## RESEARCH

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# Comparison of six antibody assays and two combination assays for COVID-19



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#### Abstract

Introduction: In this work, six SARS-CoV-2-specific antibody assays were evaluated, namely, two pan-immunoglobulin (pan-lg) assays [Roche Elecsys Anti-SARS-CoV-2 (named "Elecsys" in this study) and the PerkinElmer SuperFlex<sup>™</sup> Anti-SARS-CoV-2 Ab Assay (SuperFlex\_Ab)], two IgM assays [SuperFlex<sup>™</sup> Anti-SARS-CoV-2 IgM Assay (SuperFlex\_IgM) and YHLO iFlash-SARS-CoV-2 IgM (iFlash\_IgM)], and two IgG assays [SuperFlex<sup>™</sup> Anti-SARS-CoV-2 IgG Assay (Super-Flex\_IgG) and iFlash-SARS-CoV-2 IgG (iFlash\_IgG)]. Combination assays of SuperFlex<sup>™</sup> (SuperFlex\_any) and iFlash (iFlash\_any) were also evaluated.

**Methods:** A total of 438 residual serum samples from 54 COVID-19 patients in the COVID-19 group and 100 samples from individuals without evidence of SARS-CoV-2 infection in the negative control group were evaluated.

**Results:** In the early stage of COVID-19 infection, within 14 days of symptom onset, the seropositive rate was lower than that of the late stage 15 days after onset (65.4% vs 99.6%). In the total period, the pan-Ig and IgG assays had higher sensitivity (90.8–95.3%) than the IgM assays (36.5–40.7%). SuperFlex\_Ab and SuperFlex\_any had higher sensitivity than Elecsys and SuperFlex\_IgG (p < 0.05). The specificity of all the assays was 100%, except for SuperFlex\_IgM (99.0%). The concordance rate between each assay was higher (96.4–100%) in the late stage than in the early stage (77.4–98.1%).

**Conclusion:** For the purpose of COVID-19 diagnosis, antibody testing should be performed 15 days after onset. For the purpose of epidemiological surveillance, highly sensitive assays should be used as much as possible, such as SuperFlex\_Ab, iFlash\_IgG and their combination. IgM assays were not suitable for these purposes.

Keywords: COVID-19, SARS-CoV-2, Antibody testing, Serology

#### Introduction

Since the start of the coronavirus disease 2019 (COVID-19) pandemic and its worldwide spread, the gold standard for diagnosis has been the identification of viral RNA by reverse-transcription polymerase chain reaction (RT-PCR) from nasal swabs, nasopharyngeal swabs, or saliva [1]. RT-PCR can detect the infectious severe acute

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<sup>1</sup> Department of Clinical Laboratory Medicine, Kyoto University Graduate School of Medicine, 54 Shogoin-Kawaharacho, Sakyo-ku, Kyoto 606-8507, Japan respiratory syndrome coronavirus (SARS-CoV-2) virus itself with high sensitivity and specificity. However, false-negative results can be obtained due to sampling errors, the sample collection site, swab type, timing of sample collection, skill of the laboratory staff, etc. [2].

Antibody testing for COVID-19 can be a complementary diagnostic tool to RT-PCR. Because seroconversion is generally observed 3 to 14 days after symptom onset, antibody testing is not suitable for the early diagnosis of COVID-19 [3]. However, it can be suitable for the following purposes: (1) the diagnosis of patients more than 7 days after symptom onset, (2) the diagnosis of patients with a negative RT-PCR test but with strong suspicion of



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COVID-19 infection, (3) contact tracing, (4) the determination of potential immunity, and (5) serosurveillance [4]. At present, many antibody assays for COVID-19 are available and have been authorized by the U.S. Food and Drug Administration (FDA) under emergency use authorization (EUA) [5]. Although these assays have good sensitivity and specificity (87.9-100% sensitivity and 95.0-100% specificity for IgG), the sensitivity and specificity values are mainly determined 14 days from symptom onset or later. For the purpose of serosurveillance, it is desirable to select an antibody test that has good sensitivity and specificity not only for the late stage of COVID-19 infection but also the early stage so that seropositive cases of early-stage COVID-19 can be detected. Thus, we compared six assays and two combination assays, including one assay approved under EUA by the FDA, with the goal of identifying the assay(s) with the highest sensitivity and specificity.

