**13C nuclear Overhauser polarization nuclear magnetic resonance in rotating solids: Replacement of cross polarization in uniformly 13C labeled molecules with methyl groups**

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A new 13C polarization technique in solids is presented on the basis of a recently proposed 13C–13C recoupling sequence [13C−1H dipolar-assisted rotational resonance (DARR), K. Takegoshi, S. Nakamura, and T. Terao, Chem. Phys. Lett. 344, 631 (2001)] operative under fast magic angle spinning (MAS), in which a rf field is applied to 1H with a rotary resonance condition but none to 13C. The 1H irradiation in DARR saturates 1H signals, leading to the 13C signal enhancement due to the nuclear Overhauser effect for fast rotating methyl groups, if any. If we use a uniformly 13C labeled sample, 13C–13C polarization transfer enhanced by DARR successively distributes the enhanced methyl carbon polarization to the other 13C spins, leading to uniform enhancement for all 13C spins even under very fast MAS. In uniformly 13C labeled rotating samples, the enhancement factor in cross polarization (CP) is about 2.4, while in the present nuclear Overhauser polarization (NOP), it is 3.0 in the fast rotation limit of the methyl groups. While the CP enhancement becomes smaller for molecules with short $T_1\rho$ of 1H or 13C, NOP would work well for such mobile molecules, and also NOP enables us to acquire a signal with a short repetition time even if 1H $T_1$ is long. Further, NOP has the advantage of quantitativeness, and is very easy to carry out, being insensitive to the adjustment of rf field intensity and requiring only very low rf power. These features are demonstrated for uniformly 13C, 15N-labeled L-threonine and uniformly 15C, 15N-labeled glycylylsoleucine. NOP-MAS is also applied for a naturally abundant 13C sample.


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**I. INTRODUCTION**

Cross polarization (CP) is a prerequisite technique for improving the sensitivity in solid-state NMR of dilute and/or low $\gamma$ spins ($S$). CP enables us to acquire a signal with a repetition time of the spin-lattice relaxation time ($T_1$) of the abundant 1H spins ($I$), which is usually much shorter than those of the $S$ spins. CP also enhances the magnetization of the $S$ spins with a low gyromagnetic ratio by $\sim \gamma_I/\gamma_S$ compared to the thermal equilibrium value. However, as will be pointed out below, this advantage of CP becomes less appealing for multiply/uniformly 13C-labeled samples. In this work, we examined the possibility of replacing CP by a polarization technique based on the nuclear Overhauser effect (NOE).

In liquid NMR of low $\gamma$ spins, NOE has widely been used to achieve a short repetition time and signal enhancement. NOE is brought about by rf irradiation capable of saturating 1H spins dipolar coupled to the observed spins. Cross relaxation in the coupled spin system under rf irradiation leads the spin system into a quasiequilibrium state in which the signal intensities are enhanced appreciably. In contrast to the popularity of NOE in liquid NMR, however, application of NOE in high-resolution NMR in solids has not been fully examined yet. This is ascribed to the NOE mechanism unfavorable for rigid molecules. For efficient NOE, (i) the spin to be enhanced should relax dominantly by the fluctuation of the dipolar interaction with the spin under rf irradiation, and further, (ii) the correlation time of the motion responsible for the dipolar fluctuation should be smaller than the inverse of the Larmor frequency of the irradiated spin. Both conditions are fulfilled for molecules in liquid, however, condition (ii) in particular is not realized for solid molecules in general. Some exceptional examples are found in mobile rubbery polymers. For a rigid solid, it is envisaged that NOE would be appreciable for molecules with fast internal motion. In fact, Naito et al. examined the spin-lattice relaxation of 13C spins in L-alanine with or without 1H rf irradiation, and found an appreciable NOE signal enhancement for the CH3 carbon. This is reasonable because 13C relaxation in solids is dominated by the 13C−1H dipolar coupling, and the CH3 group rotates rapidly around the C−CH3 bond.

