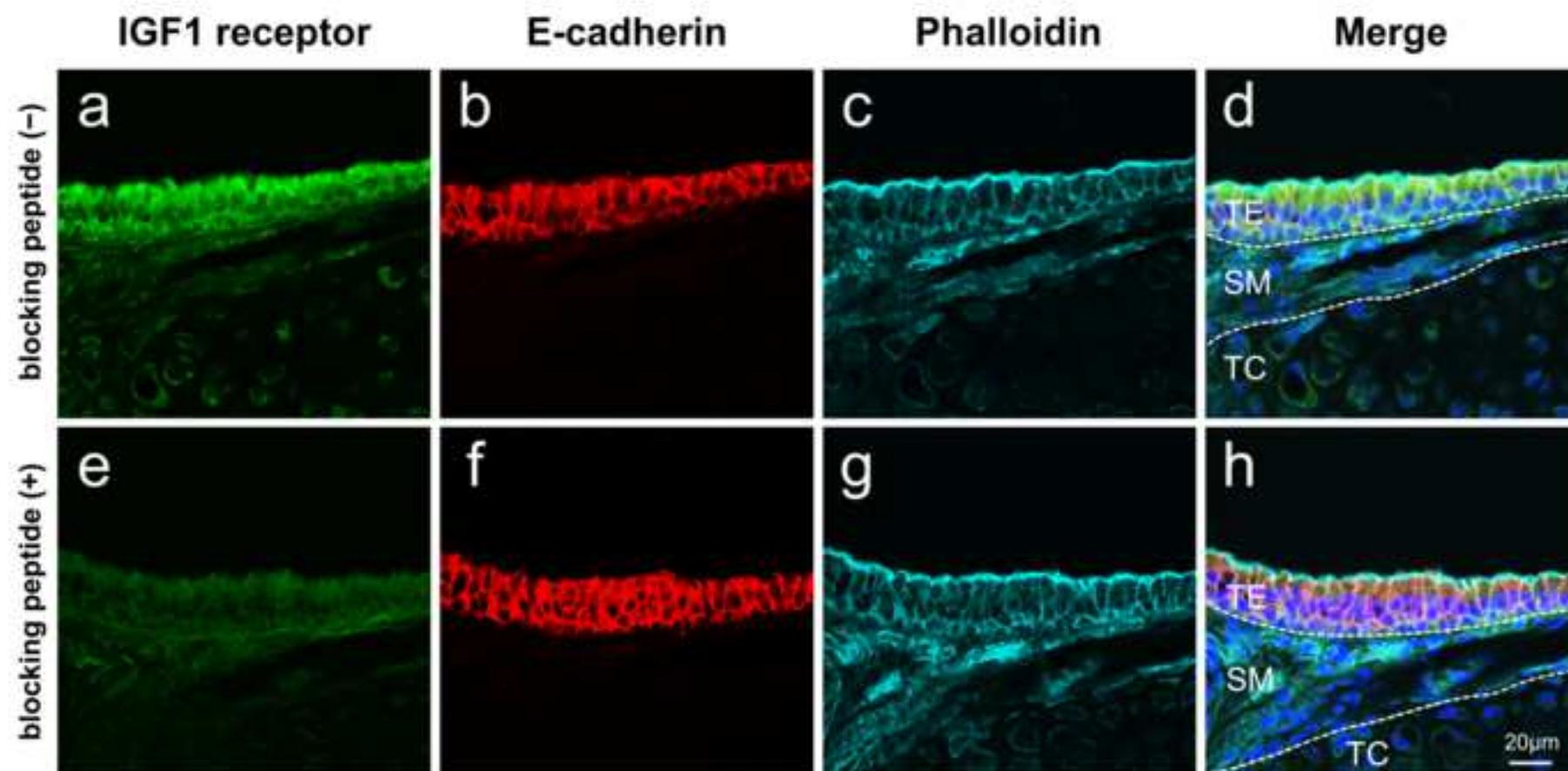


Figure4

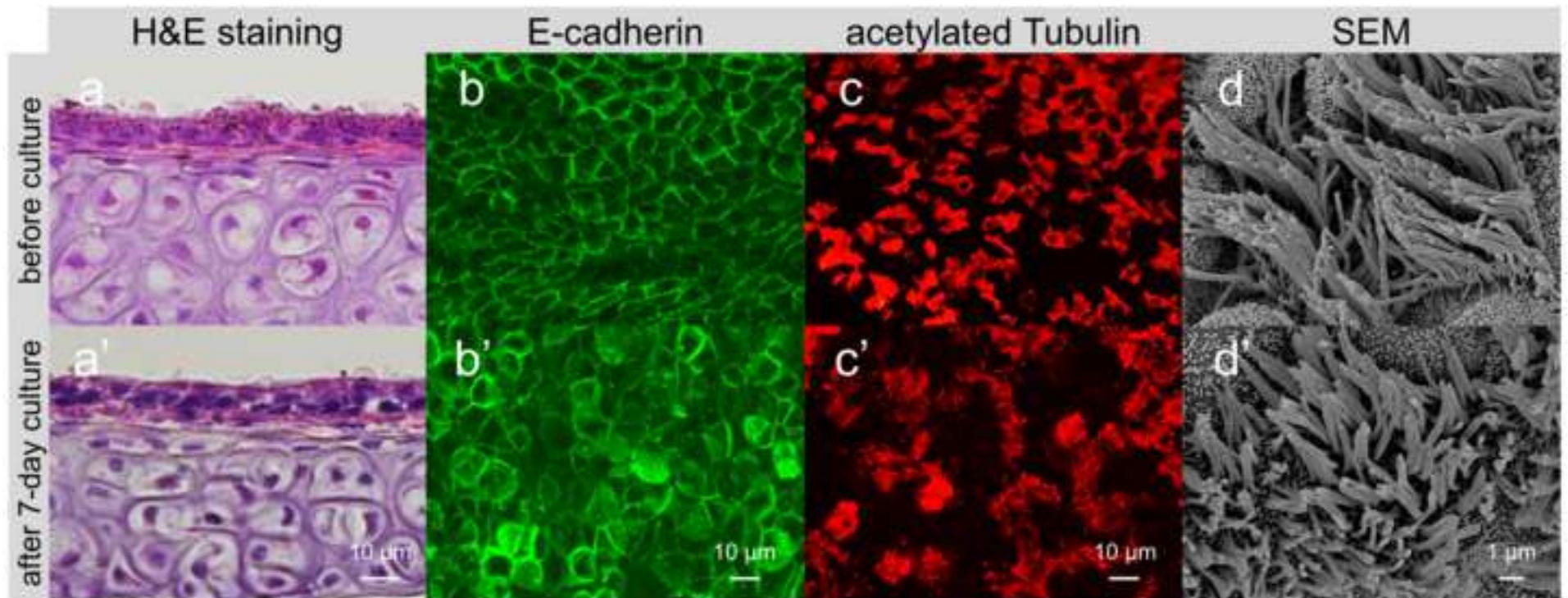


