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Post-transplant Lymphoproliferative Disorders After Liver Transplantation: A Retrospective Cohort Study Including 1954 Transplants

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Post-transplant lymphoproliferative disorders (PTLDs) are life-threatening neoplasms after organ transplantation. Because of their rarity and multiple grades of malignancy, the incidence, outcomes, and clinicopathological features affecting patient survival after liver transplantation (LT) remain unclear. We reviewed 1954 LTs in 1849 recipients (1990-2020), including 886 pediatric (<18 years of age) and 963 adult recipients. The following clinicopathological factors were studied: age, sex, liver etiologies, malignancy grades, Epstein-Barr virus status, performance status (PS), Ann Arbor stage, international prognostic index, and histopathological diagnosis. Of 1849 recipients, 79 PTLD lesions (4.3%) were identified in 70 patients (3.8%). After excluding 3 autopsy cases incidentally found, 67 (45 pediatric [5.1%] and 22 adult [2.3%]) patients were finally enrolled. Comorbid PTLDs significantly worsened recipient survival compared with non-complicated cases (P < 0.001). The 3-year, 5year, and 10-year overall survival rates after PTLD diagnosis were 74%, 66%, and 58%, respectively. The incidence of PTLDs after LT (LT-PTLDs) was significantly higher (P < 0.001) with earlier onset (P = 0.002) in children, whereas patient survival was significantly worse in adults (P = 0.002). Univariate and multivariate analyses identified the following 3 prognostic factors: age at PTLD diagnosis ≥18 years (hazard ratio [HR], 11.2; 95% confidence interval [CI], 2.63-47.4; P=0.001), PS ≥2 at diagnosis (HR, 6.77; 95% CI, 1.56-29.3; P = 0.01), and monomorphic type (HR, 6.78; 95% CI, 1.40-32.9; P = 0.02). A prognostic index, the "LT-PTLD score," that consists of these 3 factors effectively stratified patient survival and progressionfree survival (P = 0.003 and <0.001, respectively). In conclusion, comorbid PTLDs significantly worsened patient survival after LT. Age \geq 18 years and PS \geq 2 at PTLD diagnosis, and monomorphic type are independent prognostic factors, and the LT-PTLD score that consists of these 3 factors may distinguish high-risk cases and guide adequate interventions.

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Post-transplant lymphoproliferative disorders (PTLDs) are one of the most common malignancies after solid organ transplantation (SOT)⁽¹⁻⁵⁾ and remain life-threatening with 5-year overall survival (OS) rates

Abbreviations: ALF, acute liver failure; ANOVA, analysis of variance; BA, biliary atresia; BM, bone marrow; CD, clusters of differentiation; CI, confidence interval; CIT, cold ischemic time; CNS, central nervous system; CT, computed tomography; CMV, cytomegalovirus; CNI, ranging 40% to 70%.⁽⁶⁾ These high mortalities and morbidities have highlighted the need to clarify the prognostic factors in PTLDs.

However, PTLDs have two difficult burdens to be investigated: rarity and heterogeneity. PTLDs develop only in transplant recipients, and their incidence rates have been reported to be 1.0% to 5.5% after liver transplantation (LT), 0.8% to 2.5% after kidney transplantation (KT), 0.5% to 5.0% for pancreas transplantation, 2.0% to 8.0% for heart transplantation, 3.0% to 10.0% for lung transplantation, and $\leq 20\%$ for multiorgan/ intestinal transplantation in adults.^(2,7,8) Because the numbers of PTLDs in each center are limited, previous studies were mostly conducted using relatively large post-KT recipients or heterogeneous cohorts including various SOTs.^(6,9-14) PTLDs inherently have a wide range of clinicopathological characteristics, from indolent lymphoproliferation requiring only immunosuppressant modifications to malignant lymphomas that need chemotherapies.⁽²⁾ Moreover, their characteristics are reportedly different between adults and children.^(2,15)

calcineurin inhibitor; DLBCL, diffuse large B cell lymphoma; EBER, Epstein-Barr virus-encoded RNA; EBV, Epstein-Barr virus; ECOG-PS, Eastern Cooperative Oncology Group performance status; FFH, florid follicular hyperplasia; GRWR, graft-to-recipient weight ratio; HCV, hepatitis C virus; HR, hazard ratio; IPI, International Prognostic Index; IQR, interquartile range; KT, kidney transplantation; LDH, lactate dehydrogenase; LDLT, living donor liver transplantation; LT, liver transplantation; LT-PTLD, post-transplant lymphoproliferative disorder after liver transplantation; MELD, Model for End-Stage Liver Disease; NA, not applicable; OS, overall survival; PCR, polymerase chain reaction; PELD, Pediatric End-Stage Liver Disease; PET, positron emission tomography; PFS, progression-free survival; PH, plasmacytic hyperplasia; PS, performance status; PSC, primary sclerosing cholangitis; PTLD, post-transplant lymphoproliferative disorder; sIL2R, soluble interleukin 2 receptor; SOT, solid organ transplantation; WIT, warm ischemic time; WHO, World Health Organization.

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Collectively, there is no widely accepted consensus on PTLDs so far, especially after LT (LT-PTLDs).

This study thus aimed to clarify the clinicopathological features of LT-PTLDs, identify the prognostic/ risk factors therein, and compare their characteristics between pediatric and adult LT-PTLDs by reviewing our relatively large cohort of almost 2,000 LTs.

Patients and Methods

PATIENTS

We performed a total of 1954 LTs in 1849 recipients at our single center between June 1990 and March 2020, including 937 pediatric (<18 years of age) and 1017 adult (\geq 18 years of age) LTs in 886 children and 963 adult recipients, respectively. A total of 1874 of 1954 LTs were living donor LTs (LDLTs), whereas 80 were deceased donor LTs. Of 1849 recipients, 79 PTLD lesions (4.3%) were identified in 70 patients (3.8%). All lesions developed after LDLT. Of these, 9 metachronous lesions in the same patients and 3 autopsy cases incidentally found were excluded to identify prognostic factors in LT-PTLDs. Thus, 67 (45 children [5.1%] and 22 adults [2.3%]) patients were finally enrolled (Supporting Fig. 1). Written informed consent was obtained from each patient or his/her parents. This study was approved by the Ethics Committee of Kyoto University (R1473) and was conducted in accordance with the institutional guidelines as well as the ethical guidelines mandated by the Declaration of Helsinki (2013).

