1 A non-invasive method for sexing first and second instar larvae of termites using external

2 morphology

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13 Abstract

14 Division of labor is fundamental to the ecological success of social insects. In termites, both 15 sexes engage in social tasks, and the sexual division of labor is common in many taxa. Each caste 16 consisting of both sexes is supplied from the population of newly hatched larvae. To understand 17 their social system, it is necessary to investigate the influence of larval sex composition on their 18 developmental fate. However, no method currently exists for sexing young larvae non-invasively, 19 which is essential for experimental manipulation of the sex composition in a society. Here, we 20 report on sex-specific characteristics of the first and second instar larvae of the subterranean 21 termite *Reticulitermes speratus*. Male larvae possess bristles near the center of the posterior 22 margin of the eighth abdominal sternite that are absent in females. The bristles are detectable 23 under a stereomicroscope without damaging the young instar larvae. The validity of 24 morphological sexing was confirmed by a known sex-specific genetic marker. The sex-specific 25 bristles were also useful to identify the sex of first and second instar larvae of the damp-wood 26 termite Zootermopsis nevadensis, suggesting that morphological sexing is possible for a wide 27 range of termite species. The morphological sexing presented here has broad applicability in 28 studies addressing sex differences in development, caste differentiation, and behavior. These 29 approaches will contribute to understanding why both sexes co-exist in a termite society and 30 allocate tasks, and which tasks are completely compensable by the other sex, thereby deepening 31 our understanding of social systems where both sexes engage in tasks.

32 Keywords: morphological sexing, sexual dimorphism, termites, social insects

33 Introduction

34 Division of labor is fundamental to the ecological success of social insects (Wilson 1971; Oster and 35 Wilson 1978; Beshers and Fewell 2001; Hölldobler and Wilson 2009). In termites, tasks within the 36 colony are performed by morphologically distinct castes (Oster and Wilson 1978; Robinson 1992). 37 Sexual division of labor is common in many termite taxa (Noirot 1985; Roisin 2000, 2001; but also 38 see Yashiro et al. 2018), even within a caste, where males and females engage in different tasks 39 (Yanagihara et al. 2018). Each caste consisting of both sexes is supplied from the population of 40 newly hatched larvae (Oster and Wilson 1978; Noirot and Pasteels 1987; Noirot 1989; Simpson et 41 al. 2011), and the developmental fate of the larvae is largely determined by socioenvironmental 42 factors (Haverty and Howard 1981; Roisin 2000), although transgenerational epigenetic factors also 43 affect larval developmental fates (Matsuura et al. 2018; Matsuura 2020). To understand the 44 regulatory mechanism and dynamics of the division of labor in societies with both sexes, we need 45 to be able to manipulate the sex composition of the newly hatched larvae and investigate its 46 influence on developmental fates in subsequent instars.

47 To date, no non-invasive method exists to separate the sexes of early instar larvae. Previous 48 non-invasive methods of termite sexing using external morphology cannot be used for first and 49 second instar larva. Sexing by external morphology is based on sexual dimorphism in the 50 configuration of abdominal sternites. Females possess a posteriorly enlarged seventh sternite with a 51 convex border and a notched or divided eighth sternite, whereas males possess a seventh sternite 52 with a straight border and a smooth eighth sternite. This discrimination method can be used for 53 alates, soldiers, workers (Imms 1920; Weesner 1969; Zimet and Stuart 1982), and third or older 54 instar larva of Kalotermitidae (Luykx 1986; Neoh and Lee 2011), and Rhinotermitidae (Hayashi et 55 al. 2007). Staining of the reproductive organs with hematoxylin (Noirot 1955) and sex-specific 56 genetic markers (Hayashi et al. 2017) can be used for sexing colony members of any instar; 57 however, these invasive methods are not suitable for developmental and behavioral experiments, 58 which require intact individuals, and the known genetic markers are only applicable for 59 *Reticulitermes speratus.*

In addition to the configuration of abdominal sternites, there is a sex difference in bristles on the eighth abdominal sternite, although no attention has been paid to it in terms of morphological sexing. In the alates, workers and soldiers, males possess bristles near the center of the posterior margin of the eighth sternite, while these are absent in females (Thompson and Snyder 1920; Belyaeva and Dovgobrod 2006). The sex difference in the bristles may also exist in first and second
instar larvae and be useful for non-invasive sexing.

66 To develop a non-invasive sexing method for early instar larvae, we used the subterranean 67 termite, R. speratus (Rhinotermitidae). We investigated sex-specific characteristics, particularly the 68 bristles, in the first and second instar larvae under a stereomicroscope. The accuracy of 69 morphological sexing by the characteristics was confirmed by RADtag 467410, a known 70 sex-specific genetic marker (Hayashi et al. 2017). Next, the influence of the morphological sexing 71 on larval survival was evaluated. To verify the cross-species applicability of this sexing method, we 72 also investigated the sex-specific characteristics of the damp-wood termite, Zootermopsis 73 nevadensis (Archotermopsidae).