Recently, we developed a novel 13C−13C polarization transfer method [13C−1H dipolar-assisted rotational resonance (DARR)]. In DARR, the 13C−1H dipolar interaction is recovered by the 1H rf irradiation with intensity $\nu$ satisfying the rotary-resonance condition $\nu = n \nu_{\text{MAS}}$ ($n = 1$ or 2), where $\nu_{\text{MAS}}$ is the spinning frequency. The spectral overlap between the two relevant 13C spins, which is required for efficient polarization transfer based on rotational resonance, is realized between a spinning sideband of one 13C spin and the 13C−1H dipolar pattern of the other 13C spin and vice versa. In the present work, we examined the possibility of achieving NOE and enhancing the signals of all rigid carbons by DARR. Since we applied rf to 1H spins in...
DARR, NOE enhancement would occur for \(^{13}\text{C}\) spins in fast rotating groups such as CH\(_3\). The enhanced polarization is then successively transferred by DARR to the other \(^{13}\text{C}\), leading to overall NOE enhancement even for stationary \(^{13}\text{C}\). For the latter purpose, however, DARR may not be optimal, because it was shown that DARR recoupling occurs band-selectively between carboxyl/carbonyl/aromatic carbons and aliphatic carbons. We recently found that in the second order, recoupling does occur among \(^{13}\text{C}\) resonances with smaller chemical shift differences, such as aliphatic carbons. Although its efficiency is not very high, it is still appreciable for a long recoupling time. Theoretical details will be published elsewhere. Experimentally, it will be shown that the recoupling occurs nonselectively for a recoupling time of a few seconds. We refer to this method of enhancing signal intensities by NOE and DARR as nuclear Overhauser polarization (NOP).

II. EXPERIMENT

Uniformly \(^{13}\text{C}\), \(^{15}\text{N}\)-labeled \(L\)-threonine (Thr) was purchased from Cambridge Isotope Laboratories, Inc. and used without purification. Uniformly \(^{13}\text{C}\), \(^{15}\text{N}\)-labeled glycylisoleucine (Gly-Ile) was prepared as described previously. The NMR experiments on Thr and Gly-Ile were carried out using a Chemagnetics CMX-400 spectrometer operating at the resonance frequency of 100.3 MHz for \(^{13}\text{C}\) with a CP/MAS probe (Chemagnetics) for a 3.2 mm rotor. Both of the MAS frequency \(v_{\text{MAS}}\) and the \(^{1}\text{H}\) rf intensity \(v_1\) for DARR were 20 kHz. The TPPM decoupling was used with the nutation frequency of 75.6 MHz for \(^{13}\text{C}\) with a CP/MAS probe and the \(^{1}\text{H}\) rf intensity \(100\) kHz to be 180° and \pm 15°, respectively. The NMR experiments on nonlabeled dideano (5,5-dimethyl-1,3-cyclohexanedione) were done using a Chemagnetics CMX-300 spectrometer operating at the resonance frequency of 75.6 MHz for \(^{13}\text{C}\) with a CP/MAS probe (Doty Sci., Inc.) for a 5 mm rotor. Both of the MAS frequency and the DARR rf intensity were 10 kHz, and the CW \(^{13}\text{C––}\(^{1}\text{H}\) decoupling was adopted with an intensity of \(\approx 80\) kHz.

For CP enhancement at \(v_{\text{MAS}}=20\) kHz, the \(^{1}\text{H}\) rf intensity was 50 kHz and the \(^{13}\text{C}\) rf intensity was varied linearly from 68 to 72 kHz with the contact time divided into 10 segments during each of which the \(^{13}\text{C}\) rf intensity was kept constant. The signal enhancement based on NOP was examined as follows: Prior to \(^{1}\text{H}\) irradiation, three 90° pulses were applied to \(^{13}\text{C}\) with an interval of 10 ms to remove \(^{13}\text{C}\) longitudinal magnetization. Then a \(^{1}\text{H}\) rf field is applied for a certain NOP time, and the resultant magnetization is observed under \(^{1}\text{H}\) decoupling. The \(^{1}\text{H}\) rf-field strength for NOP was set to satisfy the DARR condition \((v_1=v_{\text{MAS}})\). The \(^{13}\text{C}\) spin-lattice relaxation curves were observed using the Torchia’s pulse sequence.

