Additivity of Bridge Numbers of Knots (On Heegaard Splittings and Dehn surgeries of 3-manifolds, and topics related to them)

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Additivity of Bridge Numbers of Knots

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1. Satellite Construction

One of the motivations in Horst Schubert’s work lay in the endeavor to understand binary operations on knots. The operation of connected sum of knots and the satellite construction are two such binary operations, usually considered separately. The definition below shows how the operation of connected sum is a special case of the satellite construction.
Definition 1. In the special case in which the index of the pattern is 1, this construction yields the connected sum of $J$ and $L$, in this case $V$ is called a swallow-follow torus.

2. History

1929: Kneser proves uniqueness of factorization of closed 3-manifolds into prime factors.

1949: Schubert proves uniqueness of prime decompositions of knots. ("Die Eindeutige Zerlegbarkeit eines Knotens in Primknoten")

1953: Schubert proves preliminary versions of torus decomposition theorems for the case of a 3-manifold that is the complement of a knot in $S^3$. (Habilitationsschrift: "Knoten und Vollringe")

In particular, he proves that if $V, V'$ are distinct (solid) companion tori for a knot $K$, then, after isotopy, one of the following holds:

1) $V \subset V'$; or
2) $V' \subset V$; or
3) $E(K) - V \subset V'$; or
4) $V, V'$ are opposite swallow-follow tori.

(He obtains stronger results in the case of doubles of prime knots, etc.)

1954: Schubert defines the bridge number of a knot and proves

1) $b(K) \geq kb(J)$;
2) $b(K_1 \# K_2) \geq b(K_1) + b(K_2) - 1$. 
One consequence, and the answer to the question that motivated Schubert, is the fact that a knot can have only finitely many different companion knots. ("Über eine Numerische Knoteninvariante")

(We here present a new proof of these theorems using Morse functions and the idea of foliations of surfaces with respect to Morse functions.)

1956: Schubert gives his parametrization of 2-bridge knots. ("Knoten mit Zwei Brücken")

1960's: Haken Theory.

3. Definitions

Definition 2. A height function on $S^3$ is a Morse function $h : S^3 \to \mathbb{R}$ with exactly two critical points, a minimum $-\infty$ and a maximum $\infty$. (This means that regular leaves are spheres.)

Definition 3. The bridge number of a knot $K \subset S^3$, denoted by $b(K)$, is the least number of maxima required for $h|_K$, where $h$ is a height function on $S^3$. (This definition is equivalent to the usual definition.)
Idea: To prove an inequality of the type $b(K) \geq k \cdot b(J)$, consider a height function $h : S^3 \rightarrow \mathbb{R}$ so that the number of maxima of $h|_K$ is $b(K)$, and construct a height function for $J \subset S^3$. In the picture above, this looks easy, but beware: A priori, $V$ may be folded in on itself in a complicated fashion, when we assume that the number of maxima of $h|_K$ is $b(K)$.

Goal: Get $V$ to be imbedded nicely with respect to $h : S^3 \rightarrow \mathbb{R}$.

**Definition 4.** Say $V$ is taut with respect to $b(K)$, if the number of critical points of $h|_T$ is minimal, where $T = \partial V$, subject to the condition that $h|_K$ has $b(K)$ maxima.

\[
\begin{array}{c}
\text{regular leaf} \\
\text{singular leaf}
\end{array}
\]

**Definition 5.** Denote the singular foliation of $T$ with respect to $h$ by $\mathcal{F}_T$.

**Definition 6.** A saddle, $\sigma$, is a singular leaf consisting of the wedge of two circles, $s_1$ and $s_2$. It is inessential if either $s_1$ or $s_2$ bounds a disk in $T$, otherwise it is essential.
4. **Lemma 1**

**Lemma 1.** If $V$ is taut with respect to $b(K)$, then there are no inessential saddles in $\mathcal{F}_T$.

Idea of proof: Consider an innermost (in $T$) such inessential saddle $\sigma$.

Case 1: The other branch of the saddle lies in the bounded region.

Contents of bounded region may be isotoped horizontally and downwa
just below the level of $\sigma$, but above any other critical levels of $h|_K$, $h|_T$. 
This reduces the number of critical points of $h|_T$ and contradicts tautness.

Case 2: The other branch of the saddle lies in the unbounded region.

Trick to interchange bounded and unbounded regions:

Let $\alpha$ be a monotone arc from the maximum of disk to $\infty$. 

infinity
Note: $\alpha$ may have to intersect $T$, though it may avoid $K$. But we may assume that $\alpha$ intersects $T$ only in maxima.

Consider a level surface $L$ very close to $\infty$ and consider the ball $B$ inside this level surface. We may “pop $D_1$ over $\infty$”.