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75 Methods

76 Identification of sex-specific characteristics

77 Two mature colonies of *R. speratus* were collected from January to February 2020 in Kyoto, Japan, 78 and the first, second, and third instar larvae were extracted. One hundred larvae for each instar from 79 each colony were randomly selected and used for observation. The sex of the third instar worker 80 larvae was distinguished by the morphology of the seventh and eighth sternites following Weesner 81 (1969) and Zimet and Stuart (1982). Next, we searched for other sex-specific characteristics in the 82 abdominal sternites. Larvae were individually placed in a clear plastic cardholder and observed 83 under a stereomicroscope (SZX7, Olympus, Japan) with objective lens (DFPL1.5x-4), ocular lens 84 (WHSZ10x-H or WHSZ30x-H), and a fiber illuminator (PICL-NEX, Nippon PI, Japan) at a 85 magnification of 12 to 252x. An overview of the device setup is shown in Fig. 1. Similarly, we 86 searched for the presence of these characteristics in the first and second instar larvae under a 87 stereomicroscope.

88

89 Confirmation of sex-specificity using sex-specific genetic markers

90 Ten larvae with and without the characteristics for each instar were randomly selected, and their sex 91 was identified using the RADtag_467410 sex-specific genetic marker (Hayashi et al. 2017). Two 92 colonies were used for replication. Genomic DNA was isolated from the whole bodies of 93 individuals by 2 h digestion with 200 µg/mL Proteinase K (Roche, Germany) in 30 µL of SNET 94 buffer (20 mM Tris–HCl (pH 8.0), 5 mM EDTA, and 400 mM NaCl, 0.3% SDS), followed by 95 precipitation with isopropanol and ethanol. A polymerase chain reaction (PCR) was performed in a

96 10-µL reaction mixture containing primers at 0.5 µM, dNTPs at 0.2 mM, 1 × Ex Taq Buffer, and 97 0.025 U Ex Taq (Takara Bio, Japan), as well as 15 ng of gDNA. The RADtag 467410 primer pair 98 was used for sexing. PCR amplification was performed using the following PCR program: (a) 99 predenaturation at 94 °C for 2 min, (b) 30 cycles of 10 s at 95 °C, 30 s at 60 °C, and 30 s at 72 °C, 100 and (c) a final extension at 72 °C for 3 min. We used the primers for internal transcribed spacer 101 2, ITS2 (Hayashi et al. 2017) as the internal control. Distilled water was used instead of DNA for 102 the negative control, and the gDNA of fifth instar male workers was used as the positive control. 103 The PCR products were electrophoresed in 1% agarose gel and visualized with Midori Green 104 (Nippon Genetics, Japan). To visualize the sex-specific characteristics, both sexes of first, second, 105 and third instar larvae were killed at -80 °C, and micrographs were taken under a scanning electron 106 microscope (SEM:VE-8800, Keyence, Japan).

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108 Effect of morphological sexing on larval survival

109 The survival rates of sex-identified and control larvae were compared. The first, second, and third 110 instar larvae were extracted, and their sex was identified by the morphological sexing method. One 111 hundred larvae were randomly selected for each sex of each instar. Each group of larvae was placed 112 in a Petri dish (ca. 60 mm) with a moist, unwoven cloth with 100 workers. One hundred control 113 larvae were directly placed in the dish after extraction from the colony without sexing. The termites 114 were kept at 25 ± 1 °C in constant darkness, and the number of surviving larvae was recorded daily 115 for 5 days. Two colonies were used for replication.

116

117 Applicability of morphological sexing for specimens

118 The sex-specific characteristics were investigated in the ethanol-preserved specimens of R. speratus.
119 The first and second instar larvae were observed under both a stereomicroscope and SEM. Two
120 larvae for each sex of each instar in two colonies were used for replication.