PERITRANSPLANT MANAGEMENT

The selection criteria for donors and recipients, perioperative management, surgical procedures, and immunosuppression regimens are detailed elsewhere.⁽¹⁶⁻²¹⁾ Briefly, the lower limit of the graft-to-recipient weight ratio (GRWR) in adult-to-adult LDLTs are as follows: $\geq 0.8\%$ until November 2007, $\geq 0.7\%$ from December 2007 until March 2009, and $\geq 0.6\%$ from April 2009.^(20,21) For biliary reconstruction, choledocho-choledochostomy was our priority in adult LT. Modulations of portal-venous pressure, such as splenectomy,⁽²⁰⁾ was performed to keep 15 mm Hg or less at the end of surgery if needed.⁽²¹⁾ Recipients were postoperatively managed in intensive-care/high-care units during the first several days. Blood cell counts, biochemical and coagulation examinations, and

Doppler ultrasonography were performed daily until stabilized. Tacrolimus or cyclosporine and steroids have been used since 1990. In the early period (1990-2005), azathioprine or muromonab-CD3 (OKT3) was given for acute rejection. Cyclophosphamide was added in recipients undergoing ABO-incompatible LDLTs. In the late period (2006-2020), however, these 3 drugs were all discontinued. The combination of tacrolimus, mycophenolate mofetil, and steroids became the standard regimen in the past 15 years. Recently, everolimus was added to reduce the trough level of tacrolimus, if necessary. In ABO blood-type incompatible or donorspecific antibody-positive cases, recipients were preoperatively treated with anti-CD20 monoclonal antibody (rituximab, 375 mg/m^2) and plasma exchange to prevent antibody-mediated rejection.⁽²²⁾ Acute cellular and antibody-mediated rejections were diagnosed according to the Banff criteria.^(23,24)

For pediatric LDLTs, briefly, the upper limit of GRWR was 4.0%. If the estimated GRWR exceeded 4.0%, a reduced, hyper-reduced, or S2-monosegment graft was selected.⁽²⁵⁾ For biliary reconstruction, choledocho-jejunostomy was mostly adopted because many patients underwent Kasai's operation for biliary atresia (BA). A standard immunosuppression protocol consisting of tacrolimus and steroids was used. In ABO-incompatible cases, recipients were pretreated with rituximab (\geq 2 years of age) or considered individually (1-2 years of age). Exchange transfusion or plasma exchange was performed as needed.

DIAGNOSIS OF PTLDs

PTLDs were all histologically diagnosed by expert pathologists with excisional biopsies except for a case with needle biopsy. PTLDs were classified according to the World Health Organization (WHO) classification revised in 2017.⁽²⁶⁾ After confirming histopathological diagnosis, patients underwent staging workup, including whole-body computed tomography (CT), bone marrow (BM) biopsy/aspiration, [18F]-fluorodeoxyglucose positron emission tomography (PET)/CT, and cerebrospinal fluid test to check central nervous system (CNS) invasion. Serological tests for Epstein-Barr virus (EBV) and cytomegalovirus (CMV) infection were conducted preoperatively. Tumor EBV positivity was determined by in situ hybridization assays for EBV-encoded RNA (EBER).^(27,28) Serological status was confirmed by polymerase chain reaction (PCR) for the quantification of the EBV viral load.^(27,28)

PTLD-LIKE LESIONS

In this study, we defined "PTLD-like lesions" as any post-transplant lymphoproliferative lesion that showed clinical manifestations but did not fulfill the PTLD criteria according to the WHO classification.⁽²⁶⁾ The following were included as PTLD-like lesions: indolent small B cell lymphomas, including follicular lymphoma or marginal zone lymphoma⁽²⁹⁾; EBV-negative reactive lymphadenopathy; EBV-positive mucocutaneous ulcer⁽³⁰⁾; hairy cell leukemia^(31,32); and EBVassociated pleural effusion/ascites without malignant cells (Supporting Table 1). Although excluded from a strict definition of PTLDs,⁽²⁶⁾ the clinical presentations of PTLD-like lesions were similar to those of PTLDs, and patients with these lesions often required immunosuppressant modifications or chemotherapies that could affect patient prognosis.

EBV MONITORING

EBV status in both donors and recipients was determined serologically before LT. In pediatric recipients, EBV PCR was measured every month for the first 6 months regardless of EBV seropositivity. During the past decade, EBV PCR was performed every week before discharge after transplant, followed by biweekly to monthly after discharge for the first 6 months to detect not only EBV primary infection in naïve recipients but also EBV reactivation in seropositive patients as early as possible. If the result remained negative, intervals between EBV PCRs were prolonged. High-risk recipients (recipients who are EBV naïve receive EBV-infected donor livers) were more carefully followed by checking clinical symptoms (lymphadenopathy, fever, or hepatitis) and EBV PCR. In adults, EBV PCR was performed when recipients had some symptoms of EBV infection or unexplained fever.

MONITORING AND TREATMENT OF PTLDs

Recipients were usually followed up once a month for the first 6 months, every 2 months from 6 to 12 months, and every 3 months thereafter if the postoperative course was uneventful. Patients with high EBV viral load, unexplained fever, or lymphadenopathy underwent thorough examinations.

In patients with LT-PTLDs, first of all, we considered to modify immunosuppressants, that is, cessation, reduction, or switching of calcineurin inhibitors (CNIs). In pediatric patients, we conducted first-line chemotherapy according to the recommendation from the Japanese Pediatric Leukemia/Lymphoma Study Group⁽³³⁾ since 2007 in combination with rituximab. For nonresponders to the first line, we used a more intensified secondline chemotherapy, incorporating cisplatin (DECAL: dexamethasone, etoposide, cisplatin, cytarabine, Lasparaginase) or high-dose cytarabine.⁽³³⁾ In adults, R-CHOP (rituximab, cyclophosphamide, doxorubicin, vincristine, and prednisolone) have long been the mainstay, and dose-adjusted (DA)-EPOCH-R (etoposide, vincristine, doxorubicin, cyclophosphamide, prednisolone, and rituximab) have recently been applied in highrisk PTLDs. Surgical resections were performed for localized, perforated, and obstructed intestinal lesions. Radiation therapy was indicated in patients not eligible for chemotherapies, nonresponders to chemotherapies, or those with CNS involvement. Restaging CT scans were performed timely, and the therapeutic effects were assessed according to the Response Evaluation Criteria in Solid Tumors (RECIST) guidelines.⁽³⁴⁾

VARIABLES

The preoperative clinical variables included recipient/donor age at LT, sex, underlying liver etiologies, malignancy grades, ABO blood-type compatibility, Pediatric End-Stage Liver Disease (PELD) or Model for End-Stage Liver Disease (MELD) scores, and pretransplant EBV/CMV serological status.

The operative variables included graft type (left or right lobe), GRWR, operation time, intraoperative blood loss, cold ischemic time (CIT), and warm ischemic time (WIT). As listed in Table 1, PTLD-related variables are as follows: recipient age at PTLD diagnosis, serological and histopathological positivity of EBV, Eastern Cooperative Oncology Group performance status (ECOG-PS),⁽³⁵⁾ Ann Arbor stage,⁽³⁶⁾ tumor size, presence/absence of extranodal lesions, soluble interleukin 2 receptor (sIL2R), International Prognostic Index (IPI),⁽³⁷⁾ intervals between LT and PTLD diagnosis, histological classifications, and so on.