#### **Materials and methods**

#### Study settings

Sera from two distinct groups, the COVID-19 group (COG) and the negative control group (NCG), were analyzed in this study. The COG samples were composed of a total of 438 residual serum samples from 54 COVID-19 patients who were admitted to Kyoto University Hospital, Kyoto, Japan from April 2020 to January 2021. All patients were confirmed to have COVID-19 infection by RT-PCR using saliva and/or nasopharyngeal swab

samples. All patients were confirmed to have COVID-19 infection by RT-PCR using saliva and/or nasopharyngeal swab samples, which were performed because individuals had symptoms of COVID-19 or were in close contact with COVID-19 patients [6]. The characteristics of these patients are shown in Table 1. The numbers of patients and samples and the timing of sample collection are shown in Table 2. The severity of COVID-19 was defined according to the World Health Organization (WHO) severity classification [7].

The NCG samples included 100 of 1589 randomly selected serum samples that were derived from regional epidemiological surveillance of COVID-19 from September 2020 to October 2020 in Kyoto City, Japan. None of the NCG group participants tested positive by RT-PCR or had evidence of COVID-19 infection.

#### Laboratory methods and antibody testing

Sera from patients and research participants were separated after centrifugation and stored at -80 °C in a deep freezer until analysis. The samples were analyzed using six assays from three manufacturers according to the manufacturer's instructions, including calibration and quality control (QC) (Table 3). QC tests of each assay were performed using QC reagents supplied by each company [reciControl Anti-SARS-CoV-2 for Elecsys, provided QC reagents for SuperFlex (control 1 and control 2 are provided each assay kit), and 2019-nCovIgG Control 2019-nCovIgM Control for iFlash]. These

Table 1 Demographic characteristics of patients in COVID-19 group

	Total COVID-19 patients (n = 54)	Seropositive patients* (n = 48)	Seronegative patients (n=6)	p value
Age, years old (IQR)	69.5 (57.25–82.5)	71 (57.75–83.5)	65.5 (57.3–73.8)	0.31
Sex, female (%)	13 (24.1%)	10 (20.8%)	5 (50.0%)	0.14
Severity, no. (%)				< 0.01
Critical	21 (38.9%)	21 (43.8%)	0 (0%)	0.07
Severe	17 (31.5%)	16 (33.3%)	1 (16.7%)	0.65
Moderate	9 (16.7%)	7 (14.6%)	2 (33.3%)	0.26
Mild	5 (9.3%)	2 (4.2%)	3 (50.0%)	< 0.01
Asymptomatic	2 (3.7%)	2 (4.2%)	0 (0%)	1.00
Respiratory support, no. (%)				< 0.01
MV and ECMO	5 (9.3%)	5 (10.4%)	0 (0%)	1.00
MV	14 (25.9%)	14 (29.2%)	0 (0%)	0.32
None or oxygen	35 (64.8%)	29 (60.4%)	6 (100%)	0.08
Administration				
Collected samples, no. (IQR)	5 (3–9)	7 (3–10.25)	2 (2–2.75)	< 0.01
Days of serum sample collection from onset, median days (IQR)	18 (12–39)	19 (12–40)	6 (3–10)	< 0.01

IQR, interquartile range; NA, data not available; MV, mechanical ventilation; ECMO, extra corporeal membrane oxygenation; ICU, intensive care unit \*Patients who were positive for at least one of SARS-CoV-2 specific antibody testing

<sup>+</sup> The SuperFlex\_any is the assay combined with SuperFlex\_Ab, SuperFlex\_IgM, and SuperFlex\_IgG

 $^{\#}$  The iFlash\_any is the assay combined with iFlash\_lgM and iFlash\_lgG

Table 2 Patients and Samples analyzed in this study, and result of each assay in each period

	Assay name (in this study)	Manufacturer (using instrument)	Measurement method	Target protein	Immunoglobulin class	FDA EUA	CE-IVD
1	Elecsys Anti-SARS-CoV-2 (Elecsys)	Roche (Cobas e602)	ECLIA	Ν	Pan-Ig	(+)	(+)
2	SuperFlex <sup>™</sup> Anti-SARS-CoV-2 Ab Assay (SuperFlex_Ab)	PerkinElmer (SuperFlex)	CLIA	S	Pan-Ig	(—)	(—)
3	SuperFlex <sup>™</sup> Anti-SARS-CoV-2 lgM Assay (SuperFlex_lgM)	PerkinElmer (SuperFlex)	CLIA	N and S	lgM	(—)	(—)
4	SuperFlex <sup>™</sup> Anti-SARS-CoV-2 lgG Assay (SuperFlex_lgG)	PerkinElmer (SuperFlex)	CLIA	S	lgG	(—)	(+)
5	iFlash-SARS-CoV-2 lgM (iFlash_ lgM)	Shenzhen YHLO (iFlash 3000)	CLIA	N and (S)	lgM	(—)	(+)
6	iFlash-SARS-CoV-2 lgG (iFlash_ lgG)	Shenzhen YHLO (iFlash 3000)	CLIA	N and (S)	lgG	(—)	(+)