Figure 5

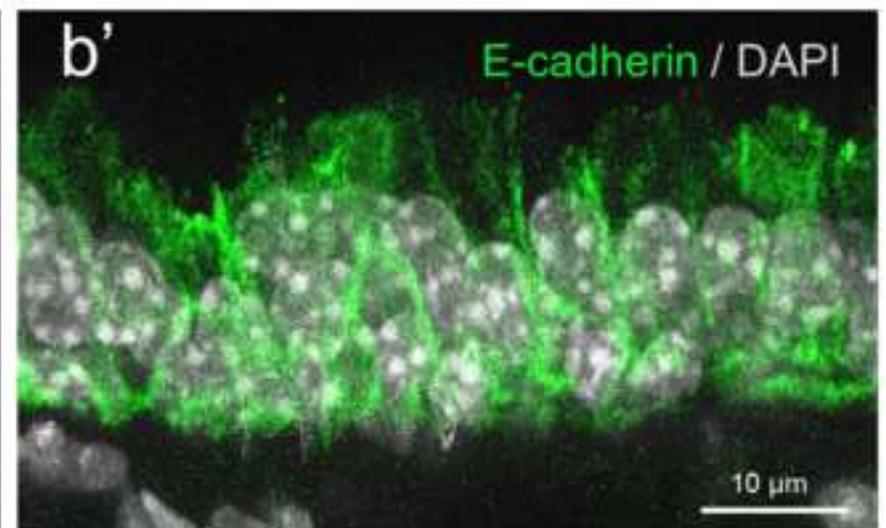
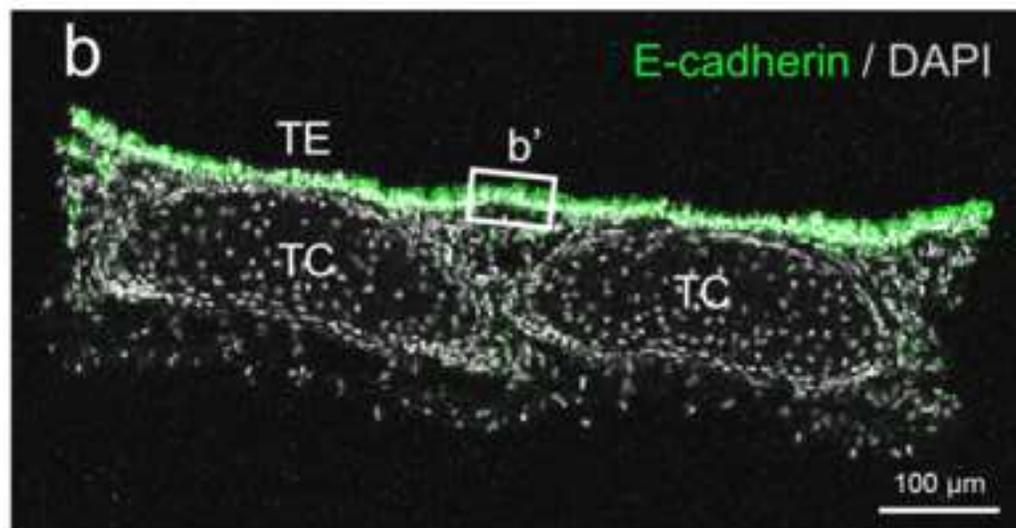