STATISTICAL ANALYSIS

Data are expressed as median with interquartile range (IQR) for continuous variables and counts for

Characteristics	All (n = 67)	Pediatric $(n = 43)$	Adult (n = 24)	P Value
Male/female	31/36	19/24	12/12	0.65
Age at LT, years	2.1 (0.9-45.2)	1.2 (0.6-2.0)	54.8 (31.5-61.1)	<0.001
Age at PTLDs, years	6.1 (1.9-53.4)	2.8 (1.6-4.2)	60.0 (38.6-66.3)	<0.001
BA/metabolic/ALF/HCV/others	38/5/6/8/10	35/3/2/0/3	3/2/4/8/7	<0.001
Malignant/benign liver etiology	7/60	1/42	6/18	0.004
ABO incompatible/not	11/56	9/34	2/18	0.26
EBV serology: +/- at LT	39/10	19/10	20/0	<0.001
CMV serology: +/- at LT	37/11	20/9	17/2	0.09
EBV PCR: +/-	31/9	25/1	6/8	<0.001
EBER: +/-	35/24	30/9	5/15	<0.001
PS: 0/1/2/3/4	2/46/13/4/2	0/28/10/4/1	2/18/3/0/1	0.06
Ann Arbor stage: I/II/II/IV	35/9/10/12	22/4/8/8	13/5/2/4	0.44
Bulky tumor (>5 cm)/not	7/58	3/38	4/20	0.25
Extranodal lesion $\geq 1/not$	28/39	13/30	15/9	0.01
LDH at PTLD, U/L	372 (258-524)	375 (262-525)	346 (244-523)	0.70
sIL2R at PTLD, U/mL	2480 (1605-4225)	2660 (1433-4390)	2420 (1710-4150)	0.96
IPI: 0/1/2/3/4/5	7/21/16/8/5	5/13/9/5/2	2/8/7/3/3	0.85
Tacrolimus/cyclosporine	57/2	36/0	21/2	0.049
Monomorphic (DLBCL/Burkitt)/polymorphic/nondestructive (PH/infectious mononucleosis/FFH)/PTLD-like	24 (13/7)/5/21 (5/14/2)/17	12 (6/4)/2/20 (5/13/2)/9	12 (7/3)/3/1 (0/1/0)/8	0.005
Chemotherapy/not	23/39	11/28	12/11	0.16

TABLE 1. Patient Characteristics, Perioperative Variables, and PTLD-Related Variables

NOTE: The data are presented as median (interquartile range) for continuous variables and number for categorical variables. P values < 0.05 are bold.

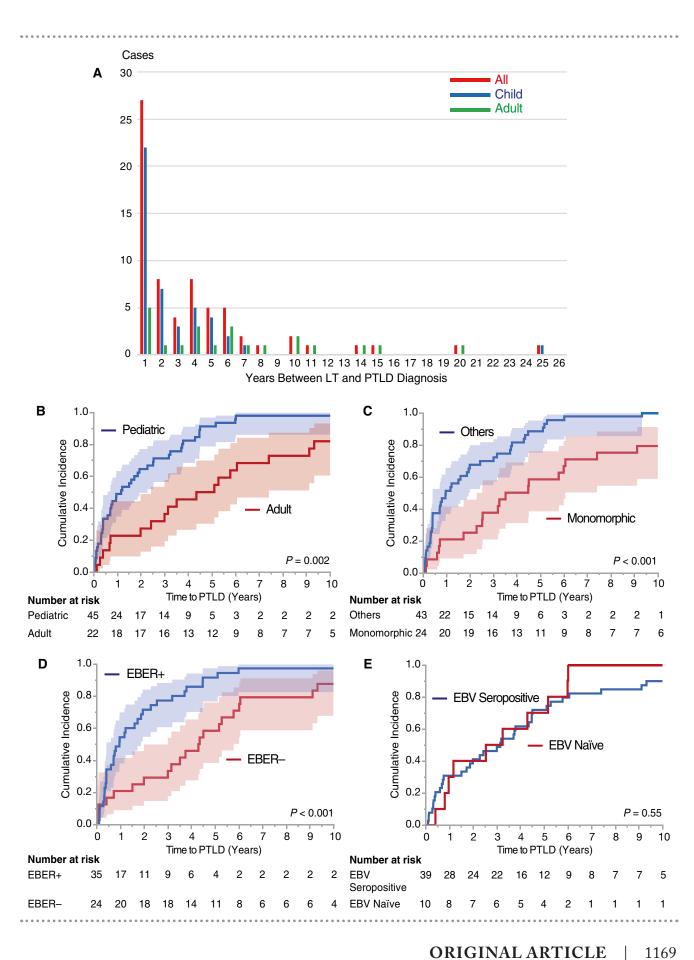


FIG. 1. Time between LT and PTLD diagnosis. (A) Annual incidence of LT-PTLDs. Annual incidence of LT-PTLDs was counted in the overall, pediatric (<18 years of age at LT), and adult cohorts (\geq 18 years of age at LT) separately (n = 67, 45, 22, respectively). Although LT-PTLDs occurred at any time from early to late time periods after LT, it is noteworthy that almost half (49%) of the pediatric LT-PTLDs developed within the first year after LT. (B) Cumulative incidence of LT-PTLDs: pediatric versus adult recipients. Pediatric LT-PTLDs developed significantly earlier than the adult cases (P = 0.002 by a log-rank test). The shaded areas show 95% CI hereafter unless otherwise indicated. (C) Cumulative incidence of LT-PTLDs: monomorphic versus others. Monomorphic PTLDs developed significantly later than other types of LT-PTLDs (P < 0.001). (D) Cumulative incidence of LT-PTLDs: EBER+ versus EBER-. LT-PTLDs with positive EBER developed significantly earlier than those without (P < 0.001). (E) Cumulative incidence of LT-PTLDs: EBV seropositive versus EBV naïve. The curves for both cumulative incidence rates almost matched each other, indicating no significant difference regarding the timing of PTLD occurrence between recipients who were EBV seropositive and recipients who were EBV naïve (P = 0.55).

categorical variables. Comparisons of continuous variables and categorical variables were performed using Mann-Whitney U tests or chi-square tests as appropriate. In cases with multiple LTs, the intervals from the first transplant to PTLD diagnosis were adopted to account for the duration of immunosuppressants exposure. Prognostic factors for LT-PTLDs were analyzed using univariate and multivariate Cox regression analyses. Patient overall survival (OS) and progression-free survival (PFS) were counted from the date of PTLD diagnosis to the patient's death or the last follow-up (OS) and to death or disease relapse/progression (PFS), respectively. These survivals were estimated by the Kaplan-Meier curve method, followed by logrank tests. All analyses were 2-sided, and P < 0.05was considered statistically significant. Variables with P < 0.10 in the univariable analysis were included in the multivariable analysis. All statistical analyses were performed using JMP Pro14 (SAS Institute Inc., Cary, NC).