121

122 Cross-species applicability

Morphological sexing by the sex-specific characteristics was also conducted in *Zootermopsis nevadensis*. Two colonies were collected in April 2019 in Hyogo, Japan. The first, second, and third instar larvae were extracted from the colonies, and the sex was identified by the sex-specific characteristics. In *Z. nevadensis*, morphological sexing by the configuration of the seventh and eighth sternites (Weesner 1969; Zimet and Stuart 1982) was applicable for third instar and older 128 instar larvae. To validate the sex of first and second instar larvae, each larva was individually 129 placed in a Petri dish (ca. 90 mm) with sawdust bait with 10 workers at 25 ± 1 °C in constant 130 darkness and was left to develop into a third instar. Two larvae for each sex of each instar in two 131 colonies were used for replication. To visualize the sex-specific characteristics, both sexes of first,

- second, and third instar larvae were killed at -80 °C, and micrographs were taken under SEM.
- 133

134 Statistical analysis

Survival of the larvae in sex-identified males, females, and the control groups was analyzed using Kaplan–Meier survival analysis. A complete pairwise comparison using the log-rank test with sequential Bonferroni correction was applied to test for differences among survival distributions across the three groups. The data were analyzed separately for each instar. Survival was measured as the number of days from the larva's placement on the dish until death. Larvae that were alive on the fifth day were censored. A two-sided Bonferroni-corrected significance level of P < 0.0167 was set. The statistical analyses were performed using R software v.3.3.3 (R Core Team 2018).

142

143 **Results**

144 Sex-specific characteristics and validity of morphological sexing in *R. speratus*

145 In the third instar larvae, the male possessed extra bristles near the center of the posterior margin of 146 the eighth abdominal sternite that were absent in females (Fig. 2e, f). In the first and second instar, 147 the two types of larvae could be distinguished by the presence of the bristles under a 148 stereomicroscope (Fig. 2a-d). In the first instar, the extra bristles were bilaterally symmetric, and 149 distance between them was similar to that between the styli. In the second instar, the bristle was 150 located near the median line. Larvae possessing bristles also showed male-specific PCR 151 amplification, whereas these were not detected in the larvae without bristles (Fig. 3) in all samples 152 analyzed (n = 10 for each sex of each instar in two colonies). There was no variation in the number 153 and location of sex-specific bristles in the first, second, and third instar in all samples analyzed 154 (n = 100 for each instar in two colonies), although the number of the other bristles varied among 155 larvae.

156

157 Effect of morphological sexing on larval survival in *R. speratus*

158 There were no differences in survival rates between sex-identified males and the control larvae 159 (first instar: $\chi^2 = 0$, df = 1, P = 1, second instar: $\chi^2 = 0.1$, df = 1, P = 0.8), or between sex-identified 160 females and the control larvae (first instar: $\chi^2 = 0$, df = 1, P = 1, second instar: $\chi^2 = 0$, df = 1, P = 1).

161 There was also no sexual difference in the survival rate (first instar: $\chi^2 = 0$, df = 1, P = 1, second

162 instar: $\chi^2 = 0.1$, df = 1, P = 0.8). The 5-day survival rates in sex-identified males, females, and the

163 control groups were 93.0%, 93.0%, and 93.0% in the first instar and 96.0%, 95.5%, and 95.5% in

- 164 the second instar, respectively.
- 165

166 Applicability of the morphological sexing for specimens in *R. speratus*

167 The sex-specific bristles were detectable under a stereomicroscope and an SEM in 99.5% of the 168 ethanol-preserved specimens of the first and second instar larvae.

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170 Cross-species applicability

As in *R. speratus*, third instar males of *Z. nevadensis* possessed extra bristles on the eighth abdominal sternite (Fig. <u>4</u>). The first and second instar larvae possessing the bristles developed into third instar males, whereas the larvae without the bristles developed into third instar females. The morphological sexing in *Z. nevadensis* by the sex-specific bristles under the stereomicroscope was correct in all the samples analyzed, irrespective of instar and colony (n = 2 for each sex of instar in two colonies).

177

178 Discussion

179 We identified sex-specific bristles on the eighth abdominal sternite in first, second, and third instar 180 larvae in R. speratus. There was no variation in the bristles, and PCR amplification of the 181 sex-specific genetic marker indicated that sexing by the bristles under a stereomicroscope was 182 100% accurate in the first to third instars. The morphological sexing did not increase the mortality 183 rate of the larvae. The results indicate that the bristles provide a precise method for sexing under a 184 stereomicroscope without damaging the larvae. The morphological sexing was also applicable to 185 nondestructive determination of the sex of ethanol-preserved specimens. Conventionally, the 186 histological method (Noirot 1955) has been used for sexing dead larvae. Compared to the 187 histological method, the morphological sexing method only requires a stereomicroscope or an SEM, 188 saving economic resources and time. The morphological sexing presented here has broad 189 applicability in studies investigating the sex of termites.