Table 3 Assays for SARS-CoV-2 antibody testing used in this study

FDA, Food and Drug Administration; EUA, Emergency Use Authoraization; ECLIA, electro chemiluminescence immunoassay; CLIA, chemiluminescent immunoassay; N, nucleocapsid protein; S, spike protein; Pan-Ig, Pan-immunogulobulin

assays consisted of two pan-immunoglobulin (pan-Ig) assays [Roche Elecsys Anti-SARS-CoV-2 (named "Elecsys" in this study) and PerkinElmer SuperFlex<sup>TM</sup> Anti-SARS-CoV-2 Ab Assay (SuperFlex Ab)], two IgM assays [SuperFlex<sup>™</sup> Anti-SARS-CoV-2 IgM Assay (SuperFlex IgM) and YHLO iFlash-SARS-CoV-2 IgM (iFlash IgM)], and two IgG assays [SuperFlex<sup>™</sup> Anti-SARS-CoV-2 IgG Assay (SuperFlex\_IgG) and iFlash-SARS-CoV-2 IgG (iFlash\_IgG)]. Elecsys is approved under EUA by the US FDA and marked with CE-in vitro-diagnostic medical devices (IVDs), and it has 100% sensitivity [95% confidence interval (CI): 88.3-100%] and 99.8% specificity (95% CI: 99.7-99.9%) [5]. SuperFlex\_IgG, iFlash\_IgM, and iFlash IgG are also marked with CE-IVD. Information about the measurement method and target antigens of these assays is also shown in Table 3. Furthermore, we evaluated two combination assays: "SuperFlex\_any", which is a combination of SuperFlex\_Ab, SuperFlex\_IgM, and SuperFlex\_IgG, and "iFlash\_any", which is an iFlash\_ IgM and iFlash\_IgG combination. At present, there is no standard method available for SARS-CoV-2 antibody testing for diagnosis and serosurveillance. Therefore, if seroconversion was observed and at least one of these assays was positive, SARS-CoV-2 antibody testing was defined as seropositive in this study.

#### Statistical analysis

All statistical analyses were performed using R version 4.0.3 [8]. A p-value of <0.05 was considered statistically significant. Fisher's exact test was used to compare categorical variables. Mann–Whitney U-test was used to compare ordinal or continuous variables. McNemar's exact test was used to compare the sensitivities between each assay. To observe agreement, the agreement rate, Cohen's kappa, and Gwet's AC1 were calculated between

each assay, with the exception of IgM assays, which have obviously lower positivity rates than the other assays [9].

#### Results

#### **Patients and samples**

Among the 54 patients in the COG, the median age was 69.5 years old [interquartile range (IQR) 57.25-82.5], and 24.1% were female (Table 1). Most of these patients were seriously ill, as follows: 38.9% were in a critical state, and 31.5% were in a severe state. Both mechanical ventilation (MV) and extracorporeal membrane oxygenation (ECMO) were used in 9.3% of patients, and MV without ECMO was used in 25.9%. Seroconversion was observed in 48 (88.9%) of 54 patients, who were defined as seropositive patients (Table 1). During the study period, a total of 438 serum samples were analyzed, among which 381 samples (87.0%) were positive in at least one of the COVID-19 antibody assays. The NCG included 100 randomly selected participants from 1589 regional epidemiological studies. They were essential workers in Kyoto City, Japan [median age: 43 years old (IQR 33-49.5), female: 41%]. All their SARS-CoV-2 RT-PCR tests were negative, and they had no evidence of COVID-19 infection, such as clinical manifestations and close contact with COVID-19 patients.