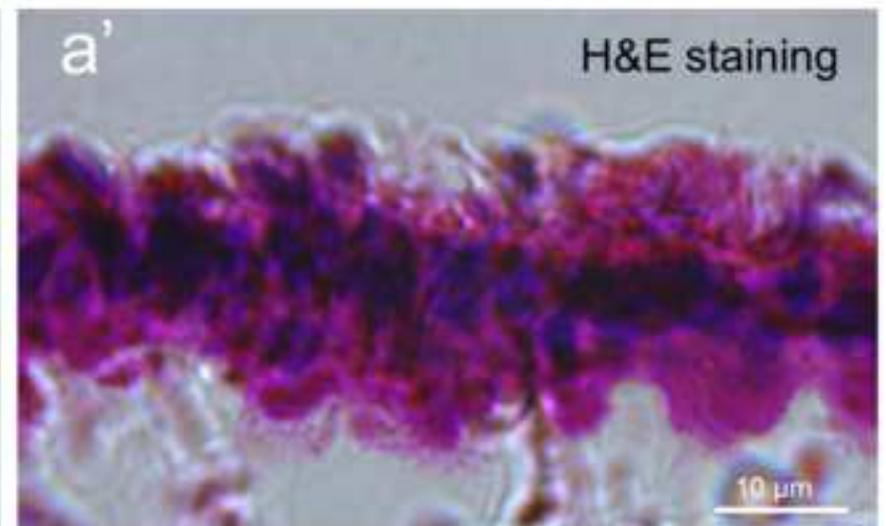
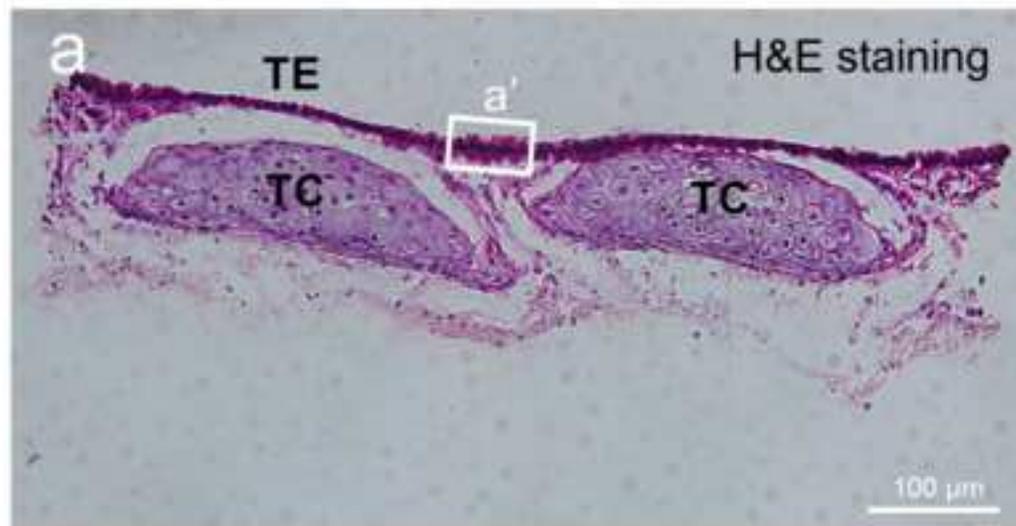