Results

INCIDENCE, TIMING, AND TREATMENTS OF LT-PTLDs

Overall, the incidence rates of pediatric PTLDs were significantly higher than in adults (n = 45 [5.1%] versus n = 22 [2.3%]; P < 0.001). The intervals between LT and PTLDs diagnosis varied widely, from 19 days to 24.5 years (median, 23 months; IQR, 5-53); however, PTLD onsets were significantly earlier in children than in adults (14 [IQR, 4-32] versus 57 [IQR, 25-111] months; P = 0.002). Notably, almost half of the pediatric PTLDs (49%) developed within a year after LTs (Fig. 1A). Two pediatric recipients (<18 years of age at LT); therefore, a total of 43 pediatric and 24 adult PTLDs were identified. The most common treatment was immunosuppressant

modifications (n = 27 [40%]) followed by chemotherapies (n = 23 [34%]).

PATIENT CHARACTERISTICS AND CLINICOPATHOLOGICAL VARIABLES

Patient characteristics, perioperative variables, and PTLD-related variables are summarized in Table 1. The most common etiology was BA in 38 (57%), followed by hepatitis C virus (HCV) in 8 (12%) cases. Regarding blood-type combinations, 11 cases (16%) were ABO-incompatible, and the remaining 56 (84%) were identical or compatible. Pretransplant serological statuses for EBV and CMV were positive in 39 (58%) and 37 (55%) patients, respectively. The median age at PTLD diagnosis was 6.1 years (IQR, 1.9-53.4). EBV PCR (blood) and histopathological EBV statuses were positive in 31 (46%) and 35 (52%), respectively. ECOG-PS was 0-1 in 48 (72%) and 2-4 in 19 (28%) patients. Ann Arbor stage was 1-2 in 44 (65%) and 3-4 in 22 (33%) patients. Extranodal lesions were found in 28 (42%) patients. Lactate dehydrogenase (LDH) and sIL2R at PTLD diagnosis were 372 U/L (IQR, 258-524) and 2480 U/mL (IQR, 1605-4225), respectively. IPI was 0-2 in 44 (65%) and 3-4 in 13 (19%) patients. Histopathologically, monomorphic type was the most common (n = 24 [36%]), followed by PTLD-like lesions (n = 17 [25%]) and infectious mononucleosis type (n = 14 [21%]). Monomorphic type included diffuse large B cell lymphoma (DLBCL; n = 13), Burkitt lymphoma (n = 7), and T cell neoplasms (n = 2).

HISTOPATHOLOGICAL TYPES AND TIME TO PTLDs

The median follow-up period was 12.3 (range, 0.2-29.2) years. Notably, non-monomorphic PTLDs developed significantly earlier than monomorphic types (P < 0.001; Fig. 1C). Furthermore, EBV-positive

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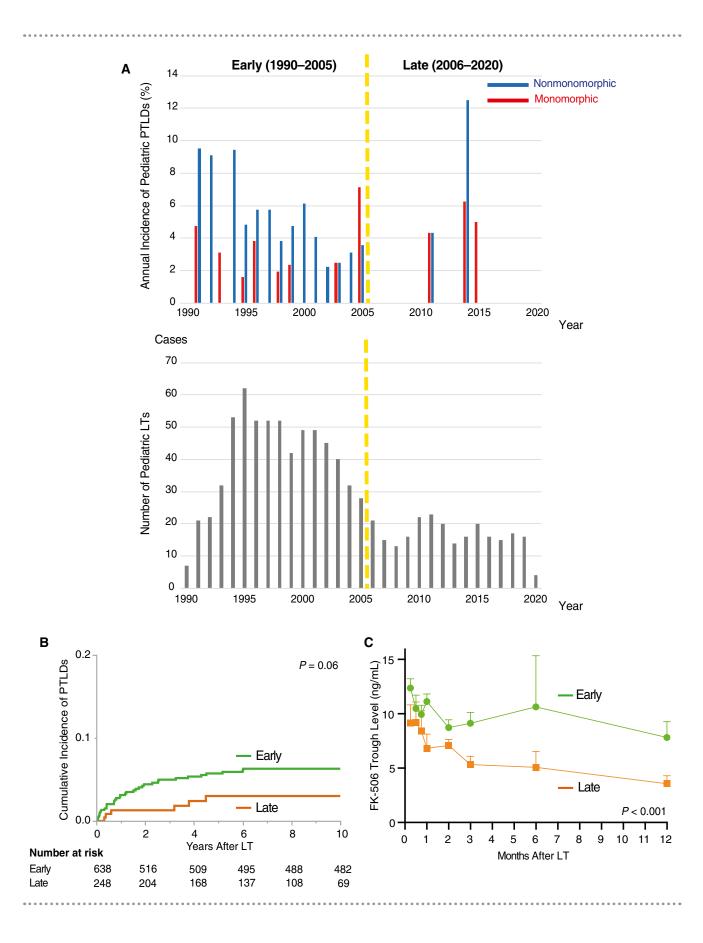


FIG. 2. Historical transition of the incidence rate of pediatric LT-PTLDs. (A) Annual incidence rate of monomorphic and nonmonomorphic LT-PTLDs in children (<18 years of age), given as the number of LT-PTLDs occurrence/number of LTs per year, was investigated in the early (1990-2005) and late periods (2006-2020). (B) Cumulative incidence of pediatric LT-PTLDs: early period versus late period. The incidence of pediatric LT-PTLDs tended to decrease in the late period compared with those in the early period (P = 0.06by a log-rank test). (C) Historical transition of tacrolimus trough level: early period versus late period. The trough level of tacrolimus in pediatric patients with LT-PTLDs was significantly higher in the early period compared with the late period (P < 0.001 by a 2-way ANOVA).

PTLD lesions developed significantly earlier than EBV-negative PTLD lesions (P < 0.001; Fig. 1D), whereas there was no significant association between serological EBV positivity and the timing of PTLD onset (P = 0.55; Fig. 1E). These trends were observed in both pediatric and adult patients (Supporting Fig. 2).

HISTORICAL TRANSITION OF LT-PTLD INCIDENCE AND TACROLIMUS TROUGH LEVEL

Then we compared the incidence of LT-PTLDs between the early (1990-2005) and the late (2006-2020) periods. Although patient OS with LT-PTLDs was not significantly different between the 2 periods in both children and adults (data not shown), the incidence of pediatric LT-PTLDs decreased in the late period (P = 0.06; Fig. 2A,B). As a possible reason for this, the trough level of tacrolimus in pediatric patients with LT-PTLDs was significantly higher in the early period compared with the late period (P < 0.001; Fig. 2C), whereas no significant differences were observed in adults between the 2 eras (Fig. 3).