#### Positivity rate among serum samples of COVID-19 patients

The positivity rate of antibody testing among serum samples of the COG varied according to the days after symptom onset and the assay (Fig. 1). In the early stage of COVID-19, within 14 days of symptom onset, the positivity rate was lower than that in the late stage, at 15 days after onset (65.4% vs 99.6%). The IgM assays had lower positivity rates than the other assays, including the pan-Ig, IgG, and combination assays. The highest positivity rates among the IgM assays occurred between day 22 and



day 28 after onset, at 76.7% (SuperFlex\_IgM) and 86.0% (iFlash\_IgM). Fifteen days after onset, almost all pan-Ig and IgG assays revealed positive results (92.5–100%).

# Sensitivity, specificity, positive predictive value, and negative predictive value

The sensitivity, specificity, positive predictive value (PPV), and negative predictive value (NPV) of the assays are shown in Table 4. In general, the pan-Ig, IgG, and combination assays had good sensitivities, specificities, PPVs and NPVs. Similar to the positivity rate, the sensitivities in the early stage were lower than those in the late stage. In each stage, IgM assays had lower sensitivities than other assays. Then, we compared pan-Ig assays (Elecsys and SuperFlex\_Ab), IgG assays (SuperFlex\_IgG and iFlash\_IgG), and combination assays (SuperFlex\_ any and iFlash\_any). In the total period, SuperFlex\_Ab and SuperFlex\_any had higher sensitivities than Elecsys and SuperFlex\_IgG (p<0.05, Fig. 2a)). iFlash\_IgG and iFlash\_any also had higher sensitivities than SuperFlex\_ IgG (p=0.02). The specificity of all the assays was 100%, except for SuperFlex\_IgM (99.0%), and this result affected the specificity of SuperFlex\_any. In the early stage, Super-Flex\_Ab, SuperFlex\_any, iFlash\_IgG, and iFlash\_any had relatively higher sensitivity (82.1-84.9%). In the late stage, the concordance rate between each assay was high (96.4–100%, Fig. 3), and the results of Gwet's AC1 also supported this finding. However, in the early stage, the concordance rate between each assay was likely to be low (77.4-98.1%).

#### Discussion

The six assays and two combination assays for COVID-19 antibody testing were compared using 438 serum samples from 54 confirmed COVID-19 patients and 100 samples from COVID-19-negative individuals in this study. The 2 pan-Ig assays (Elecsys and SuperFlex Ab), two IgG assays (SuperFlex IgG and iFlash IgG), and two combination assays (SuperFlex\_any and iFlash\_any) had high sensitivities, specificities, PPVs and NPVs. Moreover, the positivity rates of these assays among COVID-19-confirmed patients were also high, especially 15 days after symptom onset. On the other hand, the positivity rates and sensitivities of the IgM assays (SuperFlex IgM and iFlash\_IgM) were lower than those of the pan-Ig assays, IgG assays, and combination assays in each period. At least in this study, there was no evidence that the IgM assays were superior to the pan-Ig or IgG assays. Therefore, pan-Ig assays, IgG assays and combination assays are all considered appropriate for both epidemiological studies and clinical use.

Although the usefulness of antibody testing for SARS-CoV-2 remains controversial, the CDC suggests its importance for public health and clinical use, e.g., for monitoring and responding to the COVID-19 pandemic [10]. They recommend choosing an assay with very high sensitivity and specificity. PerkinElmer SuperFlex<sup>TM</sup> contains 3 assays, pan-Ig, IgG, and IgM assays, and the pan-Ig and IgG assays have high sensitivities and remarkably high specificities. SuperFlex<sup>TM</sup> can also be used with the orthogonal testing algorithm. Therefore, SuperFlex<sup>TM</sup> is a feasible way to adhere to the CDC's recommendation.

Fifteen days after onset, pan-Ig assays, IgG assays and combination assays were positive, with a high positivity rate. On the other hand, in the early clinical stage, the