III. THEORY

First, we compare the possible enhancement factors for CP and NOE. The enhancement factor of CP is given by:

\[
\eta_{\text{CP}} = \frac{\gamma_l}{\gamma_s} \frac{N_I}{N_I + N_S},
\]

where \(N_I\) and \(N_S\) are the numbers of \(I\) and \(S\) spins, respectively. The average proton to carbon ratio \(N_I/N_S\) is calculated to be 1.65 for the 20 standard amino-acid residues in a peptide, leading to the theoretical maximum gain of \(\approx 2.4\) for a fully \(^{13}\text{C}\)-labeled peptide. For a dipolar coupled two-spin (\(I-S\)) system, Solomon derived simultaneous differential equations, which was further extended to a system with a dilute \(S\) spin in abundant \(I\) spins having a common spin temperature. Under the steady-state condition with \(^{1}\text{H}\) saturation, the NOE factor can formally be written as:

\[
\xi_{\text{NOE}} = \frac{\gamma_l}{\gamma_s} \frac{6J(\omega_I + \omega_S) - J(\omega_I - \omega_S)}{J(\omega_I - \omega_S) + 3J(\omega_I) + 6J(\omega_I + \omega_S)},
\]

where \(J(\omega)\) is a spectral density function, and \(\omega_S\) is the Larmor frequency of the \(X\) spin. For a rotating methyl group, Naito et al. have deduced an apparent form of \(J(\omega)\); however, the following form is sufficient for evaluation of \(\xi_{\text{NOE}}\):

\[
J(\omega) \approx \frac{\tau_r}{1 + \omega^2 \tau_r^2},
\]

where \(\tau_r\) is the rotational correlation time \(\tau\) of the CH\(_3\) group. Note here that the overall signal intensity for \(^{13}\text{C}\) becomes \(1 + \xi_{\text{NOE}}\) times of that obtained at thermal equilibrium and we define the NOE enhancement factor \(\eta_{\text{NOE}}\) as \(1 + \xi_{\text{NOE}}\) to compare directly with \(\eta_{\text{CP}}\). The enhancement reaches the maximum,

\[
\eta_{\text{NOE}} = 1 + \frac{1}{2} \frac{\gamma_l}{\gamma_s},
\]

at the extreme narrowing limit of relaxation, i.e., \(J(\omega) \sim \tau_r\). For \(I=^{1}\text{H}\) and \(S=^{13}\text{C}\), this becomes ca. 3.0. Hence, the maximum intensity possibly achieved by NOP is somewhat better than that by CP for fully \(^{13}\text{C}\)-labeled peptides.

The polarization created for \(^{13}\text{CH}_3\) is then distributed to the other \(^{13}\text{C}\) spins by DARR recoupling. To incorporate the \(^{13}\text{C}\) spins coupled to \(^{13}\text{CH}_3\) in the calculation, we consider a spin system consisting of \(N \ L_i\) \((^{13}\text{C})\) spins \((i=1,...,N)\) coupled to the \(S\) \((^{13}\text{C})\) spin of a rotating \(\text{CH}_3\) group. For simplicity, we assume that there is no cross relaxation between the \(^{1}\text{H}\) spins of the \(\text{CH}_3\) group \((I)\) and the \(L_i\) spins. Similar to the assumption made by Brooks et al., the other \(^{1}\text{H}\) spins are assumed to have the common spin temperature and are not apparently included. In other words, we assume that only the \(^{13}\text{C}\) spin of the \(\text{CH}_3\) group is enhanced by NOE due to the \(\text{CH}_3\) protons. Experimentally, however, we found the direct NOE takes place for \(^{13}\text{C}\) spins in close proximity to \(\text{CH}_3\) groups as will be shown below. Here we would like to examine effects of the presence of the other \(^{13}\text{C}\) spins to \(\eta_{\text{NOE}}\) quantitatively.