PATIENT SURVIVAL AND CAUSE OF DEATH

As shown in Fig. 4A-C, comorbid PTLDs in the whole, pediatric, and adult cohorts significantly worsened OS after LT compared with non-complicated cases (P < 0.001, P < 0.001, and P = 0.005, respectively). The 3-year, 5-year, and 10-year OS rates in the whole, pediatric, and adult cohorts after PTLD diagnosis were 74%, 66%, and 58%; 81%, 79%, and 71%; and 61%, 38%, and 28%; respectively (Fig. 4D,E). Although the incidence of LT-PTLDs was significantly lower in adults (P < 0.001), patient survival was significantly worse in adults than in pediatric patients (P = 0.002; Fig. 4E,F).

Overall, 30 patients (44.8%) died in the present series. Tumor progression was the leading cause of death (14 patients [47%]), followed by graft failure (7 patients [23.3%]), sepsis (2 patients [6.7%]), and cerebral hemorrhage (1 patients [3.3%]; Supporting Table 3).

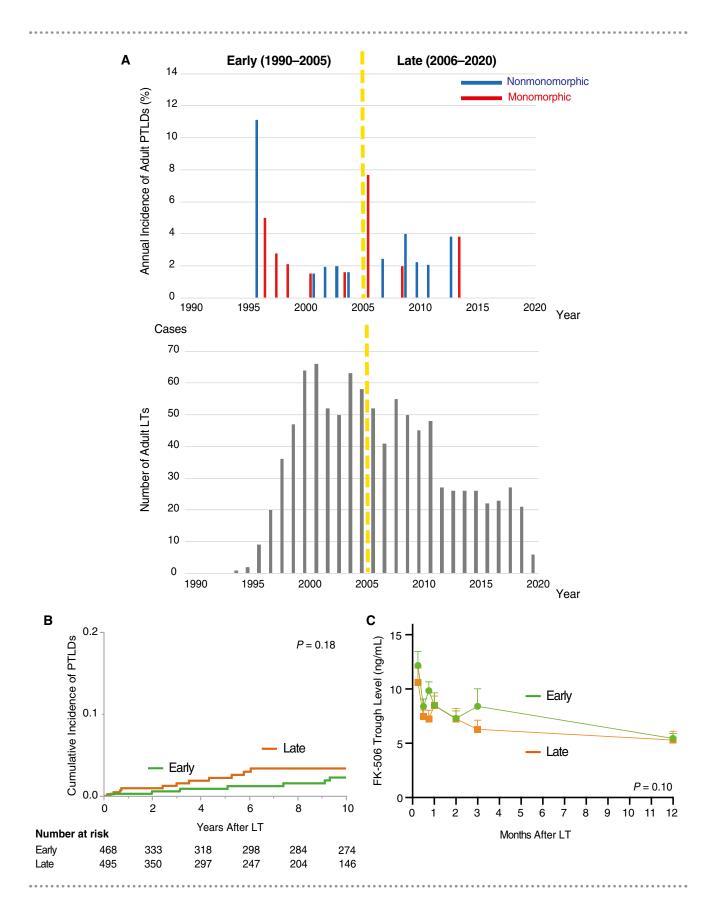
PROGNOSTIC FACTORS IN LT-PTLDs

PTLD-related mortality included deaths from tumor progression and treatment toxicities only. Univariate Cox regression analysis revealed that age at PTLD diagnosis \geq 18 years (hazard ratio [HR], 5.69; 95% confidence interval [CI], 1.70-19.0; P = 0.005), non-BA (HR, 3.60; 95% CI, 1.17-11.1; P = 0.03), PS \geq 2 at PTLD diagnosis (HR, 3.21; 95% CI, 1.12-9.17; P = 0.03), presence of extranodal lesions at diagnosis (HR, 5.00; 95% CI, 1.53-16.3; P = 0.008), and monomorphic PTLDs (HR, 6.43; 95% CI, 1.98-20.8; P = 0.002) were significant prognostic factors in LT-PTLDs.

To eliminate confounding bias, "non-BA" was excluded because it had a strong correlation with "age at PTLD diagnosis." As summarized in Table 2, age at PTLD diagnosis \geq 18 years (HR, 11.2; 95% CI, 2.63-47.4; P = 0.001), PS \geq 2 at PTLD diagnosis (HR, 6.77; 95% CI, 1.56-29.3; P = 0.01), and monomorphic type (HR, 6.78; 95% CI, 1.40-32.9; P = 0.02) were identified as independent prognostic factors in LT-PTLDs.

STRATIFICATION OF PATIENT PROGNOSIS BY LT-PTLD SCORE

We developed the LT-PTLD score, which consists of the 3 prognostic factors identified by the multivariate analysis, that is, (A) age at PTLD diagnosis >18 years, (B) PS ≥ 2 , and (C) monomorphic PTLDs. According to the HR of each factor (A = 11.2, B = 6.77, and C = 6.78), we constructed a prognostic scoring with a weighting of 2 points for age at PTLD diagnosis >18 years and 1 point for PS ≥ 2 and monomorphic PTLDs. Patients with LT-PTLDs were classified into 0 to 4 points, by which the patient prognosis was



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FIG. 3. Historical transition of the incidence rate of adult LT-PTLDs. (A) Annual incidence rate of monomorphic and non-monomorphic LT-PTLDs in adults (\geq 18 years of age), given as the number of LT-PTLDs occurrence/number of LTs per year, was investigated in the early (1990-2005) and late periods (2006-2020). (B) Cumulative incidence of adult LT-PTLDs: early period versus late period. In contrast to pediatric LT-PTLDs, the incidence of adult LT-PTLDs showed no significant differences in adults between the 2 eras (P = 0.18 by a log-rank test). (C) Historical transition of tacrolimus trough level: early period versus late period. The trough level of tacrolimus in adult patients with LT-PTLDs was not different between the 2 eras (P = 0.10 by a 2-way ANOVA).

effectively stratified (Fig. 5A). The LT-PTLD patients with point 0 showed 100% survival. When 0, 1 to 2, and 3 to 4 points are regarded as low, intermediate, and high risk for PTLD-related deaths, respectively (Fig. 5B), the prognostic score significantly stratified the patient survival with LT-PTLD-related mortality (Fig. 5C), patient OS (Fig. 5D), and PFS (Fig. 5E). As shown in Fig. 5C, LT-PTLD-related mortality significantly worsened as the prognostic score increased (P = 0.003 in 0 versus 1-2, P = 0.04 in 1-2 versus 3-4, and P < 0.001 in 0 versus 3-4). These results demonstrated that the LT-PTLD score allows more precise estimation of patient prognosis with LT-PTLDs.