	Sensitivity (95% CI)	Specificity (95% Cl)	PPV (95% CI)	NPV (95% CI)
Total				
Elecsys	91.3% (88.1–94.0%)	100% (96.4–100%)	100% (98.9–100%)	75.2% (67.0–82.3%)
SuperFlex_Ab	94.8% (92.0–96.8%)	100% (96.4–100%)	100% (99.0–100%)	83.3% (75.4–89.5%)
SuperFlex_IgM	36.5% (31.6–41.5%)	99.0% (94.6–100%)	99.3% (96.1–100%)	29.0% (24.3–34.2%)
SuperFlex_lgG	90.8% (87.5–93.5%)	100% (96.4–100%)	100% (98.9–100%)	74.1% (65.8–81.2%)
SuperFlex_any*	95.3% (92.6–97.2%)	99.0% (94.6–100%)	99.7% (98.5–100%)	84.6% (76.8–90.6%)
iFlash_lgM	40.7% (35.7–45.8%)	100% (96.4–100%)	100% (97.6–100%)	30.7% (25.7–36.0%)
iFlash_lgG	94.5% (91.7–96.6%)	100% (96.4–100%)	100% (99.0–100%)	82.6% (74.7-88.9%)
iFlash_any#	94.5% (91.7–96.6%)	100% (96.4–100%)	100% (99.0–100%)	82.6% (74.7–88.9%)
Day 1–14				
Elecsys	77.4% (68.2–84.9%)	100% (96.4–100%)	100% (95.6–100%)	80.6% (72.6–87.2%)
SuperFlex_Ab	82.1% (73.4–88.8%)	100% (96.4–100%)	100% (95.8–100%)	84.0% (76.2–90.1%)
SuperFlex_lgM	19.8% (12.7–28.7%)	99.0% (94.6–100%)	95.5% (77.2–99.9%)	53.8% (46.3–61.2%)
SuperFlex_IgG	67.9% (58.2–76.7%)	100% (96.4–100%)	100% (95.0–100%)	74.6% (66.4–81.7%)
SuperFlex_any*	84.0% (75.6–90.4%)	99.0% (94.6–100%)	98.9% (94.0-100%)	85.3% (77.6–91.2%)
iFlash_lgM	39.6% (30.3–49.6%)	100% (96.4–100%)	100% (91.6–100%)	61.0% (53.1–68.5%)
iFlash_lgG	84.9% (76.6–91.1%)	100% (96.4–100%)	100% (96.0–100%)	86.2% (78.6–91.9%)
iFlash_any#	84.9% (76.6–91.1%)	100% (96.4–100%)	100% (96.0–100%)	86.2% (78.6–91.9%)
Day 15–182				
Elecsys	96.7% (93.9–98.5%)	100% (96.4–100%)	100% (98.6–100%)	91.7% (84.9–96.2%)
SuperFlex_Ab	99.6% (98.0–100%)	100% (96.4–100%)	100% (98.7–100%)	99.0% (94.6–100%)
SuperFlex_IgM	42.9% (37.0–49.0%)	99.0% (94.6–100%)	99.2% (95.4–100%)	38.7% (32.7–44.9%)
SuperFlex_IgG	99.6% (98.0–100%)	100% (96.4–100%)	100% (98.7–100%)	99.0% (94.6–100%)
SuperFlex_any*	99.6% (98.0–100%)	99.0% (94.6–100%)	99.6% (98.0–100%)	99.0% (94.6–100%)
iFlash_lgM	41.1% (35.2–47.2%)	100% (96.4–100%)	100% (96.8–100%)	38.2% (32.3–44.3%)
iFlash_IgG	98.2% (95.8–99.4%)	100% (96.4–100%)	100% (98.6–100%)	95.2% (89.2–98.4%)
iFlash_any#	98.2% (95.8–99.4%)	100% (96.4–100%)	100% (98.6–100%)	95.2% (89.2–98.4%)

Table 4	Sensitivity, spe	cificity, posit	ive predicted	value, and r	negative pre	dicted value

PPV, positive predicted value; NPV, negative predicted value; CI, confidence interval

\*The SuperFlex\_any is the assay combined with SuperFlex\_Ab, SuperFlex\_IgM, and SuperFlex\_IgG

<sup>#</sup> The iFlash\_any is the assay combined with iFlash\_IgM and iFlash\_IgG

positivity rate was low, and the concordance rate varied depending on the assay. These tendencies have also been observed in former studies [11–13]. In particular, Super-Flex\_Ab and SuperFlex\_any had significantly higher sensitivities than Elecsys—one of the FDA EUA assays. SuperFlex\_Ab, SuperFlex\_any, iFlash\_IgG, and iFlash\_any demonstrated the same performance in detecting SARS-CoV-2-specific antibodies and had relatively high sensitivity, even in the early stage. Increased sensitivity in the early stage is a great benefit for clinical diagnosis and serosurveillance. Although pan-Ig assays and IgG assays had good sensitivities relative to other than IgM assays, their performance in the early stage was suboptimal.