The simultaneous differential equations describing the time dependence of the magnetizations are written as:

\[
\frac{d(I_Z)}{dt} = -\frac{1}{T_1}(I_Z(I_Z - I_0) - \frac{I}{T_1}(S_Z - S_0) - R(I_Z)),
\]
where \( k_i \) is the polarization transfer rate between \( S \) and \( L_i \). \( T_1^S \) is the spin-lattice relaxation time of the \( X \) spin, \( T_1^{XY} \) is the cross relaxation time between the \( X \) and \( Y \) spins, and \( X_0 \) denotes the thermal-equilibrium magnetization of the \( X \) spin. The last term in Eq. (5) represents the saturation effect due to \(^1\)H rf irradiation. We further assume that the polarization transfer rates for the \( L_i \) spins are equal (\( k_i = k \)) and also the relaxation time (\( T_1^{L_i} = T_1^{L_j} \)). When \(^1\)H is saturated (\( R \gg 1/T_1^{L_i}, 1/T_1^{L_j} \) and thus \( \langle I_Z \rangle = 0 \)) and the system reaches the internal equilibrium, we have
\[
\langle S_z \rangle_{\text{eq}} = \left\{ 1 + \frac{1 + k T_1^{L_i}}{1 + k (T_1^{L_i} + N T_1^{L_j})} \xi_{\text{NOE}} \right\} S_0
= \eta_{\text{NOE}} S_0,
\]
\[
\langle L_z \rangle_{\text{eq}} = \left\{ 1 + \frac{k T_1^{L_i}}{1 + k (T_1^{L_i} + N T_1^{L_j})} \xi_{\text{NOE}} \right\} L_0
= \eta_{\text{NOE}} L_0,
\]
(8)
where \( \langle L_z \rangle \) is the average of the \( z \) magnetization of the \( L_i \) magnetizations (\( \langle L_z \rangle = \left\{ 1/N \right\} \sum_i \langle L_i Z \rangle \)), \( \eta_{\text{NOE}} \) is the NOP enhancement factor for the \( X \) spin, and we used the relation,\(^{16}\)
\[
\xi_{\text{NOE}} = \frac{T_1^{L_i} I_0}{T_1^{L_j} S_0},
\]
(9)
which is identical to Eq. (2) when the relaxation times are governed by the \(^1\)C–\(^1\)H dipolar fluctuation. Note that for the slow polarization transfer limit \( k \sim 0 \), the NOP enhancement factor for the \( S \) spin is identical to the NOE enhancement factor \( \eta_{\text{NOE}} = 1 + \xi_{\text{NOE}} \), while that for the \( L \) spin is \( \eta_{\text{NOE}} = 1 \). On the other hand, at the fast transfer limit (\( k T_1^{L_i} \gg 1, k N T_1^{L_j} \)), both NOP enhancement factors become equal to \( \eta_{\text{NOE}} \). At the intermediate region, Eq. (8) indicates a reduced enhancement factor for \( \eta_{\text{NOE}} \) as compared to \( \eta_{\text{NOE}} \) due to the presence of the \( L \) spins and further the NOP enhancement factor for the \( L \) spins is smaller than that for the \( S \) spin.

**IV. RESULTS AND DISCUSSION**

First, better enhancement by NOP is demonstrated for a powder sample of uniformly \(^1\)C, \(^1\)N-labeled L-threonine (Thr). Figure 1 shows the \(^1\)C MAS spectra obtained for Thr using a single 90° pulse without NOP (a), with NOP (b), and using CP (c). 64 FIDs were accumulated for each experiment, and the spectra in Fig. 1 are plotted on the same amplitude scale and can be directly compared. For the single 90° pulse experiment with NOP [Fig. 1(b)], the NOP time was 10 s with the \(^1\)H rf-intensity fulfilling the DARR condition (\( \nu_1 = \nu_{\text{MAS}} = 20 \text{ kHz} \)). For the CP spectrum [Fig. 1(c)], the relaxation interval of 5 s (\(^1\)H \( T_1 \sim 0.8 \) s) and the CP contact time of 3.8 ms were used. Since the repetition time of 300 s for the single 90° pulse experiment [Fig. 1(a)] is much longer than the longest \(^1\)C \( T_1 \) value (~30 s) in Thr, the spectrum ensures the full signal intensities at thermal equilibrium. We then obtained the enhancement factor in NOP (\( \eta_{\text{NOE}} \)) and that in CP (\( \eta_{\text{CP}} \)); the area intensity of each peak in Figs. 1(b) and 1(c) is expressed in values relative to the corresponding intensity in Fig. 1(a). The obtained enhancement factors in NOP are \( \eta_{\text{NOE}} = 2.65, 2.67, 2.66, \text{ and } 2.72 \) for \( \text{C1 (COOH), C2 (C\text{O}), C3 (C\text{H}), \text{ and C4 (CH3),} \}) \), respectively, which are significantly larger than those in CP: \( \eta_{\text{CP}} = 1.52, 1.99, 2.04, \text{ and } 2.02, \) for C1–C4, respectively. All four \(^1\)C signals are almost uniformly enhanced by NOP, but not by CP. The unequal enhancement by CP is attributed mainly to different optimal CP contact times and different \(^1\)C spin-lattice relaxation times (\( T_1^S \)) in the rotating frame for different carbons. In fact, it was observed that an optimal CP contact time for C2–C4 is \( \approx 0.8 \) ms, while that for C1 is \( \approx 3.8 \) ms. Even at these optimal contact times for the indi-
vidual carbons, however, we observed unequal $\eta_{CP}$ values: $C1 = 1.5$, $C2 = 2.2$, $C3 = 2.1$, and $C4 = 2.4$ (spectra not shown). This fact shows that even if the optimal contact times are equal for all carbons, quantitative comparison of signal intensities are difficult due to different $T_{1P}$.