SUBGROUP ANALYSES: CHILDREN VERSUS ADULTS

Pediatric and adult PTLDs were then separately analyzed. Patient characteristics and perioperative and PTLD-related variables are summarized in Table 1. Similarly, PTLD-associated mortality included deaths from tumor progression or treatment toxicities only. Univariate analysis demonstrated that PS ≥ 2 at PTLD diagnosis (HR, 9.64; 95% CI, 1.07-86.8; P = 0.04) and monomorphic type (HR, 13.7; 95% CI, 1.51-124.2; P = 0.02) were significant prognostic factors in pediatric PTLDs. Although statistically not significant, similar results were also obtained in adults (PS ≥ 2 at diagnosis: HR, 3.69 [95% CI, 0.89-15.4], P = 0.07; monomorphic type: HR, 4.71 [95% CI, 0.87-25.5], P = 0.07) (Table 3).

Discussion

Because of high morbidity and mortality, PTLDs have been investigated in various SOTs; however, their rarity only in transplant recipients, as well as the heterogeneity, from nondestructive to destructive PTLDs⁽²⁶⁾ have hampered detailed assessments of these critical complications. In the present study, using a relatively large cohort of 1954 LTs in 1849 patients, we found that the overall incidence of LT-PTLDs was 3.8%. Of these, the incidence in pediatric recipients (<18 years of age at LT) was 5.1%, more than double the incidence of 2.3% in adults (≥ 18 years of age at LT). Moreover, almost half of the pediatric LT-PTLDs developed within a year after transplant (Supporting Fig. 3), and the intervals between LT and PTLD occurrence were significantly shorter in pediatric than in adult recipients. These results may imply that LT-PTLDs are more critical in pediatric rather than in adult recipients; however, the prognosis of adult LT-PTLDs was significantly worse than that of pediatric cases. Notably, the 3-year, 5-year, and 10-year OS rates after PTLD diagnosis were 81%, 79%, and 71% in children, respectively, whereas those in adults were as low as 61%, 38%, and 28%, respectively. These different oncological behaviors between children and adults may be attributable to the proportion of monomorphic PTLDs, which tended to occur more often in adults than in children (50% versus 28%; P = 0.07). In other words, pediatric recipients are more likely to develop non-monomorphic PTLDs early after LT, which may have had a positive impact on patient survival.

As CNI is a well-known risk factor for PTLD development,⁽²⁾ we investigated the relationship between the incidence of PTLDs and the tacrolimus concentration. Of note, the incidence of pediatric LT-PTLDs decreased in the late period (2006-2020). As a possible reason for this, the tacrolimus trough in pediatric patients with LT-PTLDs was significantly higher in the early period than that in the late period. These results suggest that the high concentration of tacrolimus may, at least in part, be involved in the development of pediatric LT-PTLDs.⁽³⁸⁾

In this study, we identified the following 3 prognostic factors in LT-PTLDs: age ≥ 18 years at PTLD diagnosis, PS ≥ 2 at PTLD diagnosis, and monomorphic PTLDs. The LT-PTLD score, which consists of these 3 factors, significantly stratified patient survival and PFS in LT-PTLDs. To date, the following prognostic factors have been reported for PTLDs after KT or various SOTs (Table 4): PS ≥ 2 or $3^{(9-12,14)}$; monomorphic PTLDs^(6,10); age ≥ 16 years⁽¹⁴⁾, >55⁽⁶⁾, or >60⁽¹¹⁾ years; LDH elevation^(6,11,12); hypoalbuminemia⁽¹³⁾; manifested B symptoms⁽¹²⁾; number of sites involved⁽⁹⁾; and involvement of transplanted organs,⁽¹⁰⁾

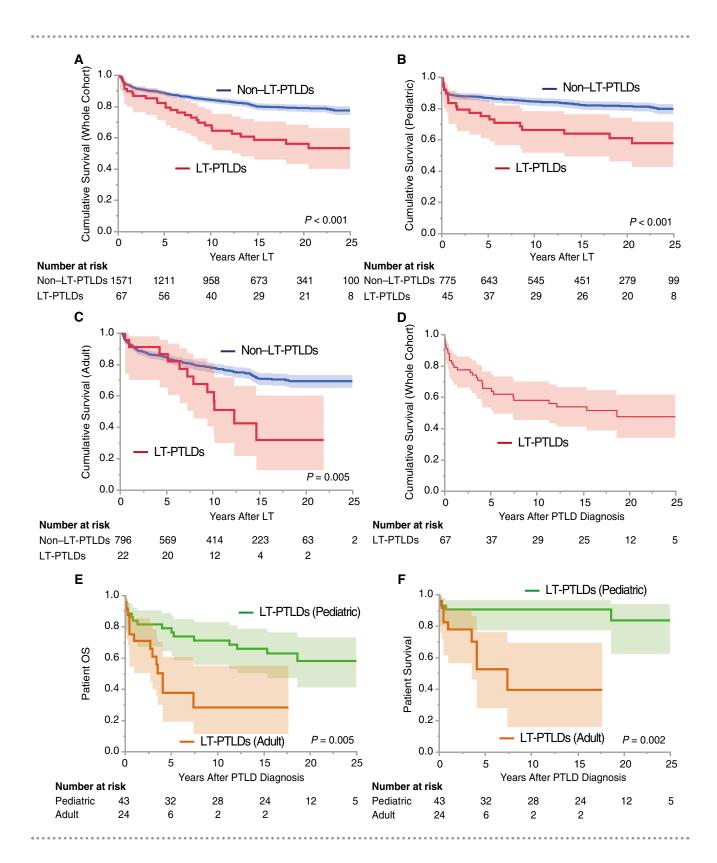


FIG. 5. Significant stratification of patient prognosis by LT-PTLD score. Patient survival and PFS proportions were analyzed according to LT-PTLD score, which consists of the following 3 independent prognostic factors: age ≥ 18 years (2 points) and PS ≥ 2 (1 point) at LT-PTLD diagnosis and monomorphic PTLDs (1 point). Patient deaths not related to PTLD were treated as "censored" in A and C. (A) Patients with LT-PTLDs were classified into 0 to 4 points by the LT-PTLD score, which effectively stratified the patient prognosis. As shown, LT-PTLD patients with point 0 showed 100% survival. The higher the LT-PTLD score, the worse the patient survival (P < 0.001 by a log-rank test). (B) A flowchart illustrating the prognostic scoring system, by which 0, 1-2, and 3-4 points are regarded as low, intermediate, and high risk for PTLD-related deaths, respectively. (C) LT-PTLD score significantly stratified the patient prognosis. As shown, LT-PTLD—related mortality significantly worsened as the score increased (P = 0.003 in 0 versus 1-2, P = 0.04 in 1-2 versus 3-4, and P < 0.001 in 0 versus 3-4). Similarly, (D) OS including other causes of death (P = 0.02 in 0 versus 1-2, P = 0.17 in 1-2 versus 3-4, P < 0.001 in 0 versus 3-4, P = 0.003 in 0 versus 1-4) and (E) PFS (P = 0.003 in 0 versus 1-2, P = 0.37 in 1-2 versus 3-4, P < 0.001 in 0 versus 3-4, P < 0.001 in 0 versus 1-4) were both significantly and effectively stratified by LT-PTLD score. These results demonstrated that the LT-PTLD score allows more precise estimation of patient prognosis with LT-PTLDs.