Doing this successively reduces Case 2 to Case 1.

5. CONSEQUENCES OF LEMMA 1

Remark 1. Let $\sigma = s_1 \cup \text{point } s_2$ be a saddle in $T$, and let $c_1, c_2, c_3$ be the boundary components of a collar neighborhood of $\sigma$, with $c_1$ parallel to $s_1$, $c_2$ parallel to $s_2$. Then $c_3$ bounds a disk in $T$. (This is a consequence of the fact that $\chi(T) = 0$.)
Definition 7. For $c_1, c_2, c_3$ as above and $h(c_1) = h(c_2)$, we say that $\sigma$ is a nested saddle, if the annulus in $L = h^{-1}(h(c_1))$ cobounded by $c_1, c_2$ lies in $V$ near $c_1$ and $c_2$.

![nested saddle]

Remark 2. If $V$ is taut with respect to $b(K)$, then the highest saddle of $T$ is not nested. (If it was, $s_1$ and $s_2$ would bound disks in $S^3 - V$, though not in $T$, hence $V$ would be unknotted.)

6. Lemma 2

Lemma 2. If $V$ is taut with respect to $b(K)$, then $F_T$ has no nested saddles.

Idea of proof: Consider an adjacent pair (in $T$) of saddles, $\sigma_1, \sigma_2$ with $\sigma_1$ nested, $\sigma_2$ not nested. See the figure below.

First isotope everything "under" $D_3^1$ horizontally and downward, then further isotope everything "under" $(newD_3^1) \cup A \cup (level \ disk \ spanned \ by \ s_2)$
horizontally and downward. (After the isotopy, the portion above the level disk will look like level disk \( \times I \).)

Again, the number of critical points of \( h|_T \) is reduced, contradicting tautness.

7. **Theorem 1**

**Theorem 1** (Schubert). \( b(K) \geq k \cdot b(J) \).

Idea of proof: \( V \) is constructed from three types of pieces.
In each “knee”, at least \( k \) strands enter (and exit) hence there are at least \( k \) maxima.

\[
b(K) \geq k(\#\text{maxima of } T \geq k \cdot b(J)).
\]

8. Theorem 2

**Theorem 2** (Schubert). \( b(K_1 \# K_2) = b(K_1) + b(K_2) - 1 \).

Idea of proof: We may assume that \( b(K_1) \geq b(K_2) \) (by choosing the correct swallow-follow torus). If \( K \cap (\text{level meridian disks}) \geq 2 \) for all such disks, then

\[
b(K) \geq 2b(K_1) \geq b(K_1) + b(K_2) - 1.
\]

Otherwise, we may assume that the single strand of \( K \) starting at the bottom of some “knee” reaches the highest maximum of \( K \) in that “knee”. 
we may assume this is the highest maximum

There is a disk $D$ cobounded by the monotone portion of this strand, a monotone arc in $T$ and two level arcs. And $D$ can be made disjoint from $K$.

This allows for an isotopy after which $K$ intersects the "knee" in a single strand.

Performing further isotopies of this sort yields a nicely imbedded copy of the swallow-follow torus with the copy of the "swallowed knot in one "knee". This means that we can expand the "knee" downward and move the swallowed knot below the rest of the swallow-follow torus. Furthermore,
by shrinking the swallow-follow torus to its core we obtain a height function for the "followed" knot.

Thus

$$b(K) \geq b(K_1) + b(K_2) - 1.$$ 

Conversely,

Thus

$$b(K) \leq b(K_1) + b(K_2) - 1.$$
9. Generalizations

If $K \subset V_1 \subset V_2 \subset \cdots \subset V_n$ is a nested sequence of companion tori, with $V_i = N(J_i)$, for some knot $J_i$, $k_{i+1}$ the index of $J_i$ in $V_{i+1}$, $k_1$ the index of $K$ in $V_1$ and $T_i = \partial V_i$, then $b(K) \geq k_1 k_2 \cdots k_n b(J_n)$. And similarly, if $K = K_1 \# \cdots \# K_n$, then $b(K) \geq b(K_1) + \cdots + b(K_n) - n + 1$.

This follows by considering the following generalization of the notion of tautness:

**Definition 8.** $\{V_i\}_{i=1}^n$ is taut with respect to $b(K)$ if the ordered $n$-tuple

$$(\# \text{critical points of } h_{T_n}, \ldots, \# \text{critical points of } h_{T_1})$$

is minimal.

By applying the same procedure as above using this notion of tautness in succession (working from the outside in) implies that $V_n, V_{n-1}, \ldots, V_1$ are imbedded nicely and the same calculations as above can be performed.