The rotational correlation time of the CH$_3$ group at 300 K is calculated to be $\tau_r = 6.1 \times 10^{-11}$ s from the activation energy and the pre-exponential factor reported for L-threonine.$^{18}$ For this $\tau_r$ value, the NOE enhancement factor is calculated from Eq. (2) to be $\eta_{NOE} \approx 2.9$, which is in agreement with that observed ($\eta_{NOE} \approx 2.7$) when the reduction indicated in Eq. (8) is taken into account. For example, putting $N = 3$ for Thr and $T_{2}^{1H} = 10$ s, $T_{12}^{15N} = 0.25$ s, and $k = 1$ s$^{-1}$, which were estimated roughly for Thr, into Eq. (8), we have $\eta_{NOE} \approx 2.8$. Further, the somewhat smaller $\eta_{NOE}$ for the other carbons (C1–C3) can also be explained by Eq. (8) for a finite $k$ value in the intermediate region. The NOE enhancement in Thr is efficient owing to the large NOE due to the short rotational correlation time of the CH$_3$ group and also owing to the fast $^{13}$C–$^{13}$C transfer due to the short $^{13}$C–$^{13}$C distances between the CH$_3$ carbon and the other three carbon atoms.

Next, we undertook NOP experiments of uniformly $^{13}$C, $^{15}$N-labeled glycylyssoleucine(Gly-Ile), of which the two carbons of the glycine are far from the two CH$_3$ carbons of the isoleucine sidechain. Figures 2(a) and 2(b) show the normalized $^{13}$C spectra observed for Gly-Ile with a repetition time of 5 s (a) without NOP and (b) with NOP (DARR at $\nu_1 = \nu_{MAS} = 20$ kHz), showing that appreciable NOP enhancement occurs uniformly for all eight carbons whose assignment is given in Ref. 13. This shows that the $^{13}$C–$^{13}$C transfer under DARR is sufficiently fast to distribute the $^{13}$C polarization created by NOP for the $^{13}$CH$_3$ carbons (C7, C8) in the isoleucine sidechain to the other carbons. The enhanced $^{13}$C–$^{13}$C transfer by DARR irradiation was appreciated further by observing $^{13}$C spin-lattice relaxation curves. Figures 3(a) and 3(b) show the $^{13}$C spin-lattice relaxation curves of Gly-Ile with (a) and without (b) the DARR irradiation ($\nu_1 = \nu_{MAS} = 20$ kHz). The curves observed without DARR [Fig. 3(b)] show that the $^{13}$C magnetizations decay with the individual time constants of $\approx 0.1$–30 s. The time constants spread in a wide range demonstrates that the $^{13}$C–$^{13}$C polarization transfer (spin diffusion) among them is considerably slow. This is brought about by averaging of $^{13}$C–$^{13}$C dipolar couplings by fast MAS ($\nu_{MAS} = 20$ kHz). Analysis of the $^{13}$C $T_1$ curves to deduce polarization transfer rates would be interesting, however, it is out of the scope of this work, and will be published elsewhere. The curves under DARR [Fig. 3(a)] show that the polarization transfer rates turn significantly higher under DARR, allowing the $^{13}$C spins with short $T_1$ to act as a sink of relaxation. Similar equalization of $T_1$ by fast spin diffusion is commonly found for $^1$H spins in solids, $^{19,20}$ which has been taken as a direct evidence for the legitimacy of the spin-temperature hypothesis. For $^{13}$C spins under DARR, however, Fig. 3(a) shows that the $^{13}$C–$^{13}$C polarization transfer is much enhanced, but is still not fast enough to achieve a common spin temperature within 1–2 s. Nevertheless it occurs nonselectively, indicat-