	Univariate Analysis		Multivariate Analysis			
Variables	HR	95% CI	P Value	HR	95% Cl	P Value
Male sex	0.84	0.29-2.42	0.75			
Age at PTLDs \geq 18 years	5.69	1.70-19.0	0.005	11.2	2.63-47.4	0.001
Primary disease: non-BA	3.60	1.17-11.1	0.03			
ABO incompatible	0.37	0.05-2.82	0.38			
EBV naïve	NA*	NA*	NA*			
Positive EBV PCR	0.72	0.14-3.76	0.70			
Positive EBER	0.62	0.18-2.17	0.46			
PS ≥2	3.21	1.12-9.17	0.03	6.77	1.56-29.3	0.01
Ann Arbor stage ≥III	0.88	0.27-2.86	0.83			
Bulky tumor ≥5 cm	2.11	0.46-9.80	0.34			
Extranodal lesion ≥ 1	5.00	1.53-16.3	0.008	0.38	0.07-2.20	0.28
LDH elevation	3.69	0.48-28.7	0.21			
IPI ≥3	1.36	0.36-5.16	0.65			
Time to PTLDs ≥ 1 year	1.23	0.41-3.69	0.72			
Monomorphic PTLDs	6.43	1.98-20.8	0.002	6.78	1.40-32.9	0.02

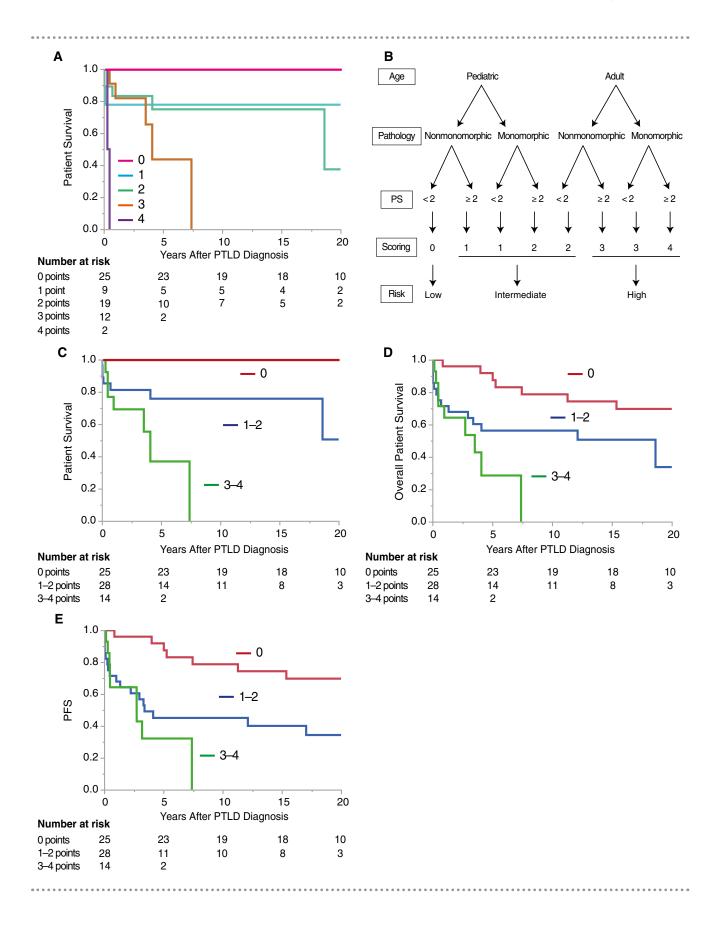
TABLE 2. Univariate and Multivariate Analyses of Clinical Factors Affecting Patient Survival With LT-PTLDs

NOTE: *P* values < 0.05 are bold.

*NA because no patients died as a result of PTLDs in either or both groups of the analyzed variable.

CNS,⁽¹³⁾ or BM.⁽¹³⁾ Taken together with the current results, age \geq 18 years and PS \geq 2 at PTLD diagnosis and monomorphic PTLDs may be universal prognostic factors for patient prognosis, regardless of transplanted organs.

Consistent with a previous report,⁽²⁾ we demonstrated that EBV-positive PTLDs developed significantly earlier than EBV-negative PTLDs (P < 0.001). In contrast, several reports have shown that recipients who are EBV naïve are at the highest risk to develop PTLDs⁽³⁹⁻⁴¹⁾ and that primary EBV infection after SOT in recipients who are EBV naïve is a risk factor for early PTLDs.⁽⁴²⁾ In this study, however, pretransplant EBV serologies were all positive in adults (100%), and even in the pediatric cohorts, 65.5% (19/29 cases) were EBV positive preoperatively. Notably, no significant difference was found between EBV-seropositive and EBV-negative patients in the timing of overall LT-PTLD onset. Although EBV-positive patients tended to develop LT-PTLDs earlier than EBV-naïve cases in children, this difference did not reach statistical significance (P = 0.06; Supporting Fig. 2E). It remains unclear whether these results are characteristic in LT-PTLDs; however, given that more than 95% of adults worldwide are infected with EBV,⁽⁴³⁾ further large-scale studies are needed, especially focusing on pediatric LT-PTLDs.



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FIG. 4. Patient survival after LT and PTLD diagnosis. The recipients who died within 3 months were excluded to eliminate the influence of early mortality from other causes, that is, the severe infections, refractory rejections, or intracranial bleeding in Fig. 2A-C. The shaded areas show 95% CI. (A) Overall recipient survival: LT-PTLDs versus non-LT-PTLDs. Comorbid LT-PTLDs significantly worsened recipient survival compared with those without (P < 0.001 by a log-rank test). (B) Pediatric recipient survival: LT-PTLDs versus non-LT-PTLDs. Similarly, comorbid LT-PTLDs in the pediatric cohort (<18 years of age) significantly worsened recipient survival compared with those without (P < 0.001). (C) Adult recipient survival: LT-PTLDs versus non-LT-PTLDs. In the adult cohort, comorbid PTLDs significantly worsened recipient survival compared with those without (P = 0.005). (D) Patient OS in LT-PTLDs. The overall 3-year, 5-year, and 10-year patient survival rates after LT-PTLD diagnosis were 74%, 66%, and 58%, respectively. (E) Patient OS in LT-PTLDs: pediatric versus adult cases. The 3-year, 5-year, and 10-year pediatric patient survival rates after LT-PTLD diagnosis were 81%, 79%, and 71%, respectively, whereas those of adults were 61%, 38%, and 28%, respectively. Pediatric LT-PTLDs showed significantly better patient survival than adult PTLDs (P = 0.005). (F) Patient survival in LT-PTLDs: pediatric versus adult cases. Patient deaths not related to PTLD were treated as "censored." LT-PTLD-associated mortality was significantly lower in pediatric LT-PTLDs than in adult LT-PTLDs (P = 0.002).