There remains no gold standard for COVID-19 antibody testing. One feasible strategy is to evaluate antibody assays using neutralizing antibodies as the standard. Of course, for the evaluation of convalescent plasma and vaccination, neutralizing assays should be used as the standard. However, for SARS-CoV-2-specific antibody testing assays, as used in this study, the sensitivity of antibody detection could be higher than that for neutralizing antibody testing for diagnosis. Moreover, the procedures are more complex for neutralizing assays than for antibody testing. Therefore, from a standpoint of seroprevalence, SARS-CoV-2-specific antibodies instead of neutralizing antibodies could be more easily detected and appropriate for study. Therefore, we defined seropositive as an antibody-positive result obtained from at least one assay among seroconversion-observed patients. However, this strategy may cause false-positive results. Each assay is a semiquantitative assay, and the antibody titer can increase. Even if only one positive result was obtained from one patient, the other assays could reveal a lower antibody titer increase that is below the cutoff level. In the early stage, between day 1 and day 14 after symptom onset, SuperFlex\_Ab, SuperFlex\_any, and iFlash\_IgG had



approximately 80% sensitivity. As described in a previous study, it is difficult to determine the optimal assay for the detection of SARS-CoV-2-specific antibodies during this period [11–13]. Fifteen days after symptom onset, the pan-Ig, IgG assays, and combination assays had remarkably high sensitivities, and no significant difference was found among them.

This study has several limitations, which should be acknowledged. First, the COG in this study included mainly COVID-19 patients hospitalized with severe illness and a small number of mild or asymptomatic patients. Some studies described negative results for antibody testing among patients who were asymptomatic or who had mild disease [14]. The patient characteristics widely differed, and the timing of blood sample collection could not be matched. Second, this study population included a relatively small number of patients at 56 days after onset. Further evaluation is needed to understand how long antibodies can be detected among COVID-19 patients. Third, a neutralizing antibody assay could not be performed. Therefore, it remains uncertain whether the antibody tests analyzed in this study can be correlated with that of neutralizing assays. Finally, the SARS-CoV-2 antibody assay that targets the spike protein cannot distinguish between antibodies derived from infection and vaccination. However, it remains valid for testing individuals who have not been vaccinated and for screening use for SARS-CoV-2 antibody detection. For instance, the SuperFlex<sup>TM</sup> assay can be performed easily and has a short turn-around time (15 min). Among the post-vaccinated cohort, antibody assays that target the nucle-ocapsid protein or envelope protein are appropriate for diagnosing COVID-19 infection.

In summary, within 14 days of symptom onset, the positivity rate of SARS-CoV-2 antibody testing was relatively low compared with 15 days after onset. During the late stage of infection, the sensitivities of pan-Ig, IgG and combination assays are very high. However, in the early stage, the sensitivities vary among the assays. The pan-Ig assays, the SuperFlex<sup>TM</sup> combination assay and the IgG and iFlash combination assays were more sensitive than the Elecsys pan-Ig assay approved under EUA by the FDA. For the diagnosis of COVID-19, antibody testing should be performed 15 days after onset. For epidemiological surveillance, assays with high



assay in each period. a-2-c-2 show the results of Gwet's AC1 (95% confidence interval)

sensitivity, even if in the early stage, should be used, such as SuperFlex\_Ab, iFlash\_IgG, and their combination. IgM assays were not suitable for these purposes.

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#### Authors' contributions

MY: Conceptualization, Methodology, Investigation, Data curation, Writing—original draft. KO: Investigation. YK: Investigation. KS: Investigation. SY: Investigation. TN: Investigation. MT: Investigation. YM: Investigation, Writing original draft. YN: Investigation. MN: Writing—original draft. All authors read and approved the final manuscript.

#### Availability of data and materials

All data supporting the conclusions of this article are included in this article.

#### Declarations

#### Ethics approval and consent to participate

This study was performed according to the principles outlined in the Declaration of Helsinki. The Ethics Committee of Kyoto University Graduate School and Faculty of Medicine approved this study (R2379) and waived the need to obtain informed consent from each patient in the COG. The regional epidemiological study in Kyoto City was also approved by the ethics committee (R2523), and informed consent was obtained from each participant.

#### Consent for publication

Not applicable.

#### **Competing interests**

All authors declare that they have no competing interests.

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