![FIG. 2. $^{13}$C MAS spectra of uniformly $^{13}$C, $^{15}$N-labeled glycylyssoleucine observed by a $^{13}$C 90° pulse (a) without DARR irradiation and the pulse repetition time of 5 s and (b) with DARR irradiation for 5 s. 64 FIDs were accumulated for each experiment, and the two spectra are plotted on the same amplitude scale and can be directly compared.](image-url)
tant from either of the two CH$_3$ carbons (C7 and C8 of Ile).

In Table I, we collate the $^{13}$C–$^{13}$C distances from the methyl carbons ($r_{C-C_{7,8}}$), which are calculated from the atomic coordinates determined by an x-ray diffraction study (unpublished). Table I also lists the apparent NOP buildup rates $k_{\text{NOP}}$ determined by fitting the observed data to the following single exponential function,

$$S(t)/S_0 = \eta_{\text{NOP}} \{1 - \exp(-k_{\text{NOP}}t)\},$$

(10)

using $\eta_{\text{NOP}}$ and $k$ as fitting parameters. The solid curves in Fig. 4 are the best-fit curves with the parameters listed in Table I. It should also be pointed out here that Eq. (10) is derived from Eq. (6) at the slow polarization transfer limit ($k=0$) with $k_{\text{NOP}}=1/T_1^S$ under $^1$H saturation ($\langle I_Z \rangle = 0$). Due mostly to these simplifying assumptions, the single-exponential fitting does not reproduce the observation particularly at the initial NOP region. We have not tried to fit the observed data by using Eqs. (5)–(7) because of the complexity of the eight $^{13}$C spin system.

Enhanced $^{13}$C–$^{13}$C transfer is evidently observed for C1–C4, $k_{\text{NOP}}$ under DARR being larger than that under off-DARR (Table I), but not for C5 and C6. C5 and C6 are carbons bonded directly to the methyl carbons, C7 and C8, respectively, and thus direct NOE enhancement from $^1$H in the methyl groups would occur in addition to NOP. Hence for C5 and C6, acceleration of $k_{\text{NOP}}$ under DARR is not appreciable. For C6 in particular, we found that the C6–C8 bond apparently shows an unusual bond length, which may be caused by a large thermal vibration of C8.$^{13}$ Further, the observed $^{13}$C $T_1$ of C6 is as short as those of the methyl carbons (Fig. 3). Hence for C6, direct NOE from the C(6) H$_2$ protons as well as NOE due to fluctuation of the C6–C8 dipolar interaction should also contribute to $S(t)$ of C6. Thus omitting C6, we show the correlation between $k_{\text{NOP}}$ and $r_{C-C_7}$ in Fig. 5. The observed correlation indicates a possibility of determining internuclear distances roughly by the polarization transfer experiment under DARR, which is currently underway and will be published elsewhere. Here we would like to point out that for $r_{C-C_7} \approx 0.5$ nm intermolecular NOP becomes appreciable, thus leading $k_{\text{NOP}}$ being insensitive to $r_{C-C_7}$. Hence for deducing structural information from the polarization transfer experiment under DARR, di-
olution of the fully $^{13}$C-labeled sample by a natural abundance one should be used.