190 The sex-specific bristles were found in the central area of eighth sternite which is known to have 191 sexual difference in development in termites. In the late instars including sterile worker and soldier 192 castes, the central area of eighth sternite in females develops into a part of a membranous genitalia 193 where spermathecal opening locates on its center and no bristles around it, whereas the sternite 194 develops into sclerotized plate with bristles on its posterior margin in males (Thompson and Snyder 195 1920; Belyaeva and Dovgobrod 2006). Since the morphology of internal reproductive organs is 196 detectable even in first instar (Miura et al. 1998; Roisin and Lenz 1999; Parmentier and Roisin 197 2003), the sex-specific bristles in first to third instar larvae appear to be associated with the sexual 198 difference of reproductive organs.

199 The sex-specific bristles were identified in R. speratus and Z. nevadensis which belong to two 200 phylogenetically distinct families of Isoptera, Rhinotermitidae, and Archotermopsidae, respectively 201 (Bourguignon et al. 2015), suggesting that the morphological sexing by the bristles is applicable to 202 larvae in a wide range of termite species. As described above, the bristles on the eighth sternite are 203 likely to be associated with the reproductive organs. Previous histological studies in a variety of 204 taxa including species with permanently sterile workers have shown that the internal reproductive 205 organs of early instar larvae are morphologically different between sexes (Miura et al. 1998; Roisin 206 and Lenz 1999; Parmentier and Roisin 2003). Therefore, the method presented here is likely to be 207 applicable to the other termite taxa, although it is the issue to be addressed in future studies.

208 Morphological sexing by the sex-specific bristles is applicable to non-invasive identification of the 209 sex of first and second instar larvae. Using our method and previous non-invasive methods (Imms 210 1920; Weesner 1969; Zimet and Stuart 1982) together, we can identify the sex of any instar and 211 caste before observation and experimental manipulation. Tracking of larval growth, developmental 212 fate, and survivorship over time in both sexes will reveal the underlying processes that produce the 213 sex composition in each caste and the age demography in termite colonies. Furthermore, 214 manipulation of socioenvironmental factors will reveal the regulatory mechanism of their 215 developmental fate, which contributes to maintaining the sex composition in a colony. Our sexing 216 method is also applicable to investigating sex differences in behavior, immunity, and stress 217 resistance at an early developmental stage. These approaches will contribute to understanding why 218 both male and female termites co-exist in a society and allocate tasks, and which tasks are 219 completely compensable by the other sex and which tasks are not. In summary, non-invasive sexing 220 has broad applicability in studies addressing the role and contribution of each sex in each caste, 221 opening new avenues for understanding the social system where both sexes engage in tasks.

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225	Data availability
226	The dataset is available in Mendeley data
227	(https://data.mendeley.com/datasets/prpdfghdz8/draft?a=c2137322-a305-43e0-a5db-e8a5a3018a)
228	90).
229	
230	Code availability
231	Not applicable
232	
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325 Contributions

- MT and KM designed experiments. All authors contributed to collect termites. MT, TI, TI, and
 ET performed experiments. MT, TI, TI, and KM wrote the manuscript, and all authors are
- 328 accountable for the content and approved the final version of the manuscript.
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- 333 Ethics declarations
- 334 Conflict of interest
- 335 The authors declare no competing interests.
- 336

337 Authors' contributions:

- 338 M. T. and K. M. designed experiments. All authors contributed to collect termites. M. T., T. In., T.
- 339 Is. and E. T. performed experiments. M. T., T. In., T. Is. and K. M. wrote the manuscript, and all
- 340 authors are accountable for the content and approved the final version of the manuscript.

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Figure 1 Schematic showing **a** the device used to observe the characteristics of the abdominal sternites and **b** a side view of the stage and lighting angle. A larva is placed in the clear plastic cardholder and observed under a stereomicroscope. The sample is illuminated from the posterior side by a fiber illuminator. The lighting angle was set to 10° from the horizontal plane to make the characteristics visible



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Figure 2 Scanning electron microscope images of the abdominal sternites in *Reticulitermes speratus*: a first instar male; b first instar female; c second instar male; d second instar
female; c third instar male; f third instar female. White arrows indicate the sex-specific bristles on
the eighth sternite. Scale bars indicate 50 μm.



Figure 3 Electropherograms of the male-specific marker (RADtag_467410) and an internal control gene (*Internal transcribed spacer 2, ITS2*). Male-specific markers were amplified in the larvae evaluated as male by morphological sexing and not in the larvae evaluated as female. "N" and "P" indicate the lanes of the negative control (distilled water) and positive control (a fifth instar male worker), respectively. Although ten individuals for each sex of each instar were analyzed in two colonies, electropherograms of one representative colony are shown, because the colonies yielded similar electropherograms.



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Figure 4 Scanning electron microscope images of the abdominal sternites in *Zootermopsis nevadensis*: a first instar male; b first instar female; c second instar male; d second instar
female; e third instar male; f third instar female. White arrows indicate the sex-specific bristles on
the eighth sternite. Scale bars indicate 100 µm.