Figure 6

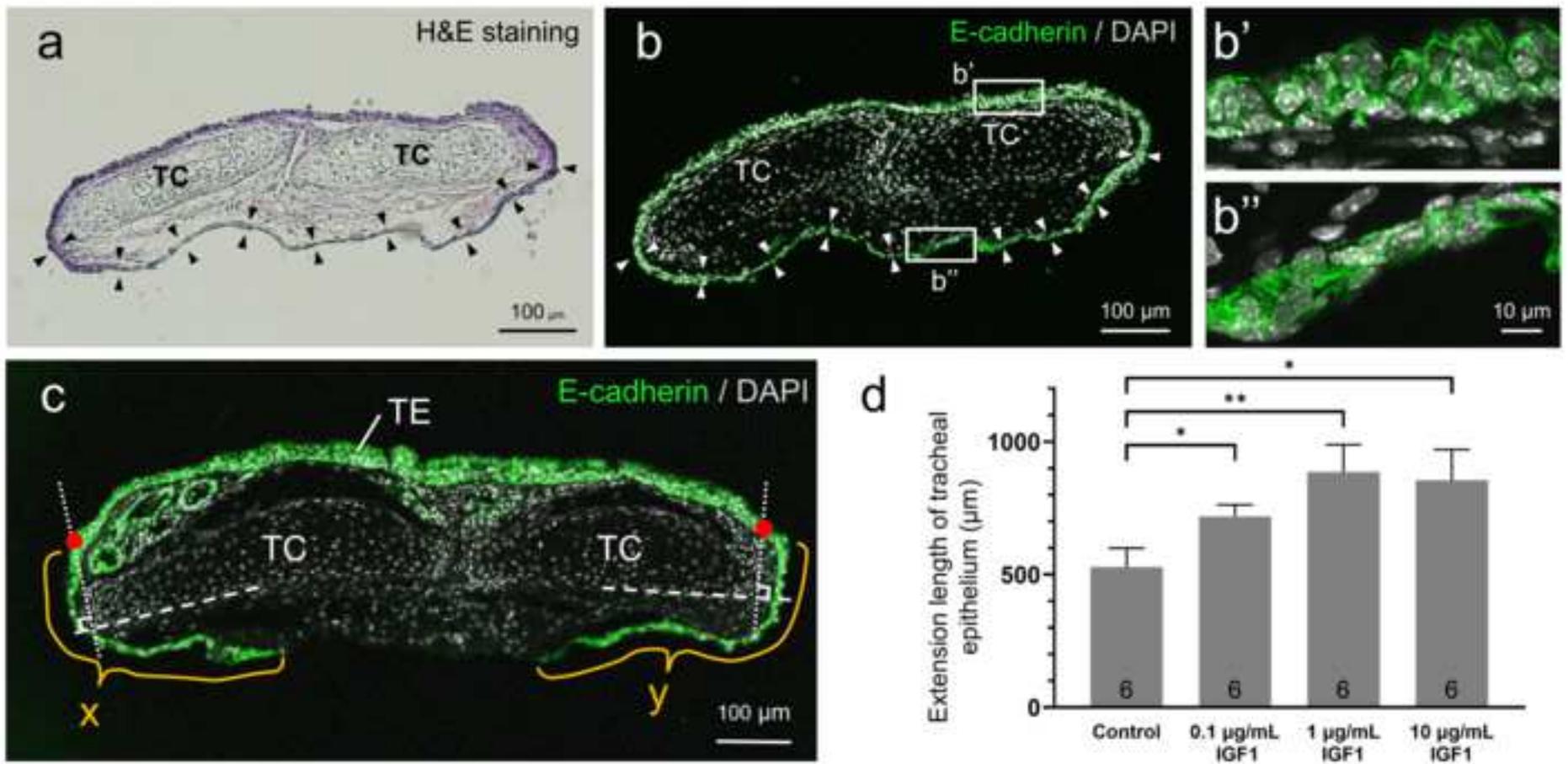


Figure 7