Table I shows that the NOP enhancement factors for the two CH$_3$ carbons ($\eta_{\text{NOP}} \approx 1.9$) are appreciably larger than those of the other carbons ($\eta_{\text{NOP}} \approx 1.7$). Further, the non-methyl carbons show the same $\eta_{\text{NOP}}$ for the two experiments in spite of the different equilibration rates, while the CH$_3$ carbons have slightly smaller $\eta_{\text{NOP}}$ under DARR. Putting $N=3$ for Gly-Ile (two methyl carbons and six non-methyl carbons) and $T_{1}^{h}=10$ s, $T_{0}^{h}=0.25$ s, and $k=1$ s$^{-1}$, which are estimated roughly from Fig. 3(a), into Eq. (8), we have $\eta_{\text{SNOP}}^{s} = 1 + 0.94\xi_{\text{NOE}}$ and $\eta_{\text{SNOP}}^{l} = 1 + 0.85\xi_{\text{NOE}}$, which explains qualitatively the observed difference in the apparent enhancement factors for the CH$_3$ carbons (~1.9) and the other carbons (~1.7). Further, the observed reduction of $\eta_{\text{SNOP}}^{s}$ of the two CH$_3$ carbons under DARR can be ascribed to the increase of the polarization transfer rate $k$ due to DARR.

The observed enhancement factors of $\eta_{\text{NOP}} \approx 1.9$ for the two CH$_3$ carbons (C7 and C8) are significantly smaller than the maximum factor of 2.99. The smaller enhancement would be due partially to the polarization loss by the transfer to the other carbons [Eq. (8)] and mainly to a long CH$_3$ rotational correlation time not to fulfill the extremely narrow-

| TABLE I. Best-fit parameters to the NOP-time dependence data in Fig. 4 and the C–C distances from the CH$_3$ carbons (C7, C8). |
|----------------------------------|---|---|---|---|---|
| C1 | 1.704 | 0.002 | 0.677 | 0.004 | \(r_{C-C7}\) |
| C2 | 1.719 | 0.011 | 0.546 | 0.014 | \(r_{C-C8}\) |
| C3 | 1.669 | 0.002 | 0.700 | 0.003 | 0.287 | 0.496 |
| C4 | 1.650 | 0.012 | 0.573 | 0.017 | 0.496 | 0.560 |
| C5 | 1.684 | 0.006 | 0.814 | 0.016 | 0.250 | 0.289 |
| C6 | 1.658 | 0.012 | 1.158 | 0.056 | 0.145 | 0.241 |
| C7 | 1.846 | 0.012 | 1.078 | 0.038 | 0.0 | 0.289 |
| C8 | 1.846 | 0.011 | 1.078 | 0.041 | 0.289 | 0.0 |

![FIG. 5. Correlation between the apparent NOP buildup rate and the C–C distance to the CH$_3$ carbons (C7) for C1–C5 in uniformly $^{13}$C-labeled glycylisoleucine; open circles denote data under DARR irradiation ($\nu_{1} = \nu_{\text{MAS}}=20$ kHz) and crosses indicate data under off-DARR ($\nu_{1} = 6$ kHz). The solid lines are for eye guidance.](attachment:image)
a few percent change in intensity. However, the increase of the intensities of the CH₃ carbons C7, C8 and the decrease of the other intensities particularly the glycine carbons C2, C4 are notable at rf intensities far from the DARR condition. This tendency can also be confirmed in Fig. 4, and as have pointed out, can be explained by Eq. (8) with a slow polarization transfer rate k at off-DARR conditions.