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TABLE 3. U	nivariate Analyses of	Clinical Factors Affecti	ng Pediatric and Adult Pati	ent Survival With LT-PTLDs

	Pediatric $(n = 43)$			Adult (n = 24)		
Variables	HR	95% CI	P Value	HR	95% Cl	P Value
Male sex	1.67	0.28-10.0	0.57	0.43	0.10-1.75	0.24
Primary disease: non-BA	NA*	NA*	NA*	NA*	NA*	NA*
ABO incompatible	0.95	0.11-8.47	0.96	NA*	NA*	NA*
PELD score	1.04	0.90-1.18	0.54	NA*	NA*	NA*
MELD score	NA*	NA*	NA*	1.02	0.94-1.10	0.63
EBV naïve	NA*	NA*	NA*	NA*	NA*	NA*
Positive EBV PCR	NA*	NA*	NA*	2.71	0.36-20.6	0.34
Positive EBER	NA*	NA*	NA*	0.93	0.16-5.40	0.94
PS ≥2	9.64	1.07-86.8	0.04	3.69	0.89-15.4	0.07
Ann Arbor stage ≥III	1.90	0.27-13.5	0.52	0.64	0.13-3.08	0.57
Bulky tumor ≥5 cm	5.94	0.54-65.5	0.15	0.82	0.01-6.66	0.85
Extranodal lesion ≥ 1	4.46	0.73-27.3	0.11	4.05	0.79-20.8	0.09
LDH elevation	NA*	NA*	NA*	3.17	0.38-26.1	0.28
IPI ≥3	NA*	NA*	NA*	1.45	0.34-6.14	0.61
Time to PTLDs ≥ 1 year	0.68	0.11-4.14	0.68	1.14	0.23-5.76	0.87
Monomorphic PTLDs	13.7	1.51-124.2	0.02	4.71	0.87-25.5	0.07

NOTE: *P* values < 0.05 are bold.

*NA because no patients died as a result of PTLDs in either or both groups of the analyzed variable.

As for monitoring interventions for early detection of PTLDs, we focused on sIL2R. We examined sIL2R in 25 LT-PTLD patients at diagnosis, in which 22 patients (88%) showed an increase in serum sIL2R. Notably, monomorphic PTLDs showed higher sIL2R than non-monomorphic types (P = 0.09; Supporting Table 3). When the cutoff value of 1800 U/mL, calculated from the receiver operating characteristic curve (ROC), is indicated, serum sIL2R is significantly higher in monomorphic PTLDs than in the others (P = 0.02; Supporting Table 3). Although EBV PCR was used for monitoring the PTLD onset,⁽⁴⁴⁾ early detection of monomorphic PTLDs seems difficult because EBV PCR viral load was significantly lower in monomorphic PTLDs than in the others (P = 0.03; Supporting Table 3). These results suggest that monomorphic PTLDs are less associated with EBV infection than non-monomorphic types. Taken together, satisfying both high sIL2R and low viral load by EBV PCR may suggest the presence of monomorphic PTLDs. Although further large-scale studies are needed, the combination of these 2 parameters may be useful for the early detection of monomorphic PTLDs that require intensive treatments including chemotherapies.

The current study has several limitations. First, this is a retrospective, single-center study, which could not avoid potential selection bias. A multicenter study with a larger cohort is required to validate our findings. Second, we included PTLD-like lesions in the current analysis, although they are excluded

Year	Journal	First Author and Citation	Transplanted Organs and Patient Numbers	Prognostic Factors
2001	Journal of Clinical Oncology	Leblond ⁽⁹⁾	Kidney: 35, heart: 19, lung: 5, liver: 3	PS ≥2, number of involved sites
2005	Journal of Clinical Oncology	Ghobrial ⁽¹⁰⁾	Kidney: 36, kidney and pancreas: 7, pancreas: 5, liver: 35, lung: 4, heart: 15, multiorgan/other: 5	PS ≥3, monomorphic PTLDs, graft organ involvement
2007	Annals of Hematology	Choquet ⁽¹¹⁾	Heart: 16, kidney: 22, lung: 11, kidney and pancreas/heart and lung: 11	Age >60 years, PS \geq 2, elevated LDH
2008	British Journal of Haematology	Hourigan ⁽¹²⁾	Kidney: 42	PS \geq 2, elevated LDH, B symptoms
2010	Journal of Clinical Oncology	Evens ⁽¹³⁾	Kidney: 37, kidney and pancreas: 9, pan- creas: 4, liver: 17, heart: 8, lung: 5	CNS involvement, BM involvement, hypoalbuminemia
2013	Journal of Clinical Oncology	Caillard ⁽⁶⁾	Kidney: 500	Age >55 years, serum creati- nine >133 μmol/L, elevated LDH, disseminated PTLDs, CNS involve- ment, serous membrane invasion, T cell PTLDs, monomorphic PTLDs
2015	British Journal of Haematology	Montanari ⁽¹⁴⁾	Heart: 63, kidney: 32, liver: 22, other: 10	Age \geq 16 years, PS \geq 2, CD20 negative

TABLE 4. Previously Reported Prognostic Factors in PTLDs

from PTLDs in the standard definition.⁽²⁶⁾ However, their characteristics and required treatments are not different from those of PTLDs. Because PTLD-like lesions accounted for as much as 25% of the current cohorts, we consider that they should be recognized more widely as important forms of PTLDs. Third, there were missing values in some variables, including pretransplant EBV/CMV serologies, EBV PCR, and sIL2R. Despite their significance in PTLD pathogenesis, they were not always measured, especially in the earlier era.

In conclusion, LT-PTLDs occurred in 3.8% overall, 5.1% in pediatric, and 2.3% in adult LT recipients, which significantly worsened patient survival. Age \geq 18 years and PS \geq 2 at PTLD diagnosis and monomorphic PTLDs were identified as independent prognostic factors for patient survival with LT-PTLDs. The LT-PTLD score that consists of these 3 factors effectively stratified patient survival and PFS. Although required to be validated, the LT-PTLD score may distinguish high-risk cases of LT-PTLDs and provide a potential guide for adequate interventions.

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