It would be interesting to examine whether NOP is applicable to natural-abundance samples. Figure 7 shows the ¹³C MAS spectra observed for nonlabeled dimedone (5,5-dimethyl-1,3-cyclohexanedione) using a ¹³C 90° pulse without a and b and with NOP (NOP time of 10 s) c. The relaxation interval without NOP [Fig. 7(b)] was chosen to be 10 s to compare with the NOP spectrum [Fig. 7(c)], and that for the spectrum in Fig. 7(a) was 300 s to obtain a fully relaxed spectrum. The signals C7 and C8 are assigned to the CH₃ carbons, and their NOP enhancement factors are ≈3.0, reaching the theoretical maximum. Interestingly, we found that the signals for the other rigid carbons (C1–C6), especially for the quarternary carbon (C5), do also show significant enhancement. Two signal enhancement mechanisms can be invoked, namely, direct NOE enhancement of the ¹³C signals C1–C6 by the ¹H spins in the two CH₃ groups and the ¹³C–¹³C polarization transfer from the two ¹³CH₃ spins. The large enhancement for C5, which is bonded directly to the two methyl carbons, supports the former mechanism. To examine the latter, a 90° pulse spectrum was recorded after ¹H irradiation for 10 s with the ¹H rf intensity of 5 kHz (not shown), which is deviated significantly from the DARR condition (ν₁ = ν_MAS = 10 kHz). We observed slight decreases in the C1–C6 intensities compared to that in Fig. 7(c). This reduction is similar to that observed in Fig. 4, showing that the latter ¹³C–¹³C polarization transfer mechanism takes place even for naturally abundant ¹³C spins.

V. CONCLUDING REMARKS

We have shown that DARR irradiation causes NOE enhancement of ¹³CH₃ carbon signals and distributes the polarization transfer.

![FIG. 6. DARR rf-strength dependence of the intensities of the signals in uniformly ¹³C, ¹⁵N-labeled glycylisoleucine at ν_MAS = 20 kHz. Each signal is normalized to the corresponding area intensity observed by a ¹³C 90° pulse with a relaxation interval of 300 s. The solid lines are for eye-guidance.](image)

![FIG. 7. ¹³C MAS spectra obtained for nonlabeled dimedone (5,5-dimethyl-1,3-cyclohexanedione) by a ¹³C 90° pulse without (a), (b) and with NOP (c) under ν_MAS = 10 kHz. The relaxation interval was (a) 300 s and (b) 10 s. For the NOP enhancement (c), ¹H irradiation with ν₁ = ν_MAS = 10 kHz was applied for 10 s. 256 FIDs were accumulated for each experiment, and the spectra are plotted on the same amplitude scale and can be directly compared.](image)
ization uniformly over all the carbons in a uniformly $^{13}$C labeled system with mobile parts. Since many amino acids have mobile parts such as the CH$_3$ groups, the present approach is applicable to uniformly/uniformly/segmentally isotope-labeled peptide samples. Such extensive $^{13}$C labeling has become an important method for solid NMR to elucidate structural information of biomolecules such as peptides and proteins. For a protein molecule, it is expected that mobility of sidechains would increase due to weaker crystallographical packing force. For example, from the $^1$H $T_1$ data of *Streptomyces* subtilisin inhibitor (SSI),$^{22}$ we can obtain the correlation time of the motion to be $9.6 \times 10^{-12}$ s at 300 K, indicating that the extreme narrowing limit of relaxation is achieved thus leading to the maximum NOP enhancement for SSI. Similar results can be deduced for ribonuclease A, $\alpha$-chymotrypsin, and lysozyme.$^{23}$

In uniformly $^{13}$C labeled peptides, due to the small number ratio of $^1$H to $^{13}$C nuclei, the signal enhancement factor achieved by CP becomes $\sim 2.4$, which would practically be reduced because of imperfect spin-locking by phase transient and the effect of finite $T_{1\rho}$ of $^1$H and $^{13}$C. On the other hand, NOP provides the factor of 3 provided that the rotational correlation times of the CH$_3$ groups are in the extreme narrowing region. NOP enables us to acquire a signal with a short repetition time even if $^1$H $T_1$ is long. For molecules with short $T_{1\rho}$ of $^1$H or $^{13}$C, the CP enhancement becomes smaller, while NOP would work well for such mobile molecules. Furthermore, the present DARR approach is insensitive to rf inhomogeneity and to missetting and fluctuation in $\nu_{\text{MAS}}$ and $\nu_1$, and can easily be carried out with low rf power. Moreover, NOP can be used for quantitative analysis of $^{13}$C signals in solids, while it is nearly impossible by CP. Lastly, NOP may be used to enhance NMR signals of nuclei with low $\gamma$, such as, $^{57}$Fe, $^{103}$Ag, etc. in a mobile molecule or a molecule having a mobile group, while CP cannot readily be applied because of the necessity of very high rf power in case a certain pulse technique such as TAPF (Ref. 24) is not incorporated.

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